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The Caswell News

Volume 5

Number 3

"If we paid no more attention to our plants than to our children we would now be living in the jungle of weeds."

—*Luther Burbank*

MAY, 1940

MOTHER'S LAST STITCHES

I HAD been finding fault with some sewing which my mother had done for me, when Aunt Ruth called me aside, and told me a story which I now pass on to other girls.

"When I was much younger than at present," said Aunt Ruth, "I was one day finding fault with a garment which my mother was making for me. It was not just as I wanted it, and I told her so in no very gracious mood. Poor, patient mother had tried hard to please me, and she sighed heavily as she took the garment from me, and turned it over in perplexity. At length she said, 'Ruth, I am afraid that I shall not be able to suit you. I have done my best, and really I do not see how you could think the garment ill made.'

"'It is beautifully done, so far as the sewing goes, but can you not see that it lacks style?' I replied.

"'I did not myself like to sew, and thought I had out showing any displeasure; but I could see that she was very weary. She appeared to be thinking intently, and after a few moments said, 'If you could wait a few days, I could get Hester Ann to come and help me.'

"Hester Ann was Hester Ann Brown, the village dressmaker. We seldom employed her in our family on account of our limited means, and generally I liked my mother's work as well as hers.

"'I cannot see that, my child,' she answered, with no time, with my school work and my music lessons to prepare. I did not stop to think where mother's time came from. She was always so willing to help me, and I accepted her great kindness as a matter of course. So it was not strange that I replied, 'I don't want Hester Ann to do it; besides, I cannot wait. You could have given my blouse a little more style, mamma, you know you could.'

"It was seldom that I spoke so unkindly to her, but I had set my heart on having the blouse exactly as I had planned. Mother turned her head, and her eyes filled with tears. I then said, 'Don't cry, mamma; but you cannot know how disappointed I am.'

"That night before I retired I looked into the sewing room to say good night to mother. I saw that she was very pale, and that her hands trembled; but I saw, too that the work which she had ripped out and done over was better suited to my liking, and I said, 'You will get it right, after all, mamma. I am sure you will be pleased with it too. I am planning on wearing that blouse at a party to be given by Mary Jones and am very particular how it is made.'

"She smiled a low, sweet smile, but her face again took on the same weary, anxious look, and I had the grace to ask, 'Can you not put away this work tonight, and finish it tomorrow?'

"'No, dear. Tomorrow will be full of other duties. Some things have been put off too long already.'

"So I kissed her, and retired. In the morning my mother was unable to leave her bed. She called me to her and said, 'Ruth, I almost finished the work. When I feel a little better, I will take the few last stitches. My strength gave out entirely last night.'

"Those last stitches were never taken. The blouse was a bright-colored one, and I never wore it. Some one laid it away just as it dropped from mother's hand, and Hester Ann came to make a black dress for me. Mother never left her bed and never finished the blouse.

"I was very remorseful, and my friends tried to comfort me, saying that mother had long been a frail woman. But a frail woman overworked, and a frail woman helped over hard places, are conditions widely apart."

Here Aunt Ruth could not speak for the choke in her voice. When she did speak, it was to say, "Anna, come with me."

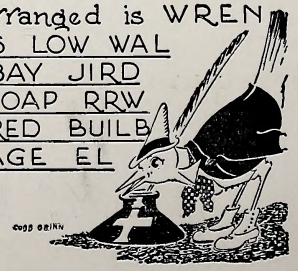
I followed her to the garret, and opening an old trunk, she took up a bright-colored blouse, belonging to the fashion of other days, and showed me a needle rusted in the fold upon the sleeve. The cloth had faded somewhat from the long time it had reposed in the trunk. I began to pull it out, but she said, "Leave it where I have left it. It is only a rusty needle, but it has done much to cure me of selfishness and it is just possible that you may need a lesson from it also."

I could not be angry with dear Aunt Ruth, she is so gentle, and I knew it was more than possible that I needed a lesson. I hurried downstairs as fast as I could, and when I had found mother I put my arms around her neck and said, "Mamma, I was so unreasonably particular. I wish you would forgive me this time."

NEW R rearranged is WREN

ROW C — S LOW WAL
VE DO — BAY JIRD
ON HER — SOAP RRW
WAHK — RED BUILB
RUSH TH — AGE EL

TRY TO REARRANGE THE OTHER TEN GROUPS OF LETTERS INTO NAMES OF BIRDS.



The Caswell News

Vol. 5 - No. 3 KINSTON, N. C., MAY, 1940 50c Per Year

Published monthly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

Editor ..... Dr. W. T. Parrott
Associate Editor ..... Miss Edith Wladkowski
Associate Editor ..... Mrs. Fannie Harlan
Educational Editor ..... Mrs. B. S. Barnes
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THE MARRIAGE

When one purchases real estate one wants to be sure of encumbrances and a lawyer is employed to look into the title. When one marries one should consult a physician to go into the problems of heredity and environment. The following excerpt taken from some remarks by Dr. R. S. Crispell of Duke is pertinent to the subject.

"The family represents the heredity and the environment of the child. I cannot forego mentioning heredity although it is a very complex and controversial subject. A discussion of it could be extended into many conferences without arriving at any final conclusions. **In the whole discussion of marriage and the family should one think of the good** of the individual or of the good of the race? Often these coincide, but then again they are often antagonistic. From the standpoint of individual psychology there are many who should not get married, and from the standpoint of heredity there are more who should not propagate. While we do not know as much about heredity as we should like, and while we are in no position to apply very definitely what we do know, it is time that we began to use what knowledge we have. There is nothing but grief in the propagation of people who are definitely compromised by heredity. This holds for the parents who create a child who is defective because of heredity and also for the child. Many of the worst wrecks we see in neurology and psychiatry are such because of heredity."

NEWS BRIEFS

Many Happy Returns—Mrs. S. G. Womack, nee Marguerite Thomas and former secretary to Dr. Parrott, announces her marriage. And did she pull the wool over our eyes! The wedding occured sometime ago. Our best wishes to Mr. and Mrs. Womack.

Thanks—To Mr. Ward, professor at the Winterville High School, for the contribution for a party to be given to the Caswell Glee Club.

Host—In the past month Caswell has been host to four well conducted high school classes from Winterville, Four Oaks, Erwin, and La Grange, all of North Carolina. Their interest here was appreciated and it is hoped that they will come again in the future.

New—Dr. Parrott's secretary, Miss Womack, has recently joined our staff. We hope her stay will be long and enjoyable.

Appreciation—The children had looked forward to seeing the movie, "The Blue Bird," at the Paramount Theatre and when it was announced that they could go, about forty-five boys and girls started searching for the necessary money. Well imagine their surprise when they presented themselves at the ticket window and Mr. Hill allowed them to go in free! Many thanks, Mr. Hill. The children thoroughly enjoyed the show and afterwards many of them were heard to say, "He's a nice man."

Counter—Mr. Edwards, census enumerator, has been with us the past week taking census of the employees and children. His stay, though short, was very nice and we hope to see him again in 1950.

Substitute—Miss Blanche Sutton is now substituting in Cottage Four while Miss Wagstaff is in the hospital with a foot injury.

Registration—Employees of the school were registered for the coming election by Mr. Chamberlain last week.

Circus—About fifty children enjoyed a nice circus in the Grainger High School on the Junior program, and how they enjoyed it!

"Shooting High"—The date group had a very enjoyable time seeing Gene Autry in "Shooting High" in a Kinston Theatre. Of course, the boys paid for the girls' tickets and what a treat that was!

Tacky Party—The employees of Caswell Training School had a lovely tacky party some days ago and everybody had a very enjoyable time. A prize was given to the tackiest man and the tackiest woman. Everybody present performed stunts which aroused laughter and enjoyment. This was followed by refreshments.—Carl Higgins.

SPRING PROGRAM IN SCHOOL

Caswell will celebrate its annual spring closing in just a few weeks. When we resumed classes last September—after a three months' vacation—it no doubt seemed to some that the nine months ahead would pass very slowly. Now that it is again almost time for another vacation, from school, the weeks seem to have flown.

If you pass through the school building you will hear the children singing in the music room,

(Concluded on page 5)

THOUGHTS ON LIFE & BUSINESS

THE TRUTH IS ENOUGH

It is an old adage that "only a good product can stand advertising." And of a good product, the truth is enough in the advertising that backs it.

Study any successfully advertised product. The fact that one need never step outside of the truth for "copy" material, to make it attractive to the public, will stand out.

The art of successful advertising practice is largely gauged in knowing how to present the truth to the millions. The mark between successful and unsuccessful advertising often hinges on that point.

The public delights in pleasant surprises. Give the average person one per cent more than your advertisement promises him and he cries "Eureka!" Give him a one-half of 1 per cent less and you invite an enemy.

Thus the seasoned advertising writer always promises something less than he knows he will deliver. But he makes those modified promises so delightfully intriguing, so logically convincing that millions are impelled to action.

He recognizes that exaggerated claims may win people once. But that advertising to succeed must do more. "First sales" count for little. Dividends are born only of the sales that follow.

Only the inexperienced chance the danger of printed exaggeration. It is a hazard, in the nature of things, that never need be taken.

Modern advertising success dates largely from the time that truth in the printed word was found, in the long run, to pay best.

The life of advertising today depends much on the public acceptance of advertising as truthful salesmanship.

The future of advertising rests on that factor. Let the millions once again believe that advertising again is tolerant of misrepresentations and advertising will lose its present, all-dominant place in selling and distribution.

* * *

"As a profession, advertising is young; as a force, it is as old as the world. The first four words ever uttered, "Let there be light," constitute its charter."—Bruce Barton.

ANVIL SPARKS

When you see a man of worth, think how to rise to his level. When you see an unworthy man, then look within and examine yourself. • If a rich man is proud of his wealth, he should not be praised until it is known how he employs it. • Beware of the man who promises more than you have a right to expect. • The biggest coward in the world is the man who is afraid of a new idea. • The really smart don't have to show off to prove it. • The best way to judge a man's future is to listen to him as he talks about his past. • A man who buys his friends usually pays more than they are worth. • By making the most of a small position we often open the door to a larger one. • Don't expect applause; deserve it. • When in a fix, sweating will get you farther than swearing.

* * *

CASH FOR CHARACTER

The value of character in dollars and cents is made evident in such disasters as that of the flood in the Mississippi Valley. A factory with a booming business was destroyed. The local bankers were in no position to lend the money to rehabilitate it. They had grown up with the partners who owned the business and knew they were of sterling character, but other demands on the banks had to be met first in the crisis.

When the waters subsided the partners took stock of their losses. The ruin was complete. They had a pile of orders and that was all. They sent a letter to their creditors and customers, explaining the situation and asking for time in which to devise some way of starting anew.

The response to the letter was miraculous. These men were known for fairness, promptness in meeting their obligations and in filling orders. Their loss brought out that they had made a friend of everyone with whom they had done business. Some of their customers offered them advance payments. The partners were enabled to rebuild their business almost immediately because they had character, which, after all, is the greatest security for a loan.

MUTUAL ACQUAINTANCE

SPRING PROGRAM IN SCHOOL

(Concluded from page 3)

you will hear tapping feet in the auditorium, and you will know that all are busy learning songs and dances for the Spring Program.

The Spring Program will be the last program given during the year. There have been radio programs in the school for visitors from many of the Eastern Carolina Public Schools, as well as the programs we have given neighboring schools. These programs to other schools, I believe, have afforded the children more pleasure as they enjoy a nice ride and a visit to our neighbors.

The following is our program for the Spring Concert to be given May 14 in our school auditorium.

Part I

1. "June is in My Heart"—The Glee Club.
2. Song and dance, "The Dutch Mill" by Madge Carter, Emily Price, Mary E. Nichols, Elizabeth Robbins, Margaret Cole, Myrtle Myers, Emma Lou Hicks, and Sallie Townsend.
3. Duet: "Halleluyah" by Eddie Helms and Roy Smith.
4. Tap dance: Emily Price.
5. Song: "Underneath the Moon"—The Glee Club.
6. Dance: Eddie Helm.
7. Song: "Lover Come Back to Me," from the New Moon—Girls' Glee Club.
8. Dance: by William Holliday, Thomas Hewitt, Cradox Quinn, William Phillips, and James Williams.
9. Trio: "Pirates' Dream," by Emily Price, Elizabeth Robbins, and Madge Carter.
10. Dance: Dorothy Pleasants, Minnie Myrtle Harte, Margaret Bailey, Patricia Paxton, Kenzie Robbins, Ora Byrd, Myrtle Freeman, and Gladys Meredith.
11. Song and dance: "The Wooden Soldier and the China Doll." Solo taken by Louise Simpson.

Part II

Cantata: "Spring Cometh" by Richard Kountz. Song by entire Glee Club.

Members of the Glee Club are: Madge Carter, Margaret Cole, Emma Lou Hicks, Myrtle Myers, Mary Elizabeth Nichols, Emily Price, Louise Simpson, Sallie Townsend, Pattie Winberry, Annie Ruth Guinn, Peggy Moore, Elizabeth Robbins, Doris Godwin, Lynda Naylor, Gladys Meredith, Eddie Helms, Ray Smith, William Holliday, and Thomas Hewett. —Mrs. Romon Askew, Music Director.

—o—

Caswell Training School
May 1, 1940

Dear Jenny Wren:

How pleasant to get your cheerful letter so full of unsung good deeds and thoughts; it reminds me of a quotation I overheard today as I was flying past a window.

"I so long to accomplish great and noble tasks, but it is my chief duty to accomplish humble and simple tasks as though they were great and noble."

Such lovely pictures come before one of the folks who really make life, "a thing of beauty" and they never dream of getting any praise or credit for the little tasks they do. Just think, one can even sweep a room so that it will be for the glory of God!

Caswell is beautiful in the month of May. Strawberries are ripe and lucious; pansies beautiful; all the flowering shrubs and trees in full bloom and the children wanting to go barefooted! Our birdfolks are all nesting and busy keeping the bugs and worms eaten. Everything and everybody growing, planting, cleaning, fixing—just living and letting live!

You see, Jenny Wren, most of the lovely things of life come to us by doing. Even the drabbest of birds can change to "The Blue Bird" of happiness, by giving happiness to others. Caswell is such a lovely home to those who are really trying to make it a happy place for others to live. They all have their sad days, and periods of sorrows, but they do not dwell on those things. They are faced and placed aside.

To me the employees here at Caswell should be placed among that mighty throng of unsung heroes and heroines. Day in and day out, as I flit back and forth, I see acts of kindness, thoughtfulness, and patience. I know no one else knows about them. I could fill page after page with lists of things, but suffice it to remind you of the everyday living things, like preparing three good meals a day; keeping the dishes washed clean; the table cloths white and ironed, the clothes laundered and packed away; the hundreds of children bathed and happy; their hair cut, their teeth washed, doctoring their sores, pains and aches, listening to their tales of woe, helping with their little home, guiding in thinking aright; a little smile here, a little word of encouragement there; courtesy and politeness all the while—teaching obedience and reverence—in other words trying to make Caswell a real "American Home."

I overheard another quotation, I just must give you before I stop, for it so well expresses our grandmother Byrd's ideas about home building:

"If the family as an institution is weak today; if it is failing to provide society with the courage and integrity so essential to the common welfare, the cause may be found in the decline of this virtue (obedience to parents) for in its proper practice lies the exaltation of the family and the welfare of the State."

So long Jenny Wren, it must be the weather! Hoping to hear from you real soon.

Yours devotedly,
Gertie J. Byrd.

—o—

A THOUGHT FROM THE HOSPITAL

From day to day we meet individuals who never seem to be happy and show any appreciation for the numerous things God has given us to enjoy. They never smile—usually envying someone who tries to get the most out of life and tries to express his gratefulness for the things nature provides. Why are the beautiful flowers, singing birds, shining sun, and other things too numerous to mention here, if it is not for pleasure? I think we would all feel better at the end of the day if we would strive to spread sunshine and make someone happy; than to feel that we had not accomplished anything. Substitute a smile for a frown and let's strive.—Hazel Prince, Nurse.

Fireside Talks & Tales Children's Corner

THE "I BEG YOUR PARDON" OR "EXCUSE ME" KEY

TWO teachers were talking together at recess one day, when one said to the other, "Have you ever met Mr. and Mrs. Lorimer?"

"You mean Bob Lorimer's parents? No. Why do you ask?"

"Well, I have Bob in my class, and I think his parents must be delightful people to know. Bob is such a thoughtful, courteous boy."

Now, children, I wonder if you have ever thought that people—teachers, neighbors—were judging your parents by what they see in you. Paul in his letter to the Christians in Corinth said, "You are living letters—being manifest that you are letters of Christ." He meant that men read the words and acts of the Christians and judged Christ by what they saw.

In like manner boys and girls are parents' living letters. People look at you and listen to you. If you are thoughtless, discourteous, selfish, they say, "I wonder what sort of people that boy's (or that girl's) parents can be. I am afraid he has not had very good training at home. His manners do not show it."

Now, then, I want to tell you how you can make people think highly of your parents, and of course you want to do that; and I want to tell you also how you can add to your own happiness and the happiness of others. This is the way. Always carry with you and use this key, the "I beg your pardon" or "excuse me" key. I call it the key of thoughtfulness or consideration for others.

You know, of course, that thoughtlessness is selfishness, and one cannot be selfish and be happy. Real gladness has its root in thought for others.

I would urge you then to use this golden key when you have unintentionally wronged anyone by word or act.

It might be that at some time or another you were riding in a street car when you desired to get off a certain street when the aisle was blocked by passengers who were forced to stand because of lack of seats. Instead of shoving the people ahead of you to one side you would use the "I Beg Your Pardon" key.

Some boys were sliding on the sidewalk one day. In some way one lad caught his foot in a lady's dress and tore it. Just as soon as he could get off his sled, he took off his cap, and apologized for what he had done. Speaking of it afterwards, the woman said, "Why, I didn't mind it at all, he was so nice about it."

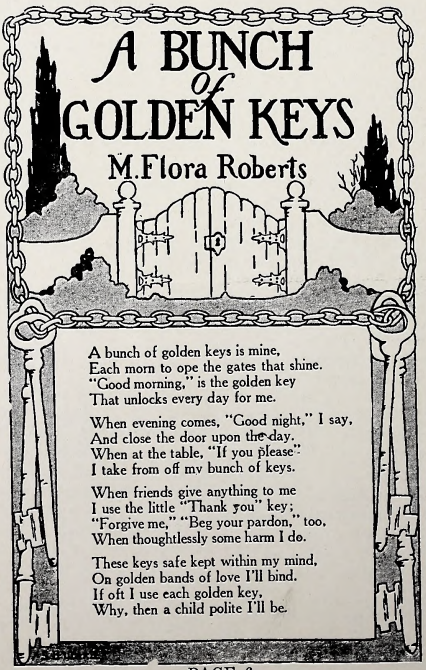
We should use this key in all our dealings with others. Robert Louis Stevenson for a number of years before his death lived on the island of Upolu in the South Seas. He was always very considerate in acts of kindness.

One day the people came together, and their leader said, "Our white brother has done us many kindnesses. We must show him our gratitude. I have noticed that he loves to go down to the shore to watch the waves and the ships as they pass. But he is very sick, and the way is very rough. Let us make a nice road for him to walk on. It is hard for him to walk and he is very weak. He will appreciate it very much and he deserves our help."

That is what they did; and in memory of Mr. Stevenson's many kindnesses, they called it "The Road of the Loving Heart."

You can imagine how much happiness this act brought to the heart of the sick man, exiled, because of his disease, from home and loved ones. Surely the golden key of thoughtfulness and consideration opened up God's treasure house of gladness for him.

Is there not some one in your neighborhood into whose home you can bring a little sunshine, to those who because of illness cannot enjoy the beautiful flowers or the song of the birds? A little visit would perhaps be the golden key in this case.

Let us slip this key on the ring, resolving in our hearts that we will use it constantly, keeping in mind this text, "Be kindly affectioned one to another." Romans 12:10.

A BUNCH of GOLDEN KEYS
M. Flora Roberts
A bunch of golden keys is mine,
Each morn to ope the gates that shine.
"Good morning," is the golden key
That unlocks every day for me.
When evening comes, "Good night," I say,
And close the door upon the day.
When at the table, "If you please."
I take from off my bunch of keys.
When friends give anything to me
I use the little "Thank you" key;
"Forgive me," "Beg your pardon," too,
When thoughtlessly some harm I do.
These keys safe kept within my mind,
On golden bands of love I'll bind.
If oft I use each golden key,
Why, then a child polite I'll be.

My Work at Caswell Training School

"We only ask for sunshine,
We did not want the rain;
But see the flowers that spring from showers
All up and down the plain.

We beg the gods for laughter,
We shrink; we dread the tears;
But griefs redress in happiness,
Alternate through the years."

H. Whitney.

Can you imagine you are the old woman who lived in the shoe and everybody's stomach depended on you?

Well, that is how great I feel my opportunities at this place, and these opportunities bring great responsibilities. The proper food is essential for the physical growth of our bodies.

In my department I have twelve co-workers, whose business it is to be congenial and co-operative with me. The success of my work here is depending on their co-operation. "More can be thrown out with a fleshfork than can be put in with a pitchfork," someone has said.

We need faithful, honest, conscientious workers who will put business before pleasure, who are alert, ready to listen, to take instructions, and who are willing to learn.

It is my business to study the different food supply rooms, and to find out how to make my menus for the following day. Some of the food is supplied from the farm, poultry farm, and dairy of this institution.

I post the following menus daily: breakfast, dinner, and supper for the employees, Children's Dining Room, Hospital, Cottages, Dewey Building, Junior Ward, Boy's Problem Building, and two low grades.

Milk is weighed and measured twice each day. I do not have milk and eggs enough to supply everybody but I divide them among the children's departments. In making my menus I try to give as much variety as possible for balanced meals. I have to make requisition blanks for food from the large storage room.

Work begins in the Culinary Department at 4:30 a. m. and closes at 7:20 p. m., with an intermission.

It is my duty to go through these departments and see that the required work is being performed, and if you do not believe it is a job just try to keep up with me. I could well use more than two eyes. My helpers are expected to keep their rooms and equipment clean and in order daily.

After my supervision and work in the various departments, I type two copies of the menus followed that day, make out a work sheet for twelve workers and the number who took meals that day, and a typed statement of the number of gallons of milk and the number of eggs received.

These different reports are given to those in authority about 8 o'clock the following day.

Having taught Home Economics several years, I love the institutional work and appreciate all the kindness and co-operation shown me by those in authority.—Miss Zelda Wood, Dietitian.

COTTAGE 7

The boys in Cottage 7 are busy now helping with our little flower garden, planting seeds, seeing plants, and getting ready for "Bean picking time at Caswell."

We were thrilled the first day of May when we were permitted to go barefooted for the first time. Also we look forward to "C. W.'s" mother visiting us, for she always brings all a treat. We wish to say we did enjoy the strawberries very much.—Mrs. Hudson and Miss Meadows, matrons.

COTTAGE 5

It is springtime and along with it comes all kinds of outdoor sports, such as playing baseball, going on hikes, and tennis.

School will soon be out and then we will have to hustle off to the fields and pick beans and strawberries. We do enjoy them so much when served on the table.

The boys take great pride and joy in helping their matrons plant flowers and in helping keep them watered. This is a busy place and each child seems to be very happy, and wants to do the task assigned to him.

We want to thank Mrs. Parrott for the flower plants and we shall render to her our services in helping keep all the shrubbery around our cottage pretty. We also want to thank others who have been so nice in giving us plants and we are hoping we will have some to give away this summer.—Miss Surles and Miss Wilkins, matrons.

COTTAGE 1

In Cottage 1 everyone is busy preparing and planting flower beds. We have seven flower beds, two bird houses, and a rock garden. The children call it "Our outdoor living room." We all like to sit there and watch the blue birds and sparrows build nests.

Some of the girls went to Kinston to see Shirley Temple in "The Blue Bird." They enjoyed it very much. Others went over shopping.

We are glad to welcome Jenny and Margaret to our group and hope they will like it with us.—Mrs. Happer and Mrs. Philyaw, matrons.

COTTAGE 8

The boys of Cottage 8 are very happy and busy planting and caring for their flowers.

They enjoyed a wiener roast a few days ago. They gathered at Mrs. Parrott's outdoor living room about 4:00 p. m., and played games for an hour, and roasted wieners and marshmallows. They had drinks and ate bananas after which they returned to their cottage very tired but happy. We thank Dr. and Mrs. Parrott, Mr. Stroud, and Mrs. Harlan for making it possible for them to have such a nice party.

We have a new member in our family, Bobby. We hope he will enjoy living with us.—Mrs. Suggs and Mrs. Jones, matrons.

AUSTIN B

We enjoyed having company two days last week. Betty's sister from Fayetteville came to see her on her birthday. She brought her lots of good things to eat and a nice dress. She took Betty and Sarah for a ride. They reported a real nice time.

TRICKS AND STUNTS

FANNING THE EGG

For this, chalk out a race course on the floor by drawing parallel lines six inches apart, and making the course itself in the form of a large circle, an oval, or a figure eight. Mark a given spot as the starting place and lay on it an egg from which the contents have been blown. Number the players so that each will know when his turn is to come. Give the first player a fan and tell him to blow the egg around the course and back to the starting point without allowing it to get outside the lines. The one who accomplishes this feat in the shortest length of time wins the game. It is well to prepare a number of empty eggshells in advance so that the race need not stop if one should happen to be broken

* * *

EVER PLAY TAGFLAG?

When there is no snow or ice to furnish outdoor fun a good active game to play in cold weather is called "Tagflag." This is the way it is done: Form two sides and each side choose a different flag. The flag may be a school pennant or a homemade one of colored paper fastened to a stick. Don't use the American flag. A line is cut or chalked on the ground between the two groups of players. The flag should be planted in each team's court, about six yards from the line. The object of the game is to defend the chosen flag, and at the same time, to capture the opponent's flag.

Several guards stand by their flag to prevent its falling into enemy hands, while other members of the team cover the line as raiders, to try to capture the opposing flag. It is the business of the guards to tag anyone who approaches the flag. The one tagged has to drop out of the game.

* * *

DOUBLE CARRY RACE

When the company is large, divide the players into two sides of equal number. Stand them up against opposite walls of the room. In front of each, place baskets at one end of the room, containing six hard-boiled eggs each, and at the other end, two empty baskets. Provide the leader of each side with a tablespoon. At a given signal the two are to begin picking up the eggs in the baskets nearest them and carrying these, one at a time, in the spoon, to the empty baskets. As soon as each player has finished, he hands the spoon to the one next him in line, who carries the eggs back to the first basket in the same manner. This is repeated until all the players on each side have had their turn. The side that gets through first wins.

———o———

French makers of cosmetics are meeting the complaints against the high cost of powders and perfumes with the explanation that good crystal bottles are essential for the preservation of the most delicate perfumes, and while ordinary face powder is sifted by machines, the ultra de luxe product that Parisian specialists put on the market at top prices is run through horsehair sieves and then pressed two or three times through sheets of silk.

Miles of Smiles

For a long time the restaurant manager had out a sign: "Home Cooking." Then he removed it.

I see, remarked a customer, that the old sign is gone.

Yes, I took it down.

But why?

Well, I came to the conclusion that it was doing the place no good. I got to watching the passersby. A great many would take a look at that sign and then hurry on.

* * *

Gladys: When I marry it will be to a man who counts.

Harold: That's fine. I'm just the man you're looking for. I'm a cashier.

* * *

How's your garden coming along, old man?

We had it for dinner last night.

* * *

Old Gentleman: You are rather young to be left in charge of a chemist's shop, my lad. Have you any diplomas?

Shop Assistant: Er-no, sir; but we have a preparation of our own that's just as good.

* * *

City (pointing to haystack): What kind of a house is that?

Country: That ain't a house; that's a haystack.

City: Say, you can't fool me. Hay doesn't grow in a lump like that.

* * *

The street car conductor had asked Willie's mother how old he was so as to be sure he was entitled to a ride free.

Three and a half, said the mother.

And mamma's thirty-one, added Willie politely.

* * *

Applicant: Got a job to give me, boss?"

Foreman: Sorry, I just dismissed a man because there was no work for him.

Applicant: Can I have his job?

* * *

Young Zoologist (who has been asked to lecture over the radio): And all the time, darling, though millions may be listening in, I shall be thinking of you alone.

Darling: And what's your lecture about, old thing?

Young Zoologist: Freaks of nature.

* * *

Lady (shopping): How much are these chickens, please?

Storekeeper: A dollar and a half.

And did you raise them yourself?

Yes, mum. Yesterday they were a dollar and a quarter.

* * *

The superintendent was examining a class in geography, and, addressing a small boy in the back row, he asked: "Now, sonny, would it be possible for your father to walk round the earth?

No, sir, replied the boy, promptly.

Why not? asked the inspector.

Because he fell down and hurt his leg yesterday.

The Caswell News

Volume 5

Number 4

"Little minds are tanned and subdued by misfortune; but great minds rise above them."

---Washington Irving

JUNE, 1940

TABBY GRAY AND HER ADOPTED BABIES

ABBY GRAY was very unhappy and mewed piteously as she sat on the doorstep alone. And no wonder she was sad, for the good mother cat had lost the three most beautiful kittens in the world. At least they had been the most beautiful in the eyes of Tabby Gray. You might have thought they were very plain, common-looking kittens had you seen them. In fact, to anybody else but their gentle mother they looked like very ordinary kittens. One was yellow, and one was plain black, one a soft gray with white markings like her mother. But what mother cat did you ever see that thought her own dear kittens were ordinary ones?

Now to Tabby Gray the plain black one had the softest of silky fur, while the yellow one looked golden in her eyes, and as for the gray one white markings—well—perhaps Tabby Gray took satisfaction in the thought that this baby kitten resembled herself. But now something had happened to all three, and Tabby Gray mourned and would not be comforted.

"Poor Tabby Gray!" said a boyish voice, and Tabby Gray looked up to see Harry coming around the corner of the house, something in his hands. Could it be that he had one of her kittens? She got up from the step, a faint hope in her heart, and mewed pleadingly.

"Here, puss," said Harry, "here's just what you want. These nice little squirrels will make you a fine dinner. Are you hungry?" And Harry stooped and put two tiny baby squirrels in front of her.

Tabby Gray looked at them, then moved over quickly to where they lay, sniffing daintily.

"Aren't they fine?" questioned Harry. "Lots better than mice."

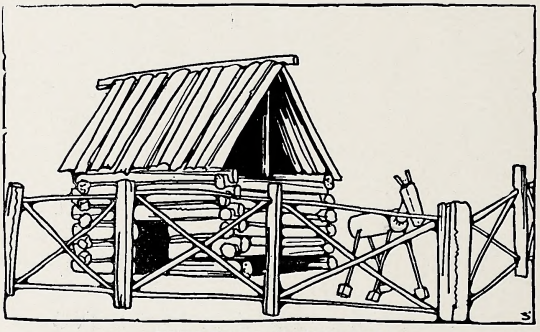
But Tabby Gray was paying no attention to him. She touched the little baby squirrels lightly with her nose, pulled one of them a little nearer with her soft paw, and then, putting out her tongue, began washing it gently and tenderly. A moment more and she had cuddled both of the helpless little creatures close to her and was purring softly and contentedly.

Harry looked down at Tabby Gray in astonishment. He gave a low whistle and then ran into the house.

"Oh, mother," he called, "come here and look at Tabby Gray. I just brought some baby squirrels for her dinner, and I believe she is going to adopt them."

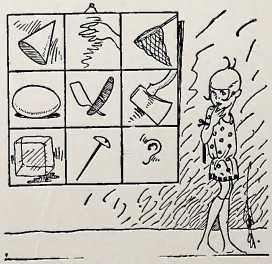
And that was exactly what Tabby Gray did. The two orphan baby squirrels found a real mother in kind old puss, who washed and fondled and cared for them as tenderly as she had done her own kittens. She guarded them carefully, and whenever a stranger came near the box she tried to hide them.

But one day something happened that was very puzzling to the gentle mother cat. She brought in a nice tender mouse for their dinner, and those queer adopted babies just turned up their noses at it and wouldn't even take a bite. Tabby Gray just couldn't understand all the strange ways of her adopted children, but she loved them anyway, and was so busy taking care of them that she no longer worried about her lost kittens. When they became old enough to take care of themselves they scampered up a tree and twittered at Harry and his mother, who were watching the little squirrels jump from one limb to the other.



TOYS FROM CORNSTALKS

Cornstalks cut into even lengths make very excellent logs for building. They should be notched at the ends so that when placed on top of each other they will stay in place, and the stalks cut in half make flat timber for roofs, fences, etc. Very nice farm animals can be made from pieces of the stalks of irregular sizes, as the picture shows.



WHAT IS THIS CHILD'S NAME?

Each object in the picture must be named. The first letter of each object's name is a letter of the little girl's name, and when you have correctly named all the objects, keeping them in order, her name will be revealed.

The Caswell News

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Published monthly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

Editor ..... Dr. W. T. Parrott
Associate Editor ..... Miss Edith Wladkowski
Associate Editor ..... Mrs. Fannie Harlan
Educational Editor ..... Mrs. B. S. Barnes
Business Manager ..... Miss Mary L. Utley

EDITORIAL

A number of people come to Caswell or write with questions based on vague and indefinite conceptions of psychology, psychiatry, and mental deficiency. Definitions seem desirable in order that the three diverse branches may be differentiated in the public mind. Psychology may be defined as that branch which treats of the mind and mental operations. Psychiatry may be defined tersely as that branch which deals with **disorders** of the mind.

Mental deficiency is the subject we are interested in at Caswell especially, and in the handling of it we use and bring into play all the allied sciences and even draw upon the fields of Chemistry (biology) and general biology. The most comprehensive definition of mental deficiency is the one laid down by the American Association and is as follows:

"The term "feeble-minded" is used generically to include all degrees of mental deficiency due to arrested or imperfect mental development as a result of which the person so afflicted is incapable of competing on equal terms with his normal fellows or managing himself or his affairs with ordinary prudence."

Mental deficiency is thus seen to be a separate entity and of such vast proportions that a special school for it has been established at Harvard. The writer expects to spend his vacation therein.

W. T. Parrott, M.D.

To Caswell Training School

July 1, 1937, I came to Caswell Training School to accept a position as secretary to the superintendent. Leaving home and friends always brings a tinge of sadness, so I arrived at the school with a very heavy heart. However, the first people I met gave me one of the most cordial welcomes of my life and it is impossible for me to attempt to enumerate the many kindnesses they have shown me since.

Fortunately that day the Board of Directors of Caswell Training School met and among them the same atmosphere of friendliness existed. In the dim twilight of that day I decided the day had been a triumph for so very early I had already found Caswell to have a fine Board of Directors and staff.

I have contacted directly or indirectly practically every phase of the work here and I have found the same spirit of friendliness and helpfulness. I consider myself fortunate, indeed, to have had the opportunity of knowing and working for Dr. W. T. Parrott for the past six months. I have found him to be one of the finest persons I have ever known.

In my meager way I wish to thank each and every one, including employees and children, for every kindness shown me. I shall always be interested in Caswell and wish for it the very best at all times. I have truly found Caswell Training School to be the friendly school and Kinston, North Carolina, to be the friendly city.

Marguerite Thomas

A BELOVED SPOT

Near the western boundary of our Caswell Farm bordering the road that leads to the adjacent farm there is a little plot of ground that is dear to many of us—our school cemetery. Just a poor, sandy stretch of land sloping toward the setting sun but it holds memories of laughter, of love and the joyousness that comes with happy living for many of our boys and girls are taking the last long sleep in this hallowed spot. The tired eyes are closed and the little hands are folded—the spirits have flown back to God whence they came and somehow we like to think that the rains fall more gently and the sun shines brighter on this beloved spot.

It is very gratifying to know that one of our working groups has taken as a project the cleaning up and beautifying of the little plot and we are looking forward to seeing this one of the beauty spots of Caswell. Let us all work together in making this one of the best kept, most attractive places on the campus.—M. L. U.

LET US BE THANKFUL

When we look around us and find so many people in a worse condition than we are, it helps us to appreciate and to be thankful for the numerous things we have. We find some in war, and some without jobs suffering from lack of food and clothing. When we notice these things we can readily see that we are better off than a lot of our fellowmen. It would, in my estimate, be a great accomplishment if we could be able to adjust ourselves to our present conditions and express our thanks to God, daily, for our many blessings that we so easily neglect. Let's strive to make our homes, community, and country a better place in which to live.

Virginia E. Joyner, Nurse

FLOWERS AT CASWELL

We as neighbors at Caswell have corners to plant flowers and shrubbery. The flowers are blooming beautifully since the nice rain. We have several kinds near our sewing room. It makes us feel happy to see all the lovely flowers in bloom at each building when we go to and from work.

Mrs. Stokes, Sewing Room Matron

IS LIE DETECTOR INFALLIBLE?

SCIENCE has developed a number of devices that are causing quite a stir in criminological circles, namely, the Polygraph, better known to the average layman as the "lie detector." While they are not in general use they seem destined to supplant the barbarous torments of the "Third Degree" in extracting confessions from the suspect. As yet this test isn't used as legal evidence in courts, except in rare instances. Judge Hatrick of the Oakland county circuit recommended a prisoner released when a "lie test" proved him innocent. This man already served nearly a year in prison. He had in all probability stood trial, which evidently had cost the taxpayers considerable money. If the police had given this man the "lie test" when he was first arrested as a suspect, in addition to the saving in money to the state, it would have done away with an embarrassing situation for all concerned. Judge Hatrick deserves to be highly congratulated for his stand in this case.

Statistics bear out the plain truth that quite a few innocent persons are sent to prison because of various circumstances over which they had no control, such as mistaken identity and other causes.

We should like to cite here just a few excerpts taken at random from scientific papers, digests, newspapers and other sources dealing with the "lie detector test."

In Wisconsin a Judge allowed the "lie test" to be used as legal evidence in a court where a man was on trial charged with a felony. The Readers' Digest in an article dealing with the "lie test" states that statistics gathered from 1,500 cases of suspects who underwent this test showed not one was proved to be erroneous. Dr. Leonard Keeler of the Northwestern University at Chicago, Ill., modestly contends that tests conducted by himself in conjunction with authorities proved over 98% correct. In the greater majority the suspects were found to have had guilty knowledge which, when shown to them, was the means of securing a voluntary signed confession. Former Governor William Comstock of Michigan paroled a man who had served 17 years when it was found through the "lie test" that he was innocent. Governor Henry Horner of Illinois, who admits publicly his faith in the Polygraph, ordered a test for a condemned man in Illinois.

If when a man is arrested, charged with a crime, and the suspect remains adamant in his protestations of innocence, why not apply this test as a matter of course? Up until this time its use had generally been confined to support the suspicions of the police, and seemingly, if the police entertained any doubts of the prisoner's guilt, they are reluctant to apply the test to support the prisoner's protestations of innocence!

If a suspect flatly refuses to undergo such a test to support his plea of innocence (and it is not compulsory), it might serve as an indication of his probable guilt. It might, we say.

It would seem that any suspect, picked up on any felony charge, who insists on being given such a fallible means of establishing guilt or innocence would do so only if he was positive that no amount of questioning about the alleged crime could in any way, shape or form connect him with it!

The more skeptical of the law enforcement agencies frown upon this means of finding the truth of a matter. In view of the fact that large banking concerns, courts of justice and several broad-minded jurists have faith in the findings of the "lie detector," it appears that the skeptical ones are probably without any basic reasons for their arguments against it. They are, undoubtedly, police of the old school, advocates of the "hose," the "knock-'em-down, drag-'em-out" era of law enforcement. Any broad-minded individual can plainly see that their days are numbered and, like all other such medieval institutions, must give way to the advances of science and civilization.

THE AMERICAN INDIAN

IS THE vanishing Red Man actually vanishing? The National Resources Board reports that births among American Indians are increasing, while the death rate is decreasing and that the Indian population is gaining.

As a matter of fact, the number of individuals in the United States listed as Indians has been increasing for many years.

This apparent growth in Indian population, however, is due largely to greater intermixture between Indians and non-Indians. Accordingly, it is not easy to determine whether the amount of Indian blood is actually decreasing or increasing.

In taking the Indian census it is customary to include nearly all mixed bloods. Frequently persons having only 1/16th, 1/32nd and even 1/64th of Indian blood are officially counted as Indians, with the result that often persons listed as Indians do not have enough aboriginal blood to be distinguishable in their physiques.

Many writers say the Indian population of the area comprised within the United States is as large now as it was when Columbus first touched at the West Indies. The bureau of American ethnology regards the statement as erroneous. A careful study of early population conditions, says that authority, indicates a total Indian population of about 850,000 in the United States proper and 70,000 in Alaska in 1492. The office of Indian Affairs recently estimated the present Indian population at 337,366.

The Indian population of California alone has been reduced from about 200,000 two centuries ago to about 20,000 now.

All natural-born Indians are citizens of the United States and have the same rights in respect to voting that other races have. President Coolidge in 1924 approved an act declaring all non-citizen Indians born within the country to be citizens. About two-thirds of the Indians were citizens before that act was passed.

American Association on Mental Deficiency

The sixty-fourth annual convention of the American Association on Mental Deficiency which was held in Atlantic City in May, was a most interesting, instructive, and inspiring affair. Over 350 delegated from 29 states, Canada, and one member from Australia registered for the meetings. These people represented several fields of learning, all interested in the many problems of mental deficiency. Among these were superintendents of State schools, psychologists, psychiatrists, physicians, social workers, educators, research people and others.

Over sixty papers were read at the meetings besides five round-table panel discussions and the president's address. The problems that were raised and discussed were varied, touching on practically every phase of mental deficiency, both from the practical and theoretical viewpoints.

Consideration of social control for the mentally deficient has a promient place at the meetings. Practically all State institutions have long waiting lists. No state is equipped to take care of all its mental defectives in institutions. Even if such facilities were possible, there are arguments why such a set-up would be disadvantageous. No state is equipped to institutionalize more than about ten per cent of its mentally handicapped children, and some much less. All that any state institution can do, as implied by a number of papers dealing with this topic, is to train a certain percentage of mental defectives so that they may be able to adjust better in their respective communities after being discharged.

The problems of community supervision for the relatively small number who are trained in institutions and finally discharged, and for the much larger number of feeble-minded who never find their way into institutions have indeed been serious considerations. The need for specially trained social workers to work in and outside institutions has been realized in quite a number of states. Cooperation of various kinds of community agencies with welfare departments is of paramount importance in the social control of mental defectives.

Special educational facilities in the public schools for the mentally handicapped has been realized as one of the most important measures to be taken in all states for the prevention of many of the problems shown by mentally retarded people. Special training facilities together with other measures would, it is realized, not only improve human welfare, but in the long run, save money for communities.

Although, from a practial and public welfare point of view, social control of mental defectives could be considered the most important aspect of mental deficiency, papers dealing with various other phases were also given at the meetings in Atlantic City. Results were reported on various types of research done on the physiology and psychology of mental deficiency in general and of certain special clinical types of feeble-mindedness. The committee on research stressed the importance of carrying on different kinds of research so that more could be learned about different phases of mental retardation. Only by greater knowledge could we hope to be able to solve the problems more effectively. It is for this reason that a number of the larger institutions maintain laboratories and employ research people for purposes of research only.

Some of the findings which were reported have a decided practical value to the training of mental defectives in institutions and homes. This applies not only to academic training but to training of manual skill. Great emphasis has been placed in some papers to the importance of training even low grade mental defectives. These individuals could be trained in personal habits, and, as it was brought out by some, many of them can even learn to use tools and do other useful things. The training of low grade mental defectives has been started, though still on a small scale, in Caswell Training School, and the beneficial results have already been apparent.

One does not have to be too pessimistic to realize that in the midst of great world upheaval and human destruction, as is now going on, no amount of scientific and social work intended for human betterment can quickly overcome the vast human suffering which has been created for the past few months in Europe as a result of the war. Yet it is well that in the midst of uncertainty and suffering there are still individuals who can think of scientific and social work for the bettering of humanity rather than of destroying it. More and more of it must go on! This to me was the spirit of the sixty-fourth annual convention of the American Associaion on Mental Deficiency.

Edith Wladkowski, Psychologist.

Carrying On In Crafts

Summer days are here again. How good it feels to relax and let up a little on all the things we have been trying so hard to accomplish. Of course everything is not finished and never will be. We are glad of it. For would it not be a terrible let down feeling if there were nothing left over that we could look forward to doing next year?

There were certain things we set out to accomplish and we did most of them. Personally I am proud of what the children have done. I think most anyone else would be too if they could see all the attractive luncheon cloths, breakfast sets, aprons, all clean and folded in a box, ready for sale or use next fall. There were woven and crocheted rugs too but most of them were sold or used, and so were a number of attractive decorated wooden bowls. Those bowls have been our chief joy this year. They are fine for fruit, nuts, salad, or just to look colorful and pretty.

It is always gratifying to a teacher to find some interest and enthusiasm sustained by the pupils clear through to the end of the school year. This has been true of some phases of the crafts work, especially true in regard to painting. During the very last week some of the pupils did some of their very best work. I refer particularly to some free hand drawings and paintings done of bluebirds and of cardinals. They are pictures anyone should be proud to own.

A certain girl who likes to crochet has been making such pretty rugs lately that they are in great demand. She plans to continue her crocheting during the summer.

The crafts teacher, at the suggestion of the psychologist, is planning to leave material for some of

(Concluded on page 7)

THOSE BURIED TALENTS

FEW OF LIFE'S tragedies arouse us to greater pity and sympathy than the realization of the amount of buried talents that are never expressed. They who have achieved prominence in any field are but a fraction of the gifted; and undeniable evidence reckons the fact that more great men live in obscurity than who bask in the light of glory; that many a "Mute inglorious Milton" lies in some unmarked, neglected plot.

It is an irony of fate that nature should endow her seeds with such marvelous potentialities and negligently scatter them to the four winds, casting never an inquiring eye to mark their progress or to note their general welfare. That the world would be enriched, that human progress would advance amazingly if every talent were fully developed and received its full expression in some field of endeavor, is a true fact. Nature equips every one with some ability; but, alas! how many ever develop and express it usefully in life's field of action? These are the rare gems that should dazzle our eyes with their brilliance, but they are secluded in "Dark unfathomed caves." These are the beings whose superior vision should guide us, whose reason should judge us, whose brushes should beautify the world with immortal masterpieces; but they are lounging in dives, dwelling in garrets, and mired with the grime of poverty.

When we carelessly brush against a ragged individual in the streets, we know not whether we have passed unnoticed an Edison or a worthless tramp. When we behold a funeral procession, we know not whether the hearse contains the remnant of a mis-spent life or that of a Lincoln who never awakened to his high calling. It requires no diligent delving in the pages of history, no patient search among poverty-stricken hamlets to verify the above assertions—pause a moment and reflect on the student body of our own school. One errs not in saying that here but a meager portion of latent abilities have ever been properly utilized, that yearly, students exceptionally gifted pass through the door of graduation unknown, when their names should adorn the campus roll of honor. Their fate is a common one — they never found themselves.

But let us bury the past, hopefully look to the future, and resolve that this condition will in time come to be, like the era of bondage, "passe." Let each of us discover our natural inclinations and develop them to the highest. If you have a strong incentive for some form of expression, if a vague but persistent impulse urges you to pursue a line of endeavor, bring it out! Let it stand in the light of accomplishment where all may judge its respective merits. If friends call you queer, if unsympathetic tongues seek to dissuade you, redouble your efforts to achieve your purpose; keeping in mind all the while that persecution is the price of greatness. Bring it out! It may some day be reckoned as a milestone in the history of human progress. If your first calling proves to be a false one, keep striving; keep everlastingly at the process of delving into self, for somewhere lurking in the inmost depths of your being, like a pearl imbedded in an oyster, lies the talent that nature intended you to develop. Bring it out and contribute it to the world!

THE UPWARD BOUND

THE PRESIDENT of the United States Steel Corporation once carried telegraph messages at a salary of ten dollars a month. His name does not matter. The interesting thing is the progress made. A boy who had to work for ten dollars a month evidently was without influential friends; and that may have been his good fortune. There was no other way for him to go but up.

After a few years at night school, learning telegraphy, and absorbing other useful information, the boy began to climb. No doubt during the ascent he met many of the sons of rich and influential fathers on the way down. There is an old saying to the effect that during every three generations there is in most families, a complete revolution from shirt-sleeves to shirt-sleeves; up to the top and down again.

The astonishing success of this boy provides food for thought. First of all, there is no spur that equals poverty as a stimulus to youthful ambition. This ten-dollar-a-month lad no doubt saw and envied boys of his age who lived in luxury; had a good time. Work and study were his only implements, and he used them. Ability may be left out of the question. No doubt many of the lucky youths observed by the ten-dollar-a-month boy were just as clever as he, but none of them is president of the United States Steel Corporation.

Of course, great corporations are not choosing misfits as president. They seek the man equipped for the job; and, after all, the great equipment is common sense, character, reliability. The United States Steel Corporation did not select Charles Schwab, a former president, on account of his social prestige or for the reason that he was a good fellow. As a lad he drove the village bus. They picked him out because he knew the steel business and was a capable administrator. And that, no doubt, is why the former ten-dollar-a-month boy now occupies the Steel Corporation's big chair. It has been the same with many other famous executives; all of which indicates that it is not always a misfortune to be born poor.

GARDEN DEPARTMENT

As the month of June arrives we begin to get all kinds of vegetables in large quantities. At this time we have plenty of headed cabbage, and spinach, but the strawberries and garden peas are almost gone.

We have had fresh onions since about March 1st, and of course we have had our spring mustard, kale, and turnip greens.

The weather has been very cold this spring which has caused our garden to be about two weeks later than it usually is. However, we are expecting a bountiful crop of everything this year.

Mr. J. H. Smith
Manager of Garden Dept.

VACATION

HAPPY DAYS

"Oh, happy days of June
With your skies so bright and clear
We will welcome you with singing,
For vacation time is here.

"Oh, happy days of June
If you bring to us some showers
We will all be happy still
For the sake of thirsty flowers."

As we come to the climax of another term's work many of our children feel as happy and carefree as the above poem, "Happy Days" suggests, for they will soon be going home for two weeks or maybe a month. Others are happily awaiting a day's trip to the beach, and all look forward to a glass of lemonade after their day's work is done.

Some children look upon the past year as a happy one for they are able to see the achievements that have been made and look forward to the beginning of another year with high hopes and strong desires of greater accomplishments.

The primary and pre-primary classes had much fun at their parties which are usually given at the end of the year as a special treat. Each child had some kind remark to make about his home-made cake and tea. Some liked the plain cake iced in chocolate better while others enjoyed the chocolate cake with white icing better. Each child was delighted with both kinds of cake and his glass was refilled several times with cracked ice and tea. He went away happy and full, declaring he had a double treat, icing being equal to candy.

Vacation time may suggest freedom, happiness, and rest to all, both young and old, but each is always glad to get back into the old trend of his work and familiar surroundings.

Rowena Tull
Pre-primary and Primary Teacher

CARRYING ON IN CRAFTS

(Concluded from page 5)

the girls to work with during the summer, girls who cannot get out much and engage in other activities. We hope this will make them happier.

We hope also that the nature study class will be able to enjoy the flowers, and the shade of the trees, about which we have been studying this year. In fact, we who are not with you, wish everyone of you a happy summer.

Ethel Parrott Hughes
Crafts Teacher

KINDERGARTEN

Vacation time has come and the children are glad of the relaxation and the prospects of going home for a few weeks.

We are having nice cabinets built in all of the school rooms where we can display the children's handiwork and keep materials.

We have a few new educational toys for the youngest children and prospects of more interesting and helpful plans for all.

The children have had a happy time out in the sunshine picking the pretty red strawberries and delicious garden peas.

While the cabinet was being built in our room, the teacher visited the cottages and played or read to the children. They showed her their pretty flower gardens and it reminded us of the song the children learned in Kindergarten: "The flowers bloom with sweet perfume in the children's garden. They nod and sway and seem to say, 'Dear Child, you've cared for us each day. So now we'll bloom with sweet perfume in the children's garden'."

Mrs. Dawson,
Kindergarten Teacher

MENDING ROOM

We have sixteen girls in the mending room. We do all the mending and make boys' rompers. A machine has been added to our room this month which has been a great help to us. We appreciate it a lot.

Mrs. Lee
Mending Room Matron

COTTAGE 7

We, the boys and matrons of Cottage 7, are thankful that spring is here again and that we can be out in the open after being shut in all winter.

We are all looking forward to going to the fields in a few weeks and picking strawberries and garden peas. When we speak of going to the fields, the boys think about vacation days when they can go home.

We also had an enjoyable Easter even if it did snow so we could not have an egg hunt. We had a beautiful nest with all the colorings and bunnies that go along with it.

We wish to thank Everette King's father for presenting us with a new radio, and each child with an Easter basket.—Mrs. Hudson and Miss Meadows, Matrons.

CULINARY DEPARTMENT

The spring has come in all reality now and we certainly are glad of it. This means for the dietitian a relief from the tedium of planning meals to try to give variety when there are no fresh vegetables that are grown in the spring and summer. The green peas, cabbage, spinach, and onions that have been coming in have been a great help. We realize that in the winter we have to depend on canned foods, and because of this fact, our diet is naturally restricted as is the case in all institutions with which I am acquainted. Considering this fact and our restricted budget, I think that our food is above the average for institutional food.

Our department wishes to express its sympathy to Mr. Moore in the sudden death of his sister.

Mr. Robert M. Barefoot

THE RICH MAKE WAR

. . . the Poor Pay the Cost

THOSE making war never intend to pay for that war themselves. They count confidently on being able to load the losses onto others. More wars are coming in the future—and while there is nothing we can do to stop this, it is wise to pause and calmly consider the cost, in human lives and cold cash, before and not after the blood is sacrificed and the money is wasted. It is the fashion just now for people to squeal and grumble at the high taxes which they are having to pay—although these are just a starter for what's coming. It would be infinitely more instructive if we turned history back a few pages and found out what is was that led to this ever increasing load of debt and taxes.

We are going to pass lightly over the Civil war, which cost this country four years of unspeakable strife between brother and brother, caused the sacrifice of nearly a million lives, set the nation back eight billion dollars in direct cost and far more in indirect cost through pensions, etc., and impoverished especially the states of the south for generations to come.

Now we come to the World war, which also started over an insignificant incident and which the German war-makers said would be all over in three weeks but which was destined to be the most terrible war in all history. Here again the opposing sides fought until they were both virtually exhausted. This war started during the administration of President Wilson, a Democrat. President Wilson was placed in a very difficult position. While not a pacifist, like his secretary of state, Bryan—who had to resign—he was an idealist and a lover of the human race—not a militarist. He used his best diplomacy in trying to prevent the United States from being dragged into the conflict—but it didn't work. The people never gave Wilson a mandate to get into the war, you know. On the contrary, he was elected for a second term in 1916 on the reassuring slogan: "He kept us out of war." Then—with the election safely in the bag—only six months later he declared war, thus throwing to the winds the last solemn warning of George Washington, to "avoid foreign entanglements."

Congress has dug into the history of those days, and would have gone deeper if the British government had not warned that the revelations must stop. These revelations showed that the Allies already had a secret treaty agreeing on how the spoils of the war were to be divided up. And of course the United States was to be left out. Charges have been made that President Wilson knew of this treaty, and also that he connived at the huge loans of American money which were being used to enable the Allies to continue the war. All this is also denied—but in any case the result is the same. He ought to have known about it. If he did not know about it, it merely strengthens the warnings of Washington and shows that our statesmen are no match for the Old World schemers. It was one of Wilson's ideals that he could assemble any number of contending leaders "around a conference table," redraw the map of the world and reach a satisfactory settlement of any issue, no matter how deep-seated, long-standing or far-reaching. This, of course, was a delusion. Woodrow Wilson was a "gentleman of the old school," a scion of the south, with aristocratic leanings. He loved things English so much that he even spelled the word labor in the English way—with a "u"—"Labour." In fact, he was our very first "professor of politics"—the forerunner of the long procession of "brain-trusters"—the Frankfurters, Moleys, Tugwells, Warrens, Pearsons, etc.—the collegiate theorists whose hands itch for the power to transform everything everywhere and "make America over" to conform with their scholastic dreams of perfection—and perhaps make the world over—if not the moon and the planet Mars. Woodrow Wilson was a learned scholar—in a scholarly way.

The entire man-power, industrial resources and money-power of the United States were speedily drafted to finish that war over in the Old World. The man who was selected to carry on the "selective draft" was none other than Gen. Hugh S. Johnson. The people of this country would never have responded as they did in those World war days if they had not been led to believe that they were laboring and suffering and giving their lives for a great ideal. When they had to go without heat or bread or sugar, or otherwise deny themselves, so as to buy "Liberty" bonds, they were uplifted by the promise that this was "the war to end all wars." It was, above all, "the war to make the world safe for democracy." We lost over 100,000 fine young men and brought back 300,000 wounded from this unjustifiable war in Europe. We spent 25 billion dollars, including the 10 billions or more lent to other nations. We won the war—and we got nothing but kicks—no territory, no spoils—not even common gratitude for saving them. They have welshed on their debts to us. When President Wilson assumed office the national debt of the United States was a trifle over one billion—where it had been for years. When he went out of office the debt was up nearly to 26 billions. Then it was reduced to about 16 billions at the lowest after-war point.

President Wilson insisted on dictating the peace terms—and here again his idealism was the guide. Instead of having a peace which would keep the nation from flying at one anothers' throats at the first chance they got, Wilson said it must be a "peace without victory"—a thing never heard of before. They had to humor his whim—but they did it with their tongues in their cheeks and a grim determination to double-cross this country and make us the goat. The debt which is still piling up is surely a big price to pay for "making the world safe for democracy" and mixing in a "war to end all wars" in remote lands. The price would have been too high even if the objects had been attained—but everybody knows they were not.

We are thankful to say that there was one part of the bill which the people of the United States did refuse to pay, and that was for the beautiful ticket of admission to the League of Nations. A group of patriotic Americans did prevent this nation from being inveigled into the League. If we were now in the League, Uncle Sam would be so far out on the limb that all he could do would be to dance to the tune of "Rule Britannia!"—and we would even have to pay the piper. Our people must not complain when they have to pay taxes on everything they touch. If we are going to join in anybody's and everybody's wars, we must expect to pay the price. And we should not begrudge the just dues of the soldiers who sprang to the defense of what they believed were great ideals. It was not those killed and maimed service men who were wrong. It was the leaders. Idealism which is not based on a sound foundation can be just as disastrous in its consequences as a deliberately wicked policy of rapine, conquest and murder. As the beloved Will Rogers so often said: "The United States never lost a war—and never won a conference." We didn't lose the World war—but we did lose every conference. And we should not welsh on the payment of the bills.

We will again have to pay the bulk of this debt for the World war. The poor care nothing about taxes—whether they are big or little—for they don't intend to pay for any. Poor deluded creatures—they also will have to pay. They will pay, not in income taxes or excess profits taxes or other fancy tax creations imported from the Old War, but in higher prices for everything they need. Thus, the history of our people may be all briefly condensed, as the poet said, in "the short and simple annals of the poor." It is physically impossible to have high standards of living, with debts and taxes as high as they are going to be.

If we are bound to have wars, we must be willing to pay for them.

The CASWELL NEWS

Volume 5

Number 7

"I believe all children good,
Ef they're only understood."

—*James Whitcomb Riley*

SEPTEMBER, 1940

How a Fault-Finding Little Boy Became the King's Sunbeam

LITTLE JOHNNY grumbled at breakfast and said his porridge was too thick. He grumbled at dinner because the meat was too tough. Nothing was right and everything was wrong. His favorite words throughout the day seemed to be "can't" and "shan't."

Everyone in the house was very glad when half-past seven came and Johnny went upstairs to bed. After his mother tucked him in, he lay awake thinking what an unhappy world this is and what unkind people live in it. Just then someone downstairs switched on the radio. The Sunday evening service was just beginning, and this was the hymn they were singing: "O Jesus, King, Most Wonderful." Johnny listened to the singing for a while and soon was fast asleep. But not for long, for soon he found himself awake again and in a most wonderful place. The walls shone like crystal, the floor was blue as the summer sky, and once again he heard the hymn: "O Jesus, King Most Wonderful." The singers were radiant like angels, with happy faces to match their happy song. They were gathered around a golden throne and on the steps of the throne stood the King. He was robed in white, spotless as the snow, except that just where the heart is there was a crimson stain.

When the hymn ended the King called his servants to him and sent them one by one on errands. Some were sent to cheer the lonely, some to comfort the sad, others to watch by the sick and yet others to play with little orphan children, and presently they had all gone, all except little Johnny.

And the King looked at him and said: "Johnny, I have an errand for you. There is a good, kind mother who is feeling so sad and tired, I want you to take her a sunbeam."

So Johnny went out from the palace rather puzzled, and he wondered where and how to find sunbeams. But when he got outside, the sun was shining and the little sunbeams were dancing on the grass, and Johnny had a net, something like the net you have to catch butterflies. Off he ran, as happy as could be, when, pitter-pat, pittity-pat, some one was chasing him. It was a storm, running along on its rain-drop feet, and though he ran ever so fast, it caught him up and, well you all know what happens when the storm comes, all the sunbeams die, and so Johnny's sunbeam died. He was very disappointed.

But the storm soon passed, and a rainbow arched the sky, and once again Johnny chased the dancing sunbeams and once again he caught one in his net. This time it was Night who came with her black cloud blanket and stole his sunbeam. Poor Johnny! He sat down and cried. Soon an old gentleman came along and asked what was the matter. John told him all about the King and his errand and how he had caught and lost the sunbeams, and the old man smiled and said: "You must come with me. I don't think you know what the King's sunbeams are like."

The next moment Johnny found himself in a hospital, in the children's ward, with its little white beds and cots, and away in a corner lay a little girl. She was so very ill, and yet she was smiling at the doctor who was standing by her bed, and he said to her, "Mary, you are a brave little girl," and the nurse said, "Why, doctor, we call her our little sunbeam, for she is the sunshine of the ward." Johnny was just going to call out when the old man held up a finger for him to be quiet, and whispered, "They do not know we are here." The next minute Johnny and the old man were in a very busy street, with motor cars and buses going this way and that, and on the edge of the pavement Johnny saw a man tapping the curb with a white walking stick. He was blind and afraid to cross the road. And then a little boy came along, and when he saw the blind man he ran up to him and took hold of his hand and took him safely over the road. And Johnny heard the blind man whisper, "Thank you, sunbeam."

Johnny was just about to call out again when—he woke up. He was in his own little bedroom. The light was streaming in at the window, for it was Monday morning, and he could hear mother down in the kitchen getting the breakfast ready, and as she was working she was singing to herself an old hymn which says, "Jesus wants me for a sunbeam."

Johnny said nothing about his dream, but that day he ran his errands without a grumble. He had a smile for everyone, and not once did he say "can't" or "shan't," and at night when his mother tucked him into bed she said, "Good night, mother's sunbeam;" and then Johnny knew he had run an errand for the King.

YOUR DRAWING LESSON

Draw funny question mark; then add a curly line;
A funny hump and two sharp ears, (Now aren't they just too fine?)
Next make whiskers and an eye, two hind and two fore paws;
You've drawn a squirrel with a nut clasped tight in his sharp claws.

The Caswell News

Vol. 5 - No. 7 KINSTON, N. C., SEPTEMBER, 1940 50c Per Year

In Memoriam

RESOLUTIONS OF THE ALL-STAFF

We, the members of the All-Staff Organization of Caswell Training School, wish to submit the following resolutions in an effort to express in part our love and admiration for the life of our late deceased member and co-worker, Mrs. Florence Siceloff Leonard.

Resolved, That for the twenty-six years Mrs. Leonard worked at Caswell she ranked second to none in her devotion, loyalty, and efficiency in performing her duty;

That as a friend and comrade to her fellow staff members, she was unsurpassed;

That in her dealings with the children of Caswell she was gentle, kind, and understanding;

That her love for flowers and growing things attested to her care and diligence in small matters;

She loved the beautiful in nature and longed to keep things in their natural setting.

She knew Caswell as was the privilege of few to know it; having served as head matron under the late Dr. C. B. McNairy, second superintendent of the school. At that time she was in full charge of the kitchen, dining room, canning, sewing room, laundry, buildings, and children. Often she told how they opened the School before the buildings were completed, and what a time they had with their first fifty children.

She stayed to see that fifty grow to over 750, and from two dormitories to twenty, and from about twelve employees to 120. Hers was a full and abundant life! It could truthfully be said to her, "Well done, good and true servant of the people of North Carolina."

We do furthermore resolve, That we extend to her two surviving sisters and numerous nieces and nephews our deepest love and sympathy and that a copy of these resolutions be sent to them and a copy be placed in the files of the minutes of the All-Staff records.

Respectfully submitted,
The All-Staff Organization.

* * *

IN TRIBUTE

As it must come to all of us, death came to our beloved Mrs. Leonard. The end came at 1:30 a. m., August 24, in the hospital at Caswell Training School, while anxious friends awaited nearby. Mrs. Leonard came to the School as Head Matron in 1914 when the School opened and was here when the first children were admitted. For twenty-six years she has been a loyal, devoted member of the Staff—a member whose enthusiasm and interest never waned but grew with the passing years. It is with genuine grief and a sense of irreparable loss that we pause to pay tribute to a truly great soul. Her years at Caswell have been years of service and a devotion to duty that cannot be excelled and is rarely equaled. Those of us who knew her marveled at her accomplishments and tireless energy, and the scope of her influence was amazing. So genuine, so free from guile, so unpretentious, this quiet, gracious gentlewoman added a charm and dignity to the School that will not be replaced. The School has lost its most valued employee and not only the children but her co-workers have lost a friend and confidant. She was never so weary or so busy but that she had time to listen to those who came to her for sympathy and understanding. It has been an inspiration to know her and to work with her, and it is hard to find words to express the beauty and the graciousness of her life. "Our Lavender Lady, the Sweetheart of Caswell" will walk no more among us but the influence of such a life never dies—it lives on in the lives of all who serve and love. May we indeed become a continuing part of a loyalty and a devotion to duty that have made these twenty-six years at Caswell so outstandingly worth-while. More real living has been crowded into these lovely years than one finds in a life's ordinary span. To her, duty was the "sublimest word in the English language"—this was the keynote of her full, happy life.

"We cannot say, and we will not say, That she is dead—
She is just away!

With a cheery smile and a wave of the hand,
She has wandered into an unknown land,

And left us dreaming how very fair,
It needs must be since she lingers there.

We shall think of her faring on, as dear
In the love of There as the love of Here."

S. H. Stroud - Mary Lee Utley

* * *

MRS. FLORENCE LEONARD

It is difficult to find words to express our thoughts about Mrs. Leonard. Our feeling for her is so strong that anything we say would be inadequate. However, it can be said that seldom has a person combined authorty and reasonableness in as fine a way as Mrs. Leonard did.

It was obvious to all that she enjoyed her work, enjoyed sewing, and enjoyed working in her garden. We stand in awe of her wonderful performance here, and her devotion to duty as emblematic of her, and a standard of perfection toward which all of us should strive. It has been said of her that she was happy; therefore it is to be deduced that happiness lies not with material things. but in doing one's duty willingly and without complaint. In her office is found this little verse which adequately describes her philosophy of life:

"The secret of happiness is not in doing what one likes,
But in liking what one has to do."

It was obvious to all who talked to Mrs. Leonard that she was completely happy in her work.

(Concluded on page 8)

The Heroism of Kate Shelley

TRANSCONTINENTAL passengers speeding east or west in luxurious limiteds now cross the Des Moines river, if they travel over the Chicago and Northwestern Railway, on a fine new span of stone and steel, one of the longest and highest of its kind in the west. It is situated between the towns of Boone and Ogden and at almost the exact geographic center of the state of Iowa. It has been named the Kate Shelley bridge, and while perhaps few of the transcontinental tourists know or care, it is a monument to an outstanding act of heroism of an Irish section foreman's daughter.

While the newspapers were filled with stories of the brave deed of Kate Shelley forty-six years ago, it has been made a part of the archives of the Iowa State Historical Society, and the grateful railroad company has perpetuated her name with its bands of steel and piers of stone, few of the younger generation stop today to think of what the name means.

The Shelley family lived in 1881 in a cottage beside the tracks in the valley of Honey Creek, about half a mile from the Des Moines River. It consisted of the widow and several little children of Michael J. Shelley, an immigrant from Tipperary, who had died three years before.

The family, poor and fatherless, continued to live on in the home provided for its section foreman by the railroad company, doing its best to keep the wolf from the door. Of the little flock of children, Kate, then fifteen, was the oldest.

Late in the afternoon of July 6, 1881, a violent storm swept through the Des Moines Valley. It had been raining for days, but this downpour was heavier than the rest and accompanied by terrific thunder and lightning flashes.

Honey Creek became a raging torrent. The rising waters threatened the Shelley stable half way down the slope, where the cattle had taken refuge. Kate, who had been watching the storm from a window, dashed out, let out the horse and cows to shift for themselves and rescued the little pigs.

There was no sleep for the Shelleys that night. The creek was filled with uprooted trees and fence posts and kept on rising. It must have been 11 o'clock when Kate and her mother heard the rumble of a train crossing the Des Moines river bridge.

It was a pusher engine, with a crew of four men, which helped heavy trains up the grade on either side of the river. The pusher had been ordered to run between Boone and Ogden and look out for trouble where embankments had been undermined and bridge piling loosened.

The locomotive came backing down the track to the eastward, brakeman and section foreman standing on the running board of the tender peering into the gloom, the engineer and fireman on their boxes. Kate heard the bell toll as the engine slowly went on its way, then suddenly a horrible crash and a fierce hissing of steam as the engine plunged through the broken Honey Creek bridge with its crew into twenty-five feet of rapid, swirling water.

The midnight express from the west was due in less than an hour. Against the entreaties of her mother, Kate, attired in an old skirt and jacket and straw hat, improvised a lantern by hanging a little miner's lamp in the frame of an old railroad lantern and started out into the night. Unable because of the flood to go directly to the tracks and thence to the fallen bridge, she climbed the bluff back of the house, made a semi-circular detour, struck the wagon road through a cut in the bluffs, followed it to the tracks and then ran to the broken bridge.

There she saw by the lightning flashes two men of the engine crew clinging to treetops. The other two had gone down to death with the engine. So she turned westward and hastened toward Moingona, a mile and a quarter away, to flag the express. But the long wooden bridge across the Des Moines, trembling with the rush of waters, lay between her and the village.

Kate ran, stumbled and crawled along the track in the rain and darkness, wondering if she should be caught on the bridge by the express, or if the engineer should fail to see her tiny light and rush on to destruction. The gust of wind threatened to put out the lantern every minute.

When she reached the bridge the water was swirling among the ties, almost up to the rails. She dropped to her knees and crawled slowly and laboriously over the ties, spaced far apart and studded with spikes to discourage pedestrians from using it as a short-cut.

Now and then her dress caught on a spike or gouged her flesh. Halfway across a huge tree was dashed by the current against the structure, its roots sweeping a spot where she had passed a moment before. Every minute seemed an hour, but at last she felt the solid ground beneath her. She stopped a moment to recover her breath, then set out on a run to the station, a quarter of a mile away.

How she got there she was never able to tell clearly afterward. "The girl's crazy!" she remembered hearing someone say. Then someone recognized her as Mike Shelley's daughter. The whistle of the express from the west was heard as it slowed up to enter the yards outside the town. The train, not scheduled to stop there, was flagged, and the conductor and engineer heard her story. A crew with ropes and rigging went to the rescue of the two trainmen in the tree, guided by Kate Shelley.

The excitement kept up for several days. Kate was overwhelmed with gifts from the grateful passengers on the express. Reporters came from Chicago, Des Moines, Omaha and elsewhere, and the story of her deed was flashed far and wide. Then several days later her strength gave way, the strain had been too great, and for three months was confined to her bed.

Poems were written about her and she was showered with letters in praise of her heroism. The school children of Dubuque gave her a gold medal. The Chicago Tribune raised a fund for the Shelley family. The Iowa legislature of 1882 passed an appropriation to give her a gold medal suitably inscribed and $200 in cash. A drinking fountain dedicated to her was erected in a Dubuque park. The employees of the Chicago and Northwestern presented a fine gold watch and chain to her and the company gave her a pass for life over the road. The trains always stopped to let her off at the humble cottage in which she lived until her death. The company provided for her funeral.

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Editor .....Dr. W. T. Parrott
Associate Editor .....Miss Edith Wladkowski
Associate Editor .....Mrs. Fannie Harlan
Educational Editor .....Mrs. B. S. Barnes
Business Manager .....Miss Mary L. Utley

CHILDREN

James Whitcomb Riley was expressing the hired man's opinion in this magnificent sonnet. Too, it expresses the opinion of medical men all over the world as to mental deficiency—"Ef they're only understood". That looms large. We have been passing through a long, dark night in honest, conscientious study and investigation, but rays of light have appeared all along the weary watch and each year newer bits of useful knowledge have appeared. In those cases of mental deficiency due to active infection as in syphilis, or due to other physical lesions we can apply specific treatment. For that group of morons where no specific lesion can be found, with present methods the training of aptitudes and in certain cases psychiatry has done considerable good. We still hope for the dawn of a newer day in treatment. Whether this will come by chemo-therapy, physical therapy, shock,or psychiatry we do not know, but with the tireless group of workers throughout the world success must and will surely come.—W. T. Parrott, Superintendent.

SCHOOL ITEMS

September is here again and a new school year begins the second. How nice it is to have a vacation! Many prose compositions will be given on "How I Spent the Summer".

Now we are happy to be back at school again. As one young boy put it, "I can hardly wait for school to open". We do not know what thrills and sorrows await us: some new poem to learn; added skills in reading and arithmetic to acquire; a favorite new story to discover; a happy song, a dance, a beautiful work of art; a useful accomplishment in woodwork.

The teachers have many new and interesting plans. God is so good to us to give us this beautiful land to live in; the abundant vegetables and fruits, the melons, our health and work and friends. No other children in the world today have such blessings as ours in America. We hope to learn more and appreciate our school more this year than ever before.—Mrs. Dawson.

MUSIC APPRECIATION

"A man should hear a little music, read a little poetry, and see a fine picture every day of his life, in order that worldly cares may not obliterate the sense of the beautiful which God has implanted in the human soul."—Goethe.

From the poet we are admonished to seek a personal interest in the arts for ourselves rather than read about the experiences of someone else. This is definitely true in music appreciation, as only through personal experience can the child or adult sense the beauty of music.

Through the medium of radio, phonograph records, picture shows, and concerts children hear all kinds of music. We would not attempt to suppress all inferior music but through heightened musical development lead him to sense and evaluate the qualities which make music good, better, and best.

Even realizing the complexity of the problem of overcoming the desire for inferior music, we are trying to develop in our music class a series of lessons in music appreciation. We will have only one lesson a week but will try to correlate these lessons with other lessons during the week.

It is the purpose of these lessons to provide a worthy substitute for so-called "trash" and help him to develop a love and understanding for a musical work of art as it is one of life's choicest possessions.

"There was a child went forth every day,
And the first object he looked upon, that object he became,
And that object became a part of him for the day or a certain part of the day,
Or for many years or stretching cycles of years."
(Walt Whitman)

Mrs. Raymond Askew, Music Teacher

NEWS IN COTTAGE 8

All the boys are happy that school has opened again. John wants to ask Miss Tull to let him make a pretty birdhouse. Each one has something he wants to do or tell his teacher.

All the boys in our building are happily back from vacation. Richard returned last, bringing several presents for the cottage and his friends.

We had visitors in our building. They were Bobby's parents, making our little Bobby very happy.

Miss Sugg spent several days recently at Manteo. While there she saw the pageant, "The Lost Colony". She reported having had a very enjoyable time.

Mrs. Jones returned after having a very pleasant vacation. She visited a brother in Baltimore and was also in Washington, Annapolis, and other points of interest. She also made a trip through the Blue Ridge Mountains, Shenandoah Valley, and by way of the Skyline Drive.—Mrs. J. L. Jones and Miss Annie Mae Sugg, Matrons.

NEWS IN COTTAGE 7

With vacation days over, we are glad to welcome back all the boys that have been away. Milton and Wendell came back yesterday and Rufus came back today with a delicious box of candy for everyone. All of us appreciate the treats that are presented to us here at Caswell.

Milton Holton was given a birthday party by his mother last month. Cake, candy and lemonade were served. The boys also gave a nice wiener roast down at Camp Register this summer.

Mrs. Hudson and Miss Meadows spent their vacation at home.—Mrs. Hudson and Miss Meadows, Matrons.

HOME OF THE PUEBLO INDIAN

PERCHED high on their mesas in the colorful "land of little rain," the Hopi village of Walpi and the Keresan village of Acoma are probably the most picturesque and oldest occupied towns in North America. These, with Zuni and the other Pueblos of northern Arizona and New Mexico, gave rise to the Mexican legend of the "Seven Cities of Cibola." It was this tale that led to their discovery in 1540 by the Spanish expedition of Coronado and, a year later, led indirectly to the death of the conqueror of Guatemala, Alvarado, as he sailed north from Salvador for Cibola! Compared to the great Aztec and Mayan cities to the south, the Pueblos of the north were small affairs, but they were and still are remarkable in many ways, and a visit to them would prove very interesting.

In the 26 surviving pueblos of the southwestern United States are congregated the remnants of an advanced Indian people whose domain formerly extended from north-central Utah and eastern Nevada, south to northern Mexico. The Pueblo Indians are a composite people, different Pueblos speaking different languages, but they held in common an economy basked on skillful agriculture and an elaborate religious and ceremonial life. Despite centuries of Spanish and American domination, they still cling to both of these at the present time. The American traveler who visits the Hopi, Zuni, Acoma, or Rio Grande Pueblos near Santa Fe can today see authentic Indian corn dances and rain-bringing ceremonies that were ancient in the time of Columbus.

Change has come to the Pueblos, it is true. They are too intelligent a people not to take over certain convenient features of modern life, but they have been very slow and cautious in their choice. Their habitations, their skillful methods of raising corn in an arid country, and their highly developed religion are the products of an unique and long-occupied environment, and to these they still cling. Being farmers and town dwellers, they long ago developed the arts of weaving cotton and making beautiful pottery. These ancient and modern Pueblo handicrafts are today one of the most unique American artistic achievements. More than any other people, the Pueblo Indians have furnished that peculiar charm and interest which time and again draws the perceptive visitor back to the southwestern United States.

Pueblo religious life centers around two fundamental ideas, procuring rain that the life-giving corn may grow, and curing ceremonials for the sick. Of the first type are the so-called corn or rain dances, of which the great August ceremony at Santa Domingo is world famous as an example of group costuming and soul-stirring rhythmic dancing. Equally famous is the Hopi Snake Dance, in which members of the various secret societies dance with live rattlesnakes in their mouths. Important in Pueblo mythology are a vast number of gods and other mythical beings who are impersonated at various ceremonies by masked dancers called kachinas. The well-known kachina dolls are replicas of these mythological figures which are believed to return to earth during the ceremonies. Most sacred of all Pueblo objects are the corn ear or stone animal fetishes which, as gifts of the gods to mankind, give supernatural powers to priests and societies. Equally interesting is the social organization of the western Pueblos, where descent is in the mother's line. Women own the houses, and husbands live at their wives' homes as guests rather than as masters of the household.

Excavation in ancient pueblo ruins has traced the history of these peoples back as far as 500 A. D. By correlating the tree-ring growth recorded in historic and prehistoric house beams it has proved possible to give actual dates for these ruins. Southwestern archeology can now demonstrate the development of Pueblo life from the small, scattered villages of basket maker times, through the great period of huge, communal Pueblos (such as Pueblo Bonito), up to the gradual retraction of Pueblo territory prior to the Conquest. This, however, is a story in itself and can only be mentioned here. Truly the Pueblo Indians are a fascinating people with a fascinating past.

COULD WE REMEMBER

TO BEGIN our kindly interest in folks and not wait for stated occasions;

When thoughts of others come to us, take a moment to think with them;

That most of us quit when there is little or no occasion;

That we are never down and out until we think we are and often not then;

The world peace must also begin at home;

That ill-will at the heart injures the ill-willer;

That a bit of early self-discipline pays marvelous dividends down through the decades;

That what this old world needs isn't "a good five cent cigar" but a shout of cheer now and then that will ring, sing and echo round the jolly old globe;

That a little less scolding for child and adult and a little more "keep on, you're doing a lot better";

That it is largely as a man thinketh, and that an attitude of gratitude and great expectancy while on the present job will in due season fill our cup with just about everything we need;

That in spite of fire, flood and thunder blast, Nature has not ceased her healing and rejuvenating and right now is originating and co-operating on a program of splendor and beauty for next year;

That while human beings are not yet free of prejudice and suspicion, there is still a light in the eye of the aged, a smile on the face of a child, and faith at the heart.

COTTAGE 1

We are so glad to welcome cooler weather so we can go for long walks again. We have missed our trips through the woods.

The girls have been busy canning beans, tomatoes, and pumpkins. They enjoyed the work very much.

They saved their money and were taken to Mr. Calhoun's store where each was served a pint of delicious ice cream. They then came back to the picture show. All had a lovely time.

Several of the children went home on vacation. All of them are back for school except Jacqueline and she will be back in a few days. One child said she was glad to be back for she had been lonesome for the other children. They like to go home but are always glad to get back.

Mrs. Happer and Mrs. Philyaw enjoyed their vacations. Mrs. Happer spent her vacation at Carolina Beach and Mrs. Philyaw at home.—Mrs. Happer and Mrs. Philyaw, Matrons.

———o———

COTTAGE 2

The girls in Cottage 2 are very happy as the school opened and they are singing the songs they enjoyed last year.

Mrs. Zimmerman is working in Cottage 2 as matron for the present. We bid her a hearty welcome and wish her great luck.—Miss Sutton and Mrs. Zimmerman, Matrons.

———o———

POLLOCK A

Marvin has returned after spending the summer with his mother in Aberdeen.

Royal, who has spent the summer with his parents in Morganton, returned Thursday.

Frank and Colon attended the ball game in Kinston, Saturday night.

Rufus is spending some time with his parents in High Point.

Reginald spent the past weekend with his grandmother.

Walter recently made a brief trip to Charlotte.

Shufford spent two weeks in Booneville with his parents.

Thomas has returned after spending the summer in Durham with his grandmother.

Mrs. Mary Dillion of Swanquarter visited William and Felton a short time ago.

Rudolph spent a short time in Durham, at the home of his parents.

George's aunt and brother visited him a short time the past week.

Charles has returned from Huntersville where he spent a month with his parents. He was accompanied back by Mr. Black and Miss Black.

Walter spent his vacation in New Bern with his sister.

Henry spent two weeks with his mother in Pintown.

Ben returned Saturday from Snow Hill where he spent the summer.

Mrs. Osborne paid Wiley a visit the past week.

Shufford, Hugh and Colon attended a party at Emma Webb playground Thursday night.—Mrs. Hill, Matron.

POLLOCK B

Now that most of the boys are back after their vacations and school has opened again, we hope to have the most successful year we have ever had here at Caswell. All who went home during the summer reported a very good time. They are always glad to go home or have someone visit them. It makes us happy to know someone is interested in them.

Lennox and Earl still receive boxes from home, and are always happy to get them.

We regret very much the death of Mr. Gray and wish to express our sympathy to Mrs. Gray and her children.

Everyone is glad that Mr. Powell is out again and hope Mrs. Justice will soon be well and back with us.

We all wish Mr. and Mrs. Carter much happiness in their married life.—Mrs. Potter and Mr. Taylor, Matron and Attendant.

———o———

AUSTIN BUILDING

Vacation time is over and most of our girls have returned to take up their respective duties which are almost as varied as the color in Jacob's coat.

I spent the first week of my vacation at home in Duplin County. Then I with two of my friends went to the mountains in the western part of North Carolina. Some of the places of interest which we visited were: Blowing Rock, Daniel Boone's Trail, Newfoundland Gap in the Cherokee Indian Reservation, Clingman's Dome, the Appalachian Trail, and Chimney Rock. The Rhododendrons were still blooming and the scenic beauty that we enjoyed is indescribable.—Mrs. Parker, Matron.

———o———

OUR WORK IN COTTAGE 3

We have been very busy for the past two weeks trying to make improvements in the building. We are looking forward to the visit of our inspector, Miss Surles, who gave us some good suggestions on how to improve the appearance of our building and yard. All of our nineteen girls take much interest in this work. They are also glad to be back in school.

We wish to express our deepest sympathy to friends and relatives of Mrs. Leonard, Mr. Gray and Miss Stroud in their recent losses.—Misses Sutton and Scott.

———o———

COTTAGE 6

Everyone at Cottage 6 has been very busy lately cleaning the building and getting ready for inspection.

We are very happy to have Mr. Powell back with us after his three days of being sick in the hospital.

Most of the boys who had been home have returned—Harry Broughton, Freddie Smith, Billie Theofield and Roscoe Andrews. They have reported a nice vacation.

Wayne Hall, Paul Smith and John Henry Russell are in the hospital but we hope they will soon be well.—Mrs. Powell.

In Memoriam

(Concluded from page 3)

There was a wholesome determination of purpose, and firmness of character about her that discouraged frivolity; yet she had an unsurpassed sense of humor.

The children have lost a great friend and the institution has lost both a great friend and an excellent administrative officer.

Matrons of the Laundry and Sewing Room

Mrs. Fisher Mrs. Lee
Mrs. Parrish Mrs. Taylor
Mrs. Stokes

* * *

For twenty-two years, Mrs. Leonard and I were neighbors both physically and spiritually. We shared our personal sorrows and pleasures, and found great satisfaction in our association together.

She will have a successor, but I feel that no one can be found who can fill her place in our hearts and lives.

I wish to take this opportunity to express my deepest sympathy to the family, and to express my feeling of great personal loss at her passing.

Miss Lou Sessoms

JUNIOR WARD

Our little children at the Junior Ward are enjoying this nice weather. They stay out in the sunshine all day and when night comes they are all tired and sleepy. Paul's mother came to see him last week. Mr. and Mrs. Sawyer came to see Bruce. Betty Stevens' sister visited her and they all brought candy and fruit and pretty clothes. One of our matrons, Mrs. Reid, is on her vacation and Mrs. Justice is in the hospital. We hope she will soon recover. We all miss her very much.—Mrs. Carter, Matron.

—o—

Any activity that draws a child from his own family and gives him a wrong sense of values so that he depreciates the strong points of his own home and his normal associates may be well-meaning, but it is not helpful in strengthing the depth, the power and the beauty of family affection and family life.

—o—

Banish your fears, cultivate hope and speak well of an absent friend.

—o—

Start the day with a smile and end it with a sound sleep.

A hustler is all right if he knows where he's going.

BROAD MINDS VS. SMALL MINDS

SMALL-MINDED people are denunciatory and inflammatory in their speech. Broad-minded people are restrained and conservative.

Small-minded people see little good in those who disagree with them. Broad-minded people see some good in everybody.

Small-minded people are often very much concerned about other persons' business. Broad-minded people ignore it.

Small-minded people are envious of those who do well. Broad-minded people are merely ambitious to do well without being envious of those who achieve it.

Small-minded people exaggerate the little they do know. Broad-minded people realize how little, relatively, anybody knows.

Small-minded people scoff at knowledge and culture. Broad-minded people realize the value of acquiring both.

Small-minded people are unduly suspicious of other persons' motives. Broad-minded persons are inclined to give others the benefit of the doubt.

Small-minded people usually talk a great deal without thinking. Broad-minded people usually think a great deal without talking.

Small-minded people think filth, talk filth and read filth. Broad-minded people regard filth as filth, whether actual or figurative.

Small-minded people think they are always right. Broad-minded persons know how easy it is to be wrong.

Small-minded people are constantly sitting in judgment upon others. Broad-minded persons are content for others to sit in judgment upon them.

Small-minded people form an opinion from insufficient information. Broad-minded people weigh calmly all the facts before reaching a conclusion.

Small-minded people think they are more important than they are. Broad-minded people are more important than they think they are.

Which are you—small-minded or broad-minded?

—o—

GOODNESS

Goodness stands at the top of all the virtues, although it cannot be distinguished from other attributes in definite terms. It not only includes such virtues as sincerity, kindness and amiability, but also adds something which makes it outstanding and universal in its appeal to people. It is the quality which the individual himself desires and which he wants other people to possess as well. The man who is good does not look on the world as a field for exploitation, but seeks to attain for himself the qualities of co-operation and kindness which he would wish to see attained by humanity in general.

The idea has often been expressed that at some time or other during life a person must go wrong in order to learn the significance of goodness. The wealth of knowledge gained by a good person, however, is just as great as that gained by one who has seen life through a variety of experiences. Attaining goodness through trying the bad is as unsound a theory as that of atttaining good health through suffering terrible sickness.—Shailer Mathews.

The CASWELL NEWS

Volume 5

Number 8

"Let us endeavor so to live that when we come to die even the undertaker will be sorry."

—Mark Twain

OCTOBER, 1940

THE CHILDREN'S Department

THE WALKING STICK

TWO friends, Robert and Burton, were spending an autumn day in the woods. In Robert's haversack were a paper folder, a small tin box and his lunch.

Burton had his lunch and a box with holes in the top. He planned to make a collection of moths and butterflies.

Robert found many trees from which he cut twigs and put them in his box. Then he picked some fresh, shapely leaves and laid them between the folder pages.

Burton walked about, looking for moths. Whenever he saw one he ran after it and tried to catch it. But more often than not the moth would fly safely away and Burton would have to watch for another.

After this had happened many times he sat down to rest under a tree.

"I'd rather collect beetles, anyway," he said. "Tell me every time you see one, won't you?"

"Yes," replied Robert. "And every new tree you see, you tell me."

They went on and on. But there seemed to be only the same kinds of trees everywhere, and all the bugs were either cleaning their basements or trying out new aeroplanes. There were none at all on the ground.

"I wonder how many specimens I have," said Robert.

He laid them all out and counted them. There were fifteen twigs.

Burton's box contained one little yellow moth, one bumble bee and one lady-bug who wanted to fly away home.

"I guess I will go by the stream. Maybe I can find water beetles," said Burton.

So they started collecting again. Burton was stooping over the stream watching a water spider skating over the smooth surface when he heard Robert call.

"Oh, Burt, come here!"

"See here!" he exclaimed, as Burton came near. "Is this for your collection or mine?"

"What, that little stick? You can have it. I don't want it, I am sure."

"Wait a minute. Look!"

Robert touched a small brown twig on the stick he was holding. The twig put out four spidery legs and walked slowly down the stick!

Burton stared as though he could not believe his eyes.

"Let's take it home and ask Uncle Hal about it," proposed Burton. "Put it in the box carefully so it will not break."

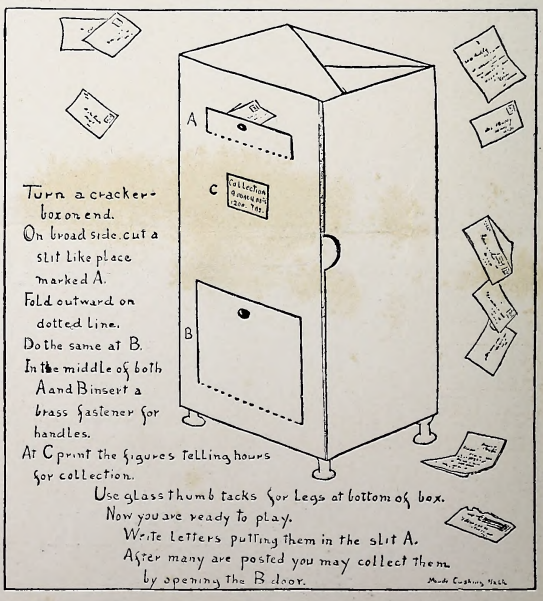
The boys did no more collecting. They talked only about the strange stick that walked. That night they showed it to Uncle Hal.

"Oh, so you found a walking stick, did you?" he said, when they opened the box.

Then he told the boys how every living thing, even the smallest, is given some way of protecting itself against others.

"The elephant has its size, the lion his strength and the cat has claws. This tiny insect does not have to fight. It wants only to hide from birds and small animals. So Nature has given it this very strange form so that it can hide even when it is in plain sight. You see it stand with its fore legs stretched out straight in front and its brown, jointed body looks so much like a part of the oak twig that you can scarcely tell that it is not really a twig. It is commonly called the 'walking stick' and surely you were very lucky to find it."

The boys thought so, too.


A
C
B
Collection of Insects
Turn a cracker-box on end.
On broad side cut a slit like place marked A.
Fold outward on dotted line.
Do the same at B.
In the middle of both A and B insert a brass fastener for handles.
At C print the figures telling hours for collection.
Use glass thumb tacks for legs at bottom of box.
Now you are ready to play.
Write letters putting them in the slit A.
After many are posted you may collect them by opening the B door.

The Caswell News

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RESOLUTIONS TO MRS. BERTHA FOWLER JUSTICE

As a fitting tribute to the memory of one who has "labored without ceasing," we pause to bow our heads and hearts to the unselfish life of our late departed co-worker and friend, Mrs. Bertha Fowler Justice, a matron at Caswell Training School for 14 years; and as an organization, we, the All-Staff of Caswell Training School, wish to offer the following resolutions in part to express our admiration and love for her life and influence.

Be it resolved that:

Her undying love for her husband; her sublime faith in our Heavenly Father; her love and understanding for the children at Caswell; her devotion to her family especially her two brothers; her readiness to help all suffering humanity; her spirit of fair play; her gentle smile of encouragement, and her unwavering stand for truthfulness and the Bible, makes us say a real Christian lady has passed to her reward! Well do we realize Caswell has lost a most valuable worker and staunch friend. Her entire life pattern has been one of goodness, gentleness, and thoughtfulness. Never was a task too lowly, too hard, or too repulsive to have her shirk it. Her honest love for her little charges is still a marvel to those who knew her. Her life is a shining example for others to follow, for well do we need people of character, love, sympathy, and understanding.

We do further resolve, that we extend to her husband, her brothers, her grandmother, and her aunts our deepest love and sympathy and that a copy of these resolutions be sent to them and a copy be placed in the files of the minutes of the All-Staff records.

Respectfully submitted,

The All-Staff Committee

RESOLUTIONS TO MR. W. C. GRAY

We, the members of the All-Staff Organization of Caswell Training School, wish to submit the following resolutions to express our love and appreciation for the services and life of our late member and friend, Mr. W. C. Gray.

Resolved, that as an employee of Caswell, Mr. Gray was loyal and true; that for the 17 years he labored at the school he had made a host of friends with employees and children. His presence will be greatly missed on the campus.

That as a father and husband he was an outstanding example of love and devotion. He devotedly loved his wife, his home, and his children. He never ceased to practice the virtues of a true husband and father.

As a citizen his worth was attested by being a member of the American Legion. He saw service overseas in the first World War and was buried with military honors in Maplewood Cemetery by the local post.

To his grief-stricken wife and his five children we extend our deepest sympathy and love, passing on to them the sublime truth that our Heaven Father never allows us to have a sorrow we cannot bear nor that time cannot heal.

We do furthermore resolve that a copy of these resolutions be sent to his beloved wife and a copy be placed in the files of our organization.

Respectfully submitted,

The All-Staff Committee

IN TRIBUTE TO MRS. B. M. JUSTICE AND MR. WILLIAM GRAY

Mrs. Justice was a member of our staff for 14 years. A "good woman" we all found her to be. She loved her work and in turn she was loved by all the children and those who worked with her.

We always found her on the alert and doing something kind and good for the children and her co-workers.

Regardless of what came up, one could not look at Mrs. Justice and not see a smile. That is the way we wish to remember her.

Mr. Gray was connected with this school for 17 years and was liked by all of the children and those who knew him. We found him to be a loyal man to Caswell. He was always ready and willing to do his work.

At this time I wish to take the opportunity of expressing my deepest sympathy to their bereaved families.

Miss Lou Sessoms

IN MEMORIAM

It is difficult for me to try to express my thoughts of my friend, Mrs. Bertha Justice, as she was always such a dear friend to me. She was a Christian always and ready to give us a smile to help cheer us when we were sad and blue. I will miss and love her always. She is just asleep.

"Sleep on, beloved, and take thy rest
God has called thee home
He thought it best."

Mrs. Emma Grady

From the Depths of Slavery *to . . . Phillis Wheatley*

THE SLAVE trade was such a lucrative business in the seventeenth century that Rhode Island, "the greatest slave-trading state in America, built 103 slave ships in the decade from 1698 to 1708, and in 1770 this state alone had 150 ships engaged in the slave trade." Weatherford, who states these facts in his interesting book, "The Negro from Africa to America," also tells us that many of the slave ships carried rum to Africa which was exchanged for a cargo of slaves. One of the shrewd slave-traders of Rhode Island gave these instructions to his captain: "Warter yr rum as much as possible and sell as much by short mesuer as you can."

In 1761 a slave ship from Senegal, West Africa, entered the harbor of Boston. We do not know whether that particular cargo of slaves had been procured by the barter of "short-measure, watered rum," but we do know that among those children of the Dark Continent there was a little girl about eight years old. She was not an attractive object—with her dirty face and unkempt hair; but there was something about the brightness of the eye that caused a good woman who desired to secure a servant to purchase her.

It was not with the covetous spirit of the unfeeling slave trader that Mrs. John Wheatley bought this child. Mrs. Wheatley was a woman of refinement and of a religious turn of mind. While the child was to be trained as a useful servant of the household, her mistress felt a responsibility for her education and religious training. The child proved to be unusually bright and quick to learn. In a little more than a year she was able to read the most difficult parts of the scriptures fluently. She was encouraged in her love of books and given opportunity to continue her studies until she could read some of the Latin classics—especially Virgil and Ovid. Pope's translation of Homer was her favorite English classic. She showed some gifts for verse making and when only fourteen years old wrote these lines:

'Twas mercy brought me from my pagan land,
Taught my benighted soul to understand
That there's a God—that there's a Savior too:
Once I redemption neither sought nor knew,
Some view our sable race with scornful eye—
"Their color is a diabolic dye."
Remember Christians, Negroes black as Cain
May be refined and join th' angelic strain.

That is not great poetry, of course; but just think of it from a child only six years out of the African jungles! Phillis Wheatley was highly esteemed by many of the prominent families of Boston for her lovable disposition and her unusual talents. She wrote a poem complimentary to George Washington in 1775, during the siege of Boston. On receipt of the poem, Washington wrote her: "I thank you most sincerely for your polite notice of me, in the elegant lines you enclosed; and however undeserving I may be of such encomium and panegyric, the style and manner exhibit a striking proof of your poetical talents, in honor of which and as a tribute justly due to you, I would have published the poem, had I not been apprehensive that while I only meant to give the world this new instance of your genius, I might have incurred the imputation of vanity." Washington invited her to visit him at his headquarters at Cambridge, and she was received with marked courtesy by the general and his officers.

Phillis Wheatley is not included among our great poets, but when Edmund Clarence Stedman published his "Library of American Literature," he included her poem on Imagination:

Imagination! Who can sing thy force?
Or who describe the swiftness of thy course?
Soaring through air to find the bright abode,
Th' empyreal palace of the thundering God,
We on thy pinions can surpass the wind,
And leave the rolling universe behind:
From star to star the mental optics rove,
Measure the skies, and range the realms above;
There in one view we grasp the mighty whole,
Or with new worlds amaze th' unbounded soul.

Phillis Wheatley was most fortunate in finding her home in the Wheatley family. Like many other Negroes brought up as slaves, she responded to the high ideals set before her. Writing of the death of her mistress, she said:

"I have lately met with a great trial in the death of my mistress; let us imagine the loss of a parent, sister or brother, the tenderness of all were united in her. I was a poor little outcast and a stranger when she took me in; not only into her house, but I presently became a sharer in her most tender affections. I was treated by her more like her child than her servant; no opportunity was left unimproved of giving me the best of advice; but in terms how tender! how engaging! This I hope ever to keep in remembrance. Her exemplary life was a greater monitor than all her precepts and instructions. To alleviate our sorrows we had the satisfaction to see her depart in inexpressible raptures, earnest longings, and impatient thirstings for the upper courts of the Lord."

Speaking of Phillis Wheatley, in his book, "The Negro in Literature and Art," Brawley says:

"Hers was a great soul. Her ambition knew no bounds, her thirst for knowledge was insatiable, and she triumphed over the most adverse circumstances. A child of the wilderness and a slave, by her grace and culture she satisfied the conventionalities of Boston and of England. Her brilliant conversation was equaled only by her modest demeanor. Everything about her was refined. More and more as one studies her life he becomes aware of her sterling Christian character. In a dark day she caught a glimpse of the eternal light, and it was meet that the first Negro woman in American literature should be one of unerring piety and the highest of literary ideals."

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Editor ..... Dr. W. T. Parrott
Associate Editor ..... Miss Edith Wladkowski
Associate Editor ..... Mrs. Fannie Harlan
Educational Editor ..... Mrs. B. S. Barnes
Business Manager ..... Miss Mary L. Utley

CRITICISM

We welcome it at Caswell. It is a yeast that starts improvement. Just as soon as criticism starts it is like fermentation and leavening of bread. We invite the general public to let us know of anything they think will improve Caswell. Too, we like to know of anything that is not acceptable. We have a staff meeting of the department heads every Friday at 10 o'clock, at which consultations are held for the purpose of eliminating objectionable things and adding those of value. Then, once a month, a general meeting of the entire corps of 118 employees is held, where things are threshed out. A "kick box" is maintained in the Superintendent's office, where any employee is urged to deposit notes of criticism, especially objections and suggestions of any kind. No signature is required or desired. The box is opened and the notes read at the monthly meeting. We have gained much value from this. It has settled many problems, and added much of value to the institution. I would like to extend the "kick box" service to any one of the three and one-half million people in North Carolina. It is their institution.

W. T. Parrott, M. D.

FROM THE SCHOOL DEPARTMENT

Each year with the opening of school, both teachers and pupils return refreshed from our vacation. All have new plans and a resolute determination to carry them out. The carpentry work, which is now being taught not only in the craft room, but also in the Kindergarten, Primary, and Intermediate departments, is rapidly growing in popularity. At the suggestion of Mrs. Barnes and Miss Wladkowski, the four departments are working as one in an effort to supply the cottages with some of their needs. The kindergarten is making bright-colored building blocks. The primary and intermediate departments are making wooden toys, tables, benches, and towel racks. Eighteen towel racks have been made and placed in the cottages. The craft room is making dressing tables which are very attractive with their cretonne drapes. This type of work will be carried on throughout the year, as needs are presented to the school and material is available.

Mrs. Mark Hill

WONDER AND BEAUTY IN THE INSECT WORLD

The school department at Caswell has found that the study of nature and the out-of-doors is very wholesome and beneficial. One year, wild flowers were studied; the following year, birds of the south; and last year, trees, with emphasis on our local trees. This year we have chosen insects as our topic of study. The children gave it a good send-off, bringing in spiders, moths, worms, and other creeping things.

We find that the life and habits of insects are amazing, interesting, and sometimes so human as to be amusing. Their lives are purposeful and well organized. Earth, air and water are teeming with living creatures. Small as they are, many too small for the naked eye to see, they make themselves felt and heard. Did you ever pause on a quiet autumn evening and listen to the myriad sounds they make?

Insects are prolific. Their tribes increase sometimes mightily; so much so that we wonder sometimes whether they will not eventually get the upper hand and take everything. Happily though, mother nature keeps things pretty well balanced. Many kinds of insects live upon other insects, and birds, we find, help us by devouring millions upon millions of them. Even at that, man must fight and use scientific means of destroying harmful insects so that we may have fruit, grain, and vegetables.

We propose to learn something about which insects are harmful to man and why, and which are of value and why. Each group in school is studying insects in their own way. The advanced group studied bees first, which are very beneficial. Some of the children had never seen or tasted honey. Honey in the comb was brought for them to see and eat.

We found that bees are so intelligent and industrious that only the ants can compare with them; so we studied ants next. The spiders claimed our attention partly because they are so in evidence at this season of the year and partly because Madge had found such marvelous pictures of them in the National Geographic. We found that bees have been enjoying air-conditioned houses for centuries, that ants keep milk cows, plant gardens, have large apartment houses and employ millers to grind their grain. One kind of spider, we learn, have long been aviators. They build balloons and fly long distances with the trade winds.

Next we expect to find out something about moths and butterflies. Someone with a poetic turn of mind has said that "Butterflies are flowers with wings". To the Greeks, they were emblems of the soul and were associated with psyche. They are indeed interesting and beautiful creatures. We are going to try painting some of them. We mean to get out of doors while the weather is fine and capture some specimens. This study of insects is fascinating business. It opens new windows through which we can see and enjoy life.

Ethel Parrott Hughes, Crafts Teacher

INTERIOR DECORATING

A couple of weeks ago a meeting was held in the auditorium. The purpose was for each individual to discuss the building in which he was working and find out how improvements could be made. Some agreed that embroidering scarfs, napkins, and other things would add much toward the attractiveness of the building.

We began gathering materials for the project. Della, Jean, Opree, and Bernice began embroidering and at the present three scarfs are practically completed.

Misses Scott and Sutton, Matrons, Cottage 3

HOW HABITS ARE FORMED

ANY one who has gotten along sufficiently far in life to know what a battle may be set up when it becomes necessary to change some habit or other, will be interested in knowing something of the facts concerning habits and their formation.

A fellow cannot be separated from his habits—he is the sum of them. You cannot find a healthy boy of unhealthy habits, nor an honest boy of dishonest habits. It is infinitely easier to establish good habits to start with than to form mad ones first and later have to dis-establish them before good ones can be set up.

The habit of doing a thing is formed simply by doing it. A fellow has the habit of clean speech, for instance, because he always uses clean speech—consequently there is no room for the other kind. A boy of healthy habits is one who does healthy things—breathes fresh air, keeps himself clean inside and out, exercises and eats and drinks sensibly. Let him replace any one of these with its opposite, and he is developing an unhealthy habit.

There are fortunate individuals in the world to whom it seems to be natural to always do the right thing without even thinking about it. They are the sort of people who can fall into the river or walk in the rain and not get wet. Most of us are not like that—we have to keep an eye on ourselves to see that we are not falling into some fool habit or other that will cause us trouble one day.

The matter of changing bad habits for good ones is likely to be difficult, unless we have some quite clear-cut information about it. For instance, a fellow tries to correct some habit that he concludes is not a good one, and because the thing is a habit, he finds himself falling into it again and again and concludes he cannot change it. As a matter of fact, every effort made toward breaking a habit weakens the habit. Keeping on trying to break it must eventually kill that habit. Especially is this so if the new habit be constantly kept in mind—finally there is no room or toleration for the old one.

There are two ways of forming good habits to replace bad ones. Some fellows can cut a habit out at once and be done with it. Others have to kill a thing an inch at a time, fighting every step.

The first is the better way—where it can be done. Some one has said that if you take off the beginning of "habit" you have "a bit" left, if you cut it down again the "bit" is still there. Paring further still "it" remains—so the sure way is to make a clean sweep of the whole affair to start with.

All said and done, the way to good habits is just to do good things and keep on. He that doeth shall have power!

AMERICAN HISTORY PUZZLE PICTURE

The battle of Manila, May 1, 1898. Early in the morning the American fleet entered Manila bay and by noon had defeated the Spanish fleet. Find a sailor.

SLOPPING OVER

There are men who slop over socially, religiously, and even commercially. Of all the tiresome fools deliver us from the fellow who goes about slapping people on the back, calling everybody "old fellow," and wanting to kiss everything from the baby to the devil. Keep your eye on the man whose tears and smiles are always on top. There are people who can weep by the bucket whom it wouldn't be safe to trust with a watch key, not to speak of the watch. There are men who slop over with religion, and let their wives shovel snow or split kindling while they talk holiness or foreign missions till they can't spit. His tale of weal or woe, must be delivered and with an amount of shallow egotism that is tiresome. Be slow to give or receive confidences. Beware of slopping over. There is plenty of scope for earnestness and enthusiasm in this world, but don't peddle or hawk your feelings or views up and down every back street. "A fool uttereth all his mind, but the wise keep it in till afterward."

GO ON, THEN!

What the world admires is action; it loves a hero. It is recorded that when the noted artist, Michael Angelo, first beheld the statue of the old Roman Emperor, Marcus Aurelius, standing in a piazza in Rome, a very striking work of art, life-like and eager, every contour of the horse and rider betokening electric action, he cried out in his enthusiasm: "Go on then! Go on!"

A FAITHFUL WORKER

From time to time, articles have been written about several of the inmates here in our institution, but at this time I wish to pay tribute to one who has been a faithful worker and a very conscientious one in her work. For years she has worked reliably as girl-helper in the hospital department, and she is certainly by far one of the hardest workers among the student body in our school.

I wish to mention and commend no other than Beulah Brown. Beulah is a hard worker and she does not mind it. The nurses attend strictly to all diets in the diet kitchen of the hospital department and Beulah washes the dishes and keeps the diet kitchen clean and "spic and span" at all times. Very early in the mornings she can be seen coming to the diet kitchen singing, with a smile on her face, and she always has a smile for everyone.

Not only does Beulah work in the diet kitchen, but she is always willing to work and go wherever she is called. Surely one who works so faithfully, and for so many years, truly deserves praise.

Miss Phillips, Nurse

COTTAGE 1

The children in Cottage 1 enjoyed a weiner roast at Camp Register last Friday.

They are busy making table scarfs for their cottage. They seem to take more interest when they know it is for their buildings. Each one is trying to make hers a little better than the other one.

Betty Jean celebrated her birthday last Monday. She received a beautiful ice cream cake through the mail. The children sang "Happy Birthday, Betty". They were then served ice cream.

Mrs. Happer and Mrs. Philyaw, Matrons

COTTAGE 2

The girls from Cottage 2 are enjoying school. They are making dish towels and table napkins for their cottage, and are very proud of their needle work.

Mattie Lamm's father and sister visited her Sunday, bringing candy and other good things to eat.

The girls from Cottage 2 were given candy for keeping their tables clean and neat, and also for good table manners.

Mrs. E. K. Zimmerman and
Miss Pat Sutton, Matrons

COTTAGE 4

During the past month, several of our children have been placed in another building. We miss them very much, but they came back for a visit several times a week. They are always welcome.

We also welcome the new children that have been placd in our building. Everyone is happy.

Mrs. Gray and Miss Wagstaff, Matrons

WOOTEN B

School days are here again and all the girls but one are back from vacation. With school has come the cool autumn weather. The girls have gone to the dressing room and brought out sweaters and coats to be cleaned in preparation for colder weather.

Everyone seems busy with sewing lately. Although some of the girls did needle work all during the summer, others are now embroidering pretty luncheon sets, dresser scarfs, table spreads, napkins, and other things given to them by the Crafts Department. Miss Wladkowski suggested that those who cannot attend school and must remain in their buildings be given handiwork to do. Mrs. Barnes sent us the necessary materials for table spreads and box covers. Each girl seems to be particularly interested in making things that she knows will be used to beautify her own building.

The boys invited their girl friends to a weiner roast Saturday night, and the girls certainly did enjoy the fun and the weiners. It was somewhat cool, but the big bonfire kept the crowd warm enough. The girls came back to the building as happy as larks.

We all try to stay as happy over here as we can, because we realize other people enjoy being around us more. We want visitors to be welcome and to enjoy coming to see us.

Eunice Mae Smith, Matron

AUSTIN B BUILDING

Vacations are over in our building. Miss Thomas returned from hers last week, but when she did return she was Mrs. Woodrow Carter. We wish for them many years of happiness together. Most of our girls have returned from their vacation since school has started. We are always glad when the teachers get back. Thanks to Mrs. Barnes and Mrs. Hughes for helping us with scarfs and dressing tables for our building.

Miss Helen Skinner joined our staff the first of August and she is a matron in our building. We think she is grand and hope she likes working with us.

Mrs. Holloman, Matron

WOOTEN A BUILDING

We are glad to see the cool weather because it peps us up and we begin to settle down to our school work. The girls in Wooten A go to school and a good many have learned to do real nice embroidering.

Flossie has come to live with us and we hope she likes us. She has improved a great deal. Her brothers and sisters came to see her a few days ago and they brought her some pretty shoes and other clothes.

Our little Effie went for a short ride Sunday. She was very pleased.

Mrs. Dickerson, Matron

COTTAGE 8

Our boys are all back in school, and are very happy in their school work. We are thankful that Joe, Allen, and Odell are able to be back from the hospital. Mrs. Jones and Mrs. Howard, of Washington, North Carolina, came recently to visit Arie. Mrs. Cherrie, of Goldsboro, came to visit J. D. last week. Mrs. Sugg is away on her vacation. We wish her a very pleasant time.

Mrs. Sugg and Mrs. Jones, Matrons

AUSTIN A BUILDING

With vacation time over, most of the children have returned. Since school has started, we hope to have something that the children who stay in the building can do. There has been a line of work started and we hope it will prove successful.

Helene Skinner, Matron

Interesting . . . Bits of . . . FACTS *and* HUMOR

A HICK TOWN IS A PLACE—

Where they turn over the checkerboard to play backgammon.

Where the natives are deferential to the college boy home for the holidays.

Where the sewing circle is still the grand jury.

Where the gossips get excited when a widower shaves on Wednesday.

Where the green and red in the traffic signal is spaced long enough to allow a cow to cross Main street.

Where one man holds three political jobs.

Where a celebrity has no private affairs.

HOW MANY CAN YOU ANSWER?

1. In criminal cases, may a judge direct a jury to bring in a verdict of (a) guilty, (b) not guilty?

2. What is prima-facia evidance?

3. What distinguishes the nature and extent of the evidence necessary to convict in criminal proceedings from that necessary for a verdict in civil proceedings?

4. May a defendant, if not a lawyer, try his own case in a court of law?

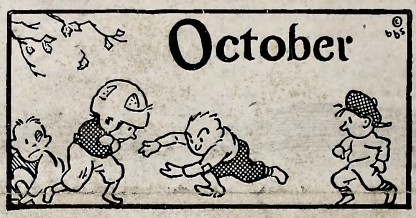
5. By what vote is a decision of the Supreme Court of the United States determined?

(Answers elsewhere on this page)

TOO MUCH ASSOCIATION

Mrs. Jones (to husband who has ventured to assert himself): "Now, Henry, understand once and for all, just because you've been on a ten-day tour in Italy, don't get the idea you're a second Mussolini."

The world has danced and now it can't pay the fiddler, and it also has a bad case of fallen arches.



OCTOBER HOROSCOPE

Persons with an October birthday have a keen sense of refinement. They are sensitive in matters of harmony and color; accurate mind readers and prophets. Either as friend, lover or parent they are devoted and loyal. They are fair in their opinions and meet with success when in business for themselves. They enjoy jokes and have a good sense of humor. Being careful of other people's property, they should also take pains not to mislay or lose their own belongings; and for health's sake, attain more regularity of habits. Having strong tempers, they should exercise the power they have of controlling them and not let them get out of bound.

By the use of patience and repose, life will smile upon them, and their lives will be lengthened and gladdened.

Birthstone—Opal. The flower is the Calendula.

BUSINESS MAXIMS

More men have fumbled big deals through fright of big figures than through incompetency.

As far as the individual is concerned, the chief competition in business is between himself and his job.

There is no human accomplishment that cannot be improved upon—even your own.

The better an idea is, the quicker it is copied—a fact which must be kept in mind when the idea is conceived.

MAINLY ABOUT PEOPLE

Benjamin Franklin attended school only about two years — between the ages of eight and ten.

Famous was the toast given by Benjamin Franklin when he was dining, as the American emissary, with the English ambassador and the French minister, at Versailles. The story was first published in 1797.

"George the Third," proposed the British ambassador, "who like the sun in its meridian, spreads a luster throughout and enlightens the world."

"The illustrious Louise the Sixteenth," proposed the French minister, who, "like the moon, sheds his mild and benignant rays on and influences the globe."

"George Washington," thereupon proposed witty Benjamin Franklin, "commander of the American armies, who, like Joshua of old, commanded the sun and the moon to stand still, and they obeyed him."

BOX OFFICE STAR

First Pastor: "So you have put your singers on the platform facing the congregation."

Second Pastor: "Yes. I find the belle in the choir draws more young men than the bell in the steeple."

THE ANSWERS

1. (a) No. (b) Yes.

2. Such evidence which, if uncontradicted, would warrant a verdict.

3. In criminal proceedings the evidence must be "beyond a reasonable doubt," while in civil proceedings "a preponderance of evidence" is sufficient.

4. Yes.

5. By a majority of the judges hearing the particular case.

The CASWELL NEWS

Volume 5

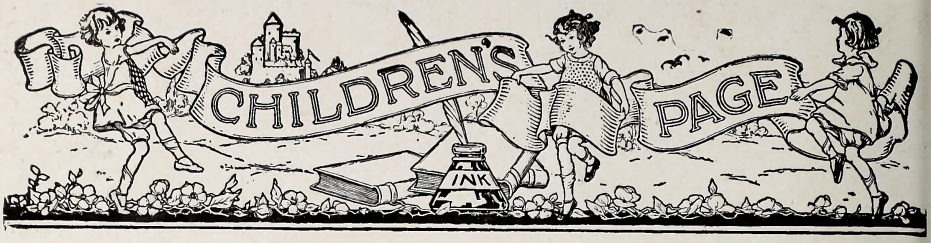
Number 10

To love and win is the best thing;

To love and lose the next best.

—*William Makepeace Thackeray*

DECEMBER, 1940



THE "HIGH" WAY.

ONE snowy morning, a few weeks before Christmas, the children of a small church school in eastern Colorado gathered for the opening exercises. After the first song, their teacher, Miss Ethel, asked them how they usually spent Christmas.

"Last Christmas we had a great time—a Christmas tree and everything that goes with it," said Betty Smith, clapping her hands.

"And we had a big dinner, too," added Bobby, her twin brother.

"And we got lots o' fings to play wif," lisped Robby Delmar, the baby of the school. Robby was only four years old "I got a thpinner and—"

"He means a top," interrupted his cousin, Marion Alden.

"But children, you made no one happy except yourselves, did you?" inquired Miss Ethel.

"No-o-o, we didn't," they admitted.

"Children," she continued, "there is a poem that reads: 'To every man there openeth a high way and a low.' The 'high' way opens to children as well as to men. Now don't you think the 'high' way for us to spend Christmas this year would be to make some one else happy besides just those in our own family?"

"Yes, I do," exclaimed Marion.

"And I!" "And I!" chorused the rest of the children.

"But who could we make happy?" questioned Betty.

"I know! I know!" exclaimed Merle Dean. "Once, when we were in Denver, daddy and I saw a little boy trying to find something to eat in a dirty old garbage can. Couldn't we send a Christmas box to boys and girls like that?"

"Why of course we could," answered Miss Ethel. "We could send them a box of clothes, books and other things. We could send clothes we've outgrown, and books and toys we are tired of. And—I know! For the children's hospital we can gather a lot of milkweed pods, and paint them with gold and silver paint. And we can enamel olive jars and pickle bottles to put them in. I've seen the pods painted that way, and they make the loviest bouquets!"

"And couldn't we make scrapbooks for them, too?" asked Marion.

"Yes, indeed we could," replied Miss Ethel. "Oh, children," she exclaimed suddenly, "it is nearly half past nine! We must get to our studies or we shall have to stay until after three to finish them."

The days fairly flew, the children were so interested in working for the Christmas box.

Several weeks before time to pack the box, Marion said that she had started washing handkerchiefs for a cent each, to earn money to buy a warm knitted cap to put in it.

"That's fine, Marion," said Miss Ethel.

One afternoon about a week before Christmas the children and their mothers gathered at Robby's home to pack the box. The scrapbooks and toys looked very nice, and the enameled jars with their gold and silver milkweed pods, fairly glittered when they were set in the sunlight.

But the children thought their father's part was best of all. One noon, a few days before, Mr. Delmar had asked them what he could do to help.

"I'll tell you," said Betty. "Get some pop corn and we'll make some popcorn balls."

It was great fun to make the popcorn balls.

Mrs. Alden set the pans of puffy animal cookies with their raisin eyes, out to cool. Most of the things had been packed.

"Well, I guess it's time to nail the box shut," observed Merle.

"We'll let you do that, Merle," said Miss Ethel.

"Me, too—I want to help," cried Robby. And though he hit his fingers quite as often as he hit the nails, his little face wore a contented smile when he was through.

"Well, children," said Miss Ethel, "that is the way of celebrating Christmas the 'high' way I am sure it was the best way.

The Caswell News

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Editor ..... Dr. W. T. Parrott
Associate Editor ..... Miss Edith Wladkowski
Associate Editor ..... Mrs. Fannie Harlan
Educational Editor ..... Mrs. B. S. Barnes
Business Manager ..... Miss Mary L. Utley

THANKSGIVING

We observed this in the good old-fashioned American way here at Caswell. There was no fanfare or special vocal service but a deep personal one and in no perfunctory manner.

Looking back over the year the superintendent is humbly thankful to the entire corps of co-workers. We decided at the start that unity of effort was all we needed to pull up Caswell. We have only to look around to see the results. The credit is entirely due to the EMPLOYEES because no superintendent ever had a finer, more loyal, and painstaking group with which to work.

I hardly know where to start but since the dairy department improved enough to win the North Carolina herd honors, I mention that first. The farm and garden now rich with the results of the harvest speak for themselves. The beautiful stock of canned goods put up here would doubtless win prizes at any fair. The custodial department and its fine corps of conscientious men and women add credit to Caswell. No more patient or better women live in the world than our matrons. The poultry department will compare favorably with any I believe in the country, and by this I mean the United States. The arts and crafts departments speak for themselves and our excellent principal and her teachers can justly be a little conceited about their results. I wish to thank the psychologist's department, the supervisor's department, and the excellent hospital service and medical corps.

If I have left out a single department it is through inadvertence. We do not claim to be one-hundred per cent but I think there can be no doubt that every person at Caswell has done his or her duty as they saw it. Mistakes we have made but we have not repeated them.

Through painstaking care no contagious or communicable disease has gained a foothold upon us. Careful vaccination and the constant vigil of the welfare departments throughout the state have prevented our children visiting in places where communicable diseases existed and bringing those diseases back to us.

We have admitted sixty-five new children during the year. This is a larger number than were here when I first began studies here twenty years ago with Dr. McNairy. We have through paroles, cullings, and vacancy creations reduced the waiting list from an estimated 1200 of a year ago to a little less than 500 today. While we are still on the job we realize that we could do far more good in North Carolina with increased or larger facilities.

It is my sincere belief we are using every possible facility here to its utmost capacity. Every employee, many of whom are college trained, gives a full and honest day's work. Every child physically and mentally fit does his part in the scheme of things and in the niche to which he is suited. There is no loafing, no time for things not worthwhile, though we diligently see that recreation, entertainment, and proper rest is meted out to all. Even our lands are not allowed to loaf summer or winter. At Caswell we are imbued with the idea of making every edge cut.

The following is a summary of things for which we are thankful: First, the fine spirit of cooperation among our employees, second, the improvement in the personal hygiene of our children and the domestic hygiene of the buildings though we are not satisfied with this but when one considers the mental status one must give us credit for improvements; third, improvement in the grounds and the fine increase in the paving program, and repair of delapidated buildings; fourth, improvement in the quantity and quality of foods up to the standards of a perfectly balanced diet; fifth, better living and housing conditions; sixth, a ten per cent increase in our inmate population where no vacancies were previously thought to exist. All these things have been accomplished at a less per capita cost and in the face of increased living conditions over the previous year.

To each and everyone of our employees, from the humblest ditch hand on the farm up to the highest berth in the institution, I send my unalloyed thanks. The entire credit has been due to them.

Finally, I would be a very ungrateful man if I failed to mention the excellency of our Board of Directors who have backed us 100% in our efforts. We have sought and received their kind and painstaking thought and help in every problem of importance. They are a set of fine North Carolina people fully alert to a concentrated service to North Carolina without regard to geographical areas. I can truthfully say these people love Caswell.—Dr. W. T Parrott, superintendent.

CAN YOU TELL ME?

Question—Who were the signers of the Constitution of the United States?

Answer—The Constitution originally consisted of a Preamble and seven Articles and in that form was ratified by a convention of the states, September 17, 1787. The signers of the original Constitution, by virtue of their membership in Congress, were: Geo Washington, president and deputy from Virginia. New Hampshire—John Langdon, Nicholas Gilman. Massachusetts—Nathaniel Gorham, Rufus King. Connecticut—Wm. Sam'l. Johnson, Roger Sherman. New York—Alexander Hamilton. New Jersey—Wil. Livingston, David Brearley, Wm. Patterson, Jona. Dayton. Pennsylvania—B. Franklin, Robt. Morris, Thos. Fitzsimons, James Wilson, Thomas Mifflin, Geo. Clymer, Jared Ingersoll, Gouv. Morris. Delaware—Geo. Read. John Dickinson, Jaco. Broom, Gunning Bedford jun, Richard Bassett. Maryland—James McHenry, Danl. Carrol, Dan of St. Thos. Jenifer. Virginia—John Blair, James Madison, Jr. North Carolina—Wm. Blount, Hu. Williamson, Richd. Dobbs Spaight. South Carolina—J. Rutledge, Charles Pinckney, Charles Cotesworth Pinckney, Pierce Butler. Georgia—William Few, Abr. Baldwin. Attest: William Jackson, secretary.

* * *

Question—Who were the parents of Stephen F. Austin and did he have any brothers or sisters? When did he die and where was he buried?

Answer—Stephen F. Austin was the son of Moses Austin and Maria Brown Austin, his wife. Maria Brown Austin was the foster daughter and grandniece by marriage of Benjamin Fuller of Philadelphia. Stephen F. Austin was born at Austinville, Wythe County, Virginia, November 13, 1793. He died near Columbia, Texas, December 27, 1836, and his body was interred at Peach Point, Texas, December 29, 1836. On October 20, 1910, his remains were brought to Austin and reinterred with military honors in the State Cemetery. His sisters and brothers were as follows: Anna Maria Austin (died in infancy), Eliza Fuller Austin, Emily Margaret Brown Austin, J. Elijah Brown Austin.

* * *

Question—How long is a generation?

Answer—A generation is usually considered as being thirty years, or three generations to a century.

* * *

Question—How many land-grant colleges are there and what is the total enrollment?

Answer—On June 30, 1925, there were 69 land-grant colleges, 17 of which were exclusively for colored students. The total enrollment in institutions for white students for 1924-25 was 245,480; in institutions for colored students, 14,871.

* * *

Question—How did the Mattapony River get its name?

Answer—Mattapony is the name of a river in Virginia. It is formed by the juncture of four small streams—the Mat, Ta, Po, and Ny. The name of the larger river is merely a composite of those four names.

NATIONAL JOKES

Small Boy (member of Children's Guild): "I say, mother, you know I'm ten tomorrow. Well, don't you think I'm old enough to leave off doing one good deed a day?"

* * *

"Why was the period between A. D. 500 and A. D. 1200 known as the Dark Ages?" asked the teacher.

"Because those were the days of knights," replied the sleepy student."

* * *

"Do you always stutter as bad as that?" asked a woman of the errand boy who had just delivered a package to her.

"N-n-n-n-o, m-m-m-a-m, o-o-o-on-on-ly wh-when I t-t-t-alk."

* * *

Batson: "I understand some of your hens have stopped laying."

Belfry: "Two of them have, anyway."

Batson: "What's the cause?"

Belfry: "A motor car."

* * *

"Yes, my dear, I have lost Azor, my precious little dog!"

"But you must put an advertisement in the papers!"

"The poor little pet can't read!"

* * *

Paulpry: "You and your wife are not hitting it very well, I understand."

Sourdough: "Not very."

Paulpry: "Then why do you call her angel?"

Sourdough: "She's always harping."

* * *

Workmen were making repairs on the wires in a school house one Saturday when a small boy wandered in.

"What you doin'?"

"Installing an electric switch," one of the workmen volunteered.

"I don't care," the boy said, "We've moved away and I don't go to this school any more."

* * *

An engineer, surveying the right of way for the proposed railroad, was talking to a farmer.

"Yes," he said, "the line will run right through your barnyard."

"Well," answered the farmer, "ye can do it, if ye want, but I'll not git up in the night just to open the gate every time a train comes through."

* * *

Neil B.: "Don't make any more of these biscuits, dear."

Grace B.: "Why not?"

Neil B.: "You're too light for such heavy work."

* * *

Because he had crawled out on thin ice and rescued a playmate who had broken through, little Willie was the center of a group of admiring men and women.

"Tell us, my boy, how you were brave enough to risk your life to save your friend," said one of the ladies.

"I had to," was the breathless answer. "He had my skates on."

A THANKSGIVING THOUGHT

Our minds at this season of the year, it would seem, should be attuned to the deep happiness that is universal at the Christmastime, but we hope that this little thought will not be amiss for truly every day should be "thanksgiving day" for the average American citizen. Never before in the history of the world have the blessings and privileges of a people been more apparent or more pertinent than those enjoyed today by the people of our country. We have peace, plenty and freedom, and so blessed have we been that I fear we, as a people, are too prone to take these blessings for granted and to feel too secure in our complacency. We forget the sacrifices and the devotion to an ideal that made America this most blessed of homelands. The civic liberties and privileges that we take so lightly today are the fruition of the ideals and dreams of our forefathers, made possible by years of hardship and self-denial. We must remember that to preserve these ideals we too, must be willing to sacrifice, to work and if need be to die, that these rights and liberties of a free people may be passed on to future generations. If we live for America—keep our moral integrity and practice the courage and faith lived so gloriously by our forefathers—there will be no need of the supreme sacrifice lest these rights and liberties of a free people perish from the earth.

May we be given courage for the future by a backward glance at the struggles of a brave people to make a dream come true. In our indifference, may we still pause in our mad rush for pleasure and selfish pursuits to give thanks for the rights and privileges that are ours today in such full measure, and to remember the oppressed and down trodden in all parts of the world today. May we have a deeper conception of the glorious heritage of civic liberty and be truly grateful.—M. L. U.

———o———

THANKSGIVING DAY

Each year from that first Thanksgiving in 1621 to the present day, we as a nation and as individuals have had much to be thankful for. The Thanksgiving season in the school rooms has a two-fold purpose: it is a logical time to learn more of the life of the Pilgrims—their hardships, their home life, their educational facilities, their contribution to American life of today; and it offers a time for us to count our blessings and express our gratitude for them by sharing with others, whether our harvest has been large or small.

Let us be friendly everywhere we go,
Helping each other every way we know.
Being a neighbor to each race and land
Is the way to peace today, let's try to understand.

Each nation gives us something we should prize,
If we are thoughtful, using mind and eyes.
Over the ocean reach a friendly hand—
That's the way to peace to-day, let's try to understand.

Mrs. B. S. Barnes
Principal of School

———o———

Dear Jenny-Wrenn:

This time of year there are just too many activities going on. One gets a twist in his neck trying to watch them all. These mortals really make you dizzy. They hurry here and hurry there with no time for a real honest to goodness chat. Even their greetings, "Hi-yuh", and with a wave of their hand away they go. But with it all they are the best friends we have and we love them every one. This year the nuts have been abundant so the children have had great fun gathering them. The wind has been strong enough to shake them down and the weather ideal for gathering.

Thanksgiving was a very lovely day. Everything and everybody celebrated with a big barbeque and hikes through the woods. One group had lots of fun skating, while another enjoyed the lovely music coming over the radio. Christmas is now in the air. Letters have already been mailed to Santa Claus, and we hear from the music room at the school strains of the Christmas carols, and the echoes all across the campus. All signs point to a merry and happy Christmas. I do pray they will not forget the real significance of the Christ child in their enthusiasm for Santa. That the guiding Star, the praises of the angels and the worshipping of the shepherds, as well as the wise men, will be remembered and told, and that the spirit of peace, and love and kindness will prevail and all be blessed by right living and thinking.

With the season's best greetings to you each and every one, As always your devoted,

Gertie J. Byrd.

———o———

VALUE OF PROTEINS

Protein is primarily the tissue-building material. It constitutes the chemical basis of all living cells. Without protein life cannot exist. The organic substance of the organs and of most of the tissues is made up principally of protein substance and no other substance can take its place. Protein exists in the body in hair, nails, skin and the muscle tissues which consist almost entirely of protein. Protein is not only required for the construction of new body tissues, but is also an essential requirement throughout life for the renewal and rehabilitation of tissues. The essential units that protein supplies for this work are the amino acids of which there are twenty-two. Ten of these must come from food; the other twelve, it is believed, can be synthesized by the body. These amino acids of their derivatives are also important constituents of the substances secreted by various glands.

To promote growth and maintain life a protein food must contain the ten essential amino acids. Good examples of such protein foods are milk, eggs, cheese and meat. Osborne and associates found that the proteins of wheat bran have a biological value approaching that of milk proteins and that the wheat germ is considered a fair source of proteins.—C. H. McIver, dietitian.

———o———

GARDEN DEPARTMENT

I am glad to report at this time that we have a good supply of collards, cabbage, green onions, Chinese cabbage, mustard, kale, Rutabaga turnips, and tender greens.

December is the month that we begin our spring garden by planting cabbage and preparing for the early garden peas. It is also a good time to get the compost out for the other early vegetables.

I am now operating the garden with ten boys very successfully.—Mr. J. H. Smith, Mgr. Garden Department.

It May Interest You to Know That—

Sound waves may some day be used to kill germs. They are now being used to kill bacteria in milk.

Several of our Presidents had gamecocks. One of them left a special recipe for feeding them.

When termites get after wood in buildings they dissolve lime mortar with the aid of an acid they secrete.

During its life span of 3 to 5 years a termite can eat its way through about five feet of wood.

Exposed to sunlight, the termite in January dries up and dies.

Fossil remains of termites have been found in rocks 55,000,000 years old. In those days they looked exactly as they do today.

It is not known why crocodiles eat stones.

Sometimes big animals eat the tiniest food. For example, the food of whales consist mainly of minute animals, almost microscopic in size.

The elephant, gorilla, hippopotamus, giraffe, rhinocerous, water-buffalo, and musk-ox are vegetarians.

A colony of bats in a cave near San Antonio devours approximately 600 tons of live insects annually.

For every pound of excess flesh your body takes on, more than 1,000 extra yards of blood vessels are required.

American Indians are rarely bald.

For reasons unknown, overweight people seem to have a tendency to baldness.

A cold bath is more effective in reducing than a Turkish bath.

This country is the only one in the world where matches are given away with purchases.

In France and Germany the match industry is a monopoly enjoyed by the Government.

It takes about 15 months to season the wood used in making ordinary safety matches.

One of the dreams of the modern matchmakers is to produce a headless match.

Pure-blooded Negroes are never bald.

Cats wag their tails when angered.

Most cats like cantaloupe.

A smile is the most inexpensive luxury on earth.

Horses and mules on U. S. farms total nearly $1,175,000,000—more than twice the value of all hogs and sheep, and more than the value of all milk cattle.

Salt in tablet form is taken by workers in many mills and factories as protection against heat prostration.

Workers in the Old Hickory, Tenn., plant of E. I. du Pont de Nemours & Co. recently completed 11,361,846 hours of work without a lost-time injury—a new national safety record.

BIRTH RATES

IF THE rate of fertility should continue its present decline, the population of England 100 years from now will be only 4,426,000.

This was one of many dire predictions made by race scientists recently as new statistics were brought forward to buttress the contention that birth rates are falling throughout the world.

In Great Britain: The problem of a declining population won the attention of several experts, the gloomiest of whom was Dr. Enid Charles. Dr. Charles warned that it was possible the population of all England would be equal, in 2036, to only half the population of London today. Other statisticians agreed that Great Britain's declining birth rate was alarming. In a single generation, it was pointed out, the number of births in England and Wales had fallen by a third.

In France: A decline in France's population is expected to start next year. By 1980, it was estimated, there will be only 39,000,000 Frenchmen as against 42,000,000 at present.

In Italy: Estimates showed last week that the birth rate has steadily declined despite Mussolini's active drive to increase it.

In Germany: The present regime has been openly worried by the falling rate. Figures were cited to show that the German population will decline from 66,000,000 at present to 50,000,000 by 1975.

In the United States: On the heels of reports that this country would begin experiencing a declining trend by 1950, Dr. Samuel A. Stouffer, sociology professor at the University of Chicago, declared that the nation's high rural birth rate was slowly falling off. "As a result of the depression," he said, "3,000,000 marriage years have been lost. Thus at least 1,000,000 children were lost."

In Russia: The single important exception among the reports of declining populations was the Soviet Union. Students of the Russian trend asserted that the present Russian population of 150,000,000 might double itself in the next 60 years.

Meanwhile, as these forecasts were being made for individual countries, two scientists of the Johns Hopkins University School of Hygiene and Public Health, made a prediction for the world as a whole. The scientists, Dr. Raymond Pearl and Sophia Gould, said world population probably would reach its peak in the year 2100, with 2,645,500,000. World population at present is estimated at 2,073,300,000. Thus the world population will have increased considerably.

"The Glee Club Goes Visiting"

Members of the Glee Club presented a program in the Woman's Club House, in Richlands at 3:30 November the sixth. This was the regular monthly meeting of the Woman's Club, presided over by the president, Mrs. J. Rhem Taylor.

Mrs. Barnes, Mrs. Harlan, and Mrs. Hughes accompanied us on the trip.

Preceding the program, Mrs. Hughes, craft teacher told the ladies gathered something of the work done in the craft department, and had work on display that was done at the school. Mrs. Barnes and Mrs. Harlan answered questions concerning the general training in the school and institution as a whole. The ladies were very interested in the work done in all departments of Caswell and some were surprised that Caswell Training School was a Training School in deed as well as in name.

The program, of songs and dances, was arranged to include various kinds of music learned in the music department. These songs were chosen for their variety, rather than specializing in some certain kind of song or period of music or centering it around any one theme. There were folk songs, nursery rhymes with modern dress, sacred songs, semi-classics, and popular. Three dances were chosen to demonstrate the work done in that department. The program was enjoyed very much and lasted about thirty minutes. I feel safe in saying that it was enjoyed very much by the ladies.

The most enjoyable part for the children came next. They were served doughnuts, salted nuts and coffee. It goes without saying that all of us enjoyed this part of the program very much too.

On Friday, the eighth, we again went visiting. This time we were guests of the Greenville Woman's Club. Dr. Parrott, Miss Wladkowski, and Mrs. Barnes went with us.

The same program that was presented in Richlands was repeated in Greenville, with Dr. Parrott and Miss Wladkowski explaining the work at Caswell and answering the many interesting questions asked by the ladies.

Punch, cookies, and salted nuts were served and again we all had a grand time.

I am sure these trips have been worth-while and have served to arouse an interest in Caswell among many who were not familiar with the work carried on and the kind of training given these children trusted to us.—Mrs. Ramon Askew, director of music.

———o———

DANCE AND COTTAGE 2

The All-Staff of Caswell Training School gave a dance, November 25, 1940. Every one had a very nice time. Many strangers visited and danced. Also cold drinks were served and after playing Home Sweet Home and the good byes were said every one left feeling very happy and gay hoping we would have many more good times together.

Christmas will soon be here again. The girls are planning what they will do. Some of them will go home and others will stay at their cottage. Every one is to make a trip to Kinston. Six girls went on Friday and as they were shopping and looking at the Christmas toys one of Santa Claus's workers appeared and said he would tell Santa who all the good girls were. Their matron was to give him the names of all who were good in Cottage 2. Every one is trying their best and we hope to have a call from Santa Christmas Eve.—Mrs. Zimmerman and Miss Sutton.

———o———

COTTAGE 3

Another Thanksgiving has passed, and I do not think anyone ever enjoyed a Thanksgiving day or dinner any more than our eighteen girls did. They acted as if they had a song of thanks in their hearts from the time they awoke in the morning until they went to sleep that night.

In the afternoon they bundled up in their coats and hoods and went down the drive for a walk. The larger children were out on the drive skating and our little girls had lots of fun watching them. It seemed as if the day was not long enough.—Misses Scott and Sutton, Matrons.

———o———

COTTAGE 4

Now that winter is here the children have started again to play with their inside toys, beads, blocks, etc. They do enjoy playing.

Polly, Dorothy, Marion and Lillie Mae still are our helping girls. We find that if each one starts with the thought of making each day more successful that work can be more of a pleasure than a "drudge".

We look forward to visits from Dr. Parrott, Mrs. Harlan, Miss Edith and any others who care to come. —Mrs. Grady and Miss Wagstaff, Matrons.

———o———

COTTAGE 5

Thanksgiving was here and we do know that everyone here had a lot to be thankful for as we had been blessed with so many things. We want to thank each and everyone for the many favors that have been done for us this past year and hope that all enjoy this day in giving thanks.

Now, that Christmas will soon be here, the boys have written their letters to Santa Claus and we are all happy as we know that we are going to have a wonderful time during the holidays. The boys are beginning to sing Christmas carols as they will have a Christmas program which we always look forward to hearing every year. There will be several boys to go home and we hope they will enjoy the good spirit of Christmas like we do here at Caswell. We hope that Santa Claus will be nice to all and not forget anyone, not even Mollie as she sings so sweetly every day for us and it fills our heart with happiness.

James Kay won the prize in the Dairy for the best all round boy this month and we hope he wins again.

Thomas, Carl, and Jack have come to make their home with us and we are very happy to have them and hope they are happy with us.

We wish each and everyone a very merry Christmas—Miss Surles and Mrs. Hudson, Matrons.

A Sad Story—Poor Bill! He was kicked off the squad. When he was told to tackle the dummy he tackled the coach.

The Apple-Sauce Chronicle

AN ILLUSTRATED REVIEW OF VARIOUS THINGS

Know Your Man—One hen said to the other as the farmer walked by: "There's the guy I'm laying for."

Revised Proverbs—He who hesitates loses his parking space. Give a man enough rope and he will smoke himself to death.

* * *

Hookey Harry says that he wishes the history of the country had been written in 500 words before he went to school.

* * *

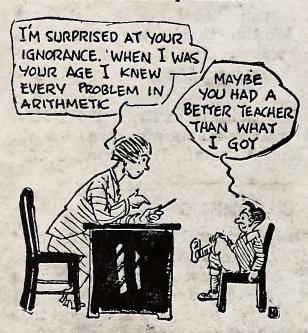
Before the Battle—A rookie received a severe lecture one day from his sergeant. The next day he passed the sergeant without saluting. "Hey, youse, why don't you salute me?" yelled the sergeant. "Aw," said the rookie, "I thought you was still mad at me."

* * *

He Musta Had Some Chariots—How did King Solomon get so many wives without an automobile?

* * *

Not a Bad Explanation


I'M SURPRISED AT YOUR IGNORANCE. WHEN I WAS YOUR AGE I KNEW EVERY PROBLEM IN ARITHMETIC
MAYBE YOU HAD A BETTER TEACHER THAN WHAT I GOT

* * *

~~Literary Note—Hank, the mail carrier~~ remarks: "—and as for magazines, there's many of them that give me a terrible pain in the neck."

* * *

The Great Outdoors—First Nature Lover: "How do you know this is an ideal place for a picnic?" Second N. L.: "Well, twenty million insects can't be wrong."

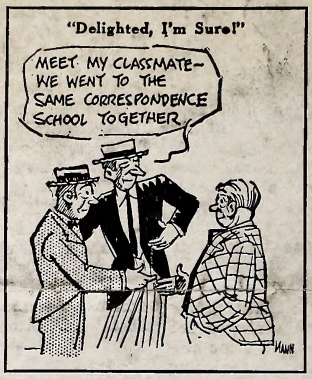
* * *

Revised Definition—Faith is the quality that makes the flapper content after she fixes the territory reflected in a vanity case mirror.

* * *

No, no, Maudie—A brunette is not a young bear; copra is not a native policeman; the man who brings home the bacon is not necessarily a man who robs a butcher's shop.

"Delighted, I'm Sure!"



Household Hint—Once upon a time there was a wise husband who bought his wife such fine china that she wouldn't trust him to wash and dry the dishes.

* * *

Very Probably

* * *

Just By Way of a Change—It wouldn't hurt any if some of our colleges would work their way through the students.

* * *

"Anything But That, Doctor!"

Musta Been Two Other Persons.

Cop: "Madam, didn't you see me hold up my hand?"

Woman at the wheel: "I did not."

Cop: "Didn't you hear me blow my whistle?"

W. A. T. W.: "I did not."

Cop: "Didn't you hear me holler at you to stop?"

W. A. T. W.: "I did not."

Cop: "Well, I guess I might as well go home. I don't seem to be doing any good here."

* * *

Recreation—There's many an accountant spends his vacation looking at figures on the beach.

* * *

The Very Best Plumbing—Why send your boy abroad to develop his voice when we have just as good bathtubs here in the United States?

* * *

Extremely Tough Luck

* * *

Words of Wisdom—A wise youth does not repeat the sins of his father when the old man is listening. Some people never listen to both sides of anything, unless it is on a gramophone record. A self-made man usually quits work too soon. A girl, these days, doesn't have to be an equestrienne in order to ride bare-back.

* * *

Short Story—The bridegroom was in a poetic frenzy as he strolled along the seashore. "Roll on, thou deep and dark blue ocean, roll," he recited to his bride. "Oh, Gerald," she exclaimed, "how wonderful you are. It's doing it."

* * *

His First Lesson—The amateur angler had hooked a small trout and had wound it in till it was rammed against the end of the rod. "What do I do now?" he asked his Ike Waltonian companion. "Better climb up the rod and club it." was the answer.

The CASWELL NEWS

Banish the future; live only for the hour and its alloted work. Think not of the amount to be accomplished, the difficulties to be overcome, but set earnestly at the little task at your elbow, letting that be sufficient for the day; for surely our plain duty is "not to see what lies dimly at a distance, but to do what clearly lies at hand."

Wm. Osler

Volume 5

Number 11

JANUARY, 1941

RICHARD MAKES A PROMISE.

RICHARD twisted and squirmed in his seat. School was a very dull place. If a fellow could just be let alone and not sent to school! "I'd learn enough to do me, anyway," he thought rebelliously. "And I'd have plenty of time then to do interesting things like flyin' my kite and skatin' and goin' to the zoo. I wish I lived on an island where there wasn't any school. Daddy and mother and the law were all bent on giving him an education.

"Richard!" It was Miss Emory's crisp voice. "What is five times nine?" Richard's head was suddenly in a whirl. He wished earnestly that whoever it was that invented the multiplication table had never been born.

"All right, Richard! Five times nine?" Miss Emory's patience was running low.

"Er—five times nine equals sixty-three," said Richard desperately. He knew it wasn't right. But when he had to write five times nine equals forty-five, twenty times and hand it in, he was crosser than two sticks.

So he stopped by on the way home to tell Uncle Benny. Uncle Benny, mind you, was no more kin to Richard than he is to you or me, but there are some men every one calls "uncle," and Uncle Benny was one of them. Richard loved Uncle Benny. He was one-legged and old and rather dirty always. But he had a kind, funny, wrinkly smile and a soft, drawling voice, and he knew any number of first class stories. He had a tray that hung from his shoulders with pencils and shoestrings and matches in it. But he didn't have many customers; so he had time, nearly always, to talk to Richard.

So that day Richard stopped by and began to tell Uncle Benny how he hated school and how he could not learn the multiplication table, and then he said wistfully, "Did you have to go to school, Uncle Benny?"

The old man's leathery face puckered into a rueful expression "No, sonny." he said, "I didn't have to. I could a-went, though. But I was like you. I didn't like it. And them days they didn't make children go to school.

"I 'lowed I'd sell papers and get some money to do as I pleased with." Richard nodded. He had known Uncle Benny would understand. "And so," went on the old man, "I did, and I liked it fust rate. No teacher to boss me, and no books to bother me. I did just as I pleased. I got along all right them times. But after a while, when I was grown and married and had a little boy of my own, I wanted to do better.

"And, sonny, I found out then that you need to know somethin' 'bout books to get along much. And I didn't have no time then to go to school. I had to work hard, to make enough to eat. And, long time later, when my little boy was grown and gone, I was too old to learn books. Then the street cars run over me and I lost my leg. I was in the hospital a long time, and when they brought me this wooden leg it was very hard at first to get about. I had been sellin' pencils and such ever since. Now you see, if I'd a learnt somethin' when I had a chance I could use my head now when my body's worn out, and I could live nice and decent. And my boy 'ud be proud of me, like you are of your daddy. I bet he studied at school!"

Richard's chest swelled a bit. "He did!" he said. "And he was very poor then. But he learned everything he could. And everybody respected him. And he kept learning till he got a fine job and made lots of money."

"That's it," nodded Uncle Benny. "Now when you get to hatin' school, you mind about me. And you think about what education done for your daddy. And when you're old like me, you won't be thinkin' about havin' to go to the poorhouse, either!"

Richard looked at the worn old face, so dismal and hopeless looking. He felt mighty sorry for Uncle Benny. But he nodded very solemnly and said: "All right, Uncle Benny, I'll remember." And he did. When Richard graduated from the college, he was given a responsible situation.

The Caswell News

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Published monthly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

Editor ..... Dr. W. T. Parrott
Associate Editor ..... Miss Edith Wladkowski
Associate Editor ..... Mrs. Fannie Harlan
Educational Editor ..... Mrs. B. S. Barnes
Business Manager ..... Miss Mary L. Utley

THE PRIZES

As an incentive to better personal hygiene I offered last January a cash prize of $5.00 to the pupil who showed the best monthly improvement in personal cleanliness, neatness and obedience to the matrons and attendants. Santa Claus had a difficult problem to determine who won, but finally decided that Richard Blackburn of Buncombe County was the winner. Richard received it according to promise. He is thirteen years of age and is an upstanding, dutiful little gentleman. He has been designated "chief of police at Caswell." This boy will have to go hard next year if he holds his record as there is shop competition not only among the boys, but there are the girls in the race, too. I should not be surprised if one of them wins this year.

The other prize of $5.00 in cash, to the building which was most uniformly clean and neat inside and the grounds immediately surrounding, went to Cottage 5. Mrs. Hudson and Miss Surles had the hardest kind of competition and again Santa Claus had a problem to decide, but he finally gave it to them. The visitor to Caswell would not have seen an unsightly building here during the year, but the interior of Cottage 5 was simply a dream on Christmas Day. The decorations were simply beautiful, and the canary bird cut bass with his songs as its cage hung in the bower of Christmas greens and just stayed one "hop ahead" of the human voices coming in on the radio. This is a female bird and it is remarkable that it sings, but its voice is no less grand than any of its brothers. This unusual bird contributed its full part to the joy of Christmas, 1940.

The cash prizes on Christmas Day should be continued forever. They are something to work and strive for and an excellent stimulus all through the year.—W. T. Parrott, Superintendent.

PERSONALS

Mrs. Lehman, head nurse of our hospital, has just returned from a ten-day vacation trip in Western North Carolina. According to her, the western part of North Carolina is really the garden spot of the world. The people are real folks and certainly have the art of living down fine.

Miss Womack, secretary to Dr. Parrott, spent a week visiting with her parents and friends in Broadway and Greensboro.

Miss Sessoms of the kitchen department is again at her post refreshed and capable after a three weeks' vacation in and around Fayetteville. Miss Sessoms reports such wonderful activity around Fort Bragg till we almost believe a Boom-Town has started.

Many of the matrons and attendants who could not have Thanksgiving Day off, as they were helping the children celebrate, have been taking Mondays with their week-ends, giving them two days of rest instead of just one.

Mr. MacIver visited his family in Oxford over the week-end.

All staff members of the School Department report a most restful and joyful Thanksgiving. They were off from Wednesday afternoon until Monday morning.

Mr. Cain and Mr. Frazier, two of the attendants of the Tapp Building, are our first calls to the colors. We are very proud that Caswell can boast of her part in the preparedness program, too. They have been notified to report to Fort Bragg.

Dr. Parrott and Mr. Stroud were visitors in the capital city one day last week. Business called them from their post at Caswell.

We are glad to have Mrs. Sugg and Mrs. Potter back in their respective buildings. They were both away on account of sickness.

Mr. Justice has surprised all his friends by his recovery from pneumonia. The boys in the Problem Building gave him a rousing greeting. We do hope he has fully recovered and will continue to enjoy excellent health.

Mr. Hudson has joined the Power House Staff. We extend the glad hand, hope he will enjoy his work, and help make Caswell a better place.

Mrs. Foushee, nee Henderson, has resigned her position in the hospital to join her husband in Pittsboro, N. C., where they will make their home.

Miss Utley, secretary to the business manager, is spending a week in Miami, Fla. While away she will visit her brother, Mr. Ben Utley, of Florida.

Mrs. Norwood Boney and Miss Fisher, a teacher in Kenansville High School, together with fifteen members of the Junior Class, visited Caswell, December 3. We are always glad to have schools visit us. We hope they will come again.

Dr. Watson of the State Board of Charities and Public Welfare was a guest for one day.

Christmas slipped up on us this year and we found ourselves hardly recovered from Thanksgiving and the barbeque before it was Christmas and

(Concluded on page 5)

Filling the Country Woodbox

IN AN OLD farmhouse a big woodbox was built at the side of the huge fireplace chimney in which to keep wood either for a fireplace or the wood-burning kitchen stove. Ten baskets of wood fill it.

During the past summer two different men have had the job of keeping the kitchen supplied with wood. The first man brought in wood only when he was asked to do so by his wife, the cook. Usually she had to call him from some other task. He would bring in one armful, toss it down, and say, "There, I guess that will hold you until I get around to bringing in more." The kitchen workers would then have to reach far down into the box to get what they needed.

A more sensible system was used by the second man. First of all he had the woodbox thoroughly cleaned. The bark that had accumulated at the bottom was taken out and burned. Then he brought in basketload after basketload until the box was filled. Then he merely kept it filled, bringing in no more than one or two loads at a time.

Should the second man be busy at other work, or absent for several days, the kitchen workers do not have to worry about their supply of stove wood. They always have more than they need. There's a reserve supply on hand.

The two men represent the people of the world. There are those who are improvident, who live from hand-to-mouth, who never think ahead, who cannot even think in terms of building up reserves, who make no savings, whose work is always crowding them, who are hard workers because they are bad planners.

Then there are the people with forethought. They think ahead. They plan to make their work easier. They work hard to build up reserves so that they are prepared for emergencies. They are like the wise farmers who work hard during the growing season to provide food with which to stock the cellars.

We are always a bit suspicious of people who talk about being overworked. Overwork is usually the result of inefficiency, and inefficiency is the result of sloppy thinking. The first man, who never kept the woodbox filled, was always rushing hither and yon. He was the busiest person. Anyone seeing him moving about would be tempted to exclaim, "There's a real worker. Watch him hustle around." The fact is he was no good at all and had to be discharged for his utter incompetence.

Not always does great activity result in great accomplishment.

Let us all clean out the woodbox of our business and fill it to the top with what we need. The time to do the hard work is right now. Let us get our equipment in shape, our supplies where they can be handled efficiently, and then go to more important tasks with minds that are free to be concentrated on what is most profitable.

Let us start, no matter what our job, with a full woodbox.

Highlights In Life of Thomas Edison

IMAGINE for a moment a world without electric lights, without motion pictures, without telephones, modern telegraph systems, phonographs, storage batteries, cement, wax paper and sealing tape or the stock ticker and one has a faint realization of the greatness of Thomas A. Edison—of the unpayable debt humanity owes him!

Born February 11, 1847, in Milan, Ohio, his early education was received under the personal direction of his mother. As a youth he was very serious minded and very inquisitive, which latter trait got him in trouble many times, one of which resulted in a public spanking in the town square.

At twelve years of age he became newsboy on the Grand Trunk local between Detroit and Port Huron, Mich. He set up a small printing plant and laboratory on the train, where he did some experimental work, and printed a small newspaper.

One day the train jolted and upset some chemicals with which he was experimenting and set fire to the baggage car. The conductor helped put out the fire, severely boxed his ears, and unceremoniously kicked Edison and his equipment off the train at Mt. Clemens. This slap on the ear was directly responsible for Edison's deafness through his entire life.

In gratitude for saving his little boy from being run over, the station master at Mt. Clemens taught Edison to operate the telegraph. For several years he worked as a telegraph operator in many parts of the country, at which job he had a wide range of experience.

His first patented invention was the vote recorder which he developed to help speed up voting in the legislative body, only to have it rejected because it would eliminate delay and filibustering. Over 1,500 inventions were patented by him since this first one was recorded in 1868.

Next he developed a stock ticker and operated a ticker service in Boston. The improvement of the telegraph ticker for Western Union gave him sufficient capital to start a real factory, where he started his twenty hours a day working schedule, taking only three or four thirty-minute cat-naps on his work bench during this entire period.

His co-operation with Alexander Bell made the telephone practical, largely as a result of his invention of the carbon transmitter and receiver.

The invention of the first tinfoil phonograph, and the subsequent improvements and modification of all types of voice and sound recording equipment was one of his most important contributions.

The perfection of the incandescent electric light, perfection of the first practical dynamo, improvement of cement manufacturing, the first motion picture camera and projector, the first motion picture studio, the first sound picture, the modern storage battery, the fluoroscope, the microphone, even wax paper and sealing tape are among his many contributions to mankind.

PERSONALS

(Concluded from Page 3)

a wonderful turkey dinner with three holidays. Each and every employee was given three working days as a holiday. Those who could stopped work Saturday, December 21, at noon and reported back to work Thursday morning at 7 o'clock.

Mrs. Higgins took advantage of the three days and spent Christmas with her family in Avondale, Pa. Because of the sickness of his brother-in-law, Mr. Higgins was unable to accompany Mrs. Higgins. He remained here and played Santa to the boys and girls of Caswell.

Mr. MacIver is all smiles these days. He has gotten a house and brought Mrs. MacIver to live in it. We wish them the best in the world and are delighted to welcome them into the family circle of Caswell.

Miss Edith Wladkowski, our psychologist, spent her Christmas holiday with her mother in New York. She reports no snow, but the usual impressive Christmas celebration. Strange to say, New York makes more of a religious celebration of Christmas than we do in the South. One really sees the best side of the great city then—but look out for New Year's eve!

Many of our matrons and attendants went home or spent Christmas with relatives or friends. Mr. and Mrs. Powell visited in Raleigh and Jacksonville.

Mrs. Potter and Mrs. Vinson visited their children in the Oxford Orphanage.

Miss Margaret Hall visited her parents in Richlands.

Mr. Jenkins spent Christmas with his family in Charlotte.

Miss Owens visited her parents in Pilot Mountain.

Mr. and Mrs. Woodrow Carter spent their Christmas at the home of Mrs. Carter in Broadway, N. C.

Mrs. Jones was in her glory with her son and daughter and their three children at Grifton.

Miss Irene Smith was with her mother and family in Duplin.

Miss Heath visited her parents near Richlands.

Mrs. Jackson spent her holiday with her husband.

Mrs. Emma Carter had as her guest her older son, and they visited the family together.

Mrs. Hill was at home with her father and her children.

Mr. Justice spent his time in Lumberton.

Mrs. Zimmerman spent her holiday with her little granddaughter in Clinton, N. C.

Miss Wagstaff was guest of her parents in Sampson County.

Mrs. Gray was with her family and they visited relatives.

Miss Scott was at home visiting her father and mother at Jacksonville.

Dr. Parrott has offered a prize of $5.00 to the boy or girl who made the highest average in personal neatness, courtesy and respect toward teacher, matron and employee alike for the year. Santa presented that prize to Richard Blackburn of Cottage 8. He also offered another prize of $5.00 to the cottage or building ranking the highest in neatness and cleanliness. That was won by Cottage 5 and presented by Santa.

HOSPITAL NEWS

Every child at Caswell could not be well enough at Christmas to spend Christmas at their buildings and cottages. It was necessary for about twenty to spend Christmas as patients in the hospital, which was, most of them discovered, not a bad place to spend Christmas.

In our hospital hall we had a beautiful Christmas tree with very pretty decorations. Thanks to our very thoughtful Medical Director, Dr. Mike Lee, who was responsible for the beautiful tree. We take this opportunity to thank him and everyone who helped decorate the tree, and to keep all our lights burning during the holiday season.

A couple of days before Christmas we had a visitor being directed around by the Business Manager, Mr. S. H. Stroud. The visitor was Santa Claus. No, he did not neglect the sick!

On Christmas morning every sick child had a very happy, bright face, for Santa had made his annual visit. He brought all the sick nice gifts, as well as nuts, candy and fruits.

Christmas morning Dr. Lee and Mrs. Lee made the hospital patients and hospital working children happy by remembering each of them with a nice gift.

We have lost three of our nurses during the past month. Miss Ethel Henderson left us on December 1. She married Mr. C. P. Foushee of Pittsboro. We wish them much happiness.

Mrs. Texie Lehman, who served as head nurse for the past fifteen years, left us December 18. We do not know any definite future plans she has, but we wish her lots of good luck.

Miss Margaret Bolton left us on December 22. We wish her good luck.

We are very happy to have with us three new nurses. Miss Madge Funderburke, R.N., is our new head nurse. She began her work December 15, 1940. We hope she will like her new work with the institution. We are very proud to have such a capable, experienced and efficient, as well as cheerful head nurse.

The other new nurse is really an old one, Mrs. Webster Humphrey, the former Miss Clara Doby, who has been away from us about one and one-half years. We are very glad to have her back with us.

We have a new assistant head nurse. She is Miss Claytie Beck, R.N. She began her work with the institution January 1, 1941. We hope she will enjoy her work at Caswell.

Best wishes for good health and happiness during the new year, 1941.

Hospital Department,
Mrs. Rachel R. Medlin, Nurse

Mrs. Philyaw spent her time visiting relatives in Comfort and the neighborhood.

I am sure no more fitting place could be found than in our personal column to thank our many friends for helping make this one of the biggest and best Christmasses we have ever had at Caswell. Matrons and children alike were remembered handsomely. We thank all of you and can only wish you the joy and blessing that always follows in making your fellow man happy.

Happy New Year!

Mrs. Harlan

BETTY DECIDES TO CHOOSE

NO, not any more resolving for me. For ten years, not one has passed that I haven't resolved and failed to carry through. It is all nonsense—who ever started the thing anyway.

Betty thus startled her family at the breakfast table. The Old Year was nearing a close. With the approaching birth of the New Year, Betty's radical ideals were in full swing and on the verge of sweeping away the ancient theories of her parents. She was twenty and would be graduated from college the following June. Feeling that she had reached the age of responsibility and self-assertiveness, she now rebelled at the old custom that had prevailed in the family since the day she had made her first resolution at the injunction of her parents. She could see those words now, in the "Family Resolution Book." "Beginning today, January 1, 1919, I, Betty Lawson, resolve to read a portion of my Bible, daily." Just above her name, brother Dick, three years her senior, had written. "Beginning today, January 1, 1919, I, Dick Lawson, resolve to be on time at Sunday school and day school every day during this year." The resolutions of her father and mother were there also.

"Why," she explained, "the very word resolve suggests to my mind the difficult, the undesirable—it is rebellious to me. I think to choose would be far more attractive and easily adhered to. So I am going to chose, select the things I wish to do next year and do them."

William Lawson's eyes shone with admiration and delight as he inquired of his daughter, "Will you choose according to the promptings of your heart?"

Indeed, I will—it would not be choosing if I did not. To resolve is a duty; to choose is a pleasure. So I shall choose!"

"Oh, daughter, how can you break faith with the old custom? Even though you do not acquiesce in all that you determine to do, it's really worth while to resolve; to make the effort, to at least begin the New Year right," pled her mother."

"Beginning and never continuing to an end," said Betty. "Mother, from the day I made that first resolution to this decisive hour, I have failed to keep even one resolution throughout the year. So, why resolve? It's settled—Betty chooses."

When Betty returned that evening from the party at the Asheville Country Club, she found her parents sitting in the living room, commenting on her declaration of the morning. She paused outside the door as her father turned another page of the evening paper and ventured, "So your baby is growing up, asserting herself?"

"Yes, I fear Betty's interpretations are bordering on the danger line," sighed Mary Lawson as she picked up a copy of "A Mother's Responsibility" and began to read.

"Oh, Betty will come out all right," replied the confident husband and father.

Exulting in her father's defense and encouragement, Betty went to bed. Her heart was beating only notes of joyous future anticipation as her eyes wandered across the vanity to Jack Winston's frank, sincere, brown eyes, looking out from an ivory frame. Tomorrow evening he would arrive to spend the remainder of the holidays. He had been delayed, due to an attack of influenza and would have only a few days, yet Betty felt the holidays were just beginning for her.

"And Betty, I really exult in the fact, though my lot has been hard as many boys term it," read Betty as she turned the second page of Jack's "special delivery."

"Hard, indeed," she thought. "Just wait until you've graduated in June and take the place in the bank, that Dad has offered you. Yes, dear Jack, you have had it hard," mused Betty.

Next morning Betty met "the bunch" at Goode's popular drug store, later going to the beauty parlor to get the new bob she had seen advertised.

"Oh, Miss Betty, we called everywhere for you—come quick!" shouted Aunt Lizzie as she alighted from the Beaver Lake bus which had borne her home. Mrs. Lawson was beckoning to the car and crying, "Jump in. Your father has been calling—he is at the hospital now—Jack is desperately ill and calling for you."

Doctor Ives was leaving the hospital as she entered. "Tell me, doctor, he is not going to die?"

Gravely, with his characteristic gentleness, he replied, "The injury is not the chief concern — his weakened condition, the marks of the influenza, is the danger. He is in a serious condition. We shall work while we pray.

Softy opening the door of Jack's room, Betty was ushered in by Margaret Goforth, a nurse who, she knew, was called on cases requiring great skill in nursing. Seated by the bed was her father. On beholding her, he beckoned to the nurse to take her out. Leading her to the sun parlor, Miss Goforth said, "Sit down, Betty." Without heeding her words, Betty wailed, "Oh, Miss Goforth, what has happened?"

"The doctor is going to do all he can—it was an accident," replied Miss Goforth. "Jack saw Tom Ford in Black Mountain with his car and he got off the train there. They collided with a bus, heavily loaded."

"But, Jack, what of him?" interrupted Betty. Feeling it was unwise to relate the horrors of the injuries and deaths, she said, "Betty, Jack was seriously injured, but I am hopeful." At that, Betty sighed a breath of relief and urged her to go on.

All afternoon and late in the night, Jack was unconscious, at intervals uttering Betty's name. She sat by his bed. Jack's letter—he had asked her a question — something about choosing. And she — hadn't she said something, too, about choosing? What was it all about? He had always had to do the hard things and he was now saying he would choose them again, and he had asked her "Wouldn't you?"

Now the clock was striking—twelve! And the bells were ringing, ushering in the New Year. On the last stroke, she saw Jack move. "Betty?" She was thrilled. "I've been thinking about my last letter. Would — would you — you — choose as I would choose?" She pressed his hand to her lips and whispered, "Yes, Jack, I resolve—I choose!"

EXPRESSIONS OF APPRECIATION

This is just a note to express, in part, my appreciation to each employee for the very lovely gift —the silver platter. I cannot find words to express my deep gratefulness for this expression of your esteem and kindness. I shall treasure this gift always and it will ever be a reminder of your thoughtfulness in presenting me this lovely parting gift.

Again, please accept my sincere thanks.

Texie Bowman Lehman

* * *

We want to thank all the employees of Caswell Training School for all the nice things they have done for us, especially the nice packages. With their help we were able to have a much better Christmas than we were expecting. I wish I could tell you all just how much I appreciate it all but I just cannot express it. I will thank you one and all again, and may God bless you.

Mrs. W. C. Gray and Children

AUSTIN BUILDING

I worked on night duty the month of December and I think the girls had a real Christmas spirit. They were very pleasant to everyone, but most of all on Christmas night when they went to see the lights over in town. That was something to remember and to look forward to another year. Everyone received many presents. It will be a long time before the children of Caswell forget the dinner Mr. MacIver cooked here Christmas Day. Truly, I think it was a day to be cherished a long time. I have not heard one say that she did not receive everything that she asked for and a great deal more. We hope it will last until December 25, 1941.

Helene Skinner, Matron

CHRISTMAS AT CASWELL

Christmas is always one joyous time at Caswell. I only wish everyone in North Carolina could have seen the happy little faces as they received their many toys and gifts from Santa and friends. Christmas carols were ringing from all the buildings, which were decorated beautifully. We appreciate the holidays given us. So it is we turn to the new year with happy hearts and wish everyone a Prosperous New Year.

Mrs. S. Fisher, Laundry Department

CHRISTMAS IN COTTAGE 1

Everyone was interested in decorating the building. We tried to see if ours would look the best. There was a big rush as we had lots of things to do. All the girls were taken to town to see Santa in his igloo and to tell him what they wanted. They visited the stores to see the decorations and toys and to buy their Christmas gifts.

On Monday night before Christmas they were taken for a bus ride to town to see the street lights and decorations. On Christmas eve we visited all the buildings to see how pretty their tree and building was decorated. Best of all was when they awoke on Christmas morning. You should have seen the happy smiles on their faces. They could hardly wait for the packages to be opened. Santa Claus was very good to all of them and did not miss one.

No one could forget the dinner as it was a most delicious one, which consisted of turkey, dressing, cranberry sauce, garden peas, creamed potatoes, pickles, mince pie, fruit salad and many other good things to eat.

We could not have had a better Christmas. We are hoping to have as good a one next year.

We also had visitors. Carolyn, Sarah, Pat, Rozella and Betty's parents were here to help celebrate. Everyone extends her thanks to Mrs. Rosenbloom for the present that she gave.

Mrs. Happer and Mrs. Philyaw, Matrons

CHRISTMAS IN COTTAGE 3

Christmas of 1940 has passed and I know Santa must be a very fine fellow to have left so many nice things for our little girls. Five of the girls went home for Christmas, so on Christmas morning we had only thirteen. I wish you could have seen the smiling face of each little girl as each received her pretty doll, or ball, or color book, or dress Santa had left for her.

After playing with their toys, dinner was served. And such a nice dinner it was! There was turkey, oyster dressing, cranberry sauce, pickles, Irish potatoes, English peas, butter, light bread, milk and ice cream. The girls enjoyed it very much.

It rained during the afternoon, so we could not go for a walk or get in the yard and play with the balls Santa had brought. However, we did not let the rain spoil the afternoon, for we had plenty to do. We had lots of fun putting puzzles together, playing checkers, coloring in color books and, best of all, playing with the pretty dolls.

But there comes an end to every perfect day. After a Christmas story was read the little girls went to bed, tired but happy.

Miss Blanche Sutton, Matron

CHRISTMAS AT THE DEWEY BUILDING

The girls in the Dewey Building had an enjoyable time Christmas.

Christmas eve they were taken around to see the decorations and trees in the other buildings. Before they had gotten around they were called to go for a ride into Kinston to see the trees and decorations there. It was a most enjoyable trip for all.

Christmas morning every girl was up doing her work as quickly as possible. As soon as the work was finished, their packages were given to them, and what pleasure it was as they were opened!

Another happy time during the day was enjoying a good fill of turkey with dressing and all the other good things that go to make up a perfect Christmas dinner.

We wish to thank everyone who helped to make it such a merry Christmas, and we wish everyone a Happy and Prosperous New Year.

Miss Irene Smith, Matron

The most welcomed visitor at Caswell in a long time was Santa Claus in person. He visited each cottage and building the day before Christmas and left a real Christmas spirit throughout the school.

Mr. Cannon spent his holidays with members of his family.

A PAGE OF FUN FOR EVERYONE

Tamale: "What became of Schmidt?"

Carne: "Why, he went to America and made a name for himself there."

Tamale: "How?"

Carne: "He calls himself Smith now."

* * *

Teacher: "If you subtract 14 from 116, what's the difference?"

Johnny: "Yeah; I think it's a lot of foolishness, too."

* * *

Young Scribbler and his bride were alone for the first time in their new home. "Darling," she cried, "I must make a terrible confession to you—I can't cook."

"Aw, that's all right, dear. I've a confession to make, too. I'm a poet and there won't be anything to cook."

* * *

"A man came here this afternoon and took the census."

"Couldn't you keep up the payments?"

* * *

Film Magnate: "Who's that runt?"

Director: "Why, that's Napoleon."

Film Magnate: "Why did you get such a little man to play such an important part?"—London Passing Show.

* * *

Floridian (picking up melon): "Is this the largest apple you can grow in your state?"

Californian: "Stop fingering that grape."

* * *

My wife's sense of humor is bad. The other day I heard a good conundrum and decided to catch her on it.

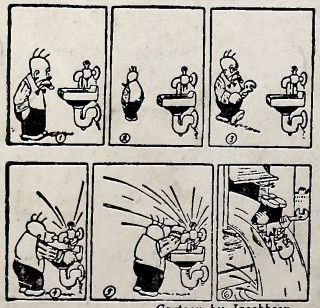
"Why are men like mules?" I asked her when I went home.

"Don't judge all men by yourself," was her meaningless answer.

* * *

"Is he financially embarrassed?"

"He's in debt, I believe; but it would take more than that to embarrass him!"



—Cartoon by Jacobbson.

When he stood up he was spellbound. The big and jubilant audience dazed him, and as he stammered and stuttered in an attempt to get started, one of the members of the audience halloed: "Tell 'em all you know, Bill. It won't take long."

That was just enough to rile Bill. "I'll tell 'em all we both know," he shot back. "It won't take any longer."

* * *

"Which travels faster—heat or cold?"

"Heat, because you can catch cold easily."

* * *

Whoa!

The village milkman bought a horse for the morning round. It was not exactly a thoroughbred, but it had four legs.

One day he took his bargain to the blacksmith to have him shod. The smith regarded the weary-looking animal critically, paying particular attention to his lean body and spindly legs.

"You ought to have a horse there some day," he said at length. "I see you've got the scaffolding up."—Tit-Bits.

* * *

Father: "If someone strikes you on the right cheek, you must turn your left cheek. Now, what should you do if a boy hit you?"

Son: "How big a boy, daddy?"

* * *

The owner of a cheap watch brought it into the jeweler's shop to see what could be done for it.

"The mistake I made, of course," he admitted, "was in dropping it."

"Well, I don't suppose you could help that," the jeweler remarked. "The mistake you made was picking it up."

* * *

Modern progress is indeed wonderful. It has made it possible for a man to get indigestion and a remedy for it at the same drug store.—Louisville Times.

* * *

First Visitor: "My dear, these cakes are as hard as a stone."

Second Visitor: "I know. Didn't you hear her say, 'Take your pick,' when she handed them around?"—Denver Clarion.

Lodger: "This steak is like a cold day in June—very rare."

Landlady: "And your bill is like March weather—very unsettled."

* * *

"Did you have much snow this year?"

"A fair amount, but my next door neighbor had more."

"How could he have more?"

"He has more land than I have."

* * *

Teacher was giving a lesson on the idiosyncrasies of March.

"What is it," she asked, "that comes in like a lion and goes out like a lamb?"

"Father," replied the smallest pupil.

* * *

Seasick Passenger (on friend's yacht): "I say, what about going back? After you've seen one wave, you've seen them all."

* * *

Doctor: "It's most essential that you should refrain from doing headwork during the next few weeks."

Patient: "Yes, doctor, but it's my living!"

Doctor: "Oh, are you a scholar?"

Patient: "No, I'm a barber."

* * *

"Now, Robert," said the teacher, "can you tell me what human nature is?"

"Yes, ma'am," replied Robert. "It's people 'fore they get into society."

* * *

"I heard that you made $50,000 in Chicago in a week. Is it true?"

"Sure it's true, but it's wrong in four places. It wasn't Chicago, it was Toledo. It wasn't a week, it was a year. It wasn't $50,000, it was $5,000, and I didn't make it, I lost it."

* * *

Doctor: "Your heart is quite sound. With such a heart you ought to live to be seventy."

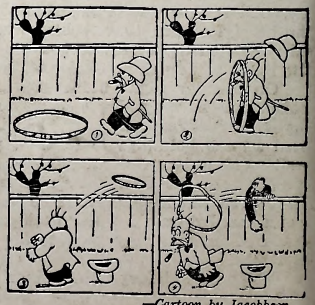
Patient: "But, doctor, I am seventy."

"There! What did I tell you?"

* * *

Mistress: "The main thing here is honesty. The last maid stole the silver spoon!"

New Maid: "You needn't fear anything from me, Ma'am. I'm on probation for stealing at my last place!"—Pathfinder.



—Cartoon by Jacobbson.

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The CASWELL NEWS

CREDO

CASWELL TRAINING SCHOOL

We believe in respect for personality; we believe that each individual is a person who has his rights; we believe that his rights are not only those of clothing, shelter, sunshine, warm baths and nourishing meals, but we believe that he has a right to feel secure, to be contented and happy, and to develop according to his capacity, no matter how great nor how little that may be, nor at what level. In recognizing even the very little strivings of the spirit, we remember One of whom it was said, "A bruised reed he shall not break, and smoking flax he shall not quench."

MARCH, 1953

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The Caswell News

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WHAT IS CASWELL TRAINING SCHOOL?

TAKE a stand in the center of the grounds and watch the activities of the inmates. Here is a long line of pupils going to school where they are taught reading, writing and arithmetic—the so-called academic subjects—with cooking, sewing, crafts and music.

See, there is a group going up to the old, renovated rooms over the staff-dining room to take manual training—a new set-up because there is no room for them in the regular school building.

There goes a truck load of boys to the farm and vegetable garden. Instructed by our farmers, they raise most of the fresh vegetables which supply our table.

These girls coming this way are really nurses aides, for they help in the hospital. Fine training that, in caring for the sick.

Those girls bringing freshly ironed uniforms from the laundry, iron shirts to perfection and ruffled dresses our girls wear.

Who makes the dresses? Go into the sewing department where twenty-five machines stitch up garments for all our children. Some parents furnish their children's clothes but a large number of dresses and underwear are made in that room.

Grazing in the pasture over there are over a hundred head of Holstein cattle. The boys learn dairying the hard way for they get out of bed in the early morning hours and milk the cows. Other boys help raise feed crops and fill the silos.

Under supervision, several hundred pigs and several thousand chickens are raised by the boys. The chicken houses? The boys built them under the carpenter's direction.

Now, what is Caswell Training School? It is a school where boys and girls of limited ability come to live and be educated or trained according to their individual capacity, some with the purpose of returning to their communities and some with the idea of permanent residence. Admission is determined by their social reactions and by I.Q. tests which are administered by two staff psychologists, both of them members of the American Psychological Association.

It is true that there is a large number of inmates who are helpless and will always require personal care.

Others cannot take in academic education.

Yet others learn the three R's.

Boys and girls from the last two groups often return home or find a job outside. If a satisfactory placement can be made, the staff is only too ready to send them out.

These youngsters are just like other children, other big boys and girls. They have the same longing for companionship, a desire to be appreciated, a love of beautiful things, and a sincere reverence for the Heavenly Father.

OUR AIMS ARE:

1. To educate and train those who have the capacity and to send them back home to help in their communities.
2. To make living conditions home-like so our boys and girls will be contented and happy with a feeling of security.
3. To keep up their morale through recreational and religious opportunities.
4. To have the necessary equipment so that each department can carry on its duties efficiently.
5. To provide suitable living quarters for the staff.
6. To employ a high grade, well trained staff.

There are economic factors involved in giving these boys and girls this opportunity.

In training these youths in methods of work they may be able to return home and make a worthwhile contribution in the community.

Often by placing a child at Caswell a member of the family who has been taking care of him is free to get a job.

These children are citizens of North Carolina. Their parents are taxpayers, and yet these children cannot have the benefit of the public school. The opportunities for them to learn should not be restricted but enlarged. All the departments at Caswell Training School need to be expanded and the work intensified.

SCHOOL DEPARTMENT

Extension of Arts and Crafts Program

The School Department has long had an arts and crafts program for all school children and several years ago such a program was available for youngsters who did not attend school. The first of February saw the renewal of this activity for three groups: for pre-school youngsters who may be able to attend the regular school in the future, for crippled boys and girls and those who are too limited mentally to ever be able to attend school, and for boys and girls who are beyond school age and are workers in the Training School.

Two teachers are now working on this new program and it is hoped that one or two more teachers may be added in a few months. Mrs. Ann Moore has morning classes for groups from Cottage 3 and Wooten B. In the afternoon she meets groups in Dewey Building, Austin A and B, Johnson 3 and 4 and Kendall 2. On Monday and Wednesday nights she meets groups of older working girls in McNairy and Wooten B. Mr. G. R. Howell has morning classes for Cottages 6 and 7. During the afternoons he goes to Pollack and Boys' Problem buildings and to Parrott 1 and 3 and Byrum 2. After supper he meets working boys from Cartwright and Pollack.

For the younger children, stress is on sense training activities which will help to develop each child's skills. If any of these children develop to the point where they may be able to do regular school work, they will then be referred to the psychology department for retesting and possible school assignment. In work with older boys and girls, stress is on activities which may help to develop manual skills and work habits as part of the school's work training program. For crippled youngsters, arts and crafts activities serve as occupational therapy. This last portion of the program should be directed by a trained occupational therapist, but since such a person is not available, the two teachers will do their best to make available stimulating and constructive activities for the youngsters who are both mentally and physically handicapped.

The present program includes the following activities: drawing, coloring, finger-painting, weaving, spool knitting, needle-craft, paper construction, woodworking and various hobby crafts for boys.

—C. G. Mitchell

* * *

The Academic Department

The academic department of Caswell Training School is organized under eleven teachers into kindergarten level, beginners in reading, pre-primary, primary, intermediate, advanced, household arts, crafts and music. All the pupils spend three hours daily in the school.

The school work starts on a kindergarten level. The program for this group is organized around free play which includes toys of all kind, games, songs and rhythm band activities. The teachers attempt to stimulate creative activities by telling stories and having children relate incidents of daily happenings. This group has given several chapel programs demonstrating this work in which all their children took part.

The beginners and pre-primary grades are composed of those children who give promise of ability to learn to read. They begin number work, writing and simple oral language. To experience the use of numbers they are encouraged to play games using toy telephones, tea sets, automobiles, etc. They print traffic signs and are taught traffic signals. They also engage in rhythmic activities.

We try to have the primary work on a first grade level and use regular public school material as much as possible. The intermediate work is on a second and third grade level. A good many of the children in the Primary and Intermediate groups have come to us from the public schools and have experienced failure in the regular grades. Some of the boys come with a dislike of academic work because of their lack of success in schools back home. The first thing the teacher does is to try to assist them in adjusting to our school organization in a successful way. They have reading, spelling, writing, arithmetic and simple language work.

The advanced boys and girls have third, fourth and fifth grade work. In addition to the usual three R's on this level they are taught geography, history and language as far as they can take in the courses. The Primary, Intermediate and Advanced groups are all taught letter writing and write very creditable letters. They are able to correspond with their parents and friends.

Girls from the Advanced groups take household arts and learn to wash dishes, set tables, follow a recipe and cook, serve a meal and do general house cleaning. Many of our girls have gone out to work in homes and most of them have made good. Those who return to their own homes make use of the cooking and sewing courses learned at Caswell.

The craft rooms are places of continuous activities, but the crowded condition in this department has been a great handicap. We have groups of boys every week making bird houses, mailboxes, book shelves, magazine stands, serving trays, tables, garden baskets and small chairs. All the boys enjoy the work and beg to come to craft. The girls are trained in embroidery, plain sewing, crocheting, rug weaving, painting, etc. Both the Intermediate and Advanced girls help to remodel and make new costumes for Christmas and Spring programs and at other times when the occasion arises.

All our children enjoy music, and we feel that they get splendid training at Caswell. They sing in regular classes as well as in glee clubs. They enjoy listening to Victrola records. The music department gives chapel programs for the school children every week, and twice a year the public is invited to the two outstanding programs—one

at Christmas and the other in the Spring. The glee clubs are taught hymns for their Sunday programs and often give special numbers for the Staff services.

The subjects taught in our school are not different from what is taught in the public schools, but the important thing is the way the work is presented. Our teachers must be versatile. Any extra talent a teacher has is used in the general school program. Our aim is to train a child according to his aptitudes and abilities that he may become a "helper" and assist in the various departments of the institution, or, if possible, be prepared to help at home or to get a simple job, if they should be paroled.

We often receive letters from former inmates expressing appreciation of the work they learned to do at Caswell.

MRS. B. S. BARNES,
Principal

* * *

Arts and Crafts

In the school department at Caswell there are two teachers trained and experienced in arts and crafts who give their full time to this work. They reach every child who comes to school and give to that child an opportunity to develop coordination of mind and muscle. They try to encourage self-expression and confidence in latent ability. This is often a slow and difficult process since most of the children who enter here are discouraged and inhibited by a sense of failure in trying to live up to standards in public schools and in their home community activities.

Many of the girls have learned to cut out and make complete aprons, dresses and smocks, lunch cloths and towels. Among other things, the boys learn to make stools, chairs, shelves, garden boxes and small chests out of plywood.

Every year one or more public exhibits is arranged. At the annual Lenior County School Arts Festival held in Kinston at the Eagle Warehouse, our school makes a very creditable showing. We are now planning one for this coming March. We are often asked to exhibit at Greenville and other nearby towns. Whenever we do so it is with pride and confidence in our children's work.

Much of the crafts work is done for the love and satisfaction of doing things. There must be an interest or incentive of some kind. When an article is produced which is good enough to be genuinely admired, it gives pleasure. When the article is good enough to be bought by employees or visitors, that means added confidence. It means that the child gets a small percent of the price for spending money. That is indeed an incentive.

Handwork is so popular that the children beg to take it out to work on it at the dormitories. This is often allowed.

The primary girls use water-colors and crayons. They are encouraged to use their own ideas while attention is called to form and color. These girls begin in earnest to learn to sew. Simple basting stitches and outline stitches are taught first. They may make doll clothes, towels, scarfs, and pot holders.

Those who show an inclination and aptitude are given a chance to do stenciling on mats or lunch cloths; or to do decorative painting on paper plates, wooden plates and bowls, and on trays and cutting boards which the boys have cut out by hand from wood. Decorating the wooden articles which are made in the crafts room has been one of our most successful and enjoyable projects. The girls enjoy making lapel decorations of felt scraps, crocheting simple place mats, weaving rugs on floor looms and table looms. The work is always varied and the interest swings to include shell-craft for costume jewelry and fancy belts and necklaces of beads.

The boys come to crafts in groups. Something of interest is presented to the boys within their ability, and they are in persistent effort. Practically all boys like to use the coping saws and handsaws and to drive nails. They first cut simple forms of ducks, chickens, or animals. These they paint with tempera. Several long circus parades have been made and sold. They next learn to construct boxes, trucks, carts, bird houses, feeding stations and trays. On these they burn an outline design and then color with tempera or enamel paints.

Wood seems to be the most liked and practical material for boys to work with. However, the little fellows like to weave on small frames, as well as paint, color, and construct things of paper. Some of the advanced boys have decorated objects of glass, as cookie jars and drinking glasses. Some of this group constructed looms, did weaving and some worked with copper and aluminum foil. Practically all the boys enjoy craft and have done many things that are practical, attractive and easily sold.

One of the main functions of the craft department is to plan and make costumes for the special programs, plan and furnish stage settings and properties. For a recent spring program quite a number of life size circus animals were made of wire, paper, and cloth.

Far more is learned in craft than the making of the object. These boys and gfirls learn persistence, muscular coordination, judgment in the use of material, respect for the labor of others, how to work together, and realize the reward of painstaking effort. The aim of this training is to make it a preparation for the work projects in the institution and in the community back home.

MRS. J. T. HUGHES,
Craft Teacher

———o———

There is a destiny that makes us brothers.
—Edwin Markham.

———o———

Nations, like men, are never safe, when their chief thought is their own safety.

———o———

Cultivate the Universal Spirit.—Wm. Penn.

———o———

When alone, we have our own thoughts to watch;
When in the family, our tempers;
When in society, our tongues.
—H. More

WORK PROJECTS

Dairy Department—

My co-workers and I feel a great deal of responsibility towards training our State's mentally handicapped children who are placed in our care. We realize that the boys are limited in capabilities and we work with them with as much patience and understanding as we can master.

First of all we try to win the respect and the confidence of the child by making him feel that he is needed in our working program. One of the most important factors in training a child is to make him happy and contented in his work, therefore, it is necessary that we work with him in a pleasant atmosphere. The purpose of training a child for life outside of an institution is defeated unless he has been taught to work cooperatively with his fellow-workers and to respect discipline. We try to emphasize the importance of this practice from day to day.

Our work in the dairy department is regular and routine and this in itself is training. They are actually taught the importance of cleanliness and sanitary rules necessary in our particular kind of work. They learn to milk by hand, and read scales for weighing milk. This interest is stimulated by competition in the milk production of favorite cows. The boys learn the way of feeding and this is more complicated than one may realize. For instance, the cows are fed according to production, size, age, etc. They are taught to recognize the different cows in our herd and their relationship to each other. They learn that kindness to an animal makes the animal respond more readily to their handling.

Naturally, we realize that all of the boys in our training program are not capable of taking the full amount of training which is essential for operation of this industry. Some are taught the more simple routine such as - cleaning barns, barnyard, and bedding barns. We make them feel that each job that they do is important to the operation. We hope to teach our children to take pride in producing the world's most perfect food for which there is no substitute.

Is it necessary to disregard profit-making in our institution since economy is a great factor in training? In my opinion the practice of economy is essential to qualify the child to take care of himself and to adjust to a life of his own.

We welcome the authorities, the parents, guardians, or anyone who is interested in this training, in visiting our dairy department and observe our children at their work.

A. J. OLIVER,
Livestock Manager

Carpenter Shop—

I train my boys to do most anything along this line. Under supervision they mix concrete, finish concrete, sand floors with the sanding machine, and paint roofs and even help install playground equipment.

They must clean up the carpenter shop and put the tools in their right places. There is good team work in this gang.

There is hardly a building project on this place but what these boys have had a hand in it, if no more than in digging ditches and pouring in the foundation.

W. E. MUMFORD,
Carpenter

The Sewing Department—

We have 35 girls in the sewing and mending department, divided into three classes, the beginners, the intermediate, and the advanced.

My co-workers and I train them to make dresses, gowns, pants, boys' shirts and underwear. They make button-holes, sew on buttons, mend and make alterations under our supervision.

The girls enjoy their work very much, and are very happy when they have come along far enough to make a garment by themselves.

In a sunny room with the radio playing and our sewing machines humming our girls consider this a happy place to work.

When trained, many of these girls go back home. It is very gratifying to get letters from girls in garment factories whom we have taught to sew and make clothing.

MRS. STOKES,
Sewing Department

The Vegetable Garden—

It is high time now for spring planting of certain crops. Our team of boys have already put into the ground cabbage, garden peas, beets, carrots, and onions. Looking ahead the boys have put in summer crops in plant beds which they prepared.

In this department, I teach the preparation of the soil and readying it for planting, different ways of planting as seeds require, various depts of hoeing as the crops require, how to tell when crops are mature, as the right stage to pull roasting ears. They must gather crops in the best way so as not to get bruised nor wasted.

Certain crops are sent to our canning factory on the place where girls put up peas, beans, tomatoes, squash and blackberries for use in the winter. Not any of the crops are sold. The purpose is to raise these vegetables for the table at Caswell.

Our boys realize that they have an important job in helping to supply food for our children. This raises their morale and gives them confidence and self-esteem. In the many operations they learn cooperation with one another. The call of duty when long hours and over-time are needed call forth real self-denial. They learn restraint and self-control.

Many of our best workers have gone home to help in farm work. Then we have to take some of the younger boys and train them.

LEON HAM, Gardener

(Please turn to page 7)

Jottings from the Dormitories

Cottage 4—

This teen-age group of girls is trying hard to learn to darn and embroider when not attending school or doing their household chores. Keeping our building clean, taking care of their clothes, dressing themselves nicely so that they make a good appearance for each other in the cottage and outside are all a preparation for living back home.

We try to teach the very important thing of not giving out any harsh words or deeds that we would not want handed back to us.

If we can accomplish this, we shall feel that we have carried on a worth-while program for these young girls.

Cottage 7—

We have a very nice group of boys. These boys are taught to do their work neatly and nicely. We have some who mop floors, some to make beds and some to keep the yard cleaned up. Each boy knows his job so they do it nicely and quietly. They all attend Sunday school, the picture show, and the Pete Frazier show. Mr. Howell comes and plays ball some afternoons. We have all kinds of parties, too, and lots of fun.

—Matrons

Cottage 2—

All our little girls have learned to make their beds after an early breakfast. They they go to school.

These children are at the trainable age and are taught to take care of their clothes, to be prompt at meals, to have good table manners and to be polite wherever they are. There is a period at night for Bible reading and prayers.

A Valentine party was given to this cottage by one of the mothers, which the little girls enjoyed very much.

—Matrons

Kendall Hall - 3—

The "helping girls" in our ward do a great deal of the work for these severely handicapped inmates as bathing and feeding them.

In the morning as these helpers come in, each one gets to work in his own place. Some sweep, some mop, some wash beds and some help look after the laundry.

It is quite remarkable to see how these girls keep happy at such duties. They seem to realize that they have a big, important job in helping to care for these helpless ones.

—Madams Grady, Casper, Aycock, and Hines

Austin A—

We train our girls to do their work and do it well. To live, work and play together and to care for their daily physical needs—all this to the best of their ability. They make beds, sweep, mop. We make a point of personal appearance and let them pay special attention to keeping their hair pretty. They help other girls to dress, as sisters do.

—Matrons

Parrott Hall - 3—

In training our boys we first start them in the belroom and show them how to make up their beds. Then they must sweep and mop the floor.

We have four helpers whom we talk to and try to show the right way to do things. They are all good to the helpless boys and try to give them the best care they can. We all try to do our best by these very handicapped boys.

—Mr. Raymond Myers, Attendant

Tapp Building—

This is the month for Valentines and we are all looking forward toward exchanging valentines with our friends.

When they come in from their work on the farm, at the shop, in the laundry, chicken yard and dairy, our boys enjoy putting puzzles together, listening to the radio, or looking at television with boys from other buildings.

They like the chapel programs and the way Mr. Mitchell explains the scriptures. The sacred records are greatly enjoyed.

Besides their "jobs", we train these boys to make up their beds, to sweep the rooms, to sort out the clean clothes, and to do many other things that go with housekeeping.

—Matrons and Attendants

Byrum Hall - 2—

The little fellows in this ward get a big thrill out of going to the yard and playing in the sunshine, watching the trains go by and also watching the air planes, and all the boys like to hear the radio.

—Mrs. Cox

Johnson Hall - 4—

We have a group of several different grades of girls. Some of them can do beautiful handwork. We work puzzles and play ball. Some can sew buttons on and mend the clothes. Some of the girls have had "permanents," which help their morale. They want to look pretty when they go on walks or to the playgound and to the movie every Friday night.

—Matrons

Dawson Building—

We are the girls that moved from Wooten A to Dawson Building. We like living here fine. The girls say it seems just like a real home, with all the lamps and nice furniture.

When they come in from work the girls play cards, listen to radio and embroider.

Mr. Mitchell comes over at least once a week and conducts a religious service, which is a great help in inspiring the girls to do better. We appreciate and enjoy his doing this very much.

—Matrons

Cartwright Building—

We are back to normal again since outbreak of influenza. The training program is going along as usual. Our one desire is to train the children

in various occupations, that they may become independent and useful citizens, as they go out into society.

Our boys acquire this training by actual experience. Some are learning to raise and care for poultry and hogs, dairying, gardening, farming, while others are in training at the laundry, carpenter shop and hospital.

In the dormitory we try to teach them cleanliness, kindness, courtesy, to dress well, have table manners at all times, attend religious worship, and remember daily to thank God, who cares and watches over us.

—Matron and Attendant

McNairy Building—

On Jan. 16, 1953, Dawson girls and their matrons moved over to the McNairy Building which has been renovated. We think it is just lovely. About ten days later a group of girls from Wooten A and B and Austin A and B came to be with us. Now we have quite a large group. But we hope to soon get all settled and have lots of fun. All of our girls except two have definite jobs—some work in the hospital, laundry, sewing room, kitchen department and wards. We hope all will be very happy with their work. Each of our girls is trying to learn to live happily together, to keep our home and grounds clean and beautiful, to do each task so well that no one can can do it better and to live happy useful lives wherever we are.

—Matrons

Wooten B Building—

There have been many changes in our building since Christmas, nine of our girls moved to other departments and we welcomed four new ones. Most of our girls work out, some in our laundry, sewing and mending room, in the hospital and in the wards. Those who remain in the building help us "keep house." After the work has been finished the girls play the radio or record player, put puzzles together, play cards and Chinese checkers. Many of them have lovely dolls to cuddle or leave on the piano and some even like to keep them on their beds and admire them as they walk by. Our aim is to make our building as home-like as possible.

—Matrons

Work Projects

(From page 5)

The Laundry—

In our laundry we teach fifty-five inmates to wash make the starch, and iron the clothes—shirts, uniforms, dresses and flat work. They read the laundry lists and assemble the clothes.

We impress on them to be careful in handling clothes so as not to tear them. They learn how clothes should be washed and which ones should be starched. They are taught to use the pressing machine. The laundry is equipped with modern machinery with safety devices. It is operated for the children and the employees, making a total of about 1700 people. Some of the children must have daily changes which is an added number.

We realize that this is a part of the training program, and operate with the same business methods as in commercial laundries, teaching our workers promptness, reliability, and cooperation.

A. C. YERTON,
Laundry Supervisor

RECREATION NEWS

Our new park and playground is now partially complete and is being used every day by many groups of our children. We feel that this has been a great addition to the facilities here at Caswell and should be used to the maximum by every group of children possible. This is our first area and is just a good beginning on the many things that we hope to have for our children. Much of the equipment in this area has been donated by the Junior Woman's Clubs of North Carolina.

These Junior Woman's Clubs have been a tremendous help to us in our program during the last several months. We feel that their support of our program will lead to many of the nicer facilities and many little things which we could not otherwise obtain. They have been instrumental in our fight for a recreational building and a recreation budget.

We now have a new Sunday School leader. Mr. Mitchell has replaced me in that capacity after I have completed three and a half years as its reorganizer and leader. During this time the services have been set up on the same basis as a regular Church School on the outside. It is my hope that Mr. Mitchell will receive the same fine spirit of co-operation which I have found among the matrons and attendants in carrying on these spiritual activities. The attendance now averages a few over 500 per Sunday at the present and this should rise even higher. Mr. Mitchell has certainly added much to the services and can direct us toward a greater spiritual understanding. Let us all get as much from this activity as is possible and make our school a finer place in which to live.

We are planning to have several parties and weiner roasts as soon as the weather and sickness will allow. Baseball is just around the corner and so is spring and all its many activities. Let us all hope for a warm and activity packed spring which is sure to bring much happiness to all through the medium of play as well as work.

JESSE M. LAMM,
Recreation Director

Correction: - It was through the generosity of the Kinston Junior Chamber of Commerce that our children went to the circus last summer.—Ed.

—o—

He's true to God who's true to man; wherever wrong is done
To the humblest and the weakest, 'neath the all-beholding sun,
That wrong is also done to us; and they are slaves most base,
Whose love of right is for themselves, and not for all the race.

—James Russell Lowell

QUOTES by Staff Members

We can make these children happy and healthy when a variety of provisions is provided to give them a well-balanced diet—not the same things week-in and week-out. We have many children who require special diet. It costs more money to feed them properly.

—Dietitian

In order to care for this type of child it is necessary and important to secure and maintain an adequately trained staff. To accomplish this the institution must provide suitable living quarters for employees.

—The Business Office

Every child who is capable of profiting from scholastic work should be given the opportunity of enrolling in our school department. We are terribly handicapped by not having more rooms and more teachers.

—Principal

Physical Training needs to be stressed, not only to strengthen motor coordination but for the better general physical well-being of every child. The need for a gymnasium is great.

—Recreation Director

After helping with the general run of work these boys and girls need a complete change and relaxation in a social center.

—Supervisor

The Test of a Man

THE PLACE to take the true measure of a man is not the forum or the field, not the market place or the Amen corner, but at his own fireside. There he lays aside his mask and you may judge whether he is imp or angel, king or cur, hero or humbug. I care not what the world says of him; whether it crown him with bay, or pelt him with bad eggs; I care never a copper what his reputation or religion may be; if his babes dread his homecoming and his better-half has to swallow her heart every time she has to ask him for a five-dollar bill, he's a fraud of the first water, even though he prays night and morn till he's black in the face, and howls hallelujah till he shakes the eternal hills. But if his children rush to the front gate to greet him, and love's own sunshine illuminates the face of his wife when she hears his footfall, you may take it for granted that he is true gold, for his home's a Heaven, and the humbug never gets that near the great white throne of God. I can forgive much in that fellow mortal who would rather make men swear than women weep; who would rather have the hate of the whole he-world than the contempt of his wife; who would rather call anger to the eyes of a King than fear to the face of a child.—William Cowper Brann.

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The CASWELL NEWS

Then the little Hiawatha
Learned of every bird its language,
Learned their names and all their secrets
How they built their nests in Summer,
Where they hid themselves in Winter,
Talked with them whene'er he met them,
Called them "Hiawatha's Chickens."

Of all beasts he learned the language,
Learned their names and all their secrets,
How the beavers built their lodges,
Where the squirrels hid their acorns,
How the reindeer ran so swiftly,
Why the rabbit was so timid,
Talked with them whene'er he met them,
Called them "Hiawatha's Brothers."

Henry Wadsworth Longfellow

June, 1953

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The Caswell News

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Just A Friendly Interest

"That boy works in my department and I am going to do all I can for him." So said the "head" of one of our work projects.

This youngster had come from the mountains and, after several escapades, had landed at Caswell. When he came here he was disobedient, distrustful of others, a run-away back home, defiant of authority, and had even come under the law. Brow-beaten, cowed, sullen, despised, made fun of, thwarted, confused, he had retaliated by trying to go them one better. He did as he pleased with no thought of the consequences.

In contrast to his waywardness, he has not given any trouble at Caswell. He has been doing a man-size job willingly, has proven to be very dependable and cooperates with those in authority.

What caused the change? It is in those words, "I am going to do all I can for him while he is working for me."

Most of the day-light hours of these boys are spent with the employees who have a great influence over these fellows. That is the reason Caswell needs good men in the various departments - men who are upright, kind, yet firm - men who will take a fatherly interest in these boys.

How can this be done? Sometimes the boy will give a lead. What appears to be a small remark by the youngster may be the main thought in his mind. He is fishing around for help. Just to listen may give the chance to set him right. Or something happens - it may be a good thing - and just a passing word from the boss may show him why it is right.

Some one misbehaves. A little remark may give the boy the right idea about it. It is this influence of a fatherly man on a growing boy that is needed. A boy may be confused because he does not know exactly how to do a piece of work. Extra explanation should be given in simple language and repeated as often as necessary. An old preacher was asked how it was that his congregation knew so much about the Bible. "Well," said he, "first, I tell them what I'm going to tell them. Then I tell it. Then I tell them what I have told them."

It takes just that for some boys to know what to do. The same thing applies to showing him how to do a piece of work. It has to be demonstrated over and over.

One of the "heads" said, "I get down and take hold of the thing and do it. Then the boy tries to do it as I did. Then I show him again and watch him - maybe show him again. Then he stands on one side and he does it while I do it on the other side. I repeat the performance if necessary."

All this should be done in a kind manner, else the boy will catch the irritation and lose the explanation.

A fourth grade school teacher called in the carpenter at work at the school. He brought his tools and showed the class how to use a saw, and he sawed a piece of wood right there. Then, he showed them how to carry it, for it is a dangerous tool. He ended his talk with showing the class how to put it away.

Never forget that to commend or praise the work of a boy keeps friendship oiled. Things go more smoothly. After hot, steady hours of work a few words of "well done" go a long way. It makes him feel as if he is appreciated. To point out how he has helped or how all have helped together makes each one feel that he belongs to some one or to the group - makes him feel secure. A word of praise is a little thing to give but a great reward to the boy.

No one can tell another how to influence or help these young friends, but if our aim is to guide them into right action, we must put forth the effort and take every opportunity to encourage them. If we are interested in them, we shall find many ways to guide them, helping them over hard places and leading them in the right way. And the boys will understand and appreciate this friendly guidance.

That which thou wouldst not suffer thyself, seek not to lay upon others.

. . CAMPUS ITEMS . .

Parents and Friends Association

On May 7, 1953 a group of parents and friends of our children met at Caswell to discuss plans for forming the organization, North Carolina Parents and Friends of the Mentally Retarded Children. Dr. W. C. Byrd acted as chairman, explaining the aims and purposes of such an organization. Temporary officers were appointed and a planning committee was selected. An organizational meeting will soon be called to elect a slate of officers and to adopt a constitution and by-laws. Fifty-nine persons became charter members that day and anyone interested in becoming a member can do so by paying the membership fee of $1.00. This organization is a national organization and wherever it has been adopted has proved of a great value and help to the exceptional child.

The temporary chairman, Mr. Taylor R. Kennerly, 1007 Willington St., High Point, N. C., will answer any inquiry if any one should be interested.

* * *

Open House

On May 7, 1953 Caswell held its second Open House for all parents and friends of the school. Regular tours were conducted giving the parents an opportunity of seeing where their children live, eat and sleep. Before the tours Dr. W. C. Byrd made a few introductory remarks and introduced Mr. S. H. Stroud, the business manager. The heads of each department were then introduced in turn. Punch and cookies were served by the home economics class, Mrs. W. C. Byrd and Mrs. S. H. Stroud acting as hostesses.

After the tours all visitors gathered at the auditorium to see excerpts of the spring pageant which was to be given by the children the following week. Three hundred ninety persons were registered but it was estimated that about five hundred people visited the school. Even though it rained, everyone felt the day had been a most successful one. Parents especially appreciated this opportunity of visiting their children's "homes."

* * *

Interesting Details

Mr. Jesse Lamm, Recreation Director, attended the South Eastern Hospitals Recreation Institute which met in Chapel Hill, May 23. This is the first meeting bringing together recreation people in hospitals from Texas to North Carolina.

Miss Pearl L. Adkins, Social Director, attended the North Carolina Conference for Social Service which met May 3rd to 5th in Asheville. She attended also a meeting of the Social Service Departments of North Carolina Hospitals in Raleigh.

Miss Elizabeth M. Brown attended the North Carolina Psychlogical Association which met at State College, Raleigh, on May 9th.

Miss Helen Manly of the Recreation Department who has been with us a year has left for other work. She added much to the enjoyment of the children who will miss her greatly.

Spring Program

Presented By
Caswell Training School, May 13, 1953

I. Rhythm Band
II. Coronation March
III. Entertainment for the Court

"Festival of Nations"

America
"Pale Moon", an Indian Love Song - Girls' Glee Club
Indian Dance - Kindergarten boys
Indian Dance - Pre-primary boys
Minuet - Christine and Sammy
Square Dance

Japan
A Japanese Song and Dance - Wilma and Doris

Holland
"Holland Maids" - Intermediate Girls
Dutch Dance - Nancy and Margaret

Germany
Hansel and Gretal Dance

Hungary
Hungarian Dance (Cheboygan)

France
"The Chimes of Dunkirk," a singing game

Ireland
"Kerry Dance" - Song and Dance

Scotland
Highland Schottische - Margaret and Nancy
"Comin' Thru the Rye" - Girls' Glee Club

England
"The Keeper - An English Folk Song - Boys' Glee Club
"O, No John" - An English Folk Song - Mixed Chorus
"May Day Dance" - An English Folk Song - Mixed Chorus
May Pole Dance

IV. "World Peace Hymn" - Mixed Chorus
V. Exit of the Court

An event of great importance to the employees took place recently - that is, if eating ranks with big events. The new kitchen was opened for service. Resplendant is the apt word as it gives a good description for the huge aluminum kettles, ovens and tables gleaming with importance. Modern utensils add to culinary efficiency.

Next, the new staff diningroom testily done in green and the new tables and chairs, not to mention steam tables, add to the pleasure of the meals.

With 300 Easter dresses made, with ruffles and braid, sun back and coats, our 25 girls at the sewing machines stay busy. We turn out 60 to 90 garments daily, cut 80 to 90 garments, and work 95 to 100 button holes and sew on buttons. Four hundred to 500 garments are sent out in one

SCHOOL DEPARTMENT

The Spring Pageant

Under the fine leadership of Mrs. Marion Oettinger, Musical Director, another spring program has made history for Caswell.

Measured by whatever standards programs are measured - beautiful costumes, the setting, the applause of a large audience, the happy abandon of the children in songs and dances, and the weather - the spring program was a memorable success.

"You can't please everybody," is disproved by the favorable comments from all our visitors.

In keeping with the coronation year, the spring program was called, "The Festival of Nations."

One hundred and sixty-five children were used in the program which was given for the public on the night of May 13, 1953.

The Rhythm Band, with thirty-two children from the kindergarten, pre-primer and primary classes, played the Coronation March and three other numbers with splendid timing, rhythm and accent. The band was conducted by Mrs. W. T. Parrott.

Entertainment for the Court followed.

America led the nations with a song and tableaux, "Pale Moon," and Indian dances by little boys. Then came the minuet in colonial costume, and the American square dance. Japan with a song and dance with parasols and fans.

Holland entertained with a clever comedy dance and a "Wooden Shoe" song. Germany, Hungary, France, Ireland, Scotland contributed the Highland Schottische, presented songs and dances respective of each country.

The costumes were very attractive. They were made and designed in the craft department under the supervision of Mrs. Hughes and Mrs. Nunn.

Particular mention should be given the Boys Glee Club for the rendition of two English Folk songs, "The Keeper" and, "O, No John."

The interpretation and the singing of the songs were unusually fine. The lovely Maypole dance was England's final offering. This dance and the square dance were under the direction of Mr. Jesse Lamm, Recreational Director of Caswell. Both dances were well received and were executed with finesse and grace.

The "World Peace Hymn" sung by a chorus of mixed voices, and the "Exit of the Court" concluded the colorful "Festival of Nations."

"This year's program was the best ever," we said. Then we remembered we had said the same thing every year. Maybe they do get better. Or perhaps it's just that each time we are amazed at the way our children perform and that they can and are being so successfully trained.

Mrs. N. G. Bartlett

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week. In our mending room 200 to 300 garments are altered, mended and darned, and 90 to 100 button holes and buttons are done daily.

Mrs. Stokes

School Parties

After weeks of school work and practice for the spring program, Mrs. Ben Barnes, Principal of the Caswell School Department, decided that a reward was in order for the school children.

Nothing could be better than a party.

Friday, May fifteenth, was the day selected, and two parties were arranged. The morning classes came at ten thirty and the afternoon classes at two o'clock.

Dr. Byrd gave his permission for the children to be excused from school on Friday in order for the teachers to get things ready for the parties.

So, donning smocks and aprons, the teachers got busy making peanut butter sandwiches.

Punch was made, flowers were arranged and the table fixed up in party dress.

With the help of Mr. Lamm and some of the big boys, the auditorium was cleared of the chairs for the crowd. Then, trays piled high with sandwiches and cookies, and a sparkling glass bowl filled with delicious red punch, all was ready, and not a minute to soon, either, for the morning classes were right on time.

Then again at two o'clock came a repeat performance for the afternoon classes. There was supervised play but no organized play - no "Precision of a Gruen."

Noise? Yes.

Plenty of good, healthy noise, and behind it happy, healthy girls and boys.

Mrs. N. G. Bartlett

—o—

Crafts Seen On Our Western Trip

A short time after I started teaching crafts at Caswell, our son was sent to Williams Air Force Base in Arizona for advance training as a jet fighter pilot. Soon he began writing the most interesting letters about the different crafts he saw in the West.

My husband and I seized this opportunity to "Go West," and I'm sure that I'm a better craft teacher for having seen so much interesting craft of other folk.

At El Paso we made our first contact with Mexico. This city was most interesting with its shops and people so different from those of the East.

Our visit to Mexico proved utterly fascinating. There were shops and little sidewalk stalls and booths on all sides. Everyone was crying his ware most, of it in Spanish. I found myself trying hard to remember a few words of that language. We had fun shopping here, only bemoaning the lack of time and car space for there were so many lovely things and all were so reasonable in price.

Oh, did I tell you that we went over to Mexico on the Pedestrian Bridge? We did, and there was a toll of two cents to enter Mexico and another of one cent to return to this country. Under the bridge were many little Mexican boys who gaily called in English asking for a penny. Many were tossed their way.

(Please turn to page 6)

Jottings from the Dormitories

Cottage 2 - All the girls in Cottage 2 have to work in the morning to get our building clean before going to school. After that they usually have a treat. Sometimes they take their money and go to the store or sometimes they have candy or cookies that the parents have sent. Then in the afternoon they go to the playground.

The Matrons

* * *

Johnson Hall Dorm. 3 - Lucy's grandmother gave her such a beautiful birthday party recently. The cakes were lovely and the ice cream delicious. All the girls were invited and spent a very happy time.

With thirty-nine girls listed we stay pretty busy keeping our ward as neat and clean as possible. The girls play outdoors during the day when the weather is suitable. They are served refreshments in the afternoons. Friday of each week we give the girls a little party. Three times a week after they have had supper, bathing time is next. The girls have their baths, hair combed and are ready for bed by 7 P.M.

Vacations are coming up soon. Some of the girls are looking forward to going home.

We, the matrons, are proud of our children, and try to train them the best we can.

Matrons

* * *

Cottage 4 - The girls in Cottage 4 are looking forward to their vacation after nine months of school. There were a large number of our little group in the spring program which was excellent. They enjoy school and their work at the sewing-room and laundry. For play they like to go to the playground where they have slides, swings and skating. They also enjoy playing ball on the cottage lawn.

Judy had a birthday and her mother gave her a very nice party with candy, cookies, and drinks.

Mrs. Little

* * *

Dawson Building - Since the last publication of the Caswell News many things of interest have been taking place in the Dawson Building.

The first thing of interest was Easter. We had nice, impressive services with movie lessons as well as explanations by Mr. Mitchell, our chaplain. It was a beautiful Sunday, making the day a more pleasant one. The sunshine allowed us to take pictures of our friends in front of the auditorium.

We have had three admissions to our group within the last few weeks. They are nice girls and we like them very much.

On May 15th Mrs. Oettinger, Mrs. Madry and Mr. Mitchell took twelve glee club girls to attend Grainger High School Commencement exercises which we enjoyed.

Mr. Mitchell visits us often holding various group meetings. We find him helpful in solving our problems and we appreciate his interest in us.

Other than our usual work and duties in school, we have struggled through the spring program on May 14th. It was quite a relief to be back on our regular schedule, as practicing for the program with our work and other duties made our days a bit long.

On March 19th the Junior Women's Club of Raleigh, N. C. donated a television set to Dawson building. We enjoy the entertainment it gives us and we wish to express our thanks for it.

School coming to a close on May 29th, we are looking forward to our summer vacations. We hope many of us can go home or to visit friends and have an enjoyable time.

Matrons

* * *

McNairy Building - School is nearly over and our girls are looking forward to a happy and busy summer. Many will go home. Others will spend the summer at Caswell, having both fun and work. Those who do not go home usually go on picnics, swimming parties and have lots of fun here. Gladys, Dorothy and Doris have already gone away. We wish them much happiness and success. Rosa Mae's mother came and took her home for a few days. Rosa Mae reported a very happy visit. Annie Mae spent a weekend at home recently. Mary Alice's friends took her for supper last Saturday. Alice and Ora went shopping with their matron recently and spent a very happy afternoon. On April the seventh Marion's parents gave her a lovely party in honor of her birthday. Just at sunset a table was set on the lawn, covered with a white cloth and centered with spring flowers. Marion cut the first slice of cake and her matrons finished cutting the lovely birthday cake and served it with ice cream, candies and nuts to all McNairy girls and matrons. Her guests included Mr. Mitchell and Mrs. Fann. The girls sang "Happy Birthday" and wished Marion many more.

* * *

Wooten A. - The little girls in Wooten A. are really enjoying the hot weather by staying out on the playground. Some go down on the slides while others swing, see-saw and build play houses.

They are already planning their summer vacation and looking forward to going home then.

They like to go to Sunday school and shows. All look forward to their Friday afternoon parties when they get drinks, ice cream, candy, cookies or such.

They play with their toys and look at books when indoors. They all seem very happy and contented most all the time.

Matrons

* * *

Johnson 4 - Our girls learn different crafts - and get lots of pleasure doing this creative work. They also enjoy music, shows, walks and our playground equipment, besides chapel on Sundays.

They will soon be looking forward to vacation days just ahead, and "going home" is the greatest thrill of all.

The Matrons

* * *

Cot. 7 - We have quite a few boys who are eagerly looking forward to vacation days, but there will be plenty of fun for those who remain.

They enjoy playing ball and playing on the slides and swings. They are also looking forward to the many shows and parties we expect to have this summer for those who do not go home on vacation.

Matrons

* * *

Cot. 8 - We have a nice group of little boys and I enjoy working with them. When we come on duty each one greets me and acts so happy to see me. We give them a treat once a week, cookies, candy, or something. They enjoy little things you do for them so much. Thru the winter months we read little Bible stories and little children's books of different kinds. They enjoy it. And in the summer we play outdoors until we have to come in to bathe feet and comb hair and get ready for bed. We have prayer all together and go to bed at 8:30 P.M. We have some boys who help me each morning to dress the little boys and make the beds. These boys are taught to do their work nicely. We bathe face and hands comb hair and look nice and neat when we march to breakfast. We enjoy dressing the little boys on Sunday A.M. most of all to go to Sunday School. They are so thrilled and happy and like to put on little ties and bows and look nice.

Mrs. G. W. Creel

* * *

Tapp - These boys have worked hard in school this year and now most of them are expecting a vacation. However, there are many activities that they can enjoy here, as, playground, television, pitching horse shoes, and ball games. They often go to the Kinston swimming pool. Sometimes those who remain here through the summer go on beach parties.

Attendants

* * *

Cartwright - We are well established in our new building now. The boys take great pride in the care of it, which shows their appreciation.

May 7th was "Open House" which was a rainy day, yet we had visitors, despite the weather.

Everyone enjoyed the splendid spring program, so ably presented by the teachers and pupils last week. All of us, eagerly, look forward to this pageant each year.

Attendants

* * *

Cot. 6 - The youngsters in Cottage 6 do not intend to be left out of the news this time!

Sunshiny days, green lawns to play upon to say nothing of the new playground equipment, have intrigued these little people. Little pink backs—all sunburn—no serious ones, are in evidence. The two swings are most popular - naturally all want to swing at once, but they willingly fall in line and swing by turn and are quite happy.

Many children are anticipating the vacations and home going, while others talk of picnics. They are planning sandwiches, boiled eggs and orangeades. They know what makes up a picnic lunch!

The Matrons

When a friend deals with a friend, let the bargain be clear and well penn'd, that they may continue friends to the end.

Crafts Seen On Our Western Trip

(From page 4)

After leaving El Paso we entered New Mexico, saw a colorful parade in Los Crusus and visited several interesting shops in Lordsburg.

Our first stop in Arizona was at Benson where we visited a curio shop containing crafts of all kinds but predominately Indian.

Then we came to Tucson after which we were really in the desert. The desert wild flowers were lovely and the miles and miles of yuca and cactus of all kinds, were most interesting. As we progressed north the mountains became more numerous and seemed nearer, though most of the time far enough away to assure a lovely pink, lavender or blue hue.

We stopped at several Indian trading posts that were fascinating to behold.

About three o'clock in the afternoon we reached Mesa, Arizona, where we were to spend three weeks. From here we took many short trips of interest, to the Grand Canyon, and to an Indian rodeo in Glove, Arizona. On our last week-end we visited San Diego, Long Beach and Los Angeles, California.

We were impressed with the greatness of the land and the variety of the people dwelling in our country. Truly, it was an inspiration to visit these wonderful places.

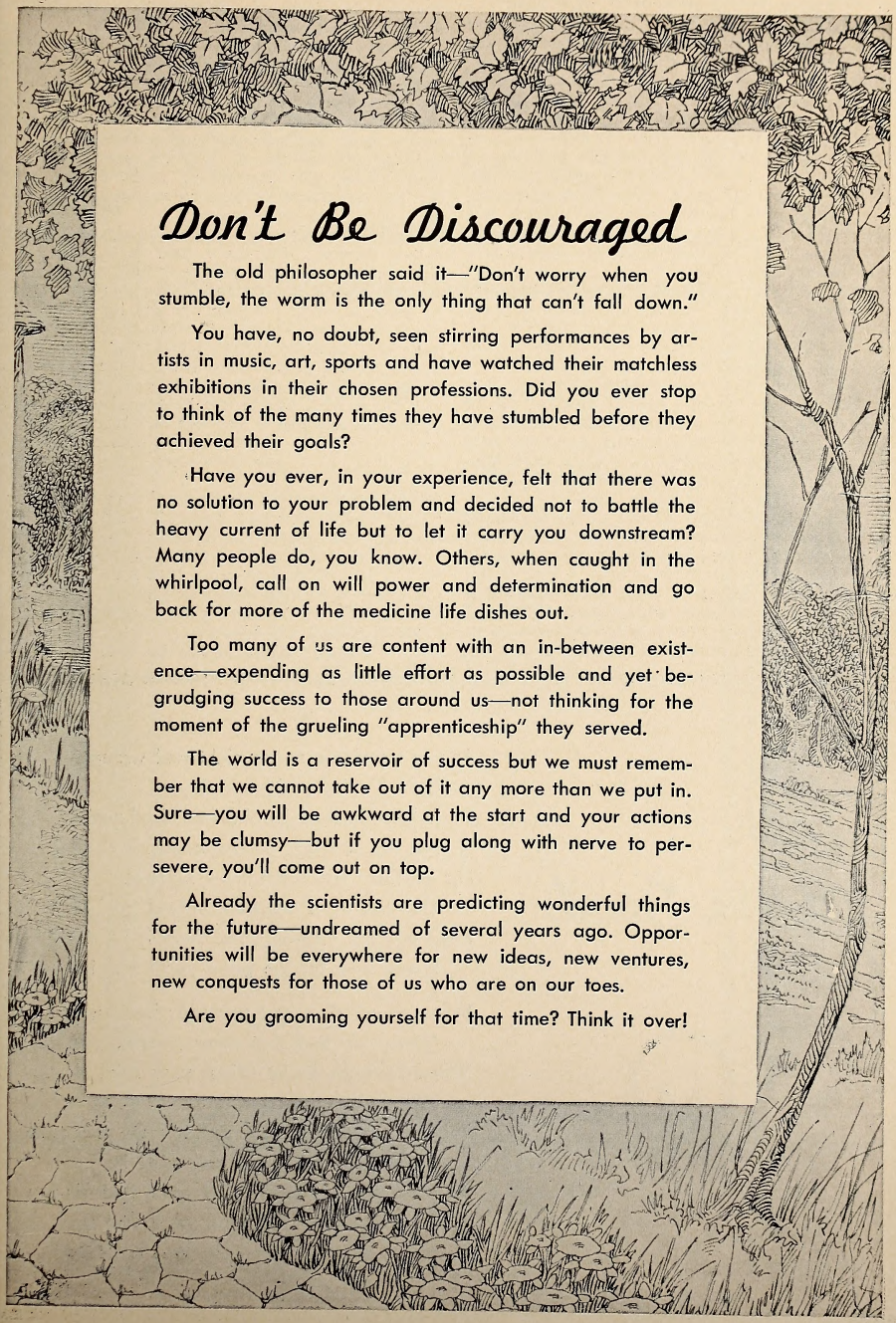
Gladys H. Nunn, Crafts Teacher

The Bridge-Builder

An old man, traveling a lone highway,
Came at the evening, cold and gray,
To a chasm deep and wide.
The old man crossed in the twilight dim,
For the sullen stream held no fears for him:
But he turned when he reached the other side,
And builded a bridge to span the tide.

"Old man," cried a fellow pilgrim near,
"You are wasting your strength with building here;
Your journey will end with the ending day
And you never again will pass this way;
You have crossed the chasm deep and wide,
Why build you a bridge at eventide?"

And the builder raised his old, gray head—
"Good friend, on the path I have come," he said,
"There followeth after me today
A youth whose feet will pass this way.
This stream which has been as naught to me,
To that fair-haired boy may a pitfall be;
He, too, must cross in the twilight dim—
Good friend, I am building this bridge for him."



Don't Be Discouraged

The old philosopher said it—"Don't worry when you stumble, the worm is the only thing that can't fall down."

You have, no doubt, seen stirring performances by artists in music, art, sports and have watched their matchless exhibitions in their chosen professions. Did you ever stop to think of the many times they have stumbled before they achieved their goals?

Have you ever, in your experience, felt that there was no solution to your problem and decided not to battle the heavy current of life but to let it carry you downstream? Many people do, you know. Others, when caught in the whirlpool, call on will power and determination and go back for more of the medicine life dishes out.

Too many of us are content with an in-between existence—expending as little effort as possible and yet begrudging success to those around us—not thinking for the moment of the grueling "apprenticeship" they served.

The world is a reservoir of success but we must remember that we cannot take out of it any more than we put in. Sure—you will be awkward at the start and your actions may be clumsy—but if you plug along with nerve to persevere, you'll come out on top.

Already the scientists are predicting wonderful things for the future—undreamed of several years ago. Opportunities will be everywhere for new ideas, new ventures, new conquests for those of us who are on our toes.

Are you grooming yourself for that time? Think it over!

Woodpeckers

The woodpeckers are the natural protectors of the forests of the temperate zone. But for them, tree-borers would multiply without limit, and the number of trees that would fall before the insect pests is quite beyond computation. While the robin, the thrush and the warblers take care of the caterpillars and the leaf-insects generally, the woodpecker sticks to the business of his own guild, and looks after the pests that attack the bark and the wood. The tree-creepers assist by picking off insects from the outside, but when it comes to the heavy work of digging borers out of the bark by main strength, the woodpecker is the only bird equal to it.

Usually, the long, barbed tongue of this bird is sufficient to spear a borer, and drag it forth to meet the death it deserves. When this will not do the work, the woodpecker's claws take a good grip on the bark, and serious work begins.

When a woodpecker is working hardest, you hear only a faint "chuck! chuck! chuck!" as he drives his sharp, wedge-like beak into the bark or soft wood. Often the falling chips are your first notice that a winged forester is at work aloft, digging out and devouring the larvae that, if left alone, bring decay and death to trees.

It is only the children of the cities who need to be told that woodpeckers have two toes in front and two behind to enable them to cling to tree-bark; that the natural perch of such a bird is the perpendicular trunk of a tree; that sometimes they store acorns in holes which they dig in the sides of decayed trees, not in order that worms in those acorns may develop, but in order to eat the acorns themselves. They nest high up in hollow tree-trunks, which they enter through round holes of their own making.

It is a good thing to feed wild birds of all species that are either useful or beautiful. The woodpeckers are the largest insectivorous birds that remain in the North over winter, and they appreciate friendly offerings of suet or fat pork, nailed high up on conspicuous tree-trunks. In the Zoological Park we put up every winter at least twenty-five two-pound strips of fat pork, for the woodpeckers and chickadees which live with us all the year round.

One woodpecker has many names, sometimes called Flicker, High-Hole and Yellow-Hammer. His regular call sounds like "Cheer-up!" but in spring he gives forth a call which comes very near to being a song. When written out, it is like "Cook-cook-cook-cook!" At that season, also, you hear this bird beat the "long roll," on a drum which Nature provides for him in the shape of a hollow tree with a thin, hard shell. The rapidity and force with which the bird strikes the blows producing this sound are almost beyond belief.

American Natural History,
by Hornaday

* * *

My Father has need of the birds and the flowers,
And a place for each beautiful tree;
And so I am sure in His wonderful plan
There's a place and a mission for me.
So wherever I go, and in all that I do,
I crave the clear vision to see
My place in my Father's own wonderful plan,
My task and His blessing for me.

From, "Altars Under the Sky," Anon!

Look for the Good

As you go along, seeing right and wrong
On all sides and around you,
Don't be dismayed by the bad displayed,
Nor let its might confound you.
For 'tis this I tell and I know full well
That the word has truth behind it;
Keep a sharp look-out, and there is no doubt
If you look for the good you'll find it.

When your luck is bad and your heart is sad,
When you find that cares perplex you;
When Fortune's frown brings your spirit down,
When Life's hard problems vex you,
Though your path is dark you will make your mark
If you take this word and mind it.
All your doubts subdue, and you'll find 'tis true
If you look for the good you'll find it.

—Alice Wise in Tid-Bits

North Carolina State Library
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The CASWELL NEWS

The United Nations Hymn

(Tune: Love Divine, All Love Excelling)

Thou whose breathing fills our bodies,
Thou whose pulse the world obey,
Tune our mind to heed Thy rythm
Known along the starry way.
Swing the nations to Thy measure,
Bid men's hatreds turn to song;
Fill us, thrill us with Thy music
End earth's bitterness and wrong.

Thou whose order rules the atom,
Thou whose law propels the sea,
Bring, oh bring, Thy warring peoples
Close within Thy harmony.
God of beauty, heal our madness,
God of love, our battles end.
Show the unity that binds us,
Foe to foe, or friend to friend.

Thou who lightest with Thy glory
Leaf and lake and cloud and star,
Light the hearts of man to justice,
Show us kindred as we are.
Pour Thy mighty joy upon us,
Thou whose grandeur filleth space,
Claim Thy cosmic sons and daughters—
Unify the human race.

OCTOBER, 1953

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The Caswell News

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TALK IT UP!

What? The North Carolina Association of Parents and Friends of Retarded Children. You parents and friends who individually have helped our boys and girls now have the chance to do it altogether. The main feature of uniting in a society is to do things in an organized systematic way which will give force to what we stand for.

What are our aims? First, to work together to get those advantages which the children need in order to develop as far as they can. This includes good workers with a fine, wholesome, tender attitude. It means getting things which suit these children, as books, furniture for little children as well as big ones, and material to make rugs, mats, chairs, and tables. It means to get recreational equipment and all kinds of toys. Recreation is education. Think of the character training involved in play—ability to do things, self-control, persistence, exactness, team work, loyalty and unselfishness. The training one gains in play is an education in itself. With our children play is education. Many a backward child has grown in confidence on the playground which carried over into work. Attitudes are developed while playing with other children.

Much emphasis is placed on reading as a means of education, but that is only a part of life. People learn through contacts and play activities—learn some of life's finest lessons.

One great aim of this society is to educate the public and change their attitude toward these children. These young folks are affectionate, have self-pride, are sensitive, like to be loved and appreciated, like to mingle with other boys and girls, like beautiful things, enjoy singing and dancing, want to make something worthwhile, in short, are just like other children in their feelings.

Another aim is for the public to understand the nature of this condition. No one thinks that polio should be blamed on the family—and certainly the conditions found in these children are no fault of their parents.

Let us all work together for better understanding about such conditions, and for more advantages for these children.

To understand and be able to talk about this movement get literature from Mr. Taylor R. Kennerly, 1007 Wellington St., High Point, N. C.—and join your district organization.

Parents and Friends Meet

The North Carolina Association of Parents and Friends of Retarded Children, which was organized on a state-wide basis by Dr. W. C. Byrd last March, held its first state meeting on September 20th in Raleigh.

After remarks by Mr. Taylor R. Kennerly, President, Lieutenant-Governor Brandon Hodges spoke on the bond issue for the mentally retarded, while Mr. Gurney Hood presented resolutions on that issue which were passed.

The speaker of the day, Dr. E. A. Whitney, Superintendent of Elwyn Training School, gave an informative speech on retardation.

Mr. Felix Barker spoke on handicapped children in the public schools or at home. Among others who made fine contributions were the Honorable John Umstead, and the Honorable Wayland Spruill.

The fine response to this meeting by people coming from all over the state shows a readiness to help expand the work for handicapped children, whether connected with the public school, or the home, or with one of our state or private institutions.

District 15

District 15 of the North Carolina Association of Parents and Friends of Retarded Children met at Caswell Training School on Sept. 11, Mrs. Stella T. Joyce of Greenville, presiding.

The invocation was given by Dr. W. C. Byrd, who also gave a talk outlining the function of the organization as one to promote projects necessary to the development of these children, whether at home in the public school, or in public and private institutions.

Mr. S. H. Stroud, Business Manager, gave in detail some of the facilities which Caswell needs.

At a business session a chairman was elected for each county and a membership drive was started.

Membership is open to all persons interested in the well being of retarded children. Contact can be made with the state or district chairman.

Dear Friend:

The Caswell News is published quarterly by the Caswell Training School. In this paper we seek to give the public information concerning the work and the children in the school.

Would you like to subscribe to this periodical thereby keeping yourself informed on these matters? If so, please fill in the blank below.

We thank you very much for your interest in Caswell Training School and your efforts toward making life happier for these children.

Elizabeth M. Brown, Psychologist.
Editor

The Caswell News
Caswell Training School
Kinston, N. C.

Enclosed is one dollar for my subscription or renewal to the Caswell News for one year.

Name: _____

Address: _____

City: _____

State: _____

. . CAMPUS ITEMS . .

DR. LASH TAKES OFFICE

We are most happy that Dr. Frederick M. Lash, Ph.D., is already on the campus and on October 1st will assume his duties as Educational Director.

He was superintendent of Rainier State School (Washington) recently, and was a member of the faculty of Seattle University.

Dr. Lash is a diplomate of the American Board of Examiners in Clinical Psychology, a member of the American Psychological Association, Fellow of the American Association on Mental Deficiency, and Honorary Fellow of the North Pacific Society of Neurology and Psychiatry.

Dr. Lash is a native of Stroudsburg, Pennsylvania, and is a Reserve Officer with the rank of colonel in the United States Air Force.

Caswell is expanding in the right direction when it brings here men of such caliber as Dr. Lash.

* * *

The Medical School of the University of North Carolina, Chapel Hill, has been sending its internes to North Carolina Mental institutions to observe and assist. We are fortunate indeed to be on the list for these visits.

We are glad to have Miss Anna Carr of Milford, Connecticut, join the Department of Psychology. She is a graduate of the University of New Hampshire, having majored in psychology, and is a member of Phi Bet Kappa, Phi Kappa Phi, and Psi Chi. Miss Carr held positions for four summers at the State School in Laconia.

On August 23, 1953, Pearl L. Adkins, Social Worker, spoke in Charlotte to the District Meeting of Parents and Friends of the Mentally Retarded.

Mr. Jesse Lamm, Recreational Director, attended a course in Human Relations at Rutgers University this summer. Mr. Lamm informs us that Rutgers has the distinction of having the first football game in the United States played on its campus in the 1890's. Rutgers won 3 to 0.

Mrs. Marvin Baker and Mrs. Helen Hardy attended a summer course at East Carolina College.

Several members of Caswell Staff attended the State meeting of the Association of Parents and Friends of Retarded Children which was held in Raleigh on Sept. 20th.

During the summer Dr. Byrd addressed the Parents and Friends in High Point, Winston-Salem, Whiteville, and Durham.

Mr. Mitchell talked to the Parents and Friends in Fugua Springs.

Six hundred children here send thanks to their friends in the Kinston and the Jaycees for buying all those tickets to the King Brothers and Christiani Circus.

———o———

Teach me to do the best I can
To help and cheer my fellow man;
Teach me to lose my selfish need,
And glory in the larger deed,
Which smooths the road and lights the day,
For all who chance to come my way.

- Edgar A. Guest

ALL - STAFF

All-Staff held its first meeting after the summer recess on September 15th.

The whole time was filled with a business meeting when topics vital to the interests of Caswell were discussed and officers elected. Light refreshments were served.

The time for the meeting is 7:30 p. m. on the first Monday in each month, recessing for the summer months.

Everyone was invited to join the Parents and Friends organization. The State bond issue for Schools and Mental Institutions which will be voted on October 3rd by the people of the State was explained.

The officers and committees of All-Staff are as follows:

Hugh Sellers - President
Mrs. Barbara Midgett - Vice President
Mr. Johnnie Braxton - Secretary
Miss Mary Lee Utley - Treasurer

PROGRAM COMMITTEE
Mr. C. G. Mitchell - Chairman
Miss Adkins — Mrs. Nunn
Mr. Rouse — Miss Morris

ENTERTAINMENT COMMITTEE
Miss Margaret Silver, Chairman
Miss Anna Carr — Mr. Owens
Mrs. Grantham — Mr. Bruton

REFRESHMENT COMMITTEE
Mrs. A. J. Oliver - Chairman
Mrs. Speight Stroud — Mrs. Singletary
Mr. Mumford — Miss Kathleen Sutton

MEMBERSHIP - DUES COMMITTEE
Miss Elizabeth Brown - Chairman
Mr. W. T. Hollowell, Jr.
Miss Evelyn Gaimel

Too Busy to Read

An hour with a book would have brought to his mind
The secret that took him a whole year to find.
The facts that he learned at enormous expense
Were all on a library shelf to commence.
Alas! for our hero; too busy to read,
He was also too busy, it proved, to succeed.
We may win without energy, skill, or smile,
We may win without credit, or backing, or style,
Without patience or aptitude, purpose or wit—
We may even succeed if we are lacking in grit;
But take it from me as a mighty safe hint,
A civilized man cannot win without print.

SCHOOL DEPARTMENT

School Days

School days are here again. Children as well as teachers seem happy to be back in the class-rooms.

As the institution goes through the process of doubling in size, we find a growing need for a larger school building. Three years ago it became necessary for us to have additional class-rooms. At that time three small rooms in the basement of the hospital were converted into class rooms, and are still being occupied by the primary, intermediate, and advanced classes.

In addition to several extra class rooms, the school needs a well equipped kindergarten, a work shop, and a gymnasium or recreation hall. We hope the day is not far distant when these needs may become a reality.

This year finds us with only one new faculty member, Mrs. Alice Howell, who replaces Mrs. John Moseley as kindergarten teacher. Mrs. Howell comes to us well qualified for this type of work. She is an enthusiastic person, who has the children's welfare deeply at heart.

The school appreciates the many attractive books that have been added to our list. Each new set of text books has an accompanying work book, which is designed to foster interest in reading, to promote desirable habits and attitudes, and to aid in the development of basic skills essential to effective reading.

- Mrs. Mark S. Hill

———o———

College Courses

It is a pleasant experience to ride from Kinston to East Carolina College on mild June mornings. That is what Mrs. Marvin Baker and I did to attend a kindergarten workshop. It was that quiet, peaceful time between the end of the spring term and the beginning of the first summer school session when the campus is almost deserted. Except for about sixty kindergarten teachers, we saw few people. Dr. Messick, President of East Carolina College, gave us a cordial welcome at the first class meeting; there was a tea at the faculty apartments for the visiting teachers, and later a dance recital in the auditorium to which we were invited. The main dining rooms were closed so our meals were served in the practice school cafeteria.

Miss Annie Mae Murry, kindergarten teacher in the practice school at East Carolina College, conducted the work-shop. Class work was given over to the study of the five year old child or some phase of kindergarten work. The child was discussed as to physical development, intellectual development, emotional stability and social growth. Miss Murry told of nature study as she took her kindergarten children for walks. It is hard to imagine the interesting things such as birds, animals, bugs and plants that they found on these walks. The things they brought back to their class-room were amazing and even frightening to squeamish grown-ups. Spiders and snakes were among their collection, but the snakes were the harmless garden variety.

Science in the kindergarten includes the development of good health habits, the study of wind, air, clouds, fog, evaporation, rain, thunder and lightning, ice, fire and a number of other things of a scientific nature. Of course these things are presented quite simply to the small child.

On another day the work shop was devoted to the study of Art in the kindergarten. We were told that the child should be allowed to express himself in art. He should choose what he wants to draw or make and which materials he wants to use.

Rythmic experience also comes under the study of art in the kindergarten. Most children have a natural sense of rythm which they express in original songs, dances and rhymes. This is developed by the use of music and poems.

Miss Murry taught us dances and games to use in the kindergarten and primary grades. Among the dances were "Jump Jim Crow" and "Looby Loo".

Stories and dramatic play come under art experiences. Any teacher of young children knows that children like to have a story told to them and then to act out the story as if it were a play.

Miss Murry gave each of the teachers a copy of games and poems to use in teaching small children.

This course gave us fresh inspiration for our work at Caswell.

- Mrs. Helen Hardy

———o———

Arts and Crafts Classes

On January 1st we were able to get started on arts and crafts program to meet the needs of shut-in patients and youngsters who are not capable of attending academic classes. Youngsters who were able to do so attended classes in the craft rooms each morning. During the afternoon the craft teachers visited buildings with work for those who are unable to leave their living quarters.

This program will be continued in the near future when new teachers can be secured to replace those who left to teach elsewhere in September. Mrs. Ann Moore is now teaching in Virginia, Miss Joan Edwards has returned to her home in Wilmington to teach in the public schools and Mr. G. R. Howell is teaching in the high school in Kinston.

———o———

Behind the cloud the starlight lurks;
Through showers the sunbeams fall,
For God, who loveth all His works,
Has left His hope with all.

- John Greenleaf Whittier

———o———

The happy man is he who is cheerful
With moderate means;
The unhappy—he who is discontented in the midst of plenty.

- Democritus

Jottings from the Dormitories

McNAIRY

In McNairy we have 87 girls on the roll in our building. Thirty of them went home on vacation. Ten have been paroled, and several others often go out to visit or work in the homes of friends which they enjoy a lot.

Many of those who did not get a vacation had a trip to the beach. Quite a few went swimming over at Emma Webb Park. They enjoy our own play ground here at Caswell and go dancing every Thursday night. Along with the movie on Friday nights, special parties and shopping trips to town, they lead a very happy life.

Pat, Emma and Nettie went over to town recently, went to the movie and had dinner. With their matron as chaperone they enjoyed it very much.

Emma's niece came Tuesday and took her out for the day.

Harriette, Carolyn and Inez came from Wooten to live with us. We welcome them and hope that they like living with our group.

* * *

WOOTEN B.

We, the girls of Wooten B, have been having good times this summer. Lots of our girls went home on summer vacation, those who stayed here went over to Kinston to the swimming pool, and later on we went to the beach. We rode down and back on our school bus. Going down we enjoyed singing songs. Lunch was carried for us, and everyone had a wonderful time. Out on our playground, where we spend a lot of time, we have swings, merrygoround, and slides that we enjoy. The circus was enjoyed by everyone. Now as summer is almost over we have started back to school. Lots of our girls work in the laundry, and some in the mending room. Our work is pleasant and we enjoy it. This month we had two birthday parties in our building. Each one had a beautiful birthday cake with candles, also candy, ice cream, and drinks were served. At night when we don't go to a dance or show we have lots of interesting things to do, as there are games to play, puzzles to work, and most of us have embroidery we can do.

- Matron

* * *

AUSTIN A.

It has been a wonderful summer for the Austin A. girls. Quite a few have been home for the entire summer vacation, while nearly everyone went home for the usual two weeks. They are always glad to get back "home", tho, and see all their friends; in fact, some are ready to come back before their vacation days are over. That causes the matrons to feel that their work is really worthwhile.

Another contributing factor to a wonderful summer was moving back to our old building in July. We had been visiting at the Colony for nine months while our building was being renovated, and while we enjoyed the modern compactness of the Colony, there was really no place like home with the room to expand and really relax and be comfortable with our active group. More than any one thing I believe we enjoy our trees and the nice shade as we prepare our beans and peas for the kitchen. Our girls enjoy that so much when several groups of girls go out under the trees with their regular work. After they're thru there are the swings, slides, merry go round, see-saws, acrobatic bars - why, there is something for every one to play on.

Mr. Lamm saw to it that the children had swimming parties. Any of them who didn't go home have gone to the beach for the day. Mr. Mitchel has really made Sunday School come alive with movies quite often on which he makes a running comment as they're being shown. Its been a wonderful summer!

- Matrons

* * *

PARROTT 4

The boys here at Parrott 4 are a pretty good bunch to work with. They consume the day by having breakfast at 6:00 a. m., and then go out in the yard to play or just sit around. Next, eat dinner at 11:00 a. m. and stay inside the building through the hot part of the day. After this they go back out in the yard and stay until supper at 4:00 p. m. The boys go to the movies in our auditorium which they enjoy very much.

Those who went to the circus really got a kick out of it. They had lots to tell on their return to the building.

- The Attendants

———o———

Recreation Department

Summer is gone and so are our two summer workers, Mr. McMullan and Miss Heath. They were excellent workers and we will miss them. Mr. McMullan is teaching near Elizabeth City, N. C. and Miss Heath is attending college at Greenville, N. C. We hope that they will visit us often.

We were able to make a total of six trips to Minnesott beach during August where we had beach parties and weiner roasts for one hundred and eighty four children who were unable to go home for vacations. Everyone seemed really to enjoy themselves and we hope to be able to repeat this annually.

The Junior Chamber of Commerce in Kinston sponsored the King Brothers, Christiani Circus on September 10 and we received a total of 693 tickets. We wish to thank our many friends who bought these tickets and the J. C.'s for sponsoring our trip. We carried over 600 children in one group during the afternoon performance and a good time was had by all. About twenty five boys attended the night show.

We also thank the city recreation department for the weekly use of their swimming pool during the summer. Their cooperation is greatly appreciated.

The Junior Woman's Club in North Carolina are again taking the recreation department as

their state project. They have been the sponsors of our playground and many other things during the past year. They are also doing a great job toward promotion of the bond issue for mental institutions.

We have been invited to attend all the home football games at East Carolina College in Greenville, and all the home games at Grainger High School in Kinston during the coming months. We thank both groups for their invitation. We enjoy these games very much and the boys get a lot out of the trips.

Our television sets seem to be doing very well, especially the ones that were installed last. We have heard that a couple more sets may be given, and we shall welcome all that we can get. I hope to see one in every building in the not too distant future. I will supply any information that anyone desires on this subject of buying and installing a set.

Our department is still short one worker, but we hope to fill this vacancy soon. We want to keep our program moving upward and it takes all of us working together to do this.

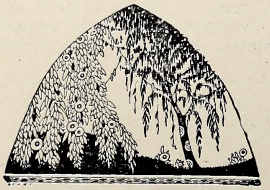
Halloween is just around the corner and more costume parties are planned for this year. It's time to start thinking what type costume you wish to wear for our parties. Prizes will be given again and a good party with plenty of decorations is planned.

Congratulations to the new Association of Parents and Friends just formed to promote better things for our children. We wish this organization much success for all your projects. We stand ready to help in every way possible.

The Ladies Auxiliary to the Veterans of Foreign Wars is also due our thanks for their work toward making our recreation program a success. Their gifts and support of our Sunday School are always welcome.

We are now planning our winter activities and sincerely hope that each child will be reached in some way and made happier.

Jesse M. Lamm, Recreation Director



BE GREAT . . .

in act—as you have been
in thought—Shakespeare.

Religious Guidance at Caswell

The religious program continues to be centered in the Sunday School, with younger children meeting at 9:00 a. m. and the senior group at 10:00 a. m. Attendance has been lowered during the summer due to vacations, but the year around average is well above 500 in the two sessions. Each Sunday evening a worship service is held with the junior and senior groups alternating in attendance. This service is also open to employees who are unable to attend church services in Kinston.

During the last six months we have changed teaching materials in order to try to provide lessons which can be understood by a majority of the youngsters. Two Sundays each month regular class periods are held, with matrons, attendants and members of the recreation department serving as teachers. On the other two Sundays, visual aids are used - film strips, movies and flannelgraphs. A new theme is selected each month and the movie is used on the last Sunday to review materials studied in the preceeding weeks. Lessons for class study are prepared by the chaplain, each dealing with problems which must be met by the youngsters but stressing the teachings of Jesus which help in the solving of our problems.

The lesson schedule for September is a fair example of the program being followed. The general theme for the month was "Friendship", with all lessons built about that theme.

Sept. 6 - Class Period: How Jesus Made and Held Friends.
Sept. 13 - Film Strip: Friends Who Help Us.
Sept. 20 - Class Period: Marks of True Friendship.
Sept. 27 - Movie Lesson: Who Is My Neighbor? The Story of a Good Samaritan.

In addition to the Sunday program, the chaplain spends about two evenings a week in the buildings, counseling with the youngsters in groups and individually. In the group sessions many problems are brought out which serve later as the basis for individual counseling either in the office or cottage. The goal of the entire program is to help the youngsters in developing good mental health with Christian teachings as the solid basis for such mental health.

C. G. Mitchell, Chaplain-Psychologist

———o———

A good thing to remember, and a better thing to do, is to work with the construction gang and not with the wrecking crew. - Anon.

———o———

Lord, set my life in order, making me to know what I ought to do, and do it in the way that I should. - St. Thomas Aquinas

———o———

Do thy duty - that is best,
And leave unto the Lord the rest.
- Henry Wadsworth Longfellow

———o———

Thoughts, not things, cause worry.

———o———

The sun is always having sinking spells, but he gets up every morning. - Cheerio

———o———

A little more kindness, a little less creed,
A little more giving, a little less greed.

DAFYNITIONS

(From a High School Magazine)

A buttress is a woman who makes butter.

A compliment is when you say something to another which he and we know is not true.

A grass widow is the wife of a vegetarian.

An invoice is another name for the conscience.

Matrimony is a place where souls suffer for a time on account of their sins.

Mussolini is a sort of a material used for ladies' stockings.

An optimist is a man who looks after your eyes, a pessimist looks after your feet.

What are rabies? And what would you do for them? Rabies are Jewish priests. I should do nothing for them.

A skeleton is a man with his inside out and his outside off.

A poetic license is a license you get from the post office to keep poets. You get one also if you want to keep a dog.

An interval in music is the distance from one piano to the next.

Manolins are high officials in China.

The biblical flood was sent because of the large number of dirty people.

The Bible is against bigamy when it says no man can serve two masters.

Gommorah was Sodom's wife; they were both killed by brimstone and Lot had to flee with them.

A thermometer is an instrument for raising temperance.

The process of turning steam into water is called conversation.

Water is composed of two gins. Oxygin is pure gin, Hydrogin is gin and water.

Animal husbandry is the act of having more than one husband at the same time.

Maneuver is what they put on grass. We have lots of it on our lawn.

Define the elements. Mustard, pepper, salt, and vinegar.

A polygon with seven sides is called a hooligon, or it may be a dead parrot.

A Metaphor is a thing you shout thru.

An abstract noun is one that cannot be heard, seen, touched, or smelt.

AIM AT SOMETHING

The trouble with so many of us seems to be that we endeavor to get through life without a purpose. Some people drift here and there, fascinated with the latest craze, and supporting whatever gives the promise of a new thrill and palpitation. They must be entertained and they never entertain; they must be carried on every height, and they laugh only as others discover the reasons for laughter.

It is surprising what can be done with life when you determine that you will really make something of it. Aimlessness, as a rule, ends in disaster. We may look around and find nothing to exult over, but rather to complain about. We may do it with wealth, home ability; but as surely as we complain about our lack of things, so surely will the disease develop and life will mock us; and we shall pass out as unfinished and undeveloped lives.

Say to yourself sometimes: "Well, there are plenty better off than I am. Life has denied to me much that has been given to others, but I am alive, and what I have shall be put to the best use. So far as I am able, I will keep on climbing, though I may go slowly."

Believe it, and with this spirit you will mount. Never bury your talent; never hide your light under a bushel. Someone else is relying on you, and as you score they will be encouraged.

Don't say: "I don't count." Though a hundred facts of life may tend to bring you to that conclusion, defy them by saying: "If I have not counted so far, from this moment I'll be a force to be reckoned with."

George Stephenson, who is sometimes called the Father of the Railway, began his life as a pit-boy. Herschel, the first astronomer of that name, was a member of a German band. Nothing could seem more remote from the great work of discovery in the skies which he accomplished; but he had an ideal in view, and with unwearied perseverance he ultimately realized his ambition.

A proposition is for a country to have no alcoholic drinks in it.

The plural of forget-me-not is forget-us-not.

The plural of ox is oxygen.

The wife of a duke is called ducky.

Socrates died from an overdose of wedlock.

——o——

The greatest asset that we can have as individuals or as a company, is the good will of those we have honestly tried to serve. If we strive to do that thing which we love to do a little better each day, this marvelous asset grows apace.

Famous Quotes

George Bernard Shaw: "It is a woman s business to get married as soon as possible, and a man's to keep unmarried as long as he can."

Dr. Harry Emerson Fosdick: "It is not marriage that fails; it is people who fail. All marriage does is show people up."

Lord Dewar: "The road to success is filled with women pushing their husbands along."

——o——

Happiness, say what we may, is the chief quest of all animate creatures; and happiness is the fruit of friendly, kindly, considerate acts.

A MYSTERIOUS DISAPPEARANCE

NOBODY knows what became of the original official copy of the Declaration of Independence. After it was adopted by the Continental Congress July 4, 1776, a Philadelphia printer named John Dunlap printed a broadside of it. The original manuscript copy seems to have disappeared mysteriously. Dunlap may have torn it up after setting the type, or maybe it was officially destroyed.

The parchment in the Library of Congress, generally referred to as "the original Declaration of Independence," was not signed until August 2, although dated July 4, the day of the official adoption.

Charles Carroll of Carrollton, who signed for Maryland, was not even elected to the Continental Congress until the day the Declaration was adopted, and did not take office until July 18. George Wythe, whose name appears on the document, was in Virginia and not at Philadelphia on July 4, 1776. Matthew Thornton of New Hampshire did not sign until Nov. 4 of the same year.

John Hancock as president of the congress was probably the only member to sign the original document July 4. He also signed the parchment copy with others August 2. His name has become the symbol of all signatures because when he signed the second time, he did so in a large, bold and flowing hand, saying that he was writing "so that King George may read it without his spectacles."

He added as he laid down the pen: "Now we must all hang together."

"Yes, indeed," retorted Benjamin Franklin with one of the most famous puns in history. "We must all hang together, or assuredly we shall all hang separately."

They did hang together, and none of them was ever hung separately. But several of them met with misfortune.

Three South Carolina signers—Edward Rutledge, Thomas Heyward, Jr., and Arthur Middleton—were imprisoned by the British at St. Augustine.

The fourth South Carolina signer, Thomas Lynch, Jr., embarked three years later for France by way of the West Indies, but neither he nor any of those on board were ever heard from again. He, at 26, had been the youngest signer. His father, Thomas Lynch, Sr., was also a member of the Continental Congress in 1776, but prevented from signing by an illness that caused his death later in the year.

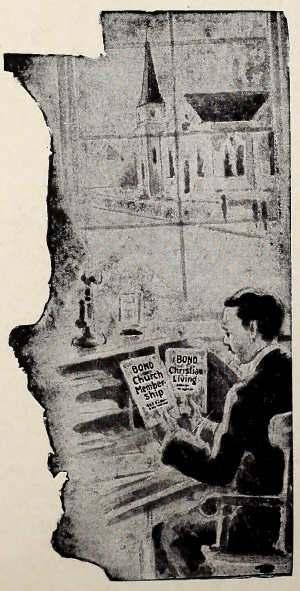
Samuel Chase, a Maryland signer, was impeached when a member of the supreme court, but the senate refused to convict him largely because of his earlier patriotic service

Robert Morris spent three years and six months in a Philadelphia debtors' prison.

Button Gwinett, a Georgia signer, who is remembered chiefly for the rarity of his autograph, died from mortal wounds received in a duel nine months after signing.

———o———

"I can't," is usually right about it!



A Real Man

This I would like to be: Braver and bolder;
Just a bit wiser, because I am older;
Just a bit kinder to those I may meet;
Just a bit manlier, taking defeat.
This for the New Year my wish and my plea—
May something make a real man of me!

This I would like to be: Just a bit finer,
More of a smiler and less of a whiner;
Just a bit quicker to stretch out my hand,
Helping another who's struggling to stand.
This is my prayer for the New Year to be—
May something make a real man out of me!

This I would like to be: Just a bit truer,
Less of the wisher and more of the doer;
Broader and bigger, more willing to give;
Living and helping my neighbor to live.
This for the New Year my prayer and my plea—
May something make a real man out of me!

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The CASWELL NEWS

The Caswell Training School - Kinston, North Carolina

If you have a soul as large as a "mustard seed," you could not help but be happy to take a part, however small, in helping to make these children happy and helping to teach them good, clean, useful occupations.

In our institution the SOUL is the children and employees. Their interest in and love for each other makes the soul large or small. We believe, in fact, we know our institution has a great soul.

Editorial
The Caswell News
Vol. 1 - No. 2 - April, 1936

March, 1954

Volume XVIII

Number 1

The Caswell News

Volume VIII - No. 1 **Kinston, N. C. - March, 1954** **$1.00 per year**

Published quarterly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

The Staff

Superintendent ..... William C. Byrd, Sr., M.D.
Editor ..... Elizabeth M. Brown
Associate Editor ..... Mrs. Fannie Harlan
Associate Editor ..... Mrs. B. S. Barnes
Sports Editor ..... Jesse Lamm
Circulating Manager ..... Sarah E. Claytor
Secretary ..... Mrs. Mary E. Collins
Treasurer ..... Mary Lee Utley

Our Checking System

Visitors and new staff members have remarked on the fine organization at Caswell Training School. What is the answer?

There are three main supervisors at Caswell Training School who do the best kind of checking on the work in every corner. Who are they?

Throughout the years Caswell has been upheld by some guiding forces which bind it together as an organization, as a unit.

Life in the dormitories proceeds along well-established lines, with variations for unusual events and a minimum of trouble. As nearly as possible life situations are brought into the institution. Under the direction of the supervisors, the girls and boys are taught how to get along with others, as a preparation for return to communities or for living here.

Work projects under the direction of well-trained artisans accomplish both purposes of training our youth and of producing a product.

Farm, stock, carpentry, etc., meet the requirements of both objectives - production accomplished and training given.

The education of the children in regular school subjects, as well as in music, arts and crafts, is carried on in a well-conducted school under cultured teachers experienced in this kind of work.

Almost all the garments are made at the school according to the measurements of each child, and with standard material.

The well-equipped laundry does a continuous job, with the ironing done by the girls.

The hospital with tender care and cleanliness as its motto trains its helpers in simple bedside technique.

There are thirty-eight housing units for the inmates, and sixteen main divisions of work proj-

(Please turn to page 8)

Dr. Julian L. Lokey Arrives

With the beginning of this year Dr. Julian Lee Lokey became associated with the Caswell Training School in the capacity of assistant medical director. He is a native of Thomson, Georgia, and there had practiced during the past year in the specialty of internal medicine.

Receiving a B. S. degree at Davidson College, he entered the Medical College of Georgia in Augusta, graduating there in 1943. His internship was served at the Charlotte Memorial Hospital, Charlotte, North Carolina, followed by a junior fellowship in internal medicine at Johns Hopkins. Returning to Augusta, a two year residency in medicine was completed at the University Hospital. At the conclusion of the resident training he continued at the University Hospital and Medical College of Georgia for a year as senior fellow in medicine, followed by a second year as assistant professor of medicine. Completing his post-graduate medical training, he practiced internal medicine in Augusta, retaining the title of assistant clinical professor in the medical school. That period of practice was interrupted by a two-year tour of duty with the army. On entering the service he was directly commissioned as captain, which rank he continues to maintain in the reserve.

Dr. Lokey married the former Miss Dorothy Branan of Thomson, Georgia. They have three children, Lee, Dottie, and Pamela. Plans are for the family to join him within a month.

It is with much pleasure that Caswell welcomes Dr. Lokey on its general staff. He has endeared himself already to everyone on the place.

———o———

The Hospital

During the past two months the hospital staff and facilities have been taxed to capacity. Very much so, epidemics of measles, mumps, chicken-pox, and respiratory infections have contributed to that load. However, a great variety of pathological conditions have presented themselves along with the usual necessity of diagnostic, therapeutic, and nursing effort. Within a year's period one might reasonably well say that every pathological process within the confines of the medical textbooks will be observed in the Caswell Training School Hospital.

The medical staff continues to grow; many new persons are now components of the organization, and continuous effort is being exerted to improve the quality and the extent of medical service. Among the new nurses are: Mrs. Barbara

(Please turn to page 8)

Dear Friend:

The Caswell News is published quarterly by the Caswell Training School. In this paper we seek to give the public information concerning the work and the children in the school.

Would you like to subscribe to this periodical thereby keeping yourself informed on these matters? If so, please fill in the blank below.

We thank you very much for your interest in Caswell Training School and your efforts toward making life happier for these children.

Elizabeth M. Brown, Psychologist,
Editor

The Caswell News
Caswell Training School
Kinston, N. C.

Enclosed is one dollar for my subscription or renewal to the Caswell News for one year.

Name: _____

Address: _____

City: _____

State: _____

The Caswell News

. . CAMPUS ITEMS . .

The New Institutions

For the past several months, the Hospitals Board of Control, especially the committee on building, and the committee on mental deficiency, has been working faithfully and consistently towards perfecting plans for building the two new schools for mentally retarded children - one at Goldsboro and one at Butner. Progress has been very satisfactory. The architects have been selected for the two schools; sites have been selected and plans are being drawn for the buildings. It is contemplated that each school will care for approximately twelve hundred children. The Board is concerned that the State receive as much as possible for the money that is to be spent. There will be no fancy frills in these schools, however, such facilities that are needed for the training and the happiness of the children will be provided. Of course, it is much too early yet to predict just exactly when the two schools will be opened, but as much speed is being made as is consistent with careful, economical planning. It is a big job to plan an institution of this kind. There are many things to consider, and naturally it is going to take time. Recently, the two committees of the Hospitals Board of Control have met with Mr. Tom McIntyre, Superintendent of the new training school in Arizona and also with Mr. Ernest N. Roselle, Superintendent of the Outstanding school at Southbury, Connecticut. These two gentleman gave us much assistance; made many fine suggestions; all of which the architects are considering. Also, recently, the Board met with the Governor, Budget Bureau Officials, and others in Raleigh for the purpose of arriving at an understanding as to what was being done; and why it was being done.

* * *

N. C. Association of Parents And Friends

Excerpts from letter from Taylor R. Kennerly, Pres.

The Spring Meeting of the Association will be held at Caswell Training School in Kinston, May 22 and 23. The tentative program planned will consist of a short meeting of the Board of Directors and a general business meeting on Saturday night. On Sunday the plans are to have "Open House" at Caswell at 1:00 p. m., sharp, and the regular meeting of the Association at 3:00 p. m. For the 3:00 p. m. meeting Mr. Felix Barker, Director of Special Education for North Carolina, will be the principal speaker. Efforts are being made to also have the Honorable Weyland Spruill of Windsor address the Association.

"Open House" will be held at Caswell one day during Hospital Week - probably on Thursday, May 6. Tell your people of this. More definite information will be given you later on this.

The National Convention of the Association will be held in Boston during the week of October 18. Why not try to plan for a New England vacation at that time and take in the convention.

The address of the National Association is: Dr. C. G. McMichael, Executive Director, 129 East 52nd Street, New York 22, N. Y.

I sincerely believe the strength and growth of the Association and its ability to aid all retarded children lies in the local units. A small group of parents can do a lot if they set out to sell community and public school leaders on the idea of aiding retarded children. I strongly recommend that you start your local units to meeting at least once per month on regular dates.

* * *

Parents And Friends

The Lenoir County Chapter of Parents and Friends of Retarded Children had its first meeting of the year in the music room of Caswell Training School, with Miss Elizabeth M. Brown, chairman.

Dr. W. C. Byrd, Superintendent, explained the work of the organization.

Mr. S. H. Stroud, Business Manager, reported on the current building program.

New officers elected were Mrs. R. A. Morehead, chairman, Mr. Willard Rouse vice-chairman, and Mrs. James Davenport, secretary-treasurer.

After adjournment refreshments were served, and a tour of the classrooms was made.

The purpose of this organization is to bring together the parents and friends of these children in order to further a program for obtaining greater facilities for these children, and more opportunity for development along their individual capacities.

This chapter is affiliated with the state and national association, N.A.R.C.

An enlarged membership is needed to carry on the work of the organization and a call is made for all who are interested to contact the chairman or secretary. State dues are $1.00 a year.

* * *

At the February meeting of all-staff the movie of the previous month, Fears of Children, was discussed.

The topic was well-handled by Dr. Lash with a supporting discussion group.

* * *

The program of the March meeting was ably handled by Mr. Mitchell, with the movie, "Rejection".

* * *

Caswell will join the County in a school arts exhibit at the Eagle Warehouse in Kinston from March 28 through April 4, from 9:00 a. m. to 5:00 p. m., week days, and from 2:00 p. m. to 6:00 p. m. on Sundays.

* * *

Several members of the Caswell Staff attended the directors' meeting of the Association of Parents and Friends which met in High Point on January 17.

★ The winner usually wins by a small margin—an hour, a minute, a second, a yard, a foot, an inch. It's the little extra effort that puts him across.

SCHOOL DEPARTMENT

New Opportunities For Learning

Many educational activities at Caswell take place outside the school building itself. Two such programs have been organized since Christmas as extensions of the school. These programs are primarily directed toward those children who do not receive instruction in regular academic subject matter.

The Arts and Crafts program has been organized on a more extensive scale. Two new teachers have joined our staff who are trained in this work.

Mrs. Bailey is a graduate of the Brussels Junior College for Women and the Royal Academy of Art at Brussels, Belgium. She worked for eight months at the end of World War II in rehabilitation work with war orphans.

Mrs. Myde N. Moore of Legrange is a graduate of Elon College and has attended State College and Easter Carolina Teachers' College.

These teachers work entirely with those children who have not previously gone to school here at Caswell. They give instruction in drawing and painting, simple woodwork, clay modeling, fancy work, and weaving. In some cases elementary dancing or marching will be taught as an aid to motor coordination. Some children whose physical handicaps have been such as to bar them from academic classes will learn counting and the rudiments of reading and arithmetic. We have tried to include every child who is at all capable of such activity. We are proud to report that several matrons have shown fine cooperation and ability for this work. They have requested craft material and have carried on constructive activity at times when the craft teachers are not in the building.

A very charming library room has been equipped in the hospital building and now in use. The library holds several hundred volumes, many of which were donated by various clubs through the Recreation department. The majority of these books are the small Golden Books so popular with the younger children. We do not have as many books for grades one through seven as we might wish, but hope to increase our supply in the future. Each of the buildings and cottage groups have two one-hour periods in the library each week. In addition the librarian visits the colonies twice a week. The children listen to stories and records, look at magazines, color and do little craft activities. Each child has the privilege of taking out at least one book each week. We hope that the library will be an inspirational place, where children who do not ordinarily have much contact with books can learn the pleasures of independent reading. Mrs. Howall, previously our kindergarten teacher, is the librarian.

Eleven more dormitories are now being reached by the new educational training programs. It is delightful to see children previously unoccupied now engaged in constructive and enthusiastic endeavor.

Anna M. Carr, Psychologist

What's New in Craft?

Recently the craft teachers of Caswell and Mrs. Barnes, the principal, visited East Carolina College in order to take advantage of a series of lectures by Mr. Harold J. Brennan, Director of the School for American Craftsmen at the Rochelle Institute of Technology. Mr. Brennan's manner of speaking was pleasant and informal, the manner of a person who knows his subject inside and out, loves his work and believes whole-heartedly in what he is doing.

The therapeutic value of hand arts is being recognized more and more. They are being provided for in hospitals for physically ill, as well as for those who are mentally sick. In the fine new Veteran's Administration Hospital in Durham there is a well-equipped room for weaving, leather work, a room for machine sewing, and one for ceramics, with an electric kiln. Nearby there is a hospital for children with cerebral palsy. Here, too occupational therapy plays an important part.

Mr. Brenan spoke of the growth of interest in the hand arts. Retired people feel the need of some kind of work that is creative or has an experimental element in it.

Business and professional people need some purposeful work which gives relief from their usual occupations. Pottery making, weaving, painting might be the answer. It may prevent mental illness. Generally and increasingly there is an effort to introduce arts and crafts. The trouble is too little time.

He said that the manipulative arts should be introduced early. In the future there will be a development of specialists, especially in the secondary and elementary school.

Mrs. J. T. Hughes, Craft Teacher

Recreation Department

Two great events bringing lasting happiness to the children have taken place at Caswell. Television sets are being installed in every building, and a library and reading room have been opened.

The television sets were given by parents, Women's clubs and Junior Women's Clubs. Several friends took the lead. We understand that the Hon. W. G. Clark was one of the substantial promoters of this project. A gift fund from the Hospital Board of Control was the source of thirteen used sets. Reception is very good now that Greenville is on the air.

Cowboy pictures have the edge at present. T. V. is the one thing that I think will reach more children than any other form of recreation due to the fact that there are so many different programs. We are very grateful to our donors for these wonderful gifts.

The Greensboro Junior Woman's Club gave the library books and other clubs are planning to give magazine subscriptions. This will add much to our program and the entertainment of our children.

The Junior Women's Clubs and the Ladies'

Auxiliaries to the Veterans of Foreign Wars are still doing a great deal for us by helping to sponsor our recreation program and other parts of our school activities. We hope to have our baseball field ready by spring which will improve our game and make safer conditions.

Easter Egg Hunts are planned for all groups. Prizes will be given.

We still have two Hill Billy programs each month. We were fortunate enough to have the N. C. Symphony Orchestra to play for us. The Central Prison band is due to play on March 27. We are also getting many offers of aid with various types of entertainment. This proves that we can do many things with cooperation.

There have been several changes in the Recreation Department in recent months. Mrs. Jean Fisher has taken leave of absence and returned to her home.

Miss Margaret Silver has resigned to take a course in Airline Hostess Training to work with Eastern Air Lines.

Miss Ann Abernathy is now a member of our department and comes to us from the Mayodan Y.W.C.A. She is a graduate of Woman's College, U.N.C., Greensboro, N. C.

Mr. Robert N. Weston, a graduate student at East Carolina College in Greenville, N. C. has joined our staff also. Mr. Weston has recently completed a tour of duty with the U. S. Army in Germany. We welcome both of these fine staff members who have certainly made many friends here in a very short time.

I was fortunate enough to go to a recent Hospital Recreation Institute at New York University through the aid of the Gastonia Junior Woman's Club. Throughout the meeting North Carolina was complimented for its forward outlook and progress in Hospital Recreation. This is also true of the city and rural recreation programs. We are among the top three states in organization and progress. This is still a new field and we have much to learn and to do. Entertainment and happiness is a good product and we must sell it to all, or should I say give it to all as a community project or an institutional project. This is one thing that all of us must find in some form if we are to keep healthy both physically and mentally.

Jesse M. Lamm, Recreation Director

The North Carolina Symphony Orchestra

Caswell young folks were given a very unexpected treat through the generosity of Dr. Benjamin Swalin and members of the Symphony Orchestra who gave a concert in our auditorium on February 12. In past years only a small group of our youngsters were invited to the main concert in Kinston, but this year the Symphony came to us and the audience filled the auditorium.

Mrs. Swalin, in a very gracious and attractive manner gave an explanation of the instruments as they were played by the performers. Some of the pupils had enjoyed a study of the instruments

(Please turn to page 7)

Unreturning Ships

If the ships I have sent away,
Afreight with home and dream,
Should all come sailing home today
Across the waters grim and gray
With hoisted sails agleam,
Where would I find a vault to hold
My sudden store of shining gold?

If the ships I have sent to sea,
In days now vanished long,
Should all come sailing home to me
With all that I have hoped would be
Of laughter and of song,
How could my heart withstand the stress
Of such a flood of happiness?

And so, perhaps, 'tis best that Fate
Orders it should befall
That some come soon, and some come late,
And some come with no precious freight,
And some come not at all,
Nor bring me more of gold or joy
That I can usefully employ.

—*Clarence E. Flynn.*

Jottings from the Dormitories

Cottage 5: All the boys of Cottage 5 are having a good time going to school, but the most of all they are thrilled about is the television set they have in their building.

Matrons and Attendants

Cottage 6: We, the boys at Cottage six, are pretty excited at this time over the new T. V. set in our building. Thanks a million to those who have made it possible for us to have a set.

We sure do enjoy our visits over to the library for the story hours and to the new arts and crafts rooms.

Valentine Day comes this month, and some of us have already received some real pretty valentines and valentine boxes. I'm sure we will get right many more this week.

It won't be long before springtime when everything starts budding out and turning green and pretty. We are planning to plant flowers around our building to make it look pretty.

Matrons and Attendants

Cottage 8: Our little boys are so thrilled over going to Sunday School. They dress up in their best clothes, and how they do appreciate their nice things! They often sing as a special choir.

Another great experience is watching the television recently set up.

They are always glad when mothers provide for birthday parties, for it means a "good time for all".

Matrons

Cartwright: The boys are busy with the daily chores which help to make Caswell a real home for them. Some are doing odd jobs on the outside, to earn extra money. Others are looking forward to this.

Everyone is anxiously awaiting Spring and the wonderful opportunities it brings. All of us seem to have that "cooped up" feeling, and long for the great out-doors.

Our library opened a few weeks ago. The boys enjoy going each week, reading the various books given them.

—Matron

Johnson Ward 4: Johnson Hall Ward 4 is often referred to as the cripple ward. But we who live and work here never think of these children as needing undue sympathy. We live, work and play like any other group of children. Some make up beds beautifully while sitting in their wheelchairs. Some do embroidery, knitting, weaving and making rugs. They do this work so well they make spending money this way. We enjoy radio, television, the record player and games. We enjoy puzzles, picture books, and coloring. We are planning a Valentine Party now. Sundays are a special day because we enjoy going to Chapel so much.

We enjoy getting together and singing hymns after supper - everyone enjoys them so much.

Matron

Wooten B.: By the efforts of Mr. Lamm some kind people gave a television to this building last month. There are no words that can tell how much the girls enjoy it.

Matrons

Dawson: All our girls work in the daytime or go to school except two who help the matrons keep our building clean. They are always ready and willing to do their part.

Some work in the laundry, sewing room, mending room and go to school to morning or afternoon classes.

They all stay busy most of the time. Some of them embroider and do lovely handwork, too. They enjoy their T.V. set - thanks to Mr. Lamm and the others who made it possible for them to have it.

They also enjoy visiting the library twice a week and getting the books they bring back to read here.

We also had three new girls to join our group recently. We are glad to have them with us.

They all look forward to the weekends so they can go out on the playgrounds to play ball and skate and get on the Merry-go-round and in the swings.

Then on Sunday mornings you should see the fixing up for Sunday school. They all try to look their best. It seems sometimes they try to outshine one another.

Then on Sunday evenings our Chaplain, Mr. Mitchell, holds service for them. They all enjoy going to hear him.

They also have their weekly dances on Thursday nights and movies on Friday nights. So, after all, you see they are a busy and happy set of young folks.

Matrons

McNairy: Let me tell you about how our girls live at Caswell.

They work at many different tasks during the day. Some in dining room, at laundry, in sewing-room, in the hospital helping with the little ones or helping in the offices.

In the evening they go to movies or stay at home and embroider or write letters home.

We have a beautician, Mrs. Fann, who gives them a morale builder with a pretty hair-do.

Above all, the new television set donated by friends keeps us in touch with the world outside and gives us hours of amusement.

Matrons

Kendall 4: We are very proud of our group of girls. They are doing nicely. Appetites are very good. They sleep well at night. They really enjoy being out in the fresh air and sunshine every afternoon. We matrons enjoy seeing them play.

Matrons

Cottage 2: The girls in cottage 2, matrons included, enjoyed a birthday party of one of our girls. A very large birthday cake decorated with red and white rose buds, ice cream, and candy

were served, and games were played. She received lots of nice birthday cards and gifts, and a box of balloons given by her grandmother which all enjoyed.

Matrons and children

Our Kitchen in Operation

Every employee in the Kitchen Department, including the Colony Kitchens and the new Crippled Children's Ward, are proud of the Grade A rating card that our kitchen, dining rooms, and storerooms scored in a recent routine inspection by the Sanitary Engineer with our local Health Department.

All the facilities of our new kitchen are at last in use with the exception of a few small appliances For some time now, milk has been pasteurized and bottled for use in the Main Dining Rooms. The boys and girls like having the individual bottles and are always happy when there are "extras". Another treat for them is the ice cream which we can now make in the ice cream plant.

For the past two months, nearly 700 of our boys and girls have been coming into the Central Dining Room for their meals. Two cafeteria counters furnish the means for serving the food - and even the smallest children are learning to pick up the wrapped silver and a tray for themselves. A few spills occur, but they are surprisingly few.

Long before much of our food is ready for the cafeteria line, the buying is done and supplies must be stored until they are ordered for use in the kitchen. Two general types of storage are required for this - a big, dry storage warehouse and a refrigerated storage plant.

The two men in charge of these plants have an interesting bit of news about their work. It follows below:

THE LOCKER PLANT

For those who haven't seen the new storeroom here at the Training School, it is among the best in our State Institutions. Proper care in the handling and processing of our food is vital to the health of the children. Meat, which is an important part of our meals, has priority over all other foods in our storeroom. We have modern equipment and our frozen food locker is one of the best. All of our meats are kept in refrigerated rooms at the required temperature. From the farm to the table, you can be sure our food is handled with the utmost care by competent and well-trained men. Our sanitation rating for our locker plant and our poultry processing plant is Grade A at present and we certainly want to keep it that. We can and will continue to devote our time for the health and welfare of the children here at this Institution.

Tom Harper, Jr.

THE STORE ROOM

The ten working boys, Mr. Jones, and I team up to do our daily chores.

We, the workers in the store room plan on team work to get our daily chores done on time, since they are all essential for the survival of the other departments. We feel that if we plan our work we will give better service.

We start our week on Monday by first cleaning the store room. Then, the requisitions for the different departments are to be filled, with the kitchen Department to be filled each day.

We try to keep our commodities stored in a way to be easily reached and to make our work as easy as possible.

Our motto is teamwork and cooperation.

Joseph L. Carlyle

Material on Retarded Children

I. National Mental Health Foundation, Box 7574, Philadelphia 1, Penna.
   1. What to Look For in a State Training School for the Feebleminded - pamphlet, 5c
   2. If your Child is Slow - pamphlet, 5c
   3. Some Special Problems of Children - aged two to five years - pamphlet, 5c
   4. About the Feebleminded - pamphlet, 5c
   5. Mentally Retarded Children - Rusk and Taylor - 5c
   6. Why A Citizens' State Mental Health Organization - (Free)

II. Epilepsy - The Ghost is Out of the Closet - pamphlet - 25c - Public Affairs Committee, 22 East 28th St., New York 16, N. Y.

III. Levinson - The Mentally Retarded Child - book - the John Day Co. - New York

IV. Gratke - Help Them Help Themselves - book, Texas Society for Crippled Children, 3703 Worth St., Dallas, Texas.

V. The Three R's for the Retarded - paper bound - The National Association for Retarded Children - 565 Hale Ave., Cincinnati 29, Ohio

VI. Rogers, Dale - Angel Unaware - book - National Association for Retarded Children, 565 Hall Ave., Cincinnati, Ohio

VII. Children Limited - bi-monthly news - $1.00 per year - National Association for Retarded Children - 2261 Broadbridge Ave., Stratford, Conn.

North Carolina Symphony Orchestra

(From page 5)

as part of their musical education, so they especially liked the actual demonstration.

The program was varied and the selections beautiful. The rapt attention of the youngsters leaning forward, listening, watching, and their ready applause showed their appreciation of good music.

As the children left the auditorium, numerous complimentary remarks were heard among them. One boy said, "I don't think I will ever forget the 'Typewriter' piece". And another, "I wish they had played that last piece again. I like that one", speaking of the "Light Cavalry Overture".

How thrilled our boys and girls were, too, to sing "America" with the orchestra playing and Dr. Swalin directing.

We, both the pupils and staff of Caswell owe a debt of gratitude to Dr. Swalin and members of the orchestra as well as to the subscribers for this wonderful musical treat for our young folks.

Mrs. Marion Oettinger, Music Teacher

Our Checking System

(From page 2)

ects with sub-divisions, over 400 employees and over 1500 inmates, yet the whole institution moves along with a regularity which would astonish some industrial plants.

The institution has excellent leaders, but no one can see all places at all times. Much has to be left to the individual on the job.

Of course, there are many problems and situations to be regretted. These affairs are settled by the proper departments. As a whole the organization carries on its work with each department fitting into its place toward a realization of the best development of the young folks in work, play, and home life.

Why is it that such a business can move along as efficiently as it does?

Truly, there must be unseen forces which guide the hands of those who serve.

First, the employees are persons who hold themselves accountable to a Higher Power than earthly forces. They have a religious background; they are God-fearing people. They realize their duty toward these young folks.

Then, they have a pride in their work and judge it by their own standards. Well and good. One's own peace of mind in duty well done is a good check on one's work. Of course, there are some time-servers, clock watchers, but the rank and file by their own example hold such workers in check until all are bent on duty performed.

Third, the main practical, tangible all-present and compelling force binding all together is the effect of the children themselves. They are the most potent supervisors here. Their happiness, their satisfaction their treatment, and their condition form the greatest criterion of the work in all departments. To keep these children happy and healthy is the objective which runs through the whole institution. No one can work long at Caswell without feeling that this goal is the motive which controls the employees. These young people who make up the roll are taught self-respect, satisfaction in work well done, regard for others, politeness, duty to themselves and how to obtain redress if wrongs are done to them. They have learned respect for individual rights - and they require it.

Who are the three supervisors? The Heavenly Father, the children and oneself.

With conscientious, God-fearing persons who live to serve these children, is it to be wondered that life at Caswell Training School moves along like a well-run village?

After writing the above, this editor happened to see these words in the second issue of The Caswell News, dated April, 1936, "We know it is the soul of an institution that counts. In our institution the soul is the children and employees. Their interest and love for each other makes the soul large or small". Miss Hazel Wertman was the editor at that time.

That is the heritage which has bound us together throughout the years.

The Hospital

(From page 2)

Kearny, Mrs. Louzia Tilton, Mrs. Blanche Forrest, Mrs. Metta Kornegay, Mrs. Neva Garris.

On February 1, a new building was opened for the care of the crippled children and continuous nursing care cases. At the present time there are approximately thirty-five boys and thirty-five girls stationed there. Another fifteen on each service can be added when the nursing staff is further enlarged. Certainly this new facility has been desperately needed and will generally assure much more adequate care for the completely helpless persons of the school.

September first of 1953 the department of neuro-psychiatry of the University of North Carolina School of Medicine initiated a program of student instruction with the Caswell Training School. The plan allows for a rotation of senior medical students through the school in groups of three, with each trio remaining five days. They are carried on conducted tours of the institution; they attend clinical instruction classes in mental deficiency types; they function in the medical department through the medium of clerkships. In a general manner they receive an excellent knowledge of mental deficiency in its magnitude and the many problems it presents, along with observation of the efforts that this State is exerting to manage and train persons of this classification.

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Wanted - New Subscribers!

The Caswell News would like to increase its subscription list.

The purpose of the paper is to give information about Caswell Training School, to portray the life of the school as contained in news articles about dormitory life, religious and recreation activities, the work projects engaged in by our young men and women, and to give evidence of the education our pupils receive in the school department. If you wish to subscribe, use the form below.

He who respects not the aged respects not himself.

THE CASWELL NEWS
Caswell Training School
Kinston, N. C.

Enclosed is one dollar for my subscription or renewal to The Caswell News for one year.

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The CASWELL NEWS

The Caswell Training School - Kinston, North Carolina

There are no two human beings that are alike in their physical appearance or in their mental and emotional natures. Yet every human life has infinite worth and value in the sight of God. For each life there is a plan, a purpose, and a task that must be fulfilled. Ours is the task of making our lives count for God.

Dr. Samuel J. Fleming
in "Day by Day"

October, 1954

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Number 3

The Caswell News

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The Staff

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Sports Editor ..... Waylon L. Bissette
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CASWELL - PAST AND FUTURE

Today we review the history of the Caswell Training School with abundant pride. Since the initiation of our institution in 1911, there has been steady and forward growth, the like of which very few states can equal and none can surpass. Much credit is due the persons who pioneered the ground work in the early development. The principles of which they dreamed and for which they firmly stood and fought continue to permeate every corner of our organization at the present. We are proud indeed to have had men of foresight and determination through the years to establish and advance the program of which we are today a part. To those persons in the beginning years of Caswell and to the many outstanding ones through the years may we pay tribute. And, may we express hope that we of the present might be able to continue to develope in the future our initiation in a manner which would be pleasing and gratifying to the founders. To each person through the years past who has contributed tirelessly in labor and thought to the cause of the handicapped child may we express our thanks and offer our admiration. Each of us who is a part of Caswell Training School is truly proud of our heritage in this great institution, and we shall attempt to be worthy of the honor in being selected to uphold and carry forward the purpose for which it stands. May we further say that we are thoroughly aware of our duties and obligations to the people of the state and to the mentally retarded; we intend to do our part.

The advance of Caswell in the last decade has been truly outstanding. Our task to continue that progress will not be easy. In that regard, however, we will not falter. Speaking as acting superintendent, I am highly pleased and honored to have the opportunity of serving such a noble cause with so many splendid people as my colleagues. The cooperation and assistance of every employee has been overwhelming. For that I am grateful. May I express my appreciation to each of you. We are working together as a team with a common goal, which is to serve the children of Caswell in the most efficient and effective manner possible. Each of us realizes and accepts the challenge which will be met. May I urge every one in the future to survey the entire program and evaluate the good in relation to our deficiences before we adversely criticize or become discouraged. My firm feeling is that the good will far outweigh the errors and deficiencies. Our organization consists of human beings, each of whom is subject to error as such; therefore, we may expect faults and weaknesses. The aim will be to remain mindful of our deficiencies; admit them when they are detected; then set forth to eliminate or strengthen them. With such a policy we cannot fail, and will continue to grow in a way consistent with the development of the past.

We are fortunate indeed to have the privilege of working with the outstanding persons who compose our Hospitals Board of Control. Likewise may we speak of our general superintendent and general business manager. To these groups we pledge our cooperation, and definitely commit ourselves to efficiently execute the policies as formulated and expressed by them.

Unhesitatingly we say that Caswell is truly an outstanding institution of which each of us is quite proud, rendering a splendid service which we are determined to continue expanding. Together we will work for the happiness of each of us, and strive to afford the finest care and training to the many children of our institution.

Pulian L. Lokey, MD.
Acting Superintendent

Dr. Lokey Takes Charge

Dr. Julian Lokey was appointed acting superintendent of Caswell Training School the latter part of the summer. In accepting the position he pledged his efforts to a program of forward and progressive service to the children of North Carolina.

He declared that he had looked into the matter and had found this institution an outstanding one in its field, its services being immense and unlimited.

Dr. Lokey came as assistant medical director last January.

Many a self-styled self-made man quit work entirely too soon.

. . CAMPUS ITEMS . .

Dr. J. L. Lokey, Superintendent, announces additional personel in certain departments, with new assignments of duties in other fields.

Mrs. James E. Thomas who has been appointed as kindergarten teacher comes with excellent training and experience. She attended Susquehanna University, studied music and dramatics, and assisted in private schools for handicapped children. She was leader in youth groups at the Queen Street Methodist Church.

Mr. Reece Howell, a graduate of East Carolina College, has been added to the arts and crafts department. He is remembered for his fine contribution when at Caswell a year ago.

In the school department there are now sixteen teachers with Mrs. Martha Barnes, Principal. Several teachers, including Mrs. Marvin Baker and Mrs. Helen Hardy, are attending extension classes from East Carolina College.

Mr. Jesse Lamm has entered New York University to work toward a doctorate in education. Under his leadership as head of the recreation department, athletic activities have been greatly expanded, with added workers and new equipment, much of which was secured through the Board of Control and with the help of the Junior Women's Clubs throughout the state. Due to his influence every dormitory is now provided with T. V. sets, the playground has become a reality, and rooms set aside for a library.

Mr. Charles G. Mitchell, for the past three years chaplain and psychologist, has left to enter the University of North Carolina to take research toward the doctor's degree in special education. Mr. Mitchell organized the Sunday School into separate classes with excellent literature which he edited, conducted Sunday evening services, did individual counseling and administered psychological tests.

Mrs. Mitchell has left to study toward the doctor's degree at Duke University. She carried on an extensive program of psychological testing and counseling with boys and girls which was most productive of better personality adjustment.

Mr. Waylon L. Bissette has been transferred from the Arts and Crafts Department to head the Recreation Department. His scholastic training at Atlantic Christian College was in social studies and religion with graduate work in education at East Carolina College. For several years he was with the weather service in the Air Force.

During the past two years the medical department, besides a corps of practical nurses, has added five registered nurses; - Mrs. Arlene Marshall, a graduate of the King's Daughters Hospital, Temple, Texas, Mrs. Margaret Tisdale, Georgia Baptist Hospital, Atlanta, Mrs. George Rouse, Rex Hospital, Raleigh, Miss Maude Taylor, Lenoir Memorial Hospital, Kinston, and Mrs. Mary Motsko, a graduate of Tayloe Hospital, Washington, D. C.

Internes from the Medical College, University of North Carolina, have resumed their schedule of spending several days in residence at Caswell, studying cases and observing all departments.

During the summer months the medical department secured the services of two physicians in residence for a month's term in succession. Dr. Cenan Tan from Turkey and Dr. Rigoberto Campos from Spain.

* * *

Several members of the school faculty attended the conference on reading methods held at East Carolina College on July 6th and 7th.

* * *

Dr. Lokey, Miss Elizabeth Brown and Mr. Paul Wagstaff attended the State Conference of the Crippled Children's League on October 15th in Greensboro in company with Hurricane Hazel!

* * *

At the October meeting of All-Staff the new officers elected were Mr. George Rouse, President, Miss Pearl Adkims, Vice-President; Mrs. Evelyn Raynor, Secretary, and Miss Mary Lee Utley, Treasurer.

Mr. Ely Perry gave a most interesting talk on his travels in the Holy Land.

* * *

Bids have been let for the boy's dormitory which will be built along spacious and convenient plans and of modern construction.

* * *

The local chapter of Parents and Friends held their monthly meeting at Caswell, Mrs. Robert Morehead, presiding.

Dr. Lokey gave an inspiring talk.

* * *

The State Convention of the Parents and Friends of the Mentally Retarded was held at the Robert E. Lee Hotel in Winston Salem in September. Mr. Hicks, Director of Special Education of Charlotte was the main speaker, but talks were also given by Mr. John Umstead, Chairman of the Hospital Board of Control and by J. L. Lokey, Superintendent of Caswell Training School.

Officers were elected for the coming year.

About one hundred and fifty parents and friends from all over the state attended. Dr. Lokey, Mr. Stroud, Mrs. Harlan, Miss Adkins and Miss Morris represented Caswell.

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Dr. Byrd Accepts New Position

Dr. W. C. Byrd, our superintendent for the past four years, resigned in August to accept a position to supervise the tuberculosis division at the State Hospital at Morganton, his specialty being in this division of medicine.

With untiring energy and faithfulness, Dr. Byrd conducted the institution through an important transition period when it was doubled in enrollment and the physical plant greatly expanded, all of which caused the reorganization of divisions and the placing of additional personal on the staff.

Before leaving the campus Dr. and Mrs. Byrd were presented a handsome silver tray by their many friends at the institutions as a token of appreciation.

SCHOOL DEPARTMENT

GROWTH IN THE SCHOOL DEPARTMENT

As the institution expands so does each department. This is noticeably true in the academic program of Caswell Training School. Before our school building was constructed in 1937 all classes met in the rooms over the old dining room. Roller partitions separated the five class rooms. For an auditorium the partitions were raised. Four Academic teachers, including the principal, and one teacher each for music crafts and recreation comprised the faculty.

Today we have sixteen faculty members. New kindergarten teachers have been employed. The library and new arts and crafts classes, organized last year, have become a part of the regular educational program. During last year an attractive library room was equipped in the basement of the hospital building. It contains several hundred volumes, many of which were donated by various clubs in the state.

Our present school building has eight classrooms and an auditorium which seats seven hundred people. Since 1950 the over flow has been occupying three small rooms in the basement of the hospital. The first, second, third and fourth grades have their academic studies here.

Until the late thirties there were few text books, not more than two readers on any one level. The teacher compiled her own books for arithmetic, language, spelling and nature study. But for several years we have had enough text books for each class on each reading level, with attractive work-books accompanying all of them. There are also work books for language, spelling and arithmetic. The text books are the same as are used in the state school system.

In home economics an electrically equipped kitchen replaces the old oil stove. The kindergarten, which at one time, had only wrapping paper, crayons, scissors, and old magazines, for some years, has splendid modern kindergarten equipment, a record player, and other material. In the music, arts and crafts departments all necessary materials are available to carry on a constructive program. In short, the State is supplying every need to make the school function in as interesting and comprehensive a way as possible for our children.

Mrs. Mark L. Hill

—o—

RECREATION DEPARTMENT

The circus has been one of the greatest events this fall. 718 of the children attended the Kings Brothers' Circus when it was in Kinston for their generous support in helping to see that all the children had a good time.

Since football season has arrived the Recreation Department has taken a bus load of boys to each home game of the Grainger High School. They really enjoy seeing the boys run with that old pigskin.

The Halloween party is also one of the big events of the season for the children. They enjoy dressing up in costumes and parading around the carnival floors. This year will be one of the greatest seasons ever-the Halloween party will reach each and every child here. Candy, apples and toys will be given to the boys and girls over in the grove. The hospitals will also have their parties.

The larger boys and girls will dress in costumes for their party. They will play bingo, fortune telling, House of Horrors, apple bobbing, corn guessing and many other games that go with halloween.

Director of Recreation
Waylon L. Bissette,

—o—

JOTTINGS FROM THE DORMITORIES –

By Matrons and Attendants

Cottage 8: We had a good time in the summer going swimming and going to the Circus. We enjoy our school because we do so many nice things.

Johnson 1: We try to help our little group feel that we all live here as one big family. We all enjoy the nice little parties we have quite often. By the way, little Melba Rose's parents came to see her and brought a nice box of cookies for all the children which went a long way in giving the children a nice party. A few of our girls look forward to Sunday School every Sunday morning. We all go outside for a while each day when the weather is pretty. Parents and Friends Day left many happenings of the day fresh in our minds. Every one was smiling and we all were watching for the parents of our children.

Cottage 3: Our girls seem very much contented here. They are also very proud to have us improve the rooms so much. They enjoy the swings and slides out in the yard, and that can be well understood since they are a very energetic group of girls. To put it all in one big phrase, we are very proud of the girls in Cottage 3.

Johnson Hall W. 3: Greetings from the girls in Johnson 3. We have forty healthy, happy girls. We spend much of our time out-doors these pretty days. On rainy days the girls play indoors with their toys and listen to the radio. Last spring the girls enjoyed a birthday party given in honor of Lucy Gay by her grandmother. Ice cream and cup cakes and a beautiful cake decorated with pink rose buds and "Happy Birthday, Lucy" was served. Each girl thoroughly enjoyed the party and we thank the giver very much. Every Friday afternoon the girls in our ward have their weekly party. They are served ice cream and cakes, drinks, candy, chewing gum and other refreshments.

Parrott 2: The boys are enjoying the nice warm days out in the yard. They like to play all kinds of games and sports. One of the most popular sports is playing ball.

Parrott 3: Our boys go to our movies - they all look to that time and enjoy it very much. They go to the play-ground to play and have lots of

fun. They attend church each Sunday. They seem to be mighty happy here. The boys enjoyed birthday parties this summer.

Cottage 7: The boys got a good sun-tan this summer. Now we are having lots of fun playing in the yard and going to the play ground. We sure do enjoy the movie which we have each Saturday morning, and also television in our cottage. The circus was lots of fun. We also like our work. We make beds each morning, and sweep, dust and mop, and enjoy helping to keep our cottage nice and clean.

Johnson 2: Our children had a very happy summer. Toni and Dorothy had a birthday party. They had a nice time playing games, singing, and playing with their dolls. Afterwards they were served a slice of home-made birthday cake in green and white with ice cream made by Toni's mother. They also served candy and gum. They really enjoyed it a lot and like all children, are hoping that someone else will soon have another birthday.

Cottage 2: Our girls had a good time playing on their own swings and slides. Really all were happy when we matrons said get ready for bean field. They just loved to go. To help their morale, we matrons gave a party in the cottage which we enjoyed as much as the girls did. Right many mothers and fathers visited our cottage on Open House Day.

Kendall 1: Our children enjoy going out-doors, playing with dolls, balls and any small soft toys. Some of them like to rock and sing. We all enjoy church and Sunday School over the radio each Sunday morning. Sunday afternoon and all thru the week we listen to the record player. We have parties every once in a while.

Pollock A and B: The boys who did not go home on vacation got a great thrill out of ball games, and going to the beach and swimming pools. Mr. Bissette is doing a wonderful job with boys making flower boxes and bird houses. They show a great interest in the tropical fish which Mrs. Bailey gave them. They are thrilled over the freshly painted walls and new light fixtures.

Byrum 3: We, the boys of Byrum 3, have had a very pleasant summer. We have a play period at 7:00 a.m. if the weather permits, and we enjoy it so much. We all have a beautiful sun tan. Quite a number of the boys have gone home on vacation.

Byrum 4: We want to tell you what the attendants train the children to do. We all work to keep them as happy as we can. We teach them how to keep the building as clean as possible—and the children the same way. They learn how to make beds and sweep the floor. All attendants work together in doing these things and that makes it better for all.

Parrott 1: The boys in Parrott 1 are doing fine. The boys like to go out in the yard in the sunshine very much.

Parrott 4: The boys in Parrott 4 are enjoying the warm sunshine out in the yard. They are happy over the new TV set Tom's family gave the ward a few days ago.

Dewey Building: We are happy that fall is here, with its cool weather. During the summer we enjoyed helping to shell garden peas which are raised here on our Caswell farm. One day when we were busy shelling peas we had a wonderful surprise. Mrs. Gene Potter and Miss Sue Kennedy visited us and brought two large trays of home baked cup-cakes with chocolate and coconut icing, and a big bucket of ice cold lemonade.

Wooten B: For the past months Wooten B has had a busy time, going to the swimming pool and taking trips to the beach. One of our great events was June's birthday party. About eighty guests were treated to delicious lime cakes and ice cream. Pictures were taken of the girls and the beautifully decorated cake, which had written on it "Happy Birthday June."

McNairy Building: The McNairy girls have had an enjoyable summer. Some have gone home for vacation, some have attended crafts and learned to embroider and make rugs, and some have participated in playground activities, which included games and dancing. Other have enjoyed outings at the beach and returned home sun tanned and happy.

Dawson Building: The Dawson girls had a very busy, but a happy summer, canning tomatoes and shelling bean's beside their other work. Lots of the girls have been on vacation. Those who returned from vacation reported a good time, but said they were glad to get back to their friends and the work here. All who didn't go home had a trip to the beach, and other special summer features.

Cartwright: The boys have been quite busy this summer with housing the vegetable crop, picking beans, watermelons, corn, potatoes, etc. A good many have been home on vacation, and others have been going to the beach. They also look forward to the dance which is now being held on the campus each Thursday night. They also enjoy the shows and other recreation. We have a large attendance at chapel on Sunday morning and night they seem to get a lot of inspirations out of the services. We all wish to thank the doctors and nurses and everyone that has made this summer a most enjoyable one.

Tapp: We want to thank each and everyone that made it possible for us to go swimming. We especially enjoyed the beach parties. We are learning to make such useful things in the craft room. We especially enjoy Thursday night when we get cleaned up after the days work is done and get our hair all slicked back and go out to the play ground to be with our girl friends and enjoy the good old dancing.

Cottage 5: All the boys of Cottage 5 who spent their summer vacation at home came back very happy. They were glad to see the other boys. But those who didn't go home were not disappointed, as they went to the beach and had a grand time.

Cottage 6: Thanks to all who helped make it possible for our boys to have a wonderful time at the circus. Louis, Charlie, Billie, Earl, Claud, Glade and Jimmie all had birthday parties recently and had a grand time. Hallowe'en is almost here and all are making plans for parties, and talking about what fun they will have. We welcome Jimmie to our group and hope he will continue to be very happy in his new home.

Wooten A: Our girls are having a wonderful time, all working together. They had a grand time

at the circus. Their thoughts now are on the Halloween party.

Austin B: Most of Austin B enjoyed a wonderful trip to the circus. Thanks to all who made it possible. Tessie's mother came to see her and they went shopping - had a nice day. Lucille's mother came to see her this past week-end. Thelma Lee was surprised by a visit paid her by relatives. Betty enjoyed a shopping trip with Mrs. Pate. Welcome to our building, Irene, Leola, Shirley, Willie Jean and Rachel. It is indeed a pleasure to welcome Mrs. Hurt, our new Religious Director. We enjoy our church services.

Austin A: Our girls have had a nice time all summer. Oh! The circus! That was wonderful! Then, the usual parties which Leona, Clara and Lollie Lou had just recently. Now it is Hallowe'en with all its fun.

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BITS OF WISDOM

(Selected from Exchanges and Other Sources)

Without Consistency there is no moral strength. —Owen.

A Christian is the highest type of man.—Young.

The great hope of society is individual character.—Chaning.

A great deal of talent is lost in this world for want of courage.—Sydney Smith.

Let us not say, "Every man is the architect of his own character."—G. D. Boardman.

Cheerful looks make every dish a feast; and it is that which crowns a welcome.—Massinger.

Society is built upon trust, and trust upon confidence in one another's integrity.—South

There is no such thing as white lies, a lie is as black as a coalpit, and is twice as foul.—Henry W. Beecher.

No matter what a man's sins, or resolutions, or professions may be, it is by one's deeds that he is to be judged, both by God and man.—H. W. Beecher.

For good or ill, your conversation is your advertisement. Every time you open your mouth you let men look into your mind. Do they see it well clothed, neat, business?—Bruce Barton.

There is not in human nature a more odious disposition than a proneness to contempt, which is a mixture of pride and illnature.—Nor is there any which certainly denotes a bad disposition; for in a good and benign temper, there can be no room for it.—It is the truest symptom of a base and bad heart.—Fielding.

Speak well of everyone if you speak of them at all—none of us are very good.—Elbert Hubbard.

A man's character is the reality of himself.—His reputation is the opinion others have formed of him.—Character is in him; reputation is from other people—that is the substance, this the shadow.—H. W. Beecher.

Hail! ye small sweet courtesies of life; for smooth do ye make the road of it, like grace and beauty, which beget inclinations to love at first sight; it is ye who open the door and let the stranger in.—Sterne.

The best thing to give your enemy is forgiveness; to an opponent, tolerance; to a friend, your heart; to your child, a good example; to a father, deference; to your mother, conduct that will make her proud of you; to yourself, respect; to all men, charity.—Lord Balfour.

Wear a smile and have friends; wear a scowl and have wrinkles. What do we live for if not to make the world less difficult for each other?—George Eliot.

The only satisfactory way to make people do things is to make them want to do them. Enemies are never truly conquered until their friendship is won.—Wilfred Peterson.

Very few men are wise by their own counsel, or learned by their own teachings; for he that was only taught by himself had a fool for a master.—Ben Johnson.

Real Worth

When you think of a man you seldom think
Of the knowledge he has of books,
You seldom think of the clothes he wears,
His habits, or faults, or looks.
You seldom think of the car he drives,
Nor the bonds his gold has bought;
When you think of a man you mostly think
Of some kindness he has wrought.
You judge him not by the blocks of stocks,
Nor his power of name or pen,
You judge a man by the place he's made
In the hearts of his fellow men.
You judge him more by the fight he's made,
By the way he has faced the strife,
And not the amount of the bank account
He's managed to get in life.
You think of the friend he's been to a man,
The good that he has done,
And you judge the sort of a man he is
By friends that he has won.

CHILDREN'S PAGE

KEEPING ACCOUNTS WITH MOTHER.

CHARLEY had spent the long summer in the country with Aunt Edith. When he returned home, he and mamma seemed a little like strangers to each other. But they did not remain strangers very long, and mamma was so glad to have her little boy with her once more that she wanted to hug and fondle him a great deal.

Charley felt as if he were almost too old for such petting, for he had just passed his seventh birthday. Then, too, he was afraid the other boys with whom he played might make fun of him for showing his affection toward his mother in that manner. Aunt Edith did not have much time to spend in petting little boys, and Charley had forgotten how many kisses mamma was in the habit of giving him. But he bore it all as well as his seven-year-old pride would allow; and mamma only laughed and fondled him the more when he held back from it. Many times while Charley was in the country mamma had wished for an opportunity to talk to him and put her loving arms around him.

Charley had not been home a day when mamma asked him to run over to Mrs. Brown's next door, to return a book. He quickly came back, and then lingered about mamma's chair as if he wished to say something.

"What are you waiting for?" mamma asked at last. "Why don't you go and play? The weather is so nice outside and I am sure the little romp and exercise will do you good."

"Aunt Edith always paid me when I went on errands for her," said Charley.

"Did she?" said mamma, looking a little surprised. "Well, I will pay you," and she gave him a kiss on each cheek.

"Oh, I don't mean that!" said Charley. "Aunt Edith paid me money—five or ten cents."

A troubled look came into mamma's face. "I am sorry you could not do a favor for your auntie without being paid for it, when she was doing so much for you every day you were at her country home."

"Why, she didn't do much for me!" said Charles, "and I did lots for her. She said it was a good thing for boys to earn money and put it in the bank."

"So you have brought home a large sum to put in the bank, I suppose," said mamma, smiling.

"No," replied Charley. "I—I haven't any left. But I only spent a little for candy once in a while."

"And the allowance of fifty cents a month from papa—is that all gone?"

"Y-e-s, I guess it is."

"Well, dear," said mamma, "we will talk about spending money another time; but this idea of being paid for every favor you do for another—do you like it? I shouldn't. If Mrs. Gray should ask me to buy her a spool of silk down town, and then she offered me five cents for doing the errand, I would feel insulted. As if I could not show her a kindness without being paid for it!"

"Oh, that's different!"

Mamma shook her head. "We ought to consider it a pleasure to perform these little acts of kindness for others, and never to think of any reward. What if I should expect you to pay me for everything I do for you?"

"You don't do much," said Charley.

"Don't you think so?" said mamma.

"I don't see what. You don't do any errands."

"Suppose we keep an account for each other, and then we shall compare them at night."

"That will be splendid!" said Charley, "but I 'most know you'll have to pay me lots of money."

The next evening, during the hour before bedtime, Charley brought out his slate, and mamma brought out her notebook.

"I shall soon be rich, if we do this every day," said Charley. This is what he had written:

Getting drink of water for mamma.
Going to post office.
Errand.
Watering flowers.

Then mamma read her account, which was as follows:

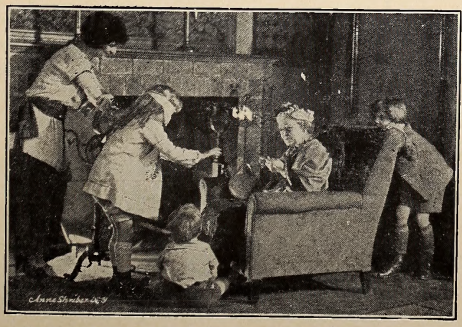
Helping Charley dress.
Getting Charley's breakfast.
Sewing on buttons.
Mending jacket.
Charley's lunch.
Bathing hurt finger.
Making cake.
Putting on dry shoes and stockings.

Charley's face had grown sober during the reading, and he was silent a moment when it was over. Then he said: "Oh, mamma, you've done ever so much more'n I have. I can't pay you, 'cause I haven't any money."

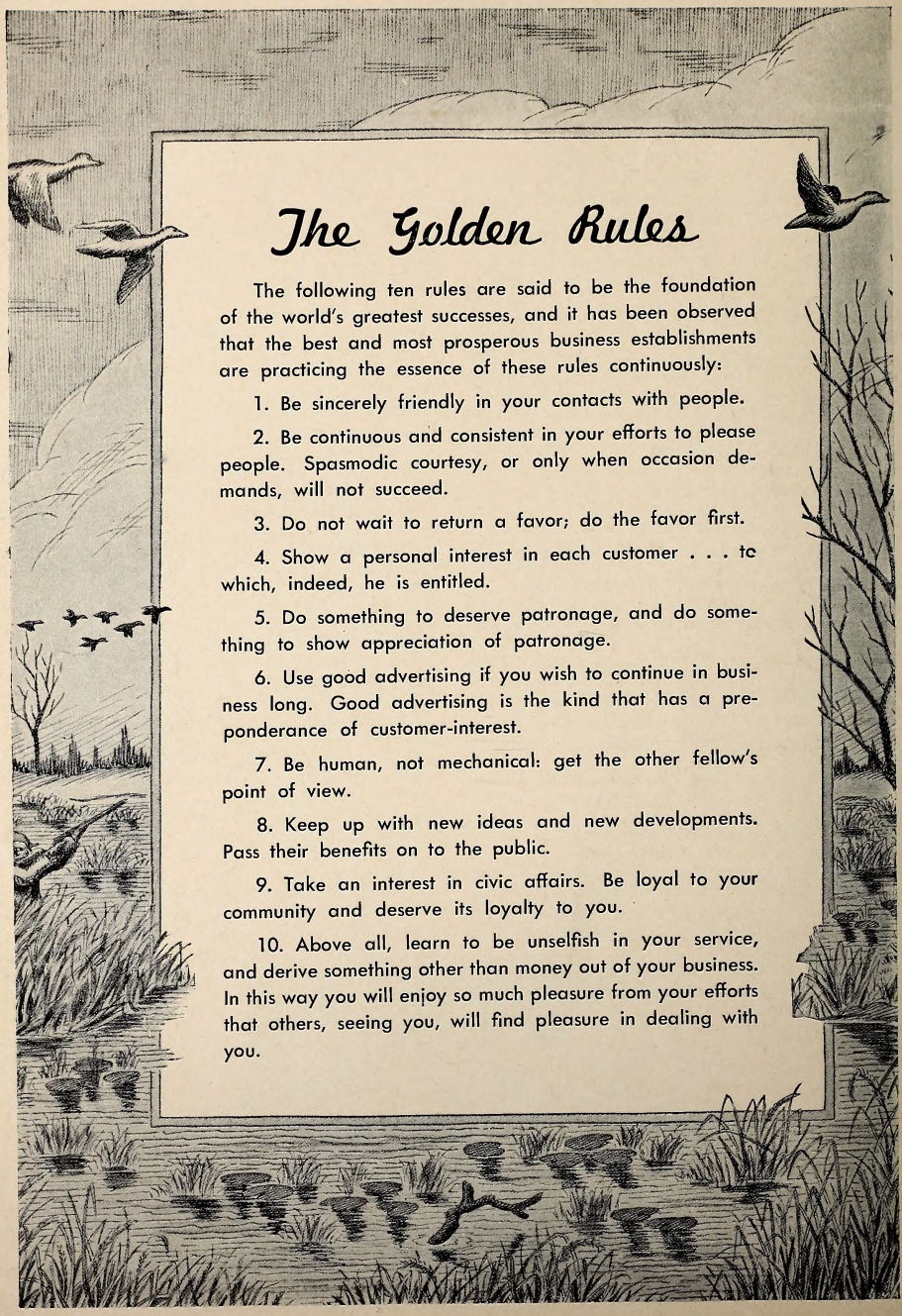
"My dear boy," said mamma, "I don't want you to pay me. And don't you think it would be better to do all we can for each other and for everybody else, and not think about pay?"

"Yes, mamma, I think it would. It isn't nice to keep accounts, is it?"

"Not this kind of an account," replied mamma.



PLAYING BLIND MAN'S BLUFF WITH GRANDMA



The Golden Rules

The following ten rules are said to be the foundation of the world's greatest successes, and it has been observed that the best and most prosperous business establishments are practicing the essence of these rules continuously:

1. Be sincerely friendly in your contacts with people.

2. Be continuous and consistent in your efforts to please people. Spasmodic courtesy, or only when occasion demands, will not succeed.

3. Do not wait to return a favor; do the favor first.

4. Show a personal interest in each customer . . . to which, indeed, he is entitled.

5. Do something to deserve patronage, and do something to show appreciation of patronage.

6. Use good advertising if you wish to continue in business long. Good advertising is the kind that has a preponderance of customer-interest.

7. Be human, not mechanical: get the other fellow's point of view.

8. Keep up with new ideas and new developments. Pass their benefits on to the public.

9. Take an interest in civic affairs. Be loyal to your community and deserve its loyalty to you.

10. Above all, learn to be unselfish in your service, and derive something other than money out of your business. In this way you will enjoy so much pleasure from your efforts that others, seeing you, will find pleasure in dealing with you.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

It Doesn't Matter Much

(Lines on the Acceptance of Mental Deficiency of One's Child)

It doesn't matter much
If he never learns
To comprehend
The mysteries of philosophies
And metaphysics and such . . .
I, his mother, learned of these
And found they too could turn to dust
With sorrow's gluttony and lust . . .
It doesn't matter much
If he never learns the lure
Of these intensities.

It doesn't matter much
If his eye,
Cannot be trained
To shoot a squirrel or other game
Across an autumn hill . . .
For then I know he never will
March away to learn to kill;
Leave me to fire a hating gun
To slay another mother's son.
It doesn't matter much.

It doesn't matter much
If our whole, wide, weary old world,
Wilts at his very touch . . .
For his world, though so small, so small,
Matters very, very much.

DORIS VININGRE
North Houston, Texas

April, 1955

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The Caswell News

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Published quarterly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

Julian L. Lokey, M. D., Superintendent
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A TRIBUTE . . .

There is one among us who has long served the cause of the mental defectives tirelessly, efficiently, conscientiously, and fruitfully. Her mark is indelibly written, and long will her favorable and substantial influence be observed in the affairs of the Caswell Training School. We extend to her our sincere gratitude and admiration for serving so capably and so faithfully in the tasks assigned her as one of the key staff members of this institution. During her fourteen years of affiliation there has never occurred a moment of hesitation when the request for service has been made of her. The person of whom we speak is undoubtedly, Miss Elizabeth Brown, our Director of Psychological Service. In that area of effort her value is immeasurable, and too, her fourteen years as editor of "The Caswell News" constitute a period of assistance which cannot be praised too highly. Magnificiently she advanced the program of care and training for the mentally retarded and enhanced desirably the public relations of our institution through the publication of our quarterly pamphlet. Her personality and philosophy of life have been clearly demonstrated through "The Caswell News." Those features have made the paper valuable indeed. No one will be able to duplicate her pattern; however, we shall hope that in the years to come the standard of the publication set by her will be upheld. Miss Brown, January 1 of this year reluctantly retired as editor of "The Caswell News." Miss Pearl Adkins, our Director of Social Service, likewise capable and conscientious, takes over. We will pledge to her our effort and support, as has been provided Miss Brown in the past. Heartiest praise and congratulations are extended Miss Elizabeth Brown for the role she has played and continues to play in the life of Caswell. As colleagues, we say, we are proud indeed that she is one of us. For many years to come may there remain for her much activity, happiness, and success.

Julian L. Lokey, M. D.
Superintendent

A Task, A Challenge - *Our Answer*

With the beginning of this year we commenced a new period of dedication to the task of caring for and training the mentally retarded persons of the State of North Carolina. There should be no exception among us, in that all 500 of us as employees are here for the one purpose which is to accomplish and maintain the finest plant and organization possible to serve the charges whose well being is our responsibility. Our mere presence in the positions assigned us in our institution is representative of the pledge just mentioned.

Much progress has been made since the establishment of Caswell, and we of the present proudly speak of her past; however, we are compelled to conclude as we survey our present status that there is need for modification and refinement of our training and care systems in order that we might efficiently meet the challenge, provide the answer, and accomplish the highest goal. That in a large measure would be necessary due to the tremendously large enrollment of the moment, with the still larger proposed population for the future. During the past decade Caswell's pupils have increased in number by 1000. The year of 1954 saw 248 admissions. Thus far we have greeted 75 new pupils since January 1, 1955. The school's present enrollment is 1701, with the plan of 1850 by the end of this year. Such facts readily suggest the necessity of a plan of management different from that for a school enrollment of 800 to 1000, which is the plan under which we have operated. Now, we must gear ourselves to a different and more intricate routine that we might produce the splendid results expected of us by the government leaders of our great State and that which the pupils and patients assigned us deserve.

We believe that with the completion of current construction projects our plant will be outstanding and adequate indeed. May we then set forth to make the finest and most abundant use of our buildings and campus. In doing that we must establish and attain the highest possible standards for our staff personnel. No one can question the fact that we now possess capable, conscientious, energetic and aggressive staff members throughout each department. However, we

intend bringing into the fold additional persons, morally upright and thoroughly qualified, to assist in our mammoth task. Today we are especially pleased with our training program and with proposals in that area of effort. Coordination in all phases of training is our aim. Two years hence a modern and productive program will be in vogue. If each employee will look upon himself as a teacher and upon each trainable charge as a pupil, that prediction will become a reality.

Those of us who speak of our challenge, of our pledge of service, and of our dedication to the task of caring for and training the mental defectives wish to express humble gratitude to all employees and friends of Caswell for their continuous interest and effort, both of which are entirely responsible for the point of advancement we have reached up to this time, and necessary for the additional service and achievements that we intend to render in the future. We do appreciate your cooperation and support and response to our pleas for work and more work. The job is not over, but just begun. With your continued help we shall see this training school develop to the finest in the land. Let that be our goal, for only then will the challenge be met, will the task be accomplished, will our pledge be fulfilled.

Julian L. Lokey, M. D.
Superintendent
S. H. Stroud
Business Manager

STAFF NEWS

Congratulations go to Dr. Lokey as he has been singularly honored in his recent appointment as lecturer in the department of neuropsychiatry at the University of North Carolina.

Also he was elected to the membership of the North Carolina Association of Neuropsychiatrists and was appointed an advisor to The American Association on Mental Defficiency and the National Association of Retarded Children.

* * *

Mr. Gareth Thorne who was Assistant Psychologist has been appointed Assistant Director of Training. This appointment was made by the Hospitals Board of Control.

* * *

Miss Barbara Scott of Goldsboro joined the professional staff as a registered occupational therapist.

* * *

Dr. Lokey gave two talks recently - one to the Westminster Methodist Church's men's class and the other to the neurosychiatric group of medical students and senior staff at Chapel Hill.

* * *

In April Dr. Lokey and Gareth Thorne conducted a lecture and clinical demonstration of mental deficiency before the sophomore class in the department of neuropsychiatry of the Memorial Hospital in Chapel Hill.

* * *

Doctors Charles R. Vernon, Robert Harper and Andrew L. Laczko, resident physicians in neuropsychiatry at Raleigh State Hospital have spent a month each at Caswell.

* * *

Senior medical students from Memorial Hospital, Chapel Hill have continued to spend 4 days weekly at Caswell in observation and clinical study.

* * *

The Lenior County Chapter of the Association of Parents and friends have held several monthly meetings at Caswell Training School. Various personnel from Caswell were guest speakers. On March 27 a regional open meeting was held in the Caswell auditorium. The program was centered around a panel discussion on "Aids to Understanding the Mentally Deficient". Those taking part in the panel were Dr. Julian L. Lokey, Superintendent of Caswell; Gareth Thorne, Assistant Director of Training; Mrs. Robert A. Morehead, Chairman of the local chapter of The Parents and Friends Association and Dr. Robert Harper, resident psychiatrist at Raleigh State Hospital.

HOSPITAL NEWS

The Hospital has recently added three registered nurses to its staff.

Mrs. Shirley Spanton - graduated from Flower Fifth Avenue Hospital, New York City. Was employed at Mt. Siani Hospital in New York before coming to Caswell.

Mrs. Virginia Perry - graduated from Lenoir Memorial Hospital, Kinston, and did graduate work at both Childrens Hospital and Gallenger Hospital in Washington, D. C. She has held positions at Lenoir Memorial Hospital in Kinston and the Lenoir County Health Department.

Mrs. Anna Bailey received training at Franklin Square Hospital, Baltimore, Maryland and Maryland General Hospital, Baltimore, Maryland. Did graduate work at Baltimore City Hospital. Was employed at Woodard Herring Hospital, Wilson, N. C. before coming here.

Mrs. Arlene Marshall, Director of Nurses, and Mrs. Margaret Tisdale, Assistant Director of Nurses, gave a picnic for the Hospital Working Children on Friday, April 8th, at their homes.

This Is Life

To own a bit of ground, to scratch it with a hoe, to plant seeds and watch their renewal of life — this is the commonest delight of the race, the most satisfactory thing one can do.—*Chas. Dudley Warner.*

THE TRAINING PROGRAM

THE CENTRAL TRAINING OFFICE

Coordination of training effort involved in the five departments of training has been the main objective of the central training office. The five departments involved are the academic school, occupational therapy, vocational training, recreation, physical education, and religious education.

Further activity of the central training office has included a re-evaluation of present training methods as well as planning and putting into action new methodology as it becomes feasible to do so.

The establishment of a central training file containing a progressive record of each individual involved in one or more phases of the training program has proved to be very beneficial.

Training of the retarded child cannot be approached from anyone particular point of view. Each child must be assessed in terms of his needs and his capacity to provide for these within the environmental matrix in which we assume he will take his place. It is the task of the training program to provide guidance and training of the expression of the child so that he might find a place in life acceptable to himself as well as those about him. We must also help him to accumulate a fund of knowledge in terms of which he may be more able to evaluate his capacity and needs in any environmental circumstance.

ACTIVITIES OF THE SCHOOL DEPARTMENT

Since the previous publication of the Caswell News the music department, under the direction of Mrs. Marion Oettinger, has given or assisted in giving several excellent programs.

On Washington's Birthday a patriotic program, with 125 children participating, was given in the school auditorium. Numbers on this program included six songs by the boys and girls chorus. A Washington dramatization, Flag Drill, two colonial dances, and three numbers by the little children's rhythm band.

When the Jr. Woman's Club of Kinston presented a United States Flag and Pole, and Mr. Stroud presented a State Flag to the institution, the glee club sang several patriotic numbers and led in the salute of the flags. This was a most impressive ceremony.

At the nine o'clock Easter Service the girls and boys chorus, comprised of forty voices, rendered two difficult anthems. They also sang at the Sunrise Service.

On Valentines Day, and again at Easter each teacher gave a small party for her group. The children always enjoy these little periods of relaxation after their tension of study.

The Physical Education Department is now giving each academic class an hour period a week of well planned and directed play. This change that has been made in the school schedule has proved most beneficial.

Every Friday P. M. Mr. Thorne teaches the faculty and other interested members of the staff, Kirk - Johnson's interesting book, "Educating the Retarded Child". This is a meeting which is looked forward to by all. After Mr. Thorne's teaching program Miss Brown gives a report on the new admissions.

The teachers are finding their new report books helpful in keeping a daily record of each child's progress.

Mrs. Mark Hill

OCCUPATIONAL THERAPY DEPARTMENT

An integral part of the training program is that which is carried on by the Occupational Therapy Department. The O.T. department reaches many individuals who do not for one reason or the other take part in other aspects of our over-all training program.

The primary object of Occupational Therapy is to improve the health of the child, both mentally and physically and to help train the child to use a maxium of all his abilities. Medium used: Art; ceramics; music; needlework; weaving; woodwork; basketry native craft (work with natural materials found locally such as pine needles, pine cones, leaves of other trees, etc.; Sewing.

The O.T. department is under the direction of Mrs. Barbara Scott. It employs 5 year round instructors. In recent weeks under the direction of Mrs. Scott many improvements have been made in training techniques and methodology used. In addition to this, much new equipment has been added to better meet the training requirements as well as extend the scope of the entire program.

VOCATIONAL TRAINING

We in Vocational Training try to place each trainable pupil in some kind of training project. Then as they learn to do one job well, we move them on to another job. Of course some of our pupils can only learn how to do one or two things well, these we only move when the pupil becomes tired, or wants a change.

At present we have 450 in Vocational Training, of this number we have 18 girls in the Employee Home Training Program, and hope to have more in the near future. These are some of the pupils we hope to discharge from the school at some future date.

RECREATION

In January a new program was started to teach the boys how to act and behave at parties and social functions. The older boys and girls are taking part in this program and they learn by doing. They plan their own program and carry on the program under the supervision of recreation personnel. At each function they serve refreshments and everyone has a good time.

The Recreation Department took several bus loads of boys to the Grainger High School this past season to see football and basketball games. They enjoyed the games very much and looked forward to each game with anxious anticipation.

This year a new softball diamond and a miniature golf course have been constructed at Caswell. These facilities offer the children a greater

opportunity to play a broader variety of games. In addition to these new facilities, we have a good playground, equipped with the latest equipment. There is also a baseball diamond and a field for playing football.

In March the new recreation building was begun. The contractors expect to finish this building by January 1, 1956. When this building is completed it will add greatly to the overall recreational program.

The Junior Woman's Club of Kinston donated a flag and flagpole to the school recently. The pole was placed on the front lawn of the school building. We are all very proud of the flag and flagpole.

The girls are very proud of their new beauty solon. The Raleigh Junior Woman's Club donated equipment for the solon and it has been installed and it is now in use.

RELIGIOUS EDUCATION

The director of religious education is responsible for the spiritual life of the pupils at Caswell. Three services are held each Sunday in the school auditorium - Junior and Senior Chapels at 9:00 and 9:45 a. m. and a Vesper service at 7:00 each Sunday evening. Uniform Sunday School lessons are taught two Sundays of each month, while visual aids are used at the other services. No denominationalism is stressed and each lesson's Bible truth becomes the center of a problem situation that the pupil may encounter in his day to day living at Caswell or in the outside community. On Youth Sunday and Easter Sunday several pupils conducted the special services. The outdoor Sunrise Service on Easter was attended by approximately 300 pupils and personnel.

Counselling with pupils, hospital visitation and public relations activities are also part of the program of this department. Since the first of November the director has spoken before 4 Kinston groups and interested clubs in New Bern, High Point, Black Mountain and Jacksonville.

SOCIAL SERVICE DEPARTMENT

The Social Service Department admits all pupils and patients who come to Caswell Training School. During the months of January, February and March 60 persons were admitted and of these 60 forty-nine were brought by parents. It is always most helpful for the fathers and mothers to come as it gives the school an opportunity to become better acquainted with the child and also to know the parent. The parent also has the opportunity to see the campus and to know some of the personnel.

The social service department is also responsible for those children who go home for vacation and placement. There have been an average of 60 children who have been home on placement.

A number of parents who have not yet placed their children at Caswell visited the school and the social worker discussed with them their questions regarding admittance to Caswell. They were also showed about the grounds.

(Please turn to page 8)

Look for the Good

As you go along, seeing right and wrong
On all sides and around you,
Don't be dismayed by the bad displayed,
Nor let its might confound you.
For 'tis this I tell and I know full well
That the word has truth behind it;
Keep a sharp look-out, and there is no doubt
If you look for the good you'll find it.

When your luck is bad and your heart is sad,
When you find that cares perplex you;
When Fortune's frown brings your spirit down,
When Life's hard problems vex you,
Though your path is dark you will make your mark
If you take this word and mind it.
All your doubts subdue, and you'll find 'tis true
If you look for the good you'll find it.

—Alice Wise in Tid-Bits

Jottings from the Dormitories

BY ATTENDANTS

COTTAGE 4 We have been having a real good time, although the weather hasn't been so agreeable. Marion and Dianne both had birthdays in March and both had nice parties. We all enjoyed them so much.

Well, Easter is here again and some will go home for a few days. We are looking forward to Sunrise Service on Easter Morn. Then back to school for a few weeks before our summer vacation.

COTTAGE 5 The boys in Cottage 5 are having a wonderful time playing soft ball this Spring. They are planning so many things they want to do Easter. Charles said, "Oh! Boy we will have a big egg hunt". The boys are planning on what they are going to do on their vacation. Some of the boys will go home. The ones that are not going home are planning on going to the swimming pool and to the beach and playing games.

COTTAGE 6 Our boys enjoyed all the pretty Valentines they received from home, and the nice candy and treats from everyone.

Easter is just around the corner and all are talking about the Easter Bunny coming and the egg hunt we will have. Each one is hoping to find the prize egg. The new boys that have joined us since last Easter don't know what a good time we have. A few are expecting to go home then. And just think, it will soon be vacation time again, and how happy a lot of little boys will be. Although the ones that stay here have a good time too. Several of the boys had a good time at the birthday party given by the recreation department some time ago.

We welcome Mr. Boswell as a co-worker in our Cottage.

JOHNSON 1 The children of Johnson 1 are a very happy group of little girls, always playing with each other and having a nice time. They are so sweet and the matrons are proud of them. The children enjoy watching T.V. very much and also listening to the radio. They love to get out in the yard to play in the sunshine. We serve three meals daily and we have milkshakes once a day; also orange juice every night of which the children enjoy. There is much laughter and many good times.

JOHNSON 2 Well, with Easter just around the corner we are making preparation and looking forward and waiting patiently for the Easter Bunny. We have cleaned and dressed our building and are preparing our Easter Suits.

Since our Sunday School teacher, Mrs. Hurt has explained so plainly about Palm Sunday, and Holy Week we understand more about Christ's entering Jerusalem and what Easter really means.

We are sure there will be an egg hunt and we feel we will have a good time. So come along with us and be sure not to miss Mr. Bunny when he comes.

JOHNSON 4 Here it is Easter and we just have to dress up and go to Chapel. We had a nice egg hunt and the one that found the most eggs got a prize. Betty Jean won first prize, a nice White Bunny. Last week Betty Ruth and Daisy Marie and Annie Lee had a birthday party. Served ice cream and cakes. We all enjoyed it so much. We have 48 girls in our group. Some can sew and others do different things to help pass the time.

PARROTT 4 The boys in Parrott 4 are fine. They still enjoy their T.V. set, and their rocking chairs. They have been going out in the yard these warm days and enjoy playing outside with their balls.

POLLOCK B The boys of Pollock B are enjoying the new tables, pictures, rugs, and other beautiful gifts in our building. They are looking forward to Easter. Also many are beginning to talk of summer vacations which will soon be here.

BYRUM 3 Easter will soon be here. We are hoping that the Bunny Rabbit will come to see us. Some of us will go home for the holidays. We are to have open house May 5th and hope all of our parents and friends will be able to come.

We are all getting along good and enjoying our television we got Christmas. Since Spring has come, we are having lots of fun outside playing ball and getting a good sun tan for the summer. We are all looking forward to a nice vacation at home.

KENDALL 4 We are very glad to say that Kendall 4 girls are well and happy. They are really enjoying the good fresh air and sunshine these days. They are now looking forward for a nice Easter. Several of the girls have received nice Easter baskets from their parents.

WOOTEN B The girls of Wooten B are sure looking forward to Easter. We are going to have Sunrise Service. We will get a thrill out of dressing in our new dresses so early.

Some of the girls will go home for Easter. But those that are not will have a good time here at the school.

TAPP The boys at Tapp want to thank each one that made it possible for us to see the art exhibit. We think our things were nice too. We are glad to see these good old days come to practice baseball. We all work so faithfully in every way, trying to do our best. We will even work harder when we get our new building. We miss the boys that have been transferred to Cartwright but we will not forget them. We are hoping the Easter Bunny will come by and leave us something nice.

AUSTIN A The girls at Austin A have been very happy since Christmas. They have had the usual activities and there is usually a birthday party to be celebrated. Lovie' Ann's mother brought home made cake which they all enjoyed very much. Then we've had several new girls added to our group. We are all glad to give them a hearty welcome.

DAWSON: The Dawson girls are kept very busy going to school and to the various work projects

daily. At night it is a great pleasure to get together and crochet, play games, write letters and discuss the various activities and happenings during the day. We have had an opportunity to visit arts and crafts exhibit in Kinston and on two occasions a piano concert in the Grainger High School. Thanks to the recreation department. Now that Easter is drawing near we are looking forward to the Sunrise Service and to an enjoyable day.

WOOTEN A The little Wooten A Girls have so many different things to keep them happy, we don't hardly know what to say first. Art and Craft school, library, the movies once a week, Sunday School, Vesper service; also the little parties we have. Oh! we don't want to forget to say something about little Naomi's mother baking her the prettiest birthday cake and bringing it with 13 candles on it. We all enjoyed it very much. Now that Easter is almost here we are looking forward to it with our new dresses, ribbons and pretty Easter baskets.

COTTAGE 2 The children are busy now preparing for a school program, all the children are well, happy, and enjoying the nice spring weather playing outside.

One of the children's parents had a birthday party for the children in honor of their daughter, which was enjoyed very much by all the children.

Easter has gone but the children sure enjoyed the egg hunt. Some of the children went home for the weekend but many stayed and enjoyed all the activities planned for them.

COTTAGE 3 Since Old Man Winter has gone and spring has made her debut, our little girls are all smiles. They are really enjoying the outdoor life, playing with their tricycles, tribikes, wagons, dolls, and carriages. On rainy days when they can't play out, we pop corn, and serve them pepsi colas, cookies, and candy.

Patty had a birthday party given by her mother. Ice cream, cookies, mints and bubble gum was served. Each little girl received a gift. Thanks to the mother for making it possible for the little girls and matrons to enjoy such a delightful hour.

Then came Easter and several of the little girls went home. Those that were here, were well entertained with parties and egg hunts. The Easter bunny made his rounds Easter Eve and left pretty baskets and colorful eggs for all.

Easter Morning the little girls dressed all up in their Easter finery and went to chapel. They looked real pretty. We are very proud of our little girls.

AUSTIN B The girls of Austin B had a very nice Easter. Some of them went home while the ones that didn't, got nice boxes of good things to eat. We went to the Sunrise Service, which everyone enjoyed very much. We also had a very good time on our egg hunt. We enjoyed our trip to the Art Exhibit. We think the exhibits were pretty this year.

COTTAGE 7 The Cottage 7 boys are having good times. They especially enjoyed the Easter egg hunt which proved to be lots of fun. The boys all go to school every day and they are trying real hard to learn what the teachers are teaching them. They go to Sunday School each Sunday. Now that the warmer weather is coming they are able to be outside more and they soon will be as "brown as a berry."

POLLOCK A Easter has come and gone and our boys had much fun looking for eggs. They have had several birthday parties with ice cream and cake and do they love the ice cream! They go to the movies every week and have lots of fun watching the various television programs. The building is most attractive.

Occasionally there is a new boy who comes to live with the other boys and the boys help to make the new boy not to be too homesick.

CRIPPLED CHILDRENS HOSPITAL The nurses gave a lovely Easter Party for the boys and girls who work with our crippled children. It was held out of doors at the home of Mrs. Lloyd Pate and we had delicious sandwiches with all the other picnic trimmings. One of our children, Jerry recently had a birthday party with a delicious cake and candles to blow out. He wore a paper hat during the party and also enjoyed several gifts.

COTTAGE 8 Our boys were thrilled over the dedication of our new flag pole and the American and North Carolina flags. It gives them much pleasure to see Old Glory flying in front of the auditorium each sunny day. Jerry and Wesley recently had birthdays and received cakes and balloons from their families. The hot days of late April permitted our boys to go barefooted and they have certainly enjoyed every minute of it.

McNAIRY A group of our girls attended a piano recital at Grainger High School. They enjoyed it a lot and want to thank those who helped to make it possible. Easter was an exciting time - some had parts in the Easter Sunrise Service. Many went to town to do their shopping for new clothes and others got new parmanents for the occasion. Families have been visiting some of the girls while others are looking forward to visits in the near future. Eleanor has gone home for about a ten days visit. Marion is having a birthday party this week.

Staff Dormitories Ready at Caswell

Final inspection of two staff dormitories was held recently at Caswell Training School. The buildings were accepted subject to several minor completions according to Mr. S. H. Stroud, business manager.

R. E. Vick of the N. C. Budget Bureau and Roy Purser, general manager of the N. C. Hospitals Board of Control, conducted the inspection. The two buildings represent an investment of some $345,000.

Occupancy is expected shortly and the dormitories have quarters for single and married workers. Matrons, attendants and nurses are to live in these buildings.

The dormitories were erected by T. A. Loving of Goldsboro.

Meanwhile, work is progressing on the new boys' dormitory and the foundation has been dug for the recreation building at Caswell.

FACTS AND FANCIES ABOUT MENTAL DEFICIENCY

Facts and Fancies about Mental Deficiency by Lloyd N. Yepsen, Ph.D., State of New Jersey Department of Institutions and Agencies, Trenton, New Jersey.

1. As a baby first evidences of mental retardation are that the child is slow to notice things, slow to sit up unsupported, retarded in walking and talking. The delay in one of these accomplishments may not be an indication of retardation, but a delay in two or more is usually found to be characteristic of children who are mentally retarded.

2. About one out of every hundred of the population is mentally deficient. This is the figure generally accepted by competent authorities in the field, although the percentage in the newborn may be somewhat higher. One must be careful to differentiate between simple mental retardation and mental deficiency. The mentally retarded are those who may succeed in home, school and community life without supervision, if special training is given. The mentally deficient require supervision even though they are given special training.

3. Many parents overestimate the abilities of their mentally deficient children. Parents frequently confuse little tricks of memory with intelligence. They also frequently forget the life age of the child. Parents can, with profit, compare the overall ability of their retarded child with that of a normal child as a standard.

4. Many mentally deficient children could be cared for at home, if proper training were available. This has been proved true through experience in a large number of instances. Home training can be very successful providing it is given by teachers trained and experienced in this specialized field of work.

5. Many parents are finding it increasingly difficult to care for a mentally deficient member of the family in the home. This is especially true because of the changing mode of living. Housing is more limited than it was a generation or more ago and in many instances both parents are wage earners. These and other factors make it more difficult to meet many of the special needs of the mentally deficient child at home.

6. There is a type of mentally deficient person called the "mongoloid type". The name "mongolian" or "mongoloid" was given to children when physical types were being classified by their resemblance to racial groups. Because of one type of child's resemblance to the Mongolian race, primarily because of the slanted, almost almond shaped eyes, he was called a mongolian just as others were called American Indian type, Negroid type, etc. These children appear about once in every 500 births. The cause or causes are obscure and the condition does not respond, or responds very little, to treatment. There is no undebatable instance on record of a child of this type being made normal or even near normal through treatment.

7. Many mentally deficient persons can be trained to be self-supporting citizens. Their social and economic adjustment may not be at a high level but many of them need not be totally dependent upon the community. There are thousands of mentally deficient persons in the community who are successful graduates of classes for the mentally subnormal and the state training schools for the mentally deficient. They may require some supervision from time to time in order to increase their effectiveness, however.

8. Some mentally deficient persons can do certain jobs which require patience and manual dexterity. This is one of the saving characteristics of the mentally deficient individual. If properly trained and properly motivated on the job, he will not tire of routine tasks, although he welcomes a change as much as does his normal brother. His manual dexterity, however, is not a dexterity of the fine muscles, but as a result of proper training, he may coordinate his large muscles quite well.

8. The mentally retarded child who is in need of special education in the public school constitutes at least two or three per cent of all school children. This is a minimum percentage. Some educators would place it even higher. Special education or an adjusted course of study is the right of every child who cannot benefit by the school program which is designed to meet the needs of the greatest number of children.

THE TRAINING PROGRAM

(From page 5)

The social worker has talked to four various church groups in Kinston and to the District Case Worker's Association in New Bern.

THE TEN COMMANDMENTS

Dr. Abraham Levinson has written a set of commandments for parents of retarded children which appeared in "Our Children," a publication issued by the Michigan Association for Retarded Children.

1. Get medical advice and follow program given you.
2. Don't adopt a defeatist attitude.
3. Don't push your child beyond his capabilities.
4. Try to meet your child's emotional problem.
5. Don't neglect your normal children.
6. Don't pauperize yourself to give your child the best.
7. Don't be afraid to have more children.
8. Don't covet the child of your neighbor.
9. Don't develop a complex of shame or guilt.
10. Further the cause of help for the mentally retarded in every way you can.

EACH DAY is a new day, and should be better than its predecessors. The mistakes and the successes of today should help make tomorrow better.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

The Retarded Child's Bill of Right's

1. Opportunities for the fullest realization of his potentialities, however limited, for physical, mental, emotional and spiritual growth.

2. Affection and understanding from those responsible for his care and guidance during his years of dependence.

3. Help, stimulation and guidance from skilled teachers, provided by his community and state as part of a broadly conceived program of free public education.

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The Caswell News

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A TRIBUTE

One of the most important and vital jobs at Caswell Training School is that of the business manager. As one looks about the beautiful, well-kept campus of Caswell Training School and observes the smooth operation of all the various departments of service and maintenance, one seldom fully realizes the tremendous task that is required of Mr. S. H. Stroud, the Business Manager. In November, 1937, Mr. Stroud came to Caswell Training School to assume this duty. When he first took over this responsibility, the institution was a small one but during the ensuing years the school has continued to grow and expand until it has become a small community in itself. Mr. Stroud's duties have not been easy. There have been many trying times, especially during World War II when supplies, personnel and such were so limited. Then came the period of construction when new buildings and new plans had to be formulated and carefully worked out. It has been through his capabilities, loyalty, efficiency and his untiring devotion to duty that so much has been accomplished for the general overall welfare of the institution. To coordinate and operate smoothly and efficiently the various departments which include the farm, the power plant, the maintenance department, the dietary division, as well as all the service facilities for every department in the institution, takes a man of unusual ability and foresight. It has been through his knowledge of business administration, through long hours of work, through his energy and patience that he has been able to coordinate and operate so successfully the business affairs of Caswell. He is looked up to as an outstanding director and organizer, not only by those in his employ, but by those in his related field. The loyalty, sincerity, efficiency and devotion which Mr. Stroud exerts in his work and relationship with other people are the attributes which make him an outstanding man, not only at Caswell Training School but within the community. Caswell Training School appreciates sincerely what Mr. Stroud, as an employer and friend, has done for it. Caswell Training School also wishes Mr. Stroud all the success and happiness possible in the years to come.

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STAFF NEWS

The Hospitals Board of Control has announced the promotion of Mr. Gareth D. Thorne to the position of Director of Training. For the past nine months Mr. Thorne has been the Assistant Director of this department and during this time he has worked diligently to initiate and promote an adequate overall training program which would train and educate our pupils to their highest potential. The staff of Caswell congratulates Mr. Thorne.

Jack Howard, a native of North Wilkesboro, North Carolina, has joined the training staff at Caswell. His program will deal mainly with the testing and counselling of pupils in the academic program. Mr. Howard has a B.S. in English and social sciences and a M.A. in Education from East Carolina College. He has also taken post graduate work in Appalachian State Teachers College, Boone, North Carolina, in the field of counselling and psychology. At Campbell College, Buie's Creek, North Carolina, he served as director of guidance and professor of psychology. He has also taught five years in the state public schools. During this past summer he was a member of the staff that produced "Horn in the West" at Boone, North Carolina.

Mrs. Anne Owen, whose husband "Gid" Owen is assistant farm manager at Caswell, is the new librarian. Mrs. Owen, a native Kinstonian holds an A. B. degree in English from Elon College. She also has had training in library science. Mrs. Owen taught at Moss Hill last year. Mr. and Mrs. Owen and daughter Nancy live on the Caswell campus.

Mrs. Sherry Hardberger is a new member of the occupational therapy department. Mrs. Hardberger was born in Jonesboro, Arkansas, and attended Baylor University in Waco, Texas. She has taught arts and crafts in vacation Bible Schools and will instruct the Caswell pupils in the same line.

Mrs. Gertrude McDermott, a matron in the Dawson building for 2½ years was recently promoted to an assistant in the custodial depart-

ment. Mrs. McDermott, a North Carolinian, was educated at East Caroline College. From 1930 to 1946 she was charge matron and supervising seamstress at the Pilgrim State Institution for the mentally ill at Brentwood, Long Island. Mr. and Mrs. McDermott returned to North Carolina from Vermont in 1952 and are at present residing in Hookerton.

Isham Bland, an attendant in Cottage 5 for 2 years, became an aide in the recreation department in August.

Mrs. Christine Tripp, registered nurse, who was educated in the Grifton schools and received nursing training in St. Joseph's Hospital, Philadelphia, Penn., has become the clinical instructor in the Caswell medical department. As clinical instructor she will be concerned with the orientation of the nurses' aids and will supervise and instruct the undergraduate nurses.

Mrs. Hazel Blizzard became a member of the Caswell Medical staff on September 1, 1955. She attended the Farmville school and Woman's College at Greensboro, also Boyd's Business College in Washington, D. C. Her nursing training was taken at Lenoir Memorial Hospital in Kinston and she was affiliated with Children's Hospital in Washington, D. C., for three months. Mrs. Blizzard was on general duty and private duty nursing at Lenoir Memorial Hospital and prior to coming to Caswell, served in the medical division of Dupont. Recently Mrs. Blizzard was made assistant director of nurses to replace Mrs. Mary Stanley who recently resigned.

Miss Margaret M. Lane joined the Caswell staff on November 15th as assistant in the social service department. Miss Lane is a sister of Dr. Bessie Lane, Caswell physician. Miss Lane a native of Marlboro County, S. C., was educated at W.C.U.N.C. and received training in social work at the University of North Carolina and College of William and Mary at Richmond, Virginia. Before coming to Kinston, Miss Lane was connected with the Domestic Relations Court of Raleigh and Wake County.

Mrs. Mary Waters who served temporarily in the social service department, has been added to the training department of Caswell as an assistant. She will specialize in the area of advanced household arts.

Dr. Lokey, superintendent, was guest speaker at the October monthly meeting of the Kinston Junior Woman's Club.

In November Dr. Lokey and Mr. Thorne presented lectures on "mental deficiency" to the first year residents in psychiatry at Chapel Hill.

Gareth D. Thorne, director of training attended a November meeting of the Greenville Woman's Club where he discussed Caswell's Training program.

Mr. Thorne also spoke to the Albermarle Junior Woman's Club in October as well as to the Kinston Woman's Club.

Bill J. Waters, assistant in the training department, was elected vice president of the East Carolina Chapter of the International Council for Exceptional Children.

Dr. Charles R. Starling, who is a resident psychiatrist at North Carolina Memorial Hospital at Chapel Hill for two years, was the visiting psychiatrist for September. Dr. Armando del Campo who is a native of Mexico City has been the resident psychiatrist for November. He is at present connected with the State Hospital at Raleigh.

Senior medical students from Chapel Hill continue to spend a day a week on the campus.

Miss Elizabeth M. Brown, director of the psychology department attended the Southeastern Regional meeting of the American Association on Mental Deficiency which was held in Nashville, Tennessee, on November 13.

Mrs. Rufus B. Hurt, public relations officers, gave the October monthly program for the High Point Junior Woman's Club. Mrs. Hurt also was the dinner guest speaker for the Junior Woman's Club in Mt. Airy.

In October Miss Pearl L. Adkins, director of Social service, talked to the North Central District of the Caseworkers Association in Greenville.

Governor Luther Hodges, Youth Service Commission, visited the campus on November 17th. The commission consist of Mrs. Ernest B. Hunter, Charlotte, Mrs. W. T. Carpenter, Lenoir, Senator Adam Whitley, Smithfield, Mr. Wrenn Hock, Clinton, and Mr. Nat S. Crews, Winston Salem.

Bill Waters, Daniel Wise and Mrs. Jean Sutterwhite, assistants in the training department attended the eastern district meeting of the N.C.E.A. held in October at E.C.C.

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Friendly Village Store

Our newest business venture at Caswell, the Friendly Village Store, began operating on December first. The advanced classes of our Academic School have been making preparations for many weeks so that everyone on the campus might have the advantage of a modern up to date grocery store, conveniently located.

Before opening our store it was necessary to decide on a suitable name. From the 15 names submitted by the Academic School pupils, a committee chose as the most suitable, the Friendly Village Store, the name suggested by Nelson.

For several weeks the pupils have been collecting orange and apple crates from our kitchen to be used in the building of the store. The fact that these wooden crates had contained fruit that we had enjoyed has added interest to the construction of our place of business.

The crates nailed together by our boys provide shelves for displaying our stock. The girls assist the boys in painting the inside of the crates yellow and the outside green. Our workshop furnished the flat paint for finishing the interior and exterior of the building and plywood for our counter and a large sign which is displayed in front of the store.

In our classrooms the pupils have used "pay money" to earn to make correct change, so that they might serve satisfactorily as storekeeper or customer.

We will soon add a cash register and set of scales to our modern equipment. Manufactures of soft drinks and other places of business in Kinston have generously contributed colorful advertisements of their products which we sell.

Many teachers and other friends have donated

(Please turn to page 5)

TRAINING DEPARTMENT

The Training Department of Caswell has completed plans for a special education program with the new school term according to Gareth Thorne, Director of Training. The academic department opened September 1st when a three day series of orientation classes were held for the teachers. The school program will include a completely new set-up based on special education methodology. The library, household arts and music programs have been revamped. More emphasis will be placed on individual guidance in terms of ascertaining interest and aptitude tests. A comprehensive testing program will determine the achievement levels of the students in the basic tool subjects such as reading, writing and arithmetic.

Courses in special education will be given for all staff members of the training department divisions. Intensified work in physical education will be a part of the new set-up. The vocational training program has been surveyed and studied during the summer with intentions of modifying and extending its usefulness.

A new program in special instruction classes for older boys and girls will be given to some selected pupils. The course work will center about 1. vocational guidance 2. personal and mental hygiene and social living 3. household arts 4. special library work and 5. religious training.

The continued co-ordination of the training effort at Caswell, within the various training departments, is being carried out through the establishment of committees composed of department heads and their assistants. These committees work together to study present training methodology and to institute new methods and plans for the coming year.

A program of vocational training, a phase of the new general training program, is in the process of growth and expansion. Daniel C. Wise, assistant in the training department, and Paul Wagstaff are working together in planning and initiating new methods and procedures to intensify the training in vocational pursuits at Caswell during the coming year.

The present vocational training program began one year ago with the placement of several able students on work projects at the school. During this one year period, this program has now grown and developed to be an organized type of training which includes most of the occupational pursuits at Caswell. Students are being placed as on-the-job trainees in the laundry, sewing room, storeroom, farm, dairy, power plant, hospitals, and household management. These students on their training assignments are being taught to perform the various jobs found in each occupational classification. This training is intended to prepare them for worthwhile activity here at Caswell or for rehabilitation.

The importance of vocational training cannot be underestimated under any conditions. A training program of this type can be only as good as the trainable students enrolled, and the quality of training provided. Therefore, adequate evaluation of each vocational trainee and training assignment is essential. The needs of the institution must also be considered in terms of providing training opportunities.

A survey of the work projects at Caswell have been recently made to help determine the vocational training opportunities for the students. A program of vocational testing is in progress to aid in the screening, election and placement of students in appropriate training activities. Plans are being made for in-service-training classes for work supervisors who are responsible for the actual on-the-job training of the vocation student. Special Advanced Classes of Instruction are already in progress for vocational trainees in Occupational Information and Guidance, Health Hygiene and Social Development, Household Arts, Religious Education, Library Science. Thus, we provide for the student, the educational parts, vocational parts and social parts in an integrated form, so that they may be able to function in a real situation.

Our vocational training department is considering the following basic factors in offering vocational training at Caswell.

1. Provide as many occupational opportunities as the students can ably accept. This will be governed by the individual students abilities and interest.
2. Guide the students in understanding the responsibilities and privileges which accompany a job assignment. This will help to provide the student with an insight into how he functions as a worker and as as a member of his social world.
3. Allow for continuous growth of the student trainee within the the various work assignments by a system of progress as proficiency becomes evident. Such a system will serve to motivate and maintain interest toward increased effort on the part of the pupil.
4. Provide an organized type of training from the simple to the complex so that difficulty of job task will not discourage student progress.
5. Provide an evaluation of student progress on the job by regular progress reports on each individual trainee. This will show the degree of proficiency that a student reaches on the job and their personal adaptation to the job requirements.
6. Provide outside placement for capable students upon their completion of the vocational training program at Caswell.

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Religious Education

Due to the increased attendance at the Sunday Services three separate chapel programs are held each week. Two are from 9:00 to 9:30 and 9:45 to 10:30 A.M. and the vesper service is from 7:15 to 8:15. The attendance at all three has been between 950 and 970. A filmstrip dealing with the first Thanksgiving was used as a part of the Thanksgiving services.

The boys and girls are called to chapel by a bell that was given to the school many years ago by the Methodist Church. It is also used now by the Academic School.

Three classes in advanced religious education are taught weekly by the director to the pupils who it is felt will be able to return to the outside community. It is our belief that a citizen will be

a better addition to any community if he is a Christian citizen. This is an experiment, the results of which will be compiled at the end of the year.

Christmas services will be held on Christmas Day and will be based around the religious motion picture - "Birth of the Savior".

Library News

The Library at Caswell is divided into two sections, one containing books and working materials for the professional and training staff, and the other books for the children.

The professional library contains one hundred and fifty-five books. Some of which are in circulation constantly.

The children's library has approximately one thousand books. The greater number being classified as easy reading. There are, also, books for the more advanced readers.

Three one hour periods a week of instructions in library procedure are given to special classes of older students according to their reading level. Also five thirty minute periods a week are given to classes in the academic school.

Visual aids in the form of films and film strips are used. The projectors are carried to the classrooms when it is impossible for the children to visit the library.

Our library is small and our books are limited in number and subject matter but we hope in the future to grow and to help as much as is possible the children of Caswell.

SCHOOL NEWS

As a culmination to a unit of study on "Safety" about ninety children from the academic department of the Caswell Training School visited some of their friends in Kinston on September 24th. A bus load of children made the trip in the morning and another group went in the afternoon. Mesdames Sally Hill, Eupha Madry, Jean Satterwhite and Helen Hardy chaperoned the children.

The group first visited their friends at the City Police Station, and what fun it was! Three new, bright, shining motorcycles had just been delivered and policemen explained the different parts of the vehicles and how they worked. Upon entering the Station the children met Sgt. Broadway who talked on the two way radio and explained the services policemen render their community. Sgt. Fred Bates demonstrated the use of handcuffs on two of the boys. Mr. W. H. Gibson, who is an F.B.I. agent, made a short, interesting talk on finger printing. The children then made a tour of the city jail.

The fire department was visited next. We had Chief Grey, Assistant Fire Chief, Hailey, and other firemen to thank for a most instructive and interesting visit. The fire engines were shown and explained in detail. The children visited the spotlessly clean sleeping quarters, saw the firemen's boots, hats, coats and the famous pole down which the fireman slide when they are answering a fire alarm. While we were on the second floor of the fire house we saw the city court room and met Mr. Robertson, the new city manager. When we returned to the street the firemen drove both trucks out on the street and gave a demonstration of how the fire ladder works. The eighty-five foot ladder automatically moved around in a circle. Chief Hailey and other firemen went up on the ladder. By this time the children from Caswell were not the only spectators. Quite a crowd of people gathered and enjoyed the fine performance with us. We did not see anything as thrilling in the circus the following week.

Reluctantly we left town and on the way back to Caswell stopped at the State Highway Patrol Station. We are grateful to Sgt. Laws for the interesting printed material and films on safety that he sent us. License Examiner Dail also added to information: the radio over which patrolmen contact the station, sleeping quarters, and maps of Lenoir, Greene and Pitt Counties, all places where people had been killed in automobile accidents. After a quick look around the license examining room we hurried back to Caswell and got there just in time for lunch.

We, the teachers, feel that safety is much more indelibly fixed in the minds of our children since the Police Station, Fire Department and Highway Patrol personnel so patiently explained to them the duties of their departments. We shall long remember our interesting trip.

In Appreciation

Caswell continues to be ever grateful for the generosity and interest of the various woman's clubs who have so thoughtfully made gifts, and various donations. It is through the thoughtfulness and kindness of our many friends that the tremendous task is made easier for the staff of Caswell.

Several of the Junior Woman's Clubs visited Caswell during the months of September, October, November and December. These clubs were from Windsor, High Point, Winston-Salem (Bon-Air) Farmville, Greensboro and Smithfield. It is always a pleasure to have anyone visit with us.

Many thanks goes to the Kinston Jaycees who donated 700 tickets to the Cole Brothers Circus. For the past several years this has been an annual treat by the Jaycees. The children thoroughly enjoy this trip and look forward with great expectations to seeing all the various acts. Everyone of the children as well as the staff are most appreciative of the continued interest and generosity of the Jaycees.

Friendly Village Store

(From page 3)

candy boxes and bags of every type to be found in any modern grocery store. We invite the public to look over our complete stock as we feel "we have everything you want".

The most interesting thing about our newest business enterprise is—that it is a "play store" and all our containers are empty!

In operating this store we hope our boys and girls will receive valuable experience in selecting groceries and making correct change in buying and selling.

Mrs. Hardy's and Mrs. Madry's pupils, proprietors of this business, promise to prove to all customers that "courtesy and service" is our motto.

Jottings from the Dormitories

By Cottage Parents

CRIPPLE CHILDREN HOSPITAL No. 1 and 2

Every day is a happy day for the boys and girls at C.C. Hospital, each, in his or her own way, smile and seem to say, "I'm being Oh! so good", cause Santa Clause is coming to town. We are already busy with ideas and making plans to decorate our building, so all can show and have a Merry Christmas.

Raeford has a birthday soon and is going to have a party, colorful baloons, ice cream and cake with candles for him to blow out, after making a wish. We are making our wish now, Happy Birthday Raeford and to all the other boys and girls who soon have birthdays.

AUSTIN B

The girls of Austin B are very busy these days. Some work in the laundry, some in the sewing room, while others work in the wards. The other girls enjoy going to the training classes, learning to make things.

The Hallowe'en party was enjoyed very much by all, also the Thanksgiving dinner consisting of turkey with all of the trimmings. One of our girls, Tessie, went home for the Thanksgiving holidays.

Mrs. Harlan's speech over the radio was enjoyed by all of the Austin B girls, also the T.V. programs given by the other personnel.

We would like to say thanks in a special way to the laundry for the very nice job they did in washing and ironing our curtains. We surely do appreciate it.

Well, our girls can hardly wait for old St. Nick to make his appearance Tuesday in the parade. Some of our girls will go home for the Christmas Holidays but the ones that do not go, rest assured that they will have a Merry, Merry Christmas here at Caswell.

AUSTIN A

It has been a very happy summer and fall for our girls. W've had several birthday parties (as usual). We have also had so many new girls to come to our building to live. Some moved up from the Cottages, some brand new from home. We've enjoyed having them and they really seem to enjoy being with us.

We've had a nice Hallowe'en season. The recreation department gave us a real nice party, then Patty's mother sent us favors, jack-o-lanterns and refreshments for a special one for our building. We really had fun.

Now Thanksgiving and what a dinner! The children who work in the laundry and sewing room had the day off. Rested in the building, some went for a good long walk, some went to the play ground. Now we have Christmas to look forward to, suit cases to pack for just a lot of our girls will go home then. We had several going home for Thanksgiving, also.

POLLOCK B

The boys at Pollock B had a nice time Thanksgiving, they enjoyed turkey and all the trimmings. Some spent Thanksgiving home, they enjoyed that to. But were glad to come back. They are thrilled about Christmas, looking for Santa and expecting many nice gifts. Santa will not forget any boy or girl at Caswell at Christmas.

The Pollock boys will help trim the tree and decorate their building. It will be much fun for all of them. A number will go home for Christmas but will enjoy getting ready for Christmas here. They like the holiday vacations but they are always thrilled to come back to tell us about their vacations.

TAPP

We boys want to thank each and everyone that has made it possible to attend the football games. We have really enjoyed them. Everything is rushing now getting ready for Christmas. Then we hope to soon be moving in our new building so all can enjoy the new year.

COTTAGE 2

The girls at Cottage 2 are all well and happy and stay very busy with school, cooking, sewing, playing, birthday parties, Hallowe'en, Thanksgiving parties and now practice for Christmas and waiting for Santa Clause. The girls are learning well in school this year.

WOOTEN B

The girls of Wooten B are all talking about Christmas now. What they want for themselves and what they want to give others.

Most of the girls will go home for the holidays, but those who can't go will have a good time here at school. We are planning a Christmas play, also a party. I am sure it will be enjoyed by all.

We do hope every boy and girl is looking forward to Santa Claus' coming as much as we are. I am sure there will not be a one forgotten at Caswell.

KENDALL 4

Our children enjoy television and getting out in the yard to play.

However, some of them are beginning to think of Christmas. We hear them singing Jingle Bells; we know Santa will remember them with lots of toys and plenty of nice things to eat.

WOOTEN A

The little Wooten A girls have been having so many thrills that we cannot begin to tell them all. We go to the movies twice a week. Sunday School every Sunday morning. The mothers send candy, gum, cookies and we have little parties, also a nice Hallowe'en party. With the fish pond, bobbing the apples and different things to give us a good time. It was recently Thanksgiving with turkey and all the trimmings.

Next will be Christmas which we all are looking forward to with old Santa Claus bringing all the pretty presents, candies, nuts, fruits, and all the good things. So you can see we are a happy little group. Wishing each and everyone a very Merry Christmas and a happy new year.

DAWSON

The girls in Dawson building are busy working and going to school. They are enjoying their new T.V. that was given them in October. Some of the girls are going home for Thanksgiving, and the ones who don't go will enjoy their dinner here, and go out to the play ground afterwards to play different games. They are all looking forward for the new gym to be completed so they can play inside in rainy weather. They are also planning for a nice Christmas. This is all for now, we will see you next time.

JOHNSON 4

THANKSGIVING

Thanksgiving is a wonderful day
To we girls in Jonhson four,
Though Christmas too is loved", we say
Old Santa we adore.

There's cakes n' pies n' tarts n' things,
With our joyful shouts the rafters rings,
Oh Thanksgiving is a time of joy,
To every Caswell girl and boy.

POLLOCK A

The boys here at Pollock A for the past year have been one happy family. Most all the time there is something going on in the way of amusement, besides their routine of work five days a week.

This year the Cole Brother's Circus came to town and each and everyone of them got to go to see the elephants, monkeys and other animals. That was a big thrill for all of them.

Then during the football season quite a few of the boys got to attend the high school games on Friday nights. Here at the school we have the movies which are held each Tuesday and Friday nites which they all enjoy, also the dances held each month at night in the school where each boy gets to be with and dance with his best girl.

Each Sunday morning at 10:00 A.M. they all dress up with their Sunday clothes and attend services at the Chapel, which is conducted by Mrs. Hurt. The boys all attend one hundred per cent and enjoy going.

This past Thanksgiving they all had a nice turkey dinner with all the trimmings. Right now all the talk among the boys is Christmas and getting to go home and to be with their folks.

The boys here at Pollock A on a whole seem to be happy and well contented which means a lot.

COTTAGE 8

The little boys of Cottage 8 are all thrilled now about Christmas, some want cowboy guns, cowboy suits and any nice thing which ole Santa will bring them. Many of the boys are looking forward to going home for the holidays, but ole Santa will not forget the ones that are here, they will have their toys and parties just the same with lots and lots of fun for everyone.

JOHNSON 3

We are planning to start our decoration for Christmas soon.

For the enjoyment of our children some are looking forward to going home. We are going to make Christmas just as enjoyable for the ones that stays here as we can. They sure do like the pretty Christmas songs that comes over the radio. They get the biggest kick out of the dancing music and they all try to dance. We help them when we have time. After they get their nightly bath they look at the T.V. till 8:00 P.M., when they go to bed. We help them to play games and with their toys and also books. Most of all they look forward to their Friday party. We try to make their lives just as happy as we can.

JOHNSON 2

We,, the girls of Johnson, are very happy and excited at the present time. What with Thanksgiving just past and Christmas just a few weeks away.

Not that we haven't had a good time every day going to Arts and Crafts, to school and Sunday School and many other places. The recreation department is very nice to us. We have a movie each week and enjoy them so much and also go to the play ground.

We are making plans now to decorate our building for Christmas. We want to welcome Old Santa when he comes.

We are going to have a large tree and lots of other decorations.

Several of us will probably visit our parents through the holidays and will not be here. But we wish everyone a very Merry Christmas and a Happy New Year.

COTTAGE 6

The Hallowe'en party was enjoyed by all the boys in Cottage 6 and what a noise when they started blowing horns the next day.

Bucky's mother and a friend gave Bucky a birthday party on our lawn. All the boys were served cream, cakes and pop corn and each one received a Hallowe'en favor.

We had a real nice Thanksgiving and a delicious dinner was served. We have so much to be thankful for here at Caswell.

We are so glad our Cottage is being painted before Christmas so it will look pretty when we decorate it. The boys are proud of it.

We can hardly wait for the Christmas parade. A lot of the boys are hoping to spend the holidays with their people while the ones who stay here are looking forward to parties and lots of good times.

Merry Christmas to all.

COTTAGE 5

The boys in Cottage 5 had a wonderful Thanksgiving. Some of the boys went home. They are looking forward to Christmas. They are very anxious to see what Old Santa brings them. We have had our building painted, the boys are very proud of it. We have had five new boys added to our building in the last month.

COTTAGE 3

Thanksgiving was a beautiful day, we do hope that every boy and girl enjoyed the day as much as we did here at Caswell, and we truly hope every one gave thanks for our many blessings.

Quite a few of the little girls went home for the holidays and some of the parents visited here

and shared with us a turkey dinner with all the trimmings, in the after-noon, all the boys and girls had a wonderful time on the play-ground.

Now Christmas is right around the corner, Santa Claus and his six reindeer headed the Christmas parade which came from Kinston. Santa was throwing candy here and there and every where, with promises that everyone was gonna be good. The floats were real pretty and the music good. We wish for everyone every where a Merry Christmas, and a Happy New Year, and the best of health.

CARTWRIGHT

Several of the boys went on a Thanksgiving vacation. Many who did not go on vacation had visitors and many more will go for Christmas.

Several of the boys received Thanksgiving packages and are looking forward to all they will get for Christmas.

Our boys are all working daily on their various work assignments. We go to Sunday Vespers and enjoy Mrs. Hurt's services.

COTTAGE 4

Cottage 4 girls are looking forward to Christmas. Some will be going home for the holidays.

Those who stay here will have a real nice Christmas.

The girls are helping plan the decorations and they are planning to have a large tree. Everyone seems to be happy that Christmas is near.

KENDALL 3

Kendall 3 girls had a nice Thanksgiving and now they are thinking about Christmas. They are looking forward to see what they will get for Christmas from home and Santa Claus.

COTTAGE 7

The boys in Cottage 7 are looking forward to Christmas when Santa will come with all the presents. We are all real excited. Every Sunday we enjoy Sunday School and every day we go to our classes in school. We think we are doing quite well and we try so hard.

BYRUMS

Thanksgiving has come and gone. We had a real good dinner and now we are looking ahead to Christmas. We wonder what Santa Claus is going to bring each of us. We know it will be a surprise for all of us.

PARROTTS

Merry Christmas to everyone and a Happy New Year. All of us in the Parrot buildings are getting along nicely. Some of us will go home for Christmas and the rest will be here but we will have a good time if we do as we will have many surprises.

—o—

MEDICAL DEPARTMENT

The Medical Department as Caswell consists of a physician Superintendent, a Medical Director, who supervises the overall medical program, a full-time physician, a Psychiatric Resident, a dentist, a laboratory and X-Ray technician, a secretary and, periodically, visiting medical students from the University at Chapel Hill.

At present, on the nursing staff are eleven registered nurses, including a director and two assistant directors, seven licensed practical nurses, seven undergraduates and 30 nurses aides. Last, but by no means least, are many working students —both boys and girls.

There are five divisions of the Medical Department:

1. Central Hospital
2. Crippled Children's Hospital
3. T.B. Annex
4. Colony
5. Out-Patient Medical Services

Each of these divisions has a full nursing staff. Any child considered ill enough is immediately sent in to the central hospital for treatment. The Out-Patient Medical Service is supervised by a registered nurse. The department sees and evaluates many pupils daily from the outlying units, caring for those with minor ailments and sending any of concern into Central Hospital.

This hospital, equipped with 130 beds is fully prepared to care for the needs of any patient—unless a major surgical precedure is involved, in which case the patient is referred to a local hospital, and, after a few days, returned to us for the remaining convalescent period.

All pupils are weighed monthly to denote if there is a weight loss.

Any showing an appreciable weight loss are immediately sent into the Central Hospital for examination, observation, and, if necessary, treatment.

Every child and employee receives typhoid vaccine yearly. Once a year a mobile X-Ray unit comes to Caswell for the purpose of making a chest film of each child and employee.

—o—

Social Service Department

Caswell has reached a capacity of 1811 pupils and patients. It is now necessary to curtail all entries, especially in the male dormitories. This situation will exist until the new 200-bed dormitory is finished sometime during the coming year. However, there is still some space in a few of the girls' living units.

It grows increasingly difficult to select those cases to be entered because of the limited space and the Council on Admissions exercises much thought and consideration in reviewing all the history of the cases before taking any action. The date of the application, the space available and the problem the individual is presenting in the home and the community are all vital points that are discussed and reviewed.

As of November 30, there were 61 pupils and patients on placement. Seven of these are girls who the school feels have been sufficiently trained to be on working home placement. It is hoped that more homes can be secured in which many more can be placed so that they can eventually take their place in society.

The Christmas message means most to those who practice its good will

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

It Matters Only

It matters only
That he has faith
And life secure
In a circle of love
From on earth and above.
That he is honest and kind
For then he'll surely find
The world will make him a place
And that is all
That really matters.

It matters only
That we, his parents,
In giving care,
Learn patience, humility,
And wisdom to meet each day,
Wiping sorrow and tears away,
For he, in his way,
Has taught us life.

It matters only
That with him as leaven
Our lives reflect
"Except as ye become
As little children, ye shall not
Enter into the Kingdom of Heaven."

Mrs. C. C. Buckner
Roswell, New Mexico

APRIL, 1956

Volume XXI Number 1

The Caswell News

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A TRIBUTE

There is one person at Caswell Training School who for many years has carried on his professional duties in such an efficient and dedicated manner that we wish to singularly pay tribute to him in this issue of CASWELL NEWS. Dr. Mike Lee, Medical Director, is entering his twenty-fifth year of service. During these years, he was Acting Superintendent for a period of a little over two years after the death of Dr. Parrott. Dr. Lee's loyalty during these many years of service has been most outstanding and Caswell owes Dr. Lee a deep debt of gratitude for the services he has rendered to both the pupils and patients, as well as the personnel. Dr. Lee has had the unique opportunity of watching the school grow and expand. With this expansion has come a much larger area for the medical services for which his department is responsible. During the depression period and the war years, Dr. Lee's task was not an easy one and he worked under terrific handicaps. However, he worked diligently to always keep the child's needs first and foremost and to obtain the necessary medical supplies and medical attention for each and every child regardless of who the child might be. Every child held an important place in Dr. Lee's heart and he gave unselfishly of his time and energy to see that each patient had the sufficient and proper medical care. He would come to the bedside of any child who needed the care of a physician, regardless of the time of day or night. Continuously one hears of his kindness and thoughtfulness that he has expressed in various and devious ways to all the pupils, patients and personnel. For years, he not only attended the children, but he befriended and helped many of the personnel. It is because of his loyalty, his devotion and his untiring efforts during the many long years of service that we pay him this tribute and that we so honor him. May you, Dr. Lee, have much happiness and success in the years to come.

STAFF NEWS

Our best wishes go to Dr. Julian L. Lokey and his family. In February, Dr. Lokey accepted a position on the medical staff of the Butner State Hospital. Dr. Lokey is a highly skilled physicial and has always enjoyed this area of work. His many friends and former associates sincerely hope he will have much success in this new endeavor.

A new comer to the Caswell Staff is Ray Elliott, an instructor in the occupational therapy department. Mr. Elliott is a native of Bath, N. C. and is a graduate of Roanoke Bible College at Elizabeth City. He has had ministerial experience as well as having worked with conferences and daily vacation Bible schools in craft and recreational activities. He and his wife are living in Ayden, N. C.

Caswell played host to the March meeting of the N. C. Hospitals Boards of Control on March 14. This was the first time that the Board has met at Caswell in several years.

In February Dr. Murdock, general superintendent brought Dr. Bruce Kyles of Goldsboro State Hospital, Dr. Badrock of Camp Butner and Dr. Robertson of Morganton to Caswell to become acquainted with our Institution.

Mr. John W. Umstead, Chairman of the Hospital Boards of Control, Mr. Roy Purser, general business manager and Dr. Murdock have made several visits during the last 3 months.

Dr. Martin Keeler, resident psychiatrist of Memorial Hospital at Chapel Hill was the visiting psychiatrist in January.

Various members of the Staff have made numerous speeches to laymen and professional groups throughout the state relative to Caswell and mental deficiency. Those members of the staff include, Mr. Gareth Thorne, Director of Training, Mrs. Jean Hurt, Director of Public Relations, Mr. Waylon Bissett, Director of Recreation, Mrs. May Stroud, Dietition and Miss Pearl L. Adkins, Director of Social Service.

Mr. Gareth Thorne, Director of Training and Mr. William Waters, co-ordinator of unit training and instruction attended the meeting of the International Council of Exceptional Children in Charlotte on March 3rd. Mr. Thorne participated in the panel discussion.

Mr. Bissette, Director of Recreation has been appointed chairman of the Activities' Committee of the Caswell District for the Boy Scouts.

Miss Pearl Adkins, Director of Social Service with Mrs. Robert Morehead, Chairman of the

IN APPRECIATION

Mrs. Kern Holloman and Mrs. Helen Jeannerette from Raleigh visited Caswell and represented the State Junior Woman's Club to discuss the making of 20 minute colored film of Caswell. This project is sponsored by the State organization at a cost approximating $2500.00.

Several members of the Smithfield Junior Woman's Club visited Caswell in March and brought a gift of 20 maroon choir robes which they had made for the members of the Caswell Chapel Choir. These were used on Easter Sunday for the first time.

The High Point Junior Woman's Club adopted cottage 5 as a special project and has furnished a lineoleum rug, lamps, new T. V. set and materials for draperies and slip covers.

Some members of the Greensboro Junior Woman's Club also visited Caswell. This club is sponsoring a campaign to purchase an electric organ for the Caswell chapter.

Several members of the Black Mountain Junior Woman's Club and also members of the Bon Air Junior Woman's Club of Winston visited Caswell.

The Oak View Grange of High Point made 110 George Washinton tray favors for the children.

Various members of the Grifton Baptist Church Church entertained some of the children with a special Valentine party.

A circle of the Wesleyan Service Guild of Queen Street Methodist church gave a party for some of the boys.

Twenty-four colored filmstrips on the "Life of Christ" was given to the Department of Religious Education by the 1st Presbyterian Church of Greensboro.

PSYCHOLOGY DEPARTMENT

The Department of Psychology at Caswell Training School carries on a research program every day.

There is never a personality who does not make an impression on those around him. Those who attend Caswell Training School have strong or weak personalities, as is the case in any community.

The great idea which is sweeping the country is to use the positive side of one's nature and elevate it to as high achievement as possible, and in this way to overcome the effect of the weaker part as far as possible.

To find the strength of certain abilities which may not be apparent at the casual glance, it is necessary to give a series of tasks or problems which show up certain factors in a person's personality. These tasks are so arranged that they test the abilities and limits of certain functions.

How good is a child's memory? Can he repeat a sentence or a series of digits? How well can he copy certain shapes? Does he know the use of certain objects. Does he know what to do in a simple life situation? Can he keep his attention on the matter in hand? Can he direct his observation and reasoning in his play or in performing little tasks ? How well can he reason out and explain an everyday situation? For the older person does he realize the values in actions and the relationships among people? Has he the ability to comprehend and avoid error and surmount difficulties in ordinary daily life? Can he adjust to a new situation without frustration?

After a summing up of these factors, what program of training can be provided to aid him in developing his finer part as well as his slower side in order to help him to adjust among his fellows in the institution or in an outside community? When normal children plan to do something they change the situation or adapt themselves to bring about the desired objective, and judge their effort to see if the result is satisfactory.

This is where testing enters the scene. The science of behavior is applied to find out how the child will react to a variety of situations. The tests are composed of many examples of each function. These tasks in the test are progressive from easy to difficult suited to all age levels. They are made interesting to hold the child's attention as normal playthings would do. On the basis of a summary of their achievement level the child's intelligence is figured as an "Intelligence Quotient" or I. Q. With this as a basis his long and short points are interpreted in terms of his abilities as well as what he is unable to do so that too much will not be expected of him which might lead to frustration.

Besides tests of intelligence the school gives education tests in public school subjects, social maturity scales, personality inventories, and diagnostic studies attempting to find causes for mental disturbances in order to apply remedial factors.

As complete a study as possible is made of the child's whole life and physical growth in order to find any factor which may have a bearing in his present condition. In this way all departments in staff consultations pool their information and discuss the present training of the child.

Safety Patrol

At all school crossings at Caswell we now have boys and girls serving on the Safety Patrol. These boys and girls have uniforms consisting of badges and white belts. The Safety Patrol serves during school hours and supervises the children crossing the streets.

The students are performing their jobs with pride and deligence and the children are cooperating with the patrol.

To the best of our knowledge, Caswell is the only school of its kind having such a patrol. Through the help and cooperation of the AAA we have secured membership cards for all the students.

Also the local Coca-Cola plant gave the school three signs to ask the people to drive safely at the school crossings.

Lenoir Chapter of the Parents and Friends of the Mentally Retarded attended a resource meeting of the Mental Health Association in Raleigh on February 25.

On March 30 the medical staff in honor of Doctors Day presented red carnations to Dr. Bessie Lane and Dr. Mike Lee.

TRAINING DEPARTMENT

Since the last issue of the Caswell News, the training department has strived to provide a continually improving program of training for the children at Caswell.

Within recent weeks a 300 page manual of training information and procedures has been completed. The purpose of the manual is to describe our methods and plans and put these together in a unified form. In this way we can better work together, know more of the direction we are moving, and will have a record of our efforts now with which to compare future efforts.

The training department has been increasingly emphasizing within its program independence and responsibility on the part of the students. Thus it is felt we enable the student to grow in the use of individual aptitudes and fit these in with social responsibility as is necessary in community life. Such programs as the Safety Patrol, the boy scouts and eventually a Student Council do much to further this cause. Development by the student of the capacity to use his mental and social intelligence to the highest degree remains ever our goal.

Contrary to the thinking of many uniformed persons, retarded children if given the opportunity can assume social responsibility. We recognize the need of guidance and much assistance on the part of employees and a voice in the affairs of the institution. We feel at such time the student becomes a capable member of the Caswell community he might then be ready to assume this same responsibility outside the institution.

Additions to the training department in terms of staff and facilities greatly increases the potential of the training effort. There is no substitute for a well-qualified, energetic teacher who loves and understands children. We have been indeed fortunate to add to our staff just such persons. New facilities such as the recreation building with its multi purpose possibilities will add much to the physical, mental and social growth of the student.

In keeping with a scientific approach to evaluating and providing training methods we recognize the versatility and breadth of human personality. We recognize that perhaps the only constant factor is that of change. We must grow with our students and change as they do, always ready to meet their learning needs and assist them in their search for a happy and rewarding life.

* * *

VOCATIONAL GUIDANCE AND RESEARCH

The months of January, February, and March have been busy ones in the program of Vocational guidance and research. Classes in vocational guidance have been taught regularly for approximately 50 vocational student-trainees. Units of instruction have been on:

How to choose an occupation.
How to find an occupation.
How to get a job.
How to keep a job.

A study of the following occupational fields were made to learn of the worker qualifications and job requirements:

Soft drink bottling industry.
Hotel service work.
Household work.
Barber and Beautician work.
Food industry.

These instructional activities were suplemented by making trips to the local State Employment office and to other local business and industries directly related to the occupations studied. Film and film strips were used to bring related occupational information into the classroom when other methods of presentation were limited.

Through these training experiences, we hope to more completely prepare in the society of which he or she may be or become a part.

A regular program of vocational counseling has been carried on for all of the vocational student-trainees. The students are referred for counseling on the basis of their on-the-job training progress or personal adjustment. Often times a student's request for counseling brings about a referral. The students and the training staff are always interested in the progress of individuals on their jobs, which necessitates continuous vocational counseling. Problems of job training assignments and job training program was completed in March. This study was conducted to learn of possible improvements, as well as, possible expansion in the program. It pointed up the need for more specific training practices for both students and work supervisors. Additional training areas were discovered and recommended in the process of this study and as a result, definite plans have been formulated for a new shoe repair shop and a new beauty shop for vocational training areas.

An occupational file has been set-up in the vocational counselors office to aid students in study of occupational information and guidance. A vocational test file has also been set-up in the vocational counselors office to aid in the selection, assignment and placement of students on jobs for training purposes.

Finally, scaled drawings of the Household Arts Laboratory were made and submitted just recently for remodeling this training laboratory in the academic school.

* * *

REMEDIAL SPEECH PROGRAM

Those of us working with retarded children have recognized that one of the most outstanding problems confronting these children is in the area of speech. We have started a speech program on a small scale here at Caswell and hope to expand it as time goes on.

Out of the five categories of speech and language disorders, we are now working on only one. That is disturbances of articulation which encompass a wide variety of problems of sound production and include substitutions, omissions, and distortions of vowel and consonant sounds. The gen-

eral procedure in correcting poor articulation consists of (1) ear training, (2) phonetic placement, (3) basic integration, (4) advanced integration.

Following this approach, handling one defective sound at a time, our ultimate objective is carry-over from the clinical to the every day conversational speech pattern.

At Caswell, we are working with two clases with five students in each class. One class is composed of students with slight speech defects, and the other class is composed of students with severe speech defects. These classes meet daily and work for approximately 30 minutes each day. We are hoping in the near future to work individually with pupils who lag behind in the group classes. Also we plan to provide classroom help for children with functional defects. This will include general techniques and drills for the teachers and give specific suggestions for the correction of certain speech areas. Demonstrations will be given occasionally in any given room, and they will gradually be adapted to the specific needs of the children in that room.

Little research has been done in this area, so at the present time we are experimenting with this work.

* * *

THE UNIT METHOD

The Unit Method organizes school subjects into large topics around important centers of interest. School subjects do not exist separately in our lives; they are always interwoven with each other. The Unit Method brings school subjects together in living reality and uses the problem solving approach.

For example in the Primary Class, our Unit on Home and Institution Life provided many opportunities to initiate interest in a topic so near the lives of the children as their Homes, and Caswell Training School. We started with Safety in the Home and School, then we learned about people in the Home and School, including our responsibilities in work and play, sharing, making friends, and living together happily; improvements in the Home and School. Our study of food enabled us to correlate good table manners and health, at the same time we enjoyed food.

The children's interest in their immediate environment was guided into other situations. Comparisons were made between Institutions, Country and City life, such as buildings, parks, playgrounds, transportation and workers.

The activities for each Unit included making signs and posters, picture books, story reading, dramatizing, games, singing, and records. Films and film strips were used.

Through their work on such a Unit, children not only grow in ability to plan and co-operate, but also learn many things the school must teach, including understanding and appreciation of their Homes and School. Learning takes place best in purposeful activity when school subjects come to life in the lives of the children. One learns what he lives and then lives what he learns.

A balance must be maintained between the Unit and separate systematic instruction, realizing that school subjects can be learned best in meaningful situations, but become functional in the life of the learner only if they become permanently a part of him.

* * *

Student Evaluation

The students at Caswell are continually being evaluated and re-evaluated. This is done through individual counseling, group counseling and psychological testing using projective techniques and in the next few weeks a play therapy room will be equipped.

Students that are having academic, personality difficulty are referred for individual counseling where an evaluation is made. Students with personality problems are given projective tests and with these findings, and evaluation is also made.

All students in academic range of I.Q. and age are given a battery of tests where their academic level is established.

Group counseling sessions are held for groups of students. In these sessions an attempt is made to help the students gain an insight into their particular problem also this offers us an excellent opportunity not only to evaluate the individual but also an opportunity to evaluate the emotional climate of the group.

It is our belief that a school such as this cannot be run adequately unless a program of student evaluation is carried out.

* * *

Religious Education

The three Sunday chapel services are well attended each week and have averaged as follows: January 846, February 944 and March 968. Religious films, filmstrips, flannelgraph stories and object or magic sermons have been used.

The second annual sunrise service was held on the campus at 5:50 A.M. April 1st. Due to unusually chilly weather it had to be transferred to the auditorium. Twenty-three boys and girls presented the program except for the brief message by the director on "Easter Customs". The service was built around six of the appearances of Jesus after His resurrection. At the regular chapel services on Easter the film "The Lord is Risen" was shown. The academic school glee club gave three special numbers at the Vesper service at night.

Twenty members of the advanced religious education classes were taken to see the movie, "King of Kings", at a local theatre, as part of their course.

* * *

Occupational Therapy Department

The Occupational Therapy department has had a "face lifting" job done on the rooms used to train the young students. A circus color scheme has been used; the chairs and tables were painted different colors and animal pictures placed on the walls.

Mrs. Sherry Hardberger, craft instructor, has resigned in order that she might move with her husband to his new base assignment. She has been replaced by Mr. Ray Elliott.

Plans are being made to exhibit craft projects

Jottings from the Dormitories

Cottage 2 Now that spring is here, the children in Cottage 2 are having fun playing outside. Several of the children went home for Easter vacation. The recreation department had an Easter egg hunt for them on Saturday which was enjoyed, then on Sunday a friend came from the Lutheran Church and served all the children Easter eggs.

Sunday was a beautiful sunny day, and Easter services were enjoyed by the children all dressed frilly and cute.

Cottage 3 Easter Sunday was a beautiful day, we surely hope spring is here to stay. Our little girls are really enjoying the outdoors. Several of them went home for the Easter holidays. Those that were here enjoyed egg hunts and parties. Sunday morning they dressed all up in their Easter dresses and bonnets and attended special services in the Chapel, which was enjoyed very much.

Johnson 1 The children of Johnson 1 had a nice Easter. They received lots of nice cards, packages, Easter baskets and candy of all kinds.

Several parents visited over the holidays.

Johnson 2 We the girls of Johnson 2 are very glad Spring is here at last. We have been having a wonderful time outside enjoying the beautiful weather.

We had a very happy Easter, what with Easter services Sunday morning and a party Sunday afternoon. We wish to thank everyone concerned for making Easter such an enjoyable day.

We are having quite a variety of recreation now which we enjoy very much and are very proud of our new recreation building which has just been recently opened.

Here's hoping everyone has a very pleasant summer.

Dawson Building. We girls have surely been busy since we wrote you the last time. We have been on field hikes, also visited a few places of interest. We had beautiful warm weather for our Easter sunrise service, and we think our program was very good and was attended by a large crowd. We feel and hope that everyone enjoyed it as much as we did. Our new Recreation building is finished and we are so glad that we have more room for our games, shows and dances. We are really enjoying our basketball and are trying hard to improve. We wish to welcome the six girls from Cottage 4 that have come to live with us, and we hope they will like to stay, for we enjoy having them. Guess this is all for now, be seeing you next time.

McNairy: McNairy girls are happy to see Spring with sunshine again. Some went home for Easter. Those who stayed at Caswell enjoyed the sunrise service on Easter morning, Sunday school in building and vesper service at night. An Easter egg hunt was had Saturday afternoon. There is now basket ball on Monday night. The girls are usually busy going to dances; movies; bingo parties and ball games. They often go to town shopping for pretty clothes. Recently they have visited many business places in town in connection with their school work. Several have celebrated their birthdays. Marion is planning to take two of her girl friends out to dinner and the theater soon. Barbara gave a party on her birthday. Twenty four attended. All enjoyed it very much.

Tapp We boys are all working hard in our school work as well as the other jobs we help with. Some went home for Easter but many stayed here. The recreation department gave an egg hunt which was enjoyed very much. We want to welcome our new attendant, whom we all like. We are eagerly looking forward to moving in our new building soon. We know we will all love it, as it is so beautiful.

Byrum Byrum II boys were a very happy group on Easter morning opening all their Easter packages and seeing all those pretty Easter eggs and getting ready for Chapel. Some of the little boys got to go home and spend a few days. Now they are returning. Easter was such a pretty day. The children did enjoy it so much out in the play yard swinging and playing games. Now they are looking forward to going home for a two week visit this summer.

Austin A As usual it has been a very happy time for our girls! We've had two new girls to come to live with us, Grace and Fay, and they're making themselves very much at home we're happy to say. The weather has kept us quite a bit but we've had a new T.V. set so that hasn't been too bad! We have the spring to look forward to, then believe me we stay outside - we can hardly stay inside long enough to get the building work done - everybody hurries to finish so they can go to the play grounds.

We go to Sunday school every Sunday morning unless we're sick or working. If we work in the morning we go to Vesper services in the evening. All the girls and their matrons are looking forward to our Easter Sunrise Service, and by the looks of the packages coming in our girls will have their share of Easter Finery and a visit from "The Bunny" as well.

Kendall 4 Kendall 4 is glad to say their girls are well and happy. They have had a very nice Easter. Several of the girls received from their parents nice Easter baskets full of candies, and bunnies. While some went home for Easter. They still enjoy their television.

Kendall 3 Kendall 3 girls are a happy crowd of girls. We look at T.V. right much and like to go out in the yard and play. Some of them help us work and they enjoy it very much. We also had a nice Easter. With lots of nice things to eat.

Wooten A The little Wooten A girls are having many thrills these days with birthday parties, playing games, looking at T.V. We had a very nice Easter. With all the new dresses, ribbons, candy, nuts, fruit; also red, blue, green and white Easter

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at the seventh annual Kinston - Lenoir county Art Exhibit. This exhibit will be held in the New Carolina Warehouse, in Kinston from April 8th through April 15. The public is invited.

eggs. Now we are looking forward to the nice sunshine days out on the play ground.

Wooten B During the winter months the Wooten B girls have been busy in their school work. But now that spring is here, we will be going out more on the playground playing ball and other games. We have a new recreation building - it is very pretty. We are proud of it and hope to have some good times in it. We also enjoyed the Easter Sunrise service Sunday morning. We had a egg hunt Saturday afternoon. It was a lot of fun for all.

Cripple Childrens Hospital 1 and 2 Cripple Children Hospital was certainly on parade. Easter Sunday lovely Easter flowers, candy eggs, chocolate rabbits and chickens and toys. One only had to take one look at each patient and tell the Easter bunny had made a visit to see each.

Our working girls and boys were delighted with their remembrances too. The girls wore a corsage and the boys, a tiny rose bud for their lapel. We had drinks, flowers and decorated candy eggs and rabbits. All wore a smile and were happy. Caswell is a happy place, especially at Easter.

Congratulations to Dr. Mike Lee and Dr. Bessie Lane on Doctors Day - March 30th. Each were remembered with a red carnation by the medical staff. Their kindness and loyalty is treasured by many. Again, congratulations, doctor!

Pollock B The boys of Pollock B are looking forward to begin practicing baseball. They are enjoying these nice spring days out doors playing horse shoes and other games. They enjoyed Easter very much, the nice baskets and packages they received from home and the wonderful Easter egg hunt here at the school. They are looking forward to the summer swimming and picnics. They also are looking forward to their vacations this summer.

Cottage 4 We have been having lots of birthdays and parties since we last saw you. Our new gymnasium has been completed and we are having lots of fun playing basketball and going to dances. Just wish everyone could see and go through the building as it is beautiful. Our Easter Sunrise service was most enjoyable. We all dressed up in our Easter clothes and some of us were in the program. Also enjoyed the egg hunts we had. We are looking forward to summer vacation now.

Austin B The girls of Austin B had a very nice Easter. Two of our girls, went home, to spend the holidays with their parents, while the rest of us had an enjoyable Easter here at Caswell.

The girls looked forward to the Sunrise Service and it was liked very much by all. They also enjoyed the egg hunt. One of our girls found the prize egg and received as her prize a pail full of eggs.

Cartwright All the flowers are beginning to bloom around our building and new shrubbery has been planted. Few of our boys went out for the few days at Easter and several of the parents visited. Many received packages from home. Our boys are enjoying the baseball games which have been started.

Cottage 6 The little boys in Cottage 6 have been enjoying these pretty warm days playing outside. They also enjoyed the little parties which some of the boy's mothers gave with ice cream and cookies. Some of the boys went home for Easter. They were also glad to get back with all their little friends here at Caswell. The ones that didn't go home for Easter had a very nice time here with lots of Easter eggs and good things to eat. They also had an egg hunt which they enjoyed very much.

Now they are looking forward to their summer vacation. The ones that do not go home will have a good time here at Caswell.

Cottage 5 The boys in Cottage 5 had a real nice Easter. They had a big egg hunt at the playground.

We have 4 new scouts - 7 scouts in all. They enjoy being scouts going on camping trips. The boys are enjoying the new drapes Mrs. Waters and her sewing class made. They are so happy spring is here so they can play ball and the sports they like. They are looking forward to summer vacation.

Cottage 7 The boys in Cottage 7 are all enjoying the nice sunshine. All enjoyed the egg hunt at Easter. We had lots and lots of Easter eggs and candies. Some of the boys went home for Easter vacation. Billy's uncle came and brought a large box for all the boys. Everyone enjoyed it very much. We are looking forward to summer and vacation time.

A Gentleman

He who plays fair in the strenuous game of life; who is clean of body, mind and soul; who associates with honest men; who is courteous to friend and foe; who is too chivalrous to wound the feelings of others, and too sensible to lower his respect for himself; whose hopes and dreams are founded on the rock of determination; who looks you straight in the eye; who meets victory without boasting, defeat without bitterness, and all life with a smile; who loves his friend, his country, and his God—is a gentleman.

Caswell now has a population of/754 living on the campus and there are 44 pupils and patients on placement. During January, February and March Caswell entered 25. There has been a decided curtailment of all admissions because of the limited space.

Mental retardation is nine times more common than cerebral palsy, 10 times more common than crippling polio. About 300 retarded children are born every day in the United States, 120,000 this year alone. It can happen in any family.

DIETARY SERVICE

The food service department at Caswell is under the capable management of Mrs. May Stroud, head dietitian, and Mrs. Frances Holland, assistant. Around 1750 boys and girls, plus 350 employees, are served three meals per day. Although the children's modern dining room will only accommodate 800 there are other dining areas in buildings where those who cannot travel to the central dining hall may be fed. All cooking is done in the spick and span remodelled kitchen. Some food is served from dispensing kitchens in the colony buildings. These units are under the management of two competent supervisors, Miss Kathleen Sutton and Mrs. Rosa Outlaw.

At present there are 106 employees in all phases of the food service work. Six cooks prepare the food - with Carl Elles Kirkland, who has been at Caswell for 10 years, serving as head cook. The menus are planned long in advance by Mrs. Stroud and the same menu is served to the children as to the employees. The diet kitchen for the 100 bed central hospital is within the central kitchen, but as soon as the hospital building has been renovated it will include a dispensing kitchen and special diet unit.

The service is cafeteria style in both central dining rooms. When the children have received their trays, they are seated in building groups with a cottage parent supervising each group. When all have been served and seated a bell is rung which is the signal for everyone to repeat the blessing in unison. When a living unit finishes the meal the trays and dishes are carried by each child to the dish room.

An interesting phase of the Caswell food service is the fact that around 200 loaves of bread are baked each day. These are supplemented at times with cornbread, rolls or biscuits. Pies, cakes, doughnuts and all baked deserts are prepared in the kitchen also. Caswell has its own pasteurizing and bottling plant which provides the children with the equivalent of 1 quart of milk each day. The adults receive a pint per day.

Milk is furnished by the fine dairy herd which the institution has. The egg supply is adequate for Caswell's needs, the beef supply is supplemented while most of the pork is furnished by the swine herd which the school maintains. A year around garden supplies vegetables at various seasons. A minimum amount of vegetables and meat is frozen at the institution. All supplies are handled on a daily basis through the campus commissary.

All phases of the food service department are inspected by the County Health Department, and for the past 2 years, Caswell has received an "A" rating, which speaks well of those who supervise this part of the institutions activities.

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Construction News

Since 1947 the sum of $5,643,632.00 has been expended for new buildings and the renovation of old ones. Some of the major projects included 16 living units for patients, 6 staff dormitories, kitchen and cafeteria, power plant, administration building, crippled children's hospital, 75 employee dwelling, campus roads and lighting system, deep well and elevated water storage tank, plus many smaller projects. Just recently the final inspection was made on the boys' dormitory, recreational building and canopied walkways. The beauty parlor is soon to be opened.

Projects which have been approved and will be undertaken in the future consist of the renovation of the Dewey building, Pollock building, a sewage disposal plant, incinerator, renovation of Central Hospital, addition to the water system and a new vocational school building.

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LAUNDRY AND SEWING SERVICES

Vocational training plays an important part in the training program at Caswell. Two projects in which many of the boys and girls receive on-the-job training are the laundry and the sewing room.

Under the supervision of A. C. Yerton laundry for 1800 patients and pupils is done each week. Due to the fact that 45% of those at Caswell are custodial cases, the weekly laundry would amount to double the above number. Special work is also done on the work clothes of matrons and attendants. Altogether about 15,000 pounds of clothes are handled in the laundry each day.

The equipment is evaluated at the sum of 45,000 and consists of 3 large stainless steel washers and 1 smaller one, 1 four roll and 1 six roll flat ironers, 5 thirty-six inch extractors, 10 diers each of 30 pounds capacity, 7 six-driven steam pressers, a 3 girl shirt unit and 35 individual ironing boards.

Besides Mr. Yerton the personnel consists of 12 employees and around 85 boys and girls who are receiving this special training. The majority of the pupils receive this training for half a day only as they are also attending the academic school. It is the hope of the vocational director that some of these boys and girls may hold similar jobs in an outside community.

The laundry placed in convass baskets is picked up at each living unit and returned there by panel truck. At present no dry cleaning is done in connection with the laundry.

The other on-the-job training project is the sewing room which Mrs. B. H. Stokes supervises. At present there are 44 sewing machines in use, 26 of which are electric. Besides the seven employees 40 girls are receiving this specialized training. With their assistance around 400 garments, such as dresses, underwear and hospital garments are made each week. Many parents send yard good for gifts and since Mrs. Stokes has the name, size and style of garment that is worn by each one, this material is quickly converted into some useful apparel. During 1955 the total number of garments made in the sewing room numbered 12, 196.

There is also a darning, repairing and alteration department which handles 250-300 garments a day and as many as 175 buttonholes are made, by machines, each day.

Besides the girls who are fully trained and who can sew 5 garments or more per day there is always a training class of 5 or 6. These are first taught to pedal a machine, thread a needle, sew a straight line, etc. and then go forward step by step in the art of becoming a seamstress.

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CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

Credo

The Caswell Training School

We believe in respect for personality; we believe that each individual is a person who has his rights; we believe that his rights are not only those of clothing, shelter, sunshine, warm baths and nourishing meals, but we believe that he has a right to feel secure, to be contented and happy, and to develop according to his capacity, no matter how great nor how little that may be, nor at what level. In recognizing even the very little strivings of the spirit, we remember One of whom it was said, "A bruised reed he shall not break, and smoking flax he shall not quench."

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The Caswell News

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A TRIBUTE

The average person visiting Caswell Training School does not realize that on the 1200 acres of campus there is a small community of about 2300 individuals (1800 pupils and patients and 500 employees). This is comparable to many small towns. To keep the wheels of this small community running smoothly is a tremendous and gigantic responsibility and job. The credit does not go to one person alone but too often credit is not given to those people behind the scenes. So, in this issue of CASWELL NEWS, we wish to pay tribute to one person who has been on the campus for over thirty-one years and who has become one of the most valuable and highly esteemed employees of Caswell Training School. This person is Mr. Tom Broome, Caswell's maintenance engineer. Mr. Broome came to work for Caswell on January 1, 1925 and the services he has rendered and his faithfulness cannot be extolled too highly.

Mr. Broome, together with the small group of men working with him, is responsible for keeping all equipment running; that is, such equipment and machinery that is found in our laundry, in the kitchen, in the food dispensing units, in the living units and in many other areas. He is responsible for the entire electrical distributional system and to see that it is in repair at all times. He operates the sewer system; is in charge of the two deep wells, plus the one that is being built and the distribution of the water to every unit on the campus. He constantly supervises all fire-fighting equipment and regularly checks to see that all fire extinguishers are charged, and all auxiliary lines are supplied. He is continually called upon when there are alterations and repairs needed in the buildings, and this is a 24-hour-day job as everyone recognizes that with as many buildings and as much equipment as Caswell has, there is no let-up on emergencies and repairs. There is hardly a night in the week that Mr. Broome is not summoned from his home for some emergency for one of the multitudinous breakdowns that is sure to occur. Mr. Broome is not only familiar with the maintenance work but for years, he has been familiar with the operation of the power plant. It takes a man of unusual stature to be able to meet calmly and willingly any and every emergency. Regardless of when it is, Mr. Broome is always ready and never an unkind word is said nor sign of irritation given to anyone who makes a demand on him. His attitude is exceptional and excellent. His kindness to the children must not go unmentioned. Not once has there ever been a complaint regarding the treatment of the children. They all love him and with no disrespect, they call him by his first name. Mr. Broome and his men have faced all types of dangers with little fear of personal safety. It is a well-known fact that they disregarded their own safety during the several hurricanes in the past few years. They worked night and day to restore the damaged services so that there would be the least possible interruption in serving every pupil's and patient's need. Casfell is indeed fortunate to have a man like Mr. Broome and it is through this medium of CASWELL NEWS that everyone at Caswell wants to sincerely thank Mr. Broome for his many years of work, for his unfailing devotion and loyalty to Caswell and for his many personal kindnesses and help to everyone. Mr. Broome, we wish you many, many years of happiness.

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Staff News

Miss Elizabeth M. Brown, Director of Psychological Services, Miss Pearl L. Adkins, Director of Social Service, Mr. Garenth D. Thorne, Director of Training, and Mr. William J. Waters, Coordinator of Unit Training and Instruction, attended the meeting of the American Association on mental Deficiency in Richmond, Va., from May 2 to May 5.

Mr. S. H. Stroud, Business Manager, Mr. R. L. Matthis, Farm Manager, and Mr. A. J. Oliver, Live Stock Manager, attended the annual farm day program at Morganton State Hospital on April 19. The program consisted of a tour through the general farm and livestock areas.

Caswell All-Staff had a barbeque supper in May. This was a fitting climax to the year's activities. Around 125 persons attended. The all-staff meets on the first Monday.

In May, Miss Beatrice Scott, a nurse, was ad-

ded to the medical staff. Miss Scott is a native of Kinston, attended Trenton high school and graduated from the Wilson School of Nursing in 1952. She attended summer school at Duke University working toward a B. S. in nursing education. Nursing experience at Woodard-Herring School of Nursing in Wilson, Parrott's Hospital in Kinston, and the Veterans' Hospital in Durham have preceded her work at Caswell.

During the week of May 19, Mr. S. H. Stroud, business manager and acting superintendent, and Mr. G. D. Thorne, director of training, attended the meetings of the Planning Committee and the State Board of North Carolina Hospitals Board of Control.

Congratulations and best wishes go to Mr. and Mrs. Jack Howard. They were married in Goldsboro on June 2. Mr. Howard is the director of student progress evaluation and Mrs. Howard is the former Barbara Scott and is director of the Occupational Therapy Department.

Miss Shirley Mae House, a June graduate of Atlantic Christian College, became an assistant in the recreation department in June. Miss House has a degree in religious and physical education and was active in campus affairs while in college. She was a member of the Phi Sigma Tau, social sorority, the Atlantic College Chorale and belonged to physical education and recreation associations. Miss House is from Charleston, S. C.

Also to the staff at Caswell has come Miss Mary Hadge, a native of Wilson and a graduate of Atlantic Christian College, with a major in English. Miss Hadge will be a member of the Training Department and will be a teacher in the academic school. While in college Miss Hadge was a member of several organizations among them the Future Teachers of America and Phi Sigma Tau social sorority. She was president of the Golden Knot honor society and was chosen as Chief Marshall. Her name was also included in the "Who's Who" of colleges and universities.

Mrs. Jean Hurt, Director of Religious Education, and Mr. Waylon Bissette, Director of Recreation, attended a meeting of the State Caswell Committee of the Junior Women's Clubs at the United Church in Raleigh. They also visited the recreational building and the new Chapel which is being completed at State Hospital in Raleigh.

Caswell was saddened by the sudden death of A. T. Taylor, a cottage parent in the new Tapp building. Mr. Taylor had been employed at Caswell for several years serving in different capacities.

During the first week in May, Mr. Dan Wise, Director of Vocational Guidance and Research, was in Asheville where he spoke to the local chapter of the local chapter of the International Council for Exceptional Children. His topic was "The Role of the Institution in the care and education of the retarded child". Mr. Wise was also the guest of the Charlotte Chapter where he spoke on the "Role of the Institution in social treatment of exceptional children".

Mrs. Jean Hurt spoke to the Laura McDaniel Sunday School Class at 1st. Baptist Church and was also the dinner guest speaker for the Pilot Club of Kinston.

Mr. John Umstead, Chairman of the Hospitals Board of Control, Dr. J. W. Murdoch, General Superintendent, Mr. Roy Purser, General Business Manager, have visited the campus on several different occasions. Mrs. Eugene Lasater, a board member, was also a visitor on May 1st.

Campus Sidelights

On April 17, high school students from the consolidated schools in Lenoir, Duplin, Jones, Pitt and Greene Counties were at Caswell to judge swine and dairy cattle. Approximately sixty boys attended this with their respective instructors.

The Eastern Carolina Chapter of International Council for Exceptional Children held a meeting at Caswell on April 27. Tours and a discussion of Caswell and its program were the featured part of the program. Dr. Barker, State Director of Special Education, and his associate, Dr. John McGill, attended the meeting.

Miss Lucille S. Spalding, Professor of Nursing in charge of graduate curricula and Miss Barbara Bernard, associate Professor in Psychiatry from Chapel Hill, visited the campus in April.

The Caswell Employees Association held a meeting in the recreational building in May. Special speakers were Clifton Beckwith, Executive Secretary of the North Carolina State Employees Association, Miss Lenora Carawan, President, and P. B. Pollock, past president of the Association. The program centered around membership drive and the proposed overall increase in salary for all state employees.

Four parents who are members of the Catawba Valley Parents and Friends Association visited Caswell in May to tour the institution.

Mrs. Mary Ellen Nelson, Education director of Psychological Social Services at the Gaston County Center for Handicapped Children, Inc., Gastonia, N. C., was on the campus in May to become acquainted with Caswell and its program.

Dr. George Paulson, senior medical student at Duke University, spent a day on the campus during May.

Doctors Robert Smith and Cornelius Lansing from Chapel Hill spent a month each at Caswell as resident psychiatrists.

The senior students from Chapel Hill continued to visit the campus to become acquainted with our school and the program it offers the mental retarded.

It was a privilege to have as June visitors, Dr. W. Grant Dahlstrom, Director of Psychological Services of the University of North Carolina, who brought with him his colleagues, Dr. June Chance, Dr. Shepherd Liverant, Mr. Albert Linch and Miss Marianne Richardson and others. An observation Clinic of special cases was held, followed by a tour of the institution.

The following groups visited and toured Caswell - The Sanford Junior Woman's Club, Deep Run High School Sociology Class, Mt. Gilead Baptist Church, Holly Grove Presbyterian Women, Dr. Judson White's psychology Class from East Carolina College, Farmville High School sociology class, the psychology class from Atlantic Christian Col-

TRAINING DEPARTMENT

We are happy to report that the Training Department is continuing in its efforts to provide on increasingly improved program of training. This not only involves improvement of facilities and new equipment but also the employment of well-qualified professional personnel to the training staff.

Research in training and student personality adjustment is an important phase of our present program. We feel that to adequately establish a training program much investigation into the child's adjustment to the institution and training program must be carried on. Specifically we have investigated the academic school adjustment and proposed methods for enriching our physical education program. Research is yielding valuable information which will be incorporated into the planning and functioning of our overall training program.

For some months we have felt the need to interest universities and colleges throughout the state in our program. We feel a great deal has been accomplished along these lines during the past few months. Nearby colleges have openly expressed interest in Caswell and ground work is being prepared for use of Caswell facilities for student teachers as well as provide a training unit for psychologists particularly interested in mental deficiency.

Special activities of the children in training during the fall semester will include continuation of Boy Scout activities, Safety Patrol, and honor roll programs. We plan, also, to provide each student with a report card on his progress at least twice annually. Our honor roll program has added considerably to the motivation of the student as well as provide for him the recognition he needs and deserves. In so far as can be learned, Caswell has the only organized Safety Patrol in the U. S. using retarded children in the institutional setting. We are proud of their fine work during the latter half of the spring semester and provides additional proof that retarded children properly trained can assume community responsibility with a high degree of success.

* * *

Vocational Guidance and Research

Testing all of the vocational trainees in manipulative ability is one of the goals of the vocational training program this summer. The Pennsylvania Bi-Manual Work Sample and the Stromberg Dexterity Tests have been selected for this testing.

These tests are to be used as aids in choosing and placing students on jobs for training purposes. They tend to show combined finger dexterity, gross movements of both hands and arms, eye-hand coordination, and some indication of the individuals ability to use both hands in cooperation. These simple tests of motor skill also tend to show native capacity within a limited area. They were developed to fill the need in the vocational field for test situations which would combine basic elements inherent in a relatively simple work situation.

Each boy and girl vocational trainee will be tested individually on manipulative ability by the Director of Vocational Guidance and Research.

The appropriate tests have arrived for this purpose, as well as a testing table and stool. The actual testing program will start very soon.

It is felt that these simple evaluations will prove valuable aids in the selection and placement of individual students in training situations that will meet their needs specifically.

* * *

Audio-Visual Aids

Audio-visual aids play a big part in our unit program here at Caswell. Films are selected carefully for all levels of instruction. In order for major effects to be derived from a film, the teachers and students need to know the key points to look for in a particular film. The film is discussed thoroughly before and after a showing in order that a student might get the most from it. Before a film is shown or discussed the teachers, individually, preview the films for their specific groups. When it is impossible for a teacher to preview a film, preview notes are supplied in order to insure effectiveness. When preview notes are supplied, the following information is given:

1. Name of film
2. Length of film
3. Purpose of film
4. Summary of film
5. Key points in the film

Besides this information, in some cases suggestions are made as to how the film might be tied in with a particular "core", theme, or unit of work. It should be kept in mind that preview notes are sent only when it is impossible for the teachers to preview and discuss the films individually.

Films are available to us from various sources. Many are obtained from the University of North Carolina film library. Others are obtained from the North Carolina State Board of Health film library and the Kinston Public Library. Though these are our chief sources of films, we sometimes order from other places such as General Motors, etc. The place is determined primarily by the film needed and the place able to supply a given film at the most important time.

Besides films, we make use of cut-out pictures as an audio-visual aid. One phase of planning for teaching a unit is to select pictures which can be tied in with a unit of work. After selections are made by the teachers, students are also allowed and urged to cut and draw various pictures

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lege, and eighth grade classes of South Wood School.

Dr. S. S. Thomas, an outstanding person in the field of mental deficiency in England, was a special guest on open house, May 1.

that help to get across specific points within a given unit of work.

The 35 m.m filmstrips are used as an audio-visual aid. We have many filmstrips in our library that are obtainable at any time by the teachers. Some of these Filmstrips are designed to go along with certain basal texts, however, many are of a miscellaneous nature and can thus be used to serve varied purposes.

Field trips are frequently taken by various groups. They provide many actual experiences for the child that he would not otherwise get. Before a field trip is taken, proper arrangements are made, and the students are properly motivated in order that it might be most effective.

Besides the aids mentioned this far, we also use such things as bulletin boards, workbooks, supplementary and basal texts, etc., in teaching our units.

We might summarize this by saying that we grasp or cling to anything that might enable us to do a better or more interesting job in teaching the mentally retarded child.

* * *

The New Look

During the month of June, the painters and carpenters moved into the academic school to give this area a "new look". All rooms are being redecorated with colorful shades of paint. All tall cabinets in primary rooms are now low ones appropriate for the size of the child. A low long work table occupies one side of the room and leading from this table is a long bench suitable for the child. A south front room has been made into a principal's office and a larger supply room. This room is so arranged so it can be used for principal-teacher, individual and group discussions. When completed for school in the fall the new look will not only be attractive but it will lend to better teaching and will add a new stimulus.

The home economics department is also being completely renovated; new base and wall cabinets will shape two complete kitchen units and another area will provide space for a sewing unit. New equipment will be added to meet the state specifications for adequate home economics instruction.

* * *

Occupational Therapy

620 students participate in occupational therapy every week. They make dishes and ash trays out of clay, weave rugs on floor looms, sew, embroider, do woodwork and participate in many other creative activities. When students are not physically able to come up the stairs to the class room, the instructors go to them in their respective buildings. There are also night classes for those who work during the day. During Open House, a sale of the various articles made by the students netted $60.43.

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RECREATION

The spring of 1956 has brought great progress to this department. On March 6 we moved into the new recreation building. With the opening of the new building, the recreation program has been helped greatly. We want to thank all who made this possible. Both boys and girls basketball teams have been organized. Baseball, softball and volleyball have been played. The ball teams have been playing competitive ball against city teams, Kennedy Home and Wheat Swamp. Many times our boys have won and this record is good since the competitors have had much experience. Movies are shown twice a week and the new cinemascope screen has been installed. Dances and parties are held at least once weekly. The department has five nights of organized activities. The children go swimming at the Kinston pool twice each week and once every two weeks to the Cliffs of the Neuse State Park.

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Religious Education Department

Attendance at all three chapel services have held up remarkably well the past three months in spite of heat and vacation periods. The overall average has been 934. Due to renovations in the auditorium where all services are usually held, the chapel services were transferred to the new recreational building, June 17th, and, except for the summer temperatures, this meeting place is working out very satisfactorily. The Sunday School lesson is taught by the director while those who do not attend chapel until the evening vesper hour, study the lesson in their building under the direction of the cottage parent.

A "Bible Story and Song" time is being held weekly in the cottages during the summer months. Flannelgraph stories and filmstrips are used for the story time and several new songs are being learned.

The director visits all three hospitals every Sunday afternoon and distributes Sunday School papers to those who wish them. She also visits with each new admission to Caswell in order to become acquainted with each one and help him or her to become adjusted.

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Social Service Department

As of the first of July there were 1799 pupils and patients enrolled at Caswell. Of this number there were 43 on placement. During June 251 went home for vacation. The waiting list for those desiring entry is 639 as of July 1. Many of these cases are most urgent but due to the lack of space there is little opportunity to give service to any of these.

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"Open House"

Another successful Open House was held on May 1, with an estimation of 500 people attending. Visiting by parents and friends was permitted in the various buildings starting at 9:30. In the afternoon hour long tours were conducted to all the various buildings on the campus. This was climaxed by refreshments in the auditorium with the opportunity given to browse among the occupational therapy department displays. Many people purchased articles that were for sale. The afternoon ended with a program in the new recreational building, the first half of which consisted of songs, dances, and rhythm band numbers. These were built around definite units of study that had been given during the academic school

Jottings from the Dormitories

Cottage 5 - The boys in cottage 5 are enjoying vacation. They go swimming and play softball. We have two new boys in our cottage, Victor and Dickie. We hope they will be happy with us.

Cottage 6 - The little boys in Cottage 6 are really enjoying this nice warm weather. They look forward each day for the time to come to go out and play. Also, they enjoy the parties they have. They really get excited when it comes to having them. It makes us feel good too when we know they are happy and having a wonderful time. Some have gone home for vacation and still there are more to go. Meanwhile the ones that are still with us are having good times too.

Cottage 7 - All the boys in Cottage 7 are enjoying life very much. Some are still on vacation and quite a few are still looking forward to going. We enjoyed a recent party given by Louis' mother. We were served ice cold lemonade with cookies and candy. We go to the show on Tuesday and Friday nights in our new recreation building. We certainly enjoy the pictures shown on the nice large screen. On rainy days we enjoy playing games inside, watching T. V., and looking at magazines and sometimes tearing them up just for the fun of it. We have quite a few flowers around our Cottage which we think are very pretty. We help to water and care for them. We like to see them grow and make our Cottage pretty. We all enjoyed a ball game at the playground July 4, with refreshments being served after the game.

Cartwright - Vacation time is here, a few of the boys have already returned, some are at home now, many others expecting to go each day. Our ball players are playing other teams twice each week, winning some, losing some. They seem very enthusiastic. They are also enjoying going swimming these hot days at the Kinston pool, and anticipate going to the Cliffs soon.

Tapp 1 - Well, here we are in our nice new building, enjoying it more and more each day. We wished and waited so long for that time to come when someone said we will move today. We all work hard to keep it nice and clean. We can really relax after our day's work is done. Most of our boys went home on vacation, but the ones that will not go home are enjoying that good old swimming pool. We want to welcome our new attendant, Mr. Dail. We all like him very much. We enjoy the recreation that we have and want to thank each one that is making it possible. We are all trying hard to have a better place to live.

Tapp 4 - We've had a very eventful spring and early summer. We've opened a new unit in a new building and we're really proud! Everything is so lovely and so easily cleaned and the boys (we have the older boys) are so proud to keep it that way, even the ones who have been out on their regular job of gardening or farming or at the dairy try to find something to do after supper to help keep it that way. The recreation department has gone all out for all of us. We really celebrated the "fourth" with ball games, party and just a grand time. Swimming parties every week, two movies a week and usually a dance or bingo party in between. Several boys have gone home on vacation. Edwin went for the weekend of his birthday and he must have had a wonderful time! Next month we'll really have an exodus from Caswell, bless them! Their "House Parents" wish they could all go home if it were only for a few days—they're all so thrilled over the ones who do go.

Byrum 1 - Well, the children down here at Byrum 1 are all getting along just fine. Some of them are going on vacation. They are glad to see that time of year come. We that stay here are having a good time playing in the yard, so we all are happy too.

Byrum 2 - Byrum 2 boys are enjoying their T.V. and radio. Some of the boys have already gone home on vacation, the others are hoping to go soon. The little boys are always ready to go to Chapel each Sunday morning. We enjoy getting them ready to go.

Parrott 2 - The boys in Parrott 2 are looking forward to watermelon time. I am sure they are going to enjoy them. Elmer is home on vacation but maybe he will be back before all of the melons are gone.

Parrott 3 - All the boys in Parrott 3 are a happy bunch of boys and how the boys that can walk enjoy rolling the chair boys around. They will push their chairs around hours at a time. When they go on vacation, they are glad to see them go but still happier to see them come back. When they have a birthday they will have a big cake with candles and how they enjoy blowing out the candles and cutting the big cake. They enjoy cake, ice cream, candy and cold drinks. They like dressing on Sundays and going to chapel. On Sunday afternoon they watch T.V. for the time for Oral Roberts program which they enjoy very much.

Parrott 4 - The boys down in Parrott 4 are enjoying their play yard early mornings and late afternoons. During the heat of the day we have to stay in so we watch T.V. and really appreciate our rocking chairs at this time. A few have gone on vacation and more will go later. Some won't get to go but we are having many visitors. John's mother came yesterday, also Marvin's brother. Mr. Murvin took some of the boys to the movie recently. We appreciate it a great deal.

Cottage 2 - The girls in Cottage 2 have been busy having fun since school closed. They have had two birthday parties, have been swimming, and they all go to the movie twice each week. Some are home on vacation and others will go.

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year. The second portion of the program was under the recreational department and consisted of square dances and elementary and advanced tumbling.

Cottage 3 - This is just about the happiest time of the year for our little girls—vacations, going swimming, watermelon slicings, and playing out doors. Several are home on vacation now and many yet to go. We especially enjoy going to the movies now in the new recreation building and cinemoscope screen. We all enjoyed a campus party and ball game the 4th of July.

Cottage 4 - Well, we are having quite a busy time in Cottage 4, with some of the girls going home on vacation, and everyone getting all excited over each one as they leave; thinking their name will be called next. A few of the girls will not go home, but there will be plenty entertainment for those left. Never a dull moment for anyone, with shows, softball, basketball, swimming, and parties. Everyone loves parties. The girls have enjoyed picking berries and beans; then back to the building for cold drinks. We are all looking forward to all getting back from vacation, and then school starting again.

Austin A - All of our girls have enjoyed going to the bean field and picking beans; also to the berry patch. We also have different girls to go swimming almost every Monday morning and they really enjoy it too. We also stay out doors all we can to play on the playground. We also help fix the vegetables for canning too. We all work together in cleaning our house and enjoy it very much. Now we have many girls off on vacation and we sure do miss them; although we are glad they can go. Guess we will have many more. They are looking forward to it.

Austin B - We the girls of Austin B are having a very nice summer. I think what we like most of all is going swimming. Some of us have already been and we really enjoyed it very much. We are looking forward to vacation time. Some of our girls have already gone home, while others are looking to go soon. We wish to welcome the girls from the McNairy building that have come to live with us and we hope they will like to stay as much as we enjoy having them. Guess this is all for now, be seeing you next time.

Wooten A - The little Wooten A girls are enjoying all these warm summer days out on the nice playground and going swimming. Also we go to the movies twice a week. Sunday school every Sunday morning. We had a very nice little party out on the playground, July 4th. Now it's vacation time, some are going and some coming back so you see we are just a happy little family.

Wooten B - We are in the full swing of summer, and are enjoying going to the Cliffs also over to the pool. It's lots of fun to take lunch and spend the day at the Cliffs. Marion gave us a party with drinks, cookies, and candy. Everyone enjoyed it. Today we had our first watermelon cutting for this year. Boy, it was fun, I'm looking forward to many more. Lots of our girls are home on vacation and many more are looking to go home. Summer school is now going on and the girls really enjoyed it. Thanks for the dining room fans.

McNairy - Vacation time is here again and at McNairy we hear a lot about going home. Several have already gone home and others are planning to go during the next two months. Since our new recreation building is all finished and we have a new screen, our girls enjoy the movies and wish to thank all who helped to make all this possible. Many have gone to Emma Webb park swimming. A group go each week to the cliffs on the Neuse. Thanks for so nice a trip. We have had several parties recently. Jennie Lee gave a party in honor of her birthday in the game room at the recreational building. All enjoyed it a lot. Barbara gave a party on her birthday and invited some of her friends. They wish to thank her for such an enjoyable occasion. The recreation department gave a party on the playground following the ball game on the fourth of July. Our girls enjoyed it very much and wish to thank Mr. Bissette for a happy hour. Many of our girls enjoy shopping trips to town. Some of our girls moved to Austin to live. We hope they enjoy living there. Others came from Dawson to live with us. We welcome them and hope they are happy with us.

Johnson 2 - We, Johnson 2 girls, are enjoying these summer months, so we can be in the yard playing in sand boxes and swings. We like very much getting our sun tans. We would like very much to thank Mrs. Jean Hurt for making our Sunday School so interesting and our Sunday so much more complete and bright. We have Sunday School and movies in the new recreation building now. Lots of our girls have gone home for vacation and some have already returned. We have a little flower garden started and we enjoy working in it, when we can. We do want to thank the ones for the sand that we have gotten in our sand box. We truly hope everyone will have a nice summer, as Johnson 2 girls are.

Johnson 4 - For the girls of Johnson four
Vacation time is at the door
Hearts filled with thoughts of home
Eager feet that long to roam.

Where Mom and Dad; others too
Are waiting there with welcome true
Our hearts are there already-so
The "rest of us" will have to go.

Kendall 1 - Girls seem to be happy playing with their toys and dolls. We go into the yard when weather permits. We like the fresh air and sunshine. We all had a 4th of July party, lemonade and cookies. Vivian Ann went home for two weeks and she had a nice time. Linda's father came Thursday and carried her out to lunch. Some of the girls are looking forward to going home on vacation.

Kendall 2 - Kendall 2 enjoyed a lemonade party on July 4, and also on July 6. On Thursday, July 5, Brenda entertained all her little friends in Kendall 2 with a birthday party. Several friends from the other buildings were invited. She was assisted by the cottage parents who served birthday cake, ice cream, cookies, and candy. Games were played and the party was enjoyed by all.

Kendall 3 - Hello, everybody, we are the girls that stay in Kendall 3. We want to thank Helen's mother for the lovely birthday party that she made possible for us to have in honor of her daughter, Helen. And we are glad that it is time for us to have watermelon parties. We also want to welcome a new member to our group.

Kendall 4 - We are very happy to say Kendall 4 girls are well and getting along fine. They are enjoying their outdoor games these days, also looking at the T.V. Several of the girls are home on vacation while others are looking forward to go.

Cripple Children's Hospital 1 and 2 - Vacation time! "Goody", this is what we all like, some going to the beach and swimming and some going home for vacations. Another birthday for Don—that is the reason for another party for C. C. Hospital No. 1. Don's parents were with us this year for the big event. What a big time the boys and girls had and what a noise! Horns, whistles, balloons, funny hats, and taking pictures; best of all, large decorated cake with 17 lighted candles which Don blew out with Wesley's help, small cup cakes, each with a candle and ice cream for all. Thanks go to the parents for a grand time. Three members of our C. C. Hospital Staff were in Raleigh some time ago and secured their North Carolina license as a licensed practical nurse. Three more are planning to go this month. Congratulations and best wishes to each of you.

Tapp 3 - We moved into our unit of the beautiful new Tapp building on the 21st of May and the boys thoroughly enjoy living here. We have just about everything we could wish for, colorful new furniture, large new television set and a great big rompus room and barber shop in the basement.

Several of our boys are home on vacation but the ones that are here never lack for amusement with movies each Tuesday and Friday nights, dances and bingo parties in between not to mention the swimming on Friday mornings.

Donald spent last week-end with relatives at Nags Head and reports a wonderful time.

All the girls and boys are enjoying the watermelon cuttings we've had the past few days.

Dewey - On May 28 Lucy Gay had a birthday party. Everyone had a lovely time. We had a pretty cake with all the decorations, cup cakes, nuts, candy, gum and lemonade to drink. We had real pretty party hats, pretty baskets all colors, balloons and four pretty vases of fresh flowers. The tables were covered in decorated birthday cloths.

Everyone enjoyed the party so much. Lucy Gay seemed so happy opening her gift, a picture book and crayons which was wrapped in white tissue and tied with beautiful ribbons. A number of the staff were our guests at the party. We were so happy they could come to our party.

Mr. Rouse made pictures of the tables. We hope they will turn out good as they will be a reminder of a wonderful occasion.

Everyone enjoys shelling beans, peas, out in the sunshine. Four of our girls have been home on vacation. We were glad when they returned. Those that do not go home are enjoying going to the Cliff and swimming pool. Everyone seems to be having a good time.

What the Other Fellow Sees

When you think there's nothing for you
In this strange and struggling life;
That you never seem to matter
And there's nothing left but strife,
Just remove this "doubt" within you
To some quiet, shaded brook;
Let "it" mirrored in the waters
Take a long, unbiased look!

In a minute you will wonder
If that vision could be you;
Why you never looked so downcast
Nor so full of thunder, too.
But at last in recognition
You admit it is your face
Though you see stamped deep upon it
Many things you would efface.

You just gaze in fascination
At the real self that is you,
As it mocks in cynicism
And repels your good will, too.
But at last your faith's rekindled;
This old world now seems so good!
Even song birds sound the sweeter
As you humbly leave that wood.

The New Dormitory

The new dormitory for boys was completed in April at the cost of $450,000 and new equipment was installed. This building is a two story fireproof building with four separate living units which will house 200 boys. In the basement is a large recreational room plus storage facilities and a barber shop. The living rooms are being equipped with brightly colored plastic upholstered furniture. Radiant heat runs throughout the terrazzo floors.

All the boys were transferred from the Tapp building to the new dormitory. These boys for months had looked forward to moving into their new home and many of them watched with interest the completion of the building. As one saw the old Tapp building, no one failed to understand the boys' enthusiasm for the new building. It had worn out its usefulness.

Budget Requests

The following needs were presented to the budgetary committee: Construction of a new central hospital; renovation of the present hospital; a new vocational school building; renovation of Dewey building; overhead water-storage tank; swimming pool; sewerage disposal plant; also, houses for personnel.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

CASWELL SONG

Oh Caswell, my Caswell, I sing a song to thee.
I'm proud I'm here and give a cheer . . .
For what you mean to me.

Oh Caswell, our Caswell, a home away from home.
We will all work to-geth-er and
Pledge our hearts to thee.

Words and Music composed by
G. D. Thorne

OCTOBER, 1956

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The Caswell News

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WELCOME

The members of Caswell extend a sincere welcome to Dr. and Mrs. Frederick E. Kratter. Dr. Kratter has been appointed by the Hospital's Board of Control as the Acting Superintendent of Caswell Training School. Before coming to the United States. Dr. Kratter, a native of Vienna, Austria, resided for 20 years in England where he became a British subject. He attended the Victoria University of Manchester where he received his medical training qualifying him for the degree of bachelor of medicine and the bachelor of surgery. After holding the position of house surgeon, house physician, and casualty officer in Manchester, Lancashire, Yorkshire and doing private practice in North Wales, he was appointed in June, 1944, psychiatrist at Prestwich Mental Hospital. While at this hospital, he was in charge of the psychiatric out-patient clinic and founded the first psycho-theurapeutic social club for patients discharged from the mental hospital. After taking an examination in psychiatric medicine at the Royal College of Physicians in London, he was appointed in August, 1953, psychiatrist at Leybourne Grange Colony at Kent where he was responsible for running the Child Guidance Clinic, under the supervision of the health medical officer at Hastings. During this time he received a certificate from the University of Scotland for a course he took in Mental deficiency.

Mrs. Kratter, who is a native of Prestwich, England, worked as a nurse at the Prestwich Hospital. Both Mr. and Mrs. Kratter arrived in America in May, 1956, and first lived at Butner State Hospital before taking up their residence on the Caswell Campus.

TRIBUTE

For the past 23 years there has been a member of the staff of Caswell Training School who has given unstintingly of her time and talents to the School. This person is Mrs. M. V. Harlan, Director of Cottage Life. Mrs. Harlan's loyalty and devotion cannot be surpassed. She has given many, many hours of service. A service that cannot be measured by any clock as Mrs. Harlan is on call night and day. Her conscientiousness, her loyalty and her desire to give of her best continually motivate Mrs. Harlan in her approach to the daily task. Her job is one that words cannot interpret or explain as it has so many different aspects, demands and details. Under her supervision are the 200 house parents. It is her job to employ and orient each house parent and see that each living unit is properly staffed and under supervision at all times. She is responsible for the living arrangements of the 1800 boys and girls. This includes seeing that the living units are made as comfortable and livable as possible and that the housekeeping standards are above reproach. She must constantly work with all other departments to see that patients' and pupils' lives in the living unit are coordinated with the social, academic, religious and recreational life of the campus. She must work closely with the medical department for the pupils' and patients' well-being. Although not responsible for providing the food for the children, she must see that each child is fed. Many hours are spent with parents and relatives about the numerous questions related to the child's living arrangements. For Mrs. Harlan each day brings its new and different problems. Mrs. Harlan has brought a deep and abiding loyalty to Caswell. Over the years, she has brought the forcefulness, the initiative and the energy needed to carry on during "the lean years" of the depression and war. She has shown a deep interest in trying to provide a comfortable, well oriented, happy life for the boys and girls in her care. Her work demands much of a person; intelligence, determination tempered with understanding, maturity and kindness.

To Mrs. Harlan and her husband, Mr. M. V. Harlan, who was an engineer at Caswell but is now retired, we wish to extend Caswell's deep and sincere appreciation for the many years of service given to Caswell Training School. The school owes Mr. and Mrs. Harlan a debt of gratitude that can never be paid.

STAFF NEWS . . .

Dr. M. C. Harper joined the Caswell medical staff in August. Dr. Harper, a native of Marion, S. C., received his under-graduate work at the University of North Carolina, and Duke Medical School. He served his internship at Brook Army Hospital, San Antonio, Texas, and spent two years in the Air Force with overseas duty of one year in French Morocco. Before coming to Caswell, Dr. Harper was a member of the medical department at Butner State Hospital. Dr. and Mrs. Harper, the former Rebecca Whithers of Spencer, N. C., are residing in the staff dormitory.

Mrs. Margaret Elliott joined the Caswell staff in July. She is the new Director of the Household Arts. A native of Goldsboro she received her education at East Carolina College, graduating with a B.S. degree in Home Economics. Her previous teaching experience includes one year at Bath High School and one year at Ayden High School. Mrs. Elliott is the wife of Ray Elliott who is an instructor in the Occupational Therapy Department.

Mrs. Betty Christenson has joined the medical staff as a registered nurse. Mrs. Christenson is from New Jersey having received her training in nursing at Mountainside Hospital in Mont Clair, N. J. Her husband, 2nd Lt. Allen Christenson is stationed at Stallings Air Base.

Dr. Barbara Moore from Chapel Hill was the visiting psychiatrist for the month of July. Dr. F. H. Draper, Jr., was the psychiatrist for August. During September Dr. Faith Ogden and Dr. Jack Fullilove were the resident psychiatrists.

Daniel C. Wise of the Training Department was appointed Director of Vocational Training on August 1st. The duty of the director is to coordinate all vocational training efforts in the classroom activities for advanced students and in the on-the-job training efforts in the classroom activities for advanced students and in the on-the-job training phase.

Mr. and Mrs. Charles Satterwhite terminated their work with the institution in August. Mr. Satterwhite was an assistant in the recreational department and left to take a similar job with the Umstead Youth Center at Butner State Hospital. Mrs. Satterwhite who has worked with the children in counseling, speech therapy and teaching, will be teaching in the public school system of Fountain, N. C. Both have contributed much in service to the institution during their months of employment and all the staff at Caswell wish them success in their new positions.

Mrs. Eleanor Sutton is a recent addition to the academic staff at Caswell. Mrs. Sutton comes from Elm City where she attended grade school and high school. Her more advanced education was taken at East Carolina College from which she graduated with a B.A. degree in grammar school education. Mrs. Sutton is the former Jo Ann Elwood.

The recreational department announces the addition of a part-time assistant in the person of James Avery of Kinston. Mr. Avery is attending classes at East Carolina College and will receive his physical education degree at the end of the present term. Mr. Avery will assist with the recreational activities in the evenings, all day on Saturdays and on Sunday afternoons. Upon completion of his college work he will become a full time employee.

The medical students in groups of 2, 3 or 4 from the University of North Carolina are spending four days a week at Caswell. A full and intensive program is planned for them. They spend some time with each department and have several clinical demonstrations planned for them.

Mrs. Wesley Parrish, registered nurse, joined the Caswell medical staff in September. Mrs. Parrish is from Kinston and received her training in general nursing at Lenoir Memorial Hospital. Before coming to Caswell she was nurse-in-charge of the central sterile supply at the Kinston hosital.

Miss Elizabeth M. Brown, Miss Mary Hadge, Mrs. Margaret Elliott and William J. Waters attended in July a workshop and meeting at East Carolina College of the International Council for Exceptional Children. Mr. Waters participated in the program. The same week Mr. Thorne spoke at a dinner meeting at the college.

In September Dr. Frederick E. Kratter and S. H. Stroud represented Caswell at a meeting of the State Hospitals with Governor Luther A. Hodges and the Advisory Budget Commission. The purpose of the meeting was to explain the budget requests of the various institutions for the next two years.

A Caswell chapter of the North Carolina Education Association was organized on the campus.

Pearl Adkins together with Mrs. Robert Morehead, Local Chairman of the Association for Parents and Friends of Retarded Children, attended the State Board meeting in Raleigh on September 15. On Sunday the 16th Dr. Kratter, Mr. Stroud and Miss Adkins attended the State meeting of the association which was held in Raleigh.

Dr. Grant Dahlstrom, director of psychological services at Chapel Hill brought several members of his staff and some students to Caswell. Besides touring they were also given a clinical demonstration. A similar program was arranged for Dr. Harold H. Corter and his special education class from N. C. State College.

Mrs. Louise Davis, executive secretary of the Virginia Association for Retarded Children, Richmond, Va., spent a day at Caswell.

Mr. Aaron Conn with the department of Public Instruction division of vocational rehabilitation visited the institution in August to investigate the possibility of a place for the rehabilitation of some Caswell pupils.

Miss Jane Vicory, an academic school teacher at Lapeer State Home and Training School, Lapeer, Mich., visited Caswell. She felt Caswell had an exceptionally fine program in comparison to other institutions in the north and south.

Visitors came from Butner Training School and State Hospital. They were W. F. Askins and D. N. Synder, chaplain and co-chaplain.. Mrs. Pearl Shearin and J. C. Norris, recreational and assistant, Mrs. Margaret Howard of the occupational therapy department and N. E. Bunn, supervisor of children.

(Please turn to page 8)

TRAINING DEPARTMENT

The beginning of the new school year is an exciting time for us all. Plans formulated during the summer months have been put into action and we look forward to a busy progressive school year. With the addition of new teachers and improvement of facilities we find ourselves much better equipped to carry on the program. In addition to the overall training program, we plan to engage in numerous research projects. It is our feeling that only through active research can we find answers to the many problems yet to be solved in training retarded children. During the next month the new beauty shop and the shoe repair shop should begin operation as vocational training projects and will greatly enhance this program.

The rapid progress of the training program continues to be as in months past dependent on the ingenuity, and professional caliber of the various departmental heads and teaching personnel within these departments. Caswell is, indeed, fortunate to have such well qualified and energetic persons to carry out this training mission.

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The Academic School

Students and teachers alike began work within the academic area with much enthusiasm on September 3. This enthusiasm stemmed from various sources. The entire physical plant had taken on a new look during the summer months. The entire atmosphere within the area was changed. All class rooms were most attractively painted in shades that would appeal to the child and be most conductive to a learning situation.

We feel that the academic school is better equipped at present to teach the exceptional child than ever before in its history. Though this is a broad statement, it is as true as it is broad. Equipment has been added to the area which has never been accessible to either teacher or student before. Besides the added equipment, many supplies were awaiting the students and teachers when school began in September. Many of these supplies had never in the past been available to them. Certainly all of these added aids help much in more effectively training the exceptional child.

Class rooms within the academic area are currently equipped with the individual student tables and chairs. These are most suitable for our children because of their versatility. They may be used either for individual or group instruction which ever might best suit the situation at hand.

One of the most valuable pieces of equipment added to our area this year is the opaque projector. It, too, may be used most advantageously in many ways. Teachers have found it most simple to operate which is in itself a great advantage. Students have found the machine most interesting since they may actually see some of their personal work projected before the entire group. The use of the opaque projector has expanded our audio-visual aids program tremendously.

Mention has been made thus far of the physical changes which have been made within the academic area recently. Various organizational changes or modifications have been made as well.

We have working within the academic area this year a full time art instructor. She has arranged her schedule in such a way that she visits each class room for a short period once each week. Not only is she helping the class room teacher with class room art, but she is also helping much on various special projects. She is frequently called on to help with such things as preparing bulletin boards, planning and making scenery and costumes for programs, etc. The work that she is doing is most essential for adequately training the "whole" exceptional child.

Music plays an important part in the training of the exceptional child at Caswell Training School. All students assemble weekly under the direction of Mrs. Polly Oettinger for group singing, the playing of simple musical instruments, and various other good musical activities designed to aid in various aspects of student development.

Besides the regularly assigned periods for music, the music instructor helps the teachers in rehearsing and presenting class chapel programs to the Academic School Assembly. In addition to the class room programs, majority of the students are involved in the two major annual productions at Christmas and in May.

Arrangements have been made with Mrs. Owen, the school librarian, for students to periodically visit the library. Class work is often times supplemented with materials found here. Students gain from this experience insights into such things as proper behavior in the library, the proper way to select a book, the correct procedure for checking a book in or out of the library, the use of the encyclopedia and other reference books, etc. Certainly there is leeway here for good training through this library medium.

The unit method of instruction is being used again this year in the Academic School. Units of instruction for emphasis this year were selected by all training department personnel during the summer. Though the method was successful last year, it has proved to be even more effective this year. Much of this is due to the fact that all departments are striving even harder to correlate the unit with the work going on in a particular area.

Students within the academic area will receive report cards this year. These report cards will be taken to the buildings by the students in order that the cottage parents might see them. From these reports both the student and the cottage parent will have a much better idea of the progress taking place within the academic area for the child. This report will not only help the child and the cottage parent to better understand progress being made by the child, but it will also help to bring about desired support between the academic school and the various cottages which is most essential for effective stu-

dent training. Teachers are urged to establish a very close relationship with all cottage parents in order to better help the child in his over-all development. Already because of earnest efforts on the part of both the teachers and the cottage parents, unbelievable results can be seen.

All academic classes are responsible this year for one chapel program. Mrs. Hardy's group presented a most successful one in September and Mrs. Barnes will follow her on October 31 with a Hallowe'en program. This, too, is a good medium for student straining. The student gains experience in individual acting, choral readings, etc., through this particular medium.

This year there has been organized at Caswell a local North Carolina Education Association. All teachers have joined this organization because they recognize the importance of constant professional growth. All teachers and various other members of the Training Department will attend the Southeastern district N.C.E.A. meeting at East Carolina College in Greenville on Friday, October 26. Though progress has been made within the Academic area, we are not satisfied. There is still much more to be done and because of this we shall accept the great challenge with as much enthusiasm as we all possessed at the opening of school in September of '56.

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Occupational Therapy

Since the last issue of the Caswell News the Occupational Therapy Department has continued its function of helping the students to over come any physiological and, or, psychiological disorder. This is accomplished through the use of such activities as art, music, concentrated games, needlework and many crafts (ceramics, woodwork, leather and weaving.) Visitors are welcome to come to the department and see the many fine objects made by the students. These objects are on sale and the profit from such a sale goes to the student who made it. During the course of a week approximately 600 Caswell students participate in the Occupational Therapy program.

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Recreation

The Recreation and Physical Education Department has just completed a most successful summer program. During the bright warm summer months we took approximately 1500 boys and girls swimming at the city pool and at the cliffs by the Neuse State Park at Seven Springs. Also there were parties and festivities on the campus for the children in addition to the regular scheduled daily and night activities.

This summer the organized baseball team played competitive ball against the city and county school teams for the first time. In baseball they won 30 per cent of these games. The softball team entered a softball league made up of churches in the county during the late summer months. This, too, was the first time our boys had played softball on competitive basis. At the end of the season our boys had won 50 per cent of these games and they came out fourth in the league.

The girls' team was not as successful, however, we feel they will be playing better next year.

Religious Education Department

During the summer months the director revamped all of the materials used in the religious services in order to place them on three different age levels for the different mental ages of those who attend the three services each Sunday. This new arrangement went into effect October 7th when the services returned to the newly renovated auditorium. At the same time a Baldwin Orgasonic electric organ, given by the Greensboro Junior Woman's Club and Caswell, was used for the first time.

Attendance at the services during September averaged 958 with the peak attendance being reached on September 23rd when 1,014 were present at all services.

The director is teaching two one hour classes per week in advanced religious education for students who are being trained to return to their families and their home communities.

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Post Office

An event of great interest and importance to the employees and children of Caswell was the opening of our new post office, and post office lobby. The employees now have their individual boxes, with combinations. The lobby is open from 7:00 o'clock in the morning until 7:30 o'clock in the evening. Thus making it possible and convenient for attendants and matrons, to check on their mail, when going on or off their shifts of work. They may also order stamps, cards, buy money orders, and post out-going mail.

The children's mail is assorted and taken to the children's postal station. There, it is assorted according to the living units. The cottage parent, then collects, from this station, the mail and parcels for the living unit, in which he works, and delivers to each child, his or her mail. Secondly, but certainly of no less importance is the convenience and satisfaction of working with the mail. We now have proper space and equipment, which adds up to a well organized and systematic system, for the postal needs of some over 500 employees, and around 1800 patients and pupils.

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Housekeeping Department

In the past decade the advance of Caswell has been most outstanding. Each department has had to expend with growing population. We are, indeed, proud of our new marking room, as the marking of all the clothes for the children is one of the big jobs. At Christmas time when the children receive hundreds of packages, I am sure we will be able to handle the marking more easily, plus all the other duties that are done in this department.

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Caswell has a population of 1,827 pupils and patients. There are 519 employees. The waiting list, as of October first, has 699 applications. During the last quarter, 14 pupils or patients were discharged and there are at present 59 on placement.

Jottings from the Dormitories

Cottage 5 - Cottage five boys are so glad to be back in school. They have lots of fun playing ball and all kinds of games and they especially enjoy our new gymnasium. We have four new scouts and five new boys have been added to our cottage. Every one is looking forward to Hallowe'en.

Tapp 1 - The boys are enjoying the nice fall weather playing in their new yard in back of building. It seems to be a treat for them since they have been told they could play out there. We have one new boy in our building and he seems to have adjusted very nicely. The boys sure do enjoy their walks every Sunday morning which they hope will continue for a long time.

Tapp 2 - Several of our boys have had visitors recently. Kenneth has returned to his work in Tapp three after being sick. Nodie has a new friend in Bill since Bill came. They can be seen walking around the campus. All the boys are making plans for and looking towards the Hallowe'en festivities.

Tapp 3 - The long leisurely summer days are just a memory, but what a pleasant memory! The boys have never enjoyed a summer at Caswell more. Now we are looking forward to the winter evenings when the boys like to play cards, look at television or just talk over the happenings of the day. We wish to thank David's mother for the bath powder and deodorant she gave to our boys. Henry has received many boxes of delicious "eats" from his mother which he has so generously shared with his friends. William's mother, and her friends of Raleigh have our most sincere thanks for the five nice card tables they brought for our building. William was host at a lovely party on his birthday October 13th, which was held in the recreation room of our building. After enjoying games the boys were served cake, ice cream, home made cookies, drinks and candy. All the boys join in saying "many thanks" to the wonderful mothers and fathers that contribute so much to their happiness.

Tapp 4 - It has been a nice summer with the Tapp four boys; now that every one is back from vacations and on their regular jobs every thing and every one is getting into the fall spirit. Hallowe'en is the time to look forward to this month but the boys are well taken care of by the recreation department all the time; two movies every week, to a dance and quite often a party of some kind. Ryland had a birthday party one night with several boys and their girl friends as invited guests.

J. P. went to see his mother, who has been real sick over the week end. He was very glad to see her. Joe has had company from home last week and of course that's always an occasion. We're all looking forward to Thanksgiving. Bill will go home for the day and more than likely there will be others going at that time. Oh, yes, we've had one new boy since Caswell News was written before—Jake seems to enjoy being with all the boys quite a lot.

Dawson - Hi Folks: Here we come again after a long time. Our vacation days are over, and our school has opened and of course we are all glad for we really like to go to school. We are all so proud of our new economic room. We have a new stove, refrigerator, built in cabinets and other things. Also we are glad to see our teachers back with us again. Some of us are still working in the laundry, sewing room and mending room, and all of us like our work very much. We have so much to look forward to for we have nice dances, parties and ball games. We are enjoying our new cinemascope pictures. We think the pictures are just wonderful. We are also very proud of our new electric organ that was presented to us and we thank the ones that gave it to us very much. We have a new matron in our building and we all like her very much. Since last time you heard from us, we have had two birthday parties in our building and we all had a good time. We thank the girls' mothers for refreshments and other things. We are now looking forward and planning for the Christmas holidays, and will be busy for quite awhile. This is all for now, so bye. We will be seeing you next time.

Wooten B - Girls at Wooten B had a nice time this summer going home on vacations. The ones that did not go home had a nice time here at Caswell. Two birthday parties, June's and Peggy's, were enjoyed very much with birthday cakes, ice cream, candy and many other things to make a party enjoyable. Mrs. M. V. Harlan and Mrs. Elizabeth Brown were guests at Peggy's party. Now the summer is over, and the girls are back in school. They enjoy going to the shows and dances. It is just a happy group of girls in Wooten B.

Pollock A - The boys of Pollock A are doing very nicely, most of them were transfered from Cottage six. They have grown so much their clothes are beginning to be a problem but they are enjoying the school and O.T. classes very much; also the nice movies they see every week. We are working on our sun parlor, getting some pictures and a few other things that we are proud of. We are looking forward to getting new drapes. We hope to have them by Christmas. The boys are very much thrilled about everything and are beginning to talk about Christmas. We enjoyed very much going back to our old place of worship and are very proud of our new organ. It makes beautiful music.

Cottage 2 - The girls are all back from summer vacations, and are enjoying going to school and arts and craft, they go to a movie once a week, and to the playground every Sunday. The girls all went to the circus which was a great thrill to all.

Wooten A - The girls have spent a very pleasant summer. Now we are looking forward to Hallowe'en, Thanksgiving and best to come Christmas with old Santa. We have a little new girl with us so you see Santa will have to add a few more gifts. We all like to go to Sunday School which we go to every Sunday. The recreation department shows us a nice picture every Friday, each and every one gets many thrills from these movies so, you can see we are just a happy little family.

Austin A - We the girls of Austin A are enjoying ourselves very much going to the movies twice a week and seeing some real good films. We have enjoyed birthday parties and poping pop-corn. We have our Chapel redecorated and a new organ which we enjoyed very much this past Sunday. We have one new girl in our group. We all hope she will enjoy staying with us. We have so much fun playing on the play ground, this pretty autumn weather. We are looking forward to a nice Hallowe'en party.

Cottage 4 - School has started and we are all very happy that all the girls are back. Vacation this year was a very happy occasion for each and everyone. The girls that didn't go home went on many nice outings to the pool and cliffs. We were glad to welcome eight girls from cottage two into our group, but sorry to loose some of our girls that were transferred to the Dawson Building. Christmas isn't too far off and all of us are planning and talking about our tree and Santa Claus. Hope each and every reader of this will have a very Merry Christmas and a Happy and prosperous New Year.

Kendall 2 - Our children enjoy television and getting out into the yard to play; however, some of them are beginning to think of Thanksgiving and Christmas. We hear them singing jingle bells and know Santa will remember them with lots of toys and plenty of nice things to eat.

Byrum 1 - We at Byrum one are getting along just fine. Still going into the yard to play occasionally. We are looking forward to Christmas as we hope to get lots of presents and toys. Some of the boys will go home for Christmas and those of us that remain here will have a very nice time.

Parrott 3 - We have a nice group of boys who seem to be very happy. They enjoy T.V., radio and going out in the yard. We have 32 boys that go to occupational therapy class and enjoy it very much. Most of all they enjoy going to Sunday school on Sunday. We have a few boys that can't go to chapel and Sunday school but we have prayer and read the lesson to them, so all our boys have something to look forward to.

Kendall 4 - Kendall four is proud of their girls. They are well and happy. They enjoy the fresh air and sunshine these days. Also enjoy the T.V. Several of the girls' parents came and took them out for a ride. They enjoy it so much. They are looking forward for a nice Christmas.

Austin B - We, the girls of Austin B have had a very nice summer. We really enjoyed the swimming parties, watermellon cuttings, vacation time etc., but now that summer is over and the weather is cooler, we are still one big happy family. We enjoy T.V. and going to the movies. I think what we enjoy most of all is going to Chapel on Sunday. We wish to express our sincere thanks for the organ which was given us. We think it is real nice. All of our girls went to the circus and a good time was had by all. We would like to say thanks again to all that had a hand in making it possible for us to attend. Well, guess this is all for this time, so, be seeing you again next time.

Johnson 2 - We, Johnson two girls, have really enjoyed the summer months, playing in sand boxes and being out in the yard. Since school time has come around, lots of our girls are attending O.T. classes, and some are attending advanced classes. Marie had a birthday party and was served popcorn, soft drinks and candy. We have added to our building some new drapes, roses, table cloths, and some pictures for the wall. We are happy that we have started back having our Sunday School in the auditorium where we can hear the new organ. We are very grateful to Mrs. Hurt and all who are responsible for making Sunday such a bright day. We want to thank everyone who is trying to help us through life and for a happy home at Caswell.

Cottage 7 - All the boys in Cottage seven have started back to school and enjoying it fine. We all love our new painted class room and looking forward to a big Hallowe'en party. We go to the show on Friday and we certainly enjoy the pictures shown on the nice large screen, and our T.V. also on a rainy day. We love to go to church on Sunday and hear our beautiful organ that was given us by the Greensboro club, and we certainly thank them with all our hearts.

Cottage 3 - All girls at Cottage three have returned from their vacation at home, and have settled down to their school work. Two of the girls had a birthday party, each had a cake with candles on it. We served cup cakes and ice cream. We have a new addition to our family, a little girl from Charlotte, which we are very proud to have in our cottage. She seems to be enjoying her stay with us. We are looking forward to the week of the Hallowe'en carnival.

Pollock B - A lot of our boys went home on vacation this summer but those that didn't go had a good time here as they went swimming, to ball games, to shows and all kind of recreation activities. Some of the boys here had birthday parties and oh! how they go for that cake and cream. And most of all they enjoy singing happy birthday and seeing the candles blown out. They all are talking about what they are going to do Hallowe'en for which they are dressing up. They enjoy going to Sunday school every Sunday and after lunch they all go to the playground.

McNairy - The girls have so many things to keep them busy. They go to movies, dances, bingo parties and every Sunday night they go to Chapel.

In September they went to the circus and enjoyed it very much. Now that Hollowe'en is near they are looking forward to the carnival.

Cottage 6 - There has been quite a change recently in cottage six. Our big boys have left us and we have a group of small boys. We welcome our new matron to our group and hope she will be very happy in her new work. All look forward to shows on Friday afternoon and Sunday school each Sunday morning. It will soon be Hallowe'en and the parties will be enjoyed by all attending.

Johnson 4 - Johnson four girls have had a busy and enjoyable summer. We have been shelling peas and beans, making pot holders, aprons, quilt tops, rugs, knitting, embroidering and crocheting. We have enjoyed going to the movies, out door games, books and magazines which friends have donated to us; also several birthday parties, and our regular weekly party. We also like our T.V., radio, record player and games in our day room.

Cottage 8 - We are a very healthy, happy group of boys. We enjoyed going swimming over in Kinston this summer, also to the Cliffs. Many of us went home for the summer again. Our next happy time will be the Hallowe'en party which we enjoy each year with lots of fun for all. We had a real nice time when James gave us a party with ice cream, peanuts, cookies and candy.

Cartwright - The Cartwright boys are taking lots of interest in the dances, shows, bingo parties, and are glad that they are going back to our regular chapel room which they think that it looks lot nicer. The ball players have just finished soft ball play for this year and are just going into basketball season. They are looking forward to a real good season.

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The Caswell Story

"The Caswell Story" is a new 15 minute 16 mm. color film about Caswell. This film has been made possible through the generosity of the Junior Woman's Clubs of North Carolina. It was filmed on the campus by the Double S Studies of Charlotte. The film tells of the admission of a pupil to Caswell and follows her until she becomes a part of the school's training department. From then on the picture shows many of the campus activities that are available to the boys and girls as well as the many facilities of the school which provide the every day necessities for and care of pupils and patients. This film is available for civic and church groups who wish to know more about their state institution for the mentally retarded. Anyone who is so interested is asked to contact Mrs. Jean M. Hurt, director of public relations, for a booking date. It has already been spoken for by a number of groups.

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Parents and Friends Association

On September 16th the State convention of the Parents and Friends Association met at the Wake County Board of Education Building in Raleigh. Dr. Richard D. Masland, Research Director for the National Association of Retarded Children was the principal speaker. The film, "A Light to My Path", which deals with the activities of the McDonald Training Center of Tampa, Florida, was shown. Dr. James W. Murdoch, General Superintendent was present and explained the progress of the building program at Butner and Goldsboro. Election of officers was part of the business of the afternoon. Mr. Taylor Kennerly of High Point is president-elect for the coming year and Mrs. L. B. Bryant is the incoming president.

On Saturday evening the annual business session of the executive board met at a dinner meeting in the Carolina Hotel in Raleigh.

National Retarded Childrens' Week will be held from November 11th through 22nd. Caswell is cooperating with the local Parents and Friends Association in planning for this week. On Sunday, November 11th, at 5:30 p.m., the film "The Caswell Story", will be shown on WITN. Other radio and television programs are being planned.

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The annual State Institutional Holstein sale was held at the fairgrounds in Raleigh on September 6th. Caswell entered nine cattle and these averaged $406. The cow that brought top price of $590 was one of Caswell's entry. Credit for the good showing of our stock goes to A. J. Oliver, dairy manager, and Jack Smith. Credit also is due the Caswell boys who care for the school's dairy herd.

Bids were received for a new deep well. It will have a minimum depth of 600 feet and supply 750 gallons of water per minute.

The abundant ensillage crop from Caswell's farm has made it necessary to construct another silo. This will add another 130 tons to the present 750 ton capacity.

During the summer the pupils' and patients' dining room was supplied with fresh vegetables from the campus gardens. The surplus of vegetables were processed in Caswell's cannery.

Recent improvements have been made in the laundry, a new 58" extractor has been installed as well as a three operator shirt press unit.

STAFF NEWS

(From page 3)

Two representatives of the State Personnel Dept. of Raleigh, Messrs. Jones and Caldwell spent a few days at the institution during August. They were working towards the plan to include Caswell employees under the State Personnel Division.

Mrs. Elba Dyer, chief psychiatric social worker from the mental hygiene clinic in Fayetteville spent a day at Caswell. She was interested in the training program.

Mrs. John C. Hood, Jr., state chairman of the Caswell committee of the Junior Woman's Club, and Mrs. M. S. Williams from Black Mountain Junior Woman's Club, spent a day at Caswell.

Dr. Keith Holmes, professor in the education department at East Carolina College, is working with Mr. Gareth D. Thorne, director of training to set up a pilot study in new methods of teaching reading to the mentally retarded. This is a joint project planned by East Carolina College and Caswell.

Mr. John Umstead, Chairman of the Hospitals Board of Control and Dr. James W. Murdoch, General Superintendent, have been frequent visitors on the campus.

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The CASWELL NEWS

The Caswell Training School - Kinston, North Carolina

No Less Precious

No Less Precious is the child
Who speaks in a halting voice
Who walks with a slower tread,
Whose hand must always rest in yours
Whose eyes your eyes must be.

No Less Precious is the child
Who will always look to you for sustenance
Who will always trust your guiding hand,
Whose greatest need is an encouraging smile
Whose constant supplication is for loving care.

No Less Precious is the child
For in the sight of God it matters not
That his mind is slow and his body bent.
It matters only that he loves and is loved.

Pearl L. Adkins,
Caswell Training School

JANUARY, 1957

Volume XXII

Number I

The Caswell News

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Published quarterly for the benefit of Caswell Training School and for the information of the citizens of North Carolina.

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A MESSAGE . . . . .

At the turning of the old year into the new I should like to take this opportunity to say how proud I am of the achievements of all the departments of Caswell Training School, which, I am confident, will be continued into the year 1957. Our accomplishments and problems were shared and equally borne by all members of the staff who gave of their best at all time in their duties and responsibilities. Every visitor to Caswell has been greatly impressed by the friendliness, clanliness and beauty of our campus. The recently renovated color schemes in the school building and in the boys' and girls' colonies have been particularly singled out for their cheerfulness and stimulation on our children and staff alike. During the past year members of our professional staff and employees have expressed many a good idea which is now being benefitted and enjoyed by our pupils. Through their devotion to duty and willingness to cooperate, they, themselves, have risen in stature, gained confidence and risen in self-expression. I should like to admit quite frankly that all of you have been a great source of strength and assistance to me in my daily duties coupled with a cordiality which has been and still is most heart-warming and sincerely appreciated. May I express my deepfelt thanks to all the various departments for having been a constant inspiration to me, as well as to the doctors, nurses, office staff and attendants who have been greatly instrumental in our success and progress. I am convinced that the year of 1957 will see Caswell Training School become one of the most outstanding and respected schools in the United States, for our philosophy is one of progressive leadership and our aim is to do still better. As I bring my message to a close, I would like to express my appreciation and respect to Dr. James Murdoch, General Superintendent, of the North Carolina Hospitals Board of Control, who has been a wonderful friend and adviser to Caswell at all times.

Frederick E. Kratter, M.B., D.P.M.
Acting Superintendent

To the Junior Woman's Clubs

As one travels about the campus of Caswell Training School and visits the various buildings, one sees evidence everywhere of the generosity, the kindness, the interest and the thoughtfulness of the numerous Junior Woman's Clubs of North Carolina. From every section and corner of North Carolina have come gifts in the form of money, equipment and personal presents for the individual pupil or patient. Playground equipment, the flagpole and flag, the portable bowling alley, the orthopedic walker, draperies, lamps in various buildings, pictures, hymnals, choir robes, the generous contribution which made the purchase of the organ possible, the tape recorder, record player and records and magazines are only part of what these active and energetic Clubs have done. The greatest and most beneficial gift was the filming of "THE CASWELL STORY". This, we say, is the most beneficial because it is reaching out into the highways and byways of North Carolina, telling the realistic story of Caswell and portraying what can and is being done for the defective child. During the past year, the Junior Woman's Clubs have contributed $4,544.56 in cash, some of which was used in purchasing part of the above items. However, there is no way in estimating in money the numerous other gifts including toys, candy, clothing and individual gifts which have been given to the pupils and patients. The personal interest, time and energy given by the women can also never be measured by any monetary means. There are around 100 individuals at Caswell for whom Christmas gifts must be planned. For many of these pupils and patients, Christmas was made an extra merry and happy one; in fact, it was considered the best Christmas Caswell has ever experienced. In this issue of CASWELL NEWS we want to pay tribute to and express our deepest gratitude to the North Carolina Junior Woman's Clubs. The greatest tribute that can be paid to these Clubs comes from the hearts of the pupils and patients. Though they do not have the medium through which to express their personal appreciation, their gratitude is tacitly expressed through the enjoyment, the pleasure and the

STAFF NEWS . . .

Dr. F. E. Kratter, acting superintendent, accompanied by his wife and Miss Pearl L. Adkins, Director of Social Service attended the southeastern regional conference of the American Public Welfare Association in conjunction with the annual North Carolina Public Welfare Institute which was held in Asheville October 3, 4, 5.

Dr. Fulghum, Dr. Robert Whitener, and Dr. James Lamm were the three resident psychiatrists during the last quarter.

Mr. John B. Umstead, Chairman of the Hospital Boards of Control, and Dr. James W. Murdoch, General Superintendent, have been frequent visitors on the campus. Mr. Roy M. Purser, general business manager, has also made several trips to Caswell.

All of the Caswell academic teachers, William J. Waters, principal, Mrs. Owens, librarian, Mr. Wise, director of Vocational Training attended the S. E. district meeting of the N. C. E. A. at East Carolina College in October.

Caswell continued its 4 day orientation program for the medical students from Chapel Hill.

In October Miss Pearl Adkins, Director of Social Service, and Miss Margaret Lane, Assistant Director attended the workshop of the North Carolina Conference for Social Work in Raleigh.

The medical department has recently acquired the services of Mrs. Hattie Lou (Frank) Shackleford who is a native of Lenoir County. She was educated at Wheat Swamp High School and her nurse's training was taken at Lenoir Memorial Hospital where she served in relief and private duty nursing.

In Raleigh during November Mr. S. H. Stroud attended a joint meeting of the business managers of all the state institutions. They met with the Director of the Division of Purchase and Contract relative to procedure and methods of purchasing meats for various institutions. Mr. Stroud also attended the State Dairy Institutional Breeding and Testing program at State College.

Mr. Waylon Bissette, recreation director, attended the North Carolina Recreation Association meeting in Raleigh during November. Mr. Bissette took part in one of the discussion groups.

Mrs. Jean Hurt, public relations director, presented the "Caswell Story," a film, to the Rocky Mount Junior Woman's Club. Mrs. Hurt also spoke at a D. A. R. meeting in Kinston.

The 8th annual conference on the Education of Exceptional Children was held at the Sir Walter Hotel in Raleigh on November 29 to December 1. Attending from Caswell were Gareth D. Thorn, Daniel Wise, William J. Waters and Jack Howard. Mr. Thorne appeared on a panel on "Mobilizing Community Resources for Vocational and Community Adjustment of the Mentally Retarded."

Dr. Frederick E. Kratter, Mrs. May Stroud and Mrs. Jean M. Hurt visited Butner State Hospital the first part of December.

Mrs. Barbara Howard, Director of Occupational Therepy visited State College to confer with a member of the Art department on ceramics.

The North Carolina State Employees Association met in the recreational building in October. Mr. M. H. Byrum and Mr. Clifton Beckwith from Raleigh were the guest speakers.

Caswell employees had a Halloween party in the recreation building. Families of all employees were invited to attend.

Mr. Charles O. Willis, principal of the academic school at Lynchburg, Virginia State Training School for Mental Deficiency and Mrs. Caress W. Morgan, Chaplain of the same institution visited the campus.

Dr. J. H. Harris, Dr. Faith Ogden, psychiatrists from Chapel Hill and Miss Bernice Crumpacker, psychiatric social worker from Butner interviewed members of the staff relative to a survey concerning emotionally disturbed children.

Robert Mines, psychologist at Dix Hill, a teacher and 2 nurses were at Caswell. Also Dr. Harry R. Chamberlin and Sidney Chipman from Chapel Hill School of Medicine spent some time at the school.

The sophomore class of Chinquapin High School made a tour of the institution.

Members of the Wilkesboro, Fremont, Rocky Mount, Oxford, and Winston-Salem Junior Woman's Clubs visited Caswell the first week of December.

Dr. Ignace Goldberg of New York City, educational consultant for the National Association of Retarded Children, Inc. spent a day at Caswell. He is making a tour of all private and state institutions and public schools that train the mentally retarded. It was his opinion that the training facilities at Caswell rank among the highest in the country.

Dr. Harold Carter from State College and a class of graduate students in psychology and special education observed academic classes on Wednesday.

Miss Myra Maxwell, director at the Wilson School of Nurses brought a class of student nurses to Caswell.

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happiness that has come through the generosity and the interest which these Clubs have shown. Every staff member and every pupil and patient extend to all Junior Woman's Clubs their heartfelt and sincere thanks for all the Clubs have done and are continuing to do. May these good deeds return hundredfold to each and every member of the Junior Woman's Club during the year, 1957.

"The Caswell Story"

Has been seen by the Jaycees, Salvation Army Auxiliary, Lioness Auxiliary, D. A. R. and Prince of Peace Lutheran Church Missionary Society in Kinston. Out of town bookings included High Point, Fallston, Ahoskie, Fremont, Charlotte, Clayton, Garner, Oxford, Windsor, Greensboro, Boiling Springs and Rocky Mount. It was shown over WITN and WNCT in November.

TRAINING DEPARTMENT

The training department is always happy to announce with each edition of CASWELL NEWS the continuing progress made through efforts of its staff and in conjunction with other departments throughout the institution. We are pleased to report the opening of a new, completely equipped beauty salon and the addition of a licensed beautician, Mrs. Rose Newsome, to the staff of the training department. The beauty salon has been superbly constructed and outfitted through the efforts of the business manager, Mr. Speight Stroud. The addition of this facility will greatly enhance the attractiveness of our girls, stimulate interest in personal grooming, and provide excellent vocational training for certain girls interested in learning the work of a beautician's assistant. A beautiful school flag has been created by Mrs. Jack Howard, Director of the occupational therapy department. This is the first flag that has been created for Caswell and we are certain the children will be both delighted and proud of it as is the staff. An advanced home economic's program under the direction of Mrs. Margaret Elliott is in the process of being developed. The new program involves training in the institutional kitchen facilities and should broaden the scope of training for advanced girl students considerably. The training department is preparing, under the direction of Mr. Jack Howard, a series of television programs which will tell the story of Caswell, its purpose and function as a state school. The program will be broadcast over WITN, channel 7 the last Sunday of each month. As far as can be learned it will be the first series of T. V. programs centered about a state school for exceptional children to be broadcast in the United States. A broad research program has been outlined in conjunction with Dr. Keith Holmes, Professor of Education at East Carolina College. The research project involves an entirely new method of approaching the reading and communication problem with retarded children and is the result of several years preliminary study and research by Dr. Holmes. It is hoped that the initial three year pilot study can be conducted at Caswell. A considerable outlay of funds from federal grants and other sources will be necessary, however, before the project can be realized.

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ACADEMIC SCHOOL

In the October issue of The Caswell News under the Academic section there was a sentence in the last paragraph that read something like this, "Though progress has been made within the Academic Area we are not satisfied." Though many dreams of the department had become realities when the last issue went to press, we found ourselves still in need of more and even better equipment and materials to adequately train our children. Since October the department has acquired two most necessary pieces of equipment. We now have a typewriter which is most beneficial to us in preparing unit outline and other reading material. Also a duplicating machine has recently been added to our equipment. All teachers within the area have learned to operate this machine and find it most helpful for making materials (unit and otherwise) for use within the various classrooms. Besides the equipment acquired, we now have a set of Childcraft in our area. These are most helpful in teaching the various units of instruction. Already they have been used enough to justify the purchase of the set and teachers will use them more and more as time goes on. November and December were busy months for the Academic Department. Along with the regular academic work, all persons were making plans for the Christmas program to be presented just before the Christmas holidays. With concerted efforts on the part of all persons the program was ultimately most successful. The program itself tied in perfectly with the unit of work on Christmas preceding the holidays. Mrs. Oettinger with music, Mrs. Nunn with art and Mrs. Owens with library responsibilities, all helped to make the pre-Christmas experience for the child a broad and more meaningful one. The students within the Academic Area received for the first time in several years an individual report card in November. The cards were interpreted for the children so that they might know something of their individual progress. Much student enthusiasm was aroused through this medium and we feel will add to students incentive considerable. Already the students are curious to know when they will receive another report card. Plans are now underway for utilizing a room over the central dining room for unit materials. This will make more room in the library and at the same time provide a place where unit materials might be organized and displayed in such a way that they will be more accessible to the various teachers. Also space will possibly be available for all professional books. This will mean that the staff will not be as likely to conflict with the student library schedules.

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RECREATION

Halloween and Christmas have high lighted the activities in the recreation department during the last three months. For Halloween the recreation building was decorated in gay colors and corn stalks. There were several events carried on at the same time to add enjoyment to the festivities: bingo, apple bobbing, howling, weight guessing, weight lifting and cake walks were all part of the program. The most original and interesting event was the house of horrors which was most realistic.

Christmas was a really exciting time and one of the best if not the best that Caswell has experienced. To this department is delegated the responsibility of seeing that each child has a package on Christmas morning. The gymnasium looked like Santa's shop at the North Pole when all the various packages and gifts arrived from the various organizations which so generously contributed. About 700 pupils and patients had to have gifts planned for them. Each living unit was furnished with a tree and decorations and many of the cottage parents went to extra work and expense to beautify the building. Santa paid a visit in a bright shiny convertible. On the playground he distributed candy to every pupil and

patient able to travel to the play ground. He also visited the colony and hospital buildings for those children who were unable to go to the play grounds. The department also took many bus loads of children into the city of Kinston to see the bright lights and gay Christmas decorations. Many of these children would never see such decorations otherwise. Christmas was indeed a happy time at Caswell.

Occupational Therapy

One of the recent highlights in the activities of this department was a sale of articles made by the students. This sale, conducted at one of Kinston's leading department stores, was very successful. Participating in National Retarded Children's Week, the Occupational Therapy Department set up two window displays in down town Kinston. The displays appeared to provoke much interest. Two new class rooms have been added to the Occupational Therapy Department. These rooms, one located in Byrum and one in Johnson living units will be used by students living in the Colony wards. The addition of the new class rooms will enable many students to participate in occupational therapy activities for the first time. Beginning the first of December students in Occupational Therapy Department began preparations for the Christmas holiday. The manger scene was set-up outside the academic school building. Many decorations were made for the hospital and living unit. Every student participating in Occupational Therapy made at least one decoration for his living unit. Following the Christmas Pageant, presented by the music department a display of craft articles was shown. This display was enthusiastically received and many articles were sold.

Social Service Department

The Social Service Department is working in close cooperation with the Director of vocations and rehabilitation of the Training Department to stimulate and augment the rehabilitation of those students who have been trained and are now ready for a trial on placement. The day-work placement in homes in and near Kinston is being encouraged. Boys and girls are permitted to work for the day in approved homes. An investigation is made of each request and the employer must call for and return the student. The next step in the student's progress is to be placed in a home on a permanent living-in basis. Interest in this program was stimulated and augmented by the recent television program. At present, there are three boys and girls on the day-to-day program and seven girls on the living-in basis. All these are supervised by the school.

Six hundred eleven children had the happy experience of going on a visit to their homes at Christmas time. This is a record number and each year more children have. Parents cooperated in returning most of the pupils and patients on the scheduled date. The plans and arrangements for the vacations are a joint project between the Social Service, Cottage-Life and Medical Departments. The approvals through interviews and letters are handled by the Social Service Department. The Cottage-Life Department's responsibility is to receive the relatives and to have the children ready and their clothes packed. The Medical Department examines and checks out each child.

During the last quarter, there were only twenty-nine admissions to Caswell. The waiting list continues to increase and as of January, there were 733 applications on the waiting list. The population of the school as of January 1, 1957 is 1844 pupils and patients.

Religious Education Department

The Christmas Season always has a special significance in the religious education department. The outdoor Nativity Scene was installed and lighted for several nights before Christmas. Thru filmstrips and film at the Chapel and Vesper hours for three Sundays in December an attempt was made to stress the real meaning of Christmas. Filmstrips used were "The Other Wise Man" and "The Lost Little Angel." The film shown on Christmas Sunday was "The Greatest Gift." A brief mimeographed service to be held at the close of the Christmas Days' activities was prepared and sent to each building.

The High Point Junior Woman's Club donated 100 hymnals for the church services. These will be supplemented, after the first of the year, by an additional 110 to be given by another club. The old hymn books have been sent to some of the buildings for use with the Sunday School lessons and for hymn sings.

JOTTINGS FROM THE DORMITORY

Cottage 2

Cottage 2 girls have had two parties which were enjoyed by all. One was a birthday party given for Lauren by her father. Christmas time was a very happy time for all, now everyone is back from a little vacation at home, and they are happy to be in school again.

Cottage 4

All the girls are back from Christmas vacations. Those who didn't go home had a wonderful time here, going to parties, movies, visiting other buildings. We took a sight seeing trip over to Kinston and saw the beautiful Christmas decorations. The girls are really enthused over the opening of our new beauty parlor. A few girls have gotten their permanents. The others are patiently waiting their turn. At present, they are talking and planning for Valentine and Easter.

Cottage 5

The boys in Cottage 5 had such a wonderful Christmas. Some of our boys went home. There were 13 boys that did not go home but they had a wonderful Christmas here. Old Santa came with lots of toys and nice clothes. Mr. Bissette took the boys to see the Christmas lights and decorations in Kinston. All the boys are back from vacation. They are so happy to be back in school.

We have one new boy William added to our cottage.

Cottage 7

All of our boys have returned from Christmas vacation. We were a little bit homesick for a few days. But things have settled back to normal again. Those of us who did not go home enjoyed a wonderful Christmas at Caswell. We wish to thank Billy's uncle for the fruits, candies, and cakes which we enjoyed so much. Also our thanks to Bobby's mother for the big box of candy. We were all glad to see our boys come back from vacation and everyone is happy to be together again.

Cottage 8

We are all happy to be back in our cottage from our Christmas vacation, we had a real good time at home. Santa was good to all of us, and did not forget the boys that did not go home. And, oh, we are still enjoying some of our Christmas candy while watching T.V. We all share our toys and games together. We are glad to be back in school and look forward to getting our report cards. Our cottage parents were real proud of our reports last month. We enjoy going to the movies every week, and especially services every Sunday morning. We sincerely hope that everyone is happy as we are in our cottage and with our cottage parents.

Austin A

All of us girls of Austin A did really enjoy our Christmas holiday. We had a good time getting the girls off home for vacation and we sure did miss them all. But we were so glad that they got the chance to go. We all know that we are good girls because Santa Claus came to see us all. We have really enjoyed looking at all the new things each and everyone got for Christmas. They were all so pretty. Thanks for all the nice things everyone has done for us. We are all very proud of our new coat racks that were made for us; now we don't have any trouble hanging our coats up.

Austin B

All the girls of Austin B had a very nice Christmas. Some of our girls went home to spend the holidays, while the rest had an enjoyable Christmas here at Caswell. The girls that didn't go home took a trip to town to see the Christmas lights. They enjoyed all the things that were planned to make the holiday a happy one, but most of all they enjoyed seeing Santa when he came to Caswell in the parade. Santa was real nice to us this year. He brought us lots of nice things to wear and some fruit, candy, nuts and gum. We sure did enjoy the Christmas dinner - Turkey with all the trimmings. Our thanks go to Mrs. Stroud and all her employees for the good eats. Our thanks also to all that had a part in making our Christmas a happy one. Our tree was so pretty. Well, we've started another New Year and everyone is doing her share making Caswell a nice place to live. Well, so long for this time. Be seeing you again.

Wooten A

The little Wooten A girls have returned from Christmas vacation. They had a very nice Christmas, although we were glad to get back home to be with the ones that didn't go on vacation and see what old Santa brought them. The ones who didn't go on vacation had a nice Christmas with the dolls, horns, balls, tea-sets, nuts, fruits and candy of all kinds. We were all very happy. Carrie and Myrtle received rocking chairs for presents and they are really enjoying them. Now we are starting a New Year and we are going to try and make it even more happier than we were in '56. Wishing each and everyone a Happy New Year.

Johnson 2

We, the girls of Johnson 2 are very happy and content at the present time. What with Christmas just passed and old Santa was so good to us this year. We have so very many toys, books and games with which to play. Our building looks so much prettier since it has been painted and our benches are painted different colors. It helps the appearance of our building quite a bit. Christmas was such a pleasant time. Twenty-four of our girls went home and we hope they had as nice a time as we did. 1956 was such a nice year. We hope 1957 will be as nice. We would like to take this opportunity to thank each and everyone who helped in making the past year so pleasant and to wish all of you a Happy and Prosperous New Year.

Pollock A

The Pollock A boys are back from Christmas vacation. Santa Claus was very good to everyone at Caswell this year, with presents and candy. Everyone really enjoyed Christmas this year whether he went home or not. All the boys that went home for Christmas were glad to come back to Caswell to be with their cottage parents and playmates. Parents who visited Pollock A right away noticed the newly painted building, and complimented the way it was arranged for Christmas. We wish to thank the parents who donated money toward getting new drapes for the sun parlor, which we hope to have up in the next couple of weeks. We wish to also thank the recreation department for putting slides and bars in our yard for the boys to add to their enjoyment for they certainly are enjoying and using them.

Dawson

"Hi Everybody" - Time to let you hear from us again from Caswell. Much has happened and glad to say it has been good. Some of the girls went home for Thanksgiving but the ones left here had a good dinner with all the trimmings. After dinner there was plenty of entertainment to enjoy. School has started, and this year they are getting report cards and of course are so proud of it. We are still enjoying our television, also our record player. Now we are looking forward to Valentine day and more fun. Well, guess this is all for this time, so goodbye - will write you again soon.

McNairy

Christmas at McNairy was a busy but happy season. Many went home to be with their families. Most have returned and reported wonderful happy days at home. Those who remained at Caswell had a very happy holiday season. Everyone enjoyed the very lovely Christmas pageant by the school; Santa's visit; the visits to see the other buildings; a ride over to town to see the Christmas

lights; movies, dances and the Christmas Story by our religious director, Mrs. Hurt. On Christmas morning what a beautiful sight in our living room! Santa had been here, and remembered everyone; last but not least a wonderful dinner of turkey and all the trimmings. Now we are back with our classes and regular work and like it. But we wish to thank everyone who helped to give us such a wonderful season of happiness.

Tapp 1

Here we are all back from vacation and back in school having the time of our lives. Some did not go home for Christmas but had a wonderful time at Caswell. We want to thank the ones that made it possible for us to have our swings and slides back of our building. We do enjoy them so much. Santa was real good to all of us and we hope that he was good to all the others at Caswell.

Tapp 2

All our boys except 15 went home for Christmas and those who stayed here received nice presents including fruit, nuts and candy. We are planting some potted plants in our building and have a new fish bowl and fish. This week grass was sown around the building to beautify our surroundings. Playground equipment including slide, see-saws, swings, merry-go-round were put up behind the building and the boys are more than happy to use this.

Tapp 3

The boys have returned from spending the Christmas holidays at home and all report a wonderful time. We appreciate the nice card table given us by the Auxiliary of Saint John's Church of Battleboro. David celebrated his birthday December the 12th by inviting his friends to share his beautiful large birthday cake with plenty of ice cream, nuts and candy. We are beginning to look forward to Spring when we can spend more time out doors and the boys enjoy the new swings, slide and merry-go-round recently installed in our back yard.

C. C. Hospital 1 and 2

Last year, 1956, was a good year for students and patients at C. C. Hospital. We had parties, (birthday, Valentine, Easter, Halloween, Christmas and other special days), weiner roast with all the trimmings, summer vacations, new clothes, new toys, visitors, but you can't expect a boy or girl to remember all the good things at the end of the year after Santa has been, so in short, a good year. We are grateful to all who helped make it this for us. Look out! we have "high" hopes and plans for this year. Best wishes to all for 1957.

Cottage 3

Christmas was a most happy time for the little girls in Cottage 3. Most of them went home for the Holidays, but Old Santa didn't forget the ones at Caswell. Lots of toys, and gifts, were left for each child. We are very grateful to Dr. and Mrs. Baucum, for the lovely record player they gave us. All of our little girls are back from their holiday, and everyone is enjoying the nice things Santa left them.

Wooten B

All girls of Wooten B had a nice Christmas and all who went home for Christmas are back but Rebecca and we hope she will soon be with us. All who did not go home had a nice time here at Caswell looking at their presents Old Santy left for them. We want to thank June's mother for costume jewelry she gave all the Wooten B girls and for the basket of fruit given to Wooten B girls by a friend.

Tapp 4

It has been such an interesting time for all of us at Tapp 4 for the past few weeks! Before we were over enjoying Thanksgiving with all the extra that season calls for, Christmas was here. The excitement of the boys each day as they came in asking, "Have I had a letter today? Am I going home and when are you going to pack my suitcase?" If they were not going home the packages coming in were all important, and they surely came in! Those who stayed went to town to see the Christmas decorations at Caswell, every unit was perfectly beautiful. We think every one is glad that vacations are over and the New Year begun. Our Religious Director had such interesting lessons all thru the holidays, we all enjoyed that. Now Walter, Grady, Rufus, and Sam all say they're glad to be back, but they're going back this summer and the boys were all pleased with their Christmas gifts.

Pollock B

All the boys have returned from their Christmas vacation. They all said they had a good time, but they all seem to be very happy to get back with their friends. All of them that didn't go home had a good time here. We want to thank the Recreation Department for the different entertainment they gave the boys. They all went to town to see the Christmas decorations which they all enjoyed very much.

Byrum 1

We at Byrum 1 had a wonderful Christmas together. Some of the children went home for two weeks, but those who stayed had a good time. We had the place fixed up pretty. The children got a lot of presents, and really enjoyed themselves. All are happy and well, until next time, we hope you all had a very nice Christmas. We have had our building painted real pretty. The sun parlor is painted blue and the bed room is painted orange.

Byrum 2

Byrum 2 boys are a very happy group of little boys these days. Most of them went home for Christmas. Now that they have returned they all are having a wonderful time playing with their toys and balls that Old Santa brought them. They are also enjoying eating candy and fruit. It is remarkable how bright benches and pretty colorful walls help the spirits of all who live and work in our Colony Groups. You will look a long way to find a happier group than Byrum 2!

Byrum 3

The boys of Byrum 3 had a Merry, Merry Christmas and a happy New Year. Some of the boys went home for the holidays to spend Christmas with their parents. The boys who did not go home, had a fine time because Old Saint Nick was good to all of them. They got all kinds of

fruit and candy, and pretty clothes, and on top of that they had a wonderful dinner, and they wished and hoped that everybody had a happy holiday.

Byrum 4

We Byrum 4 boys are getting along fine, having lots of fun with our new toys. We had a real nice Christmas. Our building was decorated and we had a great big Christmas tree. We had open house and was very proud of our building. Some went home for vacation but to those who didn't go, Santa Claus was real good. There were plenty of toys and good things to eat. John's grandmother gave us a big party. Everyone enjoyed it so much. We hope to have many more. We have just had our building painted different colors, and think it is real nice. We are waiting for spring to come so we can get out into the yard more. We sure enjoy being out to see the cars and trains pass.

Parrott 1

Well the holidays are over but the boys sure did enjoy their Christmas. They liked their fruits, candies, and toys so much. It sure was thrilling to see them playing with dolls, balls and other things. Guess we all are looking forward to spring so we can get out in the yard and play in the warm sunshine again and enjoy it so much.

Parrott 2

Well Christmas is over and everyone in Parrott 2 is back to normal. All of our boys are back from the Christmas holidays and they say they had a fine time. The boys who didn't go home had a good time also. I think everyone enjoyed helping with the Christmas decorations as much as they did when they received their gifts Christmas morning. Christmas dinner with Turkey and all the trimmings went over big. With the New Year here we are all trying our best to make it the best one yet.

Parrott 3

The boys of Parott 3 had a very nice Christmas. Some of the boys went home to spend the Holidays with their parents, while the others enjoyed themselves here at Caswell. The boys enjoyed all of the activities that were planned for them. They enjoyed the Christmas party very much and also the visit from Santa Claus when he came to Caswell in the parade. We had a pretty Christmas tree. The boys got lots of nice things. Carl's mother gave us four pictures to hang on our wall. We like them very much. Everette's daddy gave us some candy and tobacco. It was enjoyed by all. Our thanks go to both of them for making our Christmas brighter. A good Christmas dinner, turkey with all the trimmings, was enjoyed by everyone. Well, we're starting on another New Year and we're looking forward to the spring when it gets warm enough to stay out in the sun. So long for this time. Be seeing you again in your next issue.

Parrott 4

Most of the boys who were home for the Christmas vacation have returned to the building. All enjoyed themselves and had a big time. The ones who stayed here enjoyed the Christmas tree and their packages. We have some new chairs and the boys like to rock in them. We have some new pictures on the wall, and are expecting to have the building painted soon. The boys have some balls they got for Christmas. They enjoy playing with them.

Kendall 2

Our children had a wonderful Christmas. They enjoyed all the dolls and toys that Santa brought to them. We also had a beautiful Christmas tree. They enjoyed TV and Santa. We all enjoyed decorating it for them. Some sang Jingle Bells and we were all a happy little family. We thank the Lord and all the kind people for helping make a nice Christmas for the children. We hope everyone had a Happy New Year.

Kendall 4

Kendall 4 is very glad to say their girls are well and happy. We are proud of our children. They all had a Merry Christmas. Several of the girls went home. Some of our girls received rocking chairs and other gifts. They really enjoy their chairs. They look forward every day to play with their dolls and balls. They also enjoy the T.V.

Kendall 1

All the girls had a wonderful Christmas. Our ward was decorated with a 7 foot tree and a small one. Each had plenty of pretty things on it. We had the walls and a box under the small tree covered with pretty Christmas cards, and old Santa took his place close to the fire place. Everyone got something for Christmas and those who didn't get anything from home were cared for by friends of the school. Everyone had a wonderful time. They had plenty to eat, new dolls to play with and everyone was very happy. Thanks to everyone for making Christmas so nice.

Johnson 3

Everyone in Johnson 3 worked hard and was filled with excitement as Christmas drew near and the girls looked forward to Santa coming. We had several girls to go home for the holidays and those who didn't go had a very nice Christmas at Caswell. Now with our girls back from home again we are settled and looking forward to having a happy and prosperous 1957.

Cottage 6

Most of the little boys in Cottage 6 went home for Christmas. The few who were left really enjoyed their toys, candy and fruit. The boys liked the circus designs in the curtains that Bucky's mother gave Cottage 6. Never have we seen boys enjoy pop corn any more than our little boys do in Cottage 6. Since they received two nice poppers from a club that Bucky's mother belongs to. When Joe came back from his vacation he brought two pretty pot plants, which we all enjoy.

Johnson 4

The girls of Johnson 4 have enjoyed a very nice Christmas. Some with vacations attached, while others had visits here from relatives and friends. They received many lovely and useful gifts plus fruits and confections. No one was "left out". Every one had a pleasant day to remember; complete with tree and a beautifully decorated building, also a good yule-tide dinner. Now they stand at the threshold of the New Year with many pleasant surprises to look forward to, and they all enjoy looking forward to delightful "things-to-be."

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

SPRING AT CASWELL

Spring has come to Caswell.
Nature unfolds its precious gift of life;
The trees spread wide their shadows;
The flowers blossom forth in riotous colors;
The fields are ready for the seed.

Spring has come to Caswell.
The children laugh and shout with glee;
The young men and the maidens work and play.
Upon the threshold of life each stands waiting;
Waiting for that precious gift of love and understanding.

Spring has come to Caswell.
Hope is being born anew,
The promise of fulfillment spreads across the campus.
Caswell's children will no longer stand awaiting,
For the seeds of love and understanding have been sown.

Pearl L. Adkins

April, 1957

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TO COTTAGE PARENTS

In every large organization, there are many people who never seem to have due honor and recognition and yet those persons are most essential because without them, the smooth and efficient operation of the organization could never be effected. In an institution like Caswell Training School where there are over 500 employees, it is impossible to single out each person to give him the recognition that to him is due. The largest and in some respects the most important department at Caswell Training School is the cottage life in which there are over 200 employees. The cottage parents are a vital and necessary integral part. No school like Caswell could ever operate without the hard and patient work and cooperation of this group. Much of the success of an institution depends upon the interest, the cooperation and the loyalty of the house parents. If they are not a close-knit, well-oriented and well-integrated group, devoted to their daily tasks in the care of the children and their surroundings, much of the effort and plans made by the directors is to no avail. The cottage parents at Caswell are an exceptional group who have given unselfishly of their time, effort and patience and in many instances have given "over and beyond the call of duty". Their kind and humane interest in and feeling for the pupils and patients are reflected in the (pupils' and patients') liking for and devotion to the cottage parents and every effort is made on the parent's part to make his building "a home away from home". Each day brings its myriad tasks and details and no two days are ever the same. As a rule, the average person does not realize the infinite amount of patience that the house parent must bring to his work, plus the complete acceptance of the retarded child's many limitations. Many parents of the children have and continue to comment on the love, tenderness, kindness and understanding that the cottage parents continually show for those entrusted to their care. Some of the cottage parents have given long years of service to Caswell and some are comparatively new. It is very doubtful that in any other institution one could find a more loyal and devoted group of workers. In this issue of CASWELL NEWS, we want to say to all the cottage parents many, many thanks to you for the splendid contribution you make toward the operation of Caswell Training School. You are a vital and necessary part of the entire framework of the school. Without your service and good work, Caswell could never progress to what it is today. Caswell will always look to you for your excellent cooperation and the devotion in caring for the pupils and patients. Parents will also continually look to you as someone very special to whom they have entrusted a very precious part of their life.

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Editor's Note:

In this issue of Caswell News the progress reports for 1956 of all the various departments is being featured. These reports have all been edited and some of them condensed but the important facts and information have been retained.

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SUPERINTENDENT'S REPORT

The report of the Acting Superintendent and those attached to it, have been written in response to a request made by Mr. H. W. Kendall, a member of the Hospital Board of Control. After perusal of these documents one will see how each area of the School has steadily grown both in quality and stature for the benefit of the retarded child. I believe that many valuable contributions have been made during the past year which are going to enrich and further the medico-clinical, administrative, social, rehabilitative, training, educational, and research programs of the institution for some time to come.

The close team work, cooperation and similarity of views have considerably helped our progressive projects to materialize more rapidly than had orginally been anticipated. The school as a whole has made particular strides in the fields of clinical diagnosis, research, publication of professional papers, training and educational methods, and administration.

In July of 1956, diagnostic clinical sessions were introduced which are now being held once, occasionally twice a week. The latter are ably assisted by a clinical psychologist and attended by members of the nursing and medical staffs, director of training, medical students and others. During

these clinical conferences all new admissions are studied, diagnosed and classified and in addition 251 pupils out of some 400 undiagnosed cases have been expertly evaluated, giving full consideration to the neurological, psychiatric and clinical aspects of each case. Many a child resident for years at the school, has been diagnosed as suffering from an organic nervous disease, requiring special hospital care and treatment, others as showing signs of psychosis rather than mental retardation, requiring immediate transfer to a mental hospital for psychiatric therapy. The clinical work is greatly assisted by the two monthly visits of a consulting neurologist who finally discusses each neurological case individually with the writer.

In order to implement the modern principles of therapy of severely retarded children, two brightly decorated occupational therapy departments have been created in the boys and girls colonies, one on either side, equipped with special slides, cupboards and furniture designed for the practice of play techniques, sensory motor training and the pursuit of happiness. Looms operable for spastic children have also been installed. The ceilings in the dormitories have been painted in cheerful pastel shades and the benches touched up in bright yellows, reds and blues. The colorful atmosphere has had an exhilarating, cheering effect on both children and staff alike, replacing a former barren, sterile atmosphere with one of warmth and homeliness.

A conduct slip system has been introduced. After initial warning, a student will be deprived of varying periods of one week to four weeks, of such privileges as pocket money, visit to the movies, and attendance to dances. The former practice of sending children indiscriminately to the problem building for any behavioral disorder irrespective of its causation, has been discontinued as far as feasible, and any escapee after apprehension is now being examined in the general hospital so as to detect any sign of ill health, rise of temperature, superficial injuries or body infestation. After this thorough examination the pupil is returned to his living unit.

The writer was recently appointed clinical lecturer in Mental Deficiency, Department of Psychiatry, Medical Faculty, University of North Carolina, Chapel Hill. Clinical Demonstrations and teaching classes in the various types of mental deficiency were extended from two to four days, and their standard generally raised to that of Clinics held at Universities. Classes were also given to medical students, resident psychiatrists, visiting pediatricians, health workers, psychologists of Chapel Hill and to student nurses from The School of Nursing, Wilson, North Carolina.

Research projects have continued in phenylpyruvic acid oligophrenia and so far 7 pupils were found suffering from this error of protein metabolism. Dissertations on word-blindness and color blindness have been completed and studies on the etiology of mongolism commenced in November last year. Plans for visual-phonic methods in teaching reading to mental defective students have progressed according to schedule and a memograph on this subject was completed by Dr. Holmes, Professor of Education, East Carolina College, Mr. Thorne, Mr. Waters and myself. Many papers on subjects related to mental deficiency have been written and are in the process of being written.

The work on a photographic, medical museum is progressing satisfactorily and in view of the large waiting list, a manual containing data of advice and useful guidance was written (Mr. Thorne and myself) in November 1956. These manuals were forwarded to the parents of children under 16 years (400 copies), and all future applicants will be automatically furnished with a copy pending the child's admission to our school. This will considerably help create good will and understanding on the part of the parents and public welfare departments.

A council on sterilization was formed during the month of August, 1956. This will enable members of the staff to discuss freely each case on its own merits and will prevent sterilization recommendation being made on a non-individual basis.

Lectures on Mental Deficiency were given to voluntary organizations, and several articles were published in the Kinston Daily Free Press. These were received by the public with general approval.

A modern library for the medical and psychological departments is being gradually built up, which will fill a long felt need.

In order to facilitate and hasten the recording of administrative, statistical data as well as research work, the McBee Key Sort Card System was introduced (December) in the Social Service Department and the Record's Office.

If the retarded child is slow in learning of the world about him, certainly the world has been too slow in learning about this child, and only now is the public of this country beginning to recognize deficiency as a major social and ethical problem. This public recognition has been brought about by high caliber administration in state and federal governments and in the universities where more people are being trained to cope with mental health problems. Organizations have spontaneously sprung up throughout the United States composed of friends and relatives of the mentally retarded. These groups and organizations together with certain public spirited individuals are now in a position to spearhead the advances that are being made and must be made, to make a brighter future for our retarded population come true. This now offers an opportunity in voicing my suggestions with regard to increasing the standard of the Mental Deficiency Services as a whole, and might be conveniently considered under the following headings;

1. Proposed Establishment of a Nurses Training College in Mental Deficiency at Caswell Training School, as outlined in my papers. This would appreciably raise the standard of nursing care for the retarded as well as the professional prestige of personnel employed in such institutions.
2. The building of Community Day Centers.
3. Creation of a genuine interest and understanding on the part of the community in the work of State Training Schools which should be stimulated by lectures, films, radio and television programs and suitable articles in the press as undertaken by me.
4. Increased rate of work placements and discharge of properly trained and educated pu-

pils, leading to a happy and useful life in the community.

I should also like to take this opportunity of thanking most sincerely all members of voluntary organizations of North Carolina for their unfailing interest and generous support in the form of gifts and money to the children of our school and for their sympathetic understanding of the work done by the attendant, nursing, medical and clerical staffs of Caswell. This generous help and assistance will appreciably ease the burden of responsibility whch normally falls on them and the administration authorities. The public owes to all sections of the State Training School's staff a civic debt which it can best show by an expression of its appreciation for the personnel's loyalty and devotion to duty.

Frederick Edward Kratter, M.B., D.P.M.

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BUSINESS DEPARTMENT

Completed and occupied Dormitory for Boys--capacity 200 at a cost of $420,000.00; completed and occupied Recreational Building at a cost of $187,000.00; constructed a Water Treatment Plant at a cost of $109,000.00; Bored Deep Well-capacity 500 gallons per minute at a cost of $20,000.00; Constructed covers over main sidewalks on campus at a cost of $55,450.00; Constructed and Equipped Beauty Parlor, 5 chair operation. Painted and redecorated living units for children and employees. Landscaped grounds--especially surrounding the Boy's Dormitory and Recreation Building. Installed recreational equipment, swings, slides, merry-go-rounds, acting bars, etc. Constructed three (3) dwellings for employees. Installed 750 gallon Milk Cooler in Dairy Plant. Renovated old Power Plant Building, making a suitable maintenance shop and storage unit. Renovated and equipped Home Economics Department for School Divisions. Re-decorated School Building and all classrooms, including new equipment for classrooms. Paved new sidewalks. Demolished the Old Tapp Building and landscaped area formerly occupied by this building. Painted and re-decorated Children's and Employees' Cafeterias.

S. H. Stroud, Business Manager

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MEDICAL DEPARTMENT

Daily average of patients Central Hospital receiving special nursing care and medical attention, 55 - 100; daily average of pupils being seen through the Out-Patient Medical Service, 165 - 170; daily average of patients receiving treatment in Tuberculosis Annex, 11; daily average of patients receiving constant nursing care in Crippled Children's Hospital, 94; daily average of patients receiving special medication or treatment in Colony Medical Service, 50 - 75; the addition to our Staff of Dr. Matt Harper, Jr., which has enabled the Medical Officer to make more frequent rounds in the out-lying units; polio vaccine has been administered to pupils under 19 years of age, with the signed consent of parents; opening of new drug room, with a perpetual inventory system. Addition of a water distiller in Central Supply room; personnel vacancies, including registered nurses and practical nurses, were kept filled;

DENTAL DEPARTMENT

Our work for the year 1956 consisted of a survey of as many living units as possible on the campus. During this survey approximately six months were spent in the Colony wards and six months were spent with the mid-grade and high grade children. While in the colony wards we used the barber shop facilities, and due to the poor patient cooperation our work was confined mainly to indicated extractions, scaling and gum treatments. With the mid-grade and high-grade children the work was carried out in the dental clinic. This involved routine prophylaxis, scaling and gum treatments, indicated x-rays, extractions, restorations, and other general dental procedures called for.

Number patients charted - 3799; number x-rayed 493; anesthesis - 1040; extractions - 1235; fillings -1135; surgicals - 36; treatments - 2638; prophylaxis - 1238; other services - 51.

C. C. Hale, D.D.S.

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TRAINING DEPARTMENT

A Training manual was completed and it is hoped that this manual will serve to acquaint and interest people in Caswell's Training program and objectives. Plans were completed for a research project centered about film studies of mental retardates. Films are in the process of being made or in the planning stages. An arrangement with the University of North Carolina's film library enables Caswell to obtain visual and audio aids for Training purposes. A new 16 mm projector and an opaque projector were purchased to augment the visual aids program. A second series of classes for cottage parents were commenced the objectives were to increase the cottage parents' understanding of mental retardation and to assist them in a better understanding of the retarded child. A long range research project in problems of reading and communication was initiated in with conjunction with East Carolina College. Dr. I. Ignacy Goldberg, Educational Consultant for the National Association for Retarded Children visited Caswell Training School. He was so highly impressed by Caswell's progress in its Training program that he recommended that Caswell should apply to the American Association for the national award given to the most outstanding institution of the year. A series of monthly T.V. programs was discussed with station WITN, Channel 7 and it was decided to commence giving a half hour monthly program in January 1957. It is believed this is the first of its kind in the United States. One of the finest additions to the Training Department was the new beauty salon in December 1956. A well qualified beautician was added to the staff. In February 1956 - a safety patrol sponsored by the American Automobile Association was established. The patrol represents one of the few in the United States in which retarded children participate. The annual District Camporee for scouts in Eastern Carolina was held in April for a period of several days. This was excellent

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Deaths during calendar year of 1956--6; good routine care of all patients.

Mike Lee, M.D., Medical Director

from the public relations standpoint. In August the Caswell Scout Troop received a Trophy Cup for outstanding achievement in the District swimming meet. To encourage identification of Caswell as a school in the students' minds, a school song was composed, (the words and music composed by Mr. G. D. Thorne, editor.) A beautiful school flag was created and presented to the institution by Mrs. Jack Howard, Director of Occupational Therapy.

In January 1956 a program honoring students for their outstanding achievement within the individuals range of abilities was held. In October the students in the academic department were given for the first time report cards to be taken to their building. In May much time was spent in planning the reorganization of the academic department along with this was an apparent need for improvement in part of the school plant. Renovation and redecoration in a colorful pattern was carried out during the summer, new desks and chairs were purchased. The primary department was provided with sand tables, drawing tables, a story corner, etc. Several well qualified teachers were hired. In January 1956 classes in speech correction were instigated primarily for experimental reasons to ascertain how readily the retarded child responds to speech therapy. A Training program for the teachers was inaugurated in August. A new arts and crafts department was organized in the academic school. Two modern kitchen laboratories were installed in the school during the summer and a director was hired to head up the home economics program.

Two occupational therapy classrooms were completed, one on the girls' colony and one in the boys' colony. These classrooms are colorfully decorated and equipped so that special therapy can be carried on with the severely retarded, the midgroup and the spastics. Two other classrooms in the occupational therapy department were redecorated in bright colors. Four individual Training Tables were made for use in the Crippled Children's Hospital.

In March the New Recreational Building was opened and for the first time a comprehensive physical education program was launched. It provides the institution with adequate facilities to carry on recreational activities such as dances, parties, group games, movies, meetings, etc. In April Caswell's first officially organized baseball team came into being. The team played local teams winning 50 per cent of the games. During June softball teams for girls were organized. A cinemascope projection equipment was installed in the Recreation Building and movies of this type were shown for the first time. In August the boys softball team was invited to become a member of the Lenoir County softball league. In October boys and girls basketball teams were organized for the first time. New playground equipment was donated by Junior Woman's Club.

In April the use of field trips to local industries was inaugurated as part of the vocational information and guidance series. During the year all students who were in formal training were carefully re-evaluated and reassigned to areas of Training more in keeping with their potential and their needs. A new system of analyzing and recording students in vocational training was instituted. A working relationship with State Vocational Rehabilitation Department was established. Special vocational and personality evaluation tests were purchased. In September an advanced program in vocational guidance, personal and mental hygiene, advanced home economics, library work and religious education was reorganized. A greater amount of emphasis is being placed on the rehabilitation of students to public life. The Vocational Training Department and the Social Service Departments are trying to seek job placement opportunities for those students ready for community living.

A new system for evaluating the progress of children with lower intelligence who participate in occupational therapy was introduced. The effectiveness of group counselling was analyzed with the objective in mind of expanding and improving the program. Individual counselling in vocational and personal problems was scrutinized and counsellors appointed to spend more time in this important phase.

Gareth D. Thorne, Director

COTTAGE LIFE DEPARTMENT

The year of 1956 has been quite a progressive one in our Cottage Life Department. Several outstanding goals have been accomplished due to the suggestions and persuasive powers of our Acting Superintendent, Doctor Frederick Kratter.

1. The name was changed from Custodial Service to "Department of Cottage Life," with the matrons and attendants being known as "Cottage Parents," thus giving all living units a more home atmosphere. Also our offices are now open on a 24 hour basis, instead of 7:30 a.m. to 12:00 midnight. To accomplish this we had to add a new member to our staff. The office staff now consists of a director, an assistant director, a chief supervisor of the male residents; a chief supervisor of the female residents: (These two officers are required to do a round in morning and afternoon every day, and enter their findings into a **Day Report Book** - especially set aside for this purpose.) A chief night supervisor, on duty 4:00 p.m. to 12:00 midnight. A second chief night supervisor on duty 11:30 p.m. to 7:30 a.m. (They are required to make rounds in all units and enter their observations in the **Night Report Book** - especially set aside for this purpose.) (These two Books with the Daily Report Sheets, are turned into the Superintendent's office by 10:00 a.m. each day).
2. All male employees have been placed in uniforms; white trousers, white shirt, black tie and black shoes.
3. All cottages heretofore called by numbers like 1-2-3-4, etc., are now called by name of a flower on the girls' side, and by the name of a tree on boys' side.
4. Both male and female colonies have been brought to life with bright colored paints. Ceilings in all shades of pink, blue, red, green and yellow, give the bed patients something to see beside white walls. Benches and tables in all the same bright shades invite the little folks to sit and "gather around". It is remarkable how much color and happiness has come into

the lives of the boys and girls in the colonies where a little extra paint has been added.

5. More playground equipment has been added to the back yards; In this manner giving boys and girls greater freedom of play around their own home bases.
6. Finally Christmas of 1956 was outstanding in all the living units. The families, the organizations and the state, vie with each other to make this the prettiest, merriest and most abundant ever at Caswell.

Mrs. M. V. Harlan, Director

DEPARTMENT OF PSYCHOLOGY

In the Department of Psychology the suggestion of the professors of the Medical College of the University was carried out in giving to the visiting medical students more definite description of the psychological activities given at Caswell, with an exhibit of the testing material used.

Besides the continual assistance and advice given by the acting superintendent three programs stand out. The roll of all patients and pupils is being reviewed and diagnoses made as to the etiology of the retardation of each case, new admissions as well as the present inmates. At these clinics conducted by Dr. Kratter the cause of the defect is diagnosed, so far as it is known to medical science, and the sociological significance explained.

Up to date 251 cases have been diagnosed for cause of condition. These neurological evaluations are presented at staff meetings and yield prognoses enabling the various departments of the institution to know what to expect of the child and to suit his training to his mental capacity. This service is unique in this institution as there has never been here a psychiatrist trained in this branch of the medical profession which is a compelling need for our "children." Accompanying this activity, theses on the various diseases diagnosed were written which are invaluable as a source of reference as similar cases arise. These diagnoses and theses furnish a fine addition to the material available for the use of medical students and others. Another feature of the past six months is the reorganization of the sterilization program to put it on a more scientific and professional basis, a committee on sterilization being formed for discussion on each case.

Elizabeth M. Brown, Director

CHAPLAIN AND PUBLIC RELATIONS

Three church services were held every Sunday in order to accommodate the almost 1000 boys and girls who attended chapel and vesper hours each week. These services were planned around the mental ages of those attending. Thus the chaplain prepared 3 different Sunday School lessons based on nursery, beginner and primary materials for the 2 Sundays each month on which the Sunday School lesson was taught. Four teachers, three from the Caswell staff and one from the city of Kinston, assisted the chaplain in teaching these lessons to various building groups. Religious films, filmstrips, object lessons, magic sermons and flannelgraph stories were used on the other Sundays. The attendance was excellent with over 1000 being recorded on two Sundays during the year.

Special programs were prepared for National Youth Week and Easter Sunrise Services. These were given entirely by the boys and girls at Caswell. Thanksgiving and Christmas services were sent in mimeographed form to each living unit to be used on those special days. In many instances the children took complete charge of the services.

From January through May 3 classes in religious education were taught weekly to the advanced students in the training department. With the new school year, from September through December, two groups have been taught. During the summer months a "Bible Story and Song" time was held with 7 cottages each week using Vacation Bible School materials in a modified form.

Every new admission who entered Caswell was visited by The Chaplain in order to become acquainted with him and help him become adjusted to his new environment. The three hospitals were visited every Sunday afternoon to distribute Sunday School papers to those who wished them, and special patients were visited during the week. Counselling with many students has also been done.

Due to the generosity of various organizations this department has received several gifts which added greatly to the worship services. A Baldwin Orgasonic organ was donated by the Greensboro Junior Woman's Club and Caswell. It is played by a pupil at the institution. The Smithfield Junior Woman's Club made 21 attractive maroon gowns for the choir and organist. One hundred new hymnals were presented by the High Point Junior Woman's Club and 24 colored filmstrips on "The Life of Christ" were given by the Couples' Class of Greensboro 1st Presbyterian Church. Several organizations have become interested in the work of this department and other gifts will be forthcoming.

In the field of Public relations the director visited 11 organizations in the state telling the story of Caswell and, in many cases, showing the 16 mm. colored sound film, "The Caswell Story". This film was made possible by the generous donations of the Junior Woman's Clubs of N.C. Tours were arranged for 20 groups visiting the campus. A weekly news column was prepared and forwarded to the local paper, "The Kinston Daily Free Press." Correspondence with parents and organizations entailed the writing of 896 letters and 73 postcards. The director served on the committee which was responsible for the planning of the work involved in the making of the Caswell film. Conferences have been held with all visiting medical students in order to explain the role of the chaplain and public relations director at a mentally retarded institution.

Mrs. Jean M. Hurt
Chaplain and Public Relations

SOCIAL SERVICE DEPARTMENT

In many situations it is almost impossible to give any tangible or concrete evidence of progress and so it is with the Social Service Department. However, there are many factors that indicate a forward movement. With the small staff in the department and the multiplicity of duties, the

concentration of work must be only on the essentials. During the first part of 1956, the survey on all the applications on the waiting list was completed. Through the excellent cooperation of most all the welfare departments, much of the so called "dead wood" was removed. The classification of urgent, active, deferred and closed cases was set up and it is the feeling of the department that the waiting list is now fairly accurate. In the correspondence to the welfare departments, there is a continuous request to keep the school informed regarding the status of all cases and this is being accomplished. There has been a definite trend in the more thorough and more careful evaluation of each application on the waiting list. The families and welfare departments are requested to send more detailed information regarding the social, psychological and medical summaries of all applicants so that applications can be evaluated as to the need and emergency.

The admissions for the past year has decreased somewhat but with each entry there is an increasing effort to obtain a full and complete social history as this is essential for diagnoses and helping the child.

More parents, who are facing the problem of mental deficiency, are coming to Caswell to seek help in trying to absolve their numerous questions as to the whys and the wherefores of mental deficiency and to seek help in answering the question of the need of institutionalization.

With the continued growth of the institution, there is a larger number of children being granted vacations. As a general rule, the responsibility of approving the vacation falls to the Social Service Department and with this there is a close cooperation with the Cottage Life Department. The organization and efficiency of granting such requests have progressed greatly and evidence of this is partially indicated by the fact that this Christmas there was a record number (611) of children leaving for Christmas but in only seven cases have parents or relatives failed to notify the school of the cause or reason for the delay in returning the pupil or patients. Last year, the number was much greater. Although the particular work might not appear too important, it is significant in keeping the record of the status and the environment of the population. The Cottage Life and Training Departments are dependent on knowing who and where the individual is.

Through the cooperation of the Training Department, the community day-work program is being reestablished. From this program, the students will advance to living-in placement. At the end of 1956, three students were listed as participating in this. Also, at the end of 1956, there were seven girls on working home (living-in) placement. More emphasis should be placed on the placement program. As a general rule, all attempts made by the Training Department are most futile and of little avail unless the students are given an opportunity in society to put to a test what they have learned and assimilated while being educated and trained in the institution.

There has been an overall increase in the closer cooperation, recognition and understanding of all social and welfare agencies in the state. This is good public relations and it pays many dividends in that Caswell is dependent upon the welfare departments who must interpret in many instances the school's policies and procedures. There has been little criticism voiced but appreciation is continually expressed and it is a well-accepted fact that criticism is more likely to be forthcoming than is appreciation.

Although the quarterly, CASWELL NEWS, is not part of the official duties of this department, the director is the present editor and it has been the plan of the editor to continue steadily to attempt to use this medium as an opportunity to give to those who read it a picture of Caswell; Caswell's personnel, programs, plans and ideas are highlighted. Last year, each issue paid tribute to some one person or persons who had made a contribution to the school through the services rendered.

(Miss) Pearl L. Adkins, Director

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CAMPUS LIFE

Due to the fact that space is limited "Jottings From the Dormitories" is being omitted but a composite picture is being incorporated.

Spring with its awakening of new life spreads its colors over a campus already beautiful. The budding flowers and trees blend with the bright colors of orange, yellow, red and green of the newly painted playground equipment dotting the campus. Everywhere one turns life is rampant and bubbling over with energy. One cannot help but realize that along with spring comes also the promise and the fulfillment of the Easter message. Also the fuller realization that in the sight of God these our boys and girls are "None The Less Precious."

In January all but 7 of the 611 boys and girls who went home for Christmas returned. They brought with them many new toys, playthings and new clothing. Most all of the students and patients were happy to come back to see their many friends and to show off all the gifts which Santa had bestowed upon them. Those who were not too anxious to return soon become adjusted and were not too unhappy. School opened its doors and the teachers welcomed each and everyone. In February there was once again a rush in the postoffice as Valentine cards and gifts arrived. The Valentine spirit was most apparent in all areas of the living units, of the school and of the play activity. Parties were given and some church organizations visited some of the cottages to participate. Also in February George Washington was given honor in the school. March arrived quiet as a lamb and spring began to slowly awaken but it was slower this year as those rain clouds wanted to linger. However, the sun with its warming rays finally won out. In the cottages the noise of the shouts and the laughter let everyone know that the children were outside playing and spring had arrived. The days growing longer give the boys and girls opportunity to play outside after supper. The slides and swings in back of the cottages are very popular. Balls are in demand as well as other games. As night closes in the laughter and shouts are heard no more as they are gathered in to be bathed and tucked into beds--a tired and a happy group of youngsters.

These children attend school regularly except for a few who go to occupational therapy and Sunday School is most popular with them. Parents are welcomed with open arms when they visit and often times parents generously plan a party for these boys and girls.

The girls from Wooten and Dawson and the boys from Pollock and a few from some of the Tapps attend occupational therapy classes. The work they do with their hands is something of which to be proud. It is impossible to relate all the things they make. The useful baskets, attractive belts, the embroidery, rugs of bright colors, pottery of all shapes and sizes - Easter eggs, angels, horses, dishes, ash trays and many other things. Some can only use crayons or finger paints but it matters not so much the quality as to how it helps these boys and girls. These students enjoy their Television sets and the playground. Some of them have the privilege of walking about the campus and going to the gymnasium on week ends. They attend Sunday School every Sunday as well as the movies weekly.

In the Colony buildings (Johnson, Kendall, Parrott, & Byrum). These boys and girls are also able to have the full benefit of the warmer sunshine. It will not be long before they show the beautiful tan that comes from being outside. In these buildings these boys and girls are enjoying their new bright, colorful therapy rooms. By having these rooms in the buildings more of those living in the colonies are able to benefit. By playing with the equipment they learn better motor coordination. There is a greater need for much more of this therapy as it makes for better training, and a happier child as well as a more satisfied parent. The nurse daily visits each living unit checking each and everyone. Many of the older men and women have lived at Caswell many years. This is their home. Oh yes, some of these boys and girls attend church services and every Sunday when nice the wheel chair brigade comes marching along to the chapel. The parties in the gymnasium for the colony children are a noisy, joyous occasion. It is something to always remember as one stands on the side line and watches.

The girls from Dawson and McNairy and the boys from Cartwright and those from the Tapps I and II are active young men and women all over the campus. The girls are busy in the sewing rooms, the laundry, helping with the smaller children. The boys are seen in a number of different places on the farm, in the dairy, in the maintenance shops, in the laundry and in many training areas. Some of them attend classes too but all is by far not work. They attend the dances, the parties, games and participate in the basketball games. In these games they showed wonderful skill and have won many times against local teams. They have the privilege of the campus within certain areas. Especially on Saturday and Sunday afternoon the campus is a beehine of activity as friends meet friends. The gymnasium is a place to congregate - to dance and play together. Card tables line the edges of the floor and various games are set up for those who do not want to dance. Music from a record player invites those with dancing feet and boys and girls enjoy each other's company while some cottage parents and recreational leaders act as host and hostesses. The coke machines do a thriving business. Many of these are the young men and women who should eventually find their rightful place in society.

The Crippled Children's building is always an interesting place to visit. The cleanliness and the attractiveness are always so apparent. These are the boys and girls for whom every need must be attended and yet as one learns to know each and everyone, one sees the sparks of their individual personalities. Each responds in his own little way to the attention and care so kindly given. Yes, these are Caswell's Children "whose greatest need is an encouraging smile, whose constant supplication is for loving care." In this building these children find an encouraging smile and the answer to the supplication for loving care.

Yes, Spring has come to Caswell and one feels and senses it everywhere. This spring brings greater promise for all of Caswell's boys and girls regardless of what their limitations might be. Caswell is achieving its birthright.--That is to "care for, train, and educate, as their mentality will permit, the state's mental defectives." Caswell is also achieving its professional status as a resource for and authority in the field of mental deficiency, Caswell is on the March!

CAMPUS SIDELIGHTS

Dr. Kratter, superintendent; Mr. Stroud, business manager, and Mr. Thorne, director of training, spent a day at the Lynchburg Training School in Virginia. They toured the school and discussed the School's program with its personnel.

Mrs. Rose Newsome, Caswell's beautician, became an instructor in the Training Department. She is from LaGrange and attended New Hope High School, and a graduate of the Greenville Beauty College in 1955. Previous to coming to Caswell, she was with the Annie Laura Shop in Goldsboro.

Miss Glenda Cash began work in January as part of the secretarial staff in the business office.

Dr. F. E. Kratter, superintendent; Mrs. M. V. Harlan, Cottage Life director; Mr. S. H. Stroud, business manager, and Mrs. Margaret Tisdale, director of nurses attended a personnel meeting in Raleigh during January.

Medical students from Chapel Hill continue to spend a day and a half each week on the campus.

In March, Mrs. Howard, director of occupational therapy, attended a meeting of registered therapists at Duke University.

Mr. Roy Elliott resigned as an instructor in the Occupational Therapy Department to enter the United States Air Force.

Added to the medical staff is Mrs. Lorene Crumpler, registered nurse. Also Mary Wells, a licensed practical nurse began work on March 11.

In March Daniel C. Wise, director of vocational guidance and research discussed Caswell's program at the International Council for Exceptional Children in Franklin, N.C.

In February Mrs. Jean Hurt, Chaplain and Public Relations Director, underwent surgery. She is expected to assume her duties about May 1st.

Mr. Thorne, director of training was invited to speak at the Rehabilitation Workshop at State College in March.

Two circles of the Wesleyan Service Guild of the Methodist Church planned Valentine parties for Cottage 2 and 8.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

A Prayer

(as a Caswell Staff Member might pray)

Father in Heaven

Thou hast entrusted to my care a precious one who will always have child-like ways. Because of this, I beseech Thee to help me to so live and act and speak that I may always lead these little feet into paths of righteousness. Stop my lips when I would say unbecoming words; teach me patience when I may be sorely tried; fill me with kindness and understanding when I may be tempted to ignore their need for comradeship and love.

O Thou who didst take the little children into Thy arms to bless them, remember these, my charges, and keep them ever in the shadow of Thy wings. Amen.

Jean Hurt
Chaplain, Caswell Training School

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"A TRIBUTE"

As one strolls about the beautiful Caswell campus and as one watches the boys and girls at school, at work, at play and at worship one cannot help but realize that here flows the life blood of Caswell Training School for without these there would be no Caswell Training School. Let us pause and do honor to these boys and girls; these men and women.

We are proud of you and want everyone to know we are proud of you. To us it makes no difference that some of you are crippled and cannot walk, nor talk or whether some gentle hand must feed you. Your sweet, quick smile of recognition speaks more than words can say. The grasp of your hand; The hug you affectionately give; the throaty happy sounds you make are all that is necessary for us to know you are giving us the precious gift of love. It is not necessary for all of you to learn your ABC's for the ABC's is not the important thing in life. All we want for you is to learn what you are able to learn no more, no less. We are always proud of every little thing you learn whether it is to tie your shoe lace, to feed or dress yourself, or to play with others. For some of you, this is the most wonderful gift you can offer. To you boys and girls who go to school and try so very hard to learn to read and write, we rejoice with you, when you proudly write your name or read a bit. We are proud of you when you learn to play unselfishly with others and you learn to share and when you learn to live happily with others. To you young men and women who go about your daily work on the farm, in the dairy, in the sewing room, laundry, beauty parlor, hospital, living unity or wherever your job assignment might be, we do humbly and deeply thank you for the work you willingly and cheerfully do. This is your unselfish contribution and with your help you have made Caswell what it is today, a school of which we all can be proud.

To all the Caswell boys and girls, to all the Caswell men and women we want to thank you for being you. We thank you for all the little things you do for us which make our lives so rich and full. We thank you for your joyousness, your cheerfulness; for all the laughter which you give so freely. We thank you for your willingness to try and for all the help you generously give. To you, our Caswell's pupils and patients no words can ever express what it means to us to live with you and to be able to share with you our lives. We are proud of you and we thank you. You are indeed God's precious children.

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PURPOSES and AIMS

The Caswell News has continually in the last few years attempted to bring to its readers a word picture of life on the campus. Commencing with this issue there will be a series of articles each of which will be devoted to some department of the institution. In these articles the philosophy of the work of that department will be described. These articles will attempt to explain the department's relationship to the other departments and what relationship it has with the boy and girl. Some of this might be repetition of what has been printed previously but we believe it will still have a value.

To begin this series it was felt that it might be interesting to state the aims and purposes and in a few short paragraphs give a general birds eye view of the program and plans for the various levels of defectives. That is the totally dependent child - the trainable child and the educable child. No one is able to adequately portray in words the scope of Caswell's program. It is so varied and reaches out into every department of the professional and business areas. One must live at Caswell for at least a short period of time to comprehend, to understand and to feel that which is being done.

To understand the purposes and aims one must turn back the years and search for the laws which were written regarding the aims and purpose of Caswell Training School. The following law is most interesting, most enlightening and all inclusive. According to the statute 116-127 "The purpose and aim of the Caswell Training School is to segregate, care for, train and educate, as their mentality will permit, the state's mental defectives; to disseminate knowledge concerning the extent, nature, and menace of mental defi-

ciency; to suggest and initiate methods for its control, reduction, and ultimate eradication from our people; and to maintain an extensions bureau for instructing the public in the care of the mental defectives who remain in their homes and for the after-care of discharged inmates of the institution; and to create and maintain a psychological clinic for the study and observance of mental defectives charged with crime, and to give expert advice in all cases of mental defect." (1919, C224, S. 1; C.S. 5895)

Much credit must be given to those who had the foresight and the understanding to write into a law the broad concepts stated in the above words. This quite adequately provides for all areas which relate to the problem of mental deficiency. In the days when this law was written little was known about mental deficiency and little was known about the potentialities of the defective. The institution was thought of as a place more for segregation. However these men had the foresight and the astuteness to realize that many profound changes in thinking and philosophy regarding the mental defective might come.

Caswell Training School is gradually spreading out and embracing many of the aspects of this law. It is enlarging the scope of its aim to "to care for, train, and educate as their mentality will permit" the state's mental defectives. Through its conferences, workshops, papers, speeches and research, Caswell is "dissemenating knowledge" and "instructing the public" in the care of the defective. It is striving to develop a program of rehabilitation. Caswell Training School is being recognized as an agency "to give expert advice in all cases of mental defect".

For years Caswell, as many similar institutions has been, was mostly custodial. Boys and girls did leave and many of those who left apparently made an acceptable adjustment but until recently there has been no organized and concerted effort to rehabilitate.

In any institution like Caswell, there is a percentage of the boys and girls who are totally dependent. Ideally this should be one fourth of the population of the institution but at Caswell this group constitutes a much larger percentage. This group receives what is called custodial care and will remain within the confines of the institution for life. What is the program at Caswell for these boys and girls? The program because of the extreme physical and mental limitations of these children is one which is mainly good nursing care. What does good nursing care involve? This involves seeing that the child's physical needs are met; that is, that good nourishing food is part of the daily diet; that his body is bathed frequently; that his bed is clean and comfortable; that his position (if bed ridden) is changed for his comfort and well being. Above all his general health is watched and charted as carefully as possible; if he is sick, that he is brought to the general hospital to be under the watchful and observant eye of the doctors and nurses. He is given as much tender, loving care and attention as possible for loving care is as essential to the child's well being as the food that nourishes his body. Television, music and toys are used to amuse them whenever these children are able to make use of this medium of entertainment.

What about Caswell's program for the trainable child? The largest percentage of Caswell's population falls into this classification. These are the boys and girls who as a whole can be trained to care for all or most of their physical needs but who can not gain from a formal academic program. These children if not trained to dress, to feed themselves and care for their toilet needs are trained as quickly as possible to be self-reliant. Many need assistance in developing better physical coordination and they are helped through the services of the occupational therapy department - manual dexterity is emphasized rather than the intellectual processes. Many of this group participate in the various extra curricula activities such as Sunday School, movies, parties, play activities, observance of the various programs given for the benefit of all Caswell's patients and students. Many must be more closely supervised and cannot have as much freedom as others but this is for their protection. As many of these grow older, they become institutional helpers and these are the plodders who give of themselves generously. As most of these will need Caswell as their permanent home attempts are made to have them become happy, useful and contented citizens of the Caswell community. For those who do go home for either vacations or possibly permanent placement it is the aim to help them become more socially acceptable. It might be added that under the right circumstances and under wise and understanding supervision some could become at least partially self supporting individuals in society.

For the educable boy and girl the program is much bigger, wider in scope and more varied. The aim and purpose is to train and educate every child to his highest potential so that if at all possible he may become a self supporting citizen in society. One however must remember in working with this child the institution is forced with the task of working with the individual when all else has failed. Many of these boys and girls come to Caswell because of problem situations. Each child is tested, evaluated, diagnosed and then placed in the academic class according to his special needs. The special education program is set up so that the child will gain the maximum mentally, socially and physically. Every area of living is emphasized. As the child grows older, he is assigned to a working project so as to develop good working habits and skills. As in the Trainable group, many cannot be rehabilitated but here also those who cannot are trained to become happy useful citizens on the campus.

The educable group in many ways have more freedom of the campus. They attend every program which is planned for their entertainment. They are regular participants in the religious activities. The recreation department has a wide variety of activities of dancing, games - ball clubs parties and such.

In summing up the overall program of Caswell

SUMMERTIME

Summer has come to Caswell and with hot summer days come all the activities that are associated with the summer season. The academic school closed its doors on May 31, to be opened again on September 3. During the day, one hears these boys and girls shouting with all their enthusiasm and playing with all the zest which any growing child has. The shouts and laughter reflect the happiness and joy which these youngsters have in abundance. The younger boys are usually dressed only in shorts while the younger girls wear jerseys and shorts. Going barefoot is part of every child's growing up and so barefeet are seen everywhere; shoes are saved for the special occasions. The summer sun has already begun to show its tanning effect on everyone. No matter in which building he lives, everyone, if at all possible, is exposed to the healthy rays of the sun for at least a short period of time.

The usual activities of the various job assignments are carried on. Occupational therapy does not close its program for the summer months and the trainable child continues to participate in this and the children look forward to these sessions, although this summer, some classes are suspended because of repairs. A Bible story and song time will be held weekly with the cottage children. It will be conducted by the chaplain.

The recreation department always has a busy, active schedule. The swimming at the Cliff of the Neuse and in Emma Webb Park is always one of the highlights of the summer. These trips are planned for these boys and girls who will possibly not have the opportunity to leave for a vacation. Eachweek a bus load, under the supervision of four staff members, including a nurse, leaves for the Cliffs. Hamburgers or hot dogs are cooked in the open; eating after a swim and out in the open certainly whets the appetites. The food disappears so fast one wonders how so few could eat so much.

One must not forget the watermelon cutting which comes in July. Trucks loaded with sweet, luscious melons, grown on the campus, drive up almost daily during the watermelon season. The boys and girls cluster around and with watermelon from ear to ear, they eat their fill.

Along with the summer activities, comes the berry and bean picking. About 8:30 until 10:00 or 10:30 a. m., before the hot sun reaches mid sky, one sees many of the boys and girls who are able going to the berry or bean patch. When this happens, one can be assured of fresh berries and beans appearing on the menu in the dining room. If one visits the children's living units after they return, one is quick to realize by those telltale stains around the mouth that these boys and girls did not wait for the dining room to get their first taste of the berries but what would berry picking be if you didn't eat at least a half of what you picked!

The biggest and the most anticipated event of all the summer is the vacation. The one hope and anticipation for many of the boys and girls are the opportunities to visit home. Long before school was out, letters were being received, inquiring when Johnnie or Mary could come home. No sooner than the school shuts its doors, the exodus begins; some for only a few days, some for a week, some for two weeks and some for two months. For a few, the summer will pass and with it will come a keen disappointment because for some reason no vacation materialized. This is indeed a heartache for those who wait in anticipation. Oftentimes, the staff who counsels these boys and girls find it very difficut to give an understandable and acceptable explanation to them. About six to seven hundred will leave. Some of these will leave but return before their alloted vacation is over, for some become "homesick" for their many pals at Caswell. Some will never return. To those who go "happy vacation to you."

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one important factor emerges - that is that each and every individual at Caswell has certain rights as a human being and that Caswell Training School attempts to protect and nourish their rights.

ACADEMIC SCHOOL

Approximately two-hundred fifty (250) students attended the Academic School during the 1956-57 term. All twelve teachers within the area put forth every possible effort to provide for each of these pupils as individualized type of curriculum which would best suit the specific needs of the individuals involved. It is the feeling of the school personnel that teacher efforts were not in vain in as much as many accomplishments were made as a result of the efforts put forth. Accomplishments made in the school area during the 1956-57 term cannot be ascribed to any one thing. A multitude of things made for a year of success. Some of these being tangible and others being most intangible. Progress made during the summer cannot be ignored; it had a positive bearing on the success experienced by both pupil and teacher during the regular school term. All rooms were beautifully decorated during July and August and new furniture added to each classroom setting. This certainly made for an environment more conducive to student learning, thus student and teacher success. In as much as it would be impossible, by virtue of limited space, to elaborate on each significant event which made for a successful year within the school area, a list follows which should give one relatively good insight into some of those things which had a definite bearing on the success exerienced. The list includes those things occuring between September 3, 1956 and May 31, 1957. Basic skills (reading, writing and arithmetic) are not included in as much as they naturally are an integral part of any academic school program. (1)Teacher workshop scheduled September 3, 4 and 5 - during this time teachers made definite plans for the first semester; (2) Classes began on Thursday, September 6 with approximately 250 students enrolled; (3) Local N.C.E.A. unit organized early in September. All teachers held membership in this professional organization. Besides membership in N.C.E.A. majority of teachers were members of the East

Carolina Chapter of the International Council for Exceptional Children; (4) Delegation at North Carolina Education Association meeting in Wilmington, March, 1957; (5) Delegation at International Council for Exceptional Children Convention - Pittsburg - April, 1957; (6) Represented at N.C.E.A. district meeting at East Carolina College, Greenville - October, 1956; (7) Represented at East Carolina Chapter meeting of I.C.E.C. in Rocky Mount - Spring, 1957; (8) Professional Library organized at Caswell Winter, 1957 - Additional subscriptions to professional books and magazines obtained; These circulated among teachers within the school area. (9) Unit files placed in Professional Library - Winter, 1957; Materials made readily accessible to teachers; (10) Additional equipment added to area during term - Opaque projector, type- writer, duplicating machine, paper cutter, child craft, American flag, North Carolina Flag, clock and bell system, etc.; (11) Teacher workshop held January 2, 3 and 4. Teachers planned work for second semester; (12) Participated in workshop for Training Child - April 1, 2 and 3; (13) Participated in Open House May 1, 1957. (14) Participated in presentation of awards to students, February, 1957; (15) Participated in presentation of award to students May, 1957; (16) Sponsored T. V. Program - February, 1957. The objective being to help interpret the aims and objections of the academic school program as it relates to other areas of training; (17) Individual student report cards given to students in November, Febraury and May. (18) Sponsored Caswell Safety Patrol throughout the year. Additional equipment was procured for the group; (19) Participated in the Annual Christmas Program. (20) Participated in a research Program conducted by Dr. Holmes, East Carolina College. (21) participated in a course taken by students from Atlantic Christian College, Spring, 1957. (22) Sponsored bi-monthly student chapel programs in school auditorium.

The list preceding included by no means all the activities which students and teachers within the school area participated in 56-57 during the school term, however they do symbolize, we feel, progress within the area. They only stand before the group within the area as a challenge to provide for our Caswell Students a more and more effective type of curriculum in years to come. Our thanks go to Director of Training and Education and to all individuals at Caswell who made it possible for us, within the school area (both pupil and teacher) to undergo the experiences that made our year "One never to be forgotten." Without the cooperative efforts of others nothing could have been achieved.

William Walters, Principal

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Recreation News

The movie companies in Charlotte have agreed to supply Caswell Training School with 2 free movies per week for another year. We are very thankful for their support in this fine project for the children. We have received work from Raleigh that the legislature approved funds for two new pools one for swimming and one for wading. We hope the pools will be completed by June 1, 1958, for use next summer. The Rural Church League has just completed the spring baseball season. The Caswell boys come out in 3rd place - won 7 lost 4.

Waylon Bissett, Director

AWARDS

As the academic school year drew to a close on May 31st two programs were given on Wednesday and Thursday nights of that week in the recreation building. Feeling that it would be of interest to the students to have staff members perform a staff program was given on Wednesday night. Departmental groups presented stunts and skits while musical numbers on the violin, accordian and piano were given by individual staff members. By the response of the boys and girls it would seem that it was a great success and will probably be a yearly affair.

On Thursday night the students of Mrs. Sutton's class gave a program which highlighted each study unit which was used during the school year. Following this, awards of various kind were presented to the students. These awards were based on the individual child and what he does rather than on a basis of his competition with others. 30 gold pins for outstanding achievement in all areas of adjustment such as school, cottage life and/or work areas were given. These special Caswell Training School pins were purchased by the Caswell All-Staff as a desire to sponsor these particular awards, 36 second awards for outstanding achievements in the specific areas of advanced classes, academic school classes and cottage life adjustment were also given. 46 third place awards were presented for achievement in all areas. The members of the boys' and girl's varsity and junior varsity teams and of the tumbling team received certificates of participation. Special certificates were also awarded for the most improved and most valuable players on the basketball teams. The 21 members of the Caswell Safety Patrol, which has enjoyed considerable publicity this past year, were presented with award pens or certificates - the services concluded with special recognition being given to Mrs. Mark Hill, who is retiring and Mrs. Polly Oettinger and Mrs. Mary Waters who have resigned.

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A Singular Honor

In May Mr. Gareth D. Thorne, director of Training and education was invited to participate in the spring conference of the Woods School at Northwestern University in Chicago. Woods School is one of the outstanding private schools in the field of mental deficiency and is recognized for its contributions to this field. For 6 months prior to this conference Woods searched for the institution which had made the most progress in the training and education of the retardate. Caswell Training School was selected as this school and Mr. Thorne was invited to present a paper on "Vocational Training and Rehabilitation Curriculum Planning in the Public Residential School."

CHAPLAIN

The department of religion sponsored a television program over WITN Washington, N. C. on June 16th. After an interview between Jack Howard, director of the Caswell TV programs and Mrs. Jean M. Hurt, chaplain, 10 boys and girls gave a program that was based on two of Warner Sallman's famous paintings, "Christ at Heart's Door" and "Jesus, our Pilot." It consisted of Scripture reading, stories about the paintings and musical selections by the chior members. The program was adapted from a longer service which had been given on Youth Sunday in February.

At different times the chaplain has been asked about the type of sermons and talks that are given at the 3 non-denominational services. In the course of a month regular Sunday school lessons, religious films and filmstrips, flannelgraphs, cut-out sermons, magic sermons and object lessons may be used. Two of these flannelgraph and cut-out lessons, will be discussed this month.

Flannelgraph is familiar to many churches as it is being used more extensively. The backgrounds which are placed on an easel board, may be purchased from church publishing houses or made from colored pieces of flannel. The figures are cut out of paper which easily adheres to the background. As one tells the Bible story the figures are placed or taken away and the backgrounds changed.

Cut-out sermons may be done as one talks. For instance the key to happiness (cut out a black key) is a willing heart (cut out a red heart) and a helping hand. (Draw around one of the children's hands on brown paper as one talks and then cut it out.) This is just the bare outline of the sermon. It is developed in such a way that the lesson to be taught can be applied at Caswell or at home. In the next issue of the Caswell News the magic sermon and object sermon will be explained.

The 2 copies of the Caswell 16mm colored film, "The Caswell Story" were used by 75 different clubs and organizations throughout the state between September 1, 1956 and May 31, 1957. They will be available for only bookings during the summer months.

Mrs. Jean Hurt
Chaplain and Public Relations Director

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Occupational Therapy

The summer occupational therapy proram has been temporarily interrupted due to an extensive re-modeling program now in progress.

The 11 small rooms have been combined to form four large rooms. This was accomplished by removing the walls between the rooms. A door was made at the end of the ceramic, and the sewing rooms leading into the hall where a sink has been placed to enable the students participating in these activities to have access to water. The hall and display area is being painted a warm rose using maroon as an accent; the activity rooms will be painted gayly using shades of red, yellow, lime and blue. By having these large rooms the instructor will be able to have a more varied program and also to have a larger number of students participate. Although the department classes have been discontinued, classes have been conducted with the ward students in the occupational therapy room located in their area. Students come to the department to receive therapy. Baring any unforseen delays, the remodeling should be completed by the end of July at which time a full schedule of activities will be resumed.

Mrs. Barbara Howard

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THE MEDIUM OF TV

"The Caswell Story - the story of your institution, supported by your money, devoted to the care and training of these our mentally retarded" are the opening lines of Caswell's monthly television show. As far as Caswell has been able to learn Caswell is the only school for the mentally retarded child which has a regular scheduled television broadcast in the nation. These programs, half hour in length, are seen on the third Sunday of each month over WITN, Washington, N. C. These broadcasts were initiated and developed from the programs on which some of the Caswell staff appeared during National Retarded Children's Week. After the Boy Scout Troop of Caswell produced a successful television program, the staff felt a regular scheduled program in which the boys and girls participated would be an excellent medium for presenting to the public Caswell Training School and for educating the public as to mental deficiency. Mr. Jack Howard, director of student evaluation and guidance has coordinated, directed and produced each program.

In January 1957 Mr. Waylon Bissett, director of recreation and physical education organized a program which portrayed the philosophy and work of his department. Tumbling and dancing by the students illustrated certain phases of this department. In February Mr. William Waters, the school principal, discussed the school's program and how it attempted to meet the need of the educable child. The teachers and students assisted Mr. Waters to give a more realistic approach and show the various phases of school activities. Mr. Dan Wise director of vocational training, helped organize the March program. Together with the supervisors of and students in certain work areas, the sewing room, beauty shop, farm and dairy Mr. Wise explained the school's attempt to prepare the boy or girl for rehabilitation. The director of social service and the assistant business manager assisted in this broadcast. The occupational therapy whose director is Mrs. Barbara Howard presented with the help of the children the April program. Many of the articles made by the children were displayed and Mrs. Howard emphasized the fact that the finished product was not the important factor but it was the therapy involved in producing it. Religion for the defective is most meaningful and Mrs. Jean Hurt, chaplain and director of public relations appeared on the June program. She explained the different types of religious relations appeared on the June program. She explained the different types of religious services used and the boys and girls participated by reproducing a service which they had used previous-

ly. These problems have been well received by the parents of the children as well as the general public. Continually Caswell hears by letter, telephone calls or by personal interviews the interest these programs have created. Many parents of defective children who are contemplating bringing a child to Caswell have found these programs most helpful. The plans are to continue the programs indefinitely. The staff of Caswell is most grateful to WITN for the wonderful cooperation which their staff has shown and for the permission to use their facilities to bring to the public The Caswell Story so that the public will know what Caswell Training School is doing and so that the public can take pride in their school.

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WORKSHOP REVIEW

As there was no available space in the previous issue of Caswell News for the review of the workshop, it was felt this was significant enough to print in this issue. This is a reprint of the final article which appeared in the Kingston Free Press on April 5, 1957.—Editor

The final session of the Workshop for the Trainable Child, which commenced Monday was held at Caswell Training School on Wednesday morning. The workshop was historic in that it was the first of its kind for Caswell and the first in the field of mental deficiency in North Carolina. It was sponsored by the Training Department at Caswell Training School and the North Carolina Association of Retarded Children in conjunction with Dr. I. Ignacy Goldberg, educational consultant of the National Association for Retarded Children.

A total of 147 persons were registered, exclusive of any member of the Caswell staff. Many state and local officials from educational fields, public health, public welfare departments and state rehabilitation office were in attendance. The University of North Carolina at Chapel Hill, Cerebral Palsy Hospital of Duke University and Greensboro College were all represented. There were also parents and ministers who were able to be present.

The workshop opened with a discussion of the medical, social and psychological aspects of the trainable child. All the discussions and lectures dealt with the child's limitations, mental, physical and social, and stimulated much thinking as to who is the trainable child and what goals could be set up for this individual. It was agreed that the retarded child should be helped according to the degree of retardation; therefore, the more severely retarded individual, who is termed trainable, should be trained to his maximum ability. The main objectives should be to help this person to reach his potential in caring for his personal and social needs and to help him be a contributing member of the group in which he finds himself. This includes in many cases preparing him, wherever possible, for the performance of a simple, uncomplicated job under supervision. It was agreed although the goal is to prepare the trainable individual for work in a sheltered environment, it was most essential and vital to prepare the child to grow into adulthood. When the individual has reached adulthood, his mental age would range between four and eight years, although his physical maturity is most often that of an average adult; consequently, in dealing with persons of the trainable retarded type having chronological ages above 16, parents and society must treat and accept them as such. There is a great need for the professions and the public in general to accept this approach first before much progress can be made in society and in school. Much emphasis during the entire workshop was placed on the parent and his need for help and education and that society must also through education change its concept so that it will be willing to be more accepting of the trainable child in the home and community.

The question of the role of the Day Center was thoroughly discussed and the consensus of opinion was to help the child develop socially and to help the child to function so as to adapt himself in the community and home. The Day Center would not eradicate the need for institutionalization, but might delay the institutional placement. It was agreed regardless of classes in the public schools for the trainable child, there would always be a need for Day Centers. The sheltered workshop was considered as the next step beyond the Day Center and this sheltered workshop gives the individual the opportunity to engage in a simple occupation whether it is in an institutional setting or in the community.

In a survey made by small discussion groups the general feeling was that much constructive help had been gleaned from the workshop. All the participants were gratified and enthusiastic in regards to the program which Caswell Training School offers, not only to the trainable child but the educable as well and the care given to all levels of mental retardation. All were particularly impressed with the general tone, attitude and quality of the staff of Caswell Training School. The survey pointed up the keen interest and desire for future workshops; expressed a wish that this be an annual affair. The workshop pointed out the confusion and misunderstanding that is rampant relative to the concepts and goals for the trainable group of mentally retarded children.

There is a decided need that the ojectives be clearly defined so that the next step or steps can be formalated and planned.

The credit for outstanding success of the workshop goes to many different people. However, contributions made by three people were outstandingly significant. Gareth D. Thorne, director of training at Caswell Training School, with the help of his training personnnel, did a masterful job of planning, organizing and carrying out the program. The entire workshop reflected this excellent organization and preparation. Dr. I. Ignacy Goldberg's outstanding personality, good humor and wit, plus his knowledge and experience gave the necessary impetus so that each session was highly informative and challenging. Mrs. L. B. Bryant, president of the State Association for Retarded Children, gave unstintingly of her time and effort to foster interest and support throughout the state. All the departments at Caswell Training

School cooperated to the fullest extent and much of the success is due to their assistance. Members of the Lenoir County Chapter of the Parents and Friends were of valuable assistance, helping with registrations, rooms and the serving of refreshments. The Kinston Junior Woman's Club, as well as all the florists contributed refreshments and flowers.

Social Service Department

During the fiscal year of 1956-1957 the social service department reported that 143 boys and girls entered Caswell. The entrees are now being curtailed as Caswell gradually reaches its top capacity in every building unit on the campus. The waiting list as of July 1, 1957 is 795 applications many of which are extremely urgent. As the admissions stop, the waiting list will increase much more rapidly.

During the past year 65 left Caswell and were put on placement - 48 were completely discharged. There were 7 of those on placement returned mainly for lack of adjustment. There is a certain percentage of those having been discharged whose parents or families have reapplied for admission.

For the year there were 1655 leaves of obsences or vacation granted.

A.A.M.D. Meeting

The American Association on Mental Deficiency held its yearly meeting in Hartford, Conn., from May 21-25. Miss Elizabeth Brown, director of the psychological department and Miss Pearl Adkins, director of social service attended. Dr. Kratter, acting superintendent and Mr. Stroud, business manager had planned to attend but due to a proposed visit by legislators they had to forfeit this opportunity. Six-hundred and sixty seven professional workers, parents and laypersons were registered. This was the largest registration in 81 years of meetings. Ninety-six prepared papers presented in 20 sectional meetings covered the gamut of services for the mentally retarded and the current educational medical and psychological research in the field. The federal government activities on behalf of the retarded were presented by three representatives of the U. S. Department of Health, Education and Welfare. The parents conducted a symposium on "Bridging the Gulf Between Professional and Parental Activities." Each year this conference grows in scope and professional stature. Here one meets people from all sections of the country and the world.

CAMPUS SIDELIGHTS

Gareth D. Thorne, Jack Howard, and William J. Waters of the Training and Educational Department attended a meeting in May of the International Council for Exceptional Children which was held at the Penn-Sheraton Hotel in Pittsburgh, Pennsylvania. Mr. Thorne Participated in the program.

Waylon Bissette, recreation director, attended a conference at Chapel Hill, held by the Hospital Division of the American Recreation Association. Mr. Bissette was summerizer for one of the sessions.

The May All-Staff meeting elected the following officers for the ensuing year: Mr. A. D. Bruton, president; Mrs. James Thomas, vice president; Mrs. Jennie Lassiter, secretary; and Miss Mary Lee Utley, treasurer.

Miss Lena Lewis, a registered nurse, recently joined the medical staff. She is a graduate of the Wilson School of Nursing in 1954. She also attended the Atlantic Christian College.

Robert O'Neal joined the recreational department as an assistant on June 1. Mr. O'Neal, a native of Bath, received his degree in physical education from East Carolina College.

Mrs. Smithy Hardy, and employee for thirteen years, and Mrs. Walter Jones, an employee for eight years, have retired. They were cottage parents.

Mr. A. J. Oliver, dairy supervisor, spent several days at the State School for the Deaf and also at the State Hospital in Morganton to help classify the dairy herds.

Mr. Gareth Thorne, director of training and education, has been appointed clinical lecturer, department of psychiatry, medical faculty, at the University of North Carolina in Chapel Hill.

The Caswell Tumbling team performed for the Rotary Club in June. At the same meeting, Mr. G. D. Thorne was the guest speaker.

Three special education classes were at Caswell during June. One was from State College and two were from East Carolina College.

In May fifty boys and girls attended the Variety Show at the Armory in Kinston, through the courtesy of the Carolina Builders and Supply Company, the Coca Cola Company and the Highland Furniture Shop.

Dr. Frederick E. Kratter, acting superintendent, presented a paper on "Day Care Centers" at the May meeting of the Association of the Lenoir County Chapter of Parents and Friends of Retarded Children.

The school was recipient of several gifts. The North Wilkesboro Junior Woman's Club contributed money to purchase twelve filmstrips entitled "The Parables from Nature" and also donations for a swing for Byrum II and a television set for Kendall II. The Winston-Salem Junior Woman's Club donated a red velour runner, a pulpit scarf and a Bible bookmarker for the altar. The Smithfield Junior Woman's Club gave the Christian and American Flag set.

Dr. James Murdock, general superintendent, and Mr. Roy M. Purser, general business manager, have made visits during the last three months.

In May the state chairman of the Caswell Committee of the Ladies Auxiliary of the Veterans of Foreign Wars and two colleagues visited Caswell.

Members of the Raleigh Junior League visited Caswell. The Junior League is considering the establishment of a boarding home for untrainable children between the ages of one and six.

Mrs. F. F. McCullock of Elizabethtown who is a member of the Hospital Board of control visited Caswell in June.

Medical students from the University at Chapel Hill have continued to make their weekly visits to the campus.

An English exchange teacher, Jeffrey Norton, spent two days on the campus in June.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

RETARDED CHILDREN CAN BE HELPED

National Retarded Children's Week is from November 17 through November 28. This week is sponsored by the National Association for Retarded Children and is for education and fund-raising purposes.

With your help:

1. Many retarded children can be educated to their highest potential and become self-supporting, happy, adjusted citizens.
2. Special classes, sheltered worships and diagnostic clinics for the benefit of parents and communities, can be established.
3. More research into the basic causes of retardation and preventive measures can be planned for and augmented.
4. More people, more time and more facilities can be made available to educate the public as to all aspects of mental deficiency.

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Treasurer ..... Mary Lee Utley

A TRIBUTE

On September 7 in a quiet, unobtrusive way so characteristic of her, Miss Mary Lee Utley left Caswell to retire to her home in Merry Oaks. Miss Utley who came to Caswell on July 23, 1932 as budget officer in the business office was an exceptionally loyal and conscientious employee of Caswell as well as the state of North Carolina. She brought to her work efficiency, thoroughness, conscientiousness and dependability. Many times she gave over and beyond the call of duty. Two of her outstanding qualities for which she will always be remembered are her generosity and thoughtfulness. It is doubtful that there is a person or family at Caswell who has not been touched by Miss Utley's generousness and kindness. Wherever there was sickness, death or trouble a kindly, sympathetic message or gift was sure to be sent. This is not only true for those at Caswell but for her numerous friends and acquaintances in Kinston.

Her standards of integrity were of the highest and there was no compromising. She was also a person of strong convictions and was loyal to these convictions, fearlessly standing for them - a quality which in today's life is often lacking. During the years she gave of her all to the Queen Street Methodist Church as a devoted Sunday School worker. She was also a loyal member of The Kinston Business Women's Club. As one learned to know Miss Utley one grew to admire and respect her. Everyone feels a great loss in her leaving. Many, many sincere thanks goes to Mary Lee Utley for the numerous contributions she has made to her work and the life on the campus and in the community. All her friends feel a keen loss in her leaving but each and everyone wish for her all the happiness and success possible in the years to come.

The following, written by Miss Utley, appeared in the March, 1938 issue of CASWELL NEWS:

"I am glad to be a part, however small, of such an organization as the Caswell Training School. It is good to live and work where every effort leads to the happiness of children. Every day brings opportunities for making life brighter and more worthwhile for others, the employees as well as for the children. And then I like to think of the homes represented here--the fathers and mothers who are happier because their children are well-cared for, safe and happy. Too, I think of the many throughout our state who contribute to the upkeep and upbuilding of this school, by work, taxes, or in any material way. We, as employees of the school, are a part of a dream--a dream, the fruition of which is the happiness and wholesome living that we see around us. I am glad to be a part in making this dream come true. Life here is routine, more or less, but along with the routine every day brings a challenge for radiant lving. Every employee here is a distinct personality, making his own contribution to a worth-while organization, an organization which is weakened when anyone of us fails to "measure up" so to speak. The old adage that no chain is stronger than its weakest link is true, if trite. No association is stronger than its least loyal member, each cog in the wheel must function if the wheel as a whole is to function successfully. So I repeat, it is good to live and work at Caswell. I am glad of the daily contacts that I make with the employees here. Every one has something to contribute to my becoming a bigger, finer person, and I hope this thought will be with me and bring to me the courage, the patience, and the humility to absorb these contributions, thus helping me to be a more efficient cog in the wheel of life as lived at Caswell."

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FALL AT CASWELL

Time passes on and another season has arrived. With the fall season comes many different activities. Gone are the swimming ventures, the watermelon slicings, the long vacations and all the myriad activities listed in our last issue of Caswell News. Gone also and with no regrets is the hot, humid weather; although in September the summer seemed most reluctant to shed its mantle. Even the pesky gnats took their toll and everyone gave a thankful sigh when the cool weather sent them on their way. The campus is no longer full of the bright colors one found in the summer. However there are flowers still in abundance. Soon the pecans will be ready for the harvest. This year the trees are heavy with their clusters of nuts and there should be plenty to

share with the various living units at Christmas as is the usual custom.

The school bells rang the first part of September and all the classes started in full swing. The safety patrol is back at their regular posts guarding the safety of those who must cross where cars are likely to travel. As stated elsewhere several new teachers have been added to the staff to fill the vacancies of those who left in the spring. There are many new plans and activities afoot for the coming year. Each year sees a broadening of the school program with new ideas and new features. The children are anxious and eager to learn when the learning and the programs are geared to their level.

The witches and the ghosts and the goblins will soon be on the prowl as Halloween with all its fantastic and mysterious shapes and noises come stalking and swishing on the scene. The apple harvest is abundant and there will be the perennial bobbing for apples at all the various parties given on the campus. The recreation department always has a full schedule - brewing up all types of parties for the week. At this time the colony children are not forgotten. Halloween candy and apples are distributed to all.

In November Thanksgiving Day is always set aside for humble thanks for the many bounties which are so abundant in this land of freedom. The traditional turkey with all its fixings is served. Religious services stress the need to be thankful. For it matters not who we are or where we are, we have something for which to thank our Heavenly Father.

Of all the activities being planned for the next few months Christmas is the greatest and the most exciting. The children will soon be talking about a visit from good old Santa. Plans and projects are now in the formative stage. Occupational Therapy has already started on making various articles for decoration, gifts or display. The chaplain will emphasize the religious significance which is first and foremost in all the Season's activities. The recreation department will have the gigantic task of seeing each and every child and adult are not forgotten. The cottage life department will find itself at the hub of all this activity as around the life in the buildings the Christmas activities swirl. The school department will use Christmas as a learning area and will have a meaningful program beautifully enacted. The social service department will be steeped in the correspondence of planning and organizing the vacation leaves of the anticipated 600 who will joyously leave for home. Christmas is truly a beautiful time at Caswell. The buildings will be resplendent with all the holly, Christmas trees and variegated lights. The traditional carols will sing out from not only the lips of the children but from the porch of the hospital.

The above mentioned activities are only some of the more important aspects which are emphasized along with the regular daily program. There is no special day which is not used to help make each life more meaningful and more enjoyable. Each department is alert to any new idea or new method to promote the general welfare of each pupil or patient.

SIGNS OF PROGRESS

As one tours the campus, surveys the program and talks with Caswell personnel one cannot help but note the many signs and indications of the forward movement and the progress that has come and is coming to Caswell Training School as well as the entire program for the mentally retarded of North Carolina. Caswell at last is taking its rightful role as a leader and as an authority in the field of mental deficiency.

In the last quarter since the previous issue of Caswell news the following items are indicative of the many areas in which Caswell has progressed:

(1) In the early part of 1958 at Duke University a Conference on Handicapped Children will be held. Mr. Thorne is on the planning committee along with The State Board of Public Welfare. (2) Dr. Elliott and representatives of the State Public Health and Welfare Departments in Raleigh are planning an in-servce training program at Caswell for public health nurses and welfare workers, relating to the field of mental retardation. (3) The School of Social Work at Chapel Hill is desirous and willing to use Caswell for field work training for their first year students. (4) The July issue of the American Journal on Mental Deficiency carried a paper on Sex Education of the Mentally Retarded on which Dr. Kratter and Mr. Thorne collaberated. Other papers which have been accepted for publication in the near future are: "Color Blindness in Relation to Normal and Subnormal Intelligence by Dr. Kratter; "Sex Education of Mentally Retarded Girls" by Mr. Thorne; and "Religious Training of the Mentally Retarded at Caswell Training School" by Mrs. Jean Hurt. (5) Dr. Kratter's paper on "Day Care Centers" has been accepted by the professional journal of nursing staff. Nursing and Midwife Journal in Britain. (6) Caswell was invited to participate in the annual reading conference held at East Carolina College in July. Dr. Kratter was the speaker at the luncheon hour. Mrs. Jo Anne Sutton, teacher, demonstrated the ways of "Teaching Reading to Exceptional Children" by having Caswell students participate under her supervision. (7) In July Dr. Keith Holmes, professor of special education at East Carolina College, brought a class from the college for instruction and a tour. (8) Mr. T. O. Page, Special Education Director in Wilmington brought a special group to observe Caswell's training program for the Trainable Child. (9) Plans are being made and put on paper for the construction of the new hospital at Caswell. (10) Caswell is being used as a Training ground for the personnel to be employed by the Two New Training Schools.

No man can tell whether he is rich or poor by turning to his ledger. It is the heart that makes a man rich. He is rich according to what he is, not according to what he has.

Training Department—

ACADEMIC SCHOOL

The academic school at Caswell resumed full operation on September 1, 1957, with ten academic school teachers comprising the school personnel. We have with us eight of our 1956-57 faculty members, plus two new faculty members for 1957-58 school year. Mrs. Joyce Starling, graduate of Atlantic Christian College, is new in replacing Mrs. Mark Hill, who retired last spring from the classroom. Miss Carolynne Harwell, graduate of Meredith College, is new in replacing Mrs. Polly Oettinger in the music department. Of course, our returning teachers need recognition for their faithfulness to our Caswell children and are: Mrs. Mary Emma Baker, Mrs. Martha Barnes, Miss Mary Hadge, Mrs. Helen Hardy, Mrs. Jo Ann Sutton, and Mrs. James Thomas, all classroom teachers. Mrs. Gladys Nunn returned with us this fall as academic art teacher. Our Caswell School library is still under the direction of Mrs. Anne Owens, who has been with us two years. Our library is now located in the academic school building where the music room used to be; this makes it more convenient and accessible to the school students and their classes. We are most pleased to have more space for our library and such a cheerful one.

This fall our academic school also began operation with a new course of study. This course of study was designed and drawn up by Daniel C. Wise, the new academic school principal; Mrs. Anne Owen, librarian; Miss Mary Hadge, full-time teacher; Mrs. Jo Ann Sutton, classroom teacher; and Mr. William J. Waters, former principal of the academic school. We are very happy to have such a valuable guide in our school curriculum and have so far found it to be most stimulating to our students. The first unit of instructions was "Safety" which was emphasized during the month of September. Many films and filmstrips have been used from our newly developed film library and even a miniature stoplight designed by Mr. Wise, our principal, was built and placed in the classroom for use in teaching traffic and street safety. The other units of instruction for the remaining school months are: Where We Live, Clothing, Foods, Holidays, Housing, Health, and Public Utilities.

This article would not be complete without an expression of regret over the loss of Mr. William J. Waters, our former principal of the academic school. Mr. Waters received a well-deserved promotion in July and is now Director of Training and Education at the new Goldsboro Training School in Goldsboro, North Carolina. We miss Mr. and Mrs. Waters very much. Mrs. Waters was our former home economic instructor.

Mrs. Baker and her academic school classes presented a very informative and appropriate chapel program recently. The emphasis was on "Safety" and everyone enjoyed the program very much. Mrs. Baker and her students, and Mrs. Harwell, our new music instructor, did a commendable job in planning, practicing and presenting this inspiring program.

In addition to learning about "Safety" and to read and write and do numbers, this year our students are all learning to hold devotions in their classrooms, pledge allegiance to our Nation's Flag, and to sing our National Anthem, the Star Spangled Banner. Also a project of "Who Am I" is being emphasized in the classroom, because we feel each and every child should know as much about his or her person as possible. Questions such as: A student's full name, age, birthdate, weight, height, sex, place of birth, color of eyes, color of skin, characteristics, etc., are discussed. Our safety patrol is back in operation this year, carrying on the same important tasks of seeing school students to and from school safely. We are very proud of our safety patrol boys and girls and value their work tremendously. Finally, an academic school student council has been organized this year to work with the safety patrol members in getting student cooperation in obeying the safety rules and regulations. This student council will also help to plan and carry out certain school activities and assume simple leadership roles and responsibilities. We hope to gradually promote more activities in which Caswell students will be permitted to make individual decisions and personally accept responsibilities as upright, law-abiding citizens of our Caswell community.

Daniel L. Wise

Occupational Therapy

The fall occupational therapy program began the first of September in completely remodeled quarters. A number of walls had been removed leaving four large rooms where previously there had been eleven small rooms. This larger space is more adaptable to the program; and the larger equipment such as looms are more accessible. The office, halls, display area and rest rooms are painted in astor pink with cannon rose accent. The beginner's room is painted a bright yellow and blue. In this area Mrs. Janie Gaylord, who recently joined the staff, instructs the students in self care training. This includes learning to dress, using buttons, zippers, snaps and laces, as well as mastering various door handles, spigots and locks. Play therapy is also offered these students to help them adjust better in the home and community. When a student has mastered the activities in this area he is transferred to one of the sections where he engages in a more specific activity. Mrs. Myde Hill, instructor in needlework, offers the student an opportunity to learn machine sewing, embroidery, weaving and other hand sewing activities. Her room is painted a wheatgold and purple. Draperies dyed a cannon rose, were made for this room. Next to the sewing room is Mrs. Alice Howell's room where she offers the students activities in minor crafts. This includes ceramics, leather work, cork, art, gymp craft and many others. This room, painted in lime, yellow and orange colors, has furniture decorated in lime and orange colors also. Mr. G. R. Howell offers instruction in woodwork, both to the beginners and to the more advanced students. His room is painted in chartreuse, shrimp and light gray colors. The students and personnel are finding that these new colors are most pleasing. The public who visit the department is immediately attracted to and impressed by the brightness and

CHAPLAIN

In our last report in the "Caswell News" we mentioned 2 types of sermons and talks that are used in our non-denominational services. In addition to the flannelgraph and cut-out sermons we often use magic sermons and object lessons. We shall attempt to give an example of each.

A magic sermon built around the topic "Doing the Impossible" is illustrated by the use of a glass quart milk bottle and a hard boiled egg which has had the shell removed. The egg is placed in the mouth of the bottle and, of course, will not slide in. Then one takes a small piece of paper, lights it with a match, places it in the milk bottle and again sets the egg on the mouth of the bottle. As the flame burns the vacuum created by the flaming paper gradually sucks the egg into the bottle. This is then used to show that with God working in and through us we can do things that often seem impossible for us to accomplish.

Object sermons use utensils or objects with which the group is familiar. As an example a funnel, a sifter and a sponge were used to show 3 different kinds of people. The funnel represented boys and girls who listen when people try to help them and then pay no attention to the advice. The sifter was like those who hear and accept a little of the offered help. The sponge, however, was compared to the boy or girl who listens and learns all he can while at Caswell which will help him to be a better prepared person. And then he puts into practice in his daily living that which he has learned. These outlines were developed into a 10 or 15 minute sermonette since the retarded person does not concentrate for any length of time.

Religious films are rented once a month. Religious filmstrips are purchased and filed and thus are available again and again.

During the summer months 200 cottage children, divided into 6 units, attended weekly "Bible Story and Song" classes which were held for 10 weeks. At the conclusion a special program was presented at the chapel services on September 1st.

Due to excessive heat in the auditorium where Chapel services are held the evening service was changed to the morning for July, August and September. It will return to the Vesper Hour of 7:15 on October 6th. Plans are being made for a Thanksgiving service to be held in the Recreation Building around 10:00. Special music will be given by the children.

(Mrs.) Jean M. Hurt

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Population

As of October first, the population at Caswell stands at 1880 pupils and patients. During the month of July, August and September, there were 12 admissions, 17 discharged, deaths, 3 and 14 were placed while 6 were returned.

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cheerfulness of the surroundings. Occupational therapy is not only carried on in these four rooms but the instructors visit the living areas such as the colonies, the crippled childrens' hospital, the central hospital and the T.B. annex, where those who are more physically handicapped live.

Barbara Howard

Social Service Department—

The last issue of CASWELL NEWS stated that in the forthcoming issues the plan would be to highlight one of the departments as to its functions and responsibilities in relation to the total program of the institution. As the social service department is the department which initiates and admits the child, it would seem expedient to start with that department.

EDITOR

In people's minds there is much confusion as to what are the duties of a social service department. The word social is often misconstrued by most laypeople, as well as some professional workers. The professional social worker must be psychiatrically, medically and socially oriented so that there is a constant awareness on the part of the worker of the individual differences in people and the whys and wherefores of human behavior. The social worker must be aware of, or be able to locate any facility which will lend assistance to the individual whom the social worker is counseling. The worker is trained and skilled in helping the person or family to use whatever emotional, social, economic or spiritual resources that are available in the individual or family so that the the individual or family can make a better adjustment to the existing environment in which the individual or family is. In some areas the service would be offering the agency's financial assistance; in others it would be analyzing and interpreting the problem and referring the individual to the proper resource; in other areas it would be lending a "listening ear" and counseling the individual in order to give him the support and assistance needed in helping him work out an acceptable solution to his present problem. In many instances the social worker is the liaison between the doctor, the psychiatrist and other professional people and agencies.

The social service department at Caswell Training School is the liaison or link between the child, who is to be entered, and the institution, the parent and the community. After the individual is entered, the department is the link between him and his family and any agency relative to any potential plans regarding a leave of absence or placement. In many instances the social service department is the link between the parent and other community agencies while the child remains within the institution.

The department works in close harmony with the superintendent and all other departments within the institution. The staff of two social workers, plus one full-time secretary and additional secretarial help when necessary is a small one compared to the staff in the cottage life, medical, business or training departments. However, the work assigned to and carried on by this department is an important and essential part of the institution. In essence it is the alpha and omega or the beginning and the end of the entire program, as will be shown in the following paragraphs.

The present social service department at Cas-

well Training School was established in January 1953 with the hiring of the present director. At that time Caswell was not oriented to the role of the social worker but the superintendent saw the need and the value of someone to assist him in organizing the department. The main function of the social worker then was to admit the children. Two children and sometimes three and four were daily scheduled for admission. Detailed admission histories were secured for the first time on all new entrants. Parents and relatives were more than ever encouragd to bring the child or patient. It was felt that the value of the parent's coming is many fold: it gives the parent an opportunity to see the institution, to meet some of the staff and for the worker to secure valuable information for a complete picture of the child, including prenatal and birth history, development, medical data, psychological findings, school progress, personality, community adjustment and family history and background. These details are incorporated in a comprehensive history which is placed in the child's folder to be used by all the professional staff for diagnosing, understanding and research purposes.

Gradually as the school progressed and grew in size and stature, the department's services were expanded. In the early part of 1955, the waiting list was transferred from the superintendent's office. All applications and correspondence regarding the waiting list are processed through this department. On the receipt of each application, it is studied as to its urgency, building assignment and classified accordingly. All new applications, which average about twenty-five each month, are carefully scrutinized as to all details. An individual file for each applicant is set up. An alphabetical card index is kept on each application, plus a registry for counties and dates of each application.

A letter of acknowledgment of the receipt of the application is sent to the welfare department and a copy of this letter is sent to each parent. All correspondence concerning any case on the waiting list is handled and answered by this department. Every letter is given full consideration. The receipt of any letter is acknowledged and all outgoing letters are answered in as sympathetic, courteous and understanding manner as possible. Letters are the "ambassadors of good will" and are one of the mediums of establishing good public relations. The task of attempting to organize and keep the waiting list in an efficient and orderly manner is a never-ending one. It is the worker's responsibility to prepare and present the cases to the Council on Admissions which is composed of the heads of all the professional departments within the institution. This council makes the final decision as to the admission of all individuals. When space is available and a person can be admitted, the social worker writes the welfare department, forwarding all the necessary forms and instructions. When these forms are returned and carefully checked for the correct processing, the worker sets the date for the entry of the pupil or patient by the way of a letter to the welfare department; a copy of which goes to the family along with the instructions pertaining to the policies and procedures of the institution. When the individual comes for admission, he and those accompanying him are met by the social worker and the social history is obtained.

Parents who are contemplating the possible placement of their child at Caswell are encouraged to visit the institution. A worker spends as much time as possible discussing with these parents their problems, their doubts, uncertainties and then explaining and showing wherever possible the program Caswell offers. This is an important and essential aspect of the social worker's job, as parents find a tremendous help in visiting the institution and talking with someone who tries to understand and help them with their feelings in this intricate and emotionally charged question: "Shall I institutionalize my child?" This is an area which should be expanded but can be done so only when more social workers are added to the staff.

The placement program is under the jurisdiction of the social service department. Due to the lack of sufficient funds allocated to this department for personnel and equipment, this area has not been emphasized nor stressed to its fullest. However, boys and girls do leave Caswell; this has been generally at the request of the parent. Whenever a parent makes this request, the worker encourages the parent to discuss his plans with the welfare department as this agency generally knows the home situation and would be responsible for whatever supervision would be given. The welfare department communicates with the school regarding the feasibility and expediency of the individual's leaving. The social worker in turn discusses this request with various departments for reports and recommendations. These are incorporated in a comprehensive letter to the welfare department with the institution's recommendations. Many parents come direct to Caswell to initiate this request for removal of their child. The parents confer with the worker and if necessary with other department heads and recommendations are made according to the existing circumstances. This is flexible according to the background of the child and the program under which the child functions. With close cooperation with the rehabilitation office under the training department, placements are being made under the jurisdiction of the State Rehabilitation Office. This program is still in its infancy but has many potentialities and is being explored to the fullest. Attempts have been made to initiate a Working Home Placement program in and around Kinston, but this has been hampered by the lack of personnel and time to give the adequate supervision and education necessary for the fruition of a successful, active program. A file of all placements is kept and follow-ups are made if expedient. It is the responsibility of the department to recommend and carry through on all discharges from the institution.

The approving of all vacations is processed through the department. This is closely coordinated with the cottage life department as the latter must be aware of all recommendations regarding any leave. All letters from parents or welfare departments relative to vacations are handled by the social workers. This involves a volume of correspondence, especially at Christmas and summertime. A record is kept of each child on vacation as to date he left and when he is sup-

posed to return. If one overstays his leave, a letter is sent to the welfare department and/or to the parent inquiring about the delay of return and what action will be taken.

The social worker's office is opened to any parent of any pupil or patient at Caswell Training School. Parents continually seek a "listening ear", especially when they have only recently brought their child to the institution. Parents are confused and many times emotionally upset at the separation of the child. They need someone to whom to turn. In many institutions counseling services are rendered to parents by the social service department but the staff at Caswell is too small to give this service any long-range plan.

The functions as mentioned above mainly admissions, coordinating vacations and placements are the main aspects of the social service department. However, there are numerous and minor duties; such as the attendance of conferences and meetings within the institution, as well as on a state and national basis. There are miscellanous reports expected. Pupils request to see the social worker for various purposes. Although this is not the official relation office, the social service department through its contacts with the parents, relatives and community agencies lend its valuable assistance to the education of the public as to mental deficiency and Caswell Training School.

As intimated elsewhere, there is a great need to have this department expanded. It is very easy to see the need for money to provide food, clothing, a place to sleep, medical care and education but one does not live by bread alone. The social service department's services are in many ways intangible and cannot be often concretely measured in dollars and cents; therefore, budget-minded people do not see the need for extra services. Services to the parent are needed; more counseling services for the pupils within the institution should be expanded. Although the institution is primarily interested in the child, the child cannot be divorced from his family; consequently the parent must be considered by the institution. A happy, satisfied parent usually means a happy, well-adjusted child. The greatest need is for department to be able to initiate an active, energetic placement program. It is useless for an institution to spend thousands of dollars to organize and institute a training program and then not to provide the necessary funds and equipment to carry out the ultimate goal of the training department; that is the return of the trained student to society to take his rightful place in the home and community.

In summation the social service department at Caswell is interested in the family as to its needs for assistance in meeting the problem of mental deficiency; it is interested in the pupil or patient within the institution and his need for continuing relationship with the home and community; the department is interested in the child's being returned whenever possible to his home and community.

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Wanted!

Our librarian, Mrs. Owens, has sent out an SOS for teen-age novels. Our boys and girls are constantly visiting the library for books but the shelves for teen-age fiction are bare! Any books about animals, adventure, or romance geared to the teen-age level are acceptable; also there is a group of books called "Teen Age Tales"; these are excellent. "Teen Age Tales" books I, II, and III, by Ruth Strang; book IV, by Strang and Roberts; and book V, by Strang and Heeny, can be purchased from D. C. Heath Company, Atlanta 3, Georgia. This would be a wonderful gift for a Christmas present. Any new or used books in good condition would be appreciated by the staff but most of all by the boys and girls.

CONGRATULATION

Congratulation and many good wishes go to Gareth D. Thorne who was recently appointed by the Hospital Board of Control to the new position of General Director of Training and Education for the three mental defective institutions at Caswell, Goldsboro and Butner. Mr. Thorne has been the Director of Training and Education at Caswell. This new position is a challenging one and everyone at Caswell wishes all the success possible to Mr. Thorne.

Mr. Thorne expresses most aptly his feelings in the following message to his friends at Caswell: "During the past three years my association with you has been one of great personal satisfaction to me. I now face one of the most difficult adjustments a person can make, that of moving from an area of activity and responsibility in which he has experienced the ultimate in security of good friends, success and happiness, and embarking upon a new course, the future of which is not clearly defined.

It is my greatest desire in my new position that I will be able to assist the educational and training programs for retarded children in state institutions more effectively than ever before. I must admit that I would face this challenge with much anxiety were it not for the great amount of confidence I have in each of you. I am indebted to you for the progress I have made, let there be no question about this.

I owe a special debt of gratitude to the children of Caswell who have so willingly cooperated to give substance to our efforts. To me there is no greater reward that can be gained other than the deep sense of personal satisfaction which comes from working with children, watching them grow in mind and body to attain their highest level of success and happiness in society.

North Carolina has proven its willingness and ability to make tremendous strides in the fields of special education and care for its mentally retarded. We should all be greatly encouraged and stimulated by the new facilities created at the Goldsboro and Butner Training Schools to carry on this effort. It is now our task to work together to provide the ultimate in democratic spirit and teamwork leading towards the enrichment of the training school community with ideas and practices guaranteeing the rights and fredom of its members to participate in accordance with their capacity to do so.

In conclusion please accept my expression of appreciation to each of you for the privilege of sharing with you the happiness which came from being a member of the staff at Caswell. May God bless you all."

CAMPUS SIDELIGHTS

Dr. W. Frank Caston joined the psychological staff at Caswell. Dr. Caston is a graduate of Furmon University at Greenville, S.C. His M.A. degree was received from the University of S. C. and his Ph.D. degree from Vanderbilt University. Both degrees are in the field of clinical psychology. For the past three years he was on the psychological staff at Whitton Village in Clinton, S. C., the State institution for the mentally retarded. He is a lieutenant in the Air Force reserve and has a mobilization assignment at Seymour Johnson Air Force Base in Goldsboro.

Mrs. Annie Parker Hodges became a dietitian in the food service department. She is a graduate from East Carolina College.

In July the Hospitals Board of Control appointed William J. Waters as the director of Training and Education at the new Goldsboro Training School. Mr. Waters was the academic school principal at Caswell. Caswell is very sorry to lose Mr. and Mrs. Waters as both Mr. Waters and his wife have contributed much to the life and progress made. However congratulations are in order as this is a step forward.

Mrs. Janie C. Gaylord joined The Training Department staff on August 1 as an instructor in the occupational therapy department. She is a graduate of Women's College in Greensboro and has a degree in home economics.

In August Robert A. Mahaffey was appointed as a teacher and guidance worker in the department of Vocational Training. He is a graduate of State College with a B.S. degree in vocational work.

Appointed as an assistant in the recreation department is Mrs. Loretta Griffin Lewis who is a graduate from East Carolina College with a B.S. in physical education and social studies.

Mrs. Joyce Starling who is a graduate of Atlantic Christian College and has her degree in elementary education will be a new teacher for the academic school.

In the home economics department, Mrs. Betty Howes will assist Mrs. Margaret Elliott. She has her degree in home economics from East Carolina College.

Miss Carolina Harwell has been hired as a music instructor. She attended Meredith College from which she was graduated with a degree in public school music.

Dr. A. J. Efross recently appointed superintendent of the new Training School at Goldsboro spent four days at Caswell during August observing all phases of institutional life.

The first part of September Mr. Guy Johnson from Kinston joined the staff of the Cottage Life Department as an assistant.

Mr. Hal K. Goode the director of training and education at the new Butner Training School spent the month of September at Caswell in order to acquaint himself with the program.

Fourteen members of the Caswell Training School Boy Scout Patrol spent a week in July at Camp Croaton--thanks to the generous donations of the Kinston Junior Woman's Club and an interested group of people in Wilson, N. C. Three members of the staff, Waylon Bissette, Jack Smith and Ishan Bland spent 2 days each with the boys. In August, 17 Boy Scouts who had received advancement in rank were guests of Morehead City.

Miss Rachel Consalves from Parena, Brazil was an interesting visitor at Caswell. She is a social worker and a faculty member of the School of Social Work in Parena.

Members of the Caswell tumbling team were dinner guests of the Farmville Kiwanis Club in August after which they presented a program. In September they performed for the Nurse's Association of Lenoir Memorial Hospital.

Dr. Joseph Fransoni, chief of the Mental Health Service in Greenville visited Caswell with two of his staff members.

Mr. A. J. Oliver, dairy manager attended the State Institutional Dairy Herd Sale in Raleigh during August. He offered 13 cows for sale and averaged $440.75. This was the highest average made by an institution.

The North Carolina Chapter of the National Association for Retarded Children held its convention in Greensboro at the end of September. Dr. Kratter, Mr. Thorne, Mr. Goode and Miss Adkins spent the day, at the meeting.

Four members of the Star Junior Woman's Club visited Caswell. Mrs. Carpenter, of Wendell 9th District, Chairman of the V.F.W. auxiliary also visited.

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CASWELL TELEVISION

Caswell still continues having a monthly television program. They have been seen the third Sunday of every month over WITN, Washington, North Carolina. Favorable comments are continuously received; especially in helping to educate the public as to the progressive program at Caswell.

The programs from now on will be shown on the third Wednesday morning of the month at 9 o'clock. Each month some different phase is discussed. For the last three months, the children have not appeared; they will be participating in the future.

All the programs are under the direction of Jack Howard. In July the program centered around dispelling the misconceptions about mental deficiency. Mr. Howard, Miss Pearl Adkins, Mr. Gareth D. Thorne and Mr. Daniel C. Wise discussed these misconceptions from a positive approach. In August Mr. Howard, Miss Elizabeth Brown, Mrs. Ben Barnes, Mrs. M. V. Harlan, and Mrs. W. F. Ginheimer, Sr., a former employee, discussed the many various changes and the forward look of Caswell. In September a number of the hospital staff participated in presenting an educational program as to the medical program for all the pupils and patients.

Be generous with kindly words, especially about the absent.

North Carolina State Library
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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

DEDICATED TO THE MENTALLY RETARDED EVERYWHERE

God gave us these little flowers from His own garden fair.
"These," He whispered low to us, "are just a wee bit rare.
Tho' they may be a little weak and different from the rest,
I know one day they too will take their place among the best."

"Give them all the love and care that you would give the others,
Then add a little extra for they need more than their brothers.
Patience, strength and courage -- you will need all three;
I will give all these to you if you believe in Me."

"Have faith," He said, and as the years passed by,
We came to understand Him and no longer wonder 'why?'
Those little flowers He gave to us have been so very slow,
Yet they are just as dear to us as the others that rapidly grow.

There are some who see our flowers and shake their heads in doubt,
But we do not let it trouble us for God told us what it was all about.
He loved these flowers very much and care for them we must,
For when He gave them to us, He gave us a sacred trust.

—Jean M. McElraevy

January, 1958

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A TRIBUTE . . . . .

The medical department of Caswell Training School is being described in detail in another section of Caswell News. In view of this it is an opportune time to honor and to thank the entire staff of the medical department for the efficient, tireless and cooperative service which they render not only to the patients and pupils but to the employees of Caswell. This department must function 24 hours daily, seven days weekly. It must be prepared to meet all types of emergencies under all sorts of conditions. The health of the pupil or patient is of vital concern to every parent and the parents as well as the employees look to this department for the service they render. The medical staff at Caswell does not perform its task as it was a job to be done but each member of the staff brings to his or her work that little extra human touch and understanding which are necessary in caring for Caswell's patients. Many little thoughtful and kind acts are daily performed and go undetected by many. The thoughtful and kind care which they administer not only to the body but to the many other personal needs is reflected in the patients' response both physically and emotionally. The skill and efficiency of the medical director and of his entire staff was evidenced in the recent epidemic of the Asian flu. With over 800 of the pupils and patients ill and many of the employees, Caswell Training School did not have the deaths which many similar institutions had. Thanks to the planning, coordinating and the unceasing care of a group of dedicated workers. There is not sufficient space in this Tribute to single out each and every one of the medical staff; however it is to be hoped that every employee personally will accept the sincere appreciation which is extended to him in this Tribute. Without your loyalty and your devotion Caswell Training School would not be the outstanding School it is. Many, many thanks for a job well done.

PAST AND FUTURE

Historical Survey

Prior to the 19th century, persons suffering from severe forms of mental retardation were considered to be hopeless cases beyond any possibility of training or vocational rehabilitation and no attempts were made to improve their lot.

Our knowledge of the mentally handicapped dates back to a great measure of extent to the intensive studies made by the French physician Jean Marc Gaspard Itard who in 1798 began his now famous four-year period of scientific investigations on the wild boy of Aveyron. In 1801 Itard published his account of sensory training methods and this in turn attracted the attention of Voisin, Esquiral (1828) and others interested in this field. Esquiral was one of the first to make a clear-cut distinction between insane and mentally defective individuals and about the same time Saegert of Berlin and Guggenbuhl of Switzerland commenced training and treating the dull normal.

It was a little more than a century ago (1843) when Dorothy Lynde Dix made her impassioned appeal to the Massachusetts Legislature on behalf of the pauper, the feeble-minded and the insane many of whom at that time were rented to the lowest bidder to be kept, often chained, naked or in rags, without warmth or hygienic comforts and subject to every possible indignity.

In 1846 Seguin published his work in which he described in great detail his systematic training techniques which are based on the physiological lines of sensory and motor coordination. Many of our present day methods date back to his work which represents a land mark in the care and training of the mentally subnormal.

During the first half of this century rapid strides were made towards a better understanding of the causation and rehabilitative possibilities of the mentally handicapped, and an enlightened public has paved the way for a more progressive approach to this social problem. Our present day need is primarily one for more highly trained professional personnel and increased research into the factors governing the causation of mental deficiency.

Progress Review

In reviewing Caswell's activities for the past year, I note with gratification the sustained progress that has been made in the training, medico-

clinical and research areas of our institutional life. Monographs on Color Blindness, Sex Education of the Retarded Child, Use of Mentally Handicapped Children on Television Programs and Religious Education Techniques have been composed by myself and other members of our professional staff, which were accepted for publication both in this country and in Britian. Awards were won by Caswell's students for competitive sports entries and craft fair exhibits of Gold Trophies, Blue Ribbons and cash prizes amounting to $125.00.

Good public relations have still further been stimulated by the inception of television programs throughout the year describing the various functions, activities and curricula of the diverse departments at Caswell. During that period we encouraged the active participation of our students on T.V. broadcasts, which they and the public enjoyed. The children gave a wonderful account of themselves and the publicity campaign has been met with whole-hearted responses and approval by the viewers.

The workshop on the trainable child held at our school in April, 1957 was attended by more than 250 guests composed of professional persons and visitors from all walks of life and has still further stimulated increased interest in the fields of special education and allied disciplines.

The good will and high respect in which we have been held has been a source of considerable pride and satisfaction to our staff for it reflects the public's appreciation and continued interest in the general welfare of the mentally retarded. We are now being considered one of the more progressive and enlightened schools in the nation, which is concerned with the care and rehabilitation of the mentally retarded child. As a teaching center for medical students, post-graduates and others interested in the fields of sociology and special education, we have been constantly striving to increase our links more closely with the departments of psychiatry, psychology and pediatrics of the University of North Carolina, the East Carolina College, Atlantic Christian College and several schools of nursing, functionaries of state agencies and members of the public in general.

The upsurge in constructive ideas, the creation of a tolerant, permissive and yet educationally progressive school philosophy and an increasingly humanitarian approach to the emotional problems of each individual, have brought about a most praiseworthy response and improvement in the students social, moral and training standards. These scholastic, pedagogic and socio-vocational advances have been achieved through the purposeful planning and persistent devotion to duty by our administrative, professional and attendant staffs who have endeavored at all times to aim at a higher standard of individual and team proficiency.

The steady growth in the school population reaching almost 1900 resident students at present and the growing complexity of our financial, educational and clinical programs, which a well-informed public deserves, call for an enlarged expenditure on building projects, reconstruction work, major renovations, special equipment and new services. The citizens of the state of North Carolina have been particularly fortunate in possessing in their legislators men of great foresight and humanity. Their constant concern and preoccupation in the Mental Health Program generally and their sincere demonstration of good will towards the retarded has taken shape in the form of appropriations of generous sums of money for 2 more state training schools—as well as of some $700,000. for Caswell's additional facilities in particular. The latter will certainly help expand the medical care and rehabilitation services for our students in increasingly growing numbers.

On this occasion I think it is right and proper that I should express the profound appreciation of our staff, resident students and myself to the Honorable John Umstead, Chairman of the North Carolina Hospitals for his unremitting, inspirational leadership and tremendous support for the cause of the retarded throughout his term of office.

A lot of detailed work and thought has preceded the planning of the presently proposed building projects. The erection of a beautifully designed, one-hundred bed hospital will in the future take care of the acutely ill. It will make provisions for nursing and medical attention of all grades of retarded patients, will provide x-ray, laboratory, dental and surgical services, a new admission center, a psychiatric unit, a fine kitchen and dietary service, conference rooms for physicians and nurses, a library and similar commendable facilities and clinical improvements.

With the appointment of W. F. Caston, Ph.D. as staff psychologist recently, we are looking forward to planned sessions for individual and group counseling for many of our students whose educational progress is seriously interferred with and at times thwarted by feelings of unworthiness, gross maladjustment and the adoption of paranoid attitudes, respond well to such specific therapies. Once their emotional problems are resolved their growth of personality, social adjustment, development of intellectual capacity and vocational rehabilitation will progress at an accelerated pace.

The old hospital after suitable renovation and painting will provide for the care and treatment of crippled children. Added facilities will be installed for a physical therapy department, which will serve the needs of the orthopedically handicapped custodial residents. It will also take charge of the chronically ill. The proposed physiotherapy department should function on a complementary basis combining the mutual advantages of both physical and rehabilitative therapies. The scope of the world of the orthopedically encumbered retarded child is bound to grow and increase in such a cooperative atmosphere by leaps and bounds, and one may expect that through proper training techniques of the neuro-muscular mechanism their will and longing to walk and run will be stimulated in the right direction. In due course some will learn to tell the time and finally socialize more rapidly and freely. The play activities will become more meaningful to them, learning to relate experiences, to speak up, to defend themselves physically and verbally in their squabbles. Some may even learn to sing singly or in a choir. Such as scholastic-physiotherapeut-

ically orientated program should preferably be carried out in one unit for which the crippled children hospital II is most suitable. The advantage of combining facilities for orthopedic treatment and specific rehabilitation in one cheerfully decorated center consists mainly in providing the doubly handicapped child with all his therapeutic and educational needs in the happy setting of one class room where he can enjoy the company of his fellows similarly defective.

The proposed provision of swimming and wading pools will offer both recreational and hydrotherapeutic amenties to a large number of children capable of availing themselves of these. The Dewey Building will be completely renovated and modernized and will house the home-making department for girl students which will inspire and stimulate their social vocational skills.

Workshops for public health and public welfare workers will be held the 3rd week of each month in the New Year which it is hoped will contribute to a better understanding and sympathy by both employees of the state agencies as well as by members of the public.

Recommendations

The provision of socio-industrial training facilities in the form of sheltered workshops where specially selected male and female trainees capable of undertaking factory employment can be trained, is strongly recommended. This would particularly apply to the individual who has completed his scholastic education. The vocational training should include the application of mass production methods to the preparation and treatment of materials supplied by commercial firms and paid at piece-work rates.

The supervisor of a unit such as this would necessarily have to be versatile and ready to acquire proficiency in the very different techniques employed on the various manufacturing jobs undertaken, and if circumstances so dictate, go to the supplying plant to learn them. Both the trainable and educable may benefit from such a scheme which is being presently conducted at the Epsom Manor and the Leybourne Colony in England.

If Caswell Training School is to maintain and discharge its function of caring and socializing large numbers of students and increase its general turnover by a vocationally orientated school curriculum, the future policy of its responsible authorities should continue to be primarily concerned with the provision and establishment of rehabilitative facilities comparable to those of the best in the nation.

In conclusion I should like to state that it has been a pleasure to serve in the capacity of Acting Superintendent during the past year and I shall certainly need the staunch support and assistance of the Chairman and members of the North Carolina Hospitals Board of Control, the general superintendent, the parents, the public, the voluntary organizations such as the Jr. Woman's Clubs, V.F.W. Auxiliaries and the staff of Caswell. With such help we will continue to build on the firm foundations of our school set some 4 years ago.

Frederick E. Kratter, M.B., D.P.M.
Acting Superintendent.

THE MEDICAL DEPARTMENT

Note:

In the previous issues of Caswell News the policy has been to describe in detail one department of Caswell Training School and its functions. In this issue the medical department is highlighted. Editor.

The medical department at Caswell Training School consists of the medical director who supervises the over all medical program, 2 full time physicians, 1 x-ray and laboratory technician, a medical secretary and a nursing staff of 52 which includes a director of nurses, 2 assistant directors, 7 registered nurses, 20 licensed practical nurses and 22 nurses aid. This department is divided into 4 major areas; the central hospital, crippled children's hospital, the colony medical service and the out-patient service. In the central hospital there are 95 beds on the first and second floor while on the ground floor are the out patient clinic, the dental office, laboratory and x-ray department and the drug room. A new hospital is on the planning board and the legislature has already appropriated money for this new structure. The hospital averages 79 patients daily and is prepared to meet the needs of any patient brought from the outlying units with the exception of surgery. All surgery is performed at one of the two Kinston hospitals but the patient is returned to Caswell Training School for convalescence. Kinston doctors visit Caswell once weekly for surgical consultations. The Caswell Training School doctors make rounds in the hospital twice daily and a physician is on duty 24 hours daily. To assist in the care of the sick there is a number of the older more capable boys and girls who are trained for this purpose. If it were not for this help the medical staff would have to be augmented considerably. New admissions to the school after received by the social service department are immediately brought into the central hospital where a complete physical examination is done by a doctor. Laboratory and dental work is also initiated. Immunizations are done and every new admission is kept under close observation, 2 days and in some instances longer. The medical director wants every new admission stabilized as much as possible. After an evaluation of their mental, emotional, physical and social abilities by the psychological and custodial service, the new admission is taken to his living unit and the one best suited to his specific need.

The second area in the hospital is the clinic which serves the out-patients. It is open from 7:00 A. M. until 7 P. M. daily. A registered nurse and 2 licensed practical nurses work in this area; also one working boy helps from 7 until 5. Approximately 175 patients are treated daily and come to the clinic from 20 living units. Two other living units are visited 3 times by this staff. Patients who are not sick enough to be admitted to the hospital are treated in the clinic - those who have mild upper respiratory infections without fever, ear infections, boils, abrasions, minor lacerations and skin disorders. Any child with a temperature of as much as 100 degrees is admitted to the hospital for treatment and observation. If

a patient is discharged from the hospital but needs medication, this is administered by the out-patent service. There are about 65 patients who receive routine medications 3 times daily - thirty of these are epileptics. All individuals receive a typhoid booster yearly. Polio vaccine is given to all children under 19 years of age if permission is granted by the parent or guardian. Each child is weighed every 2 months and his weight is recorded in his permanent medical record. Any pupil or patient leaving the campus for one night or more is checked for fever, body injuries and weight. This same procedure is repeated when he returns. This out-patient service also holds a 30 minute clinic twice daily for Caswell employees. This involves only limited medical service to all employees. In this department is the central steril supply room in which is operated 2 small autoclaves. These sterilize the supplies for the medical department; a water still distills 2 gallons of water per hour.

The third area in the medical department is the Cripple Children's hospital; a beautiful, 4 year old, 2 story living unit for 100 boys and girls who need and require constant nursing care. This building operates at full capacity at all times. These patients are severely retarded, some spastic, 25 epileptics, none walk and most are unable to set up even in wheel chairs. Each patient must be fed individually. There are a total of 14 practical nurses on duty working in three 8 hour shifts and 30 helping boys and girls who assist with the feeding, bathing, dressing, and constant care which each of these patients demand. The doctors make their rounds in this building and when a doctor feels the child needs closer medical and nursing care the patient is then transferred to the central hospital. The doctors leave their orders and a medical chart is kept on each patient as would be done in a hospital. Every precaution is taken in the treatment of these patients to prevent bed or pressure sores. When weather permits the patients are carried outside. Each patient receives vitamins daily and a nourishing, well balanced diet prepared in the central kitchen. For the patients' amusement there is a T. V. on each floor and a radio in each room. This type patient likes and enjoys the rhythm of the music.

The fourth area of the medical department is the colony section in which the children who are mentally unable to care for their needs live. There are 2 colony buildings; one for the girls and one for the boys. Each building is divided into 8 units housing a combined total of about 800 boys and girls; 145 of these are completely helpless. In each colony is one unit for the physically handicapped such as the blind and wheel chair patients. Many of these individuals are capable of caring for their needs but are assigned here because they are not able to walk. All these colony units are self sufficient as there are provisions for food, sleeping quarters, recreation and so on. In each colony building is one unit known as the hospital unit. Many of the older spastic individuals live in this unit. Also in cases of any type epidemic where the central hospital is filled these hospital units are used. There are also 103 epileptics in these units. One registered nurse supervises the medical care of all these colony units and 2 practical nurses work under the supervision of the registered nurse. One relief practical nurse rotates between the 2 colony buildings and functions as a relief nurse. These nurses treat approximately 200 patients daily for minor abrasions, bruises, abscesses, dermatoses, colds and so forth. If the nurses feel the individual is in need of the services of the doctor, he is called or the individual is sent to the central hospital. The nurses administer all medicines except for the epileptics and this is done by the nurse who is in charge of the medical dispensary. There is a medical dispensary in each colony unit. These nurses are on duty from 8:30 to 5:00 P. M. daily. After 5 P. M. the matrons or attendants on duty in each unit call the hospital and a nurse is dispatched to the unit for whatever medical assistance is necessary.

For years the few tubercular patients at Caswell Training School were cared for in a T. B. Annex similar to one of the cottages but the individuals in this building are being transferred to another T. B. unit at one of the state hospitals.

There is a laboratory at Caswell under the supervision of a laboratory technician. This laboratory has 2 functions; x-ray service and laboratory service. The x-ray department has a 300 miliampere, 100 kilowatt, peak machine with fluroscopic attachment. It has 2 rotating target tubes, one above the table for radiographic work and one below for fluroscopic work. The usual dark room equipment is also used by Dr. Hale the dentist. In the laboratory there are the facilities for doing routine laboratory tests such as the photometer, centrifuge, microscrope, etc. Blood chemistry, blood counts, urinalyses and stool examinations are done. The Raleigh State laboratory is used also for tests for which the Caswell laboratory is not equipped; such as the Wassermanns which are done on all patients. Each new individual is given a series of laboratory tests and any test desired by the physician. X-rays are made on accident cases or for pneumonia cases. The laboratory technician makes all x-rays requested by the surgical consultants - consults with them regarding the reading of the films or laboratory reports. Typing and crossmatching of children's blood is part of this laboratory. The technician uses the x-ray to search for abnormalities which are not commonly seen elsewhere. These x-rays are valuable assistance for the medical students and visiting physicians to see.

There is also a large drug and supply room in the medical department. One person is in charge of this area. In the drug dispensary there is a supply of the modern drugs which are found in any drug store. The charge nurses in the various units requisition upon doctors order the drugs on specific days of each week or when needed. Detailed records are kept on all drugs, their purchases, the companies from home purchased, the requisitions for whom and by whom.

The Dental Department is an essential part of the medical program at Caswell. A full time dentist is employed by Caswell. His office is on the ground floor of the hospital. He also has 2 dental areas, one in each colony building. Each new individual who is entered at Caswell is exam-

ined by the dentist. A chart is made and filed on each child. All children are checked periodically by the dentist and all dental work needed doing is done.

The dental service includes x-rays, anesthesis, extractions, fillings, surgicals, treatments, prophylaxis and miscellaneous services.

The above few paragraphs have attempted to describe the medical services offered at Caswell Training School. As always words can never portray adequately nor fully all the various facets of any area of work which serves the human element. However it is to be hoped that one does find a better understanding of this important department which serves the mentally retarded.

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THE CHRISTMAS PICTURE

Although this is well past the Christmas season, we cannot let this wonderful and beautiful time pass without some word on Christmas at Caswell. The average person and the occasional visitor to Caswell has no idea nor conception of the huge undertaking which Christmas at Caswell is and what preparations are involved.

As Christmas is primarily of religious significance, the religious aspect should be first described. The annual Christmas was presented to the public on Thursday evening before Christmas. Each year more visitors are attracted to this simple but beautiful and effective program. This takes weeks of planning, untiring energy and unceasing effort to produce. There are numerous rehearsals as only through constant repetition does the retardate learn. This program is conceived and produced by the music instructor with the assistance of the entire academic school's teachers and students. The Christmas story was portrayed with 6 tableaux and choral music. All parts including the pianist, soloist and narrators were portrayed by the Caswell pupils. The boys' chorus, girls' chorus and junior choir sang separately or jointly as the occasion demanded. The sacred music included folk carols from France, Italy, Germany and the southern United States. Before and after this program the occupational therapy department had a craft fair and the various articles including ceramics, rugs, embroidery work and Christmas corsages were on sale. Also, all the 39 living units including the 3 hospitals had open house for any guest who wanted to visit. Anyone who visited Caswell that night to see the pageant and the various beautifully decorated units could not help but leave with the full and deep realization that Christmas is a truly wonderous time for all people regardless of their status in life. Each living unit was furnished with a Christmas tree, decorations and lights. The cottage parents took pride in their living units. Much originality was displayed in the various decorations.

All during the month of December religious film strips and films were used by the chaplain in the Sunday Chapel services. Among the film strips were: "A Child Is Born"; "Christopher Mouse"; "The Christmas Story"; "The Little Engine That Could" and on Christmas Sunday, the film, "The Guiding Star" was shown. No chapel service was held on Christmas Day but mimeographed copies of a brief service were sent to each living unit and cottage parents were urged to hold this service with the children. In front of the school building a nativity scene was set up. This was made and painted by the occupational therapy department.

Early in the fall the recreation department began to make plans for their responsibilities for the Christmas festivities. Every living unit was asked to list what each individual wanted from Santa. To the recreation department falls the task of seeing that every child has presents under the tree on Christmas morning. No one young or old is ever forgotten at Christmas. This year about 1000 of the 1870 pupils and patients were given gifts. Caswell has a special Children's Fund from which the money is taken for the purchase of these gifts. Through the generosity of the various clubs, welfare departments, and interested people this fund is augmented. The purchasing of the gifts is done by the Training department. If one could visit the recreational building before Christmas one would feel he was at Santa's home at the North Pole. All gifts are wrapped and this is by no means a small chore and all gifts are checked by the list the buildings have sent regarding the individual's wishes. Naturally it is impossible to give every child all he wishes but something of what he wants is selected for him. These gifts when wrapped are delivered to each living unit to be placed under the tree. All gifts are opened Christmas morning. The recreation department must purchase all the tree and trimmings and be responsible for their delivery to each unit. Santa's visit to greet the children to distribute candy is arranged for by the recreation department. As many as possible of those who did not go home are taken by bus to Kingston to see the beautiful decorated streets and stores.

In writing about the Christmas activities, the Christmas vacation for the boys and girls must be mentioned. These vacations are of paramount importance to the boys and girls. If a vacation does not materialize then a very discouraged - unhappy boy or girl must be helped to see the reason, if it is known, why there is no vacation. The greatest dissapointment which a boy or girl experiences is to have a parent promise to come and never arrive. It is the hope and desire of all the more capable to have an opportunity to visit away from the school. Naturally there are many to whom it makes no difference. Some time around October letters begin to arrive inquiring about the vacation dates and requesting permission. The social service department answers all such letters - verifying and granting vacations. Often times the social service department must call upon the welfare departments for assistance. This year about 650 left for the Holiday season and only a very few have not returned; some of these have legitimate excuses. The cottage life department has the big task of preparing the child for leaving having his clothes packed and having him bathed, and dressed ready for departure. It must not be forgotten each one must be

checked through the out-patient clinic before leaving. This is no small task for the cottage life and medical department when anywhere from 100 to 300 individuals leave in one day.

To be sure the dietary department must not be forgotten for what is Christmas without the traditional Christmas dinner with all the fixings. In some cases parents do send their child Christmas goodies - so the children are filled to over flowing. The central dining room has many empty chairs during the Holiday season.

This is the overall picture of the Christmas activities. Many of the details have had to be omitted but in summing up one must not over look the excitement, the joy and the wondrous beauty which permeates the entire campus. In young and old alike, in employee and in patient and pupil one feels the excitement and the eager anticipation which only comes at the Christmas season.

21 YEARS AGO

The following editorial by Dr. F. M. Register, Superintendent appeared in the August 1936 issue of Caswell News.

"Caswell Training School is intended to and does fill a great place in the lives of North Carolina citizens and will continue this great work, but it cannot fill every demand made. We now have something like 850 on our waiting list. We have buildings now under construction that will care for 200 of these 850, but that leaves 650 uncared for, and of course this number will increase with state population increasing as the days, months and years go by. Now back to the 200 that we will have room for when the new buildings are finished, these 200 children will have to have food, clothing, general care and medical care and the money for care of these additional children cannot be found in our budget. Our money is allocated for two years by each legislature. Our present budget runs from June 30, 1935, to June 30, 1937. Of course the 1937 legislature can provide for these additional children at their January, 1937, session. I would recommend that further expansion be provided for by establishing another school for retarded children in the western part of the state. The main reasons for this recommendation are: First - 850 retarded children are enough for one group. Second - If those with experience in this work should think it better to change our present groupings changes could be more easily made if we had more than one institution. I personally think new groupings would be very much more economic and practical. Third - The state of North Carolina is so long from East to West the matter of transportation would make a great saving and convenience to the citizens of the state. Fourth - Having two institutions for the same purpose would give a yard stick by which to judge efficiency.

Caswell school needs a case worker. We get application after application from all over the state. The tone of each application is almost the same, stating what a worthy case each is and that the particular child in question is such a problem that room must be made for the child at once. Now a great many of these children would do very well at home if we could have an experienced case worker to advise parents and guardians how to care for these exceptional children. This would relieve many a trying situation and would leave room for cases more urgent."

In Appreciation . . .

During the last quarter of 1956 there were 2 events which took place for which words of deep appreciation should be given. During November the Asiatic flu made its effects felt and over 800 pupils and patients suffered from this illness. This placed a heavy strain on the staff some of whom were also ill. During this emergency the school was under quarantine. Many members of the cottage life department and the medical department willingly did double duty when their fellow employees were stricken. The helping boys and girls who remained well caught the spirit of cooperation and they of their own accord volunteered to serve more than was expected of them. Such cooperation and such service is something for which Caswell Training School is proud. Thank you each and everyone.

The other event for which the Schools many thanks are expressed is the open hearted generosity which was shown at Christmas time. If it were not for the many friends, various club organizations, and welfare departments Christmas at Caswell would not be the happy success it has been. It is an established fact that some children would be minus presents. If all the friends of Caswell could become acquainted with the Caswell boys and girls and see the happiness and satisfaction they receive through this generosity, these friends would be well rewarded. Your kindness and thoughtfulness are sincerely appreciated by both the staff and the boys and girls.

CAMPUS SIDELIGHTS

Congratulations go to Daniel C. Wise and Waylon L. Bissette for their recent promotions. The Hospitals Board of Control appointed Mr. Wise as Director of Training and Education at Caswell. Mr. Wise the Caswell staff in August 1955 as an assistant in the training department. He is a native of Goldsboro and a graduate of State College with degrees in vocational and industrial education.

Mr. Bissette, the former recreation director since June 1954, is now the new academic school principal. His home town is Bailey, North Carolina, and he is a graduate of Atlantic Christian College. He is attending night school to complete his work for a graduate degree in Public School Administration.

Dr. Kratter and Mr. Thorne attended the Public Welfare Institute in Raleigh in November.

The Southeastern Reginal meeting of the American Association on Mental Deficiency was held on November 23rd at the Bon Air Hotel in

Augusta, Georgia. Those attending were Dr.'s Kratter, Mr. Thorne, Mr. Wise, Dr. Caston, Misses Brown and Adkins. A tour was made at the Georgia Training School at Gracewood.

In October Mr. Thorne, Mr. Bissette, Mrs. Baker, and Mrs. Starling attended the district conference of the N. C. E. A. which was held at Rocky Mount. Mr. Thorne presented at paper on "The Role of the Training School in the Education of the Mentally Retarded."

In October Dr. Charles F. Williams of Raleigh, the pediatric consultant for the State Board of Health visited Caswell for 3 days.

The institution was saddened by the sudden passing of Thomas H. Harper who had been an employee at Caswell for 18 years. The boys with whom he worked will miss his kindly and friendly ways.

Two cottage parents retired, Mrs. Neta Jane Roberts who had been a cottage life employee for 8 years. She was charge matron of Parrott Hall. Miss Ethel Cook had been serving in the Dawson building for 4 years.

Several members of the staff attended the dedicatory services at the Goldsboro Training School in Goldsboro in November. Dr. Kratter, Mr. Stroud, Dr. Caston, Dr. Wise, Mr. Rouse, Miss Brown, Mrs. Harlan, Miss Claytor and Miss Adkins were part of the large group which attended.

Waylon Bissette, Mary Hadge, Carolyn Harwell, Mrs. Joyce Starling and Mrs. Jo Ann Sutton, from the academic school department, attended a special education conference in Winston-Salem.

A. J. Oliver, dairy supervisor accompanied R. Myers of State College on a visit to the Boy's Reformatory at Plainfield, Wisconsin for the purpose of inspecting and purchasing cattle.

Miss Elizabeth M. Brown; Dr. Frank Caston of the psychological department and Dr. Frederick E. Kratter, acting superintendent, attended a meeting of the N. C. Psychological Association at State College on December 7th. Mr. Gareth D. Thorne, general director of training and education, presented a paper on "Rehabilitation of the Mentally Retarded."

Caswell had exhibits for the State Fair and the Lenoir County Fairs. The theme "Retarded Children can Do" was developed under the direction of Mrs. Howard, director of occupational therapy. The various activities and projects which retarded persons can do were emphasized. Among them were sewing, cooking, canning, farm work, competitive sports, worship of God, craftwork, art, the 3 Rs and laundry. The Caswell colored film was also shown. The exhibit received top awards in their division. At the State Fair the award was the first premium in the Division of Public Schools and carried a $100 award. At the Lenoir County Fair it again received a first premium plus a $25 award. This exhibit was also on display at the Soldiers' Fair sponsored by the 82nd Division at Fort Bragg.

"Pinky Lee" of T. V. fame paid a special visit to the Caswell Campus much to the delight of the children. The children sang with him and a few children voluntarily helped him with a number.

The United Fund Drive among the employees under the directorship of Mr. Bissette netted the Fund $551.27.

As its part in the celebration of National Retarded Children's Week in November Caswell presented a T. V. program over Station WITN. Daniel Wise was director and moderator and appearing with him was Pearl Adkins of the Social Service Department and Robert Mahaffey of the vocational rehabilitation department - also Mrs. Margaret Elliott the home economic supervisor.

The Red Cross Blood Bank visited Caswell and 71 employees offered to donate blood.

Medical students from Chapel Hill are spending 2 days a month visiting Caswell for a orientation course in mental deficiency.

In October the senior sociology class from Grainger High School visited the campus.

A chicken barbecue supper was held in the recreation building on the campus in October for the 57 members of the soft ball team which played in the church league games. Seventeen members of the Caswell Team and 3 leaders were present - Caswell boys received the sportsman ship award.

Two Junior Woman's Clubs made tours of the campus in October. Five ladies from the Greensboro Club and nine from the Rocky Mount club visited.

Miss Isabelle Carter from the School of Social Work at Chapel Hill was a visitor in October.

In November the Farmville Home Demonstration club visited Caswell.

Mr. John Umstead, Chairman and Dr. James Murdock, general superintendent of the Hospitals Board of Control have been frequent visitors at Caswell.

Plans are being formulated to conduct a workshop for public health workers and welfare workers. This will be a three day session for the third week of each month. The purpose is to further orient and instruct the workers from these areas about the mentally retarded. This is a unique opportunity and is indicative of the program Caswell has made.

The boys and girls basket ball games have started and much enthusiasm has been engenderd. The boys and girls play effectively and well.

During the last quarter various personnel from the Goldsboro Training School have visited the campus to observe Caswell's program.

Mr. Howard, director of the Caswell Television program received word the American Journal of Mental Deficiency has accepted his article, "Use of Mentally Retarded Children on Television." Program as a Medium of Public Relations" for publication in a future issue.

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Population . . .

As of January 1, 1958 Caswell has a population of 1869 boys and girls. During the last quarter of 1957 there were only 11 admissions; 19 discharges; 3 deaths. On placement as of January 1, 1958-40.

The waiting list had 861 but for Caswell this will be greatly reduced when the waiting list in the Butner area is transferred to the new Butner Training School.

North Carolina State Library
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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

Prayer

This prayer is the cooperative effort of six retarded Sunday School children at the Hartford, Connecticut Jewish Community Center.

Please help us, dear God, we pray,
To do right in every way:
To be kind, to do good,
To help others as we should.
As you watch over us from above,
Please take care of those we love.
We thank You, God, Who gives us care,
For all Your wonders everywhere:
For sunshine, rain, for flowers in spring
For the music that we sing,
For parents' love, for teachers' care.
We ask You, God, please hear our prayer.
Amen.

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April, 1958

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The Caswell News

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A TRIBUTE

As life is an ever changing cycle goodbyes must be an inevitable part of it. The goodbyes said to Mrs. Jean Hurt, Caswell's chaplain and Public Relations Officer have been said with sincere regrets. Mrs. Hurt came to Caswell in the fall of 1954 and now leaves Caswell to retire with her husband to the mountains near Asheville. Mrs. Hurt's many talents and abilities were soon apparent. She not only had an innate capacity for the understanding and patience so necessary for working with Caswell's boys and girls but she soon learned the many techniques of teaching and retardate and meeting them on a common ground. Because of her patience, her thoughtfulness, her kindliness and her understanding she has endeared herself to all of them. She has devoted much time and thought to making her religious teachings meaningful and helpful so that the boys and girls can transfer or carry over her teachings into everyday living. Their lives have been richer and fuller because of her. Their worry and concern have been her worry and concern. Her office was always open to anyone who had a problem. As public Relations officer her work has been particularly outstanding. Her outgoing, friendly nature coupled with her sincerity, her understanding, and her interest in Caswell Training School has been most effective in working with the public. She has been instrumental in bringing to the people of N. C. a better understanding of Caswell's program and its staff. She has traveled over much of the state, visiting the various women's and other civic clubs to portray and describe Caswell. In doing this she has made an impact that cannot be measured. It will not be easy to find one who has been so effective and so well accepted by those with whom she comes in contact. The staff has also lost a faithful friend and employee. Her friendliness, her humor and her spontaneity will be missed. Her cooperativeness, her faithfulness and her high standards of integrity are all part of her total personality. Those Christian principles for which she stands and which she exemplified and zealously taught can never be lost as they have certainly left their imprint. Thank you Mrs. Hurt and may God bless you and Mr. Hurt in years to come.

THE RELIGIOUS PROGRAM AT CASWELL

The third article in a series describing in detail the functions of the various departments at Caswell.

Editor

The religious program for patients and pupils at Caswell Training School attempts to do 5 things (1) to familiarize them with the Holy scriptures and instruct them in its teachings, as far as they can understand; (2) to cultivate their religious possibilities and deepen their appreciation for religious principles; (3) to guide them in the practical application of these principles while they are at Caswell and when, and if, they return to society; (4) to give pupils the experience of participating in public worship in order to develop poise and self-confidence and (5) to provide a varied religious ministry to pupils and patients in their numerous institutional relationships. This program is carried out in many ways.

A formal type church service such as one finds in any community is not a part of the Caswell program. Two non-denominational, non-compulsory chapel services are held each Sunday morning and a Vesper hour in the evening. There is an attempt to prepare programs for the different mental ages which attend the services, for it is felt that the boys and girls who come to church should be able to understand what is being said or done. Therefore all services are informal and simple.

The first service is from 9 to 9:30 A.M. since the mentality of the children attending is very young and their attention span is short. The second service is from 9:45 - 10:30 A.M. and includes the younger high-grade children and some of the older mid-grade children. The exact division in mental ages is not possible as the academic school auditorium, where services are held, will not accommodate more than 390 at one time. The Vesper hour from 7 to 8 is attended by the rest of the older boys and girls.

The Sunday School lesson is used as the basis for the sermonette in the morning services on the 1st and 3rd Sundays. On the other Sundays reli-

gious films and filmstrips are used. If these happen to coincide with a recent Sunday School lesson that is good, but this is not always possible.

The older boys and girls hold a Sunday School class in their living units, thanks to the splendid cooperation of the cottage parents. An interested friend of the children, Mrs. Victor Pickett, gives willingly of her time 2 Sundays each month to teach 2 classes. At the Vesper hour religious films and filmstrips are used as well as magic sermons, object sermons, cut-out sermons, flannelgraph stories and stick drawings. Visual aids are a great help in putting an idea across.

All services consist of a song period, scripture and prayer, announcements and special numbers by any boys and girls wishing to sing. There is a robed choir of 5 boys and 5 girls which assists at each service. Bible verses and new songs are learned from time to time. The Christian flag has been stressed as an important banner for all boys and girls to respect and reverence. The words and music of a special hymn "Hail to the Christian Flag" have been composed as well as one known as "The Caswell Chapel song."

Three times a year the older boys and girls take entire charge of the service - Youth Sunday in February, Easter Sunrise Service and Thanksgiving Day. At other services, besides special numbers, different ones read the scripture and occasionally offer the prayers. Special programs have been given on television as a part of the monthly series Caswell presents over WITN channel 7, Washington, N. C.

As has been mentioned before the academic school auditorium is used for all services. Any appointments used to make it worshipful for the church services must be movable as they have to be put up and taken down each week. Three years ago the institution purchased an altar, pulpit and chair as the first of numerous appointments to make the services more reverent. These are on casters and easy to move. North Carolina Junior Women's Clubs became interested and other gifts followed such as - a Baldwin Orgasonic electric organ; 2 paintings - Sallman's "Jesus, our Pilot" and "Christ at the Door"; Christian and American flags; 21 choir robes; velour altar runner, pulpit scarf and Bible bookmark; new hymnals; several series of religious filmstrips and money for Sunday School literature. A five piece brass altar set was given as a memorial by the parents of a child who died at Caswell.

Over 1,000 children attend the services each week, weather permitting. The peak in attendance was reached on March 2 with 1101 present. One of the Caswell girls plays the organ, another acts as attendance secretary and three boys assist in setting up and taking down the equipment.

The 2 hospitals are visited each Sunday afternoon to distribute Sunday School papers to all who may wish them. These papers have been donated by churches and are nursery, beginner and primary literature. All new admissions to Caswell are also visited while they are in the hospital awaiting a medical check-up. Homesick children are often comforted by the concern and interest of staff members.

Weekly religious education classes are taught to a select group of boys and girls who have finished the academic school. These are the ones who may be able to return to families, or society, and make acceptable citizens. Feeling that a Christian citizen is of great value to any community, they are taught the moral principles of Jesus' teachings, hoping they will carry them over to their everyday living.

During summer vacations a Bible story and song time is held weekly with all cottage groups. Regular Vacation Bible School materials are used but modified to suit the children's needs.

The chaplain's office is always available for conferences and counselling at the student's requests. Letters are written for boys and girls who become upset because they have had no word from home in several months. Other times requests for clothing needs, spending money, etc., are mailed from this office. Correspondence with boys and girls on home placement or job placement has also been an interesting phase.

The chaplain's office is also the public relations liaison for the institution. Numerous trips have been made over the state to tell interested civic groups about the School and its program. Bookings for the 16 mm colored film, "The Caswell Story" are made through this office. Groups wishing to tour the campus, adopt a project for a year or entertain a living unit with a party contact this office to complete arrangements. A weekly Caswell news column is edited for the Kinston Daily Free Press which keeps the community up-to-date with school happenings.

The mentally retarded naturally lean towards religion. They seem to feel that the Heavenly Father loves them in a special way and that Jesus is a very particular Friend. Their trust in God's goodness and power would put to shame the religious faith of many normal people, for they never seem to lose the child-like faith which Jesus spoke about when He said, "Except ye become as little children you cannot inherit the Kingdom of Heaven."

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BUSINESS OFFICE ANNUAL REPORT 1956-57

During the past year we have devoted our time and energy to maintain a high standard that would be pleasing to the public and at the same time offer better care for the children placed under our supervision. A large percent of the work is routine such as maintaining records on sick leave, vacation leave, issuing pay rolls and mantaining adequate records of the children's personal accounts. However, below we are listing some facts that we think are indicative of the program that we are trying to carry out.

We have strived to serve well balanced meals to the children and employees and in this connection we have supplemented our food budget by producing a large variety of food items on our twelve hundred acre farm as well as participating in the program sponsored by the North Carolina Department of Agriculture from which we received food valued at $36,800. Our food service department is inspected regularly by the State and Lenoir County Health Department and we are

(Please turn to page 6)

1957 ANNUAL REPORT FROM THE TRAINING AND EDUCATION DEPARTMENT

The year of 1957 started with every area of training and education in full operation. The pupil enrollment figures within the various training and education areas at the beginning of January 1957 were: Academic School - 200. Advanced Special Classes - 55. Home Economics - 160. Vocational Training - 476. Occupation Therapy - 468. Physical Education and Recreation - 1000.

The year 1957 brought with it many improvements and steps of progress for the training and education program at Caswell.

A new professional library room was established in the Children's Library for use by training and medical staff members. Both libraries were placed under the supervision of the Training and Education Department Librarian.

Arrangements were completed between Atlantic Christian College and Caswell for a series of eight two-hour seminars in the area of training and education for senior psychology students.

A beautiful new school flag and song were introduced to our student population at the beginning of the year 1957. The flag was designed by the staff and students and made by Mrs. Barbara Howard, Director of Occupational Therapy. The school song was written and composed by Mr. Gareth D. Thorne, Director of Training and Education.

The introduction of a campus pass system was made to our students by Dr. Frederick E. Kratter, Acting Superintendent of Caswell. This system granted certain student privileges and freedoms. It was well received by students and staff members alike. Along with this campus pass system came a new discipline procedure. The issuance of "Pink Conduct Slips" was introduced to control disciplinary cases. If a student is issued a "pink slip", he or she will lose his or her campus pass for a stated period of time. "Pink Slips" are issued for acts of misbehavior or misconduct at any place on the campus. They are written by staff members and approved by the Director of Training and Education and/or Director of Cottage Life.

A workshop on April 1-3, centering about the trainable child, highlighted the activities of the Training and Education Department for the month of April. Representatives from practically every state agency associated with mental health were present. Dr. Ignacy Goldberg, Educational Consultant for the National Association of Retarded Children, served as workshop consultant. Various other influential and professionally interested persons attended and participated in the program. Caswell was most fortunate to have such a program on its campus, being the first such workshop to be held in North Carolina.

Well over 170 students were presented awards for achievement in school and general institutional adjustment in May. These awards were in the form of ribbons, gold medals, and certificates in honor of specified achievement. Thus, we continue to recognize our students indicating to them how proud we are of their achievement and increasing their sense of self-esteem and accomplishment.

During the month of June 1957 the Occupational Therapy Department was renovated and redecorated to improve training facilities in that area. Every available inch of space is now in full use.

Also during June, details regarding the Vocational Rehabilitation Program between Caswell and the State Office of Vocational Rehabilitation were worked out. Several students were placed in local communities in cooperation with the State Office of Vocational Rehabilitation--District Counselors.

The Boy Scout Troop has been fortunate to attend all of the camping activities throughout the year 1957. All but one of the scouts have advanced one rank, and we now have eight boys with a rank of first class. We are very proud of our scout troop.

During the summer, the academic school department participated in the Annual Reading Conference at East Carolina College. This is the first time Caswell's program has been included in this conference. Mrs. Jo Ann Sutton, Academic School Teacher, gave a wonderful program of demonstrations in teaching techniques for educable retarded children.

Re-evaluations of all potential academic school children were made this summer. This led to reassignment and new assignment of classes for the coming school year. The new school year began as usual in September with 60 additional students enrolled over last year's pupil enrollment. Thus, our student enrollment for 1957-58 began at 281 pupils.

Mr. William J. Waters, Principal of Academic School received a most deserved appointment to the Director of Training and Education at the Goldsboro Training School. Mr. Daniel C. Wise, Director of Vocational Training and Rehabilitation, assumed the position as Principal of Academic School and also carried on as Director of Vocational Training. Both of these men have proven to be most capable and responsible in supervisory and administrative capacities and shall prove most valuable in the State's program for the retarded child.

During the summer of 1957, our major project of the department was to make a study of our training and education methods at Caswell. This involved for the most part an analysis of our teaching techniques, our curriculum planning, and redesigning a new curriculum. For the coming academic school year our main objectives thus far have been centered about the following factors: Development of a student council or government within the academic school setting; intensification of sensory and motor training for younger students; and improving our testing and follow-up on student progress. These factors along with our newly developed curriculum have comprised the foundation for a most successful year.

Outstanding activities for the fall of 1957 included the Caswell Boys' Softball Team which won the Sportsmanship Trophy in the Rural Recreation Church League. They also placed third in the league in team standings. Caswell also erected and supervised a "Fair Exhibit" at the N.S. State Fair in Raleigh during the month of October. The theme "Mentally Retarded Children Can Do" was followed. The exhibit was planned

and erected under Mrs. Barbara Howard's direction. It featured many of the student made articles and areas of maintenance in which our students participate. We won first premium award in the N.C. Public School Division with a blue ribbon and $125 cash award. We also placed this same exhibit in the Lenoir County Fair in Kinston, North Carolina. It took first premium award with a blue ribbon and a $25 cash award.

During basketball season, January, February, and March of 1957, Caswell Boys' Basketball Team entered competitive rural public school league. They also played in the tournament which was held in our Recreation Building. Our team placed third in the league and tourney. They were awarded a third place trophy.

Each month during the year, Caswell has been fortunate to present a live television program over T.V. Station, WITN Channel 7, Washington, North Carolina. These programs have all been centered about student activities and services offered the retarded child at Caswell. Mr. Jack Howard, Director of Televison Programs, has done a wonderful job in informing the general public of Caswell Training School through this wonder medium. Our "Thanks" are to Television Station, WITN, for donating the time for these monthly programs for our school.

The month of October would not be complete without a mention of our quarantine due to the "Asian Flu" epidemic. Many student activities were curtailed temporarily due to the severity of our epidemic. No serious developments were brought on by this infection. The students have now been vaccinated with the flu vaccine to guard them against another epidemic.

In the month of November, we were honored to have on our campus representatives from the N.C. Public Health Department and the N.C. Public Welfare Department to plan and work out with us the details for an intensive training program in mental retardation for the personnel from these two public agencies. The entire program was reviewed and evaluated by Dr. Elliott, Mr. Thorne, and Dr. Kratter. The first workshop training session was scheduled on January 20, 21, 23, 1958 for six public health workers and six public welfare workers--a total of twelve workshop training participants. This training program will continue monthly on Monday, Tuesday, and Wednesday of the third week of each month as long as the need exists.

December is always filled with many activities mostly in preparation for Christmas. This year, as in the past, the academic school staff and students, under the direction of Miss Carolynne Harwell, Music Teacher, presented a very impressive and appropriate Christmas program on the eighteenth and nineteenth of December. It was viewed and well received by the student body and the general public.

To complete the Christmas activities over 1000 gifts were prepared, wrapped, and distributed by the recreation staff of the Training and Education Department. All of the boys and girls at Caswell during Christmas of 1957 received Christmas packages, treats, and cheer. Parties and other festival activities were provided for the children's pleasure throughout the holiday season. To complete this task many donations in the form of money, gifts, and notions came to us from the Junior Woman's Clubs, VFW Ladies Auxiliaries, Service Leagues, and churches from all over North Carolina. These donations and contributions were used and will be used to enrich the lives of our boys and girls here at Caswell, and for which they are deeply grateful.

Additions and improvements within the Training and Education Department for the year of 1957 were:

Renovation of the Occupational Therapy Department into four nice general shop, classroom areas. The purchase of new looms for weaving, ceramic kiln, and three new manual type sewing machines.

The Academic School Department received the library in its physical plant so both the children's library and the professional library could all be housed in one room. The auditorium in the academic school building is used for music programs. The floors in the halls of the academic school were repainted. New colorful chair and desk sets were purchased for the classrooms that were not refurnished last year. The classrooms in the old building were repainted. All of the classrooms and the library were equipped with nice glowing fluorescent lights. Finally, a new record player for the school music teacher was purchased along with a new 5 mm. filmstrip projector for the audi-visual supply.

The Home Economics Department received a new General Electric Cook Range the early part of the year. A new steam iron was also placed in this area. Various cooking tools and utensils have been purchased for use in this training and education area.

The Recreation and Physical Education Department intensified its efforts at the beginning of 1957 to provide better motion picture entertainment. We made contact with the Metro-Goldwyn Mayer Picture, Inc. through its Charlotte, North Carolina Office to get regular movie bookings with transportation to Kinston along with the local theater movie bookings. This contract was completed and has been in operation most all of the year. During the summer of 1957, the Recreation and Physical Education Staff intensified its efforts to provide swimming opportunities to as many students as possible. By bus transportation 1620 students were taken swimming at one of the Kinston City Pools or the Cliffs on the Neuse from June 1 to August 31, 1957. Several television sets have been purchased for this department to place in student living units throughout the campus. A new record player was also purchased for the department to use at dances and for social parties, which is a new addition to our program. Plans are now being completed for a new swimming and wading pool to be built at Caswell.

Vocational Training has been fortunate to have opened on the campus a new beauty shop for girls. This area is designed to give hair care and grooming as well as to train female vocational students in the art of hair grooming and care. We have one licensed beautician and five beautician-aide trainees in this training area. An additional boys' barber was added to our vocation training staff this year. He will assist with cutting the boys' and some of the girls' hair as well as train

male vocational students to give shaves and shampoos to our male student population.

We have also added additional training and education classes within our program this year. In home economics we have added three additional classes in home economics for boys. Two evening home-making classes have been set up for the older girls who are actively participating in on-the-job training all day or employed throughout the day.

In our music program we have organized three separate vocal choruses--a Boys Chorus, a Girls Chorus, and a Junior Chorus--composed of young boys and girls. A special music class of girls to learn to read music and play Tonettes (wind reed instrument) has been organized.

Within the academic school program, the student council, as a student government body for the academic school, was organized in November of 1957. This student group is composed of student representative from the different school class groups--elected by their group to represent them on the council. They assist with planning and leading various school functions, as well as handling complaints of student violations of safety patrol rules and regulations. They also help with disciplinary cases that arise within the academic school area proper. So far this program is proving to be most valuable to our students and our school. We are quite proud of our Safety Patrol group at Caswell. They were awarded certificates and safety patrol gold pins for outstanding duty in May 1957.

Finally, these things certainly reflect the continuous progress in physical improvements, as well as program progress in expansions and improvements throughout the year 1957. With the foundation we have laid, the progress for the year 1958 should be even bigger and better in our efforts to train and educate the mentally retarded boys and girls at Caswell Training School.

Daniel C. Wise, Director
Training and Education

BUSINESS OFFICE ANNUAL REPORT

(From page 3)

proud to list the ratings as follows: Frozen Food Locker Plant - 90%, Poultry Processing Plant - 98%, Food Service (Cafeteria) - 93.5%, Dairy - Grade A.

DAIRY: Average Milk production per cow - 13,108 lbs., Butter fat - 478 lbs., Per cent of butter fat tested for herd - 3.65, Number of Gallons of milk produced - 156,654, Sale of 13 cows and heifers at Sixth Annual Holstein Institutional sale held 8-30-57 -Sale Price - $5,452.02., Beef Slaughtered from school farm - 17,327 lbs.

GENERAL FARM: Produced 61,291 dozen eggs and 17,268 lbs. of poultry, Produced 166,066 lbs. of pork, ensilage 1,045 tons, hay 535 tons, corn 11,838 bu., oats 9,001 bu., rye 480 bu., wheat 1,636 bu., sweet potatoes 5,720 bu., and 1,006 bu. Irish potatoes.

SCHOOL STATISTICS: Average student enrollment - 1787. Cost per capita per annum; All sources - $1,001.24, own receipts - $84.98, Appropriation - 916.26, Averge No. of employees 517, No. of students to one employee - 3.4.

IMPROVEMENTS: Painted and redecorated living units for children. Purchased new equipment for school and occupational therapy department, also redecorated classrooms. Removed old Tapp building from campus and landscaped area. Constructed two silos, Placed into operation a new deep well - capacity 751 g.p.m., General repairs to all buildings (maintenance), purchased and installed new playground equipment and painted in attractive colors all old playground equipment. Equipped and opened a shoe repair shop, Transplanted 100 oak trees on campus. Installed electric fans in children's dining room, Installed new laundry extractor and fans in laundry.

During the year all of our employees were placed under State Personnel Act. Each job was classified and given a position control number. Also, all personnel were placed on a cash salary which necessitated our office setting up new records for collecting rentals and converting the cafeteria on a cash basis. This involved a great deal of work and explanation to the 538 employees here.

S. H. Stroud
Business Manager

COTTAGE LIFE DEPARTMENT ANNUAL REPORT OF 1957

With a population of about 1875 pupils and 38 units of living, the Cottage Life Department functioned during the year 1957, with a director, an assistant director, five administrative officers, ten supervisors, and 196 cottage parents, making a total of 214 employees.

In the over all operation of the school, our department is classified as the homes of the community. As such, we have taken an active part in everything that goes on - for the pupils are our children and we are their parents while at Caswell. In this capacity, we go with them to their meals, see that they are properly bathed and dressed, attend school at scheduled hours, report on time to their training assignments and, above all, "Keep the home fires burning" by seeing the home is properly cleaned, clothes sent to laundry, neatly stored away when cleaned and that a happy wholesome atmosphere prevails while the children are in their homes. We attend services on Sundays with them or hold some kind of religious exercises in the unit. Weekdays we attend with them their picture shows, dances and birthday parties: - for each of the thirty-eight units is an individual home.

Our cottage parents have not neglected their own training and advancement. Over sixty of them received certificates for a course given by Mr. Jack Howard on Child Welfare and Guidance written by Dr. Kratter. They also attended staff lectures given by the director twice a month. These lectures are attended by all cottage parents, both day workers and night workers. A goodly number are members of the North Carolina State Employees Association and the All-Staff of Caswell. They contributed generously to the Blood Bank, Red Cross, United Fund, March of Dimes and all other community drives. During the flu epidemic, which swept Caswell in the fall of 1957, they proved their mettle and ability to serve,

"beyond the call of duty," by caring for the sick night and day, regardless of hours. Their morale was so high and fine, the pupils caught the spirit and Caswell functioned at its best - service with love and kindness to all!

Another service the cottage parents render is the "write ups" they give on their children for the Council on Child Study and Guidance. These are most valuable to the Council.

Our office staff comes in direct contact with visiting parents and their children, the office being open on a 24-hour basis. All visits are registered on the index cards of each pupil, as well as the Visitors' Register, where the parents give their latest address. This is most valuable information for the Administrative Department. It might be of interest to know around six thousand one hundred nineteen (6119) visitors registered during 1957.

Monies are received for the personal accounts of the pupils, deposited and withdrawn for them each week. All this process is kept in a register and is checked and double-checked by the business office. All supplies for the 38 units are requested by this office staff and daily inspections made. Their findings are logged in a Day Book and Night Book which are sent to the Superintendent's office each morning, giving him a complete picture of the happenings of the past 24 hours. Keeping all the records of the employees, their sick leave, days worked, holidays and vacations is another gigantic job as all this must be checked and rechecked by the business office.

The ten charge, or supervisory matrons are quite a valuable asset to our department. They make personal reports to the director daily and assist in all the activities of the pupils, keeping our department in personal contact with cottage parents and pupils.

The director meets with the Superintendent daily for directives and advice on the overall supervision of the department. She interviews applicants who are seeking work as cottage parents; chooses the best candidates and has them processed by Dr. Caston of the psychology department before they are offered a position. All new employees are given three months trial period before becoming regular employees. The director attends the committee meetings of the Council on Admissions, Child Care and Guidance, and with Director of Training, helps administer discipline.

Caswell is really on the "march" and our department is proud it has a vital part in the March of Progress.

Mrs. M. V. Harlan, Director

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SIGNS OF PROGRESS

In February Dr. Joyce Hayes and Miss Gracia Van Daff under the direction of Dr. Thelma Quinn Thurstone of the psychological department of Chapel Hill, spent 2 weeks at Caswell. Dr. Thurstone, a nationally known woman in the psychological field is conducting a research program. She is making a comparative study, involving 200 children in each category, of the academic progress of normal children in public schools compared with those in special education classes for the mentally retarded compared with the institutional training of the educable child. Dr. Hayes and Miss Van Daff have completed the testing of the Caswell educable children used for this study.

The first time in Caswell's history Caswell is conducting a monthly 3 day workshop. This is an orientation and instruction course for the State Welfare Department and the State Health Department. The areas emphasized will be the legal and administrative aspects of institutionalization, testing and evaluation of psychological findings, diagnostic and clinical sessions, training and education of the mentally retarded, child study and guidance, case studies, and nursing practises. This workshop is proving to be most successful to all concerned.

In February a meeting to discuss a program for the rehabilitation of students from the various institutions was held at the Butner Training School. The general superintendent of the Hospitals Boards of Control, Dr. Murdoch invited representatives from the Welfare Department, the State Rehabilitation Department, the N. C. Parents and Friends Association and the 3 various state institutions. This was a definite stride forward to bring to fulfillment the aims and purposes of the training and education of the institutional retardate. It is unique in that Parents and Friends Association is cooperating in this extensive program outlined by this meeting. It also exemplifies the excellent cooperation of the various state agencies.

In January 530 of the 830 applications on the waiting list were transferred to the new training school at Butner, N. C. This new facility opened its doors to absorb 320 retardates already living in old army barracks at Butner. Caswell has been and still will be able to admit some from the waiting list. Eleven tubercular patients were transferred to a unit at the Raleigh State Hospital. This created space in one of our cottages for 34 girls. There has been some movement and shifting of population in other areas to make more space. In doing this Caswell is still taking every precaution to keep its high standards of health and safety.

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PERSONNEL NEWS

As of January, Mr. and Mrs. Jack Howard, employees of the training department, accepted new positions with the Fort Wayne Training School at Fort Wayne, Ind. Mrs. Howard was the director of the occupational therapy department while Mr. Howard when at Caswell, held the position as director of evaluation and guidance. Mr. Howard also directed and produced the monthly television program. Mr. Howard recently had his paper on "Mentally Retarded Children on T.V. Program as a Medium of Public Relations" published in the American Journal of Mental Deficiency. The staff at Caswell wishes Mr. and Mrs. Howard all the success possible and were sorry to have them leave the campus.

Mr. Roland Thomas was appointed as director of recreation on January 1st. He succeeds Waylon L. Bissette who became school principal. Mr. Thomas, a native of Union, S. S. received his A.B. in history and political science at Wolford College in Spartanburg, S. C. and his masters in

Secondary Education at East Carolina College. Before coming to Caswell he was a teacher in aircraft engineering at the Stallings Air Force Base.

In January the medical department added Mrs. Lena Fordham, a licensed practical nurse and Miss Dorothy Hill, nurse's aid, reported for duty. Mrs. Grace Harper, a registered nurse, from Snow Hill returned to the nursing staff after several months absence.

Dr. Kratter, acting superintendent, and Mr. Thorne, general director of training and education, attended the January meeting of the Wake County Association for Retarded Children.

Dr. Kratter is collaborating with Dr. Michael Craft, deputy superintendent of the Royal Institute at Starcrosses in Devon, England, in a book on "Aids to Mental Deficiency Nursing" which will be published in England.

Elbert Lucas joined the staff as instructor in the up-to-date shoe repair shop. He was employed by the Shoe Clinic at Jacksonville, N. C. and has had 20 years experience in shoe repairing.

Mr. Woodley Kennedy has been employed to oversee the upkeep of the campus grounds. He is from Kenansville.

Daniel C. Wise, Training and Education director, was guest speaker for the monthly meeting of the Goldsboro Association for Retarded Children. The Caswell film was shown. He also spoke for the Kiwanis Club and the Beta Sigma Phi Sorority in Kinston.

The January issue of the American Journal of Mental Deficiency contained the paper on "Religious Training of the Mentally Retarded at Caswell Training School" which was written by the Chaplain, Mrs. Jean Hurt.

In February the medical department announced 2 additions; Mrs. Thelma Edmondson Murray, R.N. and Mrs. Pauline Gardner as a helper in the housekeeping department.

Dr. Kratter, Miss Adkins and Mr. Mahaffey attended a conference on rehabilitation at Butner Training School. They met with the superintendents, training directors of the training schools, State Rehabilitation and Public Welfare Officials.

The basic training department, formerly designated as occupational therapy has added two new members to its staff during February. Mrs. Betty Huffman joined the staff as an instructor in the beginner's area as well as more advanced work. William Sharber joined the staff as a teacher in industrial arts.

Dr. Kratter, Dr. Haper, Mrs. Perry and Mrs. Blizzard, both nurses, attended an all day session in March at the N. C. Cerebral Palsy Hospital in Durham. A tour of the hospital and various therapeutic training areas were observed. From this observation it is hoped that a functional therapy class will soon be started.

Those attending the conference on "The Emotionally Handicapped Child" held at Duke were Dr. Kratter, Miss Brown, Miss Adkins, Dr. Caston and Mr. Wise. Dr. Kratter presented a paper on neuro-psychiatric, Personality and Behavior Disturbances in Mentally Retarded Children."

The staff and children were greatly saddened by the death of Ashton D. Bruton, assistant in the cottage life department. Mr. Bruton had been at Caswell for seven years.

In March the medical department added Mrs. Hugh Cox to its staff as a nurse's aid.

Miss Pearl L. Adkins, social service director, spoke to the North Eastern Caseworker's Association in Plymouth, N. C. on March 20.

Mr. Waylon Bissette, school principal, was guest speaker at the dinner meeting of the Morehead City Junior Women's Club.

Mr. Thurman Johnson who has been an assistant in the cottage life department has been appointed as assistant director to Mrs. M. V. Harlan in the cottage life department.

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VISITS AND VISITORS

The Executive Secretary of the National Association for Retarded Children, Mr. S. Manfred Hall, toured the campus in January.

The Fairmont Junior Woman's club made a visit to Caswell. Eight members toured the campus and they generously presented the school a cheque for a new television set.

Mrs. Gretchen Hamid, teacher for Trainable Children at Joyner School in Raleigh spent a day at Caswell observing methods and aids in teaching.

Mr. William Bethune, Director of basic training, from Butner Training School spent several days on the campus.

The medical students from Chapel Hill continue to make their monthly visits.

Dr. R. J. Blackley, Acting Superintendent of Butner Training School, visited Caswell twice during January. Mrs. Martha Taylor, director of Social Service, accompanied him.

The Junior Woman's Club of Farmville presented a T.V. set to Caswell. There has also been many cash donations from other Junior Woman's Clubs in the state.

Dr. John B. Toussaint, full time neurologist at the Wisconsin Training School at Chippewa Falls, spent a day touring the institution. He has been making a tour of the various institutions in the country.

Chaplain Milton Snyder from Butner Training School spent sometime with Mrs. Hurt to become oriented to the religious program at Caswell.

Three Junior Woman's Clubs from New Bern, Southern Pines and Weldon toured the campus the last week in January.

Twenty-five members of the Kinston, Farmville and Greenville V.F.W. Ladies Auxiliaries sponsored a bingo party for about 300 older boys and girls which was thoroughly enjoyed and appreciated.

Three members of the Lenoir County Home Demonstration Garden Club visited the institution.

Several Members of the Nutrition department of the State Board of Health recently spent a day visiting the campus.

The younger members of the N. C. State Grange presented Caswell with a cheque for $55.00 to be used for recreational purposes. These children deprived themselves of candy, cokes, etc., to pool their money for this project.

A number of male and female nurses from the new Butner Training School visited Caswell for observation and instruction.

Dr. Wiley Sanders, professor of sociology and anthropology at Chapel Hill visited Caswell with 25 of his students. This is an annual trip by Dr. Sanders.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

You Who Worship With Your Eyes

And they tell me that you'll never
Learn to reason as you should . . .
But the kittens on the street
Always follow at your feet.

And they tell me there are regions
Where your thoughts will never go,
But the pigeons and the birds
Seem to understand your words.

Did God mean for all His children
To know how to talk and think?
You who worship with your eyes
Hold communion with the skies,

And I'll teach you though they tell me
That you never can be taught . . .
God have mercy on me, too,
So that I may learn with you.

—HANNA KAHN

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"BON VOYAGE"

"Bon Voyage" was recently said to Dr. Frederick E. Kratter who for the past two years has been Acting Superintendent of Caswell Training School. Dr. Kratter left Caswell as of July to return to England. Dr. Kratter is an exceptionally well-educated man who is well-versed and well-trained in the medical, clinical and psychiatric aspects of mental deficiency. One of his first contributions to Caswell's program was the development and the establishment of the diagnostic clinics with the help of the medical department. For the first time in Caswell's history, the various types of retardation were clinically diagnosed. Through participating and through attendance, other staff members were able to learn and add to their own personal knowledge. Because of his psychiatric training, Dr. Kratter had valuable insight and understanding as to the needs of Caswell's boys and girls. He was always willing to augment or initiate any program which would be conducive to a happier, more balanced life for each pupil and patient. Through his artistic and esthetic ability many little touches were added here and there to make the buildings more homelike. At all times he had a fatherly and kindly attitude for all the boys and girls. When it came to the care and treatment of any boy or girl, no unkindness was ever tolerated. He recognized one's virtues and shortcomings and was exceptionally broadminded. He gave praise where praise was due and recognized that Caswell is not run by one person or one department but is a cooperative effort. He acknowledged the contributions of his predecessors and recognized the contributions and organization of each department. Outstanding was his writing and research. He has a natural gift for and fluency in writing. He followed Dr. Ignacy Goldberg's (the representative of the National Association for Retarded Children) advice, "not to hide Caswell's light under a bushel but to let its light so shine". Through his research and correspondence Caswell's name and its program are known throughout England and Europe. Ceaselessly he encouraged other staff members to write and share their knowledge. As a result a number of papers have been published.

"Thank you, Dr. Kratter, for all you did for
the Caswell staff;
May your years ahead be free of strife.
God bless you and Godspeed,
Where'er your path may lead."

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THE PSYCHOLOGY DEPARTMENT . . . .

The following article is the fourth in a series in which the various departments of Caswell Training School have been described. The article is written by Dr. W. Frank Caston, the Director of the Psychological Department. - Editor.

The applied psychologist has had a recognized place in the field of mental deficiency since early in the century. In fact, it was primarily in the field of mental retardation that clinical psychology developed most rapidly.

The Psychology Department at Caswell has always been a very active and progressive part of the institution, serving in many capacities. However, in recent years some of its functions have been taken over (and rightly so) by newer additions to the staff who have been able to devote more time to their particular specialized phases of the work.

The following is a list of functions which are considered to be justly within the realm of the Psychology Department by reason of the training, experience, and interests of psychologists: (They are not necessarily in order of value to the welfare of the child or the institution).

(1) Continual Clinical Evaluation of the child's mental abilities and mental growth; also his emotional adjustment, social maturity, and personality structure and development by means of valid psychological techniques. Also, under evaluation most psychology departments include the periodic appraisal of the academic achievement and level of development of the various academic skills. At Caswell, this is done by a staff member in the Training Department with a background in educational psychology.

Clinical psychological evaluations of certain children who are being considered for admission

to Caswell are also occasionally carried out and parents counseled in the light of the results obtained. However, State Psychologists are available for this in the local Welfare Departments and we try to keep this to a minimum in order to do much needed work within the institution.

(2) Specialized Counseling and Psychotherapy with the emotionally disturbed and maladjusted children to effect a more psychologically satisfying adjustment to Training School life and to aid in their successful personality adjustment when they return to the community. Unfortunately, we are only scratching the surface of this great need because of lack of adequate staff.

Also, the Psychology Department should provide psychological counseling to the parents of children in the institution in certain cases and as mentioned above under evaluation.

Psychologists Stacy and DeMartino have rendered a great service to the field by editing their book, "Counseling and Psychotherapy with the Mentally Retarded", published in 1957 by the Free Press of Glencoe, Illinois. In this book the literature for the past ten years has been well covered and practically all of the articles on this subject by psychologists, psychiatrists, and other therapists are included. Prior to ten years ago, most professionals considered any such work with the mentally retarded to be futile but now we know better because of our experiences as outlined in this book.

(3) The psychologists Participate in Diagnostic Clinics designed to establish a valid clinical diagnosis for each child so that an accurate prognosis may be made. This, of course, is necessary before appropriate treatment and rehabilitation procedures can be undertaken.

(4) They Participate in Conferences dealing with Child Study and Guidance, Eugenics, Admissions Boards, etc. Also, they should participate in conferences concerned with making final decisions about institutional placement, rehabilitation programs, and community placement upon discharge from Caswell.

(5) In some institutions the Psychology Department is expected to Aid in The Selection of All Prospective Employees regardless of the department to which they may go or their professions. This has been found to be very helpful because the objective instruments developed by psychologists and used by them can help insure that future employees will have the proper attitudes and feelings toward the retarded child and fellow workers as well as the right kinds of vocational interests, abilities, and emotional adjustment to be successful in the institutional work.

All employees, regardless of department, have contact with the children either directly or indirectly and the above mentioned psychological factors are so important in their dealings with them. In fact, attitudes, feelings, and emotional adjustment of employees are the most important attributes, given a minimum level of abilities.

These psychological instruments enable a more objective, unbiased appraisal of applicants than the usual interview alone, as industry and government have found out in recent years. They do not take the place of the employment interviews but are supplementary to it and strentgthen it. Scientifically controlled studies have proven this to be very true. In other words, the Department Heads still get the choice of employees but are aided in their selection of the better applicants by the latest scientific methods.

Of course, even with the best scientific methods administered by the best qualified psychologists, mistakes will be made because the prediction of human behavior is one of the most difficult tasks that can be undertaken as nearly everyone knows.

At present, the Psychology Department is evaluating prospective Cottage Parents at Caswell.

(6) Counseling and Therapy Services should be made available to all employees by the Psychology Department. This is another field of service well recognized by big industry at present.

Employees who have overwhelming personal problems, who become very anxious and neurotic, and even sometimes develop psychotic episodes certainly cannot function well in the work situation. Quite often emotional breakdowns with dire consequences could be prevented with the proper type of early counseling. Maintaining good mental health and psychological adjustment is hard enough for us all and most of us at some time or another need the help of a respected, trained person who can help us look at our problems in a detached, objective way.

When people in general learn and emotionally accept the fact that going to a professional person for help with emotional problems is no more a reflection on their abilities, character, or family than going to a physician for treatment of a broken arm, untold amounts of human suffering will be prevented.

It is a truism in psychotherapeutic work that the individual who is able to recognize and accept at any early stage in his neurosis that he needs help from a trained outside source, is well on the road to recovery of his emotional equilibrium.

Some progressive institutions for the retarded are meeting the emotional needs of their employees by making available to them the counseling services of their psychology departments and their resident psychiatrists (when on the Staff). In this way many man-hours of work are saved for the institution as well as the level of efficiency and morale of the workers are raised noticeably. The children also benefit very much from this, as they can be helped much more by well adjusted supervisors, cottage parents, and instructors.

(7) Research Projects of various kinds are carried out by some psychology departments. However, this is usually done by such well staffed departments as those at the Wayne County Training School near Detroit, Vineland Training School in New Jersey, and the Woods School in Pennsylvania, which employ several research psychologists in addition to their clinical staffs. To place emphasis upon research to the neglect of therapeutic efforts, would be gross indifference to the very strong but intangible and subjective emotional needs of the children and would, in the writer's opinion, be a dereliction of a clinical psychologist's duty.

(8) The Training Function - the psychologists are asked at various times to lecture to vis-

(Please turn to page 8)

THE VOCATIONAL REHABILITATION PLAN

North Carolina has taken another step forward in its training and rehabilitation program for the mentally retarded. This step is also part of the forward movement of inter-cooperation between the various state agencies.

In the last issue of Caswell news it was noted that a meeting was held at Butner Training School to discuss the rehabilitation of the trainees in the various Training Schools. At the meeting were representatives from the various Training Schools, the N. C. Division of Vocational Rehabilitation, The N. C. Board of Public Welfare and the N. C. Association for Retarded Children. As a result of this meeting, Mr. Gareth D. Thorne, the General Director of Education and Training, was asked to draw up a vocational rehabilitation plan which would incorporate the suggestions and plans as discussed at this meeting. This "Vocational Rehabilitation Program" as it is called was then submitted to each person for his approval.

Incorporated in this plan is a Vocational Rehabilitation Council which is to be established at each Training School for the purpose of advising and initiating the policies contained within the Vocational Rehabilitation Plan and also for the purpose of reviewing matters related to the function and operation of the program. The council in each School will be composed of the Training School Superintendent, Director of Training and Education, Business Manager, Director of Social Service and the Director of Vocational Training. The local Rehabilitation Counselor and the Field Representative of the State Board of Public Welfare will also be members and attend if possible. The General Superintendent and the General Director of Training of the Hospitals Boards of Control may serve as advisors or consultants. The Director of Training and Education within each School is to be the administrator.

Each training school is to refer the names of trained students to the State Rehabilitation Counselor and written reports with all available data regarding the vocational, psychological, educational, social and medical status of the student will also be given the counsellor. The Social Service Department of each school will keep the Welfare Departments well informed as to the student's placement and status while on rehabilitation. No student is to be placed on this program without the approval of the parent or guardian and the Welfare Department. The local Rehabilitation Counsellor is to interview each prospective client and is to initiate the interviews and secure suitable job placements, suitable living accomodations and assume full responsibility for further job training and adjustment. The Department of Public Welfare will assist in any way possible while the student is under this plan. Whenever and wherever possible the N. C. Association for Retarded Children will assist the student to find friends, join community activities, and experience suitable recreational activities. This organization may provide a small fund of money for the purpose of making loans to these students.

A followup program is to be carried on by the Rehabilitation Counselors as they deem necessary. Reports will be sent to the Training Schools and in turn to the Welfare Departments from the Training Schools. At the end of the year the students' progress will be reviewed and one of three courses will be followed: (1) Return to the Training School; (2) Continue Training or placement under the Vocational Rehabilitation Plan; (3) Remain on the job with transfer of supervision to the Department of Public Welfare.

The ultimate goal or aim will be to discharge as many of these students to their rightful place in society as self supporting or partially self supporting individuals.

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WORK SHOPS

Ever since January there have been monthly workshops held for a three day period for various health and welfare workers. These workshops were initiated and planned at the request of the State Board of Public Health and the State Board of Public Welfare for the purpose of educating and orientating their workers as to Caswell's program and to obtain a better understanding of the care, training and needs of a retarded individual whether in the home or residential center.

A varied and full program is planned for the entire three days. There are discussion periods in which the various professional departments have an opportunity to discuss their particular functions and how they relate to the pupils, patients and parents. Interspersed with these discussions are tours to the living units, the hospital facilities which includes observation of the feeding, to the academic school which includes the home economic, music, basic training and recreation departments and to all areas devoted to training. Anyone of the group is permitted the freedom of the campus and in free time may visit any area.

Among the topics discussed are "Legal Aspects of Admission" by Miss Pearl Adkins; "Testing, Evaluation and Psycholological Findings" by Miss Elizabeth M. Brown and Dr. Frank Caston; "A Child Study and Guidance Session" led by Dr. Frederick E. Kratter and participated in by the staff; "Training and Educating the Mentally Retarded" by Mr. Gareth D. Thorne and Mr. Daniel C. Wise; "Case Study and Findings" by Miss Adkins; "Financial Aspects of Admission" by Mr George Rouse; "Religious and Public Relations" by Rev. Donald W. Lawson; and "Vocational Training and Rehabilitation" by Mr. Wise and Mr. Robert Mahaffey. A diagnostic and clinical demonstration has been conducted by Dr. Kratter assisted by the medical department. On Monday evenings Mr. Thorne conducts a seminar.

These workshops have generated much interest. There have been doctors, supervisors, field representatives, county nurses and case workers. Each workshop is limited to about 12 persons. This size makes for a more relaxed, informal atmosphere and each one becomes acquainted with each other. This group is small enough so that the various participants can sit around the conference table. There are "coffee breaks" to reinvigorate those foot sore from the tours or weary from too prolonged sitting. This lends the homey, hospitable touch to the entire 3 days.

At the time of leaving each and everyone re-

marks that he or she had no idea Caswell is what it is. They leave with a new concept and a new understanding. As they go back to their communities and counties they are better informed and hence more helpful and useful workers. Although these workshops require the time and energy of the staff members, the value derived cannot be measured in dollars or cents. These workers can realistically help the families to a better understanding of mental retardation and to interpret to these families and other workers and agencies what the Hospitals Board of Control is trying to accomplish in our state of North Carolina. These workshops will continue as long as there is a need for them. By the enthusiastic reception they have had, it appears as though they will continue for several months to come.

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TRAINING DEPARTMENT NOTES . . . . .

The first annual spring conference of the Departments of Training and Education in the North Carolina Training Schools for the Mentally Retarded was held on May 7 at the Goldsboro Training School. The keynote address was given by Mr. Gareth D. Thorne, General Director of Training, North Carolina Hospitals Board of Control. Practical demonstrations of curriculum design and planning, basic training, square dancing, simple motor skills, structural arithmetic, bulletin boards, inexpensive materials and the expression of original ideas were presented by the staff members of the Butner and Goldsboro Training Schools. The presentation by the Caswell Training School was presided over by Mr. Daniel C. Wise, Director of Training and Education. Academic school department teachers were introduced and gave papers and demonstrations based on their work. Mrs. James Thomas, Kindergarten and Primary teacher, presented an outstanding program on "Demonstration of Methods and Aids Useful in Teaching Kindergarten and Primary Classes for the Mentally Retarded". Mrs. Jo Ann Sutton, intermediate teacher, offered a very interesting demonstration of "The Use of the Controlled Reader with Graded Film Strips in Teaching Reading Skills to Intermediate Level Retarded Students". Miss Mary Hadge and Mrs. Helen Hardy, co-sponsors of the Student Council gave an informative review of "The Organization and Operation of a Student Council within the Academic School Program at Caswell Training School."

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The girls chorus, under the direction of Miss Carolynne Harwell, music teacher, sang in a varied program at the regular meeting of the Kinston Rotary Club on May 15. Mr. Waylon Bissett, principal of the school served as narrator.

* * *

Members of the Boy Scout Troop have delivered advertising circulars and have earned approximately $150.00 to help finance their camping trip which is planned for July at Camp Croatan. Mr. Rowland Thomas and Mr. Waylon Bissette, Committeemen of Troop 227 appeared on Channel 7 (WITN) in May and discussed plans, progress and development of the Caswell Troop during the past year with a look at future prospects.

The academic school year closed on May 30. On May 29 the annual award night was held in the Recreation Building. A student, the President of the Student Council, presided. The program was opened with a devotional led by another student. Dr. Kratter gave a short but interesting speech. Mr. Bissette, Principal of the school, presented the Safety Patrol awards while Mr. Robert Mahaffey, Director of Vocational Training gave out the Good Worker Awards. The Honor Roll Awards were presented by the teachers. Mr. Thorne made a few closing remarks.

* * *

The T.V. programs under the direction of Mr. Waylon Bissette continue to be well received by the public. Many parents who have viewed these programs find inestimable help in answering their many questions. Every so often parents visit Caswell or write to say how much the programs have meant to them. In April was featured the Girls Chorus under the direction of Miss Carolynne Harwell, music instructor. Twenty-one girls rendered songs from foreign countries, operettas, movies and several popular numbers. About 21 boys and girls gave a varied musical program in May. There were solos, duets and a quintet; also harmonica playing. In June Mr. Bissette interviewed Dr. W. Frank Caston, Director of the Pspchological Department. This program was devoted to the concepts of the functions of a psychology department within an institution like Caswell.

* * *

Last but by far not least comes the recreational program. The old adage, "All work and no play makes Jack a dull boy" holds true at Caswell; so the recreational department is the focal point of playing. To single out any activity of this department as being more important than another cannot be done. Naturally with the summer days swimming takes the lime light. On every Wednesday about 42 boys and girls plus 2 recreational workers and a nurse spend the day at the Cliffs of the Neuse State Park. Every boy or girl who is physically able and wants to go will have one trip during the summer. Also twice weekly for about one hour two trips are made to the Emma Webb Park in Kinston. Ball playing also creates considerable interest at this time. Caswell's boys play in the County Church League Softball League. These games are once weekly and Caswell's team is having a good batting average this year in that they are winning half the games. This is no easy undertaking. Another activity is the picnic suppers for 40 held once weekly. Hot dogs are the order of the day and no matter how many hot dogs there are, there is always room for more. Playground activities are on the increase with school out. The regular scheduled activities are also carried on. There are 4 showings of the movies; the Saturday morning parties for the colony boys and girls who can be brought to the gymnasium; the canteen parties at the gymnasium on Saturday afternoon and Sunday for about ninety minutes; Monday and Thursday night dances in which 400 participate; the regular Wednesday evening dancing classes; and the special group of singers who practice and play to those who live in the colonies. The department is an active hub of activity.

STUDENT COUNCIL

The following article is taken from the reports of the two faculty advisors for the Student Council, Miss Mary Hudge and Mrs. Helen Hardy.

The idea of organizing a Student Council originated with the conviction that the students at Caswell were capable and deserving of a modified yet genuine form of student government.

The Caswell Student Council was organized in October of the past school year. The Council is composed of seven students, elected by their classmates from the secondary sections of the school and two faculty sponsors. During the school year meetings were held once a week and were an hour in length. Special meetings were called when necessary.

The group discussed the need for officers and the method of electing them democratically. The Council chose to elect in accord with parliamentary procedure, a chairman and a secretary. The chairman's responsibility is to serve as presiding officer; the secretary's responsibility is to record the minutes of each meeting.

The main duty of the Council is to pass on Safety Patrol violations. If a child breaks a traffic rule, he is reported at a meeting of the Safety Patrol. This group discusses the violation and recommends what is considered fair punishment. This recommendation is passed on to the Student Council. Here it is discussed and changed if the Council deems it best. The advisors leave the room during this discussion as the members hesitate to discuss the problems freely if the teachers are present. When a decision is reached the secretary writes it in the minutes and the advisors return to the room.

The punishments are never excessive. It consists of clean-up jobs in the school building such as moping floors or washing windows or the loss of privileges for a certain length of time. Sometimes the Council recommends that a child receive no punishment but that he go to the school principal for a talk on obeying safety rules. The children have a tendency to recommend stronger punishment than what the staff would recommend.

Sometimes the Student Council is asked to pass on other violations which have taken place in the academic school but there have been only a few of these.

The most interesting part of the Council's work is its projects. A Christmas party for about a hundred children was planned. Committees were organized to do the work while the teachers acted as chairmen.

For another project the Council was asked to offer suggestions for a grading system and these were incorporated by the teachers in grading report cards. The Council also set up a method of choosing students who would receive ribbons on award day. On award day the Student Council members were given gold pins for their work on the Council.

Another project is the work the members do on the school newspaper. They named it "Short Stories of Caswell" and it is their job to put the paper together after each class has handed in its news article. They run the sheets through the duplicating machine and fasten them together with the stapler.

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SUMMERTIME

The hot, sultry days of summer have spread across the Caswell Campus. However, this year the grass seems greener because of the cooler spring with its frequent rains. The campus is beautiful with the pecan trees in full foliage lining the lane leading to the main buildings. The flowers so carefully tended and watered lend the color which adds to the beautly of the well ordered and cared for campus. The fields of corn, vegetables and grain are abundant—some already harvested—some waiting for the harvest. The dining rooms have for weeks benefited by the abundance of fresh vegetables. In the fields one sees the bean picking boys and girls who work for an hour or two during the cooler part of the day.

School bells stopped ringing at the end of May and the younger children have most of the day for fun and play activity. With the warmer weather comes bare feet which is always a part of any child's growing-up. The swings, the slides and the see-saws are over worked daily by the fun loving children. The shouts of laughter and joy are heard across the campus. The cottage parents often lead and participate in the games of the children. As one watches the children play, one cannot help but realize these are happy, growing children.

The recreation department has a full schedule for the summer months. The swimming trips, the cook-outs, the ball games and the play ground activities all lend to the atmosphere of summer time as these are the "part and parcel" of the season. Although the watermelon harvest has not quite reached the peak, one must not overlook this. The truck loads will soon be seen coming from the fields and the recreational department will have the responsibility of gathering in the boys and girls for the watermelon slicing parties. This year all indications point to an exceptionally good melon harvest.

One cannot write about summer and forget to mention vacations—the hope and dream of most of Caswell's boys and girls. Even before school closed its doors, there came the perennial question "Am I going home?" The letters regarding vacations keep the social service and cottage life departments busy. To some 600 boys and girls the answer to the vacation question will be "yes" but to many the answer will be "no". Some have no homes to which to go; some have homes not able to have them; some have parents who have no way of transportation; and some few have parents who are not interested. It is a sad day for those who eagerly wait for the chance to leave but who wait in vain.

Soon summer will again leave the campus. The days are already growing shorter. The training department is planning for the school activities for the fall term. The changing scene is all a part of life whether lived on the campus at Caswell or in the outside community. Time marches on.

PERSONAL NEWS . . .

Rev. Mr. Donald W. Lawson joined the Caswell staff as of May 1st to assume duties as chaplain and public relations officer. He is a native of Ware, Mass. He received his Bachelor of Divinity degree from St. Lawrence University, Canton, N. Y. His graduate work in sociology was done at Columbia University and his pastoral clinical instruction was taken at Boston University. He has had special training at Boston State Hospital and Boston Mental Health Center. Before coming to Caswell he saw active duty as chaplain in the U. S. Air Force. His family including his wife and two boys are living on Pecan Lane.

Mrs. Nancy Laws, R.N., became a member of the Caswell medical staff on April 16. Mrs. Laws received her professional training at Watts Hospital School of Nursing, Durham, N. C. She has been on the staff at Watts Hospital as well as Lenoir Memorial Hospital.

Mr. Gareth D. Thorne, General Director of Training and Education was the guest speaker on May 12 at the meeting of the Orange County Chapter of the N. C. Association for Retarded Children. He was accompanied by Rev. Donald W. Lawson, the Chaplain and Public Relations Officer at Caswell.

The "Caswell Story," a movie film, was shown in May to a group of parents and friends of retarded children in Jacksonville. Mr. Daniel C. Wise conducted this program by invitation of the Camp Lejeune Marine Base personnel.

The "Caswell Story" was also shown to the Williamston Woman's Club. Mr. Daniel C. Wise accompanied by Rev. Lawson discussed Caswell and its program.

Caswell had three staff members participating in graduation ceremonies at East Carolina College in Greenville, N. C. on May 19. Mrs. Loretta Lewis and Mr. Robert O'Neal of the Department of Training and Education each received a B.S. in Physical Education; Mr. Rowland Thomas, Director of Physical Education, received an M.A. in Secondary Education.

Miss Elizabeth M. Brown, Director of Psychology, Miss Pearl Adkins, Director of Social Service and Mr. Gareth D. Thorne, General Director of Training and Education attended the state meeting of the N. C. Association for Retarded Children in Gastonia, N. C.

Miss Grethe Nicklasson, an exchange student at Woman's College, U.N.C. in Greensboro is at Caswell for the summer to secure experience in the field of mental retardation. Miss Nicklasson is from Copenhagen, Denmark. She has a Fulbright Scholarship and also a scholarship from the Greensboro Rotary Club. She plans to return to Denmark in the fall and work with the mentally ill in prisons.

Mrs. S. H. Stroud, chief dietician, Dr. Kratter and Mr. Thorne attended an institute on "Nutrition and Diet in Relation to Mental Retardation" at the University of North Carolina. The institute was sponsored by the North Carolina State Board of Health, The School of Public Health, University of North Carolina and the Childrens Bureau of the U. S. Department of Health, Education and Welfare.

Miss Jimi McDaniel, majoring in education of the mentally retarded person at East Carolina College in Greenville is working in the Cottage Life Department for the summer months.

Mr. Waylon Bissette, principal of the academic school is presently attending summer school at East Carolina College.

Mr. Robert Mahaffey, Director of Vocational Training is attending summer school at North Carolina State College in Raleigh.

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SIDE LIGHTS . . . . .

Bids were received for the construction of the new modern central hospital and the Dubose Construction Company will start the hospital's construction within a week or two. This new hospital facility will replace the present one.

A new swimming pool and an additional wading pool will soon be added to the campus. The specifications have been completed and bids are to be received on July 24.

Contracts have been let for the renovation of the heating system in the Pollock Building.

The architects have been engaged to draw up plans and specifications for the renovation of the Dewey building. The downstairs will be used for an additional female living unit.

The contracts have been executed to replace the glass blocks in the colony buildings. Regular standard window units will be installed.

A painting job has made an improvement to the basement of the hospital. The Cottage Life Department has been made most attractive with new flooring and the painting of the walls and ceilings in the light pastel shades. The waiting room for the Cottage Life Department is so much more attractive. The many parents who visit are pleased with the new innovations.

The 82nd annual meeting of the American Association on Mental Deficiency was held at the Hotel Statler-Hilton, Texas from April 15-19. Dr. Frederick E. Kratter, Acting Superintendent, Miss Pearl L. Adkins, Director of Social Service and Gareth D. Ehorne, State General Director of Education and Training were in attendance. Around 450 persons were registered and practically every state, Canada and Mexico, were represented. Daily sessions on administration, education and training, social work, psychology and medicine were held. Outstanding authorities in each of the various fields presented papers and stimulated discussions. Many new progressive ideas were presented regarding the care, treatment and habilitation of the retardate. Research projects were discussed and the continuing need for such was strongly stressed. The Parent's Organization of Texas was well represented; not only participated in the discussions but acted as host for the Hospitality Room.

Open House was once again a successful event which was held on May 1st. Close to five hundred people visited the campus and were conducted on guided tours around the campus. Refreshments were prepared and served by the academic school's home economics department. The basic training department had a craft display. Many articles were purchased. There was the balloon race conducted by Dr. Kratter. A program in which the children participated was held in the gymnasium.

The Boy Scouts, the Rhythm Band, The Girls Chorus, and one of the academic classes participated. Many parents visited with their children and many parents who have children on the waiting list also visited to observe as much as possible of the School's program.

A group of 11 sociology students from Bethel High School visited the campus in May.

Dr. A. Hughes Bryan, Professor of Public Health Nutrition, Chapel Hill and Miss McKinnon visited Caswell. Mrs. Mae Stroud, Dietitian showed them the kitchen, dining rooms and eating facilities in the Colonies.

Through the cooperation of the American Bible Society, 500 pocket - size new Testaments with Psalms, prayers and hymns have been given to Caswell. The Chaplain is presenting them to boys or girls who desire them.

Mrs. Sue Randall, Child Welfare worker of Scotland County, brought a number of beautiful evening gowns for the girls to wear for special parties. Mrs. Randall had attended one of the Orientation Workshop courses. She heard about the various social functions and how the girls love to "dress-up." When Mrs. Randall returned home she made an appeal for evening gowns. Other people have heard about this project and have graciously donated gowns.

The Organizational meeting of the Training School Chapter of the Council on Exceptional Children was held at Goldsboro Training School in April. Representatives of the three schools, Butner, Caswell and Goldsboro, attended. Dr. John McGill, Assistant Director of Special Education in the state and president of the State Council on Exceptional Children, was the featured speaker.

A group of Junior Woman's Club members from Winston-Salem visited Caswell in May. This group brought a Trailer filled with building blocks and educational puzzles which they had made for our students.

A significant research program has been conducted under the guidance of Dr. Kratter in cooperation with the medical and psychological departments. In connection with this research two papers have been published recently on the psychological and behavioural aspects of phenylketonuria, a condition which is described as inability of the body to completely utilize the protein elements of food. The second paper is a survey of dietary treatment in phenylketonuria.

Miss Gracia Van Doff and Mrs. Nina Parsons, research psychologists at U.N.C. in Chapel Hill have been at Caswell conducting a series of new Stanford-Binet intelligence Tests on a number of the children. This is being done in connection with a research study directed by Dr. Thelma Thurstone of the Department of Psychology at U.N.C.

Student Council

(From page 6)

The Student Council members were asked if they would like to act as marshalls for Open House which was held on May 1. They set up rules of conduct for them.

Two suggestions were made but are being carried over until fall. One was that each patrol member be given identification card with a picture of himself on it. These cards were ordered but did not arrive in time before school closed. The other suggestion was to have a Girl Scout Troop organized. This is to be planned for fall.

The Council has been successful in developing a sense of responsibility in making decisions which benefit the group and in forgetting their own personal feelings in matters brought before them. Children who are not in the Council are learning that Council members are working for their good and have no special privileges or powers because they are Student Council members.

Population . . . .

During the calendar year of 1957, there were a total of 109 admissions; 52 of these were males and 57 were females. Fifteen of these admissions were severely retarded; 21 were trainable and 62 were educable while 3 were diagnosed not retarded. At the end of 1957 there were a total of 1829 living within the institution; 919 of these were males and 910 being females. During this same period there were 17 deaths; 57 discharges; 3 transfers.

On July 1, 1958 the population stands at 1879 with 37 on placement.

The Psychology Department

(From page 3)

iting classes of medical students, nurses, and others on mental retardation and the psychological evaluation and counseling of the retarded. Also, we lecture to workshops at Caswell, one of which is currently in progress on a monthly basis for public health nurses and social workers. Psychologists are also asked at times to participate as instructors in in-service training programs for various departmental workers within the institution.

To carry out all of these various functions in a fairly acceptable manner would require a much larger staff than we have at present. The Department must be staffed with sufficient numbers of qualified psychologists who are not mere "IQ testers" but sensitive, objective clinicians, well-grounded in current knowledge concerning all phases of child development and personality theory, competently trained in the use of a variety of technical instrument specific to their profession and practiced in the techniques utilized in the process of emotional re-education.

At the present time, the writer can say that only incomplete service is being rendered in six of these areas given above. Even at that, the department is doing a good job, with only two psychologists. Conservatively, we need right now two more psychologists in order to approximate the kind of job that we can and should do.

To ignore these psychological factors mentioned in this paper is but to bury our heads in the sands. They are intangible and abstract and it is much easier to recognize the concrete needs such as brick, and mortar, food and clothing, etc. and let the psychological factors ride. Most citizens in the outside community are doing just this today. But, we here at Caswell have a Psychology Department which can carry out these functions with the support of our other professional colleagues and administration.

With our present staff and set-up we will carry on in the best possible fashion. It is really up to the Administration as to what kind of job we do—fractional or whole.

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The
CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

Caswell Chapel Song

(Words and Music by Jean M. Hurt, former Chaplain)

We are Caswell Girls,
We are Caswell Boys,
And we've come together
To sing our Saviour's praise.
We'll sing of His love,
Who reigns from a-bove,
And we'll love each other
All our live-long days.

There is much that Caswell
Girls and boys can do,
Loving and serving God
And our neighbors, too.

We are Caswell girls,
We are Caswell boys,
And we read the Bible
To learn just how to live.
And if we obey,
All the Master says,
We'll show kindness always
And love to others give.

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Mr. S. H. Stroud, Business Manager
Mike Lee, M. D., Medical Director

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Secretary .....Mrs. Mary E. Collins
Treasurer .....Mrs. Evelyn Wiggins

CONGRATULATIONS

Congratulations to Dr. Matt C. Harper, Jr., who in July was appointed by the Hospitals Board of Control as acting superintendent of Caswell Training School. He succeeds Dr. Frederick E. Kratter, who resigned to return to England. Before his promotion Dr. Harper was serving as a physician on the staff of the medical department of Caswell.

Dr. Harper was born in Marion, South Carolina. He attended public schools there and graduated from Marion High School in 1942. Following high school he attended Clemson College for one year. He entered the service in 1943 with the U. S. Army Air Corps. He took pilot training at Craig Air Force Base, Alabama and Greenville, South Carolina. He was discharged from the service in December 1945. In January 1946 Dr. Harper entered the University of North Carolina at Chapel Hill, graduating with Bachelor of Science degree in 1948. For one year he taught school in Marion, South Carolina. Then followed two years of graduate work at the Medical School at the University of North Carolina and two additional years at the Duke Medical School from which he graduated in 1953. He re-entered military service with the Air Force. After a year of internship at Brooke Army Hospital, San Antonio, Texas, he was transferred overseas to French Morocco. He was discharged in September 1955 with the rank of Captain. Before joining the staff at Kinston, he was on the staff of Butner State Hospital at Butner.

During February 1955, while still in French Morocco, Dr. Harper married the former Rebecca Ann Withers of Spencer, North Carolina. Mrs. Harper is a registered nurse, having received her training at the Duke Hospital School of Nursing. Dr. and Mrs. Harper have moved into the superintendent's home on the campus.

Dr. and Mrs. Harper are well liked by all the staff at Caswell and Caswell feels very fortunate in having Dr. Harper as acting superintendent. The staff has pledged its loyalty and support to him and sincerely wishes for him much success and happiness in this new venture.

Cottage Life Department

This is another in the series in which the various departments at Caswell is being described. The following is written by the members of the Cottage Life Department.

Editor

When asked where he lives, the Caswell student will not reply, "102 Shady Lane" or "412 Smith Street", but will answer, "I live in Cartwright" or "McNairy is where I stay." You see there are 39 living units provided for the students at Caswell and each unit has a name; ie, Tapp, Dawson, McNairy, etc. These units or "homes" are under the cognizance and control of the director of Cottage Life. When students are admitted to Caswell, they are assigned to the unit which is considered most compatible to their adjustment to campus life. The age and mental ability of the child are prime factors considered in the selection of a living unit for the new arrival. As the student grows and progresses, it is necessary to move him to another living unit more appropriate for his development.

There are presently 974 boys and 961 girls on the rolls of Caswell. 42 of these are on placement in different homes is various localities. The Cottage Life department consists of 214 employees, 196 of these are matrons and attendants, better known as cottage parents. There are also 10 attendant supervisors or "Charge matrons" assigned to living units who are responsible to the director for the management and cleanliness of the units.

The cottage parents have many responsibilities and chores while on duty. They must select the clothing or assist the student in choosing the attire to be worn for the day. They help the students to dress properly, advise and assist them in personal hygiene matters such as brushing their teeth, combing their hair and taking baths.

After the morning toilet, the cottage parent accompanies the pupils to the dining room for breakfast. During the meal he keeps an eye on his boys or girls to see that they eat properly and maintain proper decorum in the dining room.

Following breakfast, it is the attendant's responsibility to get his students started on their daily routine. Some will have to go to the clinic for medication and treatment, others will be dis-

patched to the academic school. There are also some who have regular work assignments in the dairy, sewing room, beauty shop, shoe shop, dining room, laundry and other places. After the above is accomplished the cottage parent commences the daily housekeeping routine. With the help of those students who do not go to school or have job assignments, he gets the beds made up, the building dusted and scrubbed, floors cleaned and waxed, laundry carried out, clothes sorted, and various other household duties. During this time there may be phone calls requesting that one of the pupils be sent to the psychology department, another to the chaplain's office, et cetera. It is the attendant's responsibility to get the child and see that he reports to the proper place. The cottage parent may also receive a phone call from the cottage life office that a parent or relative has arrived to visit their boy or girl. The child must be called from the academic school work assignment, or wherever he may be. washed and dressed if need be, and brought to the cottage life office. It can be seen that the cottage parent has no spare time during the morning hours but is fully occupied every minute of his time.

At noon, all the students are again under the custody and care of the cottage parent. When they arrive at their living unit from school or their work, they clean up and prepare themselves for the noon meal. The noon hour is from around 11:30 a.m. until 1:00 p.m. Many of the students receive mail during the morning and this is the period the cottage parent distributes it. Receipt of mail is one of the big events of the day for the Caswell child, - it matter not whether it be a picture post card, a lengthy letter or parcel from home. For those pupils who cannot read well, the cottage parent is always willing to read to him, and will re-read the letter several times if the student requests.

After the noon meal, there is some repetition of the morning routine - taking those who require physical examinations or treatment to the clinic, getting the school children to classes as scheduled and having the working boys and girls to their assignments on time.

On Tuesday and Friday afternoons of each week, there are movies in the recreation building for the young moderately retarded children. A cottage parent accompanies the children from each living unit to the movies and reports that it is an enjoyable affair for the children. On other afternoons, there are games (out-door games if the weather permits), reading sessions, a period of rest and relaxation and a chance to view favorite afternoon TV programs. Occasionally on a student's birthday, the parents or relatives entertain all the children in the unit with a birthday party and celebration.

Around 4:00 p.m., the school and the working boys and girls begin to come "home." Baths are taken and clean clothes put on for the evening meal. Not long after supper, preparation is made for one of the evening events. Two nights during the week, many of the older students attend dances in the recreation building. Two other nights are given over to picture shows and Sunday is quite busy with chapel services and church services. In all these activities, the cottage parents see that the students who desire to attend are properly dressed, are on time, and chaperoned if need be.

The cottage parent on duty is responsible at all times for the students in his building and for the building. After bedtime, the matron or attendant is to make at least hourly rounds to check on the welfare of his charges. At any time during the night when illness occurs among the students, he knows to call the medical department immediately.

The above is a very brief description of what happens during the day in a cottage life unit. The routine and activity of one unit varies from another according to the age and degree of mental retardation of its occupants.

There are many other phases of the Cottage Life department that are not mentioned above; such as - the procurement of clothing for the students, of furnishings and equipment for the buildings, the functions of the cottage life office, the procedures and preparation for the students' vacations, etc. The cottage life employees play a large part in all these matters as well as cooperate with the personnel of other departments at Caswell in carrying out their objectives.

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Training and Education

The following is the September report of the Training and Education Department. This describes the fall activities of this department.

Editor

The month of September has been a very busy one for all of us in the training and education department. All areas of training and education have been scheduled with students for the new fall and winter program. The 1958-59 program is now in progress.

The academic school resumed full operation on September 1, 1958. The first three days of the month were devoted to a teachers' workshop. In-service training and orientation to our revised curriculum outline were the main items of concern for the workshop period Classes officially started on September 4, 1958 with 253 students enrolled in regular academic classes. Sixty-nine students were enrolled in advanced special classes, 20 being additional students to our academic class group. This makes the total enrollment of 273 students.

Classes in music have all been scheduled and are active except the Girls' Chorus, Boys' Chorus and Rhythm Band. They are now being processed for scheduling.

Art classes are scheduled fully. Every academic student receives formal classes of art for thirty minutes or one hour each week. We also have four trainable art classes this year, three for girls and two for boys. Art classes are being held for students living in Johnson 4 and Kendall 4 since they are unable to come for classes.

Advanced Special Classes in vocational guid-

ance, personal and mental hygiene, library and religious education are well underway. We have two classes of 10 older boys and 10 older girls who offer good rehabilitation prospects enrolled in vocational guidance, personal and mental hygiene, and library this year. These students are learning a great deal and enjoy the experience very much.

The Safety Patrol is now organized and active with 22 members. This group plays a very vital role in the safety of our students throughout each day.

The student council is now organized with student representatives from the various classrooms in the academic school program. They have elected their officers and are now ready for their first organized meeting of the year. Eight students compose the student council.

The recreation and physical education program is now operating most efficiently. This year a course outline has been designed and worked out by the recreation staff members and the director of training and education. Our regular physical education classes now meet in formal classes in which physical education activities are taught for a short part of the class time and the remaining class time is spent practicing the activity taught in the classroom. So far we are quite pleased with the results of the new program and hope to organize it more completely as the year proceeds. Basketball teams have been organized for both boys and girls. We have Boys' Varsity Basketball, Girls' Varsity Basketball, and Midget Basketball. Mr. Robert O'Neal is coach of the boys' varsity team this year, and Mrs. Loretta Lewis is coaching the girls' varsity team. Mr. Isham Bland is coaching the midget basketball teams.

The tumbling teams have been organized again this fall under the direction of Mrs. Lewis. We hope for another good tumbling team.

Again we have organized our colony entertainment groups under the direction of Mr. O'Neal. This year he will be assisted by Miss Carolyne Harwell, our music teacher. We hope to have some real good entertainment for our severely and moderately retarded students living in the colonies.

Our recreation program consists of dances, movies, bingo parties, and special entertainment programs when they are available.

Due to the new building now in progress around the recreation building, our playground activities are severely limited. The new swimming pool is being built and we look forward to its use next summer.

Many students have been given achievement tests during this month for academic school placement. Mr. Batts has rendered a tremendous service to this department in this regard, and I am greatly appreciative of his devoted service to this task. Many students have been referred to the student evaluation director for counseling and guidance, which has been handled promptly and efficiently. This area has also been asked to assist the psychological service department in counseling individual students due to its terrific work load.

Vocational training has progressed in the usual manner. Mr. Mahaffey has set up a "directly related information" class in vocational training for shoe repair trainees. Progression charts for several vocational training areas have been revised and procedures for student in-service training have been drawn up. This was done by an In-service Placement Council appointed by the director of training education.

Our vocational rehabilitation program officially began operation the first Tuesday in September. Our vocational rehabilitation council met for the first time to discuss for placement two students. Both students were approved for placement and are now gainfully employed away from the training school. They are: Norman Hill working in Kinston in a grocery store and living with his mother in Kinston; Patsy Mae Griffin working and living in the private home of Mr. and Mrs. Cassiano in Morehead City, North Carolina. The Vocational Rehabilitation Council will meet every first Tuesday of each month when there is a need. Otherwise, the council meeting will be cancelled.

The Home Economics area is in operation with approximately 72 students now enrolled. A few of these classes are meeting several times each week this year in hopes of making home-making more meaningful and practical for our students. Classes for girls and boys comprise the schedule. Mrs. Betty Howes has been on a maternity leave this month, but will return on October 1. Additional classes will be added during the coming month for Mrs. Howes.

The Basic Training area has a new schedule for their fall and winter program. Classes in basic skills, crafts, pre-vocational and pre-school comprise their program. Craft items were sent to Gaston County Fair this month for exhibit. Mrs. Alice P. Howell, one of the instructors in basic training is still on sick leave. A replacement for this position is now being sought for Mrs. Howell as her return is quite indefinite.

The director is pleased to report another very successful Orientation Workshop for Public Health Nurses and Public Welfare Workers. Eleven people participated in this workshop from the two agencies. They reported a very informative workshop and one of the best they had ever attended.

Our monthly television program was again presented over WITN, Channel 7, Washington, North Carolina this month. Mr. Waylon Bissette, moderator of the program, interviewed Mrs. May Stroud, chief dietitian at Caswell. Mrs. Stroud informed our television audience of the tremendous operation of preparing and serving 6000 meals each day.

In cooperation with the entire staff at Caswell, we were able to take 836 students to the Christiani Circus sponsored by the Shrine Club on September 5. The students and staff enjoyed the experience very much. Tickets were provided by local Kinston businesses, individuals and the Christiani Circus owner.

Daniel C. Wise, Director
Training and Education

An Open Letter To Parents

Every parent knows of the real joy and happiness which comes as the result of parenthood. A deep sense of gratitude is felt when parents know that they have been chosen by God to take care of another human life-- the life of their own child.

Whenever parents learn that they have been entrusted with the life of a mentally retarded child, many questions will often arise that require answers.

The commonest question asked by the parents of a mentally retarded child is this: "Why is our child the way he is?" There is seldom a ready-made or easy answer to this or any of the questions that parents ask. It is known that sometimes a child is mentally retarded because of illness or injury, either before, during or shortly after birth. Quite often, the direct cause cannot be found, even though medical science is busy trying to discover causes in addition to those already known. Recent research and improved techniques have produced some hopeful results. It is heartening to know that today there is more genuine public interest in the subject of mental retardation than ever before in history. Scientific research will continue to look for the cause and the care.

To date, however, there is no known cure for mental retardation. It is a condition, not a disease. It is not to be confused with mental illness. Mental retardation is a lack of normal development of the intelligence. Depending on the degree of that lack, many mentally retarded persons can be helped to develop their given limitations to the fullest extent. Through special training and education and individualized counseling and psychotherapy some mentally retarded persons have made and will continue to make a contribution to society. Acceptance by parents and other loved ones is essential. A more intelligent community approach which will make a place for those who can function in the community is vital.

Another question that is often asked is: "Why did God let this happen to me or to my child?" This question is beyond man's mind to answer. There are some helpful suggestions however. We can be certain that God never wills such difficulties. He only permits them to occur within the framework of the laws of the Universe which He established and keeps in operation. It is of great importance for us to know that we mortals will never fully understand all of God's ways, nor His will completely. There will always be mysteries. But someday we shall understand.

Another question arises now as it did in Jesus' time: "Who sinned, this man or his parents?" Christ's answer was that neither the blind man nor his parents were guilty of a specific sin which caused the handicap. In other words, many things occur which have no apparent cause, and with no apparent relationship as to what parents do or do not do. There is then no selection of certain individuals who by design are visited with grave and serious troubles. A most important truth in this connection is that God is always good and that His ways are also good; even though at times our problems may hide this truth from us. The proper attitude for us to have is expressed in the prayer: "O Lord, give me not responsibilities and problems equal to my strength, but strength equal to meet my responsibilities and grace to confidentially meet the problems that are truly mine."

It may take some time for us to make such an attitude our own, but when we do, we can ask the further question: "How can we best care for the human life God has entrusted to us? Can we give our child the best care he needs or should we entrust that care to an institution equipped to handle those problems that are too big for us?" It is most important to keep in mind that few parents would hesitate to take their sick child to a doctor or to a hospital for special care which is needed. The help offered at an institution, such as Caswell Training School, to parents of a mentally retarded child is as specialized as the help offered at a hospital or doctor's office when a child accidentally falls or becomes ill.

It is important to remember that each child is considered as an individual not only by his parents, but also by the doctors, nurses, teachers, matrons, cottage parents and others of the institution. Usually it is not long until the individual charm and personality, the uniqueness, of the child is able to captivate the hearts of those who work closest with him and he is accepted by all for what he truly is: one of God's children, a fellow human being.

Rev. Donald W. Lawson, Chaplain

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HISTORY

Note: This history of Caswell Training School was written by Mrs. Jean Hurt, former public Relations officer and Chaplain, for the 75th anniversary edition of the Kinston Free Press.

In 1911 Gov. W. M. Kitchin appointed a Board of Directors, consisting of 9 men, to study the need for and location of a State Feebleminded School and a State bond issue of $60,000 was authorized in order to begin the work. On account of the limited bond issue the Board decided to ask communities to make beds for the institution. They wanted "supply, proper sewage disposal and a railroad siding." Kinston, Washington and Lillington offered locations and Lenoir County was selected as 807 acres of land were offered by the people. (Later the Board of Trustees purchased 98 acres more, making a total of 905 acres). Kinston also offered free electricity and water for five years. The offer of free water was refused as the Board felt that it would cost little more to put down our water plant than to run a main large enough for the needs of the institution. The Norfolk-Southern was also generous in that it constructed, at its own expense, and donated to the institution, 3,000 feet of railway side-track.

The first three buildings planned for the campus were a central building, a girls' dormitory and a boys' dormitory. York and Cobb of Raleigh was the contractor. The cornerstone of the main building was laid on May 6, 1912 with ceremonies presided over by Master Mason W. K. McKay. Addresses were made on behalf of the Board of Trustees by Hon. Mark Majette, Hon. J. Y. Joyner, Hon. I. J. Sutton and Mayor W. D. LeRoque, mayor

of Kinston. Dr. Chas. O'H. Laughinghouse gave the dedicatory address. It was described as a "grand occasion."

On December 8, 1918, fire destroyed the girls' dormitory and on January 7, 1919 the boys' dormitory was destroyed - also by fire. At that time it was necessary to send 53 children home and to transfer 44 to the State Hospital at Raleigh. The original central building is still standing and has been renovated in recent years to house the kitchen and 2 dining areas.

The late Dr. Ira Hardy was primarily responsible for the establishment of the School and was made the first superintendent, serving while the buildings were under construction. The minutes state that the superintendent's salary was to be $1500 per year, plus living quarters and travel expenses."

In February 1914 Dr. C. Banks McNairy of Lenoir, N. C. succeeded Dr. Hardy and on July 1. 1914 the first children were admitted - 15 girls. By the end of the year there were 122 boys and girls at the institution. Miss Sara Shaw was the first school principal and the purpose of the school department was "to train whatever is 'trainable' in a child." There were 4 regular teachers - "3 literary and 1 music." In 1915 Dr. McNairy recommended to the General Assembly that the name be changed from the N. C. School for the Feebleminded to Caswell Training School.

In 1919 $300,000 was appropriated by the Legislature to replace the buildings that had been destroyed by fire and to increase the size of the School. From the superintendent's report in 1922 we find these words - "We now occupy 3 new dormitories, a new power house, a new school building (with no furniture) and dining room combined and a meat house - all of fireproof construction. A complete modern kitchen will be completed in a few weeks."

The farm house on the Fields' farm became the residence of Dr. McNairy. Out of an old tobacco barn was created a "temporary general office, room for bookkeeping, accounting and correspondence departments and quarters for Board meetings and a superintendent's office." Upstairs in the tobacco barn were sleeping compartments for several employees.

With the resignation of Dr. McNairv. Dr. W. H. Dixon became the 3rd superintendent in July, 1925. He served until August 1933 and during his tenure Dr. J. T. Wright was secured as medical director and psychiatrist and W. L. Sutton was chosen as business manager. Dr. James Parrott, Dr. Frank Sabiston, eye, ear, nose and throat specialist and Dr. E. T. Koonce, dentist, visited Caswell as frequent intervals to check the children.

Between 1925 and 1933 three legislative sessions appropriated various sums for improvements at the Institution. In 1925 $51,034.40 was given for "capital improvements, renovation of existing buildings and additional water supply and storage." The 1927 appropriation of $106,441 built the McNairy and Cartwright dormitories and in 1929 another dormitory and general improvements followed a $67,000 appropriation.

Following the resignation of Dr. Dixon in July 1933, Dr. F. M. Register became superintendent in September of the same year and served until August 1939 when he passed away. During his administration 2 regular legislative sessions, and a special one called in 1938, appropriated a total of $282,906 plus a P.W.A. grant of $42,390 for improvements at Caswell. Buildings began to sprout all over the campus - the auditorium, 8 cottages, dairy barns, sweet potato curing house, fertilizer house, silos and the boys' detention building. Existing buildings were also renovated and re-conditioned.

Dr. W. T. Parrott became superintendent in November 1939 and served in this capacity until the time of his death in July 1948. During this time the N. C. legislature saw the need for more growth at the institution and, with an appropriation and supplement, ear-marked $3,867,138 for improvements. From this amount the following buildings were placed on the campus-- boys' and girls' dormitories, staff houses, staff dormitories, new power plant, kitchen and cafeterias, dairy barns, cold storage plant, expansion of laundry, steam lines and sewage facilities, campus lights and general farm buildings.

Dr. Mike Lee, medical director, served as acting superintendent until the appointment of Dr. W. C. Byrd in August 1950. Dr. Byrd joined the medical staff at the State Hospital in Morganton in July 1954. Dr. Julian Lee Lokey, who was a member of the Caswell medical staff, became superintendent in August 1954 and served until December 1955. He is now a member of the medical staff at Butner State Hospital. During the interim period before the appointment of Dr. Frederick E. Kratter, as acting superintendent in June 1956, S. H. Stroud, business manager, served as acting superintendent.

More buildings and more improvements were constructed with appropriations of $2,670.500 from the 1949, 1953 and 1955 Legislatures. Included in the new construction were - the Crippled Children's Hospital, staff dormitories, staff houses, milk pasteurization plant, overhead water storage tank, administration building, water treatment plant, recreation building, boys' dormitory, paving of roads, walks and parking areas, canopied sidewalks and improvement to water mains steam and sewage facilities. Caswell is next looking forward to a new hospital building, swimming and wading pools and the renovation of existing buildings due to the $775,000 appropriation of the 1957 legislative body.

From the beginning of the School until 1943 its policies were directed by a Board of 9 members. L. L. Oettinger of Kinston served for many years as chairman of this body. On July 1, 1943 the 5 mental hospitals - Raleigh, Goldboro. Morganton, Camp Sutton (now Butner) and Caswell were placed under the direction of a single Board of 15 members appointed by the Governer. This Board consists of a delegate from each of the 12 congressional districts and 3 members-at-large plus a general superintendent and general business manager and the local superintendent and business manager of each institution.

The present patient and pupil population of

Caswell Training School is 1887. There are 538 staff members on pay roll which means that the employees' pay amounts to one and one-half millions of dollars annually. This is probably the second largest payroll in Lenoir County. There are 1200 acres of land 900 of which are under cultivation. The total evaluation of the institution is placed at 12 million dollars.

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Personnel News

Dr. Frederick E. Kratter resigned as acting superintendent as of July 1. Dr. Kratter, who held the position for two years, and his wife sailed for England on July 10.

Miss Elizabeth M. Brown, who for a number of years has been the Director of the Psychological Department, resigned her position as of September 1. She is working as a teacher for the newly organized training class in Kinston.

Mr. Waylon Bissette, principal of the academic school represented Caswell at a Special Education Conference at East Carolina College on July 3.

Mr. Aubrey A. Smith and Mr. Johnie Burch joined the staff of the Cottage Life Department in June.

Dr. W. Frank Caston, Director of the Psychology Department attended a Training Institute in the Psychological Aspects of Mental Retardation sponsored by the Division of Clinical Psychology of the American Psychological Association at the American University, Washington, D. C., from August 16-26. He also attended the first three days of the 66th Annual Convention of the American Psychological Association in Washington from August 28-30.

In July, Mrs. Adele Pittman, Mrs. Doris S. Barwick, Mr. Herman Carraway, Miss Bernice Hill were added to the staff of the Cottage Life Department.

Dr. Matt Harper, acting superintendent and Mr. S. H. Stroud, Business Manager, attended a meeting of the North Carolina Hospitals Board of Control at the Morganton State Hospital during the month of July and also in September.

The staff was sorry to hear of the deaths of Mr. Jesse Reaves and Mr. S. J. Hill. Both men were on the staff of the Cottage Life Department.

In August, Mr. Doephus J. Allen, joined the Cottage Life Department staff.

Mr. Wise, Director of Training and Education presided as Chairman at a meeting of Caswell Chapter of the North Carolina State Employees Association on August 27. Mr. Guy Johnson of the Cottage Life Department spoke on the work of the State Employees' Association. The new officers elected are: Rev. Donald W. Lawson, Chairman; Mrs. Beatrice Gibson, Vice Chairman and Mr. E. Earl Braxton, Secretary-Treasurer.

Miss Stephnya Odom is a new employee in the business office.

Dr. Mike Lee, the Medical Director, has completed 25 years of service at Caswell. He was presented a silver loving cup by the medical department. The Kinston Daily Free Press in an editorial stated "Congratulations to the medical director and his able staff. Caswell Training School and its service to the people of North Carolina is better for the faithful and patient attention he has given its medical needs in the past quarter of a century."

Mrs. M. V. Harlan, Director of Cottage Life Department completed 25 years of service at Caswell on September 1, 1958. In honor of the event she was presented with a beautiful silver tray by the employees of her department.

Mrs. Edna Butler Blue, a registered nurse, was added to the nursing staff at Caswell. Mrs. Blue was born and raised in Clinton, North Carolina. She trained at Shelby General Hospital, Shelby, North Carolina and has practiced in Samson Memorial, Johnston Memorial and Moore County Hospitals.

Also added to the nursing staff is Miss Frances Marian McDougal a licensed practical nurse who is from Mount Olive, North Carolina. She received her training at Wayne Memorial Hospital. She has practiced nursing at the Henderson and Crumpler Clinic in Mount Olive, the Duplin General Hospital in Kenansville and at the Lenoir.

Miss Sydna Cash has been employed as a Basic Training Instructor in the Training and Education Department. Miss Cash comes from Winston-Salem. She holds a Bachelor of Arts degree in Art and also Arts and Crafts from East Carolina College.

In September Mrs. Nettie R. Mitchell, Mrs. Lillie Belle Lee were employed by the Cottage Life Department in September.

Dr. Matt C. Harper, acting superintendent attended a convention on Mental Deficiency at the State Training School in Lynchburg, Virginia.

On September 19, Mrs. S. H. Stroud, Chief Dietitian and Director of the Food Service Department at Caswell was interviewed by Mr. Waylon Bissette over Channel 7, WITN.

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Governor's Visit

Caswell Training School had the honor of being visited by Governor Luther Hodges on July 22. With the governor were members of the Advisory Budget Commission. Representing the North Carolina Hospitals Board of Control were: Mr. John W. Umstead, chairman of the Board, Mr. C. W. Spruill and Mr. W. P. Kemp, board members; Dr. James Murdoch, General Superintendent and Mr. Roy Purser, General Business Manager. Also accompanying the group were Mr. Paul A. Johnston, Director of the State Department of Administration; Mr. D. S. Coltrane, Mr. D. L. Moore and Mr. Ray Leflet of the Budget Bureau office and Mr. Frank Turner, Director of Property Control.

The Governor and the Advisory Budget Commission members were especially interested in the proposed new multi-purpose school building for Caswell. The group asked many pertinent questions relevant to the training and eductional programs in the State Training Schools for the mentally retarded. The Governor and other state officials were particularly impressed with the philosophy of the new dynamic program leading to rehabilitation in the community as opposed to the old, strictly custodial care situation. The Governor and all members of his party expressed appreciation and pleasure with the services and facilities at Caswell.

Campus Sidelights

Mr. A. J. Oliver, manager of the dairy at Caswell has announced that Caswell's herd of 105 milking cows received 5th place for production and efficiency in a state-wide contest conducted by thirteen different milk testing associations. Caswell's herd received 2nd place in the judging by the Northeastern North Carolina Testing Association. An accompanying prize of 15 dollars was awarded to Caswell. In 1956 and 1957 our dairy was awarded a diploma by the Pure Bred Dairy Cattle Association for a production of 13,123 pounds of milk and 478 pounds of butterfat per cow average. Caswell's modern efficient dairy produces enough milk to supply the nearly 1900 boys and girls with nearly one quart per day.

Over 275 bushels of butter beans and string beans were processed at our cannery during one week in July. They were picked and shelled by Caswell boys and girls.

The watermelons and cantalopes were in abundance during July. There were many watermelon slicing parties for the children and both old and young had all they wanted. Many of the staff enjoyed the abundance.

A Vacation Bible School which began on June 26 was held for 10 weeks. Chaplain Donald W. Lawson is conducting this school and is using the theme "Bible Sea Adventures".

A special vesper service featuring gospel songs and other religious music was held at the recreational building on Sunday, June 29. Approximately 700 students and 50 staff employees attended. Those participating were the Ham Brother's Quartet, The Harrison Duo, The Pate Family singers and a Caswell student. Mr. Freddie Ham served as Master of Ceremonies.

Twenty-five girls who seldom, if ever, hear from parents, friends or anyone were the recent beneficiaries of beautiful cards, small coins, puzzles and personal messages in the first phase of W.M.U. Ladies of the Dilworth Baptist Chapel in Charlotte, N. C. Needless to say, the girls were thrilled.

Eight hundred and forty Caswell students attended the Christiani Circus sponsored by the Kinston Shrine Club on Friday, September 5, 1958. Four hundred and forty tickets were donated to our students by local business and individuals through the Shrine Club solicitation headed by Mr. Dave Oglesby who also solicited 400 tickets from Christiani, the circus owner, so that all of the boys and girls who could go would have this opportunity. Many thanks go to the people who made this opportunity possible.

The medical students from the university of N. C. at Chapel Hill are again planning to spend a day and a half on the campus for an orientation course in mental retardation. Ten students visited Caswell in September.

The regular monthly T. V. Program over WITN Channel 7, Washington, N. C. was presented on August 15. Mr. Daniel C. Wise, Director of Training and Education and Mr. Waylon Bissette, Principal of the Academic School appeared on the program. Mr. Wise discussed the organization and functions of the Department of Training and Education.

The Workshops for the Public Health Department and the Public Welfare Department continued to be held every third week of the month. An average of 12 persons attend and the participants are most enthusiastic as to the program presented to them. This workshop is one of the best mediums for interpreting Caswell's program and for educating the professional person as to the various aspects of mental deficiency.

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VISITORS

Mrs. L. B. Bryant, Executive Secretary of the North Carolina Association for Retarded Children and a group of Sunday School Teachers from the Park Road Baptist Church in Charlotte spent a week-end at Caswell for the purpose of learning the methods and materials utilized in the religious education program. This group spent several hours in conference with Chaplain Lawson and on Sunday morning attended the three Sunday worship services. This group is starting what appears to be the first Sunday School class for Trainable Children in the state. Mrs. Bryant is hopeful that this class will stimulate interest so that other classes will be formed.

A group of staff members from the State Hospital at Raleigh visited the campus in July. They were particularly interested in the Training and Education Department.

Miss Mary Lee Utley who was formerly the budget clerk in the business office but now retired, visited the campus.

Several members of the Junior Women's Club in New Bern, visited Caswell on July 18. They brought a donation of 500 magazines and several evening dresses.

Mr. John Ives of the North Carolina State auditing Department was engaged in making the annual audit of the books at Caswell.

Dr. and Mrs. Benedict Nagler were visitors at Caswell in August. Dr. Nagler is the superintendent of the Lynchburg Training School for Mentally Retarded in Lynchburg, Va.

Rev. Arthur A. Ledebuhr of the Faith Lutheran Church and Rev. Lester A. Wolf of the St. Stephen's Lutheran Church in Hickory, North Carolina toured the Caswell campus in September.

At various times Mr. William Water, Director of Training at the Goldsboro Training School has brought his staff members to Caswell to observe Caswell's program and to discuss their program with the various members of the Training and Education departments.

A group of twenty-four public school teachers taking a course in Education of the Exceptional Child at East Carolina College in Greenville, North Carolina visited the campus on June 23.

Mr. Gilbert Ragland of Raleigh spent four days at Caswell in June with the Training and Education Department for the purpose of observation and orientation relative to the position of Director of Student Evaluation. Mr. Ragland will be employed in a similar position at Butner Training School.

Mr. Hal K. Goode, Director at Training and Education at Butner Training School and other staff members from Butner Training school made several visits to Caswell.

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The CASWELL NEWS

The Caswell Training School - Kinston, North Carolina

Caswell's Challenge

In this day when minds are tuned to space travel and moon rockets, we seem to fail to remember the importance of the individual person. A nation is no greater than the individual man who makes up that nation. If in a nation every man is not given the opportunity to rise and to develop to his highest potential, that nation cannot grow morally and spiritually. The challenge is ever before us to teach and train our children so that wherever possible they can take their rightful place in society. In the coming year may every Caswell man, woman or child be able to reach his maximum in care, in training and in education. At no time must we ever forget to remember that each individual regardless of who he is, is precious in the sight of God.

—Editor

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A TRIBUTE

The aim of Caswell's education and training department is to help the individual pupil to reach his highest potential. To this task the teachers of Caswell have dedicated themselves. This task is one of the most difficult tasks which confront any staff member at Caswell. It requires special education and training plus a continual desire to seek new knowledge and new training so that the teacher can bring to her classroom the latest methods and information available. To be a good teacher is a gfit and one must love her work as well as love and understand the personalities of the children whom she teaches. To teach boys and girls at Caswell the teacher needs to have more love, more understanding and more patience than the average teacher in the average academic classroom. As one becomes acquainted with the teaching staff at Caswell one immediately recognizes that the teachers do bring this extra devotion, love, understanding, patience and acceptance which are the necessary attributes for the successful teaching of Caswell's boys and girls. This is so clearly reflected in the pupil's work as well as their general attitude toward the teachers. Each teacher has a personal interest in each pupil and each teacher is ever ready to give each pupil the extra attention and encouragement which so many times is necessary. It goes without saying there are times when the teacher's patience is sorely taxed and when there are moments of discouragement when success seems almost impossible but with patience, insight and understanding the teacher presses on to help each child reach his highest potential. It is impossible to name and single out all the teachers but there is one who has given over a quarter of a century to the service of Caswell. This teacher is Mrs. Martha Barnes who came to work at Caswell on September 1, 1929. To Mrs. Barnes and all the teachers in the academic school we say many, many thanks for your devotion to your duty and for your interest in your work. Caswell's boys and girls as well as their parents will continue to look to you for that extra measure of devotion. Your guidance, your instruction and your day by day assistance will continue to bear fruit in the lives of all those you teach.

Training Department

This issue of Caswell News is high-lighting the Training and Education Department. Mr. Daniel C. Wise has submitted his 1958 annual report which we feel describes the various activities of his department.

Editor

"The year 1958 started with every area of training and education in full operation except the area of student evaluation. Due to the resignation of the Director of Student Evaluation just prior to Christmas 1957, this area of activity was partially idle until a suitable person was found to fill this position. The pupil enrollment figures within the various training and education areas at the beginning of January 1958 were: Academic School, 264; Advanced Special Classes, 65; Home Economics, 150; Vocational Training, 571; Basic Training (former Occupational Therapy), 618; and Physical Education and Recreation, 1160.

The new year 1958 brought with it many improvements and steps of progress for the training and education program at Caswell.

The re-organization of the Occupational Therapy Department was promoted giving it a new name with revised objectives and some revision in emphasis. The name was changed to the Basic Training Department with more emphasis placed on basic living skills for the trainable and severely retarded children. Concentration was placed on the learning of such basic skills as those that should be learned before age 5. Teaching of sensory and motor skills, as well as social skills was included; and additional emphasis has been given to communication, health, hygiene, use of intellectual skills, creative ability, and the development of pre-vocational skills. Pre-school educable students have been included as time and space permitted, and more frequent class meetings of trainable and severely retarded groups have been held.

The beginning of 1958 also brought with it a new innovation to our program--our first monthly Orientation Workshop for Public Health Workers and Public Welfare Workers. These monthly work-

shops have continued through the entire year with only one cancellation. This was brought on by old mother nature in December. A 10-inch snow took care of this workshop very nicely. At this time reservations for the workshops are complete for six months in advance. It is our hope to better inform our public agencies involved in our program at Caswell Training School and also gain a better understanding of how we can better work with these agencies. So far this workshop program has been most successful as acclaimed by its participants.

After having a shoe repair training shop all equipped for one year or more, we were most fortunate to employ a qualified shoe repairman instructor to activate this new training and maintenance area in January 1958. This area of training comes under vocational training and has been this year training five boys in the art of shoe repair work. It is also quite an addition to our maintenance as it saves a great deal on shoe repair cost that was originally paid to a local Kinston shoe repair shop monthly.

The new year has also brought with it increased emphasis toward vocational training and rehabilitation. Organized classes for older educable students or full time trainees have been started to teach them better job methods and techniques.

Our recreation building was donated a nice new basketball score board at the beginning of the year. Our local Coca Cola Plant was most generous in giving us such a needed piece of equipment. This scoreboard was given to keep score for our rural school basketball league that Caswell's boys' and girls' basketball teams participated in during January, February and March. All of our games were played here in our recreation building, and our students played their games well and showed excellent sportsmanship. During our tourney that followed our league, Caswell placed fourth in standings and won the Sportsmanship Trophy and also the Best Participant Award. Mr. S. H. Stroud, our Business Manager, ordered us a trophy case in which to display these metals and trophies. It sits in the lobby of the Administration Building.

All during this new year new staff members from Butner Training School and Goldsboro Training School have used Caswell for observations and experimentation in getting acquainted with their new jobs. We have thoroughly enjoyed working with these fine people, and we hope our efforts have been of value to them in starting their new work.

During the year, we have had several of our staff members enrolled in courses at East Carolina College in Greenville--Mr. Waylon Bissette, school principal; Mrs. Joyce Starling, teacher; Miss Mary Hadge, teacher; Mrs. Helen Hardy, teacher; Miss Carolynne Harwell, music teacher; Mrs. Margaret Elliott, home economics teacher; Miss Sydna Cash, basic training teacher; and Reese Howell, basic training director. Mr. Bissette completed all requirements for the Masters of Arts Degree in August 1958. We are very proud of Mr. Bissette and all of our staff members who have made the supreme sacrifice to grow professionally during the year.

Dr. Thelma Thurstone along with Miss Joyce Hayes and Miss Garcia VanDaff of the Research Center at University of North Carolina came to our campus in January to initiate a study within our academic school student population in conjunction with a state wide study of our public school student population. Miss Hayes and Miss Van Daff spent several weeks here during the spring evaluating our academic school students. Mrs. Carrie Parsons, also a member of this research team, came down with Miss Van Daff to re-evaluate some of our students. We have learned that at this point our students rank higher in achievement in general than those in the public school classes for educable mentally retarded students. This study has not been completed, however, so the findings are not complete.

During the year, the teaching program in home making skills has been intensified for our girls and some of our boys. The Home Economics room has received a number of new pieces of equipment which has and will aid us in the future with our teaching program in this area. Two new dinette tables and chairs have been placed in this area along with two new electric sewing machines and a new desk and chair. We are limited in space and facilities in this teaching area, but we appreciate the nice equipment furnished us to teach and train our students in this valuable area. Our many thanks to Mr. Stroud for helping us to purchase the above items of equipment. We look forward to the day that training space and equipment in bedrooms, more specific sewing, living room and utility room can be provided. Then we will be fully equipped for vocational home making.

The use of student talent for entertaining our boys and girls living in the colonies as well as the patients in the Central and Crippled Children's Hospital has been quite encouraging this year. We have organized a group of about ten or twelve pupils who can sing, dance and play musical instruments into an entertainment group. They visit the Boys' Colony, the Girls' Colony and the hospital units regularly to entertain the children. It is indeed gratifying to see the pleasure all the students gain from this experience.

Our Boy Scout Troop has grown during the year 1958. Our troop started the year with 33 scouts and ended the year with 41 scouts. These boys have worked hard during the year 1958 as is evident by their accomplishments. All of the scouts were promoted at least one rank. One of the scouts qualified for swimming merit badge during summer camp. Through donations and money making projects in which the scouts earned money, all of the scouts were able to attend summer camp at Camp Croatan for one week during the month of July. Our troop also participated in all scouting activities for the year, including pre-camporee and the camporee. We are extremely proud of our boy scouts and their leaders. The scouts also attended the Carolina-Wake Forest football game in October. They were guests of the University of North Carolina.

This year we organized within our academic school music program a Girls' Chorus, a Boys' Chorus and a Junior Chorus. We also organized a Girls' Tonette Ensemble. The tonette ensemble

pupils were taught to read simple music in order to play the tonette which is a wind-reed instrument. The choruses all were taught to sing school, folk, and popular songs. All of these groups have given concerts. One was given in the spring and another concert was given at Christmas.

The school pupils also bave a very nice Christmas program this year. It was the "Littlest Angel" under the direction of our music teacher, Miss Carolynne Harwell. It was a most appropriate program and was enjoyed by the students and general public alike. Two performances were given this year--one for our student body and one for the general public. The attendance was good in spite of the big snow.

To complete our music program without mentioning the organization of our "Happy Band" within our academic school kindergarten classes would be most unkind. Mrs. James Thomas, kindergarten teacher, and Miss Harwell, music teacher, have worked diligently in developing a simple rhythm section with these pre-school students. They are learning to count with beats and many other things that will prepare them for our rhythm band. The rhythm band gave a very nice concert performance last spring to the student body and the All Staff. To do all this work in music, we have received many new educational phonograph records, a new section of rhythm band instruments, a new set of elementary chimes, a new set of elementary flutes and a new duobass, a string instrument. We also received a beautiful new piano for our music room. We appreciate these valuable pieces of equipment so very much as it certainly makes teaching and learning a pleasurable experience. Again "Thanks" to Mr. Stroud, our business manager, for helping us to purchase these much needed items.

At "May Day" and "Open House" our home economics classes prepared refreshments to serve our visitors at the end of their tours of the campus and buildings. The girls prepared several gallons of punch and baked 1500 cookies for this occasion. The academic school had the program at "Open House" this year and Mrs. Joyce Starling's class presented a stage play to climax the day's activities. The Recreation Department held a softball game for "Open House", and as last year, Dr. Kratter held his balloon race.

In addition to the above items of progress, Caswell Training School participated in two fair exhibitions this year. The Gaston County Fair and the N. C. State Fair. Our many "thanks" to the good people who permitted us to tell the "Caswell Story" through our exhibits.

This year we had a very fine softball team at Caswell under the direction of Mr. Bland. Our team participated in the rural church softball league. This year our boys played each game alone. No staff member assisted as a player. They did a fine job and we are very proud of them. A great deal of credit also goes to the coach. Other summer activities in recreation included "cook-outs" for the different living units and work training groups. Trips were made to the city pool two mornings each week to take the boys and girls swimming. One trip was made weekly to the "Cliffs on the Neuse", a state park and lake. Students were taken for an all day outing on this trip. This fall we organized formal classes in physical education. One of the play rooms in the recreation building has been set up for a physical education classroom. This gives the instructors a place to teach rules of the games and hygiene prior to putting into practice by performance of activities. Three midget basketball teams have been organized this fall in addition to our boys' and girls' basketball team that I have already mentioned. We have our cheerleaders organized and leading the cheers for our basketball team at their games. Our basketball teams are playing games away from the campus this year also. Several of the rural schools would not play our teams unless we would return their games in their own gymnasium.

We have been fortunate in getting our Vocational Rehabilitation program functioning through the coordinated efforts of Caswell Training School, the North Carolina Department of Vocational Rehabilitation, the Department of Public Welfare, and the North Carolina Association of Retraded Children. A Vocational Rehabilitation Council has been organized at Caswell Training School with representatives from the agencies mentioned above comprising the membership along with professional members of Caswell's staff. The council has met monthly since September 1958. Six students have been approved and placed by the council.

Finally, this report would not be complete without a report on the visit to Caswell Training School by the Advisory Budget Committee led by Governor Luther Hodges. They came to hear and see our proposed needs for the coming biennium. Our request for an additional training and education multi-purpose building was presented at this time. A great deal of interest was shown by this group in this request especially. It is our hope that this much needed building will be provided along with our other needs. Our girls in summer home economics classes were privileged to serve the Governor and members of the Advisory Budget Committee fresh ice cold lemonade to refresh them on such a hot July day.

These things mentioned in this report certainly reflects the honest efforts and forward thoughts of our entire staff. They also reflect the continued interest in physical improvements as well as program progress for Caswell Training School throughout the year 1958. With this progress we have worked so hard to achieve, it is only fitting and proper to express our deepest appreciation to all those who helped in this endeavor. It is our honest hope to be able to continue, improve and broaden our program of training and education for the mentally retarded boys and girls at Caswell Training School during 1959."

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They fail, and they alone, who have not striven.

When money becomes master the man is doomed to the worst of bondage. Golden shackles bind harder than all others.

New Horizons

With the ringing of the bells proclaiming the birth of the New Year Caswell stands on the threshold scanning the horizon trying to see the shape of things to come. There are some shadows which have definite outlines and which can easily be discerned such as the new central hospital whose foundation has been laid. There are the swimming and wading pools which will be finished for use when the hot and humid weather comes. The dewey building is in the process of being renovated. This will make additional facilities for girls from the waiting list. It is hoped that the General Assembly will take a long look at the much needed increase for additional facilities throughout the state. The waiting lists reveal some urgent and serious problems which can only culminate in tragedy unless relief is provided. For a number of years there has been the increasing demand for an all purpose school building at Caswell. The training and education department is again asking that money be provided for this facility. One of the long needed innovations and it seems to be a coming reality is Sunday visiting for parents. Tentative plans for visiting on one Sunday a month have been laid but no final policy has as yet been formulated. This is a long hoped for wish on the part of parents. Also on Sunday there has been started group visiting at one of the local churches. A group of about 20 boys and girls will be taken to one of the Kinston churches once monthly. This is helpful to the boys and girls as well as being good public relations. As the old year died there had been planted the seeds for a Girl Scout Troop and before too long the formation of a Troop will take on a definite form. It will no doubt be as meaningful as the Boy Scout Troop. The Workshops for the Public Health and Welfare workers have cast a far reaching arm over the state and due to the outstanding success and need, these workshops will continue during the year. Some alert and energetic citizens of Greensboro have become vitally interested in establishing halfway houses for Caswell's trainees. This is another step in rehabilitation. It would be an invaluable aid in returning boys and girls to society. This is under advisement and no definite decision has been reached but this is a possibility for the coming year. It is also expected that the present rehabilitation program will continue to expand and more boys and girls will be benefited by it. The psychology department is looking forward to expanding its services by the addition of one or two psychologisst to its staff. This is a much needed service in the institution. Also for the benefit of the staff a new in-service training program is being established. This is essential as no institution the size of Caswell can operate efficiently and effectively unless each employee has an understanding of what the total program is and what each department is responsible for in the institution. It would seem that for the year 1959 there is more emphasis on developing the individual as a personality. All in all these are the foreseeable shapes of things to come and as the year develops other projects will rise. Caswell marches on to newer horizons.

SIDELIGHTS

Four secondary classes from the academic school were privileged to visit the Kinston Police Department and Kinston Fire Department during October. Miss Mary Hadge took two of her classes and Mrs. Joyce Starling took two of her classes. The students and teachers reported this trip to be a most educational experience. The Police Chief and Fire Chief were most cooperative.

The final inspection was held on October 2 of the new heating system recently installed in the Pollock building, one of the boys' dormitories.

In October the Troop Committee for Caswell Training School met and made plans to purchase a complete set of merit badge booklets and to take members of the troop to the UNC - Wake Forest football game at Chapel Hill on October 25. A discussion was held on the needs of the troop for camping equipment. Mr. Guy Johnson has become a new member of the Patrol advisory committee.

The Tumbling Team sponsored by the Recreation Department was featured on the Hospitality House program of WITN-TV during October. Mr. Waylon Bissette introduced Mrs. Loretta Lewis an assistant in the recreation department and Mrs. Lewis introduced the team.

The United Fund Drive is exceeding all records. In October 91% of all staff members had been contacted for pledges and contributions. Pledges of approximately $1,653.00 were made and approximately $1000.00 were paid. This was around a 200% increase over the previous year. Mr. Daniel C. Wise was the United Fund Chairman for Caswell.

The fair exhibit at the North Carolina Fair in Raleigh was successful. The exhibit was done by Mr. Reece Howell, director of basic training and Miss Sydna Cash, teacher in the basic training department. The theme of the exhibit was "Toward Better Living for the Mentally Retarded at Caswell Training School."

A dinner was served by the advanced classes of the Home Economics Department to the department leaders of the Caswell sub-area, N. C. State Employees Association on Oct. 20. This was served in the Home Economics Department. Mrs. Margaret Elliott and Mrs. Betty Howes, home economic teachers supervised the preparation and serving. The girls did an excellent job.

Mrs. Helen Hardy's academic class presented a very interesting chapel program to the academic school boys and girls. The program was about "Keeping Clean" and Halloween. Many of the boys and girls and some of the staff members had their fortune told by the witch.

Halloween parties were held in the Recreation department for a large number of children. Fishing, apple bobbing and other activities were enjoyed by these pupils. The recreation staff decorated the gymnasium in Halloween colors of orange and black and all the pupils dressed in costume. This was a truly enjoyable week for all the boys and girls.

The Kinston Junior Woman's Club came to Caswell on Wednesday evening, October 29 and

gave a Halloween party in the basement of the Tapp building to the boys of Cottage 8. These boys thoroughly enjoyed the party.

Mrs. Jack Sharpe, president of the N. C. Junior Woman's Club and Mrs. Bent from the Winston-Salem Club visited on the campus and were conducted on a tour by Mr. Wise.

In October the psychology class of New Bern High School composed of 26 seniors visited the campus. They were under the direction of Mr. Paul Spear, their principal and teacher. The group was greeted by Dr. Harper, acting superintendent and Dr. Caston, Director, psychology department. They heard a discussion on various clinical types and were conducted on a tour of the training facilities by Mr. Wise, director of training and education.

Groups of medical students from the Medical School at University of Chapel Hill have visited Caswell during October, November and December.

Seventeen members of the Corps Cadet Brigade of the Salvation Army in Kinston, with their leader, Lieutenant Norma Jean Gilbert held an informal worship service in one of the Crippled Children's Hospital wards on Sunday, November 2.

The boys and girls were privileged to see and hear the famous Texas Rangers lead by John Hilar. The Rangers put on an exhibition of shooting, rope spinning and whip slinging.

During November Mrs. Owen's advanced library class conducted an informative and interesting program for chapel. The play was centered around "Book Week" and the students from Cartwright and McNairy buildings were characters in the play. They told of many interesting adventures and moments of pleasure which could be found in the books at Caswell.

Bids were opened on November 5 for a complete renovation of the Dewey building - a girls' dormitory. The bids will be studied by the engineers and Department of Administration. Renovation is scheduled to get underway the early part of December.

Mr. and Mrs. L. B. Bryant of Charlotte visited Caswell in November and also in December to see the Christmas pageant. Mrs. Bryant is the Executive Secretary of the N. C. Association for Retarded Children.

In November Mr. David McCray, neighborhood Scout Commissioner, East Carolina Council, Boy Scouts of America paid an official visit to the Caswell Troop. He was greeted by all 41 scouts and their leader, Jack Smith. Mr. McCray was favorably impressed with the boys and the leadership of the Troop.

A group of 29 student nurses in a psychology class at the Wilson School of Nursing visited Caswell in November. The students were taken on a tour of the hospital by Mrs. Virginia Perry and Mrs. Hazel Blizzard who gave them pertinent facts on the nursing aspects of the care of the retarded. Dr. Caston and Mr. John Braxton conducted a clinic for the students. Mr. Wise conducted them on a tour of the training facilities.

A Thanksgiving Day Service was held at the Recreation Building on Thanksgiving Day. This was conducted by Rev. Lawson. Over 1100 students attended and 32 students participated by singing in the Junior and Senior Chapel Choirs, offering prayer and leading in responsive readings. After the Thanksgiving Service the boys and girls returned to their buildings. Shortly after they ate the traditional Thanksgiving Day dinner with turkey and all the "fixin's." A number of boys and girls went home for the Thanksgiving Holiday.

Forty-one Boy Scouts, attended the Court of Honor at the Lenoir County Courthouse in November. They were accompanied by Scout master Jack Smith and Chaplain Donald W. Lawson.

A group of the New Bern Junior Woman's Club visited Caswell the early part of December and gave a gala Christmas party to the delight of the girls in Cottage 3. This group of women have taken Caswell as one of their major projects for the year. They have brought magazines, toys, candy and clothing for the boys and girls. The Caswell Chairman presented Dr. Harper with $100.00 at the time of their visit.

Members of the Williamston Women's Club visited the campus in December and brought a large assortment of Christmas toys. They also spent much time in the basic training department selecting items for their forthcoming Caswell Crafts Sale in Williamston.

Johnny Eubanks and his country style band entertained the students in December. The students were most enthusiastic.

Mrs. Miriam Isler, representing the Junior Woman's Club of Smithfield visited the campus in December and brought a collection of toys for the children's Santa Claus.

Dr. Ralph M. Chambers of Fayetteville, consultant for the American Psychiatric Association spent a week in December on the campus to make a total evaluation of the program at Caswell. The Hospitals Board of Control has employed him to make a survey of all the state institutions under its jurisdiction. Dr. Chambers made a complete survey of all buildings living units and farm buildings. He interviewed various departmental staff members. Dr. Chambers was an energetic and thorough worker. He left no aspect unsurveyed.

The Boy Scouts had their annual Christmas party in the basement of the Tapp Building. The boys invited their girl friends. Mr. Isham Bland of the recreation department led the group in their activities.

Mr. Waylon Bissette, principal of the academic school, interviewed Chaplain Donald W. Lawson, director of public relations in a discussion of the Christmas program over Channel WITN, Channel 7, Washington.

A group of twenty Caswell girls attended church service one Sunday morning in December at the Westminster Methodist church.

Lenoir County Association for Retarded Children meets regularly once a month at the Baptist Church in Kinston. Several of Caswell's staff members take an active part with this group. This group initiated the move to have the trainable class in the city schools organized. There are 11 children enrolled in the class. The Association is lending their strong support to the class. The membership of the county organization is growing.

SHORT STORIES

The following short stories are taken from the last monthly edition of the Caswell Short Stories which is edited by the Student Council. These stories are all written by the various pupils.

"We all had a nice Christmas and we all hope you did too. Before Christmas we went to a restaurant up town. We all got a piece of pie. It is wonderful to be in school to learn how to read, write, and do things you like. We have some new books but we haven't read them yet. We hope to soon. We have looked through them. They look very interesting. I'll see you next month.

Miss Hadge's Class

The Christmas and New Year's Season have passed. We are back in school and our new unit is on clothing. We are planning to do many things while studying this unit. We want to go to a factory to see how shirts are made. Our teacher will take us to visit the laundry, the sewing room and the shoe shop here at Caswell. At these places we will learn how to take care of our clothes. The unit on clothing should be very interesting.

Mrs. Hardy's Class

"Happy Birthday, Baby New Year, Happy New Year, Everybody." We want to tell you about the clothes we wear all the year round. Do you know where your cotton clothes come from? How about your shoes? How do animals help? We know a secret about a worm. Do you? Come to our program next Friday morning or next Friday afternoon and you will see--The Happy New Year Baby, King Winter, Princess Silk - King Cotton.

Mrs. Baker's Class

"I was glad to go home Christmas. I got some nice presents. We are studying clothes this month. We have had a good film and some film strips about wool, cotton, and leather.

Mrs. Barnes Class

PERSONNEL

Nine Caswell employees total 225 years of service to Caswell. Mrs. Fannie E. Grady, charge matron has worked since July 1, 1928; Mrs. Martha Barnes, teacher in academic school, September 1, 1929; Mrs. M. V. Harlan, director of cottage life, September 1, 1933; Mrs. Nina M. Stokes, sewing room supervisor, June 1, 1927; Mr. Thomas P. Broome, plant engineer and senior veteran employee, March 13, 1923; Dr. Mike Lee, medical director, September 1, 1933, Miss Martha L. Broome, cottage parent, June 1, 1925; Mrs. Mattie Gray, cottage parent, May 1, 1934, and Mr. Speight H. Stroud, business manager, November 20, 1937. A picture including all but Miss Broome and Mrs. Gray appeared in the Kinston Free Press in December.

Daniel C. Wise, director of training and education lectured to a Mental Health Class at East Carolina College in October. Mr. Wise was invited to lecture to the class on "Mental Retardation" as part of Mental Health. The class consisted of 40 students and prospective teachers.

Dr. Bessie E. Lane and Miss Margaret M. Lane resigned their positions effective in October. Dr. Lane served as physician in the medical department and Miss Lane was an assistant in the Social Service Department. They have taken up residence in Southern Pines, N. C.

Mrs. Betty M. Lawson was appointed the assistant director of social service as of October 1. Mrs. Lawson received the Bachelor of Arts degree from St. Lawrence University in Canton, N. Y. She has worked with mental patients in Texas and displaced persons in West Germany. Mrs. Lawson is the wife of Chaplain Lawson.

Dr. Eugene A. Hargrove, General Superintendent for the North Carolina Hospitals Board of Control made his first official visit to Caswell during October. He met members of the professional staff as well as staff members of the business departments.

Mr. Daniel C. Wise, director of training and education attended a national conference on Rehabilitation at the Hotel Vanderbilt in Asheville from October 13-15.

Dr. W. Frank Caston attended in October the Southeastern Regional meeting of the American Association on Mental Deficiency in Frankfort, Ky. The meeting was held at the Kentucky Training School. Dr. Caston served as chairman in the psychology section.

In October Mr. Waylon Bissette, principal of the academic school spoke to and showed the film, "The Caswell Story" to members of the Junior Women's Club of Rocky Mount.

This same film was shown by Chaplain Lawson to the Draper's Women Club in Draper.

Mr. Leroy Batts, director of student evaluation played host to a group of officials from the U.S. Office of Education visiting N. C. State College on October 23. Dr. Roy Anderson, head of the Department of Occupational Information and Guidance of N. C. State College in Raleigh invited Mr. Batts to act as host.

Mr. Daniel C. Wise, director of Training and Education and Mr. Waylon Bissette, school principal attended the special education conference in Charlotte during November.

Miss Pearl Adkins and Mrs. Elizabeth M. Lawson, director and assistant director of the Social Service Department attended an Institute of the Public Welfare Department in Raleigh on November 13.

The first annual fall conference of the state training schools was held at the Goldsboro Training School on November 24. Miss Pearl Adkins, director of social service, discussed the work of the social department in the training school. Mr. Daniel C. Wise, director of training and education, led a session on the Use of Progression Charts in the Follow Up of Vocational Training Assignments. Rev. Donald W. Lawson gave the invocation approximately 40 members attended.

Dr. Matt C. Harper, acting superintendent and Mr. S. H. Stroud, business manager attended the meeting of the N.C. Hospitals Board of Control in Raleigh in November.

The Cottage Life Department announced that Mrs. Dollie Erwin of Richlands and Mr. Rudolph Wells of Kinston became new employees on

December 1. Mr. Duncan D. Smith, a former employee of the Lynchburg Training School in Virginia also joined the Cottage Life Staff.

Mr. A. J. Oliver, dairy manager, attended the Graham School for Dairy Management in Richmond, Virginia.

Mr. John Umstead, chairman of the Hospitals Board of Control and Mr. Roy Purser, Business Manager for The Board made several visits to the campus.

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CHRISTMAS

As with everyone everywhere Christams is always one of the most important events of the year and so it was at Caswell. Long before the season came plans had been laid to make Christmas a significant part of the religious as well as the secular life on the campus.

First and foremost was the annual Christmas Program given by the academic school under the direction of Miss Carolyn Harwell, the music teacher. Nearly eighty students participated in this event which was given one night for the Caswell's boys and girls and the second night for the general public. The first part of the program consisted of a selection of Christmas songs representing a wide variation in time and place. These were sung by the three choirs. The second part of the Christmas program consisted of the Christmas story, "The Littlest Angel". Rev. R. Bruce Pate of St. Marks Church was the narrator and various members of the school acted out the story. Miss Harwell, director, composed the music and lyrics for the music used in dramatizing "The Littlest Angel".

One of the most eagerly anticipated events is the visiting at home for the Holiday. Nearly 650 students spent all or part of the vacation at home. Many were disappointed when they found that no plans materialized for them. However these were not forgotten at Caswell. A full and active program was arranged for all the boys and girls. For those who stayed at Caswell Santa Claus was a thrill. Everyone was remembered with gifts and on Christmas day the boys and girls eagerly opened what Santa had brought. There were much excitement and joy all around the campus.

One cannot describe the Christmas activities on the campus and not write about the beautiful decorations which were displayed in all the living units as well as other buildings. These decorations lent to the atmosphere and the boys and girls found a thrill and many happy moments gazing at the beauty of the trees which shone with all types of beautiful ornaments and lights of many colors. The building parents were to be complimented on the attractiveness and beauty of their units. Each year the buildings seem more beautiful than ever. The building parents used much ingenuity and imagination.

At Christmas there is no detail omitted to make Christmas a meaningful experience for all. Besides the special program, the Chaplain had special Sunday services. The boys and girls were taken by bus to see the street and store decorations in Kinston. There was visiting in the various living units and on Christmas day the traditional Christmas meal was served.

In writing about Christmas at Caswell one is touched by the generous spirit which is always displayed by Caswell's many friends. Christmas would not be the wondrous happy day if it were not for the thoughtfulness and generosity of all the people of North Carolina. Appreciation of the deepest kind must be expressed to everyone--to the individual friends; to all the various clubs; to the welfare departments and to all others who contributed in anyway to make the 1958 Christmas at Caswell a memorable and happy occasion.

The coming year cannot help but be a happier one for all because of the kindly deeds and thoughts of all these friends of Caswell.

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In Appreciation

Many, many thanks go to all the generous friends which Caswell Training School has throughout the state of North Carolina. All during the year and especially at Christmas their generosity and kindness are greatly noted. The Junior Woman's Clubs and the Veterans of Foreign Wars, the various church groups as well as many other clubs and individual friends make the lives of Caswell's children much happier. The state provides well for each boy's and girl's basic needs but these good friends give that extra little touch which is always necessary in making life more comfortable and happier. It is impossible to express in any way the gratitude and appreciation which the boys and girls and all staff members feel for these good people, but the lives of these friends are certainly made richer by their good deeds. May God bless all of you.

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FACTS AND FIGURES

The population figure for the actual residents at Caswell is 1897. At the close of 1958 there were 46 on placement. This 46 is over above the population figure of 1897. During the last quarter 18 were admitted from the waiting list; 2 returned to the institution; 1 died; 9 were placed; and 4 were discharged.

The waiting list has 332 applications waiting for admission. Of these 332 applications 225 are boys and 107 girls. There is a definite trend that more boys than girls are becoming acute problems in the home and community. On the Waiting List 90 applications fall into the severely retarded classification; 135 in the trainable or moderate group and 107 in the educable or mildly retarded group. Many of these are serious and urgent applications for which Caswel has no space. Caswell can only accept a few more children. Butner Training School which services the western part of the state has also many urgent applications. Their additional facilities will not be complete until 1960. Even with these facilities there will be many serious situations for which there will be no relief.

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It is while you are patiently striving at the little tasks of life that the meaning and shape of the great whole of life dawn upon you. It is while you are resisting little temptations that you are growing stronger.

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CASWELL NEWS
The Caswell Training School - Kinston, North Carolina

The World Is Mine

I turned a corner and there I saw a child different and alone.
Wanting acceptance - misunderstood asking for bread but getting a stone.
A normal boy, arms for hugging, heart for loving normal joys and normal fears,
Normal parents, normal health - but a mind not normal for her years.
Oh, God, forgive me when I whine
I have a mind, the world is mine.

With legs to take me where I'd go,
With eyes to see the sunset's glow,
With ears to hear that I would know,
With mind not cursed with being slow.
Oh, God, forgive me when I whine.
I'm blessed indeed. The World is mine.

Ray Graham

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DAY or NIGHT

Toynbee, the noted historian, has written that the 20th century will be noted for its emphasis on human welfare. This is especially true in the field of mental deficiency in the state of N. C. It is doubtful that there is any other state in the nation which has seen such a rapid change in the care of the defective person. As the turn of the century, N. C. had no institution for the care of the retarded. 1913 saw the first three buildings opened and the first defective boy and girl received for care. Since then the institution has expanded to embrace 1200 acres of land; an administration building; 41 one living units; a central hospital building, a school building, a recreation hall, a central kitchen and dining room, personnel living units plus all the numerous maintenance and farm buildings.

The State of N. C. has increasingly improved its facilities providing for the material comforts such as food and living accommodations for the boys and girls entrusted to the care of Caswell but man does not live by bread alone. This is a well worn saying but it is as true today as it was when it was originally spoken years ago. The defective person has basic needs other than good food and raiment.

For years Caswell was considered a purely custodial institution; consequently no serious or conscientious thought was ever given to building or formulating a long term comprehensive plan for rehabilitation. To be sure a few boys and girls did leave and return home but there was no planned program ever initiated where all the facilities of the institution were coordinated and employed so that a boy and girl would be given every opportunity for the best in training and education. There was no definite plan that when the education and training were completed the boy and girl could be returned to the community under supervision. The general philosophy was on the negative side, "it can't be done". To reverse this attitude "to accentuate the positive" has not been easy. There still remains much skeptism, doubt, and speculation and in some cases half hearted cooperation. Other institutions in other states have proved that defectives can be self supporting; that they are not the delinquents and social problems that society believes them to be. (Dr. Danies "The Mentally Retarded in Society).

All children must receive tender loving care, education, training and guidance to prepare for adulthood. This is as much true for the defective as for the normal child. To have an effective educational and training program within an institution there must always be the basic building facilities for such. Around 1939 the academic school building was constructed. At this time the population at Caswell was around 600 to 700 boys and girls. The educational program was a simplified one. Since 1939 Caswell's papulation has more than doubled 1900. New concepts and new methods have been employed and proved effective - training and education at Caswell has expanded to include not only the educable but many of the trainable - Over 1000 boys and girls receive the benefits of the education and training program.

The present school building with five class rooms, the library, the home economics room, principal's office plus the auditorium cannot even meet the most elementary needs of this department. Classes are scattered all over the campus in any nook or cranny which can be adapted to teaching. Many of the physically handicapped children are forced to climb steep stairs; teachers are forced to teach under the most trying circumstances. Valuable time and energy are wasted.

Caswell is asking the legislature to approve the request for $300,500.00 for an all purpose school building. This is only a small amount when one considers building costs today; Also when one considers that many states provide funds up to one million and 2 million dollars for such structures for similar institutions. Much thought and plan has gone into planning a building to bring down the costs to this minimal figure.

Unless there is some provision made for the basic requirements and facilities for an improved education and training program the progress made by Caswell could be stymied. Caswell could easily revert to its old position of being purely custodial. The big question mark with some of the staff is whether Caswell is going to continue to lead in being one of the most outstanding and progressive institutions of the South and possibly of the nation. This is a question which all staff members, all parents and all interested people should ponder

BONNIE LEE'S STORY . . .

The following is a word picture written by Mrs. Betty Lawson, assistant director of Social Service; Johnson 4 is in the colony unit and the majority of the girls and women are in the trainable group and many of them have some physical handicap.

Editor

My name is Bonnie Lee and I would like to tell you about my home at Caswell which is Johnson 4. On my record it states that I am spastic but all I know is that I have spent my life in a wheel chair. This is not as bad as it may seem as there are lots of girls here to help me. They push me into meals in our dining room and take me to the movies and chapel. There are 58 girls living in Johnson 4 at present, and most of us are between 20 and 50 years old. Some of the girls are blind, some are deaf and others, like myself, are confined to wheel chairs, but we all help each other and have good times together.

Come and spend a day with me in Johnson 4. We start arising at 5 a. m. in our dormitory with its sunny yellow ceiling and pretty yellow-flowered curtains. This may seem rather early to you but it takes quite awhile for 58 girls to bathe and dress for breakfast. After breakfast those of us who are able to help clean our living unit and make the beds. Some of the girls wash out our Sunday dresses and iron them. Our everyday dresses and other cottons are sent to the campus laundry.

From 9 a. m. to 10:45 is a free period. Fifteen of our girls go to craft classes in Basic Training and some of us go to clinic during this time. The girls who stay in the living unit go out into the yard on sunny, warm days. Our yard is a most enjoyable spot with a double chair swing at one end and a little flower garden at the other. One of the girls takes great pride in carefully tending the garden. There are several small trees that we have planted and watched grow. The ground is covered with clover and we love to walk bare foot here. In the summer we have to keep the clover blossoms picked so they will not attract the bees. Out here during the harvest season we help shell peas and beans. Our living unit has shelled up to 25 bushels in one day, which is the record at Caswell.

At eleven o'clock, after we ask the blessing, we have a delicious noon meal. We do eat well, and today we are going to have roast pork, sweet potatoes, collards, spiced apples, corn bread and butter, butterscotch pudding and milk. Much of the food is raised right here at Caswell as we have our own hog farm, dairy and vast vegetable gardens. Following dinner we have a rest period and during this time come one of the pleasantest moments of our day, mail time. We all look forward to letters from friends and relatives and if we are one of the lucky ones today our cottage parents will read us the letter, if we are unable to do so ourselves. It is always an occasion when someone receives a package, perhaps containing cake or candy, a lovely new slip, or some pretty red dress material which the girls in our campus sewing room will make up for us.

On Tuesday and Friday afternoons we go to the movies in the gym. The girls who can walk help push those of us who are confined to wheel chairs. We all enjoy this outing and usually have a coke as a special treat. On other afternoons many of us do handwork such as knitting, crocheting, or embroidery. One of our girls who has won a blue ribbon at the fair, is working on a beautiful crocheted bedspread. Others are doing cut-out embroidering pillow cases, and making spring blouses by hand. Some of the articles made are sold through the Basic Training Department and some are given to friends. This is also a time for writing letters, working puzzles and looking at magazines. Some of the girls enjoy rocking in their own rocking chairs.

At 4 p. m. we put our work away, take off the bedspreads, and layout our clean clothes for the next day. Sometimes during the summer months we have a weiner roast outdoors instead of our regular supper inside. After supper we brush our teeth and get ready for baths. At this time we also wash our underwear and socks and some of us in wheel chairs are able to move our chairs up to the basins and do our own simple laundry.

After our baths we gather in our day room for the evening. The mother of one of the girls donated our attractive pink and aqua flowered curtains which match the pink ceiling. Decorating this room are green plants, colorful flowers, and pictures on the walls. We like to listen to music on the radio, watch television, or sometimes play records. We have a coffee hour every evening and if someone has received a cake or cookies from home we all enjoy this treat with our coffee. At 8:30 we have our evening prayers and after this some of the girls go to bed. We are all in bed by 9 p. m. except for three girls who help pick up the day room.

On Sunday morning we go to Chapel services in the school auditorium. One Sunday afternoon every two months we have an afternoon service in our living unit. The Senior Chapel Choir comes to sing for us and afterwards the choir and chaplain stay and visit with us. Occasionally the Chaplain brings along a religious movie for us to see.

We have two musicians in our group who enjoy playing the harmonica for us, and entertaining at our birthday parties. Parties are a lot of fun. We sing and have refreshments and watch the birthday girl open her presents. We sometimes invite friends from other living units to these parties. About one third of the Johnson 4 girls go home on vacations, and the rest of us are happy for them but this can be a rather sad time for those of us who have no homes to visit.

One of the girls and her special friend have

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and consider seriously. This is of real concern. Caswell has come along way to be recognized nationally as one of the more progressive hospitals and training schools for the retarded. The answers lies not alone with the staff members but to all citizens of North Carolina and especially the legislators. Will the daylight continue to radiate or will the shades of night begin to fall.

Editor

decorated a little room and transformed it into a small sitting room. This is truly amazing when you realize that this girl is almost completely handicapped but she tells her ideas to her friend who carries them out. There are ruffled curtains at the windows, pictures of family and friends on the dressers and tables, and on the walls pictures made by the girls themselves from cutting pictures of flowers from magazines. The flowered chair covers, table runners, and curtains are all hand-made and the little room has a cozy home-like look. We also have six girls who help in other living units. Two work at night and four during the day, helping girls who are less able to care for themselves.

The spirit of sharing prevails in our home. Some of the girls have special friends they look out for and share with. When someone is unable to go to the movies, we bring a coke back to her so that she will not miss this treat. We pool our spending money occasionally to buy pretty artificial flowers to decorate our day room. We enjoy sharing any special treats of food we receive from home.

No story of our life in Johnson 4 would be complete without a special thank you to our cottage parents who care for us twenty-four hours a day. These lovely ladies give much more of themselves than is required. They do many little extra thoughtful things to make our days happy ones. They are our mothers and share our joys and comfort us in our sorrows. The tender, loving care they give so generously makes us happy and content and transforms our home into the attractive, pleasant, friendly place it is.

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EASTER

The Easter season as Caswell is always looked forward to with hope and anticipation. This year the weatherman was not too kind. The weather was cool and for the most of the week-end it rained although on Easter it was cloudy. Nevertheless Easter was significant and important in the minds and hearts of Caswell's boys and girls.

Over 600 students and guests attended the Sunrise Service held on Easter morning at 5:30 a. m. in the recreational building. The Easter Sunrise Service has now become an annual event. The students under the direction of Chaplain Donald W. Lawson presented a most inspirational play based on the Resurrection. Many of the students of the Senior Chapel Choir, Junior Chapel Choir and Girls' Chorus sang under the direction of Miss Carolynne Harwell, music director. Miss Harwell was assisted at the piano by another student. Other students led in prayer and read the Scripture during the worship service. Later in the morning the regular Sunday School classes were held.

The academic school was closed on Good Friday and Easter Monday. This gave the children a long weekend. About 175 left the campus to spend a few days with relatives and friends. For those who remained on the campus there were planned many different Easter activities.

The recreation department made Easter baskets for all the living units. Easter eggs, Easter baskets, grass and other Easter decorations were contributed by various local groups such as the Fidelis Class of the Park Baptist church, the Young Adults Class of the Hickory First Methodist Church, the Junior Women's Clubs, the Salvation Army Sunbeams and the V.F.W. Auxiliaries. The Salvation Army Sunbeams and some of the Junior Women's Clubs planned egg hunts for some of the buildings. For other buildings the recreation department organized egg hunts if the weather permitted. The medical departments nursing staff organized and planned an Easter egg hunt for the students who work in the medical department. They were taken by bus to the Fairfield Recreation Park.

Caswell wishes to thank everyone who helped to make Easter a meaningful experience for the boys and girls.

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Figures

As of March 31 there were 1889 boys and girls making their home at Caswell. During the first quarter of the year 27 were admitted (22 new admissions, 4 from placement and 1 was transferred from other institutions); Thirty-five were discharged (16 were placed, 6 died; 12 were transferred to other institutions, 1 discharged direct). On the waiting list as of April 1 there are 355 applications. However there are 36 applications being processed for admission.

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VISITORS

Mr. John Umstead, Jr., chairman of the Hospitals Board of Control has made several visits during this quarter to visit the school.

In January the New Bern Junior Woman's Club visited the campus. They generously donated books for the library, a number of used clothing items and 400 magazines.

The Kinston Junior Women's Club also generously gave Caswell a check for $100.00 to replace one of the 16mm - color - sound films of "The Caswell Story."

Mrs. Madge Waller formerly Miss Madge Funderburke visited the campus. Mrs. Waller was Caswell's director of nurses for 13 years and she resigned in 1953 when she married. The various staff members and the children were most happy to see her.

Mr. John W. Parrish a psychologist from Spencer, W. Virginia, spent two days in January on the Campus.

The general staff members from the Goldsboro Training School were visitors to Caswell's Basic Training Department. The Academic School and The Recreation Department in February. The staff members observed the program so as to initiate a similar one at Goldsboro.

Mrs. Ray Wooten and Mrs. Myra Holder were visitors on the campus. Mrs. Wooten is the teacher for the trainable class in the Kinston City schools and Mrs. Holder is the assistant teacher. They were interested in the training and education facilities.

Dr. Eugene Hargrove, General Superintendent, N. C. Hospitals Board of Control has made several

visits to Caswell during January, February and March.

Mr. Gareth D. Thorne, General Director of Education and Training of the Hospitals Board of Control has made regular visits to the campus.

Dr. Vermon Mangrum, Superintendent of the Goldsboro Training School was a visitor on the campus.

In February Mr. W. P. Kemp of Goldsboro, a member of the N. C. Hospitals Board of Control spent some time at Caswell.

The Assistant General Business Manager Mr. Ed Gaeer of the N. C. Hospitals Board of Control spent a day with the various department heads.

Dr. Joyce Hayes and Miss Gracia Van Doff, research psychologists, were on the campus for a week in February testing some of the academic school pupils. This is in connection with a research project under the direction of Dr. Thelma Thurstone, University of N. C., Chapel Hill.

Student nurses in the psychology class of Lenoir Memorial Hospital School of Nursing spent a day on the campus in February. This was arranged by Dr. Frank Caston, their instructor. Several staff members spoke on their contributions of their respective departments. They were conducted on a tour of the central hospital, crippled children's hospital, living units and the training and educational facilities.

In February the Charlotte's Junior Woman's Club represented by four of its members came to Caswell and presented to the children a television set. They also brought with them the necessary items to give cottage 7 boys a Valentine Party in their cottage.

A group of nine persons from the School of Public Health, U. N. C. at Chapel Hill headed by Dr. John P. Filley, of the school department of Mental Health were given a tour of the Caswell campus. Dr. Matt C. Harper, Jr. acting superintendent and Mr. Gareth D. Thorne, general Director of Training were the hosts.

Mr. Roy Purser, General Business Manager of the Hospitals Board of Control has been a frequent visitor of the campus.

Mrs. L. B. Bryant, executive secretary of the N. C. Association for Retarded Children was the guest speaker for the Lenoir County Chapter of Parents and Friends of Retarded Children. This meeting was held in the school building in February. Members of the Pitt County and Onslow County Chapters were present.

Mrs. Lillian Bryant, Girl Scout executive secretary was a visitor at Caswell in February.

Dr. James Elliott, superintendent of Butner Training School, accompanied by Dr. Della Simonson, Mr. Joe Eason, business manager and Mr. Joe Dohey, budget officer were visitors on the campus.

Miss Dorothea Tucker, Field Representative of the Department of Public Welfare and Mr. H. A. Hendrix, Senior Rehabilitation Counselor were at Caswell to attend the monthly meetings of the Rehabilitation Council.

Miss Mary Lee Utley, former budget officer visited the campus one day in March.

Mr. Allen R. Cohen, who has been recently employed as the Assistant Director of Special Education in the Department of Public Instruction in Raleigh was a visitor on the campus for two days. Mr. Cohen is a psychologist.

Dr. Wiley B. Sanders, a professor at the U.N.C. brought his class in Social Pathology to Caswell for an afternoon. The class were conducted on clinical tours and tours of the training and educational facilities.

A group of ten medical students from the School of Medicine, U.N.C. have spent a day each month at Caswell.

A group of 36 sociology students from Fuquay Springs High School were taken on a tour of the campus.

Two groups of East Carolina College Students were visitors on the Caswell campus. Miss Mitchell, professor of Mental Health brought 30 students to tour the campus. The Tau Sigma Educational Fraternity had 20 members visit in February. There were shown the training facilities.

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SIDELIGHTS

A group of 20 boys attended the church services at the Gordon Street Christian Church one Sunday in January.

A study of production averages of 10 North Carolina institutional dairy herds has been completed and reveals that the Caswell herd ranks highest among all the institutions in number of pounds of milk and fat produced. Mr. A. J. Oliver is manager of the Caswell dairy.

Miss Swindell and Miss Shinn of the State Board of Health gave a very interesting puppet show, "The Little Jack Puppet Show", on oral hygiene. About 800 boys and girls thoroughly enjoyed this show. Miss Merle Scott, county school supervisor helped to make arrangements for the group to come to Caswell.

The windows in the academic class rooms took on a new look with the installation of new venetian blinds. This improves the natural lighting and makes the classroom atmosphere more cheerful.

All academic students received their report cards on January 30. The students are always eagerly waiting for these cards and take them to their building for the building parents to see their progress and to sign them.

In January the academic school building received repairs and several of the rooms and hall were painted. This has improved the appearance of the school building and makes it more enjoyable place to work for both the pupils and staff.

In February the Girls Chorus and Junior Chorus presented a concert to the Kinston Jay-cees. Miss Carolyn Harwell, music teacher, directed the concert of popular and folk songs. Mr. Daniel C. Wise, Director of Training Education spoke briefly on the training and education of Caswell's boys and girls.

Work has been started on the construction of a farm maintenance and repair shop.

The social service department in cooperation with Mr. Garth D. Thorne, General of Training has been conducting a survey on the number of

children born out of wedlock. This survey is being made for the N. C. Conference of Social Service.

On a Sunday evening in March over 900 students at Caswell were guests at a gospel song program in the recreation building. The program was put on by a group of Caswell employees and their families. They were Mr. and Mrs. Leon Ham, Mr. Freddie Ham, Mr. and Mrs. Woodrow Ham, Rev. Willie Ham and family, Mr. and Mrs. Albert Wiley, Mr. Marion Humphrey, Mrs. Charlie Pate and family.

The new swimming pool at Caswell was inspected and accepted with final corrections to be made by the various contractors. The new pool will be ready for use as soon as the warmer weather arrives. The boys and girls will be deriving many hours of pleasure during the hot weather.

The New Bern Junior Woman's Club gave a brother-sister party at Caswell Training School in the recreation building. Approximately 36 brother-sister members attended the party. Prizes were awarded for the game and dance contests. The club brought balloons for the decorations and they also provided the refreshments.

The girls who will comprise the Girl Scout Troop visited the Girl Scout Bazaar at the Fairfield Recreational Building.

Miss Marie Penuel, Lenoir County Home Economics Agent, Mrs. Marguerite Kennedy, assistant agent and Mrs. Ralph Daughtey, Home Demonstration County president paid a recent visit to Caswell to discuss future plans of area Home Demonstration clubs relative to the students.

Radio Station WFTC provided the Recreation Department with 3000 records (45 R.P.M.) Some of the records will be used for dancing, some for listening in the living units and some will be used for religious purposes. The school is most grateful for this donation.

The Caswell Tumbling Team has been very busy giving three outstanding performances. On February 6 they performed for the Dover Homecoming festivities; on February 9, they performed for a group of students from East Carolina College; and on February 10 they gave another performance for the Kinston Civitan Club at the Hotel Kinston. The team is under the able direction of Mrs. Loretta Lewis, Assistant in the Recreation Department.

The Kinston Junior Woman's Club gave a Valentine Party to the girls in Cottage 2. The women served the refreshments and the girls enjoyed these as well as the games which were planned.

The Casewell Safety Patrol members made special "Safety Valentines" which were passed out to the boys and girls to promote safety on the campus. This was done for the purpose of making Caswell a safer place to live.

In January Mrs. Barnes; Mrs. Baker's, Mrs. Sutton's and Mrs. Parrott's academic school classes visited the Glen Raven Cotton Mill. The boys and girls made this field trip to see how yarn is made. The school is completing a unit of study on "clothing".

In March the classes of Mrs. Parrott and Mrs. Baker took field trips to observe the various public buildings in connection with the study of the unit "Where We Live." The group visited the court house, park theatre and the Queen Street Methodist Church.

The regular monthly television programs over Station WITN on the third Friday are still well received. This medium has been excellent way of bringing to the public a new conception of the retarded and a new conception of Caswell Training School. During January Mr. Bissette who is the academic school principle as well as the school's T. V. moderator interviewed George R. Rouse, Caswell's administrative assistant. The question of finances was the theme used for this program. In February the Girls Chorus and the Junior Chorus under the direction of Miss Harwell, music teacher, sang songs from the stage and movie productions. On March 30 Caswell students took part in an Easter play based on the Resurrection. The production was under the direction of Rev. Donald W. Lawson, Chaplain, and the music was directed by Miss Carolynne Harwell. Mrs. Rudolph Nunn was in charge of the wardrobe. A number of the properties for the set were made by the students and the staff in the shoe shop, carpenter shop and basic training department.

In February the Boy Scout Troop executive committee met. Plans were made for a window display during "Scout Week" in a downtown store. All members of the troop attended the Father-Son Banquet at Fairfield Recreation Center. Committee members accompanied the boys. The Scout Troop has received five new tents which will care for seven boys. The boys and leaders were happy to receive these.

The recreation department has had a busy schedule with the boys varsity team, the girls varsity team and the midget team. The teams have been playing the Contentnea, Southwood and dover County schools as well as Christ the King School. The Boys Varsity have won 6 and lost 5 games. The midgets have won 8 and lost 3. The men employees have also played the boys varsity - each have won and lost some games.

Seminary for Ministers

Rev. Donald W. Lawson, Chaplain, sponsored a most successful one day Workshop in January for the Lenoir County Ministerial Association. Seventeen ministers attended all or part of the program. Dr. Harper, acting superintendent, welcomed the men as they arrived. Reverend Ralph H. Mattingly, president of the Lenoir Association spoke of the gratitude of the Association for making such a meeting possible.

During the day the ministers heard from Miss Pearl Adkins, director of Social Service; Dr. Frank Caston, director of the Psychology Department; Mr. Daniel C. Wise, director of Training and Education; Rev. Donald W. Lawson, Chaplain and Director of Public Relations, and Mr. Gareth D. Thorne, State Director of Training and Education. In the afternoon, after a lunch in the employee's cafeteria Dr. Harper through his clinical rounds demonstrated various clinical types of mental retardation. After this clinic there was a tour of the various living units and the Crippled Chil-

dren's Hospital conducted by Mr. Johnson, Assistant Director of Cottage Life. Mr. Waylon Bissette concluded the rounds with a tour through the academic school building.

The emphasis during the entire Workshop was to help the ministers to come to a better understanding of the defective person so that the ministers can meet the needs of their congregation and help the community to be more understanding. The ministers all voiced their many thanks for a most worthy, helpful program.

PERSONNEL

Dr. Eugene A. Hargrove, general superintendent, of North Carolina mental institutions, Dr. Matt C. Harper, acting superintendent of Caswell and Dr. James Elliott, superintendent of Butner Training School spent a week touring the Walter E. Fernold State School at Waverly, Mass., the Mansfield State Training School and Hospital at Mansfield Depot, Conn., and the Southbury Training School, Southbury, Conn. They were interested in the various programs each institution offered.

Mr. Daniel C. Wise, director of training and education visited the Methodist Youth Fellowship at the Grifton Methodist Church in Grifton in January and showed the film "The Caswell Story."

Mrs. Doris G. Gray, registered nurse, was employed in January by the medical department. She is a graduate of the James Walker Memorial Hospital School of Nursing and completed her Training in June, 1958.

In February Mrs. Mattie Smith Page of Pink Hill, Mrs. Sue L. Smith of Kinston, and Mr. and Mrs. C. V. Wells of Bailey, N. C. joined the Caswell staff in the Cottage Life Department.

Mr. Daniel C. Wise, Director of Education and Training, was guest lecturer at East Carolina College in January. He presented a program on mental health to several classes of freshmen and junior students. Mr. Wise also spoke to the All Junior Meeting for the Fifth District of the N. C. Federation of Women's Club. At the close of the meeting the Kannapolis Junior Woman's Club presented the school a 21 inch console T.V.

Mr. George R. Rouse, administrative assistant spent January 15 in Raleigh attending a meeting relative to social security and maintenance payments of students at Caswell.

Several staff members attended the council for Exceptional Children meeting at the Butner Training School in February - Those in attendance, Mr. Daniel C. Wise, Mr. Waylon Bissette, Mr. Robert O'Neal, Mr. Leroy Batts, Miss Pearl Adkins, Mrs. Jeannette Parrott, Mrs. Glayds Nunn, Miss Carolynne Harwell, and Mrs. M. V. Harlan. Mrs. Elizabeth Brown, a former employee, accompanied the group.

Rev. Donald W. Lawson, chaplain and director of public relations, was the main speaker at the monthly meeting of the New Bern Woman's Club on February 10. Mr. Lawson spoke on the theme "The Least of These" and showed the sound-color film, "The Caswell Story."

The film the "Caswell Story" was shown by Daniel C. Wise, who also spoke on Caswell to the officers' wives club in Jacksonville. Mr. Wise also showed the film to the Goldsboro Civitan Club. The Smithfield Junior Woman's Club also had Mr. Wise speak at their meeting.

In February Mrs. Hardy K. Elmore joined the staff in the Cottage Life Department. Mr. William Kirby Miller of Grifton joined the staff in March.

Miss Frances Taylor of Ayden has joined the business administration staff at Caswell as secretary to Mr. George Rouse, administrative assistant.

The Wendell Junior Woman's Club invited Rev. Donald W. Lawson to show the film, "The Caswell Story." Rev. Lawson also spoke to the Ophelia Farrell Class of the First Baptist Church. The film was also shown.

Miss Pearl Adkins, Director of Social Service, spoke to the Wayne County Association for Retarded Children in March. Her speech was on "The Newer Look."

Dr. Matt C. Harper, acting superintendent, and Mr. Speight H. Stroud, business manager, attended the March meeting of the N. C. Hospitals Board of Control in Raleigh.

"The Caswell Story", a film, was shown by Mr. Daniel C. Wise to the Spillman Memorial Baptist Church Prayer meeting group.

In Appreciation

Caswell is continually grateful to its many friends for their kindness and generosity and it is impossible to express adequately the staff's and the boys' and girls' deep felt thanks to all these people. In this issue of Caswell News, Caswell wants to especially mention its appreciation to the V.F.W. and the V.F.W. Auxiliaries for their many bountiful contributions and kindly interest in the boys and girls. These organizations have become vitally aware of and concerned for the needs of Caswell's boys and girls.

In January representatives of the Veteran Administration Special Services Committee at the Veterans Hospital in Fayetteville, N. C., presented the school a gift of 26 slightly used table model radios. This gift was made possible through the coordinated efforts of the V.F.W. Post and the V.F.W. Auxiliaries in the eastern section of N. C.

The V.F.W. Ladies in N. C. have Caswell as one of their state projects. Many useful items in holding bingo parties are generously donated. They have helped to support the Boy Scout organization. In February Mrs. Bob Bland, State Caswell Chairman for the Ladies' Auxiliaries, donated sixty dollars to buy uniforms for the Girl Scout Troop which is being organized. The Ladies' Auxiliary has also accepted the sponsorship for the Girl Scout Troop.

At Easter time the V.F.W. Auxiliaries contributed 153 pounds of candy; 355 Easter ornaments such as rabbits, chickens and baskets; 28 packages or 35 pounds of Easter grass; and 20 packages of dye.

Again many, many thanks from the staff as well as the 1900 boys and girls. Such kindness and thoughtfulness warms the hearts of everyone and brightens the lives of all the boys and girls.

THE CASWELL SHORT STORIES

The following are stories written (except for a few), edited and printed by the students in their paper, "The Caswell Short Stories."—Editor

"In the library during the last few weeks, we have been on a tour, by film, of many places in our country. Some of these places that we have seen are Yellowstone National Park, the Navajo Indians in New Mexico, Colonial Williamsburg, Va., Glacier National Park, Niagara Falls, and in our film on Florida we saw the home of the circus, an elephant water skiing, also some beautiful pink birds and tall palm trees in a jungle garden. Today we are traveling by bus through some of the most interesting places in our country. We saw the cherry trees in Washington, also Washington's home, New York City, the Golden Gate Bridge, the giant redwoods and beautiful scenery on all sides. We are learning that "Where We Live" is really an interesting subject to study. We are proud of our new dictionary stand and book case. We can keep our reference books together now."—Library

"We have been studying many units. Now we are studying our country. We have read many stories about some of our great people. We went to the library and saw many films about different states. We enjoyed the films. They were very interesting. We thank Mrs. Owen for letting us come and see the films. Miss Hadge has let us take turns finding different places on the map. Also we wrote stories using our unit words. We love our teacher. So long until next issue."—Miss Hadge's Class

"The student council gave the boys and girls a banquet last month and we had a real good time. We thank them very much. We sang songs and so did Mr. O'Neal's entertainers. We went on television February 21 and we had a real good time. We sang these songs, 'Down Yonder', 'Laura', 'Hello Young Lovers', 'Tom Dooley', 'We Kiss in a Shadow', and 'One for My Baby.' When we were coming back it was snowing. We sang for the Junior Chamber of Commerce a few days later. This is a group of young business men. They help all over the United States of America and they are trying to help Caswell Training School. In March we are going to sing for The Parents and Friends Club on the fourth Monday, and we are going to sing a lot of songs. We are also going to sing one song in Chaplain Lawson's Easter Service early Easter morning. We will sing "The Lord's Prayer." We are going to sing for the Marines some time soon. We hope you saw our television show and that you liked it."—Music Class

"We learned a lot about 'Where We Live.' I love my country and my state. I want to see our new Flag. We saw a picture about our new state."—Mrs. Barnes' Class

"We had a pretty picture about Alaska. We have a big country. I learned some songs about our country. I am glad Alaska is one of our states. I went to the banquet. It was nice."

"For the last few weeks, our class has been practicing the play that we are to give this month. It is about a boy who does not know how to make friends. We hope to have the play ready soon and that you will enjoy it. Spring is just around the corner - and are we glad! Everyone got real excited when it snowed the other day. It was pretty wasn't it, but cold weather has been here long enough! The swimming pool is almost completed now. That is just one of the reasons that we are looking forward to summer time. It is a very nice pool and we are proud of it. We know that most of all we must practice our safety rules."—Mrs. Starling's Class

"When school started in September men were building the new swimming pool. They measured it and put out stakes. They worked several months and finished it the last of February. The children will start using the pool the first of June. Swimming classes will be held at least three times a week. All the children who are able will use the pool. Older boys and girls especially those with jobs will use the pool at night. All members of the Recreation Department will take Life saving courses. Thanks to the state for building this beautiful pool for us."—Mrs. Helen Hardy's Class

"We gave our Chapel program on the Unit "Food". It was a story about what people and animals eat to keep strong and healthy. We had dancing boys and girls, some dressed like vegetables in costumes made to look like carrots, string beans, and tomatoes, others were dressed to look like animals, we had a monkey, dog, kitty, horse, rabbit, and pig. We all had fun dancing, and liked doing the program. The Kindergarten children did some Action Songs and an "Indian Dance." The "Happy Band" played lots of songs, the one we liked best was - "McNamara's Band". We had a Valentine party in the library after the program was over. It was fun.

We had a Valentine tree in our room. It was full of Valentines with the names of all the girls and boys written on them. On Valentine's day they were given to us.

We can tell Spring is coming, because some of the flowers are awake after sleeping all winter."—Mrs. Thomas's Classes

"Our class went to Kinston on a field trip. We visited two shirt factories. We saw men cutting out shirts. We saw women sewing on them. Some were making collars and others were making collars and cuffs. Some were sewing on pockets. We say lots of shirts ready to be packed in boxes. We learned a lot on this trip."—Mrs. Parrotts Class

"February was an interesting month. Abe Lincoln's and George Washington's birthday was in February. We put up a bulletin board on our country.

We learned how to say some poems and some rhymes. Most of the boys and girls made good grades.

We saw some films on North Carolina. They were very interesting.

Today is March 2nd, and it is a very snowy and cold day."—Mrs. Sutton's Class

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

A Prayer For You

"When I awoke this morning
To the sunshine's welcome glow
I softly prayed "Good Morning, Lord,
Bless everyone I know,"
And as I did I thought of you
And asked of Him above
To bless and guide you specially
With His eternal love.
I thought of every happiness
With which a day is blessed
And wished it all for you because
You so deserve life's best.
I felt my heart grow warm inside
With joy beyond recall
Because I knew God heard my prayer
Just as He hears them all."

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Volume XXIV Number 3

The Caswell News

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Matt C. Harper, Jr., M.D. ..... Acting Superintendent
Mr. S. H. Stroud ..... Business Manager
Mike Lee, M.D. ..... Medical Director

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SIDELIGHTS

Annual Awards night of the academic school was held in the recreation building on Thursday, May 28. Mr. Waylon L. Bissette, the School Principal, presided while a student, a member of the Student Council, led the devotions and the president of the Student Council gave an explanation of the awards. The scholastic awards were presented by the academic teachers. Following these awards, a number of special awards were given in the areas of the Safety Patrol, Home Economics, Good Worker, Recreation, Physical Education and Basic Training. Among the honored guests was Mrs. W. F. Genheimer, of Virginia, who was the first principal. Mrs. Genheimer presented some of the awards. Mr. Daniel C. Wise, Director of Training and Education, gave the closing remarks and the benediction.

For one week in June the academic school building was the scene of the first full scale Vacation Bible School ever held at Caswell. It was considered to be an outstanding success and was led by Mrs. George Mathis, president of the Kinston Junior Woman's Club and Mrs. William Weed, teacher organizer with the help of 17 other women from the various local churches. Over 160 of the younger children at Caswell were able to attend, enjoy and gain a spiritual experience. The week concluded with the awarding of the certificates of recognition to teachers and students. Refreshments in the form of popsicles provided by the Junior Woman's Club and candy eggs by H. L. Green company were served to the children. Fifteen Caswell students assisted the teacher in the classes and other responsibilities of the Bible School.

The General Director of Training, the directors of Training and Education, the Directors of Student Evaluation, and the Principals of the Butner, Goldsboro and Caswell Training Schools met at Caswell from June 2-4 to evaluate the Training and Education programs during the past year and to plan for each of the Schools during the next year.

Once again it is the canning season and Caswell's cannery is in full operation. So far quantities of dewberries and squash have been processed.

During the latter part of March and the first part of April the x-ray unit x-rayed all the pupils and patients and many of the employees. Mr. John Braxton, X-ray Technician at Caswell, was in charge of this survey.

In April two of the McNairy girls held a joint birthday party in the basement of the Tapp building. Various games such as "bingo" and "going to Jerusalem" were played. These parties were planned by the girls under the direction of the Cottage Life Department and the Training Department.

Lt. Doris Gregory accompanied by Mrs. Virginia Wilson, Doris Antwine, Lodine Antwine and The Sunbeams of the Kinston Salvation Army entertained Cottage 2 girls the first Thursday in April. Although it was after Easter the girls thoroughly enjoyed an Easter Egg Hunt.

The Kinston Junior Woman's Club also treated the Austin girls to an Easter Egg Hunt on April 3. Mrs. Dorothy Mathis, club president, Mrs. William A. Weed, Caswell chairman and other club members were present.

Mr. Reese Howell, Director of Basic Training and Mrs. Rudolph Nunn, Art teacher were in charge of the Art and Craft display at the annual Kinston and Lenoir County Art Exhibit. This display was highly successful and enthusiastically received. All the students enrolled in the academic school classes visited this exhibit which was in the Knott warehouse.

The Beta Sigma Phi Sorority of Kinston gave Caswell a box filled with toilet articles and notions. They also pledged enough money to send a boy scout to camp Croatan this summer. Mr. Wise showed the film, "The Caswell Story" to the group at one of their recent meetings.

The second annual spring conference of the Departments of Training and Education of the North Carolina Training Schools for the Mentally Retarded was held at Caswell Training School on May 8. The meeting was held in the recreation building and commenced with an invocation by Chaplain Lawson. Dr. Matt C. Harper, Acting Superintendent extended the welcome to the guests from Butner, Caswell and Goldboro. Mr. G. D. Thorne, General Director of Training gave the opening remarks. Mrs. M. V. Harlan, Director of Cottage Life spoke on "The Practical Application of Training and Education in Cottage Living."

Other morning conference Topics included, "A Suggested Library Program for the Mentally Retarded." This was presented by Mrs. Margaret Hayes, Librarian of the Goldsboro Training School. She was assisted by two other staff employees. Mrs. Mary Gay Holding, Director of Home Economics with five home economic students from the Butner Training School gave "A Demonstration of Home Economics Activities." A play "The Book Parade" directed by Mrs. Anne Owens, Librarian at Caswell, with the help of the advanced library class members was also a featured event.

A luncheon for all attending the conference was held in the employee's cafeteria. This was sponsored by the Council for Exceptional Children Chapter of N. C. Training Schools. The luncheon speaker was Dr. Ivan Hostetler, head of the Industrial Arts of N. C. State College. He spoke on "The Place of Industrial Arts for the Mentally Retarded Children."

In the afternoon session Mrs. Ruth Faison Shaw, researcher in the use of finger painting at Chapel Hill, gave a Talk and demonstration on "The Use of Finger Paints as an Educational and Therapeutic Medium with Mentally Retarded Children."

Tours of Caswell under the direction of the Cottage Life Department and a business meeting of the Chapter of the Council for Exceptional Children concluded the conference.

On April 9 the Boy Scout Troop 227 held a fish stew for over forty boys and a dozen committee members and guests at the old Caswell Training School Scout campsite. Before the supper a number of the boys and committee members played a round of volley ball. After the meal a campfire was made. Five different patrols gathered round to entertain each other and the committee members with some excellent skits. The Troop took part in the pre-Camporee held at Stallings Air Base. A large group also participated in the big camporee at Battleboro May 1-3. The boys had been busy in April delivering advertising literature for a local merchant in order to raise funds for a week's camping at Camp Croatan during the summer. They raised nearly one third of the funds needed.

In June a group of Gideons from Wilson and Charlotte held a service of dedication in connection with their presentation of fifty Bibles, fifty-five Nurse's Testaments and one hundred Hospital Testaments to Caswell. Chaplain Lawson accepted the Bibles and Testaments in behalf of the Superintendent, Dr. Matt C. Harper, Jr. and thanked the Gideons for their spirit of good will. The hospital Testaments will be placed in the new one hundred bed hospital which is presently under construction. The Holy Bibles will be distributed through Mrs. Harlan's office to each of the forty living units.

In such a large institution as in Caswell which now has 1915 pupils and patients there are sure to be some individuals who, for various reasons, seldom if ever hear from home and loved ones. Day after day mail call finds them empty handed. This was the case until last fall when through the cooperation of the Cottage Life Department and the Chaplain a group's inquiry of a field for service initiated the present operation of "Forget-Me-Not," The plan is that various interested groups remember personally these boys and girls on their birthday, St. Valentine's Day, Easter, Thanksgiving and Christmas. The groups participating are the Ladies W.M.U. Circle of the Dilworth Baptist Church in Charlotte, Lenoir County Home Demonstration Club, Armenia, Cotentnea and Mount Airy Home Demonstration Club, the Ollie Horton Bible Class of St. John's Methodist Church in Kinston and the Kinston V.F.W. Auxiliary. To these group Caswell extends many, many thanks.

The new hospital building is rapidly growing towards completion. Sometime during the fall it should be ready for occupancy. This will certainly be a much needed facility for the medical department. The present hospital building will then be renovated. Tentative plans are that part of it will be used for a Crippled Children's hospital.

Money was appropriated for a new academic school building. Plans are already being drawn up. In the building tentative plans for 11 class rooms, a music department, a shop, a library, a full home economics department including an apartment with kitchen, dining room, living room and bedroom, guidance department and a number of offices including one for the director of Training and school principal.

During the summer the floors in the present school building are being tiled. Pews will then be added to the auditorium which has had a new coat of paint. The auditorium will have a most attractive and worshipful Chapel atmosphere.

One of the most attractive set of parties being given at Caswell is the "dress-up" dances. These are where the girls wear evening gowns and the boys came attired in coats and ties. These dances are held in the recreation building and are planned after the cabaret style in that card tables and chairs are placed around the edge of the dance floor. Soft drinks, sometimes punch, and cake or cookies are served. Occasionally a club will sponsor a dance and furnish the refreshments. The gowns worn by the girls are those furnished by the friends of Caswell. These are cleaned by Mr. Leroy Batt's father who runs a cleaning establisment in Kinston. Just before the dance the girl is fitted to the gown.

A DAY WITH JOHNNY

The following is an article written by Mrs. Donald Lawson, Assistant Director of Social Service. This portrays in general a day's routine in one of the boy's Cottages.

—Editor

My name is Johnny and I came to Caswell in the spring of 1956 when I was nine years old. The day I arrived I was a little shy and scared but by the next morning I felt much better as everyone was very nice to me. Cottage 8 was to be my new home and there I found 35 other boys waiting to show me around and play with me. I walked through the door into a large day room filled with many things to play with and to look at. On the walls were fishes, bears, birds, ducks and even a

make-believe alligator. The book case was piled high with little Golden books and picture books to look at. On a table in the center of the room were two goldfish swimming round and round in a big bowl. On either side of the room were shelves with just the kind of toys a boy likes to play with. There was a radio and record player with lots of records. Near the big television set in the corner were four little rocking chairs and lots of other small chairs to sit. On either side of the day room are bedrooms with 16 beds in each and bathrooms. My new cottage parent showed me my bad and my very own locker for my clothes. I brought my teddy bear with me and he sits above my bed on the window sill with all his bear friends, not only did I suddenly find a lot of new boys to be my friends, but my teddy bear found lots of other new teddy bears to play with.

Now that I have lived in Cottage 8 for three years I know my way around. I would like you to visit me for a day. We will have to get up early to get washed and dressed and ready for breakfast at 7:30. This morning we are having orange juice, corn flakes, bacon and eggs, toast and butter, and milk. Back at the cottage we all make our beds and have another little job to do such as dusting, fixing our lockers, folding clothes, or helping to count the laundry. We have a beautiful flower garden all around our cottage and some of us help our cottage parents plant and weed the garden.

At 9:00 A. M. we have a play period. Today is warm and sunny so we will play football, baseball, cowboys and indians, or with marbles or trucks in the big yard in front of our cottage. We run and shout and have a wonderful time but if we get hot or tired we can always sit down on the benches in the shade of the pecan trees to rest. During the school year most of us go to classes during this period, and those not in academic school go to basic training. School is interesting as we study different units on health, clothing, safety and where we live. To learn more about where we live we visited different places in Kinston. All the boys liked the fire station best. We also take part in plays and programs at school. Now that our new pool is open we go swimming every Thursday morning for an hour. We all love the water and have a great time playing and splashing in the pool under the watchful eye of the life guards and cottage parents. Today we are going to a watermelon cutting. The older boys bring some watermelons in from the fields in a truck and we all have a big refreshing slice to eat. Most of us could eat two slices but our cottage parents will not let us spoil our dinners.

At 10:30 we have a quiet time in our cottage. We all wash up quickly so that we can watch "Treasurer Hunt" and "I Love Lucy" two of our favorite shows. At 11:30 we go to the cafeteria for dinner. Before we eat a bell rings and we all ask the blessing together. Our noon meal consists of meat, vegetables, salad, milk, bread and butter and dessert. Today we are having the vegetable we like best which is corn on the cob. After we eat we return to our cottage for rest hour.

The afternoon activities begin at two o'clock. On Tuesday and Friday we go to the movies at the Recreation Building. All of us like the cowboy movies best. On other days if it is too hot or rainy to be out doors we play bingo, horse shoes, Robin Hood or Chinese Checkers in the day room. Sometimes my parents visit me during the afternoon and I am always happy to see them. When they leave I usually cry a little but before they reach the highway I am back playing with my friends.

Tonight for supper we are having the favorite meal of all the boys in Cottage 8: hot dogs, baked beans, cole slaw, bread and butter, ice cream and milk. After supper and every other meal we brush our teeth, then we play for a short while, take our showers and watch some more of our pet television shows until bedtime. Sometimes we get our teddy bears and let them watch too.

On Sundays we attend chapel. We take turns being in the Junior Choir and sometimes we will sing a special hymn for the other boys and girls. Before we go to chapel out cottage parents read us our Sunday School lesson for the day and if fairy tale such as "Jack and the Beanstalk." The first week in June we all went to Vacation Bible School. We started the morning with an assembly and singing, then we had our lesson and arts and crafts and watched a filmstrip. On the last day we had a special popsicle treat.

We also have lots of parties and special events. We always look forward to a birthday and sometimes at Halloween and Christmas some nice ladies from a club will come to our cottage to give us a party. Two or three times a week our cottage parents have a Kool-Aid Party for us. Occasionally when parents come to visit they will bring a big box of candy or cookies for all of us to share. The mother of one of the boys gave us some pretty new curtains for our day room. These colorful curtains are fun to look at as they show a circus animal band. In the winter time we often have popcorn before we go to bed. Once in awhile we have a wiener roast outdoors. In the fall we go to the circus and at Christmas time the Christmas parade comes to the campus. Last year in the parade there was a funny old car that made us all laugh.

It has been a big day for me and now it is 8:30 and time to say goodnight. We all gather in the day room to say our prayers together. Then we get a drink of water, kiss our cottage parents goodnight and jump into bed. In a very short while we are all sleeping soundly dreaming pleasant dreams of watermelon cuttings and swimming in the pool.

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WORKSHOPS

The monthly workshops for the Public Welfare Department and the Public Health Department workers continue to be much in demand. It is impossible to measure in any tangible form the good these workshops has accomplished but from the standpoint of public relations and education the effects are far reaching. The helpful and complimentary evaluations continue to be made by the participants. The following was forwarded to Caswell in March of 1959 and was written by Mrs. Elizabeth H. Hayes, Public Health Nurse.

"On March 15, 1959, I left Gatesville, with Cas-

well Training School for my destination for a three-day work shop. On arrival at 8:00 p. m. I went straight to the hospital, as that appeared to be the brightest lighted and largest building on approaching the campus. I had never been at Caswell Training School before and did not know just what to expect. At night, it all looked so pretty, but was even more beautiful in the day time.

When I entered the hospital, the nurse on duty was very busy, as all nurses are, but she was so gracious and immediately 'phoned the housekeeper to report my arrival. I was then instructed where to go and was met by the housekeeper, Mrs. Harmon (Mrs. Grantham) who showed me to the visitor's building and to my lovely and most comfortable room. I could sense and feel a most cordial welcome from these two and that atmosphere prevailed throughout the three days I "lived-in" at Caswell from every member with whom I came in contact; even to some of the children who ran to me and called me "Mama". There was love, understanding, patience, interest in the present and the future and deep concern and care in evidence from all staff members, workers and aides for the children in their care. With each days' experience and insight, I thought to myself, "If I had a mentally retarded child this is where I would want it to be, or in a school similar and equally as good as Caswell."

The program was well prepared, most interesting and informative to me, a public health nurse, and was indeed an eye opener. Those three days will live long in my memory and will mean much to me in my work in Gates County. I am so thankful for the experience and hope all the public health nurses will avail themselves of this opportunity to have a broader concept of the mentally retarded and learn how much they can be helped in a school specifically meant for them.

The campus is lovely and spacious with trees, shrubbery and flowers. There are no fences or prison bars at the windows. The buildings are beautiful and new ones are going up all the time. A new hospital building and swimming pool are nearing completion. As always, there is a need for more buildings and more room, so that even greater accomplishments can be achieved in the future.

The home economics department is doing a fine job, but the space is so small. I wonder how much more could be done in a larger space, especially with a home unit set up, with each room furnished, so the students can learn more about a real home and the care of it. This would also be a step toward the end goal of rehabilitation of some of the students who go out on placement as domestic servants, baby sitters, homemakers, etc. The Home Ec. also needs more space for cutting material, and a table large enough for materials and patterns. One small counter is being used now and seems quite inadequate for the good work going on is certainly being done at a snail's pace compared to what could be done with adequate space. There were only three machines and two of them electric. The students have to take turns sewing, for the machines are so few. Even if they had more machines now, there's no room in which to put them. I hope on the next visit I make to Caswell I will see a larger and more modern Home Economics Department. The sewing these girls and boys do is really amazing. I just wish I was as accomplished as they are. They deserve a larger and better Home Economic Department.

The tours and lectures were most interesting, informative and educational. I really learned a lot that I never though of before. The walks were just fine and we had lovely weather. The tours from building to building with the lectures in between kept us on the go at the right time, and sitting down at the right time. Then, the coffee breaks were fine each morning and afternoon.

The cafeteria meals were well prepared, most enjoyable and so reasonable. I was really surprised.

On the tour of the hospital I noticed the nurse's interest and concern for the patients. This love and interest was in evidence everywhere, at Caswell, for those entrusted to their care. They have a part-time physician now, but with all those patients a full-time doctor is certainly a necessity. It seems to me that a sufficient salary needs to be appropriated so that capable full-time physicians would be attracted to fill the vacancies and have a physician on duty at all times.

There are some patients who could certainly be benefited by a Speech Therapist. This seemed a real need for Caswell School. Trained speech therapist on the job, day after day, could do much for some of the patients. It takes much repetition to teach these children and the need to repeat often is always true, so a speech therapist needs to be on the staff at Caswell to do the right kind of job and open up a new world of communication for some of the retarded children.

Being a nurse, and associated with the medical profession, I couldn't help but look for the type of people with whom I am accustomed to working at Caswell. Those crippled children really need the services of a physical therapy instructor and then others could learn and help with this phase of healing.

I have a deep appreciation for all the good work with and of the wonderful things being accomplished all the time, but I know without a doubt that so much more could be done if some of the suggestions I have mentioned could be a reality instead of wishful thinking on my part.

I do not know what is expected of me in this evaluation paper, but if brevity was it, I couldn't comply for I could really write on and on but my time is so limited, with vacancies in our own health department, that I must reluctantly bring this to an end. I have been writing a little each day, with many interruptions, so if this paper seems a little disorganized please overlook.

I want to express my deep appreciation to the State Board of Health for giving me this wonderful experience and also to all the Staff members on the program for the three days workshop. They really worked hard and gave us a lot of much needed information. The program was excellent;

(Please turn to page 7)

Personals

Dr. Matt C. Harper, Acting Superintendent and Mr. Speight H. Stroud, Business Manager, attended a meeting in Raleigh with Dr. Eugene Hargrove, General Superintendent and Mr. Ray Purser, General Business Manager of the N. C. Hospitals Board of Control. The subject of the meeting was the rehabilitation program as applied to the state's three Training schools.

Dr. James Renuart who is Caswell's consultant in pediatric neurology has made regular visits to the campus. Dr. Renuart is from the Department of Pediatrics of Duke University School of Medicine. Dr. Renuart's work is of great value to Caswell's medical department.

Caswell was sorry to lose the services of Mrs. Hazel Blizzard who resigned her position as Assistant Director of Nurses to accept a position as supervisor at Lenoir Memorial Hospital. Mrs. Blizzard has been employed at Caswell for nearly four years.

Mr. Daniel C. Wise, Director of Training and Education, Miss Pearl L. Adkins, Director of Social Service, Miss Mary Hadge, teacher and Mr. Robert O'Neal, recreation department instructor, attended the southeastern regional meeting of the National Association for Retarded Children held in Charlotte April 24-26.

Mrs. Mae Stroud, Director of Dietary Services, was the chairman for the Cancer Drive at Caswell. This year Caswell pledged $463.00.

Dr. Matt C. Harper attended the annual convention of the N. C. Medical Association which was held in Asheville the first week in May.

Reverend Donald W. Lawson, Chaplain and Director of Public Relations spoke to the Mount Airy Home Demonstration Club at their May meeting. Chaplain Lawson showed the film, "The Caswell Story" and led a discussion primarily concerned with the needs of the students.

Mr. A. J. Oliver, Dairy Manager and Mr. R. L. Matthis, Farm Manager attended a meeting of the N. C. Institutional Dairy Breeding Program held at the Butner State Hospital in Butner.

Reverend Donald W. Lawson, President of the Caswell sub-area and Mr. Earl Braxton, secretary-treasurer of the N. C. State Employees Association attended a meeting of Area 5 membership committee in Williamston. The Caswell Chapter was praised for having added over one hundred members to its rolls during the past year.

Mr. James Parker Trivette has joined the staff of the Recreation Department working as a physical education recreation instructor. Mr. Trivette was born in Boone and attended schools in LaGrange. In the fall of 1955 he entered Atlantic Christian College where he majored in physical education. He graduated from Atlantic Christian with B. S. degree in physical education in May, 1959.

Mr. John M. Croom joined the staff of the Cottage Life Department as a night supervisor. Mr. Croom recently retired as a commissioned warrant officer in the U. S. Navy after twenty-five years of service.

In April Mr. Daniel C. Wise, Director of Training and Education presented the "Caswell Story" to the Pitt County Chapter of Parents and Friends of Retarded Children. Mr. Wise also showed the same film to the Kinston Home Demonstration Club.

Miss Pearl L. Adkins, Director of the Social Service Department attended the International meeting of the Council for Exceptional Children in Atlantic City, N. J. Miss Adkins was invited to present a paper on the role of the social worker with the Trainable Child.

Mr. A. J. Oliver, manager of Caswell's dairy spent several days with Professor R. M. Myers of North Carolina State College in a tour of several northern states.

In April Mr. Horace Sig Lee and in June Mrs. Marve Lamm joined the staff of the Cottage Life Department. Mr. Clifford Harrison and Mr. John Ray Marshburn of Kinston.

Dr. Matt C. Harper attended a meeting of the Superintendents of the State Hospitals and Training Schools in Raleigh.

Mrs. James E. Thomas, academic school teacher, volunteered one week's services to help eight students in speech therapy.

Chaplain Donald W. Lawson spent a day at the All Faiths Chapel at the Dix Hill State Hospital in Raleigh. He attended a meeting of the State Hospitals and Training Schools Chaplains.

Mr. Speight H. Stroud, business manager, attended the April reception and dinner for the members of the North Carolina State Legislature. This was held at the Fairfield Community Center.

Mr. Daniel C. Wise, Director of Training and Education, was a special guest at the N. C. Junior Woman's Club luncheon in Pinehurst. The occasion was the presentation of the awards to the Clubs for the outstanding work done for the past year. Mr. Wise presented the Parrott Trophy and achievement certificate to the Clubs for having done outstanding work for Caswell. The New Bern Junior Woman's Club was the recipient of the Parrott Trophy; the Kinston Club placed third and fourth respectively and also received certificates. The John Umstead Trophy was won by the Greensboro Junior Woman's Club. This Trophy is the award to the Club doing the most outstanding work for the New Butner Training School. This is the first time this award has been granted and has been offered in tribute to the outstanding work and contributions Mr. Umstead has made to the program for the mentally retarded.

Chaplain Lawson showed "The Caswell Story" to the membership of the Armenia Christian Church Home Demonstration Club. This Club responded by "adopting" fifteen boys and girls to remember in various ways.

Mr. Waylon L. Bissette, Principal of the Academic School, received an M.A. degree in Education Administration, and Mrs. Joyce Starling, Teacher in the Academic School, received an M.A. degree in Elementary Education. Both of these degrees were given at the commencement exercises of East Carolina College.

Mrs. Dallas Foscue of Kinston joined the Caswell staff in June as Assistant Dietician.

In June Dr. W. Frank Caston, Director of the Psychology Department attended a meeting on research in psychopharmacology at the State Hospital in Raleigh. The meeting was called by Dr. Myron G. Sandifer, Director of Research for the North Carolina Hospitals Board of Control. It was attended by a committee of physicians and psychologists from the four State Hospitals and the three Training Schools under the Board. These professionals will carry out a program of evaluation of the psychological effects of various drugs being used in the treatment of patients.

Mr. Matt C. Harper, acting Superintendent, together with Dr. James Elliott, Superintendent, and Mr. Joe Eassom, Business Manager of Butner Training School, visited the Columbus State Training School, Columbus, Ohio.

In June, Mr. Daniel C. Wise spoke before a joint meeting of VFW Auxiliaries of Greenville and Kinston at VFW Hut in Kinston. Mr. Wise showed "The Caswell Story" as well as film of the "dress-up" dance sponsored by these auxiliaries at Caswell. Mr. Wise also attended the state convention of the VRW and their Auxiliaries in Asheville on June 5-7. He spoke before a luncheon and presented a Trophy to the Greenville Post which was selected as making the outstanding contribution to Caswell during the year.

Miss Pearl Adkins and Mrs. Betty Lawson of the Social Service Department, attended the N. C. Conference for Social Service in Durham.

Mrs. Selma W. Braxton of Lagrange resumed her duties in Out-patient Clinic on June 18.

VISITORS

Mr. and Mrs. Jack Howard, former employees of Caswell, visited old friends at Caswell. Mr. Howard is employed at the Fort Wayne Institution in Fort Wayne, Indiana.

The Hull Road Home Demonstration Club came to Caswell on June 1. They donated magazines, used clothing and other miscellaneous articles for the boys and girls. Mr. Leroy Batts, Director of Student Evaluation, conducted the five club members on a tour of the campus.

Dr. James Y. Bryson, formerly a staff physician at Whitten Village, an institution for the retarded at Clinton, S. C., spent some time on the campus and was a guest of Dr. and Mrs. Frank Caston.

A group of fourteen high school age students paid a visit to Caswell. These boys were part of a Vacation Bible School class of the First Baptist Church.

Mrs. James F. Simpson of the Kinston Home Demonstration Club brought a large assortment of donations, includng good used clothing.

Dr. Eugene Hargrove has visited the campus several times and had conferences with Dr. Matt C. Harper, Jr., acting superintendent.

Mr. and Mrs. L. B. Bryant of Charlotte spent a day on the campus. Mrs. Bryant is Executive Secretary of the N. C. Association for Retarded Children.

Mr. Corbett Reedy, District Rehabilitation Representative, Mr. Charles H. Warren, Director of N. C. Vocational Rehabilitation, Mr. Gareth Thorne, State General Director of the Training, were visitors on the campus. They toured the campus and discussed rehabilitation plans with some of the staff members.

Miss Dorothy Tucker, Welfare Field Representative, and Mr. H. A. Hendrix, Senior Rehabilitation Counselor, have attended Caswell's vocational Rehabilitation Council meetings.

At the end of April Mr. Bill Waters, Director of Training and Education, and Mr. Holmes, Cottage Life Director of the Goldsboro Training School, spent some time with the various staff members.

Members of the Future Farmers of America in the consolidated high schools of Lenoir County and Jones Central High School converged at Caswell Training School on April 21 for their annual livestock judging contest.

Mr. Roy Purser, general business manager, has visited the campus several times.

The medical students from the School of Medicine at the University of North Carolina continue to spend one Thursday afternoon and one Friday morning per month at the school.

Reverend Theodore C. Jacobs, Baptist minister in Glenwood, Iowa, and Chaplain of the State Training School for Mentally Retarded of Iowa, visited Caswell. Mr. Jacobs was touring a number of the institutions for the retarded. He was the over night guest of Chaplain and Mrs. Lawson.

Dr. William H. Peacock, Professor of Physical Education at the University of North Carolina and two of his student assistants, spent a day at Caswell testing some eighty students in motor skill. This study was made in conjunction with the research project in mental retardation under the direction of Dr. Thelma Thurstone of Chapel Hill.

WORKSHOPS

(From page 5)

untiring and most beneficial. I especially want to thank Mr. Dan C. Wise and Miss Pearl Adkins for the time they gave me individually for further questions and answers. I'm so thankful to know from my own observation that the mildly, moderately and severely mentally retarded children are happy children and well cared for and loved by all and taught on their own mental level. Their accomplishments are many and just wonderful. I heard about the sportsmanship of the ball teams, the student scout troop and honors they've won, the student government system.

I saw the patrol officers on the job, I saw the children dancing, marching, in class in school. I heard the wonderful chorus singing; I saw beautifully made garments, the laundry work, the shoe repair work, the barber shop and other things and learned that 90% of the help of Caswell comes from the students. It was wonderful to learn from the Chaplain how they bring in religious education and training in their everyday living.

The 2000 children are fortunate to have Caswel's Training School for their happy home. The waiting list is over 300. I hope some day there will be room for all and there will be no waiting list."

OPEN HOUSE

A record attendance of over five hundred persons attended the annual Open House at Caswell on May 1. Visitors from all over the state and several out of state visitors were present. Mr. Donald Lawson, Chaplain and Director of Public Relations, was the overall Chairman, assisted by Miss Pearl Adkins, Director of Social Service.

Parents were allowed to visit their children in their living units and many of them arrived early in the morning. Many were served lunch in the employees cafeteria, which is under the direction of Mrs. Mae Stroud. Others had picnic lunches or traveled to Kinston for lunch.

The formal Open House activities were initiated by conducted tours between 1:30 and 2:30. These were under the direction of Mr. Guy Johnson, assistant Director of Cottage Life, and Dr. C. C. Hale, Dentist. Over fifty guides were employed to tour the various campus installations. The arts and crafts display held in the auditorium attracted much attention. Many people bought the articles on display. Cool refreshments were prepared and served by the Food Service Department and the Home Economics Department. Mrs. Margaret Elliott assisted by Mrs. Betty Howes and Mrs. Rudolph Nunn was in charge.

The student's program was staged in the recreation building and was under the direction of the Training and Education Department, whose director is Mr. Daniel C. Wise. The invocation was given by Chaplain Lawson. The senior Chapel Choir sang the "Twenty Third Psalm." The welcome was spoken by Mr. Speight Stroud, Business Manager. He spoke of the continued progress of Caswell, noting the additions of the swimming pool and the new hospital which will be opened in a few months.

The first part of the program was entitled "Styles Around the Clock" The girls modeled clothes they had made in Mrs. Elliott's classes and the sewing room under Mrs. Stokes' direction. This was directed by Mrs. Elliott and Mrs. Stokes. A musical interlude featuring the academic school choruses under the direction of Miss Carolyn Harwell was next. The program concluded with a play, "The Vegetable and Animal Parade" by the kindergarten and primary classes which are taught by Mrs. Thomas.

The administration building, auditorium and recreation buildings were beautifully and colorfully decorated thru the cooperation and generosity of the local florists.

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Another Milestone

One of the most significant and possibly the greatest contribution to the children's comfort and happiness in the past quarter was the opening of the swimming pool on Thursday, June 25. For a number of years this has been a dream of a number of the staff members and it has finally come to a reality.

This pool is constructed to the right of the rear of the recreation building. The facility includes a large pool which is twenty-five feet by seventy-five feet with a depth of three feet on the shallow end and nine feet on the deep end. There is a medium diving board. The total capacity of the pool is 95,000 gallons. There is also a wading pool which is twenty-five feet by forty feet with a depth of 12 inches ranging to 30 inches. At the center of the wading pool is a beautiful fountain spraying cool water. Around the entire facility is a high wire fence.

At one side of the pool is constructed a bath house for boys and girls. This includes clothing rooms, shower and toilet facilities. The pool is equipped with a water filtering system, utilizing four large metal tanks of sand washed for filtration by the circulation of 225 to 250 gallons of water per minute. The complete chemical content including the sodium potash, alum and chlorine is logged four times daily. These standards have been established and are inspected by the State Board of Health.

Children from Cottages 2, 6 and 7 were to be "christened" in the new pool. Since that day the pool has been in constant use day and night. At night time there are the lights flooding the area so that those boys and girls who work during the day will have the cooling and relaxing benefit of the pool. Many of the more handicapped will be able to enjoy the wading pool. Many for the first time will receive the fun and joy of playing in the water.

The recreation department has worked out regular schedules so that as many as possible will be able to use the pool as often as possible. There are guards on duty at all times for safety purposes. These guards have had training in life saving so that all precautions are being taken to protect all who use the pool.

This is another milestone for Caswell.

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Population Figures

As of July 1, 1959, Caswell's population is 1915. During the quarter of April, May, and June there were 48 admissions - 9 were transferred from other institutions; one was admitted from placement - there were 9 placed; 2 died and 8 were transferred to other institutions. As of July 1 there were 52 on placement, 18 of which were under rehabilitation.

As of July 1 there were 360 applications on the waiting list. There were 256 boys and 104 girls. During the quarter 47 applications had been referred to the waiting list. Of the other 48 admissions there were 38 from the waiting list.

Caswell is in the process of transferring some of the children whose homes are in the Butner district to the Butner School. This will make room for some of the urgent applications on the Caswell waiting list. Already there are 15 in the severely retarded group which are in the process of being moved. There will be selected 100 from the colony groups. These are the higher severely retarded and the lower trainable. Also 20 from the trainable and the educable group will eventually go.

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CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

"My Hope Is You"

"My Hope Is You." This is the plea which one sees in the up turned silent, pleading eyes of the child on the poster for National Retarded Children's Week November 26 - 27.

"My Hope Is You." Every day 300 children are born who will be mentally retarded They are of every race and religion from families of every kind of background - more than five million families involved.

"My Hope Is You." Five out of six children can grow into self-supporting adults if they are given the chance to receive proper schooling.

"My Hope Is You." More than 70 different causes of mental retardation have been uncovered. By stepping up research many causes can be overcome.

"My Hope Is You"

October, 1959

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WELCOME

As of the first of November Dr. Frank Badrock comes to Caswell School to become superintendent. The staff of Caswell extends a deep and sincere welcome to Dr. Badrock, his wife and two children. Dr. Badrock was previously the clinical director of the John Umstead Hospital at Butner. In 1953 Dr. Badrock who was born in Yorkshire, England but who is now an American citizen came to North Carolina from Southern Rhodesia. He joined the staff of the Dorothea Dix Hospital in Raleigh and later became the assistant superintendent of this facility. He then returned to Southern Rhodesia and about 18 months ago he came back to North Carolina to become director of the clinic at the John Umstead Hospital.

The staff at Caswell pledges its loyalty and full support to Dr. Badrock in his new position. This is not an easy task. The responsibility in caring for and training the 1900 pupils and patients, the supervising and coordinating the various departments and the meeting of the demands and expectations of the parents will tax the ability and understanding of any administrator. If the staff in any way can help to lighten this load the staff is ready and willing to do so. The staff of Caswell is a conscientious one and has endeavored over the years to put the pupils' and patients' interests first and has endeavored to elevate the standards in all areas of the school. The staff will continue to work with Dr. Badrock to further the onward progress which has been so in evidence in the past decade. The staff is looking forward to Dr. Badrock's leadership and his contribution psychiatrically to the needs of Caswells pupils and patients. For a long time the staff has seen the need of the psychiatrist in the field of mental deficiency. With Dr. Badrock's coming not only the pupil and the patient but the parent will receive valuable help. There will be greater stimulation for the staff as the horizons widen.

It is the staff's sincere hope that Dr. Badrock and his family will find happiness and contentment at Caswell. This is a new and challenging position for him and the Caswell staff stands ready to assist him in any way possible.

SIDELIGHTS

Dr. Daniel C. Wise, director of Training and Education, Mr. Leroy C. Batts, Jr. director of student evaluation, together with the academic teachers, Mrs. Joan Sutton, Mrs. Mary Emma Baker, Mrs. Martha Barnes and Mrs. Jeanette Parrott attended the annual State Reading Conference presented by the Department of Education, East Carolina College on July 8. Mrs. Sutton and nine students from Caswell School put on a reading demonstration entitled, "Helping the Exceptional Child to Read Better."

Dr. Harper, acting superintendent announced in July that the name of the institution had been officially changed by legislative action to Caswell School. The legislature had originally designated the institution as Caswell Training School. The legislature changed the names of the other institutions also. The new Butner Training School is now the Murdoch School; The Goldsboro Training School is O'Berry School; the State Hospital at Raleigh is the Dorothea Dix Hospital; the State Hospital at Morganton is Broughton Hospital; the State Hospital at Goldsboro is Cherry Hospital; and the Butner State Hospital is the John Umstead Hospital.

During the summer three students from the N. C. State College participated in a six week internship program. Their chief interest was in occupational guidance and rehabilitation of the mentally retarded. These students are, Mrs. Joanne Hardison, Mr. Norwood Williams and Mr. Stokes Hamilton. Their program was under the direction of Mr. Daniel C. Wise, director of Training and Education.

The old auditorium in the school building has been transformed into a beautiful, dignified and worshipful chapel. The floor has been covered with asphalt tile and the walls have been painted in a soft old rose. New pews have been installed. These pews are of West Virginia red oak. They have a body contour design and beneath the seats are hymnal receptacles. The chapel has a seating capacity of four hundred persons.

Some of the art work done by the students in the art and basic training classes at Caswell has been considered so outstanding that it has been chosen for exhibit in New York City and Paris. In May Dr. Ionel Rappaport, director of the Psychiatric Laboratory of the University of Wisconsin, invited Dr. Daniel C. Wise, director of Education and Training at Caswell to send a selection of art items for possible exhibit at the Milwaukee Museum of Art. A number of Caswell's pictures were

(Please turn to page 4)

VISIT AT VINELAND

W. Frank Caston, Ph.D.
Director, Psychology Department

The writer had the privilege last June of visiting The Training School at Vineland, New Jersey. This was made possible through an In-Service Training Grant from the National Institute of Mental Health and administered through the Southern Regional Education Board of Atlanta.

When I first learned of this program in which workers in the field of mental health could visit other institutions and study their methods at first-hand, I knew immediately that The Training School would be the institution I would most want to visit if I should ever take advantage of this opportunity. I was encouraged to do so by our superintendent, Dr. Harper, and so applied and received the grant. The New Jersey institution is very famous not only in mental retardation but also in psychology in general for the very fine research which has always been done there. Since I first became a student of psychology, I have studied and read of the work done there.

The Psychological Research Laboratory was founded by Dr. Henry H. Goddard in 1906 at The Training School. Of course the institution was founded before this, in 1888, and early became known for its cottage system and home-like atmosphere provided the children. Being a private institution and antecedent to the state institutions which have always been large, The Training School has been able to maintain this system with the small number of children in residence.

Dr. Goddard was very progressive for his era and proposed the term "moron" in 1910 to identify the mildly retarded which had formerly been called "feebleminded." Both of these terms, of course, have now been relegated to the past. Also in that year Goddard translated Binet's famous work, "Measuring Scale of Intelligence," and adapted it for his own use at Vineland. Later, in 1912 he published his famous study on heredity concluded by the research laboratory under the title of "The Kallikak Family." Goddard published another book in 1914, which at the time was the most complete work ever published on inheritance of mental retardation.

In 1918, psychologists met at The Training School at Vineland and devised the Army Intelligence Tests which were used in the armed services in World War I. Dr. S. D. Porteus followed Goddard as Director of Research and became famous for his studies of brain capacity and his nonverbal tests of intelligence, mainly the Maze Test.

Edgar A. Doll succeeded Porteus and his major area of research was social competence. Dr. Doll published his Vineland Social Maturity Scale in 1935 and it became an indispensable instrument for use in evaluation of the mentally retarded and later was adapted in 1941 for military use. In 1934 research was also carried out in the laboratory on what is now known as electroencephalography.

This brief account has only touched on the highlights of psychological research at The Training School, but one can readily see why the writer was interested in visiting this famous old private institution. Nor was I disappointed. The research laboratory is still one of the finest in the world. It is well equipped and six or eight research psychologists, with assistants, are working full-time on several significant projects. The famous library in the research department is one of the finest in the world in the field of mental retardation. It was very gratifying to me to visit this laboratory and view the work going on, with explanations from members of the staff, and to see the varied equipment.

The actual clinical work in connection with the resident population of only 500 children is carried out by another group of clinical psychologists, five or six in number who continually reevaluate the children as to their mental abilities and emotional adjustment and also carry out much individual counseling and psychotherapy.

Three state institutions were also visited by the writer. The Vineland State School for mentally retarded girls which is just across the street from The Training School has a population of 2200 girls. The Psychology Staff there consists of three clinical psychologists but will be doubled when the new psychology department building is completed. Their work is primarily in evaluation and psychotherapy and it was very profitable to observe and discuss their methods.

The State Colony for Boys at New Lisbon was also visited. This is another large institution in which the small staff is doing a very fine job apparently. The Edward R. Johnstone Training and Research Center at Bordentown is a state institution which is very small, having less than 500 residents, and is strictly experimental in nature. All of the residents are mildly retarded boys and girls. This is the one state institution in this country which maintains a large psychological research laboratory. Several research psychologists (six or eight) are carrying out a continuous program of research with these educable retarded children. Their laboratory and library are not as well equipped as The Training School's but they are making progress and reports of their research appear frequently in the Journal of Mental Deficiency. In addition to this research staff, a clinical staff of three psychologists works with the residents in an active program of evaluation and psychotherapy with the emotionally retarded.

On the whole, the experience I gained in this visit was extremely helpful and it was gratifying to discuss and observe the various techniques and methods used in these departments. My interest was primarily in the clinical psychological work, but all phases of the program at The Training School were observed, including the education and

SIDELIGHTS

(From page 2)

chosen for the exhibit which included items from various schools for the mentally retarded in the United States and in many foreign countries. So much interest was shown that the exhibit was extended for an extra-two week period. From this exhibit was selected art pieces to be displayed in New York City and Paris during the coming year.

The completion of the chest x-ray survey was made. During the survey a total of 2604 x-rays were taken. This number included every student and patient as well as many staff members.

Allen J. Maxwell Company, architects of Goldsboro, are formulating plans for the renovation of the old hospital building. This renovation will be started when the new hospital is completed. The completion of the hospital will be sometime around the first of November.

The Clyde Beatty-Cole Brothers Circus was in Kinston in September. The circus is always anticipated by boys and girls and Caswell had 816 boys and girls whose hearts were gladdened by being able to attend. The Kinston Shrine Club and a large number of local business men and individuals made this a reality for these boys and girls. Such generosity is always deeply appreciated and the staff's many, many thanks go out to all those wonderful people who made this possible.

The medical students from the University of North Carolina are again beginning their one day monthly trips to Caswell. These visits are so designed to give them an understanding of the medical aspects of mental retardation.

The academic school doors swung open on September 4 to welcome all the returning students. The school is a part of the Training and Education department. The academic school operates on a 9 month program while the basic training department functions on a 12 month basis. In the academic school there are 12 teachers including the principal, while in the basic training department there are 4 instructors. The home economics department is part of the school's program and this department employs two teachers. The recreation and physical education department plays an important role in the education of the retarded and this department has four instructors. The Chaplain also has classes in religious education. According to the Director of Education and Training there are 247 students enrolled in the academic program for the coming year and 320 students taking basic training classes. Besides these areas there are 400 students who are working "on the job training" assignments, daily community work placement, employee home training and rehabilitation jobs. There are another 100 students who are in the school program but who are receiving part time "on the job training." This department of vocational training is headed by a director and he has 3 assistants.

The regular T.V. shows have been held over station WITN. In July Mr. Bissette acted as moderator. The basic training department was featured and the various activities of the department were discussed by Mr. Reece Howell, the director, Mr. William Sharber and Mrs. Myde Hill who are instructors in this department. In August the program was directed by Mr. Leroy Batts, Director of Student Evaluation. He outlined the purpose of the "Counseling and Guidance in Vocational Training." He interviewed 2 students from N. C. State College, who had been doing field work at Caswell. In September Chaplain Lawson acted as moderator and introduced Dr. Mary D. McNeill who led a discussion with Mrs. Virginia Perry, assistant director of Nurses, Mrs. Eva Jean Sewell, director of the out-patient clinic and Mr. Johnnie Braxton laboratory and x-ray technician.

During July 22 Boy Scouts spent a week at Camp Croatan. The boys earned a large portion of the funds necessary for their camping trip. This was done by the distribution of hand bills for local merchants. The boys thoroughly enjoyed this experience and look forward to it from year to year. This is only one of their many activities carried on during the year.

In July 20 girls from the cottages attended the regular Sunday morning worship services at St. Mark's Methodist Church.

The Social Service Department reports that 717 leaves of absence were granted during the summer. However this does not mean 717 different residents left for vacation because some residents had been granted a leave twice during the period. This is not encouraged by the social service department.

The monthly work shops resumed once again during the month of September. Members of the staff of various welfare departments and health departments visited the campus. These participants continue to speak most highly regarding these and leave the campus with an entirely different attitude toward and feeling for the retarded. It is gratifying to Mr. Wise, Director of Training and Education and to Miss Adkins, Director of Social Service who take such an active part in these three days to see these participants take such an interest.

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vocational training program, the cottage life department, the recreational activities, the social service work and the psychiatric consultation. It was exceedingly helpful to me to discuss the various clinical techniques used by the psychologists and to get this overall view of the work at The Training School, as well as visit these other institutions.

The Training School at Vineland has a glorious past to live up to and I believe is doing this quite well. It is a very old institution and the buildings are mostly old also. However, a forty-year building program is beginning in 1960 which will completely replace all of the old buildings. The therapeutic atmosphere that pervades the whole institution is evident when one goes through the cottages and talks to the children. The writer can now understand why their motto: "Happiness First, All Else Follows" was adopted by The Training School in 1911 and why it is still very appropriate today. This visit will always stand out as one of the highlights of my career in the work with the mentally retarded.

IN APPRECIATION

As of July 31 Caswell lost the services of 2 persons who for the past twenty-six years gave valuable assistance to Caswell and its development. These two people are Dr. Mike Lee, Medical Director and Mrs. M. V. Harlan, Director of Cottage Life. It would not be fitting nor proper for this issue of Caswell News to be printed without expressing the deep and heartfelt thanks of the staff for the many years of loyal service that Dr. Lee and Mrs. Harlan have given to Caswell. The many contributions they have made can never be measured nor repaid. Many a boy and girl and many a parent have been helped by the services and the kindnesses of these two people. Dr. Lee gave unselfishly of his time and energy to see that each child and frequently the personnel had the best available medical attention. Mrs. Harlan had at her heart the interest of each boy and girl and tried to make Caswell a comfortable happy, well oriented "home away from home." During the years Dr. Lee and Mrs. Harlan worked under terrific handicaps. They not only experienced the depression years but the war years. They saw many basic needs go neglected because the Legislature did at one time turn its shoulder to many of the budget requests. However through their own initiative and drive they carried on the work of their departments which are certainly two of the main departments in the institution. Caswell extends to Dr. Lee and Mrs. Harlan its deep, heartfelt thanks for their loyalty, their untiring efforts. Their work will long be remembered. May God bless both of them.

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TENDER LOVING CARE

The following is a description of Caswell's Crippled Children's Building and is written by Mrs. Betty Lawson, Assistant Director of Social Service.

Editor

Our crippled children's living unit is a modern, well-equipped, two story brick building which was opened in 1955. It accommodates 100 boys and girls who are unable to walk and most are unable to sit without support. The majority of children are severely retarded, some are spastic, others are epileptic but all are crippled. Their total needs must be cared for, in most cases. There is a difference in ages but physical incapacities determine their placement here.

The boys live on the first floor and the girls on the second. They share rooms with from one to seven other children. In the larger rooms they may enjoy the companionship of other children. The nurse places two children who get along well together and can generally sit up and enjoy looking out the window in the smaller rooms. On each floor there is a television set and every room has its own radio as these boys and girls especially enjoy listening to the rhythm of music.

To care for these children there are 7 licensed practical nurses and 8 nurses aides on duty round the clock. These women are chosen because of their warmth and understanding of this type of child. To help the nurses there are 29 working boys and girls who adopt these children as their own to mother and to feed, bathe and dress. These Caswell students are wonderful with the children and through patience and love can sometimes get them to respond when older, wiser people have failed.

The nursing staff sees that each child receives vitamins every morning and special medications and special orders. Every precaution is taken to prevent bed or pressure sores and the children enjoy their daily alcohol rubs. The living unit contains a treatment room equipped with oxygen and a suction machine. When a child becomes sick he is moved to the central hospital.

Most of the boys and girls in this living unit present feeding problems but each child's problems are considered individually. They respond well to the method of feeding which suits them best. Here again the attention and patience of the working students plays a very important part. These students are very proud to report how well their special charges are eating. The children receive a well balanced nourishing diet of ground food, 3 times daily, except for the few who receive a regular tray. A typical day's menu would include whole wheat cereal, eggs, prunes and orange juice for breakfast. At lunch they might have beef, rice, mixed vegetables and ice cream and for supper chicken, potatoes, string beans, jello and cookies. Milk and bread and butter is served with every meal. The three meals are supplemented by fruit juice, milk shakes and ice cream in mid-morning, afternoon and before going to sleep at night.

Besides the daily routine of seeing that each child is clean, comfortable, well-fed and happy their rest is carefully supervised. After the noon meal there is a general rest period. Most of the boys and girls sleep well through the night but occasionally they need to be changed or have their position altered.

During the holiday seasons and especially at Christmas and Easter the nurses and students have great fun decorating the building with appropriate trimmings. The children respond with joy to the twinkling lights on the Christmas tree. There are also occasional birthday parties with cake and candles which bring happiness. In the summer those who can be moved are taken outdoors to sit in the pine grove next to their building. Parental visits are also an occasion. The boys and girls are moved out into the attractive green and beige lobby to visit with their relatives and friends.

All the children in this living unit respond in some little individual way to a word or a part in this quiet atmosphere of love and acceptance. The nurses and working students can tell any visitor special things about each one of the hundred. It is a very difficult task to choose a few to discuss individually, as each child is very precious in his own right. However, I would briefly like to mention a few as more or less representative of many others.

Two little boys who have made outstanding progress are twins, whom we will call Garry and Harry. When they came to Caswell they were six years old and weighed approximately seventeen pounds apiece. They were so tiny that they

slept crosswise in one crib. They were suffering from severe malnutrition, were unable to sit up and had been sleeping at home in apple crates. Today, five years later they weigh 57 and 52 pounds, but even more remarkable are their responses. Garry, who is the more solemn twin could not straighten his legs when he came. Now he is not only able to straighten them but rocks in a rocking chair, slides to the head of his bed at meal time, grabs for the nurses' skirts as they pass by, plays patty cake and hugs his favorite nurses and students. Harry is a smiling, friendly little boy who can talk a little and say "hi", "no", "get out of here" and call his brother by name. He is most talkative at night before he goes to sleep. He points to his eyes, ears, foot and where he gets his shots when asked. He holds his nose to indicate when he does not like what he is being fed. Garry drinks from a cup, but Harry can hold his own bottle. They are both full of mischief and those who have followed their progress since admission feel great credit is due our nursing staff. To this the head nurse modestly replied that their amazing improvement is mostly due to time and environment.

Frank was a normal, healthy, intelligent little boy until the age of eight when he was struck by a car with resultant severe brain damage. Before coming to Caswell he was in one of the state's finest hospitals for over a year where they were unable to do anything for him except to keep him alive with tube feedings. On admission he did not respond in any way. Now he is able to focus his eyes, sit in a chair, react to people, make sounds, reach out his hands, and play with the little white horse he has for a toy. He is no longer tube fed but can take food by mouth. His mother is delighted with his response to the treatment he has received here.

Johnny is 17 years old and has been at Caswell for nine years. He is a hydrocephalic with spinabifida and is paralyzed from the waist down. He falls into the educable group but because of his physical handicaps he was placed in this living unit. Johnny attended academic school for several years and has had instruction from our basic training department. He enjoys weaving pot holders, and reads and writes. He can feed himself and eats from a tray. Johnny loves to watch his favorite television shows and is allowed to sit up until 9 p.m. one night a week so he will not have to miss "Leave It To Beaver." He gets around well in a wheel chair and goes outdoors for several hours in the afternoon on warm, sunny days. He takes a great deal of pride in his personal appearance and is encouraged in his good grooming habits. He brushes his teeth and likes to use hair tonic on his crew cut. He acquired a new roommate recently, a twelve year old boy with approximately the same disabilities, and these two boys are great company for each other. Johnny loves to have people stop and chat with him. He especially looks forward to mail time and is most delighted when he receives a letter, card or package. On Sunday afternoons he goes on an outing to the recreation building where he buys a coke. Johnny has many friends here and has received much attention and complete acceptance. This is his home and he seems truly happy here.

Less than six months ago, Janie came to live with us. She has a severe spastic condition, does not talk but can copy motions. She spends most of her day in her wheel chair in the television room with ten or twelve other little girls for company. Janie is always happy and smiling and is a most affectionate child. She has made an excellent and rapid adjustment to the way of life at Caswell. I tell this story more to emphasize the mother's adjustment as her's was by far the hardest one to make. For seventeen years she had devotedly cared for Janie and two other children; the father died several years ago. Bringing Janie to Caswell was perhaps the hardest decision she ever had to make, and this was made with wisdom, faith and courage in spite of many misgivings and much family opposition. The six weeks until her first visit must have seemed more like six years. Since that visit she has come often and seems so relieved and pleased that her daughter is so much at home here. Meeting and talking to the competent, friendly nurses in her daughter's living unit has done much to reassure her. When Janie left on her first short vacation recently she hugged the nurse. On her return she was anxious to get upstairs and see her friends. Janie's mother has told us several times how happy she is with Janie's adjustment for she has seen for herself that her daughter has found a place among friends.

All who work with these boys and girls find it a most rewarding experience. Though progress may be very slow each new response brings a glow to the eyes of those who know and love them. Each child no matter how severely retarded has his own distinct personality and each responds to the accepting atmosphere in which he lives. A small hand reaches out, a child laughs or smiles and this is the greatest gift in the world. They are the ones who teach us. We learn through them the supreme worth of every human personality and we know that through acceptance and love great things can be accomplished.

POPULATION

The Social Service Department reports that during the last quarter Caswell has admitted 34 new residents; 31 of these were from the waiting list and 3 were returned from placement; thirty-four were transferred to other institutions. Of this figure 15 severely retarded children were sent to the Murdoch School. These childen have parents who live in the Murdoch School area. The State Hospitals received 19 for treatment and therapy. During the quarter 22 boys and girls were placed; 5 were placed on rehabilitation and 17 were placed in their own homes. During these three months only 3 had been returned from placement. As of October 1, there are 1891 residents at Caswell. The waiting list has 347 applications on it as of October 1. There are 247 boys and 100 girls waiting to come.

Sometime in the next few months around 150 residents will be transferred to the Murdoch School to make room for this number from the waiting list. Most of these residents will come from the more severely retarded group and the trainable group. This should relieve some of the urgencies on the waiting list.

PERSONNEL

With the coming of Dr. Badrock to be superintendent of Caswell, Dr. Matt C. Harper, Jr. who has been acting superintendent will become the director of the medical department. Previously this was under the direction of Dr. Lee who resigned as of August 1. The staff of Caswell hopes Dr. Harper will be happy in this new assignment. Caswell will certainly greatly benefit from Dr. Harper's being the director. The boys and girls already love and respect him and they remember his many kindnesses when he worked in the hospital previously. His ability as a doctor and his patience and understanding are appreciated by all with whom he has worked.

In July Dr. Mary Davis McNeill became a staff physician at Caswell. Dr. McNeill was born in Fayette, Alabama. She has a B.A. degree from Alabama State Teacher's College. Her first two years of medical school were at the University of Mississippi and the last two years were taken at Louisiana State University, School of Medicine. In 1956 she received her medical degree from the University. From 1954-1956 Dr. McNeill served as an interne in Cherry Hospital, New Orleans and during 1956-57 an interne at Baptist Hospital in Knoxville. Then followed two years of pediatric residency at Crawford W. Long Hospital of Emory University in Atlanta, Ga. In 1958-59 Dr. McNeill served as chief of the pediatric house staff of this same hospital. Also during 1958 she took a postgraduate course in mental retardation at Letchworth Village, a school for the mentally retarded in Thiells, New York.

On September 1, Dr. Matt C. Harper, Jr., Acting Superintendent announced the appointment of Mr. Thurmon Guy Johnson as Director of the Cottage Life Department. Mr. Johnson who is a retired Lieutenant Commander of the United States Navy came to work at Caswell in September 1957 as an assistant in the Cottage Life Department and in April 1958 was appointed as assistant director in this department. While in the Navy he passed the examination for a medical technologist of the American Society of Clinical Pathologists. Mr. Johnson has seen service both in the Atlantic and Pacific areas. After he attended the Naval School of Hospital Administration he was given duty as personnel officer at the U.S. Naval Hospital at Camp Lejeune, N. C., and at the U.S. Naval Hospital at Coco Solo, Panama Canal Zone. He was an administrative officer for the U.S. Navy Hospital Corps School in Portsmouth, Virginia and in 1953 he became the Training Officer of all commands at the National Medical Center Bethseda, Maryland. He retired Feb. 1957 after 26 years of service.

Miss Alease High has been appointed as Director of the Home Economics Department in Training and Education Department. Miss High is a native of Roanoke Rapids, N. C. She graduated from East Carolina College in 1953 with a B.S. degree in Home Economics and Science. Previously to coming to Caswell she acted as the supervising home economic teacher and director of the high school management house at Berea College in Berea, Kentucky. She also served as dean of women during the summer sessions at Berea College.

Mr. Lawrence Odell Faircloth has joined the staff of the Academic School as a secondary teacher. Mr. Faircloth was born in Dunn, N. C. He was graduated from Atlantic Christian College in Wilson with a Bachelor of Science degree. Previous to entering college he served four years in the U.S. Air Force.

Dr. Eugene Hargrove, Commissioner of Mental Health for the Hospitals Board of Control has made several visits to Caswell during the last quarter.

In July Mr. Waylon Bissette, Mr. Jack Smith and Mr. Donald W. Lawson completed the requirements for Senior Life Saving in the course offered by The American Red Cross at Emma Webb pool.

The State Director of Training and Education, North Carolina Hospitals Board, Mr. Gareth D. Thorne has been a frequent visitor to Caswell.

In July Mrs. Blanche Bissette joined the medical staff as a nurse. Her training was obtained at the Woodard-Herring, Hospital in Wilson, N. C.

In July Dr. Matt C. Harper, Jr., acting superintendent, Mr. S. H. Stroud, business manager, and Dr. Mary McNeill, staff physician attended a meeting of the North Carolina Hospitals Board of Control in Morganton. Dr. Harper and Mr. Stroud attended subsequent meetings in August.

Miss Mavis A. Mercer, R.N. who has been employed as a general nurse in the Central Hospital resigned to enter the U.S. army Nurses Corps.

Chaplain Donald W. Lawson received a grant under the "In-Service Exchange Training Program" of the National Institute of Mental Health. Chaplain Lawson visited the Pineland Hospital and Training Center, the only institution for mentally retarded in Maine, located in Pownal, Maine. He was particularly interested in the chaplaincy and volunteer services programs carried out at Pineland. Mrs. Elizabeth M. Lawson of the social service department accompanied Chaplain Lawson.

Mr. Daniel C. Wise, director of Training and Education and Mr. Waylon Bissette, academic school principal attended a curriculum planning conference for educable children of the State's Three Training schools for the retarded. This conference was held at the Murdoch School at Butner in July.

On August 8 the professional staff gave a tea at the Staff House in honor of Mrs. M. V. Harlan who retired as director of the Cottage Life Department on July 31. Mrs. Harlan was presented a $100.00 bill and a beautiful pair of silver candelabra.

Mr. and Mrs. A. J. Oliver and Mr. Earl Braxton attended the district dinner meeting of the North Carolina Employees Association in Greenville on August 7.

In August Dr. Matt C. Harper, Jr., Acting Superintendent, Mr. S. H. Stroud, Business Manager, and Mr. Daniel C. Wise, Director of Training and Education attended a meeting concerned with vocational rehabilitation in the office of Dr. Eugene Hargrove, N. C. Commissioner of Mental Health, in Raleigh.

Dr. Harper, Acting Superintendent and Dr. Frank Caston, Director of Psychological Services attended the meeting of the Committee for research on drug evaluation held at the Dorothea Dix Hospital in Raleigh.

Chaplain Donald W. Lawson spoke to the members of Division 8, Licensed Practical Nurses Association of N. C. at one of their regular meetings. He showed the movie, "The Caswell Story" and led a discussion regarding Caswell.

Mr. T. P. Broome, Mr. W. E. Mumford and Mr. Hugh Sellars attended an engineering and maintenance meeting at the Dorothea Dix Hospital in Raleigh.

Mr. Carl Kirkland, chairman of Caswell Subarea, N. C. State Employees Association, comprising more than 250 employees of Caswell School, Mrs. A. J. Oliver, Mr. Earl Braxton and Mrs. W. T. Parrott were delegates to the annual convention of the N. S. State Employees Association which was held in Asheville, N. C. September 11 and 12.

Mr. Ira Grady who has been an employee of the Cottage Life Department for the past 12 years retired in September. Caswell was sorry to see Mr. Grady leave. He was well liked by all who knew him and give Caswell loyal service.

Mrs. Alice Howell who had previously been an instructor in the Basic Training Department has been reappointed as instructor in this department. Mrs. Howell resigned previously because of illness.

Chaplain Lawson spoke to members of the LaGrange Rotary Club at one of their regular meetings during September. He showed the film of "The Caswell Story." Chaplain Lawson also showed this same film to the New Bern Chapter of Pilot International and the Kinston Junior Women's Club.

Mr. Fred Sockett, Mr. Eady Williams (both of Pink Hill), Mrs. Sylvia Ipock, Mrs. Selma Richards, Mrs. Samuel Dawson, Mr. Charlie Bland (all of Kinston) and Mrs. Evelyn Mewborn joined the staff of the Cottage Life Department.

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FALL AT CASWELL

Life is an ever changing process and once more the seasonal cycle of Fall is casting its mantle over the campus. Gone are the hot, humid days and gone also those beautiful flowers which paint the campus with beauty and color. But as one quietly watches one realizes life is not dormant at Caswell but pulsating with activity. School has opened wide its doors and children can be seen being guided to and from school by the alert safety patrol. The school program is never static and new methods and ideas are always being incorporated in its curriculum. The medical department is marching forward. The beautiful new hospital building will receive its first patients. Dr. Harper is soon to pick up the reigns as medical director. The old hospital building will receive a new decor and be made into another Crippled Children's Hospital. Space will then be available for more children on the waiting list.

As the season marches on Halloween with its prowling ghosts and goblins is going to cast its eerie spell over the campus for all the boys and girls to enjoy. After the ghosts and goblins have vanished into their native haunts, Thanksgiving will come to the thoughts and minds of all at Caswell. Caswell will stop to give thanks for the bounties God has given to this land of the free. Even before Thanksgiving is over Christmas with all its beauty and wonder will be taking hold. Although not evident Christmas plans were being formulated in the summer. An estimated 600-700 children will go home for Christmas but many will remain. No one is ever forgotten at Christmas - each and everyone will have presents under the Christmas tree. There will be first and foremost the religious emphasis. The story of the Birth will be the central theme. Of significant beauty is the traditional children's program.

As the seasons march on some will leave Caswell - some to try to make their own way in the world and some to return to their own home. Others will come to take their place - to make Caswell their second home.

So it is with life at Caswell. It is not much different to life elsewhere. It continues to ebb and flow as the seasonal cycles ebb and flow.

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VISITORS

Six members of the Ralph Calhoun Post No. 2008, V.F.W. Ladies Auxiliary in Laurinburg, North Carolina were escorted on a tour of the campus by Chaplain Lawson.

During August Mr. Horace Broom, acting director of the recreation department of the Fort Wayne School for the Mentally Retarded in Fort Wayne, Indiana spent some time on the campus.

Dr. J. E. Legates and Professor R. M. Myers of N. C. State College and Mr. William Adock of the Dorothea Dix Hospital in Raleigh conferred with Dr. A. J. Oliver, dairy manager at Caswell relative to selective breeding and a survey of cattle to be shown at the State Fair in Raleigh.

During one of Dr. Hargrove's visits he was accompanied by Dr. Smith, professor in the Sociology Department at the University of North Carolina.

In June Dr. Myron G. Sandifer, Director of Research, North Carolina Hospitals Board of Control spent a day at Caswell.

Doctor George Paulson and Doctor Dave Fuller from Dorothea Dix Hospital have been making regular visits to Caswell. They are consultants in the Caswell Medical Department. Dr. James Renuart, pediatrician from Duke Hospital has also visited Caswell.

Mr. Bill Waters, director of training and education and Mr. Fred Debnam of the vocational training department of the O'Berry School spent a part of the day with the staff of Caswell's education and training department.

Dr. Charles G. Morehead of the Department of Occupational Information and Guidance at N. C. State College visited Caswell School in July.

During August Representative Hardy of Greene County spent some time on the campus.

Miss Jane Guy and Miss Helen Ripple of the N. S. State Department of Public Welfare were visitors in the Social Service Department during August.

In September, Mr. Ed Greer, assistant business manager, N. C. Hospitals Board of Control and Mr. Gardiner Parker and Mr. Bob Andrews from N. C. State Personnel Office spent a day at Caswell relative to the classification of certain employees.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

"No Less Precious"

No less precious are they,
The children retarded
We care for today.
With hearts full of sorrow
We look forward to tomorrow
For what we can do today.
Our pray'rs will be answered,
Our hearts will be gay,
By sharing the blessings
Received every day.
We think of the loved ones
With their own sweet way
No less precious are they.

A song, both words and music by Senator H. D. Tripp of Allegan, Michigan - written for work with all associations for the retarded.

January, 1960

Volume XXV

Number 1

The Caswell News

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Frank Badrock ..... Superintendent
Mr. S. H. Stroud ..... Business Manager

Editor ..... Pearl L. Adkins
Circulating Manager ..... Sarah E. Claytor
Secretary ..... Mrs. Mary E. Collins
Treasurer ..... Mrs. Evelyn Wiggins

The Old and the New

The Caswell News pauses to extend New Year's greetings to all its readers. While we pause to greet each one let us pause to note what have been the highlights of the past year and the hopes for the coming year. Although Dr. Badrock assumed the role of superintendent near the close of the year, we mention this first because of its importance to the future administration of Caswell and its significance to the pupils and patients as well as to the staff, Caswell looks forward to improvement in every area through Dr. Badrock's skillful and understanding leadership. A second highlight to be mentioned is the opening of the new central hospital in October. This was a much-needed facility. Along with the hospital we must not forget to mention the addition of a new fe-female doctor to the staff. Another highlight was the permission for the parents to visit on the first Sunday of every month. To many parents this was the most important change. For the Training and Education Department the appropriation of the money for the all-purpose school building was the most welcomed news of 1959. The new swimming pool was for the first time put to full use and many of the boys and girls were made happy during the hot and humid months. There is no need to doubt that this was one of the highlights of 1959. During the Fall the Chaplain found that the new pews and the new decor lend to make a much more worshipful atmosphere. Also for the first time Caswell held a seminar for ministers and in the early summer for one week Bible School was conducted. Caswell's art was selected for a national showing in Milwaukee's Museum of Art and later some of the art was selected for showing in New York and Paris. Although the workshops for the Public Health Workers and Public Welfare Workers have been functioning since 1958 these still hold a spotlight in 1959 because of their importance to the better understanding of Caswell and mental deficiency. One change which must not be overlooked was the change of the name from Caswell Training School to Caswell School. During the year more emphasis was placed on rehabilitation and a number of boys and girls were given the opportunity on placement. Twenty boys whom the staff feels are rehabilitation candidates were placed in the progress building and given special privileges. One of these special privileges is that the boys are allowed to go to town alone on Saturday afternoon. Last but not least was the completion of the x-raying of the entire school population by the x-ray mobile unit.

As to the hopes and aims of the coming year plans are being formulated for the renovation of the old hospital building into what is expected to be a second crippled children's building. This will make room for some new admissions in the severely retarded group. There will be a transfer of some of the boys and girls whose parents live in the Murdoch School area to the Murdoch School. This will also make room for a few new admissions in some of the buildings. However, there will some movement from building to building on Caswell's campus to lessen the over-crowding in various living units. Before the year advances too far the Training and Education Department is looking for the actual commencement of the construction of the new all purpose school building. Along with this will go a greater emphasis on education and training and a broader program of placement. New plans and projects for this expansion are already being formulated. For many years many of the staff has hoped for an in service training program for all new staff members. This would be an innovation and of great assistance for orientation purposes and would make for better inter-departmental understanding and cooperation. Two cottage parents will be sent for a three-month period to the Children's Clinic at the John Umstead Hospital for the Training of cottage parents. The Psychology Department is looking forward to the expansion of counselling and psychotherapy with the addition of a psychologist to the department. There have been many dreams for a band at Caswell and through the generosity and initiative of the Kinston Junior Woman's Club this dream appears to becoming a reality. This club is attempting to collect about a dozen instruments for the use of the boys and girls. The Chaplain is planning an Easter play to be seen on TV on Good Friday. The Traditional Sunrise Service will also be again conducted. A Progress Building for girls will be planned sometime in the very near future. This

(Please turn to page 5)

A SENIOR CITIZEN

The following article is written by Mrs. Betty Lawson, assistant director of Social Service.

—Editor

Nody holds a very special place in the hearts of all those connected with Caswell. He has been here longer than any employee and most of the boys and girls, with the possible exception of perhaps six or seven. Envision a little child's picture of Santa Claus with the jolly, smiling face; merry, twinkling eyes; round rosy cheeks; rotund physique; and all Nody lacks to fit this conception perfectly is the long, white beard and red suit.

Although Nody has been here for over forty-two years and calls Caswell "home," he can still remember his early days back on the little farm not so many miles away. There he lived with his aunt and uncle in an "old timey house" built over 110 years ago, consisting of two rooms and a shed. His mother lived there too until her death from "black measles" when Nody was only eight. He also caught the measles but the doctor gave him a "drink of whiskey to keep the measles from going inside" so Nody survived. He helped his uncle on the farm where they raised "wheat, taters and corn" and had an apple orchard.

When Nody was eleven years old he was admitted to Caswell in November, 1917. His uncle brought him by train to Goldsboro where they changed trains and came on to the "junction" within walking distance of the school. As he walked up the lane to Caswell he saw only three main buildings: a girl's dormitory, a boy's dormitory and the present employee's dining room which was then the general meeting place for the forty students. There was also a dairy with a few cows and the farm consisted of three fields. Dr. McNairy was the superintendent and Nody recalls seeing him ride around in a horse-drawn buggy. The stable housed three horses and the other two were used for work on the farm.

Those were the war years and all the children who were able to help with the work did so. Nody remembers getting up at four o'clock in the morning to help fire the boiler. He also tells with enjoyment of how he was allowed to carry the mules to town on Saturday afternoon to get them shod. According to Nody, Kinston in those days consisted of about two streets. He would hitch a mule to a wagon, tie six or eight more mules on behind and drive down to Heritage Street. The trimming and shoeing operation generally took all afternoon but Nody would arrive back at school before dark. He also worked in the laundry for awhile and helped on the trash wagon. The wagon was pulled by a mule and Nody would go from building to building collecting trash. He noted with a smile that one of the large trucks we use today had to make several trips to haul off the trash from Christmas 1959, where in the early days he and the mule could do it in one load.

Even in those days it was not all work and no play. On Sunday morning at eleven Sunday School was held on the girl's side of the dining room. At night Nody and the other boys enjoyed playing cards or checkers. There were no radios then but the boys did have an "old timey phonography." During the summer the boys and girls would go out to Grey's Mills for a picnic lunch and swim in the pond. The pond is gone now, drained by the federal government because "the water let in, but had no letout" and this made a breeding place for mosquitos. There were also the silent picture shows once a week in the dining room and baseball games out in the cow pasture by the corn cribs.

But the subject on wihch Nody is most loquacious is hogs. For many years he was "in charge" of the hog farm and worked there from 7 A. M. to 5 P. M. The other boys and girls often referred to him as the "hog man." Nody's eyes light up when he talks about the hogs. He brags of the ability of a baby pig, just ten days old "to swim as good as a duck." He tells of the big snow on March 2, 1927 and how he had to clean the snow from around the feeders so the hogs could eat. The large hogs stayed in a shed and Nody explained proudly how they would pile up together one on top of another to keep warm. One hundred and fifty baby pigs were moved to the barn to keep them alive and warm. Nody fixed up a coal heater with a pipe going out through the window to carry out smoke and fumes. He is confident of his ability with these animals. He tells of the times he had helped local farmers de-tusk baby pigs who could not nurse. He relates advice he has given about not putting hogs "to graze off" a field of wilted green soy beans on a hot day as this will kill the hogs. He can tell about the hogs that give the best bacon with a "streak of fat and a streak of lean." He talks of the hog killings from November to March when from 50 to 70 hogs were slaughtered every two weeks. One night after a killing the temperature dropped to 14 degrees and it took four or five days for the meat to thaw enough to be cut. The meat was cured in barrels in the smoke house with a layer of salt, a layer of meat and sometimes the addition of brown sugar. Hogs are Nody's favorite subject and he takes pride in his knowledge of them.

Many changes have come to Caswell over the years and Nody remembers them all. When he first worked with the hogs he fed them where the McNairy and Girl's Colony buildings now stand. As more buildings were added to the campus the hog farm was moved farther and farther out. Nody tells about the small amount of land which belonged to the school in the early days. As the years passed more and more farms were acquired and he can name them: the Hardee farm, the Hill farm and the Joiner farm, which changed hands so many times. On a Sunday morning in December 1921 a fire broke out in the first girl's dormitory at 11 A. M. A fire wagon pulled by a horse finally arrived but by then the building was gutted. Less than a month later a fire broke out in another living unit at night and Nody helped carry out some of the crippled children. Fortunately no one was injured in either fire. Nody remembers the time the Neuse River froze over in December 1917 and stayed frozen for two months. He claims he walked across the river on the ice,

(Please turn to page 5)

Christmas

Although Christmas has become a memory it seems that it is only fitting and proper to take time to recapture part of the spirit and the picture of Christmas at Caswell for Christmas is one of the most beautiful and the most important times of the year. Each year it seems to grow in significance and beauty. There are always the traditional aspects of Christmas; the inspiring beauty of the meaning of Christmas portrayed, in the religious emphasis; There is the thrill of decorating the trees - their beauty reflected in the upturned eyes of all the boys and girls; there is the hustle and bustle of receiving the hundreds and hundreds of gifts and wrapping them; and of course there is the arrival of Santa Claus to the thrill and delight of the smaller children.

The actual Christmas festivities were initiated by parts of the Kinston Christmas parade coming to Caswell on November 27. However, Christmas plans and projects were already being formulated and created way back in the summer months. In the summer the children were asked to make lists as to what they wanted Santa to bring. The Basic Training Department were busy making angels, madonnas, corsages and many items to sell for Christmas. The Recreation Department was having the difficult and tedious job of accepting the gifts. Theirs too was the job of wrapping them and the responsibility of seeing to it that no one is ever forgotten.

The annual Christmas program, "The Christmas Angel Comes to Kinston" was directed and arranged by Miss Carolynne Harwell of the music department. Dr. Frank Badrock, Superintendent, greeted the large audience and expressed best wishes of the season to parents, students and the general public. The first part of the program consisted of songs by the three different choral groups - the boys' chorus, the girls' chorus and the advanced chorus. Mr. Waylon C. Bissette, Principal of the academic school, introduced each number. The dramatic presentation, "The Christmas Angel Comes to Kinston" was written especially for the occasion by Miss Harwell and directed by Mrs. James Thomas, a teacher in the academic school. The play portrayed the story of a little angel, who unhappy with the usual heavenly routine, was commissioned by God to go to earth and investigate reports that Christmas was not being celebrated in the spirit of its original intent. The angel boards the nearest sunbeam pointed directly at Kinston, North Carolina, U.S.A. From the moment he sets foot on earth through a series of experiences in a school, a department store and a home he carefully notes that selfishness, greed and angry feelings which are prevalent are out of keeping with the true celebration of Christ's birth. He becomes very disillusioned and is about to depart for heaven with a pessimistic report when he passes by a local church holding a Christmas service. He is attracted by singing which reminds him of the angelic chorus in his heavenly home. He enters the church and is pleased to see the congregation gathered there includes all those who had been behaving badly. He realizes they know the true spirit of Christmas and will govern their lives accordingly. He is ready to travel heavenward with a bright and happy report of his mission to earth. The Reverend R. Bruce Pate, pastor of St. Mark's Methodist Church, served as narrator of the play.

After the Christmas program "Open House" was held in all cottages and dormitories. People visited to see the beautifully decorated buildings and trees. The basic training department had a sale of arts and crafts which were made by the students.

Six hundred and fifty children were granted leaves of absence for the Holidays. Most of these were for the full two weeks. However, a number did go for shorter periods. With only six hundred and fifty leaving for vacation this left many disappointed boys and girls. However, there was much activity planned for everyone.

Many of the boys and girls, those who would not have an opportunity to go home, were taken by the bus to see the festive and gaily lighted streets and stores in Kinston. On December 21 and 23 the various living units exchanged visits to see the decorations in each unit. On December 23 Santa Claus made a pre-Christmas visit. On the 24th there was Christmas carolling and all those beautifully wrapped parcels were delivered to the various living units to be opened on Christmas Day to the delight and the joy of the boys and girls. On Sunday, December 20th, two Sunday School classes from the Gordon Street Christian Church presented a Christmas pageant and gifts to the Caswell children during the regular morning chapel service. The Sunday School children also presented two lovely scrapbooks they made, a goldfish bowl with fish, the fish food and a large box of candies.

To add to the meaning of Christmas the Nativity Scene lent its beauty and helped to make one and all the more conscious of the true purpose of the Christmas season. Each night floodlights lighted the lawn in front of the academic school to reveal the lowly manger scene.

This year there were a number of parties given by the various clubs for the children in the various living units. For the first time a formal holiday dance was sponsored by one of the Junior Woman's Club. Sixty students dressed for the occasion attended. The girls were dressed in beautiful evening gowns. Each girl wore a Christmas corsage presented to her by her date. The boys wore dress trousers, white shirts and ties - this was truly a festive dance.

Christmas could never be such a joyful time at Caswell and many boys and girls would not have gifts under the Christmas trees were it not for the thoughtfulness and the generosity of Caswell's many, many friends. It is impossible to list the numerous gifts of both money and material Caswell received from individual friends, civic clubs and religious organizations. These people and organizations not only made life for the Caswell's boys and girls happier but they enriched their own lives a hundred fold. The pupils and patients as well as the staff express the deepfelt and warm thanks to each and all. May God bless you!

New Hospital

The new medical hospital at Caswell School, which contains some 89 beds and cost the taxpayers of North Carolina $479,247.02, was opened for occupancy in October. The facility was erected by the George DuBose Construction Company of Kinston and was designed by architect A. J. Maxwell, Jr., of Goldsboro. The two-story structure is fireproof. It has terrazzo floors and tile wainscoating in various pastel shades on the walls. There are four nurses' stations, a nurse supervisor's office, two physicians' rooms, medical consultation room, X-ray and laboratory room, two examining rooms and two operating rooms for minor surgery. The bed area provides single and double-room facilities and there are a number of wards which have four beds each. The hospital is equipped with a food-service area. New furniture has been bought, including new beds and cribs for the patients. On the second floor a large sun parlor has three outside exposures. The first floor provides a day room for ambulatory patients. It is equipped with a television set. There is a central supply source for drugs and medical supplies. The basement provides for heating, hot water supply, transformers and other utilities for the structure. The U-shaped structure has a lobby at the entrance. The building is located east of the old central hospital unit. The latter will be renovated and made available for crippled and handicapped patients. There is a small room which will be used as a barber shop for patients who have to be confined for extended periods. The construction includes ducts for air-conditioning which may be added later. There is no air-conditioning now, however.

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Regional Meeting

The Southeastern Regional meeting of the American Association on Mental Deficiency was held in Raleigh at the Sir Walter Hotel on October 8-10. The N. C. Association for Retarded Children held their annual meeting at the same time. Three of the four sectional meetings were led by Caswell staff members. The social work section was led by Miss Pearl Adkins, Director of Social Service; the psychology section was led by Dr. Frank Caston, Director of the Psychological Service; and the vocational training and rehabilitation section was led by Daniel C. Wise, Director of Training and Education. The main entertainment feature of the conference was the appearance of the Caswell School Girls' chorus at the banquet on Friday night. Mr. Gareth Thorne, the General Director of Education and Training was in charge of the entire program. Mr. Thorne is President-elect of this regional section. The three days of meetings heard people who are outstanding in the field of mental deficiency. Dr. Eugene Hargrove, Mental Health Commissioner for the Hospitals Board of Control also participated. On Saturday in connection with the meeting for the N. C. Association for the retarded, Mr. Waylon Bissette, Principal for the Academic School discussed camping and Mr. Daniel C. Wise discussed rehabilitation.

A SENIOR CITIZEN

(From page 2)

and added, "Nowadays it don't freeze." He recalls the day Hurricane Hazel blew the roof off the old Tapp building, before the new Tapp was built.

Perhaps some of Nody's happiest memories are of the good times he had while home on vacations, for he is among the fortunate ones at Caswell whose families and relatives continue to keep in close contact with their children through the years. Nody helped on his uncle's farm during the summer chopping corn and putting in tobacco. However, the highlight of Nody's year was his annual visit to the State Fair in Raleigh in October. There he would visit the exhibits and see "The biggest bunch of stock anywhere." Although Nody was unable to have a vacation this year, it was arranged for him to spend a day at the fair. He claims he knows his way around the fair grounds with his eyes closed, and who are we to doubt this?

Nody is "retired" now. As he puts it, "Several years ago I became sick with high blood pressure and had to slow down." He was allowed to choose the building in which he wished to live and it is not surprising that he chose to live with a group of boys in their late teens for Nody remains young in spirit. His genial wit, straight forwardness of manner and general philosophy of life endear him to students and employees alike. He still keeps active and helps out at the hospital, in his living unit and during the Christmas mail rush volunteered to help sort incoming packages. On warm, sunny days he can often be seen taking a brief snooze on one of the benches around the campus. Those of us who are privileged to know him feel that Nody has truly earned his place in the sun.

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Facts and Figures

During 1959 Caswell received 124 admissions including 99 from the waiting list; 11 returned from placement and 14 transferred from other institutions. There were 138 discharges including 57 to placement; 56 transfers to other institutions, 4 direct and 21 deaths.

On January 1, 1960 there are 57 on placement. During 1959 a total of 35 were discharged from placement. Of the number (57) on placement as of the first of this year are under the Rehabilitation Program. During 1959 there were 16 placed under this program; 5 were returned to Caswell for various reasons but 3 of these 5 have been returned to placement; 2 have been discharged.

The Old and the New

(From page 3)

should give the girls something to which to look forward. A driver education program is commencing and this should be an asset to those boys who are to be rehabilitated.

This is by far only a few of the 1959 highlights and the 1960 dreams but it does give a composite picture of the progress Caswell has made and is making.

PERSONNEL

Dr. Frank Badrock became superintendent of Caswell on November 2. Once again the staff extends its welcome and pledges its support. Dr. Badrock came to Caswell from the John Umstead Hospital where he was clinical director.

On October 1, Mrs. Doris Petteway joined the staff of Caswell. She is an instructor in the Basic Training Department.

Dr. Matt C. Harper, Jr., who was still acting superintendent during October and Dr. Frank Caston, Director of Psychological Service attended a meeting in October at the Dorothea Dix Hospital in Raleigh relative to research in the phychological effects of certain drugs. Dr. Maurice Lorr, V.A. Research Consultant in Psychology from Washington, D. C., discussed clinical evaluation.

Chaplain Donald W. Lawson, Director of Public Relations, spoke to the Junior Woman's Club in Statesville. This was in honor of their Junior Day Program. The film the "Caswell Story" was seen.

Mr. A. Jule Oliver, dairy manager, spent four days at the State Fair in Raleigh in charge of all N. C. institutions' cattle which was shown at the Fair. Caswell School had six head of cattle on exhibition.

In October, Dr. Matt C. Harper, Jr., acting superintendent and Rev. Donald W. Lawson, Chaplain, attended the Symposium on Religion and Psychiatry at the Dorothea Dix Hospital in Raleigh.

Dr. Matt C. Harper, Jr., spent three weeks at Letchworth Village, one of New York's schools for the mentally retarded located at Thiells. He took a specialized course in mental retardation.

Mr. Daniel C. Wise, Director of Training and Education attended the national convention of the National Association for Retarded Children in Cincinnati held in October. Mr. Wise attended as a delegate from North Carolina.

Mr. Speight H. Stroud, business manager, attended the American Psychiatric Association convention in Buffalo, N. Y. on October 19 and 20. Mr. Stroud was accompanied by the superintendents and business managers from the various state hospitals and schools.

Mr. Earl Braxton, formerly a Cottage Life Department office assistant, has been appointed assistant director of the Cottage Life Department.

Mr. Ivey Stroud, a native Kinstonian was employed to fill Mr. Braxton's vacancy in the Cottage Life Department. He attended Campbell College and one year at Harberger Business College. Before coming to Caswell he was employed by a local insurance company.

Miss Pearl Adkins and Mrs. Betty Lawson, director and assistant director of the Social Service Department attended a Public Welfare Institute held at the Sir Walter Hotel at Raleigh.

The first part of November Chaplain Lawson, Director of Public Relations spoke to the Sunbury Woman's Club, Ayden Woman's Club, Raleigh Junior Woman's Club and the New Bern Woman's Club.

Dr. W. Frank Caston, Ph.D., Director of the Psychological Department attended for one week a post doctoral "Workshop" on "Psychological Assessment of the Deaf" in Washington, D. C. in November. It was sponsored by the Department of Psychology and Psychiatry of Catholic University. Dr. Caston attended under a federal grant from the U. S. Department of Health, Education and Welfare.

Two members of Caswell's Department of Training and Education participated in a statewide conference on special education held in Raleigh in November. Mr. Daniel C. Wise, Director of the Department, participated in a panel discussion on "The Practical Skills for the Trainable Child" and Mrs. James A. Thomas, kindergarten teacher at Caswell discussed in a panel session the "Academic Skills for the Trainable Child". Other members of the department who attended the meeting were Miss Mary Hadge, Mrs. Helen Hardy, Mrs. Jeanette Parrott, Mrs. Martha Barnes, Mr. Odell Faircloth, and Mrs. Jo Ann Sutton, all academic teachers. Also attending were Mr. Leroy Batts, Director of Student Evaluation and Mr. Reece Howell, Director of the Basic Training Department.

Mr. Daniel C. Wise, Director of Training and Education, spent November 16 and 17 in Charlotte. On Monday evening Mr. Wise took part in the Charlotte Junior Woman's Club "Caswell Day" program which highlighted the Club's concern and interest in projects for the benefit of Caswell students. Along with the showing of the film "The Caswell Story" he spoke on the students' needs and he conducted a sale of some of the arts and crafts the students had made. On Tuesday Mr. Wise, visited the new Rehabilitation Center for Retarded Children in Charlotte. He also visited the Park Road Baptist Church in Charlotte which sponsors the only interdenominational Sunday School in Charlotte.

Rev. Donald W. Lawson, Chaplain and Director of Public Relations spoke and showed the film, "The Caswell Story" to a meeting of the Daughters of the American Revolution held in the home of Miss Rachel Payne Sugg in Hookerton on November 21.

In December Dr. Badrock, Superintendent, attended a conference of Superintendents in Goldsboro.

Mr. S. H. Stroud, Business Manager, attended an institutional dairy meeting for a day in December. This meeting was held at North Carolina State College.

Rev. Donald W. Lawson, Chaplain and Director of Public Relations spoke to the Contentnea Ruritan Club; the following week he talked to the Wheat Swamp Ruritan Club and showed the film "The Caswell Story".

During October, November and December the following persons were added to the staff of the Cottage Life Department: Mrs. Effie Woodard; Mrs. Phoebe Foy, formerly Caswell's Food Service Department, Mr. Leo Sutton; and Mr. Elbert Byrd.

The staff at Caswell supported the United Drive in a most successful manner. Mr. George Rouse, Jr., Administrative Assistant, was chair-

man and Mr. Daniel C. Wise who was last year's chairman, assisted. This year's giving to the United Fund was combined with donations from the Heart Fund, Cancer Fund and March of Dimes. The total collections are being prorated on the basis of the percentage given to the various funds during the last several years. Total pledges for the drive were $3,519.02. The goal was $3500.00. Many departments and units pledged 100%.

The American Red Cross Bloodmobile had its annual drive at Caswell in December. This included not only Caswell but Frosty Morn, Coca Cola and Dr. Pepper companies. One hundred and eleven persons responded to the call and ninety-five pints of blood were collected. A number of the Caswell staff volunteered their services. Mr. Waylon Bissette, Principal at Caswell was the over-all Chairman.

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VISITORS

Dr. Darrell A. Hindman of Columbus, Ohio, assistant Director of the Project on Technical Planning in Mental Retardation of the American Association on Mental Deficiency visited the Caswell School in the company of Mr. Gareth D. Thorne, General Director of Training and Education, North Carolina Hospitals Board of Control.

Six members of the Rocky Mount Junior Woman's Club visited Caswell in October. They brought toys, magazines, books and other items for Caswell students. Mr. Leroy Batts, Jr., director of student evaluation, guided the women on a tour of the campus.

Chaplain Lawson welcomed 4 members of the Snow Hill Home Demonstration Club on October 17. They brought with them a large assortment of magazines and gifts. Before leaving they toured the campus.

A number of the Hookerton Home Demonstration Club also toured the campus in October.

Mrs. Bob Bland Caswell, Chairman for the V.F.W Auxiliaries in N. C. visited Caswell in October.

Mrs. Mack and Mr. Kelly of the Social Service Department of the O'Berry School for the Retarded in Goldsboro spent part of a day at Caswell to discuss social service responsibilities. Four members of the Basic Training Department of the same School also visited Caswell.

Thirty student nurses in the class in elementary psychology from the Wilson School of Nursing visited Caswell. They were greeted by Dr. W. Frank Caston, Ph.D., who conducted a clinic. They toured the hospital, living units and the various training areas.

Mr. Bill Waters, formerly School Principal at Caswell and now employed in that capacity at the O'Berry School in Goldsboro, visited the campus on October 30.

Mr. and Mrs. Bryant spent a few hours at Caswell the first part of November. Mrs. Bryant is the executive secretary for the N. C. Association for Retarded Children. They were also visitors for the Christmas pageant.

Two members of the Greenville Junior Woman's Club visited Caswell.

In November Caswell was the scene of a conference for Superintendents of the state mental hospitals and schools for retarded. Heading the group of officials who visited the campus was Dr. Eugene A. Hargrove, N. C. Commissioner of Mental Health. Welcoming the visitors was Dr. Frank Badrock, Superintendent of Caswell School. The visitors were interested in all aspects of the local institution. Dr. Matt C. Harper, Medical Director and Dr. Mary D. McNeill, staff physician, led the group on clinical rounds.

Mrs. C. G Matthis, president of the Kinston Junior Woman's Club and Mrs. William Weed, Caswell Chairman of the club, brought flowers for the new hospital, records, books and magazines.

Mrs. James H. Tripp, Mrs. Ben Hardy and Mrs. Grady of the Lenoir County Association for Retarded Children spent some time at Caswell on November 11.

Professor Bernard Jackson of the Special Education Department of East Carolina College in Greenville brought a class of senior students in special education to visit and tour Caswell in November.

In the early part of December two different groups of wives from 424 1st Strategic Air Command-Wing at Seymour Johnson Air Force Base in Goldsboro visited Caswell bringing with them loads of Christmas decorations, candy and gifts.

Dr. Dorothy Dobbs, psychiatrist at the Duke University Medical School, Department of Psychiatry, Miss Harriel Amey, Social Worker and Dr. Carl Eisdorfer, psychologist both from Duke University, spent several hours at Caswell and were taken on a tour by Dr. Frank Caston, Director of the Psychology Dept.

On December 5, Miss Eileen Keirnan of the State Health Department and Miss Helen Ripple of the State Welfare Department met with Dr. Frank Badrock, Superintendent, Dr. Matt C. Harper, Medical Director, Miss Pearl L. Adkins, Director of Social Service and Mr. Daniel C. Wise, Director of Training and Education to discuss the continuation of the monthly workshops for the Health and the Welfare Department workers.

Mrs. James Howell, teacher at Grainger High School and several of her civic class students visited Caswell and conferred with Chaplain Donald W. Lawson.

Mrs. C. B. West of the Greenville Ladies' Auxiliary V.F.W. brought Christmas gifts for the boys and girls.

On December 10, the Rocky Mount Junior Woman's Club also brought Christmas packages, magazines and much used clothing. They were also toured about the campus.

Mr. John Umstead, Chairman of the Hospitals Board of Control, visited Caswell and conferred with various department heads.

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In Appreciation

There is one individual whom we feel should be extended a sincere vote of thanks for the service he has extended to Caswell. That person is Mr. L. O. Batts, Sr., who is the father of Mr. Leroy Batts, the Director of Student Evaluation at Caswell. Mr. Batts operates the Batts Dry Cleaners

SIDELIGHTS

In October over four hundred students, staff members and friends from Kinston gathered in the renovated Chapel to participate in a service of dedication. Reverend Ralph Mattingly, pastor of the Kinston Nazarene Church and president of the Kinston Minister's Association, and Reverend Ralph E. Jones, Jr., pastor of the Spilman Memorial Baptist Church participated in the service and brought greetings to the Caswell young people from the community. Three separate and distinct services of worship are held in the chapel every Sunday. During the October-May season the attendance averages approximately 1100 each Sunday.

Lt. Col. Martin Shaner, base Chaplain at the Seymour Johnson Air Force Base gave the Chapel of Caswell a donation of approximately 100 used Army and Navy hymnals, all in good condition.

The primary and intermediate classes of Mrs. Mary Emma Baker, teacher in the academic school had a religious theme for the Chapel program presented in October. The theme was "God is Great" and this was carried out in song, prayer and recitation in a very effective manner.

Medical students from the University of North Carolina's department of administration visited Caswell School during the first part of November. These men have been visiting all state institutions for the purpose of imparting information and answering questions between the institutions and state government.

The School is planning a renovation of the electrical system and the Triangle Electric Company of New Bern submitted the low bid.

In November Mrs. Helen P. Hardy's secondary and intermediate classes presented a Thanksgiving program theme in the academic school auditorium. The boys and girls were dressed in the typical Pilgrim costume. The program both religious and patriotic, effectively outlined the many reasons why Americans should give thanks to God.

A Service of Thanksgiving was held in the Recreation Building on the Wednesday evening before Thanksgiving for over a thousand students at Caswell. Chaplain Lawson was assisted by several of the students. Both the Junior and Senior Chapel Choirs participated with special Thanksgiving anthems. A film strip of "The First Thanksgiving" was shown.

On Thanksgiving day all students at Caswell joined with millions of people across the nation in the traditional turkey dinner. Mrs. May Stroud, the dietitian stated the menu consisted of baked Turkey, dressing with giblet gravy, applesauce, candied yams, butter green peas, relishes, hot rolls with butter, Tokay grapes and coffee, tea or milk.

On November 19 the Junior Woman's Club of New Bern entertained 52 students at the Recreation Building by giving them a formal dance. Refreshments were served and music was provided by the recreation department.

The Junior Woman's Club of Greensboro, N. C. donated one hundred dollars to be used for the purchase of a stereophonic record player for the children's library in the academic school.

Members of the New Bern Junior Woman's Club provided a wonderful party in the early part of December for fifty brothers and sisters. These club members also brought many Christmas gifts, a large assortment of good used evening gowns, bathing suits and bathrobes. This club also presented a check for one hundred dollars as a donation for use with the children.

A set of telephones for training purposes was donated to Caswell. The need for this equipment was realized some time ago in teaching students the proper telephone etiquette. Mr. Daniel C. Wise was instrumental in securing these phones as he talked with Mrs. L. B. Bryant, Executive Secretary of the North Carolina Association for Retarded Children. Through Mrs. Bryant the Southern Bell Telephone Company was contacted. The president of the company stated the company would be glad to furnish training sets for all three Training Schools. There are fourteen modern full-size telephones and a pilot phone for the teacher. There is a central switchboard for the separate phones and the set is operated on dry cell batteries.

The Boy Scouts continue to play an active part in the lives of a number of boys at Caswell. On October 4, Charter Night was held during the Sunday evening worship service at the Chapel. Mr. Dave McCray, commissioner for the Caswell District presided. All members of the Troop Committee were present. Mr. Daniel C. Wise, Institutional Representative accepted the charter. Jimmie Trivette, Scoutmaster, was in charge of the Scouts' formation and spoke in their behalf. On December 4 and 5 the Scouts participated in the winter camp-out at Stallings Air Base. Twenty-nine boys went on the trip. Caswell's Scouts placed first in the balloon contest, second on the campfire skits, second in the three-legged race. A Christmas party was held one evening in the basement of the Tapp building for these boys.

The monthly television programs creates much interest from the public viewpoint. On October 16 Chaplain Lawson, who coordinates and directs these programs, high-lighted the important issues held on October 27. Miss Ruth Faison Shaw of Chapel Hill was a guest on this program. Miss Shaw is a teacher, world traveler, writer, lecturer and author. At present she teaches finger painting to the students at Murdoch School and the University of North Carolina at Chapel Hill. Miss Shaw demonstrated finger painting and spoke of its therapeutic value for children and adults. In November a group of ten students presented a tumbling team demonstration for the program. Mr. Robert O'Neal, Director of the Recreation Department briefly outlined the recreation program.

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and matters in Kinston. Mr. Batts has cleaned about 200 evening gowns free of charge. These gowns are ones which have been donated to Caswell for the dress-up dances which are held from time to time. This is a very generous service Mr. Batts has given Caswell and thru this generosity and kindness many girls have had the extra special treat of being beautifully gowned. What girl is not made to feel extra special when dressed in a beautiful evening gown. Many, many thanks to Mr. Batts.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

A Prayer

Dear God, help us when we are worried.
Bless us that we will understand Thee more,
That we will come to Thee in prayer when we need help.
Bless us that we all will think before we do wrong.
Bless everybody at Caswell who tries to help us.
Bless all our friends, dear Lord.
I am thankful I have got a friend.
Bless everybody that they will be better than they have before.
Thank You, dear God, for helping me to pray.
I am thankful you have made my mind strong.
Help me to love Thee more and more every day.
Thank You, dear God.

Amen

Prayer is written by a Caswell Student,
Ruth L.

April, 1960

Volume XXV

Number 2

The Caswell News

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Mr. S. H. Stroud ..... Business Manager

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Circulating Manager ..... Sarah E. Claytor
Secretary ..... Mrs. Mary E. Collins
Treasurer ..... Mrs. Evelyn Wiggins

SPRING . . . . .

"For, lo the winter is past, the rain is over and gone, the flowers appear on the earth; the time of the singing of birds is come and the voice of the turtle is heard in our land."

These words from the Book of Solomon written centuries ago continue to convey down through the years the ageless message of the arrival of spring. This year these words seem to have a deeper significance because of the long dreary winter with the late snows and the cold weather. The days grow longer, the trees begin to cast their long shadows, the grass turns a verdant green and the flowers bud into the brilliant oranges, reds, yellows, purples and pinks. With the rebirth that comes with the on-set of Spring comes also the hope and promise of the Easter season.

With the change of the Season on the Campus there are also changes elsewhere on the campus - some small and some large but the size is not important. The important thing is that there is a change because without it life grows stagnant and decay creeps in. At Caswell new ideas are being generated; new philosophies are emerging; new ways and means are being conceived.

With spring on its way Caswell finds many new faces around the campus and more new faces will come as more students and patients come to make Caswell their second home. Many left Caswell to go to Murdoch School so that they could be nearer their loved ones. More of the severely retarded will be accepted when the renovation of the old hospital building is made. Architect plans have been made, bids have been let and as soon as some budgetary changes have been made to meet the cost, these renovations will start.

With the acceptance of these individuals who have waited so long, this brings renewed hope and strength to many parents especially for those who have carried a heavy burden so long. With Caswell's continual acceptance of so many this offers encouragement to parents who are still patiently seeking admission for their child.

On the eastern corner of the campus somewhat hidden from the casual observer is the beginning of the fulfillment of the hopes and dreams of the education and training department. For many years it has been an established fact that Caswell needed an all-purpose school building. Facilities for training and education have been woefully meager and in some areas lacking in safety. The new building will give new stimulus and new impetus to the students as well as the teachers who have had to teach under the most trying circumstances. For the first time in many years the school principal will have all his classes and teachers under one roof. The building is not the ideal in school buildings and many important details had to be deleted but being a state institution one must bow to the demands of the appropriations granted.

With the school building will also come a greater emphasis on rehabilitation as part of this building will be devoted to this particular phase of the work at Caswell. The dream of the possibility of returning to society is the ever present hope and wish of many boys and girls. This type of program has been a tried and tested one in other states. Success can be had if the proper personnel and the proper plans are carefully selected. In some areas on the campus there are still doubting Thomas's regarding the wisdom and expediency of such a program. Nevertheless each boy and girl has a constitutional right to be given a chance. Take it away without a fair trial and one part of democracy has been negated.

Philosophies come and go and sometimes the pendulum swings one way. Then it swings back but gradually there has been the emerging philosophy that institutions are not the answer to the problem of the defective. Caswell has been stressing this and will continue to stress this with greater emphasis especially in the workshops for the public health nurses and public health workers. Special education classes, trainable classes, day care centers and counselling service to parents are local community resources and responsibilities. With these increasing facilities being offered more and more this brings new hope to the parent that his defective child is no longer forgotten and new hope that the parent will also receive help for his own problem.

These are only a few of the plans and a few of changes - though not momentous they point to ever changing and progressive approach to more positive thinking for these the retarded.

The Call

The following is written by Mrs. Sallie Shaw Genheimer. Mrs. Genheimer who was formerly Miss Shaw was the first academic school teacher in 1915. The speech which she read to the appropriations committee is quoted verbatim except for certain phrases and words which have been changed so as to give offense to no one.

Editor

* * *

Word came to us at Caswell in 1915 that our new school was going to be taken over and changed into another kind of institution. Perhaps the State felt that our three buildings could be put to a better use than for just children - we didn't know. But this we did know the Legislature, rather the Committee on Appropriations, had abstained from giving any support or maintenance or appropriations for our boys and girls in the School for that year and of a necessity the School as a School would have to be abandoned: We would not believe North Carolina could do a thing like that. Our state poor in money but never could it be said that our spirit of understanding and sympathy had failed us. Our 100 girls and boys heard rumors that they might have to go back to the place from which they had come and wails went up.

Dr. C. Banks McNairy, Superintendent of the School called his staff together and said "We have friends here at Kinston. They will go with us to Raleigh. The speaker of the House, the Senator of our district are our friends and they asked Miss Sallie and me to come to make our appeal direct to the Appropriation's Committee. It is our only hope." We at once began to make ready. We went, we were heard and we won!

Dr. McNairy's appeal was splendid. I have ceased to thank the chairman of the Committe, Honorable Gilliam, for being a courteous, far-seeing, kindly gentleman. Thereby giving me courage to arise and read my plea. With fear in my heart and trembling in my knees but with desperation in my soul, I told them in very simple words the hopes and dreams of our boys and girls who were already in the School.

The following is the speech I read:

Gentlemen:

I hardly know how to begin. So great is the prospectus I wish to hold before you and so wonderful your opportunity of doing good, that it is with fear that I come before you today. "Fear" because words are so inadequate to just tell you how we could help these little folk and how they are longing for happiness and knowledge.

They are anxious to learn, they are proud to use any talent they may have, they are affectionate and crave sympathy, encouragement and kindness. You don't know what a thankful feeling it gives one, as one walks among them during the day to be able to go over and give a sullen and disgruntled boy a pat on the shoulder, and a little word, and see his face light up! Then pass to another who cannot even talk plain, so is left to himself, and see his face brighten and become illuminated with joy, just on account of a little smile! Oh, it makes me afraid because I cannot do them justice.

These children, friends, are exactly like your children except, where as your children have grown in body, mind and intellect, our little folk have grown mostly in body. Still these folk are like normal children in many respects. They have pride - they love to look neat and nice, and they look for you to approve of it. One day, in Chapel, I spoke to them about keeping their hands and hair neat and especially their hands. I tried to impress them, and I must have, for the next morning as they marched in, I was astounded to see every boy holding his hands in front of him and in a broad smile! He was just so proud of his clean hands.

The girls are naturally neater than boys and in some instances, they are extremely so. The only one of our girls who has had to be repeatedly disciplined, for using dreadful language and fighting, is our neatest girl. Not only do they take pride in their appearances but in their buildings, in their school rooms and in their work. They with one accord, will arise to sing a new song for you or go to the board and show you a drawing they have made, or may be a writing lesson.

They are the most enthusiastic little workers in the world, but only for a short while at a time. They have a great sense of honor and justice. They cannot bear to be laughed at. They delight in playing and dancing and most of all in singing. It is wonderful to hear them singing songs, learned in a few lessons that ofttimes takes other children days to learn. You may say singing is a characteristic of these children. Also they have good memories. Usually they heed correction, but are prone to break the rules which is natural when we remember that these children above all others, have had no discipline.

They can be disciplined. Sometimes very quickly and again it takes longer. First by winning the child's good will through kindness then through that, his confidence and finally, his love, then you will always get from him obedience and respect.

Hardly anywhere can one find a better behaved Sunday School, all grades together and all equally interested and anxious to hear the day's Bible Story. They sing, pray, repeat Bible verses, and listen, all of which lots of normal children cannot do or will not do!

One afternoon I heard two of our more severely retarded children singing, totally unconscious of anyone about them, happy and gay as larks - these same children who a few short weeks ago came to us sullen and unresponsive - and it was the song they were singing that caught my attention for I could catch a word here and there. They were singing a Christmas song, "Glory to the New Born King." It was pathetic but to that King and Kingdom they belong. They are God's children as well as we. But what really touched my heart was to hear them in a few minutes break out in a joyous chorus. "I'm a Tar Heel Born, I'm a Tar Heel Bred."

Gentlemen, They are children of the Old North

State as well as we. Are they worthy of being helped? How can we help them.

We have three classes to deal with. The first class is the school class, the ones who can learn, slowly of course but still they learn. The second is the outdoor class, composed mostly of severely retarded and trainable of whom, nevertheless are taught to button their clothes, lace their shoes, etc. Thus making use of part of the Montizorri method. The last class is the epileptic. Some of these are in the school room and some in the outdoor class. They can learn but they are weakened by their convulsions.

If we could only separate these classes, give them airy rooms and proper equipment then we would feel that we were giving each child an opportunity, and then we would have the satisfaction of knowing we had done all in our power.

In olden times when man's or God's laws had been violated, they were justified or rectified either by physical or a sacrifice. When the Israelites, having broken God's laws many times, cried out for deliverance from their enemies, the Philistines, He raised up time and again, a deliverer; when the laws in the senate of Rome became corrupt, didn't Cicero, with his sarcastic eloquence, rid Rome of her trouble? When Caesar, killed by men filled with patriotic love, being led by Brutus and thinking they were doing their country a service, didn't Mark Anthony plead with such powerful eloquence for his dead friend until those zealots were filled with pity and love for the dead and hated Brutus.

In the beginning of our history when we were mistreated by our mother country and our honor hurt, who arose and vindicated us, but George Washington. In our fathers' time when they knew that our states were right and were only following the interpretation of the constitution, who rose to lead them in their fight for the right but Robert E. Lee?

From Bible times to the present, when the weak called to the strong, when the wronged called to the right, there arose the answer to that call, sometimes in one hero, sometimes in many. But the call was answered.

Today, gentlemen, in our own time comes a cry, a weak pitiful cry, a Macedonian cry; from hundreds of throats, begging that they may have a chance of a home and an opportunity to grow both in body and soul.

All the other causes have had a champion, shall we and the state let this call go unchampioned? Although heretofore kept in the background, carefully guarded and hidden by the mothers, still they are here with us. Shall they, the great call of our day, be set aside.

After finishing my plea and taking my seat, I looked up at the chairman, seeing the glow on his face and hearing him say, "I am not interested so much in whether women get the vote but I am always interested when women show kindness to little children" - Then I knew Caswell School was saved!

The Appropriations Committee voted us a sufficient sum to carry on our work. If you have any doubts about the happiness of our acceptance just come to Caswell in this year of 1960 and see for yourself.

Business Administration

As one enters the grounds of Caswell and drives up the long lane lined with pecan trees, one comes upon a beautifully landscaped campus covering many acres of grounds. Well kept buildings of all kinds and for all various purposes are clustered here and there. As one continues to drive around the circle one glimpses dormitories, fields recently ploughed or under cultivation, the swimming pool, the construction for the all-purpose school building, chicken houses overflowing with chickens, cows in pasture or hovering near the dairy barns, ensilage cribs, a power house and many other buildings also devoted to the operation of Caswell. As one views this panorama, one cannot help but recognize that behind all this, is a business operation of no small means.

Caswell has a dual control. The professional staff, under which comes the medical, the cottage life, the Training and Education, the Psychological, the Chaplain and Social Service Departments, is under the administration of Dr. Frank Badrock, Superintendent. While the business department with its staff and various departments are under Mr. Speight H. Stroud, Business Manager.

The Business Manager of Caswell is responsible for all budgetary matters plus the operation and maintenance of the institutional plant. From the business office in the administration building arms reach out to the fartherest corners of the 1100 acres into every nook and cranny of every department and building on the campus. The business office includes the business manager, Mr. Stroud, the administrative assistant, Mr. George Rouse, budget officer, payroll clerk, 2 typists, accountant, clerk and one stenographer. There is also a watchman and security officer who come under the direct supervision of this office.

The magnitude of the business operation can be accented when one realizes that last year's budget was $2,250,000.00. Of the 555 employees working throughout the institution 233 are employed for the business administration.

Each month from the business office is issued the 555 payroll checks for all employees. This involves the bookkeeping and the systematic organization of personnel files on all employees. Another phase of the business administration is the supervision of all purchasing and buying contracts for all departments of the institution. This department buys all supplies used for any or all purposes on the campus - literally everything from "soup to nuts." All maintenance paid for any student or patient by the relatives, Veterans Administration or Social Security office is funneled through this office; together with this goes all the bookkeeping, files and records for this particular work. There are about 700 partial or full payments made. This is exclusive of those for whom only clothing is supplied. In addition to these accounts there are the personal spending accounts for each and every student or patient. This involves over 1000 accounts. Under the business manager's jurisdiction comes the direct responsibility for a number of departments which will be described below. Besides these duties, it's the business administration responsibility to supervise all new construction

and renovation. This covers planning as to all budgetary requirements; planning with the architects; supervising the letting of bids; supervising the construction and the final inspection and approval.

As stated above there are a number of departments under the business manager's direct supervision whose work is essential for the smooth and efficient operation of the institutional plant. The largest department is the dietary division which is directed by Mrs. May Stroud with 118 employees. There are approximately 6000 meals daily planned and served to students, patients and employees. As one recognizes, food is an essential part of any institutional life and this operation must continue regardless of all emergencies.

The next largest department is that of the farm under Mr. Richard L. Matthis. There are 34 employees to handle all this work. Five subheads come under the farm: (1) the dairy which has 225 cows and calfs. This herd is one of the outstanding ones in the state institutions of North Carolina. From these cows come 400 gallons of milk per day or an average of about a quart per each resident; (2) The poultry farm which includes 5000 hens and pullets; (3) The swine farm which comprises 700 head including brood and slaughter stock as well as shoats. This pork serves much of Caswell's needs, (4) The general farm which comprises 850 acres of crops and pasture. This supplies all ensilage and a portion of the hay and grain, besides 30 per cent of the fresh vegetables used in the dietary department. (5) Ground maintenance division which is responsible for the care of the grounds - the cutting of the acres of grass, the planting and pruning of all trees and shrubs and the necessary rubbish removal.

The next major department within the overall structure of the business administration is the laundry operated by Mr. A. C. Yerton. Hundreds of pieces of laundry pass through these doors daily and unless one can conceive of the laundry needs for an institution like Caswell one has no idea of the scope of this one operation and that it too must operate regardless of any emergency. This department has a paid employee role of 17.

When the electrical power has been disrupted one then recognizes most realistically how important the department is which runs the power plant. This is directed by Mr. Hugh Sellars who is the electrical engineer with 12 employees. In the winter time one turbine is in operation which is paralleled from the City of Kinston. In the summer all power is brought direct from the city of Kinston. In an emergency such as the hurricanes Caswell can generate enough electricty to cover temporarily its needs.

Mr. W. E. Mumford has 12 employees in his carpentry department. Mr. Mumford supervises all repairs and maintenance related to his specific department. The maintenance engineer Mr. Tom Broome and his division of 8 men are subject to call day and night whenever the plumbing, heating or electrical system break down or need attention in any of the myriad buildings which include the 40 living units, the hospital, administration building, school building, recreational building, the children and employee dining rooms, the personnel homes, 6 personnel dormitories, the dairy barns, store room, maintenance shops, old hospital building, shoe repair shop, laundry, beauty parlor and all other buildings located here and there on the campus.

The sewing room department is operated by Mrs. B. H. Stokes with 8 employees. Many useful garments including dresses and underwear are made and girls receive valuable sewing training. The housekeeping department for the personnel dormitories is supervised by Mrs. Gladys Grantham with 6 other employees who see that the general needs in this area are met. Mrs. Tyndall with 2 other women is responsible for the institutional housekeeping which issues all sheets, towels, clothing of all kinds, needles, pins, buttons and all items needed in this particular phase of the work. One other department is the storeroom where Mr. Carlisle with 2 assistants work for the business manager and have to store all purchases for future use. Through Mr. Carlisle all supplies must be requistioned. Caswell has a contract with the U.S. Post Office for a substation at Caswell. Mrs. Gibson is hired as the postmistress.

This is only a thumb nail sketch of the various ramifications of Caswell's business administration but it is hoped that it has left the impression that intelligent, careful, detailed and comprehensive planning and work embrace the 24 hour daily operation of Caswell School - Life could not exist without its supporting and encircling arms.

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SIDELIGHTS

The Student Council sponsored a party, "Rocket Express", in January for the older boys and girls in the Christmas program. The Council invited the advanced chorus of girls, the members of the cast of the Christmas play, "The Christmas Angel Comes to Kinston" and all staff members who assisted in any way. Approximately 120 attended. Each girl was dressed in an evening gown and the boys wore dress suits. The gymnasium the scene of the party was decorated with rockets, moons and satellites from outer space. The table decorations followed the same motif. Three members of the teaching staff, Miss Carolynn Harwell, Miss Eloise High and Mr. Odell Faircloth acted as advisors and assisted the Student Council in the arrangements. The boys and girls enjoyed the evening of dancing and were served refreshments by Miss High's home economic class.

Earlier in the month of January a party was given for the younger children who participated in the Christmas program.

The advanced girls' chorus under the direction of Miss Carolynne Harwell sang at the St. Mark Methodist Church for their Vesper's Service on January 10.

Dr. Blaine S. Nashold, Jr., Assistant Professor of Neuro surgery at Duke University Hospital conferred with Dr. Badrock relative to cooperation of the local institution in a project of research on nervous disorders.

For several years Caswell's basketball and softball teams have competed locally in both sports.

At all the games a group of six girls, organized in 1958, have cheered for the Caswell teams but they never had any cheer leader uniforms. This was discussed with the Greenville Junior Women's Club and this club adopted this as their main project. Six uniforms consisting of a white woolen sweater with a large royal blue "C" for Caswell and a royal blue skirt were presented to the team and Mr. Robert O'Neal, Director of Recreation accepted them for the team.

Valentine's Day is always a somewhat special occasion. A number of parties were held in the various units. The Kinston Junior Woman's Club had a party for the girls in Cottage 3. The Fayetteville Junior Woman's Club braved bad weather one Saturday to fulfill their promise for a party for Cottage 2 girls. This group also brought a large collection of books, magazines, jewelry - toilet articles, buttons and games.

The Ham Brothers' Crusaders Quartet and a number of friends entertained approximately one thousand Caswell children and adults in the recreation building. Mr. Willie Ham served as master of ceremonies.

Mr. E. F. Gardner, president of the Carolina Mirror Corporation in North Wilkesboro and Mr. Billy Buffaloe recently donated six large mirrors 3'x6' for use by the Department of Training and Education. Mr. Buffaloe is the brother of Mrs. Petteway, instructor in the basic training department.

Members of the Greenville Veterans of Foreign Wars Auxiliary sponsored a formal dance for a number of students at Caswell on February 22.

The Dewey Building, a dormitory which has undergone extensive repair and redecoration reopened in February. The downstairs will house 28 girls who hold promise for rehabilitation purposes. This is comparable to "The Progress Building" which was opened for the boys last fall. The girls in this building will have extra privileges to prepare them for placement in the community. The upper floor of the Dewey building will house 32 night working girls most of whom formerly resided in the Austin building. This arrangement will provide more quietness and rest for these working girls.

The Grainger High School Glee Club and Dancers under the direction of James Hall, presented a most entertaining "Pops Concert." The staff and many of the boys and girls enjoyed this evening of entertainment.

The workshops for the Public Health Nurses and the Welfare Department Workers, continue to be an excellent medium for orientation regarding Caswell and the various aspects of mental retardation. The program has been revised to include more staff personnel and more areas of Caswell. The evaluations and general comments of all participants are that it is one of the best workshops which they have attended. Both the Health Departments and Welfare Departments state that they see the change in the attitude of all their workers.

In February the Caswell Boy Scout Troop attended the Sunday Chapel service in recognition of Scout Sunday. The troop and its leaders as well as the committeemen attended the Scout Banquet at Fairfield Community Center.

Basketball games have been in full swing during the winter months. The boys and girls have played outside teams. During one week in January, The Dover Junior Varsity boys won 39-20 while their girls lead Caswell's girls 33-21. Christ the King School won over Caswell 38-32 and the same school's midget teams won over Caswell's midget 29-18. During another game Caswell won over Christ the King School 35-34.

During February and March two interesting chapel programs were given by the Children in the academic school. In February Mrs. Parrott's secondary class gave a chapel program on "Good Citizenship." This was built on a patriotic basis. In March Mrs. James E. Thomas' classes gave a performance "Kindergarten Kapers." This consisted of a minuet, scarf dance, folk dance, two pantomimes - "The Happy Bunny and Petunia, The Skunk", and Indian war dance with Tom-Tom solo, singing action games, the Happy Band and the rhythm group.

PERSONNEL

Mr. Stephen Herbert Davis joined the Caswell School staff on January 4. Mr. Davis is a staff psychologist in the Department of Psychology. A native of Brooklyn, New York, Mr. Davis graduated from Brooklyn College in 1957 where he had majored in Psychology. In the Fall of 1957 Mr. Davis entered Duke University as a graduate student in the Psychology Department. During the first year he was a recipient of a U.S. Public Health stipend and during his last year he was a Veterans' Administration Trainee and received a scholarship from Duke University. Mr. Davis is presently completing his thesis toward his M.A. degree. From June 1958 to August 1959 he was a clinical psychology trainee at the Durham V.A. Hospital.

On January 1, Mr. Hampton W. Petteway joined the staff of Caswell School with the position of security police officer. Mr. Petteway is a native of Kinston and attended local schools. Following his service career in U.S. Army and U.S. Merchant Marine, he was employed for about ten years by the Seaboard Airline Railroad. Then became security officer for Stallings Air Base. He came to Caswell from the City of Kinston where he was sanitation foreman.

The "Caswell Story" film was carried by three different representatives of the school on a Thursday night in January. Mr. Daniel C. Wise spoke to the Pink Hill Ruritan Club; Mr. Waylon C. Bissette was a guest of the Moss Hill Ruritan Club and Chaplain Donald W. Lawson was a speaker to the Woman's Club of Raeford.

Dr. Frank Badrock, Superintendent and Mr. Speight Stroud, Business Manager have attended the various meetings of the Hospitals Board of Control. Dr. Badrock has also attended the meeting of the Superintendents of the various schools for the defectives.

Mrs. Ida Smith who was a cottage parent has been promoted to office assistant in the Cottage Life Department to fill the vacancy left by Mrs. K. D. McDermott's resignation. Mrs. Smith who

is from Grifton attended East Carolina College for three years.

In February Rev. Donald W. Lawson, Public Relations Director at Caswell School spoke on the needs of Caswell students before a committee of the Roanoke Rapids Junior Woman's Club. The same night he addressed the Roanoke Rapids Kiwanis Club and showed the film, "The Caswell Story."

Miss Pearl Adkins, Director of Social Service, and Mr. Daniel C. Wise, Director of Training and Education attended a meeting of the Duplin County Association for Retarded Children in Rose Hill. They spoke on Caswell and showed the film, "The Caswell Story."

During the first part of February, Mr. Waylon C. Bissette, Academic school principal visited the Sunland Training School in Gainesville, Florida. This was an exchange training grant from the Southern Regional Education Board.

Rev. Donald W. Lawson has spoken to the Plymouth Woman's Club in Plymouth; The Junior Woman's Club in Clayton, Protestant Women of the Chapel at Seymour Johnson Air Force Base, Church Men of the Prince of Peace Lutheran Church in Kinston, Junior Woman's Club of Greenville and the Junior Woman's Club of Farmville.

In February Mr. A. Jule Oliver, dairy manager at Caswell attended the Annual Dairy Conference on the N. C. State College campus.

Mr. Waylon Bissette, Principal of the academic school spoke before the Women of the Moose at the Moose Lodge in Kinston. He spoke and showed "The Caswell Story."

During the week of February 25, Chaplain Lawson spoke to the Women's Society for Christian Service of the St. Mark Methodist Church and also to the Snow Hill, Rotary Club.

Mr. Thomas Haskins and Mrs. Melissa Fussell of the Cottage Life Department left in March for a three month course of instruction in child care at the Children's unit of the John Umstead Hospital in Butner.

Mrs. Doris Petteway, instructor in the Basic Training Department has been the volunteer pianist for the Sunday night vesper service for adults.

Dr. W. Frank Caston attended a meeting of Dr. Myron Sandifer's Drug Evaluation Group at the Dorothea Dix Hospital in Raleigh on March 18.

Members of the Clinton Universalist Church heard Chaplain Lawson speak on Caswell.

Mrs. A. J. Oliver has been appointed the official census taker for the student population at Caswell.

Mrs. Rodolph Nunn, arts and crafts instructor in the academic class is a recipient of an Exchange In-Service Training Grant from the Southern Regional Education Board. Mrs. Nunn will visit Southbury Training School and observe their arts and crafts program.

James P. Trivette of the recreation department staff at Caswell left for a six months' active duty with the U.S. Army at Fort Jackson, S. C. Mr. Trivette plans to return to his duties in September.

The following persons have been hired by the Cottage Life Department as cottage and building parents: Mr. Arthur J. Frischknecht from New Jersey; Mr. Henry R. Hagemann from Trenton; Mrs. Olivia C. Hardy from Wheat Swamp; Mrs. Peggie L. Kinney, Mrs. Elizabeth K. Health, Mrs. Vicie King, Mrs. Gudene Bowser, Mrs. Thelma Connor, Mrs. Ella Poole, Mrs. Bertie E. Bright all from Kinston.

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VISITORS

Two representatives, Mr. Roy Lefler and D. S. Moore for the N. C. Department of Administration, budget division, visited Caswell in January. They discussed the preparation of the budget for the 1961 - 1963 biennium.

Three members of the Kinston Junior Woman's Club were interviewed relative to their Caswell School project over Station WITC-TV, channel 7, on January 15. Junior Woman's Clubs throughout the state have for several years had Caswell School as a special project.

Professor Lewis Aiken and his class of about forty students in Child Psychology at Atlantic Christian College visited Caswell in January. Dr. Caston, Director of the Psychology Department spoke to the group on the psychological aspects of mental retardation. A clinic was also conducted. The class toured the educational and training facilities as well as living units.

Rev. Arthur A. Lidebuhr, pastor of Faith Lutheran Church, visited the campus on Thursday. He brought a generous contribution of religious literature.

Nine members of the Kinston Home Gardener's Club visited Caswell School. They brought a large variety of potted plants and bulbs which will be distributed among the cottages and other living units. Rev. Lawson, Public Relations Director for Caswell, greeted the group, discussed wtih them the various aspects of Caswell and conducted a brief tour of the facility. This club decided to adopt the beautification of the two large bricked-in areas on either side of the stairs to the main entrance of the central hospital.

Mr. John Umstead, chairman of the Hospitals Board of Control has spent sometime on the campus conferring with Dr. Badrock, Superintendent and Mr. Stroud, Business Manager.

Mr. Gareth D. Thorne, general director of training has been on the campus to confer with Mr. Wise, the Director of Training and Education.

Professor Moris Mitchell of the Department of Physical Education at East Carolina College brought forty students from his classes to visit Caswell.

Mrs. Ray Rose, employed at the well known Letchworth Village School for the Retarded in New York state visited Caswell for a day in February.

Mr. Allen Cohen, a psychologist with the N. C. State Department of Public Instruction who works as a supervisor of public school classes for the mentally retarded visited Caswell.

Chaplain James Arnette of the O'Berry School for the Retarded in Goldsboro and Chaplain Ronald Coley of the Cherry Hospital in Goldsboro visited and toured Caswell campus.

A group of thirteen students and two instruc-

tors of Elizabeth City School of Practical Nursing visited Caswell. The group toured the academic school, basic training, central hospital, clinic, drug room, dental facilities, crippled children's hospital and some of the living units. Mrs. Tisdale, Director of Nurses explained the various nursing practices.

A group of twenty young people from the Cove City Methodist Church spent some time at Caswell on March 16 and were toured through some of the facilities.

Mr. Michael Begot and Mrs. Kate Helms of the National Office of the Children's Bureau in Washington, D. C., Mrs. Christine Muhlbock, regional adviser of the Children's Bureau in Charlottesville, Va., and Miss Helen E. Ripple, Supervisor, Foster Home Placement of the N. C. State Board of Welfare were visitors for a day. The out-of-state visitors had heard about Caswell and wanted to see the institution.

Two members of the Kinston Junior Woman's Club visited the campus in March.

The medical students from the University of the North Carolina Medical School have been on the campus for one day per month for their orientation course in the medical aspects of mental retardation.

Mr. Clifton Beckwith, executive secretary of the N. C. State Employees Association had a conference with Dr. Badrock and made arrangements for two general meetings at Caswell for the discussion of the 1961 legislative program of the Association with particular emphasis on ways and means to secure a 40 hour work week for all employees. There will also be a report on the general attitude of the several candidates for governor.

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STORIES

The following stories have been written by the students and printed in "The Caswell Short Stories." Editor.

The following is written by a student in Miss Hadge's class:

Our class has been so busy doing different things. There are a lot of things we have already learned. These are the things we have been doing. We have a multiplication and division bingo game which helps us in working out arithmetic problems. We also have cards that have our names on them and we check in and out on the cards and we put them back into the file box. We are learning how to fill out application forms. All of our class has given oral reports taken from the **Reader's Digest.** There have been some very good reports given by our class. We are looking for want-ads in newspapers. Our teacher is explaining how to get a job in the want-ads.

We are learning how to carry on a meeting. We have had Nancy for president, Ruth for secretary, and Rebecca for treasurer. All our class will have a chance to be president. I think our class has many interesting things to do. I hope you all had many, many happy holidays. I hope you will learn as much as we have. We love our teacher. We hope you do too.

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The next is by a student in Mrs. Sutton's Class:

We all came back to school after Christmas. I guess we all had a nice Christmas. I am sure the people that stayed at Caswell had a nice Christmas. This month is January, 1960. I hope you all had a nice New Year. We have been doing Spelling, Multiplication, and Studying about Signs in our classroom. Some of our boys and girls are Studying hard to get a job. All the girls in Mrs. Sutton's Classroom are taking Home Economics this year. We all like it.

* * *

The next story is by a student in Mrs. Baker's class:

Christmas is over, we are all back in school. We had a wonderful time. Some of us went home and some of us stayed here. We want to know why Christmas comes only once a year. January is cold. There are many January songs. We sing many of them. We have worked hard to learn to tell the time. We have had fun with the clock. We have had games, songs, stories and toy clocks to work with. Now we can tell the hour and the half-hour. See you next month.

* * *

The following is by a student in Mrs. Barnes' class:

We have spent a lot of time this month getting ready for our program. We hope every one will like it. We enjoyed our trip to the Colonial Store and to the Carolina Dairy. Mr. Walker at Carolina Dairy gave us a chocolate milk. We drank it on the bus. We like our new books and new puzzles. We have new crayons too. Our class party will be next Thursday.

* * *

A student in Mrs. Parrott's class writes:

Spelling match! We like spelling, we are learning to spell lots of new words. We like to find the new words in our reading lesson every day. Our classes had spelling matches with Mr. Faircloth's classes. His classes won the first time and it was a tie the next time. We want to have another match oon. We are working hard so we will be ready. We like to play. We go to the playground when it is warm. We like to play games.

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Facts And Figures

Population at Caswell at the first of April 1960 is 1766 pupils and patients. During the first three months of 1960 there were 33 admissions; 4 placements; 2 transfers from other institutions - making a total of 39 admissions. Discharges included 13 to placement; 131 transferred to other institutions; 12 deaths making a total of 156 discharges. In regards to placements there were 13 put on placement and 12 discharged from placement. On the waiting list there are 362 applications with 40 being referred during the last 3 months.

The following are the personnel figures for the various offices in the professional departments: Superintendent 2 (1 secretary); Cottage Life Department 212; Medical Department 60; Training and Education Department 30; Psychology Department 2; Chaplain and Public Relations 1; Social Service 3; Secretarial Pool 2.

There are 40 living units on the campus. This does not include the Crippled Children's Hospital. In these 40 living units there are an average of 4 house parents on duty 24 hours each day, with 10 supervisory personnel in these units.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

God's Children

We call them retarded because they are slow,
Unfortunate, too? -- A thousand times, "No".

Is it so tragic to live out one's life
Free from the worry of struggle and strife?
Free from the gnawings of envy and greed,
Free from desire to fill every need.

To show the world we're so big and so smart,
To spend all our time just playing a part
For which, perhaps, we're not even fitted
But to which by some fate, we've been so committed?

A dignity's theirs the rest of us lack,
They have no need to slap on the back
Another from whom they seek favor, or things.
Their trust's in the One from Whom all favor springs.

To be sure, with not one would we want to change places;
And yet, just a glance at their sweet happy faces
Should prove beyond doubt that they really know
They are God's children -- the retarded and slow.

—*By Marjorie McMaster*

July, 1960

Volume XXV

Number 3

The Caswell News

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Frank Badrock, M.D. ..... Superintendent
Mr. S. H. Stroud ..... Business Manager

Editor ..... Pearl L. Adkins
Circulating Manager ..... Sarah E. Claytor
Secretary ..... Mrs. Mary E. Collins
Treasurer ..... Mrs. Evelyn Wiggins

In Appreciation

Words of sincere appreciation go to Mrs. Martha Barnes and Mrs. Jeannette Parrott for their many years of devotion and service to Caswell. With the closing of the academic school on May 31, Mrs. Barnes and Mrs. Parrott retired. It was with regret that the staff and the boys and girls said their goodbys. Both these women brought to Caswell an understanding, a maturity and a knowledge as well as a devotion seldom found on any staff. They were liked by one and all and will be missed in all areas of the campus life.

Mrs. Barnes joined the Caswell School staff as an academic school teacher in 1929 and after teaching two years she was promoted to be principal of the school. This position she held until 1956 when she resumed her work as a classroom teacher. When Mrs. Barnes first started to teach, classes were held over the dining room. She has observed many changes in the course of years. In 1935 as principal along with the rest of the teaching staff, she had the thrill of moving into a new school building. Gradually Caswell outgrew this building and some of the classes once again had to be held over the dining room. Before Mrs. Barnes retired she saw another long-hoped-for dream begin to materialize in the laying of the ground work for a new all-purpose school building.

Mrs. Parrott joined the Caswell staff as a teacher in 1948. However she had been associated with Caswell since 1916 because of her husband's service as a physician without pay under Dr. C. C. McNairy. During those years she frequently visited Caswell with her husband. When Dr. Tom Parrott was appointed Superintendent in 1938 she actually became a part of Caswell. Upon the death of her husband in 1948, she began her teaching career and has remained a very loyal servant and staunch supporter of Caswell.

To these two women who have played an important part in Caswell's development the staff expresses its deep and abiding appreciation and wishes both Mrs. Barnes and Mrs. Parrott many happy and fruitful years ahead. May God bless you both.

A Tribute

As of the first of June Caswell lost the valuable services of Mr. Daniel C. Wise, who was the Director of Education and Training at Caswell. Mr. Wise came to Caswell in August of 1955 as an assistant in the Training and Education Department. Because of his past experience and training he was made the Director of Vocational Training in August 1956 and from there he was promoted to the Directorship of the Department in the fall of 1957. Mr. Wise left Caswell to become the Director of the new Lenoir County Industrial Education Program. He is fully qualified to assume this responsibility as he holds a Master of Arts degree in industrial education and has had considerable experience in this area.

Caswell has lost a conscientious and loyal employee and a person who gave generously of his time, his energy, his experience and his initiative. Mr. Wise took his work seriously. He did not measure the day's work by the eight hours required of employees but by the needs which confronted him daily. He worked many long hours overtime and he frequently went beyond the call of duty. As the Christian he is, he willingly went the second mile. He had high standards and expected those whom he supervised and directed to give of their best. He is a man of integrity and honor. His main and foremost purpose at Caswell was the welfare and the best interest of the boys and girls. He organized and promoted many activities for all of them who came under the jurisdiction of his department. Mr. Wise was never too busy to try to help any boy or girl and many times parents who sought him out for help with their problems. The boys and girls have lost a loyal friend and supporter. Mr. Wise was also vitally concerned with promoting better public relations and much credit must go to Mr. Wise for the many generous donations and gifts Caswell has received from the many interested clubs and friends of Caswell throughout the state of North Carolina. He has promoted much good will as he realized the boys and girls were the ones to benefit from this.

The staff is sorry to have lost Mr. Wise but in this issue of Caswell News, the staff wishes to extend its deep and heartfelt appreciation to him for the work he did and the contributions he has made to the onward growth of Caswell.

Caswell wishes him all the success possible in this new venture.

Basic Training Program

The new program in the Basic Training Department is geared to concentrate on those students mainly in the trainable range not at present served by the academic school, vocational training or work assignment programs.

The new program is three-fold in its nature. There are classes for young colony boys and girls preparing for cottage placement. There are classes for young trainables preparing for work at Caswell. There are also classes for young educables who need basic skills and more maturity in order to succeed in kindergarten or primary classes.

The classes for the young colony boys and girls are designed to train those young colony boys and girls who are prospects for moving to a cottage or higher living unit to be more self-sufficient and more familiar with the campus and more proficient in the things that they will be expected to do in the higher living unit that they will adjust much easier when they move. This is provided for by activities which will familiarize them with and attach them psychologically to the other areas of the campus as a community of which they are a part. Also they practice skills which will be of special importance in their adjustment and in their routine when they progress to a cottage of higher skill, higher social level and of boys and girls of less dependence on others. This is done by tours of the campus areas, especially those of prime interest and concern to them; practice in carrying their trays; practice in better table manners; practice in undressing and dressing and in hanging up of clothes; speaking and listening and doing simple things to request; and practice in being polite and moving in groups quietly and collectively.

The classes for prevocational boys and girls are planned to better prepare them so that they will have less difficulty in adjusting on the job. This will be accomplished by providing actual practice in using implements and tools. The students practice mopping, scrubbing, digging ditches, mowing grass, sewing simple stitches, using treadle machines or if advanced enough sewing on electric machines and actually making things, and ironing clothing. They practice carrying out instructions. They have activities in verbalizing and improving speech. They practice making clear answers. They take tours of the campus to gain a better concept of location and their part in the total operation of the community. They gain confidence in meeting new people and in experiencing new situations.

The purpose of the pre-academic classes is to prepare those educables not yet mature enough for academic work for kindergarten or first grade.

Mixed classes of boys and girls who are grouped according to need are led in activities which build their social adjustment, improve their form conception, their dexterity and their ability to use large crayons and large pencils. Their interests are stimulated and their imaginations are put to work by pictures, stories, art activities, little dramas in which they act out various animal concepts and object concepts. They work together. Long interest span is encouraged. Practice is provided in good manners, problem solving, good health, exercise and safety.

A few other classes will continue tentatively which will meet once weekly. These classes consist of: boys confined and not adequately provided for in Parrott 3; girls confined and not adequately provided for in Johnson 4; girls who come once a week to sewing class to do hobby and sewing skill work. Many students not assigned are serviced with craft materials and instruction.

SIDELIGHTS

The Kinston Junior Woman's Club won the coveted Parrott Silver Punch Bowl at the State Convention of Junior Woman's Club in Raleigh during April. The Parrott award is given to the Club which has done the most outstanding work during the year in behalf of Caswell. Mrs. Parrott, a teacher at Caswell presented the award. Mr. Daniel C. Wise, Director of Training and Education spoke on behalf of Caswell. The second place award went to the New Bern Woman's Club.

Caswell participated in the Lenoir County arts and crafts festival. Three sections of Caswell were represented in the display. They were the home economics department, the art classes of the academic school and the basic training department. Mr. Reece Howell, Director of the Basic Training Department was in charge of the project. Many of the academic school students had the opportunity of visiting the exhibition.

A Sunrise Service was held on Easter morning at 5:45 a. m. in the Recreation Building at Caswell. The advanced chorus under the direction of Miss Carolyn Harwell sang special Easter songs. Both the junior and senior choirs also participated. Chaplain Lawson delivered an Easter message. The regular Chapel services were held at the usual hours in the school auditorium.

The Kinston Junior Woman's Club held an Easter egg hunt for the boys of Cottage 7.

Around 190 boys and girls enjoyed a visit home during the Easter week-end.

The advanced chorus and rhythm section under the direction of Miss Carolyn Harwell, music teacher, gave a spring concert of an assembly of students at Grainger High School.

All buildings were inspected by the property Control Division of the Department of Administration. Also during this past quarter representatives of the State Auditing Department made their annual audit of the financial records.

The American Red Cross is sponsoring a course on first aid for cottage parents, practical nurses and nurse's aides. This course will last five weeks and will be repeated.

Mr. Isham Bland, recreation department aide, has been holding weiner roasts for the various living units and work sections. These roasts are being thoroughly enjoyed by all who have participated.

In May the recreation department started

work on making ready the swimming pool. The children have been thoroughly enjoying the opportunities they have been having both in the swimming and wading pools.

A group of University of North Carolina medical students continued to spend a day during April and May on the campus for orientation purposes.

The Advanced Home Economics Classes under the direction of Miss Alease High and Mrs. Betty Howes, director and assistant director of the Home Economics Department held a farewell reception in honor of Mrs. B. S. Barnes, Mrs. W. T. Parrott and Daniel C. Wise who are leaving the service of Caswell School. The girls in the home economics classes served as hostesses. All of the Caswell staff were invited.

Caswell's annual awards night for the training and education department was held on Monday evening, May 30. This is comparable to commencement exercises held in the public schools. There were scholarship awards presented by the various academic teachers. There were also special awards given for the safety patrol, home economics, good worker, recreation, physical education and basic training. Mr. Bissette, Principal of the Academic School presided. He was assisted by Dr. Badrock, Mr. Wise, Mr. Batts and the teachers.

A ladies' softball team has been organized at Caswell. Mr. Isham Bland of the Recreation Department and Judson Kinney of the Cottage Life Department are the coaches. The team will play other local teams.

The Kinston Junior Woman's Club sponsored the vacation bible school for the second year. This was held during June 6-10. There was an average of 170 who attended. Twenty women from the Junior Woman's Club assisted with the help of ten Caswell students. Chaplain Lawson felt this was a highly successful program.

A group of girls from Cottage 2 attended the morning worship service at the Glen Raven Baptist Church.

The Recreation Department organized a life saving instruction course for the purpose of preparing volunteer life savers.

This is canning season at Caswell. Many hands have been busy harvesting and preserving over 2000 gallons of dewberries.

During April, Mrs. Rodolph Nunn, arts and crafts teacher in the academic department assisted by one of the students gave a demonstration of the techniques and results of her work among the students at Caswell on the "Hospitality House" program over WITN. In June on the same T.V. program the farm program was discussed. Mr. George Rouse, administrative assistant, Mr. Richard L. Matthis, farm manager and Mr. A. Jule Oliver, dairy supervisor, were interviewed by Chaplain D. W. Lawson who directs and coordinates these programs.

The Caswell Boy Scout Troop participated in the Boy Scout Camporee held in Rich Square on April 22, 23 and 24. Honors in the form of three white ribbons and one red ribbon were won by the Caswell Scouts. The adult leaders who went with the troop were Waylon Bissette, Johnnie Braxton, Isham Bland and Ray Bland. In May, Ivey Stroud was appointed Scoutmaster; Assistant Scoutmasters: Ray Bland, Thomas Haskins and Allen Ramsey. Mr. Waylon Bissette is Institutional Representative, Chaplain Lawson, Chairman of the Troop Committee and Guy Johnson - Secretary-Treasurer of the Committee. On June 26 the troop left for a week at Camp Charles. They were accompanied by the assistant scoutmasters, Ray Bland and Tom Haskins. This week at Camp was made possible through the generous contributions of the Junior and Senior Woman's Clubs all over the state.

Caswell chartered its first Girl Scout Troop under the sponsorship of the State Ladies' Auxiliary of the Veterans of Foreign Wars. Miss Alease High who is the Home Economics Director is the Girl Scout leader. She is assisted by Miss Mary Hadge, a teacher, and Miss Pearl Adkins, Director of Social Service. The uniforms complete with berets, sox, belts and shoes were financed by the sponsoring agency. Mrs. Bob Bland, the State Caswell Chairman for the Ladies' Auxiliaries of the Veterans of Foreign Wars in N. C., has worked diligently towards having this troop organized and this organization has promised continued support. The girls are quite excited about this organization and it is felt this will grow into a larger Troop. Mrs. Ida Smith, Mrs. Lydia Rackley, Mrs. Alice Page along with Mrs. Bland are the Scout Committee. Mrs. Lillian Bryant the local Girl Scout Executive assisted with organizing of the troop.

The monthly orientation workshops for Public Health nurses and the welfare workers met for three days during April and May. The following counties sent case workers: Lenoir, Duplin, Pasquotank, Mecklenburg, Lincoln, Cleveland and Buncombe. The following counties sent public health nurses, Duplin, Wayne, Wake, Pitt, Chowan and Perquimans. The State Health Department sent a nutrition consultant and a physical therapy consultant. An institutional nutrition consultant from the Children's Bureau in Washington, D. C., was present for the three day program. There will be no workshops during June, July and August.

The recreation department has been installing playground equipment behind several of the living units. The equipment which has included eight volley ball courts and five horseshoe pits, has been set up in preparation for an intramural program. The softball team is in action. They won 2 games and lost two very close ones. Two of the boys are leading the league in hits and home runs. The Recreation Department has changed its program so the boys and girls are allowed to date at the movies. They are allowed to sit together at the movies and there have been no problems. Two of the staff members completed a course in senior life saving instruction and are qualified teachers. During the month of June 5,905 persons per week were reached through some activity of the recreation department. This includes special activities for the hospitals and colonies as well as the other regular activities.

(Please turn to page 8)

A Visit To McNairy

The following is another in a series of the life in the various living units written by Mrs. Betty Lawson.

Editor

The McNairy building stands at the north-east corner of the Caswell Community. On one side of the building is a large field where baseball games are held, on the south side is a grove of tall pines and to the west the new academic school is being built. This living unit which was named for Dr. McNairy, the first superintendent of Caswell, is presently the home of 71 of our older girls and women. They range in age from approximately 20 to 60 years and most of them have been at Caswell for a number of years. Some of them came to the school as little girls, attended academic classes and are now working in various jobs on campus. Others came to us when older, perhaps upon the death of a parent.

The living unit is a large one-story brick structure containing a spacious sun parlor, dormitory, television room, dressing rooms and baths. The sun parlor is attractively decorated with plants, cut flowers from the garden, and colorful cushions and curtains, which help to give the room a cheerful atmosphere. Pictures of landscapes, animals and flowers and several paintings done by the girls hang on the walls. In the dormitory each girl has her own bed and many are decorated with a favorite stuffed animal or doll.

Most of the girls have various campus jobs except for ten who help in the living unit with the cleaning, sorting of laundry and the various other daily jobs necessary to keep their home shining and spotless. Some girls help in the laundry with the washing and ironing, others work in the kitchen and dining room preparing food and setting tables. During the harvest season they are busy in the cannery preparing the fruits and vegetables from the school's numerous gardens. Still others help out in our central hospital, colony buildings, and Chippled Children's living unit where they assist in the care of those less able to help themselves. These girls seem to enjoy caring for the younger children and become quite attached to them. Several assist with the craft's program in the basic training department while others are messengers for various offices. A large number of McNairy girls work in the sewing room making pretty dresses, shirts and other garments for the boys and girls at the school. At present three girls are working as helpers in employee homes on campus. Some are employed in homes in the community. These girls live off campus but there is a bed for them in the living unit if the need should arise for their return. They perform various jobs including housework, childcare, and assisting in a nursery school and rest home.

Life at McNairy, however, is not all work and no play. Various activities are planned for almost every night of the week. The girls attend the movies every Tuesday and Friday night where they enjoy musicals, westerns, and comedies. On Sundays they attend chapel services, participate in the singing, and often lead a prayer or read from the Bible. Many look forward to the weekly dance at the recreation building. Those who enjoy swimming are able to have a dip in the new pool at least twice a week. A number of the girls like to watch the campus baseball games. Those who wish to actively participate in sports have the opportunity to play volley ball. In the winter when there is less opportunity for outdoor activity the girls attend bingo parties at the recreation building and Wednesday night vesper services at the chapel. Every girl in the living unit has a campus pass which allows her the freedom of the grounds. She may go to the store for a drink, to the library to select a book to read, or simply for a walk around the campus on the girls' side. The only restriction on the pass is that the cottage parents must be informed of where a girl is going so she can be located if necessary.

Some girls prefer to stay in the living unit rather than take part in the activity of the evening. They may use this time to wash and iron their best dresses or to shampoo and set their hair. Others will write letters or play a game of checkers with a friend. A number of girls do very nice embroidery and work on table cloths or pillow cases for relatives, or for sale through the basic training department. You will always find a group listening to the radio, playing records or watching television. On Monday, Wednesday and Saturday nights the cottage parents put on a coffee hour. There are also special events such as watermelon cuttings, hot dog roasts and birthday parties during the year. Occasionally a cottage parent will take a group of four or five girls to town on a shopping trip, which is always keenly anticipated. Approximately half the girls in McNairy go home for vacations during the summer months and at Christmas time.

It is a difficult job to single out one or two girls as each one is a distinct personality with an interesting story to tell. However, one girl has been at Caswell since the school opened and has seen many changes occur down through the years. Erma will be sixty in November and came to Caswell as a girl of fourteen. She arrived on campus in June 1914 and as the dormitory was not completed she stayed in Dr. McNairy's home (now occupied by the business manager) for several weeks. Erma can recall the fun they had playing "Farmer in the Dell" and "Drop the Handkerchief" in the big back yard behind the doctor's house. Once the dormitory was finished the children had to "tote" water from the superintendent's home up the hill to the dormitory for drinking purposes. On Sunday a horse and buggy took the children into town for church. She remembers many happy occasions when they danced the Virginia Reel and sang to the tune of a fiddler. Erma has worked in many different jobs on campus including the laundry when irons were heated on the stove and in the kitchen before the days of dish washing machines. For about twenty years she assisted in various employee homes doing house work, caring for children and gardening. Today, Erma, or "Granny" as she is affectionately known to her friends, is retired as far

as having a special job assignment. However, Erma is not one to be idle and busies herself planting and caring for her rather extensive flower garden around the building. As she puts it, "I'm happy when I'm busy." She is loved and respected by the other girls and in turn likes to mother them. She always has a sympathetic ear or a word of good cheer for those who need it.

In May of 1960 Lucille came to Caswell. She is 32 years old and although it is sometimes rather difficult for one who has had the freedom of life in the community for that length of time to adjust to the Caswell environment, Lucille has already found her place here. She is a happy-go-lucky girl by nature and her friendly spirit and sunny disposition seem contagious. When there is a group of girls together laughing, Lucille is sure to be the cause. When not busy cheerfully helping in her living unit she can be found splashing in the pool or doing some very nice embroidery. Erma and Lucille are a contrast between the oldest and newest of the McNairy girls, but both are enjoying life at Caswell and each is contributing in her own way to the happiness of others.

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VISITORS

A Class in the Psychology of Mental Deficiency from East Carolina College visited Caswell on April 16. This group was composed largely of senior or graduate students. Dr. Caston lectured to them on the psychological aspects of mental retardation. He also conducted a clinic. The group was taken on a tour of Children's Cottages by Mr. Guy Johnson, Director of Cottage Life Department - Mr. Leroy Batts, Director of Student Evaluation conducted a tour of the academic school and Basic Training facilities. The Director of the Social Service Department, Miss Pearl Adkins, spoke to the group on "Admission Policies."

Mr. N. H. Cox, State Auditor for the Teachers and State Employees Retirement System was guest speaker at the Caswell All-Staff meeting in April.

On April 28 the members of the Tau Sigma Educational Honorary Fraternity of East Carolina College were visitors. They were conducted on a tour, participated in clinic for clinical types and were conducted through the Training and Education units.

Mrs. Rufus B. Hurt, former Director of Religious Education and Public Relations visited Caswell in April.

Professor Lewis R. Aiken, Jr., and his class of forty students in child psychology from Atlantic Christian College visited Caswell on May 6. Included in their itinerary was a lecture by Dr. Caston on the psychological aspects of mental retardation; a clinic on the various types of retardation conducted by Dr. Matt C. Harper, Jr., and a tour of the training and education departments.

Miss Erline Mayberry, State President; Mrs. C. D. Thomas, State President-Elect, accompanied by Mrs. Bob Bland, State Caswell chairman of the Ladies' Auxiliary Veterans of Foreign Wars visited Caswell on May 7. Mr. Daniel C. Wise, Director of Training and Education escorted the ladies on a tour after they were greeted by Dr. Frank Badrock and Mr. Speight H. Stroud, superintendent and business manager respectively.

Mrs. W. W. Wicks and Mrs. Joe Johnson, president and president-elect of the Roanoke Rapids Junior Woman's Club visited Caswell the early part of May. They brought a large collection of good, used clothing and a large carton of toilet articles and notions and a generous monetary donation for the children's fund. Mr. Wise escorted the ladies on a tour of the campus.

Mr. Gareth D. Thorne, General Director of Training and Education for the N. C. Hospitals Board of Control, has visited Caswell several times during April, May and June.

Dr. R. S. Spear, Principal of New Bern High School and forty students in his psychology class toured some of Caswell's facilities on May 16. They were given information as to the psychological, religious, education and training aspects for the boys and girls at Caswell.

Also in May Mr. T. O. Page, supervisor of special education in Wilmington and New Hanover County and five of his teachers came to Caswell to observe the training and educational facilities.

The New Bern Junior Woman's Club held a birthday party for one of the boys in Tapp 3. All the boys in Tapp 3 were invited. Games were played and refreshments were served.

Mrs. B. C. Langston, a member of the Lenoir County Garden Club visited Cottage I, for which she brought a beautiful large painting for the sun parlor. The club has adopted this cottage as a project.

Mrs. Edwin Davis, secretary-treasurer of the Moss Hill Home Demonstration Club, accompanied by Mrs. Roland Davis and Mrs. Isler Davis were visitors to Caswell in June. They brought with them a large collection of material gifts.

Mrs. Felton Rackley and Mrs. Howard Cottle, together with seven members of the Girl's Auxiliary of the Rose Hill Baptist Church visited Caswell in June. They were briefed on the program and taken on a short tour.

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PERSONNEL

Towards the end of May, Dr. Badrock announced the appointment of Mr. Waylon L. Bissette to the position of Director of Training and Education. Mr. Bissette assumes the position formerly headed by Mr. Daniel C. Wise. Mr. Bissette joined the staff of Caswell in 1954, an instructor in Basic Training. That same year he became Director of the Recreation Department and held that post until 1957 when he was promoted to be principal of the academic school. Mr. Bissette is a graduate of Atlantic Christian College and has the Master of Arts in Education degree from East Carolina College. Before joining the Caswell staff he spent four years in the U. S. Air Force.

As of the first of June, Mr. Robert Donald Ryan started working for the new rehabilitation center to be established at Caswell. Mr. Ryan is a native of Fuquay Springs. He is a graduate of

North Carolina State College with a degree in Industrial Arts. Following his graduation he took a twelve-week course in manual arts therapy at the Veterans Administration Hospital in Salisbury.

Mrs. May Stroud, Dietician, and Mrs. Jean Foscue, Assistant Dietician at Caswell, attended a convention of dieticians in Raleigh for two days during April.

Mrs. Evelyn Williford, formerly an employee of the Jordan TV and Appliance Company of Smithfield, has joined the staff of the business office. Mrs. Williford took the place vacated by Mrs. A. L. Moye, who with her husband is moving to Virginia.

Miss Pearl Adkins, director and Mrs. Betty M. Lawson, Assistant director of the Social Service Department attended the conference for Social Service held in Raleigh during April.

In April, Mr. Speight H. Stroud, Business Manager, attended a meeting at the Department of Administration in Raleigh. Under consideration were budgetary matters to come before the next biennium.

Dr. Frank Badrock, Superintendent, Mr. Matt C. Harper, Jr., Medical Director and Dr. W. Frank Caston and Stephen Davis, Director and Assistant Director of the Psychology Department, attended a symposium on research in psychopharmcology in Raleigh. The meeting was sponsored by the N. C. Hospitals Board of Control.

All the friends of Miss Elizabeth M. Brown, formerly the Director of the Psychological Services, wished her a bon voyage. She and her brother sailed in May to Japan and Korea where she will visit two nephews who are missionaries in these countries.

On April 22 and 23, Mr. Daniel Wise, Director of Education and Training represented Caswell at the N. C. Association for Retarded Children's Annual state convention in Asheville.

Dr. Frank Caston was appointed Membership Chairman for District 7 of the Southeastern Region of the American Association on Mental Deficiency.

Chaplain Donald W. Lawson spoke at a Junior Day area meeting of the Junior Woman's clubs in Reidsville in April.

On April 27 the Training and Education Departments of the three schools, Murdoch, O'Berry and Caswell held their annual Spring conference at Murdoch School in Butner. All but two members of Caswell's Department of Training and Education attended. Mr. Waylon Bissette, Principal of the Academic school gave a report on his visit to Sunland Training Center in Gainesville, Florida. Dr. Caston, Director of Psychological Services also spoke on his trip to the Vineland Schools. Those attending beside the Training and Education Department were Miss Pearl Adkins, Director of Social Service, Mr. Guy Johnson and John Croom, Director and Supervisor of the Cottage Life Department, and Mr. Stephen Davis of the Psychology Department. Dr. Paul Penningroth, Executive Director of the Southern Regional Education Board in Atlanta was the main speaker. All who had received a grant from this board spoke on the various trips which each had made.

Several new persons joined the nursing staff during April and May. They are Miss Nannie Mae Cauley, and Mrs. Mary Gaylor of Kinston; Miss Joanne Pitmann of LaGrange, Miss Barbara Watson of Knightdale, Mrs. Helen Reynolds of Ayden and Miss Grace Hales of Kenly. These women are graduates of the School of Practical Nursing in Goldsboro.

Mr. Speight Stroud, Business Manager, attended a meeting in Raleigh regarding the proposed rehabilitation program which is soon to be established at Caswell.

Dr. Badrock showed a film, the subject of which was "African Journey" to members of the Caswell All-Staff meeting held in May. A question and answer period followed.

In May, Chaplain Lawson who is also the Director of Public Relations, spoke to the Kinston Kiwanis Club at their regular meeting. His topic was the Caswell Story.

Dr. and Mrs. Frank Caston attended the inauguration of Dr. Jenkins as the new president of East Carolina College in Greenville. Dr. Caston represented Mars Hill College which he attended and Mrs. Caston represented Winthrop College, her alma mater.

Dr. C. C. Hale, Dentist at Caswell, was given a grant under the In-service Training Program of the National Institute of Mental Health to visit the Sunland Training Center in Gainesville, Florida. This program was administered by the Southern Regional Education Board.

Chaplain Lawson, Director of Public Relations, spoke to the Bladen County Association for Retarded Children on May 12. He also showed the film, "The Caswell Story".

The appointment of LeRoy O. Batts, Jr., a native of Kinston, to the position of Principal of the Academic School was announced by Dr. Frank Badrock, superintendent. Mr. Batts assumed his duties as of June 1. In July of 1958, Mr. Batts came to Caswell as the Director of Student Evaluation in the Department of Training and Education. He is a graduate of Atlantic Christian College and did his graduate work at N. C. State College. Interne work was done at the Woodrow Wilson Rehabilitation Center in Fisherville, Va.

The "Caswell Story" film and discussion of how interested groups may be of benefit to students at Caswell School were focal points in presentations made by two representatives from Caswell during May. LeRoy O. Batts, Jr., spoke to the Civitan Club and Rev. Donald W. Lawson, Chaplain and Director of Public Relations spoke to the Macclesfield Woman's Club.

Dr. Frank Badrock represented the Hospitals Board of Control at a meeting of the Southern Regional Education Board in Atlanta, Georgia. A number of Caswell employees have been recipients of grants under this program and have been able to visit other similar institutions.

Mr. Guy Johnson, Director of Cottage Life, visited the Umstead Hospital to confer with Dr. W. C. Rippy, Jr., clinic psychiatrist, and Tal D. Towler, supervisor of child care workers at the children's unit at the Hospital.

Dr. Badrock, superintendent, announced the employment of three registered nurses in June. They are Mrs. Yvonne Pickett, Mrs. Elizabeth Griffin and Mrs. Doris Rouse, all of Kinston.

Mr. W. E. Mumford, maintenance repair supervisor, Mr. Tom Broome, maintenance engineer and Mr. Hugh Sellers, electrical engineer, attended an engineering and maintenance meeting at the Broughton Hospital in Morganton.

Miss Jean Holt, a student at Eastern Carolina College and Mr. Odell Faircloth, an academic school teacher, are working in the Recreation Department during the summer. Mr. Faircloth is in charge of the intra-mural sports program for boys, while Miss Holt is working with the swimming program.

Mr. Waylon L. Bissette, Director of Training and Education and Mr. Reece Howell, Director of Basic Training, attended a conference on Curriculum Development for the N. C. Schools for the Mentally Retarded.

The cottage life department has employed the following people as building parents: Mrs. Lois Kornegay, Mr. Ashley Jones, Mrs. Louise White, Mrs. Margaret Edwards, Mrs. Doris Thigpen, Mr. Allen Ramsey, all from Kinston, and Mr. Jerome Page from Pink Hill.

Mr. Stephen A. Davis, who has been a member of the psychology department resigned to accept a position as staff psychologist at the Maryland Training School for Boys in Baltimore, Maryland.

Chaplain Lawson spoke to the Junior Club section at the Council Institute of the North Carolina Federation of Women's Clubs meeting at Women's College in Greensboro.

On May 27 the Caswell Staff had a farewell Open House at the Staff House for Mr. and Mrs. Dan Wise. Mr. Wise resigned to assume the Directorship of the Lenoir County Industrial Education Program. A large number of the staff attended and he was presented with a brief case, a traveling shaving kit and tie rack.

The cottage life department is sending two cottage parents every three months for a 3-months' training assignment to the John Umstead Hospital to work with the pilot project which is now operating for the treatment of the emotionally disturbed child. Although Caswell's residents are mentally retarded and not emotionally disturbed ones, it was the feeling of the Board that a certain amount of training would be meaningful and practical to Caswell's building parents. Mr. Thomas Haskins and Mrs. Melissa Fussell have already completed a three months course. Mrs. Doris Barwick and Mr. Woodrow Thigpen are at the Hospital taking the course. These people feel it is a worthwhile and helpful experience.

In May several staff members attended the annual convention of the American Association on Mental Deficiency. Those attending were Pearl Adkins, Mr. Guy Johnson, Dr. Frank Badrock, Dr. Frank Caston, Mr. John Croom, Mr. Stephen Davis, and Chaplain Donald Lawson. Chaplain Lawson read a paper on "A Survey of Present Trends in the Religious Education of Mentally Retarded Persons," at one of the sessions.

SIDELIGHTS

(From page 4)

In the Home Economics Department a class of six advanced sewing room girls has been organized. This class meets daily from 12:45 p. m. to 2:45 p. m. These girls are learning to sew the assembly line way, using factory methods. In five class sessions the girls had made 75 pairs of girls' bermuda shorts. This is not really production, but it is better than six girls can do not working on the assembly line. The Director of Home Economics feels the girls can do much better and show a desire to improve. Miss High, the Director, also announces that classes have been organized in "Good Manners and Social Development". These classes are made up of young girls from Cottages 1 and 4. The total enrollment for both classes is 28. The objectives are: Improved personal appearance through the practice of good health habits; interest in and knowledge of good grooming habits; some insight into how to behave at social functions; desire to be a better person in the cottage; better boy-girl relationships.

The Kinston Woman's Clubs have donated about 500 dress patterns to the Home Economics Department.

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Open House

Over 1,000 visitors visited Caswell on May 4, Caswell's annual Open House. They came from all over the state and started arriving at 8:00 o'clock in the morning. The large number of visitors set a record. The events of the day included a display and sale of arts and crafts items made by Caswell students in the Basic Training Department, a refreshment table of cookies and punch served by members of the Home Economics Department, assisted by the Food Service Department, and tours of various living units, hospital, school and other facilities conducted by Building Parents. The highlight of the day was the program by the students from the academic school. This included the coronation of the King and Queen of Caswell - a boy and girl chosen for this honor by the students, a minuet, singing of the Advanced Chorus, a style show in which twenty girls modeled their own creations, a dancing number and a dramatic May Pole event rounded out the program. Dr. Badrock, Superintendent, welcomed the guests. He expressed Caswell's gratitude to the many individuals and organizations who have the welfare of Caswell's students at heart. Mr. George Rouse, administrative assistant, gave a short report on the building improvements over the past year. Mr. Waylon Bissette, Principal of the School served as master of ceremonies. Open House is always considered a highlight of the year's activities. This year, Mr. Daniel C. Wise, Director of Education and Training was the chairman and he was assisted by various members of the staff.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

A PRAYER

Dear Heavenly Father, bless each and
Every one of us gathered here;
Bless those who are sick and in need.
Bless our homes, Oh, Lord,
And make us shine for Thee.
Help us to live for Thee every day.
Help us to learn what is best for us;
And help us to be a better friend to Thee
And all of those around us,
Who need our love and understanding.
I ask these things all in Jesus' name
I pray. Amen

This prayer was written by a Caswell student.
Becky S.

October, 1960

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The Caswell News

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Mr. S. H. Stroud ..... Business Manager

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REHABILITATION

The following is written by Mr. William Baxter, Director of the new Caswell Rehabilitation Department at Caswell. - Ed.

Let us introduce you to the latest and youngest member of the North Carolina Rehabilitation family, The Caswell Rehabilitation Center for the mentally retarded, at Caswell School, Kinston, North Carolina.

The Center is a joint project of the North Carolina Division of Vocational Rehabilitation and the Hospitals Board of Control, and its goal is to assist the retardate in obtaining dignity by becoming self-supporting.

The center will be housed in a physical plant containing basic vocational areas of home economics, industrial arts, retail sales training preparation and general agriculture. Other services related to the rehabilitation process such as speech therapy, psychological services and medical services will be available either from the Caswell School Staff or the center. An intensive program of counseling and group therapy sessions will be carried out by the Center Rehabilitation Counseling Staff, which we feel will be very helpful in encouraging the students in trying to appraise and seek answers to job related problems.

The physical plant itself consists of a functional well lighted one story building containing about 7100 square feet and will be situated next to the new Caswell Academic School building with both buildings forming an aesthetically pleasing rectangular cluster.

Besides the basic vocational training areas available in the Center other job areas on the school campus such as the laundry, the school kitchen, sewing room, farm, maintenance shop, shoe shop, and hospital will be open to suitable prospects who, after finishing a prescribed training period, should be able to obtain similar work in the community with the aid of the Vocational Rehabilitation Counselors, the local retarded associations, and other interested civic and lay groups.

A community oriented on-the-job program is already in progress and it is hoped that this can be expanded to include every occupational level and skill feasible with the interests and abilities of the students. This will be an invaluable asset in helping the student to become acclimated to community life.

The students, at present, are referred to the center upon completion of academic school which teaches them basically the 3 R's and places emphasis on tool courses in life adjustment and life goals.

After thoroughly evaluating the students past academic achievement, psychological examination and administering interest inventories and dexterity tests during the initial and subsequent interviews, determination of feasibility for vocational training is made and if the student is accepted vocational training plans are begun.

Several job tryouts in different areas is advisable and after completion of these some decision can be made as to the best apparent program for the student.

Now let us look briefly at the content of the various areas mentioned earlier which would be available at the center. All the vocational areas will be taught by certified teachers with majors in their teaching field.

In the Home Economics program, the basic curriculum will be primarily for the girls with particular stress in such things as proper child care, personal hygiene, meal preparation, use and understanding of the major home appliances and all the other household duties necessary in daily home management. The boys will also be included in the home economics program with classes in simple meal planning and cooking, clothing maintenance and personal hygiene.

The Industrial Arts schedule will include instruction in woodworking, sheet metaling, basic electricity, shop safety, general machine shop practice, general car maintenance including washing, waxing, and servicing and janitorial training. This of course is a masculine program, but serious thought is being given to including the girls for a brief segment in the proper use of hand tools and basic electricity.

The agricultural curriculum will include intensive training in specific areas of farm work.

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SIDELIGHTS

Mr. Donald R. Howard and Mr. Horace High graduate students at N. C. State College spent five weeks on the campus. They are enrolled in the rehabilitation counseling program at State College and while on the campus they explored all areas of the program with the emphasis on rehabilitation as they plan to enter the rehabilitation counselor program.

According to Waylon Bissette there are research programs in three areas of training and educating the mentally retarded at Caswell. In the Basic Training Department efforts are being made to develop new curriculum material. The research is based on the daily living experiences of the children and is coordinated in weekly meetings of department personnel. The new program in basic training is three-fold in nature. There are three classes for young boys and girls preparing for cottage placement, classes for young trainable-level children preparing for work at the institution, and classes for young educable children who need basic living skills and a higher degree of maturity for success in kindergarten and primary classes. The research on this new program will cover a one year period. The second research area is in the academic school. The effort here is directed toward finding out how much communication in general, and verbalization in particular, plays in the learning process. Much has been written in this field relative to the normal child, but relatively little has been written applicable to the needs of the retarded child. With the new vocational rehabilitation program now underway, the need for the educable child to take full advantage of all means of communication, particularly verbalization becomes apparent. The third research project is being conducted by the Director of Student Evaluation. This project has been underway for three years, seeks to find out why a specific group of educable students have not reached their full potential relative to the higher level in their mental abilities.

Two of the Caswell students spent three weeks at Camp Sycamore, the Easter Seal Camp for Crippled Children at the William B. Umstead State Park. This opportunity was made possible through the generous donations of the Whiteville and Gastonia Junior Woman's Clubs.

Mrs. Bob Bland, Caswell Chairman for the Ladies Auxiliaries to the Veterans of Foreign Wars for N. C. donated a combination radio - record player.

Mr. and Mrs. Bruce Yokley of Mount Airy have established a memorial fund at Caswell as a tribute to the late E. C. Rountree of Kinston. The donation of fifty dollors is designated for the purchase of library books for the benefit of the students.

State officials made a preliminary inspection on Thursday of a new electrical switch gear section recently installed in the Caswell School power plant and other electrical improvements made on the campus.

In a recent issue of "Outlook Seven", the official publication of Region 7, American Association on Mental Deficiency, Miss Elizabeth Brown, was honored by having that issue dedicated to her. Miss Brown was formerly the Director of the Psychology Department. She came to Caswell in 1941 and retired in 1958. All of Miss Brown's friends were pleased to hear of this singular honor.

Mrs. Charles Pate and Mr. Eugene Wood, cottage parents in the Cottage Life Department are on a three months clinical training program at the Children's Unit at the John Umstead Hospital at Butner. Mrs. Doris Barwick and Mr. Woodrow Thigpen returned after the completion of their assignment.

The annual institutional Holstein cattle sale was held at Raleigh State Fair grounds in September. Caswell offered eight cows all of which were sold at an average of $460.00. Mr. Oliver, dairy supervisor, represented Caswell.

Over one hundred students participated in the first Lord's Supper ever to be held at the Caswell Chapel. The service was held on September 4 and will be held on the first Sunday of the ensuing months.

New simulated stained glass windows created by the application of lethophane paper directly to the interior glass were placed in the Chapel. This adds to the religious atmosphere of the Chapel.

Thirteen persons from county Health Departments and Welfare Departments attended the three-day Orientation Workshop during September. These workshops have been a part of Caswell's program for several years but none were held during the summer months. These Workshops will continue during the fall, winter and spring months except for the month of December. It is an excellent medium for orientating professional people to all areas and aspects of mental deficiency.

Twelve medical students from the University of N. C. visited Caswell in September. This is part of a training program and orientation course for medical students from the University.

Dr. Ralph Brimley of East Carolina College recently conferred with the Caswell nursing staff relative to the Bachelor of Science in Nursing degree which the college is offering to graduate nurses.

Chaplain Lawson has had his monthly television shows on Channel 7 of WITN. In July he featured the Caswell Girl Scout Troop No. 79. Among his guests on this show were Mrs. Bob Bland, State Chairman for Caswell School of the Ladies Auxiliaries of the Veterans of Foreign Wars, Miss Alease High, Girl Scout leader, the Girl Scouts and Mrs. Doris Petteway of the Basic Training Department as accompanist. In September Mr. Lawson interviewed Mr. William F. Baxter, Director of Caswell's Vocational Rehabilitation Department relative to his new program at Caswell. In August the Basic Training Department was featured.

Miss Madge Blalock, who is the Institutional Consultant and Editorial Librarian from the State

(Please turn to page 8)

FEEDING THE CASWELL FAMILY . . . . .

Approximately 6,000 meals daily are served at Caswell School. This includes three well-balanced meals a day for the 1826 boys and girls, and one or more meals for about 200 of the more than 500 employees who work here. To help with this tremendous operation, there is a staff of 118 paid employees under the capable supervision of Mrs. May Stroud, Food Service Director. The staff includes 2 college graduates in home economics, 8 cooks, 2 bakers, and various supervisors.

The food is prepared and cooked in the central kitchen and served in 20 different areas. Approximately 900 are served in two shifts in the large central dining room adjoining the kitchen. Three hundred of the smaller children are served at the first sitting. Since the food is served cafeteria style, a child must be taught to carry his own tray to the table and after the meal to the dishwashing room. At the second serving, 50 minutes later, 600 of the older residents are served. Our two colony buildings contain 16 dining rooms. Food is carried there from the kitchen in sterilized vacuum containers by panel truck. It is arranged on carts in a serving kitchen and taken to each dining room where it is served on individual trays placed on the tables. In the Crippled Children's Hospital, 100 children are fed at bedside by the nurses and working boys and girls. In the Central Hospital, which averages about 65 patients daily, all special diets are prepared in the new diet kitchen. These diets include diabetic, low-fat, high-protein, soft and liquid, as ordered by the medical staff.

Many parents naturally wonder when they bring a child to Caswell if he will receive the proper nourishment. Every effort is made to see that each child receives a well-balanced diet to help him grow a strong healthy body. There are always a few problem eaters who receive special attention from their cottage parents; and if necessary, the diet is supplemented by milk shakes between meals. However, according to Mrs. Stroud, the main problem the dieticians are confronted with is one of over weight rather than underweight due to the fact that many prefer the more fattening foods. Much time and encouragement is given by the cottage parents to teach each child to enjoy the wide variety of foods served and extra attention is given those with eating problems.

A typical day's menu starts with a hearty breakfast of grapefruit, dry cereal with milk, bacon, boiled eggs, toast, butter, milk and coffee for the older residents. On the same day dinner consisted of pork chops, mashed potatoes, steamed cabbage, bread and butter, spiced peaches, cookies and tea or milk. Supper is generally a lighter meal composed of macaroni and cheese, sliced tomatoes, buttered turnips, bread and butter, ice cream and milk. Chicken is served every Sunday and there are special festive menus for Thanksgiving and Christmas. The food is not only nutritious but is served with an eye for color to make the tray as attractive and appetizing as possible. About 400 children cannot manage regular food because of chewing difficulties, etc., and these are served a pureed diet. A well-balanced meal of ground food is served in one dish along with milk and a strained dessert or ice cream. On the day the writer visited the kitchen and sampled the meal, the dinner dish contained potato, spinach, carrots and liver. It was surprisingly tasty and palatable.

Caswell is fortunate in being able to produce much of the food served here. Practically all the pork used is provided by the hog farm. The dairy herd provides approximately 400 gallons daily, enough milk to furnish each child with a quart per day. The poultry farm furnishes many fresh eggs and chicken is also used as food when the peak of egg production is past. A broiler flock is also raised if it can be worked in between laying flocks. The vegetable gardens supply some greens practically all year round. In season the children enjoy dewberries, watermelon, cantalope, peas, beans, brocolli, rutabagas, squash, egg plant, okra, cucumbers, tomatoes, beets, carrots, corn, irish and sweet potatoes. Most of the garden produce is used fresh but surpluses of field peas, beans, okra, squash and dewberries are frozen, and tomatoes, string beans, squash and vegetables are canned. Many foods such as staple items, meats, fish, fresh fruits and vegetables must be purchased on the outside to supplement what is grown and raised at the school.

Preparations in the kitchen start early—about 5 a. m.—and do not end until 7:30 p. m. at night. A trip through the kitchen is always a treat for here one can see the 350 loaves of bread being baked daily in a huge, rotating oven which keeps the temperature even and prevents burning. The two bakers also prepare biscuits, hot rolls or corn bread daily and baked desserts such as fruit or custard pies, cobblers, simple cakes and doughnuts two or three times a week. Vegetables and stews simmer in the large 100 pound kettles, milk is pasteurized in the pasteurizing and bottling plant, crisp, fresh vegetables for salads and for cooking are being readied in the vegetable preparation room, chickens are plucked by machine in the poultry dressing room and milk shakes are mixed in the ice cream room. Huge walk-in refrigerators store such items as meat, vegetables, left overs, milk and dairy products, each type of food in its own special refrigerator. Far at the back are two special rooms, one to refrigerate garbage overnight and next to it a room for the seaming of garbage cans. Although kitchen operations stop at 7:30 p. m., about 75 night lunches have already been prepared for those boys and girls who work at night in the colony buildings and hospitals. These lunches generally consist of a meat sandwich, fruit and cookies.

Feeding the Caswell family is an astonishingly large and impressive operation. The cleanliness of the kitchen from the spotless floors to the shining utensils give the viewer the impression that all equipment must be new, instead of 10 years old as most of it is. This is substantiated

ACADEMIC SCHOOL

The academic school reports there are 200 pupils enrolled in classes as of September 30. However, in music there are 328 and 146 have been assigned to the art classes. In July the Director of Student Evaluation reported that the overall achievement of the academic children during the school year of 1959 and 1960 was 0.46 of a grade. The latest information available on the national level indicated that the national level was 0.40 of a grade per year.

The editor feels that the following September report by Mr. Leroy Batts, the Academic School Principal, gives a comprehensive, overall picture of what the school is doing for its pupils:

"The fall term of the Academic School officially began on the sixth of September. Prior to the opening, a workshop was conducted for the faculty in general orientation. Policies and procedures for the coming year were introduced and the Standard Curriculum Guide for the three training schools was reviewed. Class schedules were issued and the class rolls put in order. A portion of the time was devoted to the instruction and practice as to the operation and use of the visual aids equipment. This was especially beneficial to the new members of the faculty. The final period was used to issue supplies, materials and books and also in decorating the classrooms.

Progress has been made in all sections of the Academic School. Classes No. 2 and 3 have started on the readiness level. Class No. 1 was begun on the kindergarten level. All classes on this level are studying animals and their habits. The classes were taken on field trips to the dairy and barn area. Visits were also made to the chicken farm and the new school building site. They drew pictures of what they had seen when they returned to the classroom. This proved to be a valuable learning experience. One workbook on visual discrimination (likenesses and differences) was compiled by Classes No. 2 and 3. Class No. 2 completed a workbook on visual-motor skills.

Some very informative and interesting films and filmstrips were shown in the classrooms. The students were able to relate in sequence and draw pictures of stories they had seen and heard in the films.

The primary classes have been doing a routine study of the alphabet such as singing the ABC's and copying and sounding letters and finding the same in words. In the area of numbers, a game of counting objects using rhymes and songs was used. Learning to use a counting bar was another activity in this area.

A short unit on the circus was taken up and a filmstrip, "Here Comes the Circus", was introduced to the class.

Field trips were taken by the classes to the dairy and farm area. Upon the return to the classroom, discussions were held about interesting things that were seen. Pictures of animals were drawn.

Within the intermediate and secondary groups, daily thermometer readings and comparison with previous days were introduced. Each child was weighed and each child had a chance to read the scales. The weight of each student is recorded in his composition book and will be compared with his weight in January. The study of the seasons and telling time was also taken up during this time.

A unit on "How to Dress When Going to the Circus" and one on "Safety at the Circus" was also taken up.

The advanced secondary classes have been learning to spell and write the days of the week and write the abbreviations for the days. They have been learning to write their height and weight and month, day, and year born. They have also worked in the basic reading textbooks and arithmetic workbooks. This has been done in conjunction with their regular academic units.

The classes in the Home Economics Department have been studying kitchen and home safety and have begun to prepare simple meals, mostly breakfast foods.

Plans are underway to begin another boys' home economics class and to experiment with a small mixed class in this area.

The art program has consisted of the study of forms and lines. The students have learned to make color charts and to mix colors. Some of the younger children have been working in clay.

The music program has been concerned with organizing the junior and advanced choruses. The junior and advanced choruses have learned several songs by Steven Foster and have begun to learn some songs to be used in the Christmas program.

The library has been a busy and active part of the Academic School during September. Several films and many filmstrips have been issued to the different teachers for use in their classroom instruction. The usual monthly book order was submitted with concentration on Bible stories as we do have a need for this type of literature.

We have received and processed twenty-five new books and fourteen complimentary books from publishing houses.

Miss Madge Blalock, who is the Institutional Consultant and Editorial Librarian from the State Library Commission in Raleigh, visited the Caswell Library Thursday, September 29. Plans were made for her to return the last of October to work, for a few days, with the Caswell librarian in classifying and setting up a catalog of the professional books. It was decided, tentatively, that

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in the most recent health rating in which Food Service received a 94.5 Grade A rating, outstanding for a school of this type.

Feeding the Caswell family is an essential and important operation. It must go on day in and day out regardless of what emergency arises. The efficiency with which the operation rolls smoothly on is due to Mrs. Stroud's expert and efficient organization and supervision and her staff of 118 employees. Thanks for a job well done.

Mrs. Betty Lawson

HERE and THERE . . .

The summer with its heat, its humidity and its lazy, listless days has quietly slipped by and the miracle of the changing season of fall has swept down upon the campus. Gone are the dips in the swimming pool, the weiner roasts, the watermelon slicings and the vacations for the boys and girls as well as the staff. Just before the fall took over Donna, the hurricane, blew its blustery way across the campus leaving its havoc. The pecans and the pecan trees felt the fury of this storm as Caswell lost the best crop of pecans in 10 years. Many trees were uprooted and those which were left lost branches. The building damage was minimal and except for the loss of electricity for about 12 hours, Caswell was able to operate in its usual busy, routine way.

As of September first, the school doors swung wide and much activity is once again seen as teachers and pupils meet in their daily sessions. The old familiar faces of the teachers with a few new ones added are seen coming and going. This year it does not seem quite the same in that one does not see Mrs. Parrott or Mrs. Barnes who for so many years faithfully returned to teach the boys and girls they loved. The school is eagerly and patiently waiting for the completion of the new all-purpose school building. This will be a welcome, an attractive and much needed addition. The contractors state they are two months ahead of schedule but as one scans and inspects the building as it stands, one wonders if by January it will be ready for occupancy.

The school is not the only area in which activity has been noted. The Rehabilitation Center as interpreted elsewhere is gradually getting its roots down. The Center is reaching out into all areas of the campus training, counseling and placing boys and girls on jobs here and there. A number of boys and girls had already been successfully placed in the rehabilitation program which Caswell had initiated 18 months ago but this Center which is being partly subsidized by federal funds has a much greater opportunity through its larger staff and facilities to serve the interests of those who have potential for rehabilitation. Many of the boys and girls should reap a rich benefit from this.

From time to time workmen are seen busy with the repairs in the renovation of the old hospital building. This building when completed will care for quite a large number of severely retarded children. The completion of this building can come none too soon for the parents who have waited so patiently and so long for Caswell to be able to accept their child and thereby give them the assistance they so sorely need.

In the weeks to come Caswell will see different types of activity in all areas of the campus. The recreation department is planning all types of parties to entertain the ghosts, the goblins and the witches which leave their native haunts to prowl at Halloween. Much fun and laughter is generated at the parties for the boys and girls. After this occasion the Thanksgiving and then the Christmas activities become the focal point of the life at Caswell to the exclusion of all else.

To anyone observing the life at Caswell he cannot help but realize that it is one of ceaseless activity from the superintendent through every department of Caswell. The activity is one of planning, operating and producing for the best interest of all of Caswell's boys and girls.

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there was little to be gained in compiling a children's catalog since it is unlikely the children would benefit much from it. Plans were also made for Miss Blalock to furnish us with the best source and the cost of catalog cards and any other supplies we may need for this project.

Miss Blalock brought our library 330 children's books—68 of which are new. Since the State Library Commission is no longer maintaining a juvenile section, their young people's books were divided into four groups to be distributed to state institutions. We are grateful to the State Library Commission for our share.

During September, 407 children and 117 adults used the library."

RECREATION

The Recrtation Department has had a full and busy schedule during the last quarter. The swimming pool saw much activity during the hot weather. Thirty-five boys and girls were taught to swim to some degree and many were diving off the swimming board before the season was over. It had been hoped to keep the pool open during September but Donna with its hurricane winds blew so much debris into the tank it had to be drained, so it was felt best to leave it closed for the winter. A volleyball intramural program was initiated in July and a number of volleyball nets were set up near several of the buildings. This elicitated quite a bit of interest. Once a month boys from the different types of buildings have an opportunity to invite girl friends to an invitational dance. At these dances there are dancing contests and refreshments. Croquet sets were also purchased for the various units. Watermelon cuttings were again popular and there were several hundred watermelons cut each day. August brought to a close the softball season. The boys did an outstanding job and finished the season in fifth place, so there were three teams below Caswell's standing. The boys showed excellent sportsmanship throughout the season. On an average two weiner roasts a week were carried on during the summer. These were arranged so all the working boys and girls have had at least one. Physical education classes are meeting two times each week instead of one after the summer lull. The various clubs and organizations are beginning once again to send in donations. These are used wor prizes for the bingo parties which the boys and girls enjoy. The department issued a call for volunteer workers but there was little response to this. Two persons from the Cottage Life staff offered their services.

PERSONNEL

Dr. David Louis Whitaker came to Caswell as a staff physician July 1. Dr. Whitaker was born in Athens, Georgia but moved to Washington, N. C. at an early age. In 1959 he received his M. D. degree from UNC medical school. Previous to coming to Caswell he was an interne at the Tampa General Hospital, Tampa, Florida.

On July 11 Miss Charity Holland joined the staff of Caswell as Director of Student Evaluation in the Training and Education Department. She was graduated from East Carolina College in 1939 with a B.A. in primary education. For a short time she taught, then worked at the office of the Employment Security Commission as interviewer and supervising interviewer. The last position she held from 1955 was Director of Religious Education at the Queen Street Methodist Church.

Mrs. Betty Walker a native of Duplin County and Mrs. Oscar C. Brock of Kinston have joined the secretarial staff at Caswell.

In August Mr. William Fred Baxter, Jr., came to Caswell to begin his duties as Director of Vocational Rehabilitation. He is a native North Carolinian and lived most of his life in Greensboro. In June 1947 he received his Master of Education degree from UNC. He has taught school, served in the army and then began his work in rehabilitation in 1956 as counselor at the Greensboro office of the N. C. Division of Vocational Rehabilitation. From there he came to Caswell.

In Mr. Baxter's office is Mr. Norwood Lewis Williams who came to Caswell in July as a rehabilitation counselor. Mr. Williams, a native of Clayton, North Carolina, was graduated from Atlantic Christian College and has been working on a Master of Science degree in Occupation and Guidance at N. C. State College. Previous to coming to Caswell he worked at the Dorothea Dix Hospital for several years and also served in the Army.

In August, Mr. Bissette, Director of Training and Education attended a meeting in Raleigh of the various Directors of the Training and Education departments of the institutions for the retarded.

Mr. Stroud, Business Manager went to a meeting of the advisory Budget Commission.

Dr. Matt C. Harper, Medical Director, has announced that three nurses joined the staff of the medical department on September 4. They are Miss Rebecca Harper, R. N. of Kinston, a recent graduate of the Wilson School of Nursing; Mrs. Maude Syke, R. N. a graduate of the Wayne Memorial Hospital and native of La Crosse, Virginia; and Mrs. Nancy Howard, L.P.M. of New Bern. Mrs. Elsie McCoy, R.N. of Grifton reassumed her duties after several month's absence.

In the Training and Education Department three new teachers were added to the staff as of September. Miss Janet Howard comes to Caswell as a teacher in the Home Economic Department. She is from Kinston and has a B.S. in Home Economics from East Carolina. Before coming to Caswell she taught vocational home economics in Garland Schools. A new intermediate class teacher is Mrs. Patsy Williams Pittman who is a native of Selma, N. C. She attended Atlantic Christian College from which she earned a B.S. in Business Education and a minor in Education. Mr. Arthur Honeychurch, a native of New Jersey, comes to Caswell as music instructor. He has a Bachelor of Music from Boston University and a Master of Sacred Music from Union Theological Seminary in N. Y. City. He has served as organist and choirmaster in several churches in the North and since 1953 he has been organist and choirmaster at St. Mary's Episcopal church in Kinston.

In August Mr. William Baxter, Director of Rehabilitation added several new members to his staff. Mrs. Phyllis Whitaker, the wife of Dr. Whitaker who came to Caswell in July, is a new vocational Rehabilitation Counselor. She was graduated from U.N.C. with a B.A. degree. She has been employed as a caseworker in the Vance and Durham Welfare Departments and also the Florida Welfare Department in Tampa. Mrs. Iris S. Aldridge is a native of Lenoir County and was graduated from East Carolina College in 1950. She is the new home economics vocational instructor. As secretary for the Rehabilitation Department Mr. Baxter has employed Mrs. Elneta M. Jones of Kinston.

Several staff members participated in the annual conference of the N. C. Chapter of the National Rehabilitation Association on September 15. Dr. Frank Badrock, Superintendent spoke on "A Global Approach to Rehabilitation." William F. Baxter, Director of Vocational Rehabilitation Center at Caswell discussed "The Vocational Rehabilitation of the mentally retarded in North Carolina, Present and Future Programming and Planning" with W. B. Clark, Coordinator of the Vocational Rehabilitation Program. Mr. Norwood Williams, counsellor, also attended.

Miss Mary Hadge, advanced secondary teacher in the academic school completed her studies leading toward a Master of Arts in Education degree at East Carolina College during the summer.

Six Caswell nurses are taking an extension course in psychology offered by East Carolina College at the Student Nurses' Home. They are Mrs. Margaret Tisdale, R.N., Mrs. Virginia Perry, R.N., Mrs. Doris Rouse, R.N., Mrs. Eva Seawell, R.N., Mrs. Linda Parrish, R.N., and Miss Rebecca Ann Harper, R.N.

Several staff members attended the 1960 annual convention of the N. C. Association for Retarded Children at the Robert E. Lee Hotel in Winston-Salem September 16-18. Those attending were Miss Charity Holland, Miss Pearl Adkins, Mr. Le-Roy Batts, Mr. Reece Howell, Mr. Norwood Williams and Mr. William F. Baxter.

Mr. William F. Baxter and Norwood Williams of Caswell Vocational Rehabilitation Department presented the film the "Caswell Story" and spoke to the Lumberton Business and Professional Woman's Club and also the Chadbourne Junior Woman's Club in Chadbourne.

Rev. Donald W. Lawson, Chaplain and Director

of Public Relations was the guest speaker of the Junior Woman's Club in Aberdeen.

Mrs. Rhetta Moore, wife of Ernest L. Moore retired from Caswell on September 30. For twelve years she had been employed as a cottage parent in the Cottage Life Department. A farewell party in her honor was given by the Cottage Life Department in the staff dormitory.

On September 26 Mr. William F. Baxter, Director of Rehabilitation Department and his staff members spoke to the Lenoir County Association of Retarded Children.

The following persons have been employed by the Cottage Life Department during the last quarter: Mrs. Emma H. Winham, Mrs. Marve Lamm, Mrs. Vina Davis, Mr. David Hills, Mr. Raeford Lee, Mr. Gary Myers, Mr. Jake Smith, Mr. Woodruff Jackson, Mr. Clifton King and Mrs. Mary Hill.

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VISITORS

In July Mrs. Ruth Postlewait of Wampum, Pa. and Mrs. Naomi King of Newcastle, Pa., special education teachers for the retarded visited Caswell.

Mr. Roy Purser, General Business Manager for the N. C. Hospitals Board of Control has conferred with various school officials during the last quarter.

A group of graduate students in nutrition from the School of Public Health, U.N.C. was at Caswell in July and talked with the various department directors in the medical, food service and training and education areas.

Also in July six members of the Institutional Service Project at Dorothea Dix Hospital who were serving as attendants at the State Hospital in Raleigh were given a briefing of Caswell's program during a day's visit. The superintendent and the directors of the medical, psychological, training and education and religion all spoke to the group.

Mr. and Mrs. L. B. Bryant of Charlotte spent several hours at Caswell in July. Mrs. Bryant is the Executive Secretary of the N. C. Association for Retarded Children.

In July Dr. Charles Morehead, Assistant Head of the Occupational Information and Guidance Department, N. C. State College conferred with staff members regarding the two counselors who were at Caswell from his department.

Mr. John Umstead, Chairman of the N. C. Hospitals Board of Control has spent time visiting Caswell on official business.

The Rehabilitation Counselor, Miss Jean Kirkman at the Duke Hospital in Durham and N. C. Hospital in Chapel Hill was a visitor in August.

Mr. W. D. Clark Rehabilitation Counselor in the Raleigh office of the N. C. Division of Vocational Rehabilitation and the coordinator between this Division and the N. C. Hospitals Board of Control for the new rehabilitation program conferred with staff members on a number of occasions during this past period.

Plant engineers from the state hospitals spent a day at Caswell and were taken on an extensive tour of the grounds.

Mr. Hollis W. Shaw, newly appointed clinical psychologist at the O'Berry School in Goldsboro and Mr. Miles Kelley, social worker of the same facility spent several hours as visitors of Dr. Caston, Director of Psychology Department.

Six members of the Clinton Junior Woman's Club and Mrs. G. C. Matthis, State Caswell Chairman of the Junior Woman's Club visited the campus in September. This club donated many items for the Caswell students.

Mr. Gareth D. Thorne, General Director of Training for the N. C. Hospitals Board of Control has visited Caswell on several occasions.

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Population . . . ..

As of September 1960 Caswell had 1826 residents with 75 on placement. During the past quarter 57 (17 boys; 40 girls) were admitted; 52 of these were from the waiting list and 5 returned from placement. During this same time 37 were placed and of this number 13 were put on home placement and 24 were put on rehabilitation placement. Only 3 deaths occurred during June, July and August. On the waiting list there have been 46 applications referred, of this number 27 were for males and 19 for females. The waiting list as of October 1 stands at 331 with 246 of these for boys and 85 for girls.

REHABILITATION

(From page 2)

Included will be dairying, general farming, poultry farming, swine farming, landscaping, nursery training and use of general farm equipment such as tractors, combine cultivators, etc. The agricultural teacher will divide his teaching activities into that of a theoretical classroom presentation in the morning and in the afternoon he will accompany his students to one of the previously mentioned job areas and supervise their activities. This program will be confined to the boys unless experience dictates otherwise.

In the retail store clerking areas, proper techniques of salesmanship, merchandise display and customer relations will be emphasized. Other methods such as role playing and group participation will be utilized to help the student to start reacting properly in actual job situations.

The areas just mentioned are of course initial training areas and as the need develops for additional courses they will be added.

SIDELIGHTS . . . . .

(From page 3)

Library Commission in Raleigh visited Caswell on September 29. Her services are being made available so that she can help Mrs. Owens, Caswell Librarian in classifying and setting up a catalog of the professional books. Miss Blalock also brought the library 300 children's books—68 of which are new. The State Library is no longer maintaining a juvenile section.

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